



Nederlandse Junioren Kamp. 800/1500 meter
Drachten, 25.4.2010



Programmanr. 1
25.04.2010 - 13:00

Jongens, 1500m vrije slag

Junioren 1
Resultaten

Nederlands Record Junioren	16:02.56	Pieter van den Hoogenband	Nanterre (FRA)	15.05.1994
Nederlands Record 13 jaar	17:11.40	Pieter van den Hoogenband	Amersfoort	28.06.1991
Kamp. Record Junioren 1	18:00.48	Evert Roobeek	Amersfoort	19.06.1999

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT	niveau	
1.	Maurice van der Ploeg	De Kikker	18:38.08	9700305	19:19.71	+0,76	E	
	100m: 1:09.57	1:09.57	500m: 6:21.33	1:18.65	900m: 11:37.05	1:18.25	1300m: 16:49.86	1:17.77
	200m: 2:26.94	1:17.37	600m: 7:40.92	1:19.59	1000m: 12:55.21	1:18.16	1400m: 18:07.11	1:17.25
	300m: 3:44.65	1:17.71	700m: 8:59.82	1:18.90	1100m: 14:13.23	1:18.02	1500m: 19:19.71	1:12.60
	400m: 5:02.68	1:18.03	800m: 10:18.80	1:18.98	1200m: 15:32.09	1:18.86		
2.	Stijn Avezaat	One Team Swimming	18:55.14	9700729	19:21.69	+0,77	E	
	100m: 1:09.22	1:09.22	500m: 6:22.27	1:19.69	900m: 11:37.00	1:18.82	1300m: 16:50.43	1:18.44
	200m: 2:26.01	1:16.79	600m: 7:41.93	1:19.66	1000m: 12:55.25	1:18.25	1400m: 18:08.35	1:17.92
	300m: 3:44.26	1:18.25	700m: 9:00.08	1:18.15	1100m: 14:13.43	1:18.18	1500m: 19:21.69	1:13.34
	400m: 5:02.58	1:18.32	800m: 10:18.18	1:18.10	1200m: 15:31.99	1:18.56		
3.	Krijn de Kievit	Racing Club	19:35.82	9700277	19:22.20	+0,89	E	
	100m: 1:09.64	1:09.64	500m: 6:22.67	1:19.19	900m: 11:37.65	1:18.35	1300m: 16:50.84	1:17.55
	200m: 2:27.33	1:17.69	600m: 7:41.52	1:18.85	1000m: 12:56.16	1:18.51	1400m: 18:08.25	1:17.41
	300m: 3:44.97	1:17.64	700m: 9:00.36	1:18.84	1100m: 14:14.72	1:18.56	1500m: 19:22.20	1:13.95
	400m: 5:03.48	1:18.51	800m: 10:19.30	1:18.94	1200m: 15:33.29	1:18.57		
4.	Ivar de Jong	De Dolfijn	19:28.28	9700869	19:56.91	+1,04		
	100m: 1:10.95	1:10.95	500m: 6:24.11	1:18.99	900m: 11:46.19	1:20.66	1300m: 17:16.55	1:22.58
	200m: 2:28.59	1:17.64	600m: 7:44.96	1:20.85	1000m: 13:09.37	1:23.18	1400m: 18:38.84	1:22.29
	300m: 3:46.05	1:17.46	700m: 9:04.14	1:19.18	1100m: 14:31.32	1:21.95	1500m: 19:56.91	1:18.07
	400m: 5:05.12	1:19.07	800m: 10:25.53	1:21.39	1200m: 15:53.97	1:22.65		

Programmanr. 2
25.04.2010 - 13:21

Jongens, 1500m vrije slag

Junioren 2
Resultaten

Nederlands Record Junioren	16:02.56	Pieter van den Hoogenband	Nanterre (FRA)	15.05.1994
Nederlands Record 14 jaar	16:43.43	Maarten van der Weijden	Buffalo (USA)	12.08.1995
Kamp. Record Junioren 2	17:15.36	Camillo Bérénos	Eindhoven	01.07.1994

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT	niveau	
1.	Mike van Herk	Eiffel Swimmers PSV	18:01.25	9601007	17:52.45	+0,85	D	
	100m: 1:03.31	1:03.31	500m: 5:46.02	1:12.54	900m: 10:38.98	1:13.18	1300m: 15:30.05	1:12.97
	200m: 2:11.94	1:08.63	600m: 6:59.29	1:13.27	1000m: 11:51.35	1:12.37	1400m: 16:42.42	1:12.37
	300m: 3:21.66	1:09.72	700m: 8:12.37	1:13.08	1100m: 13:03.97	1:12.62	1500m: 17:52.45	1:10.03
	400m: 4:33.48	1:11.82	800m: 9:25.80	1:13.43	1200m: 14:17.08	1:13.11		
2.	Lars Haarsma	DAW-Finzeno	17:59.75	9600745	18:05.46	+0,76	D	
	100m: 1:06.74	1:06.74	500m: 5:56.11	1:11.98	900m: 10:46.28	1:13.43	1300m: 15:41.53	1:14.10
	200m: 2:18.75	1:12.01	600m: 7:07.94	1:11.83	1000m: 11:59.60	1:13.32	1400m: 16:55.32	1:13.79
	300m: 3:31.09	1:12.34	700m: 8:20.15	1:12.21	1100m: 13:13.27	1:13.67	1500m: 18:05.46	1:10.14
	400m: 4:44.13	1:13.04	800m: 9:32.85	1:12.70	1200m: 14:27.43	1:14.16		
3.	Bart Klok	One Team Swimming	17:31.26	9600351	18:08.90	+0,93	D	
	100m: 1:05.06	1:05.06	500m: 5:55.76	1:12.23	900m: 10:48.78	1:14.01	1300m: 15:47.60	1:14.35
	200m: 2:17.08	1:12.02	600m: 7:08.40	1:12.64	1000m: 12:03.82	1:15.04	1400m: 16:59.62	1:12.02
	300m: 3:30.54	1:13.46	700m: 8:21.65	1:13.25	1100m: 13:18.47	1:14.65	1500m: 18:08.90	1:09.28
	400m: 4:43.53	1:12.99	800m: 9:34.77	1:13.12	1200m: 14:33.25	1:14.78		
4.	Timo van der Ende	WVZ	18:44.20	9601979	18:30.80	+0,87	E	
	100m: 1:09.12	1:09.12	500m: 6:08.72	1:14.77	900m: 11:08.83	1:14.10	1300m: 16:04.43	1:13.83
	200m: 2:24.26	1:15.14	600m: 7:24.04	1:15.32	1000m: 12:23.39	1:14.56	1400m: 17:18.71	1:14.28
	300m: 3:39.11	1:14.85	700m: 8:39.43	1:15.39	1100m: 13:37.14	1:13.75	1500m: 18:30.80	1:12.09
	400m: 4:53.95	1:14.84	800m: 9:54.73	1:15.30	1200m: 14:50.60	1:13.46		
5.	Niels Kemperink	OZ&PC	18:58.60	9600005	18:45.16	+0,88	E	
	100m: 1:05.44	1:05.44	500m: 5:58.08	1:15.43	900m: 11:03.64	1:16.42	1300m: 16:13.37	1:16.88
	200m: 2:16.66	1:11.22	600m: 7:14.01	1:15.93	1000m: 12:20.34	1:16.70	1400m: 17:30.09	1:16.72
	300m: 3:29.01	1:12.35	700m: 8:30.41	1:16.40	1100m: 13:37.91	1:17.57	1500m: 18:45.16	1:15.07
	400m: 4:42.65	1:13.64	800m: 9:47.22	1:16.81	1200m: 14:56.49	1:18.58		
6.	Pepijn Smits	Eiffel Swimmers PSV	18:53.16	9600691	18:53.28	+0,91	E	
	100m: 1:08.18	1:08.18	500m: 6:10.01	1:15.01	900m: 11:16.82	1:17.45	1300m: 16:23.61	1:16.28
	200m: 2:23.04	1:14.86	600m: 7:26.27	1:16.26	1000m: 12:33.44	1:16.62	1400m: 17:39.47	1:15.86
	300m: 3:39.46	1:16.42	700m: 8:43.09	1:16.82	1100m: 13:50.22	1:16.78	1500m: 18:53.28	1:13.81
	400m: 4:55.00	1:15.54	800m: 9:59.37	1:16.28	1200m: 15:07.33	1:17.11		
7.	Tim Furer	Aqua-Novio'94	19:04.19	9600087	19:26.38	+0,79		
	100m: 1:06.03	1:06.03	500m: 6:13.04	1:17.85	900m: 11:32.67	1:18.62	1300m: 16:49.21	1:19.15
	200m: 2:22.36	1:16.33	600m: 7:34.19	1:21.15	1000m: 12:52.06	1:19.39	1400m: 18:07.99	1:18.78
	300m: 3:38.85	1:16.49	700m: 8:55.52	1:21.33	1100m: 14:11.86	1:19.80	1500m: 19:26.38	1:18.39
	400m: 4:55.19	1:16.34	800m: 10:14.05	1:18.53	1200m: 15:30.06	1:18.20		



Programmanr. 2, Jongens, 1500m vrije slag, Junioren 2

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT	niveau	
8.	Peter Rietveld	TRB-RES	19:13.26	9601081	19:41.01	+0,71		
	100m: 1:09.55	1:09.55	500m: 6:21.54	1:18.78	900m: 11:40.83	1:19.94	1300m: 17:03.71	1:20.63
	200m: 2:25.96	1:16.41	600m: 7:41.52	1:19.98	1000m: 13:01.57	1:20.74	1400m: 18:23.87	1:20.16
	300m: 3:43.84	1:17.88	700m: 9:01.19	1:19.67	1100m: 14:22.84	1:21.27	1500m: 19:41.01	1:17.14
	400m: 5:02.76	1:18.92	800m: 10:20.89	1:19.70	1200m: 15:43.08	1:20.24		

Programmanr. 3
25.04.2010 - 13:41

Jongens, 1500m vrije slag

Junioren 3
Resultaten

Nederlands Record Junioren	16:02.56	Pieter van den Hoogenband	Nanterre (FRA)	15.05.1994
Nederlands Record 15 jaar	16:18.40	Pieter van den Hoogenband	Den Bosch	14.05.1993
Kamp. Record Junioren 3	16:40.81	Maarten van der Weijden	Amersfoort	05.07.1996

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT	niveau	
1.	Maarten Brzoskowski	Eiffel Swimmers PSV	17:08.20	9500769	16:53.45	+0,91	B	
	100m: 1:03.88	1:03.88	500m: 5:33.86	1:08.54	900m: 10:09.67	1:08.67	1300m: 14:42.17	1:08.07
	200m: 2:09.70	1:05.82	600m: 6:42.83	1:08.97	1000m: 11:17.95	1:08.28	1400m: 15:49.04	1:06.87
	300m: 3:17.07	1:07.37	700m: 7:51.80	1:08.97	1100m: 12:25.96	1:08.01	1500m: 16:53.45	1:04.41
	400m: 4:25.32	1:08.25	800m: 9:01.00	1:09.20	1200m: 13:34.10	1:08.14		
2.	Lucas Greven	ZC Valkenburg	17:34.92	9501941	16:57.69	+0,81	B	
	100m: 1:04.78	1:04.78	500m: 5:35.50	1:08.03	900m: 10:09.70	1:08.39	1300m: 14:42.37	1:08.03
	200m: 2:11.89	1:07.11	600m: 6:43.78	1:08.28	1000m: 11:18.06	1:08.36	1400m: 15:49.84	1:07.47
	300m: 3:19.61	1:07.72	700m: 7:52.37	1:08.59	1100m: 12:25.96	1:07.90	1500m: 16:57.69	1:07.85
	400m: 4:27.47	1:07.86	800m: 9:01.31	1:08.94	1200m: 13:34.34	1:08.38		
3.	Lars Schöffelmeer	Numansdorp	17:55.60	9501907	17:55.46	+0,89	E	
	100m: 1:05.93	1:05.93	500m: 5:53.93	1:11.82	900m: 10:41.86	1:11.77	1300m: 15:30.78	1:12.21
	200m: 2:16.47	1:10.54	600m: 7:06.08	1:12.15	1000m: 11:52.96	1:11.10	1400m: 16:44.38	1:13.60
	300m: 3:29.77	1:13.30	700m: 8:18.07	1:11.99	1100m: 13:05.44	1:12.48	1500m: 17:55.46	1:11.08
	400m: 4:42.11	1:12.34	800m: 9:30.09	1:12.02	1200m: 14:18.57	1:13.13		
4.	Damon Peperkamp	De Dinkel	17:56.18	9501101	18:07.41	+0,98	E	
	100m: 1:02.90	1:02.90	500m: 5:45.89	1:12.23	900m: 10:41.95	1:14.23	1300m: 15:40.54	1:15.08
	200m: 2:12.12	1:09.22	600m: 6:59.64	1:13.75	1000m: 11:55.98	1:14.03	1400m: 16:55.35	1:14.81
	300m: 3:22.23	1:10.11	700m: 8:13.45	1:13.81	1100m: 13:11.23	1:15.25	1500m: 18:07.41	1:12.06
	400m: 4:33.66	1:11.43	800m: 9:27.72	1:14.27	1200m: 14:25.46	1:14.23		
5.	Kevin Wolters	Hellas-Glana	17:54.31	9501965	18:12.19		E	
	100m: 1:07.60	1:07.60	500m: 5:59.18	1:14.11	900m: 10:55.78	1:14.39	1300m: 15:50.71	1:12.65
	200m: 2:19.48	1:11.88	600m: 7:12.68	1:13.50	1000m: 12:10.57	1:14.79	1400m: 17:02.79	1:12.08
	300m: 3:32.22	1:12.74	700m: 8:27.07	1:14.39	1100m: 13:25.06	1:14.49	1500m: 18:12.19	1:09.40
	400m: 4:45.07	1:12.85	800m: 9:41.39	1:14.32	1200m: 14:38.06	1:13.00		
6.	Jeffrey Buddenberg	De Zeehond'73	17:19.53	9502289	18:26.83	+0,77	E	
	100m: 1:05.46	1:05.46	500m: 5:55.45	1:13.28	900m: 10:57.50	1:15.60	1300m: 16:01.36	1:16.11
	200m: 2:16.57	1:11.11	600m: 7:10.71	1:15.26	1000m: 12:13.06	1:15.56	1400m: 17:15.65	1:14.29
	300m: 3:28.48	1:11.91	700m: 8:26.08	1:15.37	1100m: 13:28.71	1:15.65	1500m: 18:26.83	1:11.18
	400m: 4:42.17	1:13.69	800m: 9:41.90	1:15.82	1200m: 14:45.25	1:16.54		
7.	Melvin Prins	De Devel	18:25.20	9500201	18:28.66	+0,87	E	
	100m: 1:07.28	1:07.28	500m: 6:02.94	1:15.04	900m: 11:03.07	1:14.38	1300m: 16:02.21	1:14.77
	200m: 2:19.41	1:12.13	600m: 7:18.10	1:15.16	1000m: 12:17.60	1:14.53	1400m: 17:17.12	1:14.91
	300m: 3:33.14	1:13.73	700m: 8:33.58	1:15.48	1100m: 13:32.43	1:14.83	1500m: 18:28.66	1:11.54
	400m: 4:47.90	1:14.76	800m: 9:48.69	1:15.11	1200m: 14:47.44	1:15.01		
8.	Yassine Maniani	Zwemvereniging Utrecht	18:28.42	9501755	18:31.81	+0,82		
	100m: 1:07.74	1:07.74	500m: 6:06.01	1:16.27	900m: 11:06.61	1:15.27	1300m: 16:06.93	1:15.09
	200m: 2:20.76	1:13.02	600m: 7:21.24	1:15.23	1000m: 12:22.01	1:15.40	1400m: 17:20.99	1:14.06
	300m: 3:35.21	1:14.45	700m: 8:36.94	1:15.70	1100m: 13:36.85	1:14.84	1500m: 18:31.81	1:10.82
	400m: 4:49.74	1:14.53	800m: 9:51.34	1:14.40	1200m: 14:51.84	1:14.99		
9.	Ruben Tol	Ed-Vo	18:12.51	9501119	18:40.89	+1,03		
	100m: 1:06.74	1:06.74	500m: 6:03.49	1:15.79	900m: 11:06.98	1:15.47	1300m: 16:11.40	1:16.56
	200m: 2:18.96	1:12.22	600m: 7:19.38	1:15.89	1000m: 12:22.71	1:15.73	1400m: 17:27.44	1:16.04
	300m: 3:32.99	1:14.03	700m: 8:35.43	1:16.05	1100m: 13:38.22	1:15.51	1500m: 18:40.89	1:13.45
	400m: 4:47.70	1:14.71	800m: 9:51.51	1:16.08	1200m: 14:54.84	1:16.62		

Programmanr. 4
25.04.2010 - 14:01

Jongens, 1500m vrije slag

Junioren 4
Resultaten

Nederlands Record Junioren	16:02.56	Pieter van den Hoogenband	Nanterre (FRA)	15.05.1994
Nederlands Record 16 jaar	16:02.56	Pieter van den Hoogenband	Nanterre (FRA)	15.05.1994
Kamp. Record Junioren 4	16:23.70	Pieter van den Hoogenband	Eindhoven	01.07.1994

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT	niveau	
1.	Lester Snackers	ZC Valkenburg	17:34.29	9400947	17:05.21	+0,91	D	
	100m: 1:04.49	1:04.49	500m: 5:36.05	1:08.02	900m: 10:09.65	1:09.27	1300m: 14:47.58	1:09.54
	200m: 2:12.61	1:08.12	600m: 6:44.15	1:08.10	1000m: 11:18.86	1:09.21	1400m: 15:57.27	1:09.69
	300m: 3:21.27	1:08.66	700m: 7:51.90	1:07.75	1100m: 12:28.42	1:09.56	1500m: 17:05.21	1:07.94
	400m: 4:28.03	1:06.76	800m: 9:00.38	1:08.48	1200m: 13:38.04	1:09.62		
2.	Date v.d. Zaag	Eiffel Swimmers PSV	17:30.89	9403919	17:22.86	+0,76	E	
	100m: 1:04.20	1:04.20	500m: 5:43.75	1:10.12	900m: 10:27.24	1:10.59	1300m: 15:07.75	1:09.61
	200m: 2:14.09	1:09.89	600m: 6:54.80	1:11.05	1000m: 11:37.94	1:10.70	1400m: 16:16.56	1:08.81
	300m: 3:23.97	1:09.88	700m: 8:05.54	1:10.74	1100m: 12:48.64	1:10.70	1500m: 17:22.86	1:06.30
	400m: 4:33.63	1:09.66	800m: 9:16.65	1:11.11	1200m: 13:58.14	1:09.50		
3.	Willem Kees Roos	Orca	17:29.80	9402693	17:25.82	+0,92	E	
	100m: 1:04.47	1:04.47	500m: 5:45.35	1:10.03	900m: 10:29.12	1:10.51	1300m: 15:09.36	1:09.04
	200m: 2:14.91	1:10.44	600m: 6:56.06	1:10.71	1000m: 11:38.81	1:09.69	1400m: 16:18.91	1:09.55
	300m: 3:25.33	1:10.42	700m: 8:07.78	1:11.72	1100m: 12:49.43	1:10.62	1500m: 17:25.82	1:06.91
	400m: 4:35.32	1:09.99	800m: 9:18.61	1:10.83	1200m: 14:00.32	1:10.89		
4.	Vincent Moolhuijsen	Oceanus	17:41.18	9401215	17:28.99	+1,04	E	
	100m: 1:04.36	1:04.36	500m: 5:43.85	1:10.33	900m: 10:27.27	1:10.51	1300m: 15:08.74	1:10.12
	200m: 2:14.46	1:10.10	600m: 6:55.09	1:11.24	1000m: 11:37.95	1:10.68	1400m: 16:18.76	1:10.02
	300m: 3:24.06	1:09.60	700m: 8:05.97	1:10.88	1100m: 12:48.65	1:10.70	1500m: 17:28.99	1:10.23
	400m: 4:33.52	1:09.46	800m: 9:16.76	1:10.79	1200m: 13:58.62	1:09.97		
5.	Michael van Dam	Haerlem'04 (SG)	17:34.96	9401501	17:57.54	+1,06	E	
	100m: 1:04.55	1:04.55	500m: 5:49.70	1:11.67	900m: 10:41.32	1:13.23	1300m: 15:36.07	1:13.61
	200m: 2:15.59	1:11.04	600m: 7:01.93	1:12.23	1000m: 11:54.45	1:13.13	1400m: 16:48.33	1:12.26
	300m: 3:26.82	1:11.23	700m: 8:14.95	1:13.02	1100m: 13:09.01	1:14.56	1500m: 17:57.54	1:09.21
	400m: 4:38.03	1:11.21	800m: 9:28.09	1:13.14	1200m: 14:22.46	1:13.45		
6.	Jacco Doest	DWK	17:34.01	9400711	18:14.17	+0,94		
	100m: 1:05.13	1:05.13	500m: 5:46.74	1:13.25	900m: 10:44.34	1:15.03	1300m: 15:47.82	1:16.02
	200m: 2:13.81	1:08.68	600m: 7:00.36	1:13.62	1000m: 11:59.96	1:15.62	1400m: 17:02.44	1:14.62
	300m: 3:22.30	1:08.49	700m: 8:14.52	1:14.16	1100m: 13:16.02	1:16.06	1500m: 18:14.17	1:11.73
	400m: 4:33.49	1:11.19	800m: 9:29.31	1:14.79	1200m: 14:31.80	1:15.78		

Programmanr. 5
25.04.2010 - 14:50

Meisjes, 800m vrije slag

Junioren 1
Resultaten

Nederlands Record Junioren	8:56.79	Esmee Vermeulen	Amsterdam	27.03.2010
Nederlands Record 12 jaar	9:47.41	Karen Wammes	Amersfoort	25.06.1989
Kamp. Record Junioren 1	10:01.65	Rachelle Visser	Dordrecht	28.04.2007

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT	niveau	
1.	Janina Beckers	Eurode KZC	10:05.89	9800574	9:48.43	+0,96	A	
	<i>Kamp. Record Junioren 1</i>							
	100m: 1:08.78	1:08.78	300m: 3:37.25	1:14.61	500m: 6:06.70	1:14.80	700m: 8:36.04	1:14.41
	200m: 2:22.64	1:13.86	400m: 4:51.90	1:14.65	600m: 7:21.63	1:14.93	800m: 9:48.43	1:12.39
2.	Daphne de Wildt	Aqua-Novio'94	10:05.64	9800710	10:04.08	+0,91	C	
	100m: 1:08.76	1:08.76	300m: 3:38.43	1:15.31	500m: 6:11.46	1:17.00	700m: 8:47.66	1:18.22
	200m: 2:23.12	1:14.36	400m: 4:54.46	1:16.03	600m: 7:29.44	1:17.98	800m: 10:04.08	1:16.42
3.	Tessa Vermeulen	De Dolfijn	10:07.46	9800068	10:17.12	+0,81	D	
	100m: 1:11.27	1:11.27	300m: 3:46.40	1:18.51	500m: 6:25.33	1:19.97	700m: 9:03.23	1:18.42
	200m: 2:27.89	1:16.62	400m: 5:05.36	1:18.96	600m: 7:44.81	1:19.48	800m: 10:17.12	1:13.89
4.	Serena Stel	OEZA	10:13.69	9801528	10:18.62	+0,73	D	
	100m: 1:11.72	1:11.72	300m: 3:48.86	1:18.93	500m: 6:26.92	1:18.99	700m: 9:04.24	1:17.95
	200m: 2:29.93	1:18.21	400m: 5:07.93	1:19.07	600m: 7:46.29	1:19.37	800m: 10:18.62	1:14.38
5.	Sanne Advocaat	MNC Dordrecht	10:33.42	9801320	10:19.55	+1,00	D	
	100m: 1:13.84	1:13.84	300m: 3:50.95	1:17.88	500m: 6:26.96	1:18.41	700m: 9:03.85	1:18.14
	200m: 2:33.07	1:19.23	400m: 5:08.55	1:17.60	600m: 7:45.71	1:18.75	800m: 10:19.55	1:15.70
6.	Carmen van de Rijt	ZC Valkenburg	10:45.80	9801412	10:21.70	+0,77	D	
	100m: 1:13.78	1:13.78	300m: 3:50.45	1:18.23	500m: 6:27.44	1:19.14	700m: 9:05.43	1:18.69
	200m: 2:32.22	1:18.44	400m: 5:08.30	1:17.85	600m: 7:46.74	1:19.30	800m: 10:21.70	1:16.27
7.	Aniek Bloemendaal	DWV	10:50.20	9800432	10:45.08	+0,95	E	
	100m: 1:16.17	1:16.17	300m: 4:01.17	1:22.54	500m: 6:45.66	1:22.18	700m: 9:28.36	1:20.68
	200m: 2:38.63	1:22.46	400m: 5:23.48	1:22.31	600m: 8:07.68	1:22.02	800m: 10:45.08	1:16.72

Programmanr. 5, Meisjes, 800m vrije slag, Junioren 1

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT	niveau	
8.	Nienke Lijzenga	LZ 1886	10:22.73	9805338	10:45.15	+0,81	E	
	100m: 1:14.02	1:14.02	300m: 3:57.39	1:21.93	500m: 6:42.87	1:22.98	700m: 9:28.04	1:22.08
	200m: 2:35.46	1:21.44	400m: 5:19.89	1:22.50	600m: 8:05.96	1:23.09	800m: 10:45.15	1:17.11
9.	Lisa Brantjes	KZC	10:48.23	9800950	10:52.83	+1,13	E	
	100m: 1:17.29	1:17.29	300m: 4:03.69	1:23.24	500m: 6:50.99	1:23.70	700m: 9:35.38	1:21.82
	200m: 2:40.45	1:23.16	400m: 5:27.29	1:23.60	600m: 8:13.56	1:22.57	800m: 10:52.83	1:17.45
10.	Raiesha Sardar	ZC Ooievaar (SG)	10:47.77	9800604	10:53.49	+0,98	E	
	100m: 1:16.24	1:16.24	300m: 3:58.68	1:21.83	500m: 6:44.78	1:23.52	700m: 9:34.43	1:24.51
	200m: 2:36.85	1:20.61	400m: 5:21.26	1:22.58	600m: 8:09.92	1:25.14	800m: 10:53.49	1:19.06
11.	Vivianne Dortmond	De Pinquin	10:42.89	9801578	10:57.64	+0,97		
	100m: 1:15.60	1:15.60	300m: 4:05.53	1:25.52	500m: 6:54.67	1:24.67	700m: 9:41.11	1:22.87
	200m: 2:40.01	1:24.41	400m: 5:30.00	1:24.47	600m: 8:18.24	1:23.57	800m: 10:57.64	1:16.53
12.	Marlinde Schoonbeek	TriVia	10:43.75	9801056	10:58.35	+0,90		
	100m: 1:15.55	1:15.55	300m: 4:05.99	1:26.30	500m: 6:53.91	1:24.00	700m: 9:40.86	1:23.02
	200m: 2:39.69	1:24.14	400m: 5:29.91	1:23.92	600m: 8:17.84	1:23.93	800m: 10:58.35	1:17.49
13.	Bo Verhoeven	Njord	10:58.94	9801562	11:01.60	+0,95		
	100m: 1:16.47	1:16.47	300m: 4:05.39	1:25.16	500m: 6:56.30	1:26.24	700m: 9:44.16	1:23.22
	200m: 2:40.23	1:23.76	400m: 5:30.06	1:24.67	600m: 8:20.94	1:24.64	800m: 11:01.60	1:17.44
14.	Valerie van Roon	D'Elft	10:49.48	9802326	11:03.70	+1,02		
	100m: 1:16.02	1:16.02	300m: 4:06.99	1:25.83	500m: 6:56.76	1:26.08	700m: 9:43.83	1:23.12
	200m: 2:41.16	1:25.14	400m: 5:30.68	1:23.69	600m: 8:20.71	1:23.95	800m: 11:03.70	1:19.87
15.	Amber Aardema	ESCA Zwemmen	10:50.92	9801634	11:04.66	+0,88		
	100m: 1:16.06	1:16.06	300m: 4:01.98	1:23.80	500m: 6:54.63	1:27.47	700m: 9:44.71	1:24.23
	200m: 2:38.18	1:22.12	400m: 5:27.16	1:25.18	600m: 8:20.48	1:25.85	800m: 11:04.66	1:19.95
16.	Amber Visser	Appingedam	10:51.90	9801416	11:05.19	+0,80		
	100m: 1:15.99	1:15.99	300m: 4:04.83	1:25.39	500m: 6:55.50	1:24.90	700m: 9:45.04	1:24.57
	200m: 2:39.44	1:23.45	400m: 5:30.60	1:25.77	600m: 8:20.47	1:24.97	800m: 11:05.19	1:20.15
17.	Anouk van Nellestijn	DWK	10:45.60	9800366	11:05.85	+0,79		
	100m: 1:18.54	1:18.54	300m: 4:06.77	1:24.52	500m: 6:57.15	1:25.30	700m: 9:45.81	1:24.23
	200m: 2:42.25	1:23.71	400m: 5:31.85	1:25.08	600m: 8:21.58	1:24.43	800m: 11:05.85	1:20.04
18.	Bernice Dijkhuis	TriVia	10:43.25	9800084	11:09.00	+0,80		
	100m: 1:15.35	1:15.35	300m: 4:00.97	1:23.07	500m: 6:53.27	1:25.36	700m: 9:45.12	1:25.03
	200m: 2:37.90	1:22.55	400m: 5:27.91	1:26.94	600m: 8:20.09	1:26.82	800m: 11:09.00	1:23.88
19.	Kirsten Bies	Dedemsvaart-AC	11:07.54	9800516	11:13.80	+1,05		
	100m: 1:15.73	1:15.73	300m: 4:05.03	1:25.66	500m: 6:56.99	1:26.56	700m: 9:49.93	1:26.34
	200m: 2:39.37	1:23.64	400m: 5:30.43	1:25.40	600m: 8:23.59	1:26.60	800m: 11:13.80	1:23.87
20.	Eva van Ginneken	De Vennen	11:15.65	9800164	11:17.89	+0,92		
	100m: 1:18.10	1:18.10	300m: 4:09.85	1:26.21	500m: 7:08.29	1:29.78	700m: 10:01.58	1:24.95
	200m: 2:43.64	1:25.54	400m: 5:38.51	1:28.66	600m: 8:36.63	1:28.34	800m: 11:17.89	1:16.31
21.	Sterre Mooiweer	ZPC De Hof	11:00.02	9800236	11:18.84	+0,87		
	100m: 1:16.98	1:16.98	300m: 4:07.06	1:25.20	500m: 7:03.22	1:29.31	700m: 9:59.95	1:28.05
	200m: 2:41.86	1:24.88	400m: 5:33.91	1:26.85	600m: 8:31.90	1:28.68	800m: 11:18.84	1:18.89
22.	Marja Esmeijer	Zoetermeer	10:58.42	9800776	11:33.07	+0,98		
	100m: 1:17.23	1:17.23	300m: 4:12.04	1:27.74	500m: 7:09.39	1:28.72	700m: 10:06.74	1:28.34
	200m: 2:44.30	1:27.07	400m: 5:40.67	1:28.63	600m: 8:38.40	1:29.01	800m: 11:33.07	1:26.33
DIS	Carmen ter Weele	Octopus	10:56.76	9800384				
	AA - Te vroeg weg of bewogen bij start.(geen tijd noteren)							
NG	Rosanne Leeuwis	DWK	10:52.72	9801974				

Programmanr. 6
25.04.2010 - 15:27

Meisjes, 800m vrije slag

Junioren 2
Resultaten

Nederlands Record Junioren	8:56.79	Esmee Vermeulen	Amsterdam	27.03.2010
Nederlands Record 13 jaar	9:01.19	Esmee Vermeulen	Eindhoven	27.11.2009
Kamp. Record Junioren 2	9:17.78	Esmee Vermeulen	Dordrecht	26.04.2009

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT	niveau	
1.	Manon Friskes	DWK	10:02.34	9701566	9:49.55	+0,81	C	
	100m: 1:08.70	1:08.70	300m: 3:36.31	1:14.02	500m: 6:06.05	1:15.16	700m: 8:36.09	1:14.96
	200m: 2:22.29	1:13.59	400m: 4:50.89	1:14.58	600m: 7:21.13	1:15.08	800m: 9:49.55	1:13.46
2.	Naomi Janssen	Aqua-Novio'94	10:21.02	9701390	10:10.97	+0,83	E	
	100m: 1:11.17	1:11.17	300m: 3:45.11	1:17.12	500m: 6:20.30	1:17.94	700m: 8:56.59	1:17.71
	200m: 2:27.99	1:16.82	400m: 5:02.36	1:17.25	600m: 7:38.88	1:18.58	800m: 10:10.97	1:14.38
3.	Esmée Six	Eiffel Swimmers PSV	10:22.15	9700490	10:11.09	+0,88	E	
	100m: 1:08.67	1:08.67	300m: 3:41.55	1:17.38	500m: 6:18.44	1:18.70	700m: 8:56.94	1:18.87
	200m: 2:24.17	1:15.50	400m: 4:59.74	1:18.19	600m: 7:38.07	1:19.63	800m: 10:11.09	1:14.15
4.	Mirl de Boer	DAW-Finanzo	9:48.50	9700468	10:11.43	+0,93	E	
	100m: 1:09.46	1:09.46	300m: 3:42.75	1:17.41	500m: 6:20.11	1:18.88	700m: 8:59.41	1:19.31
	200m: 2:25.34	1:15.88	400m: 5:01.23	1:18.48	600m: 7:40.10	1:19.99	800m: 10:11.43	1:12.02
5.	Marre Zandringa	Orca	10:24.29	9701136	10:15.68	+0,85	E	
	100m: 1:08.16	1:08.16	300m: 3:42.13	1:16.82	500m: 6:20.62	1:19.40	700m: 8:59.19	1:18.43
	200m: 2:25.31	1:17.15	400m: 5:01.22	1:19.09	600m: 7:40.76	1:20.14	800m: 10:15.68	1:16.49
6.	Lindy Nijhuis	OZ&PC	9:52.57	9700010	10:16.59	+1,15	E	
	100m: 1:11.95	1:11.95	300m: 3:48.30	1:18.83	500m: 6:27.11	1:19.08	700m: 9:03.95	1:17.74
	200m: 2:29.47	1:17.52	400m: 5:08.03	1:19.73	600m: 7:46.21	1:19.10	800m: 10:16.59	1:12.64
7.	Judith Veldman	Eemsrobber	10:39.74	9702422	10:20.69	+0,82	E	
	100m: 1:08.02	1:08.02	300m: 3:41.14	1:17.39	500m: 6:20.15	1:20.01	700m: 9:01.98	1:20.64
	200m: 2:23.75	1:15.73	400m: 5:00.14	1:19.00	600m: 7:41.34	1:21.19	800m: 10:20.69	1:18.71
8.	Wendy Bex	Hellas-Glana	10:28.70	9701232	10:26.59	+0,73	E	
	100m: 1:10.25	1:10.25	300m: 3:48.25	1:19.01	500m: 6:27.88	1:20.45	700m: 9:09.37	1:20.90
	200m: 2:29.24	1:18.99	400m: 5:07.43	1:19.18	600m: 7:48.47	1:20.59	800m: 10:26.59	1:17.22
9.	Demi Rothe	OZ&PC	10:39.67	9703388	10:30.10	+0,87	E	
	100m: 1:09.57	1:09.57	300m: 3:47.30	1:19.75	500m: 6:29.16	1:20.79	700m: 9:13.00	1:21.91
	200m: 2:27.55	1:17.98	400m: 5:08.37	1:21.07	600m: 7:51.09	1:21.93	800m: 10:30.10	1:17.10
10.	Laura Willemssen	DWK	10:05.57	9700168	10:31.80	+0,90		
	100m: 1:13.93	1:13.93	300m: 3:53.24	1:19.47	500m: 6:33.32	1:19.20	700m: 9:14.59	1:20.75
	200m: 2:33.77	1:19.84	400m: 5:14.12	1:20.88	600m: 7:53.84	1:20.52	800m: 10:31.80	1:17.21
11.	Nine Roman	LZ 1886	10:30.51	9702310	10:33.30	+0,85		
	100m: 1:13.36	1:13.36	300m: 3:53.60	1:20.34	500m: 6:36.42	1:21.32	700m: 9:17.19	1:19.93
	200m: 2:33.26	1:19.90	400m: 5:15.10	1:21.50	600m: 7:57.26	1:20.84	800m: 10:33.30	1:16.11
12.	Denise Schulpen	Aquarijn	10:34.17	9700158	10:34.00	+0,85		
	100m: 1:10.02	1:10.02	300m: 3:48.85	1:19.94	500m: 6:33.44	1:22.51	700m: 9:16.91	1:22.17
	200m: 2:28.91	1:18.89	400m: 5:10.93	1:22.08	600m: 7:54.74	1:21.30	800m: 10:34.00	1:17.09
13.	Paulien Koenen	TRB-RES	10:41.00	9701856	10:35.65	+0,87		
	100m: 1:12.81	1:12.81	300m: 3:55.60	1:21.72	500m: 6:38.25	1:20.45	700m: 9:20.29	1:21.11
	200m: 2:33.88	1:21.07	400m: 5:17.80	1:22.20	600m: 7:59.18	1:20.93	800m: 10:35.65	1:15.36
14.	Maaïke van Veen	Dedemsvaart-AC	10:07.77	9700292	10:35.87	+0,89		
	100m: 1:12.69	1:12.69	300m: 3:52.98	1:20.68	500m: 6:35.59	1:21.13	700m: 9:17.70	1:20.55
	200m: 2:32.30	1:19.61	400m: 5:14.46	1:21.48	600m: 7:57.15	1:21.56	800m: 10:35.87	1:18.17
15.	Louise van Houten	Arethusa	10:40.24	9703320	10:42.27	+0,90		
	100m: 1:12.88	1:12.88	300m: 3:52.62	1:20.34	500m: 6:35.89	1:22.25	700m: 9:20.86	1:22.71
	200m: 2:32.28	1:19.40	400m: 5:13.64	1:21.02	600m: 7:58.15	1:22.26	800m: 10:42.27	1:21.41
16.	Jasmijn Bink	LZ 1886	10:27.66	9700332	10:43.59	+1,04		
	100m: 1:13.10	1:13.10	300m: 3:54.06	1:21.08	500m: 6:38.53	1:22.71	700m: 9:23.09	1:21.87
	200m: 2:32.98	1:19.88	400m: 5:15.82	1:21.76	600m: 8:01.22	1:22.69	800m: 10:43.59	1:20.50



Nederlandse Junioren Kamp. 800/1500 meter
Drachten, 25.4.2010



Programmanr. 7
25.04.2010 - 15:51

Meisjes, 800m vrije slag (rectificatie)

Junioren 3
Resultaten

Nederlands Record Junioren	8:56.79	Esmee Vermeulen	Amsterdam	27.03.2010
Nederlands Record 14 jaar	8:54.52	Sharon van Rouwendaal	Montpellier (FRA)	23.11.2007
Kamp. Record Junioren 3	9:18.69	Renee Snoek	Amersfoort	23.06.1995

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT	niveau	
1.	Esmee Vermeulen <i>Kamp. Record Junioren 3</i>	E.ON-NZA	8:56.79	9600678	9:11.81	+0,89	A	
	100m: 1:03.50	1:03.50	300m: 3:19.67	1:08.49	500m: 5:40.94	1:11.42	700m: 8:03.90	1:11.21
	200m: 2:11.18	1:07.68	400m: 4:29.52	1:09.85	600m: 6:52.69	1:11.75	800m: 9:11.81	1:07.91
2.	Esmée Bos	DWK	9:51.41	9600662	9:26.34	+0,88	C	
	100m: 1:06.03	1:06.03	300m: 3:28.91	1:11.44	500m: 5:52.20	1:11.81	700m: 8:16.76	1:12.41
	200m: 2:17.47	1:11.44	400m: 4:40.39	1:11.48	600m: 7:04.35	1:12.15	800m: 9:26.34	1:09.58
3.	Rosa Veerman	E.ON-NZA	9:44.09	9600862	9:31.33	+0,88	C	
	100m: 1:05.89	1:05.89	300m: 3:29.71	1:12.29	500m: 5:55.35	1:13.07	700m: 8:19.98	1:12.06
	200m: 2:17.42	1:11.53	400m: 4:42.28	1:12.57	600m: 7:07.92	1:12.57	800m: 9:31.33	1:11.35
4.	Evelien van Ruiten	Orca	10:11.88	9602924	9:36.24	+0,87	D	
	100m: 1:07.25	1:07.25	300m: 3:30.71	1:11.91	500m: 5:56.41	1:13.17	700m: 8:23.98	1:14.08
	200m: 2:18.80	1:11.55	400m: 4:43.24	1:12.53	600m: 7:09.90	1:13.49	800m: 9:36.24	1:12.26
5.	Elisabeth Rivard	WVZ	9:57.47	9600244	9:51.94	+0,95	E	
	100m: 1:09.34	1:09.34	300m: 3:40.18	1:15.41	500m: 6:10.02	1:14.91	700m: 8:39.09	1:14.61
	200m: 2:24.77	1:15.43	400m: 4:55.11	1:14.93	600m: 7:24.48	1:14.46	800m: 9:51.94	1:12.85
6.	Maaik de Waard	De Zeehond'73	9:51.71	9600604	9:58.52	+0,81	E	
	100m: 1:07.68	1:07.68	300m: 3:39.71	1:15.82	500m: 6:12.74	1:16.91	700m: 8:45.02	1:15.42
	200m: 2:23.89	1:16.21	400m: 4:55.83	1:16.12	600m: 7:29.60	1:16.86	800m: 9:58.52	1:13.50
7.	Tamara Grove	Oceanus	10:11.14	9601266	9:58.96	+0,85	E	
	100m: 1:10.52	1:10.52	300m: 3:41.61	1:15.80	500m: 6:13.51	1:16.15	700m: 8:45.80	1:15.50
	200m: 2:25.81	1:15.29	400m: 4:57.36	1:15.75	600m: 7:30.30	1:16.79	800m: 9:58.96	1:13.16
8.	Carina Klees	WVZ	10:18.57	9602680	10:01.24	+0,87	E	
	100m: 1:09.12	1:09.12	300m: 3:40.74	1:15.99	500m: 6:14.34	1:16.85	700m: 8:47.67	1:16.44
	200m: 2:24.75	1:15.63	400m: 4:57.49	1:16.75	600m: 7:31.23	1:16.89	800m: 10:01.24	1:13.57
9.	Adája Stoetman	Stadskanaal	10:08.87	9600348	10:03.89	+0,93	E	
	100m: 1:08.74	1:08.74	300m: 3:40.64	1:16.52	500m: 6:14.87	1:17.34	700m: 8:49.12	1:16.43
	200m: 2:24.12	1:15.38	400m: 4:57.53	1:16.89	600m: 7:32.69	1:17.82	800m: 10:03.89	1:14.77
10.	Janine Rooker	WZ&PC Purmerend	9:51.07	9600316	10:15.24	+0,78		
	100m: 1:10.01	1:10.01	300m: 3:44.27	1:17.84	500m: 6:21.36	1:18.88	700m: 8:58.98	1:18.48
	200m: 2:26.43	1:16.42	400m: 5:02.48	1:18.21	600m: 7:40.50	1:19.14	800m: 10:15.24	1:16.26
11.	Cynthia Verkaik	De Granaet	9:52.36	9601288	10:17.52	+0,82		
	100m: 1:12.33	1:12.33	300m: 3:50.39	1:19.68	500m: 6:27.74	1:18.83	700m: 9:02.71	1:17.01
	200m: 2:30.71	1:18.38	400m: 5:08.91	1:18.52	600m: 7:45.70	1:17.96	800m: 10:17.52	1:14.81
12.	Jeanine Kocken	Eiffel Swimmers PSV	10:18.62	9601816	10:18.33	+0,82		
	100m: 1:10.64	1:10.64	300m: 3:44.78	1:17.61	500m: 6:22.02	1:18.66	700m: 9:01.20	1:19.70
	200m: 2:27.17	1:16.53	400m: 5:03.36	1:18.58	600m: 7:41.50	1:19.48	800m: 10:18.33	1:17.13
13.	Anouk van der Vlies	Zoetermeer	10:25.94	9603226	10:20.32	+0,97		
	100m: 1:10.22	1:10.22	300m: 3:43.13	1:16.97	500m: 6:22.40	1:20.30	700m: 9:03.58	1:21.00
	200m: 2:26.16	1:15.94	400m: 5:02.10	1:18.97	600m: 7:42.58	1:20.18	800m: 10:20.32	1:16.74
14.	Asmara Ritmeijer	Vlaardingen	10:15.16	9600790	10:24.02	+0,95		
	100m: 1:09.37	1:09.37	300m: 3:46.82	1:19.64	500m: 6:26.47	1:19.68	700m: 9:06.18	1:19.23
	200m: 2:27.18	1:17.81	400m: 5:06.79	1:19.97	600m: 7:46.95	1:20.48	800m: 10:24.02	1:17.84
15.	Veronique van der Velde	De Dinkel	10:04.47	9601740	10:28.80	+1,00		
	100m: 1:11.26	1:11.26	300m: 3:48.58	1:19.07	500m: 6:29.06	1:20.48	700m: 9:10.03	1:20.46
	200m: 2:29.51	1:18.25	400m: 5:08.58	1:20.00	600m: 7:49.57	1:20.51	800m: 10:28.80	1:18.77
16.	Dèlenn van Oostrom	GoSwim	10:21.38	9600056	10:32.32	+0,89		
	100m: 1:11.64	1:11.64	300m: 3:50.29	1:20.09	500m: 6:31.88	1:20.79	700m: 9:14.39	1:20.97
	200m: 2:30.20	1:18.56	400m: 5:11.09	1:20.80	600m: 7:53.42	1:21.54	800m: 10:32.32	1:17.93

voor uitslag van alleen Hellas-Glana leden zie volgende pagina



Uitslag overzicht

Lange baan (50m)

	Strecke	Pl.	Tijd Ronde	Strecke	Pl.	Tijd Ronde
Wendy Bex	20-5-1997		9701232			Hellas-Glana
	100m vrije slag		1:10.25	400m vrije slag		5:07.43 PR.
	200m vrije slag		2:29.24 PR.	800m vrije slag	8	10:26.59 PR.
Kevin Wolters	1-3-1995		9501965			Hellas-Glana
	100m vrije slag		1:07.60	800m vrije slag		9:41.39 PR.
	200m vrije slag		2:19.48	1500m vrije slag	5	18:12.19 PR.
	400m vrije slag		4:45.07 PR.			