

Heren

25m bad

50m vrije slag	23.2*	Romeyn, Bart	70	13.5.89	Sittard (NED)
100m vrije slag	51.7*	Langer, Jürgen	70	26.1.97	Venlo (NED)
200m vrije slag	1:55.40	Verreussel, Davy	89	25.11.07	Sittard (NED)
400m vrije slag	4:01.02	Verreussel, Davy	89	24.10.08	Rostock (GER)
800m vrije slag	8:27.83	Heijnen, Michel	87	5.11.05	Dordrecht (NED)
1500m vrije slag	16:11.06	Verreussel, Davy	89	18.12.05	Amsterdam (NED)
50m rugslag	26.71	Verreussel, Davy	89	29.12.08	Maastricht (NED)
100m rugslag	57.36	Verreussel, Davy	89	21.12.08	Amsterdam (NED)
200m rugslag	2:06.31	Verreussel, Davy	89	13.1.08	Horst (NED)
50m schoolslag	29.4*	Langer, Jürgen	70	6.9.97	Maastricht??? datum ???
100m schoolslag	1:03.7*	Langer, Jürgen	70	6.9.97	Maastricht (NED)
200m schoolslag	2:18.2*	Langer, Jürgen	70	4.1.97	Venlo (NED)
50m vlinderslag	25.65	Jaeger, Sven	83	30.11.08	Amersfoort (NED)
100m vlinderslag	56.49	Jaeger, Sven	83	19.10.08	Aachen (GER)
200m vlinderslag	2:10.26	Verreussel, Davy	89	2.3.08	Roermond (NED)
100m wisselslag	57.29	Verreussel, Davy	89	30.12.08	Maastricht (NED)
200m wisselslag	2:08.05	Verreussel, Davy	89	3.11.07	Wachtebeke (BEL)
400m wisselslag	4:21.03	Verreussel, Davy	89	20.12.08	Amsterdam (NED)
4 x 50m vrije slag	1:35.62	Hellas-Glana Heren <i>Smeets, Alan, Brummer, Sven, Jaeger, Sven, Bulstra, Joris</i>		23.6.07	Drachten (NED)
4 x 100m vrije slag	3:33.12	Hellas-Glana Heren <i>Smeets, Alan, Verreussel, Davy, Heijnen, Michel, Bulstra, Joris</i>		20.12.08	Amsterdam (NED)
4 x 200m vrije slag	8:04.96	Hellas-Glana Heren <i>Smeets, Alan, van Basten Batenburg, Niels, Bulstra, Joris, Verreussel, Davy</i>		8.3.09	Hoensbroek (NED)
4 x 50m wisselslag	1:46.89	Hellas-Glana Heren <i>Smeets, Alan, Brummer, Sven, Jaeger, Sven, Bulstra, Joris</i>		24.6.07	Drachten (NED)
4 x 100m wisselslag	3:53.41	Hellas-Glana Heren <i>Verreussel, Davy, Bulstra, Joris, Jaeger, Sven, Smeets, Alan</i>		21.12.08	Amsterdam (NED)
5 x 50m vrije slag	2:02.22	Hellas-Glana Heren <i>Smeets, Alan, Brummer, Diederik, Minguel, Gilberto, Jaeger, Sven, Bulstra, Joris</i>		29.4.07	Sittard (NED)
10 x 100m vrije slag	9:30.58	Hellas-Glana Heren <i>Smeets, Alan, Hoogerwerf, Roy, Dassen, Alain, de Jonge, Bjorn, Meulenberg, Jordi, Thewissen, Charel, de Heer, Pieter, Heijnen, Michel, Verreussel, Davy</i>		28.9.08	Eindhoven (NED)

Dames

25m bad

50m vrije slag	27.6*	Alberts, Cindy	70	1.12.96	Maastricht (NED)
100m vrije slag	1:00.06	Schouten, Jenny	87	27.11.05	Roermond (NED)
200m vrije slag	2:08.53	Ramakers, Josine	86	27.10.02	Aken (GER)
400m vrije slag	4:31.23	Ramakers, Josine	86	20.12.02	Eindhoven (NED)
800m vrije slag	9:16.41	Ramakers, Josine	86	21.12.02	Eindhoven (NED)
1500m vrije slag	18:02.07	Ramakers, Josine	86	18.1.03	Kerkrade (NED)
50m rugslag	31.74	Schouten, Jenny	87	22.10.05	Aken (GER)
100m rugslag	1:07.45	Schouten, Jenny	87	17.12.05	Amsterdam (NED)
200m rugslag	2:28.27	Ramakers, Josine	86	17.11.02	Sittard (NED)
50m schoolslag	35.50	Wijnker, Elise	91	4.11.06	Wachtebeke (BEL)
100m schoolslag	1:16.74	Bouman, Thamara	85	30.1.99	Emmen (NED)
200m schoolslag	2:42.98	Rutten, Maureen	88	16.1.05	Horst (NED)
50m vlinderslag	29.34	vd Eijnden, Linda	79	25.10.03	Aken (GER)
100m vlinderslag	1:04.28	vd Eijnden, Linda	79	26.10.03	Aken (GER)
200m vlinderslag	2:26.03	vd Eijnden, Linda	79	25.10.03	Aken (GER)
100m wisselslag	1:08.0*	Alberts, Cindy	70	30.11.96	Maastricht (NED)
200m wisselslag	2:26.9*	Alberts, Cindy	70	25.1.97	Venlo (NED)
400m wisselslag	5:17.54	Greven, Lotte	87	8.2.06	Kerkrade (NED)
4 x 50m vrije slag	2:00.29	Hellas-Glana Dames <i>Wijnker, Elise, Tummers, Mirte, Martens, Eva, Collin, Silvy</i>		29.12.08	Maastricht (NED)
4 x 100m vrije slag	4:24.14	Hellas-Glana Dames <i>Agterberg, Danique, Martens, Eva, Wilms, Roxane, Wijnker, Elise</i>		16.11.08	Roermond (NED)
4 x 200m vrije slag	9:48.34	Hellas-Glana Dames <i>Agterberg, Danique, Wijnker, Elise, Martens, Eva, Tummers, Jill</i>		13.1.08	Horst (NED)
4 x 50m wisselslag	2:15.11	Hellas-Glana Dames <i>Martens, Eva, Wijnker, Elise, Tummers, Mirte, Collin, Silvy</i>		28.12.08	Maastricht (NED)
4 x 100m wisselslag	4:49.61	Hellas-Glana Dames <i>Tummers, Jill, Wijnker, Elise, Tummers, Mirte, Deledda, Alyssia</i>		19.3.06	Roermond (NED)

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50m vrije slag	24.40	Smeets, Alan	84	25.5.08	Kerkrade (NED)
100m vrije slag	54.22	Smeets, Alan	84	19.1.08	Reykjavkik (ISL)
200m vrije slag	1:59.24	Heijnen, Michel	87	23.4.05	Amsterdam (NED)
400m vrije slag	4:09.00	Heijnen, Michel	87	10.3.06	Antwerpen (BEL)
800m vrije slag	8:44.86	Heijnen, Michel	87	21.4.05	Amsterdam (NED)
1500m vrije slag	16:38.06	Verreussel, Davy	89	11.6.06	Eindhoven (NED)
50m rugslag	28.75	Verreussel, Davy	89	25.1.09	Luxembourg (LUX)
100m rugslag	1:01.82	Verreussel, Davy	89	6.12.07	Eindhoven (NED)
200m rugslag	2:12.56	Verreussel, Davy	89	25.1.09	Luxembourg (LUX)
50m schoolslag	29.6*	Langer, Jürgen	70	23.5.98	Kerkrade (NED)
100m schoolslag	1:04.94	Langer, Jürgen	70	20.6.97	Eindhoven (NED)
200m schoolslag	2:20.52	Langer, Jürgen	70	27.8.97	Catania (ITA)
50m vlinderslag	26.41	Jaeger, Sven	83	18.5.08	Kerkrade (NED)
100m vlinderslag	58.58	Jaeger, Sven	83	5.12.08	Eindhoven (NED)
200m vlinderslag	2:14.09	op den Kamp, Ivo	89	25.3.05	Eindhoven (NED)
200m wisselslag	2:09.42	Verreussel, Davy	89	6.6.08	Eindhoven (NED)
400m wisselslag	4:31.63	Verreussel, Davy	89	6.6.08	Eindhoven (NED)
4 x 50m vrije slag	1:42.18	Hellas-Glana Heren <i>Smeets, Alan, Verreussel, Davy, Jaeger, Sven, Heijnen, Michel</i>		31.5.08	Porto (POR)
4 x 100m vrije slag	3:44.11	Hellas-Glana Heren <i>Geurts, Maurice, Smeets, Alan, Bulstra, Joris, Heijnen, Michel</i>		21.5.05	Kerkrade (NED)
4 x 200m vrije slag	8:19.60	Hellas-Glana Heren <i>Dekker, Bram, de Heer, Pieter, op den Kamp, Ivo, Verreussel, Davy</i>		10.6.05	Amsterdam (NED)
4 x 50m wisselslag	1:54.17	Hellas-Glana Heren <i>Verreussel, Davy, de Jonge, Bjorn, Jaeger, Sven, Smeets, Alan</i>		13.4.08	Antwerpen (BEL)
4 x 100m wisselslag	4:06.05	Hellas-Glana Heren <i>Verreussel, Davy, Bulstra, Joris, Jaeger, Sven, Smeets, Alan</i>		3.6.07	Amsterdam (NED)

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50m vrije slag	26.89	Weerd, Denise	99	14.7.85	Amersfoort (NED)
100m vrije slag	1:01.72	Schouten, Jenny	87	21.5.05	Kerkrade (NED)
200m vrije slag	2:11.53	Ramakers, Josine	86	26.4.03	Amsterdam (NED)
400m vrije slag	4:39.49	Ramakers, Josine	86	25.5.03	Kerkrade (NED)
800m vrije slag	9:33.11	Ramakers, Josine	86	24.4.03	Amsterdam (NED)
1500m vrije slag	18:15.81	Ramakers, Josine	86	27.4.03	Amsterdam (NED)
50m rugslag	32.48	Koolen, Linda	87	25.5.03	Kerkrade (NED)
100m rugslag	1:10.33	Koolen, Linda	87	25.5.03	Kerkrade (NED)
200m rugslag	2:33.50	Ramakers, Josine	86	2.2.03	Nijmegen (NED)
50m schoolslag	36.46	Wijnker, Elise	91	22.4.07	Amsterdam (NED)
100m schoolslag	1:19.43	Rutten, Maureen	88	3.4.05	Amersfoort (NED)
200m schoolslag	2:47.22	Rutten, Maureen	88	3.4.05	Amersfoort (NED)
50m vlinderslag	29.26	vd Eijnden, Linda	79	26.5.02	Kerkrade (NED)
100m vlinderslag	1:05.69	vd Eijnden, Linda	79	26.3.04	Eindhoven (NED)
200m vlinderslag	2:29.09	vd Eijnden, Linda	79	20.3.04	Seraing (BEL)
200m wisselslag	2:31.98	vd Eijnden, Linda	79	21.5.00	Kerkrade (NED)
400m wisselslag	5:23.84	Kuperman, Avital	89	21.4.05	Amsterdam (NED)
4 x 100m vrije slag	4:15.97	Hellas-Glana Dames <i>Schouten, Jenny, Greven, Lotte, Kuperman, Avital, Deledda, Alyssia</i>		21.5.05	Kerkrade (NED)
4 x 200m vrije slag	9:10.49	Hellas-Glana Dames <i>Schouten, Jenny, Greven, Lotte, vd Eijnden, Linda, Kuperman, Avital</i>		21.4.05	Amsterdam (NED)
4 x 50m wisselslag	2:18.10	Hellas-Glana Dames <i>Tummers, Mirte, Wijnker, Elise, Agterberg, Danique, Wilms, Roxane</i>		13.4.08	Antwerpen (BEL)
4 x 100m wisselslag	4:38.14	Hellas-Glana Dames <i>Kuperman, Avital, Rutten, Maureen, vd Eijnden, Linda, Schouten, Jenny</i>		21.4.05	Amsterdam (NED)