

Uitslag overzicht

Lange baan (50m)

Achternaam, Voornaam	Gbjr	Afstand/zwemslag	Pl.	Tijd	Ronde	oude PR.	Versch.
Britt Cornelissens	00 :	50 vrije slag		30.22		27.56	83%
		50 vrije slag		31.83		27.56	75%
		50 vrije slag		29.11		27.56	90%
		50 vrije slag	15	27.74		27.56	99%
		100 vrije slag		1:04.04		59.89	87%
		100 vrije slag		1:08.34		59.89	77%
		100 vrije slag	21	1:01.29		59.89	95%
		200 vrije slag	Est.	2:16.05		2:15.32	99%
		200 vrije slag	40	2:27.06		2:15.32	85%
		50 rugslag		35.41		33.12	87%
		50 rugslag	36	33.80		33.12	96%
		100 rugslag	38	1:13.93		1:11.04	92%
		50 schoolslag	29	36.75		35.56	94%
		50 vlinderslag		36.23		32.24	79%
200 wisselslag	39	2:43.04		2:33.93	89%		
Isabel Dijkstra	02 :	50 vrije slag		31.12		29.16	88%
		50 vrije slag		32.52		29.16	80%
		50 vrije slag		32.37		29.16	81%
		100 vrije slag		1:05.51		1:02.65	91%
		100 vrije slag		1:08.29		1:02.65	84%
		100 vrije slag		1:07.62		1:02.65	86%
		200 vrije slag	14	2:16.75		2:18.36	102% PR.
		200 vrije slag		2:22.05		2:18.36	95%
		200 vrije slag		2:20.63		2:18.36	97%
		400 vrije slag		4:52.05		4:53.11	101% PR.
400 vrije slag	5	4:48.85		4:53.11	103% PR.		
800 vrije slag	5	9:55.87		9:52.54	99%		
Nikki Douma	01 :	50 vrije slag		30.42		28.90	90%
		50 vrije slag		30.28		28.90	91%
		100 vrije slag	Est.	1:02.83		1:03.30	102% PR.
		100 vrije slag	51	1:03.36		1:03.30	100%
		50 rugslag		36.30		34.39	90%
		100 rugslag	Est.	1:15.34		1:12.73	93%
Lorena Dreschers	04 :	50 vrije slag		36.08		31.76	77%
		50 vrije slag	13	31.12		31.76	104% PR.
		50 vrije slag		33.63		31.76	89%
		50 vrije slag		32.24		31.76	97%
		100 vrije slag		1:11.59		1:08.10	90%
		100 vrije slag		1:15.75		1:08.10	81%
		100 vrije slag	12	1:07.46		1:08.10	102% PR.
		200 vrije slag	12	2:27.73		2:31.61	105% PR.
		200 vrije slag		2:37.02		2:31.61	93%
		400 vrije slag	8	5:14.30		5:21.26	104% PR.
		50 rugslag		35.86		37.19	108% PR.
		50 rugslag	8	34.46		37.19	116% PR.
		50 rugslag		39.73		37.19	88%
		50 rugslag		36.74		37.19	102% PR.
		100 rugslag		1:22.02		1:14.98	84%
		100 rugslag	7	1:14.31		1:14.98	102% PR.
		100 rugslag	Est.	1:15.07		1:14.98	100%
		200 rugslag	8	2:45.28		2:43.76	98%
		50 schoolslag		42.07		42.04	100%
		50 schoolslag		42.84		42.04	96%
		50 schoolslag	17	41.43		42.04	103% PR.
		100 schoolslag	17	1:28.87		1:29.25	101% PR.
		100 schoolslag		1:31.68		1:29.25	95%
200 schoolslag	15	3:08.79		3:13.23	105% PR.		
50 vlinderslag		35.88		37.63	110% PR.		
200 wisselslag	14	2:46.96		2:47.14	100% PR.		

Loes Gelissen	01 :	50 vrije slag		29.86	28.54	91%	
		50 vrije slag	20	28.09	28.54	103%	PR.
		100 vrije slag	36	1:02.65	1:03.39	102%	PR.
		50 vlinderslag	32	31.34	30.79	97%	
Lars van der Haijden	99 :	50 vrije slag		31.21	25.24	65%	
		50 vrije slag		29.25	25.24	74%	
		50 vrije slag		27.21	25.24	86%	
		50 vrije slag	10	24.95	25.24	102%	PR.
		50 vrije slag		26.57	25.24	90%	
		100 vrije slag		1:02.75	55.60	79%	
		100 vrije slag	17	55.10	55.60	102%	PR.
		100 vrije slag		1:05.46	55.60	72%	
		100 vrije slag		58.34	55.60	91%	
		200 vrije slag		2:12.73	2:03.74	87%	
		200 vrije slag	19	2:03.81	2:03.74	100%	
		200 vrije slag		2:15.77	2:03.74	83%	
		400 vrije slag	14	4:32.17	4:24.41	94%	
		400 vrije slag		4:40.36	4:24.41	89%	
		800 vrije slag		9:30.79	9:26.15	98%	
1500 vrije slag	11	17:52.66	17:50.77	100%			
50 vlinderslag	25	27.24	27.12	99%			
Raf Hendriks	01 :	50 vrije slag		29.64	28.59	93%	
		50 vrije slag	37	27.94	28.59	105%	PR.
		50 vrije slag		29.53	28.59	94%	
		100 vrije slag		1:03.27	1:00.77	92%	
		100 vrije slag		1:03.29	1:00.77	92%	
		200 vrije slag	30	2:09.32	2:12.25	105%	PR.
		200 vrije slag		2:14.27	2:12.25	97%	
		400 vrije slag	21	4:36.65	4:41.94	104%	PR.
		50 rugslag	12	30.85	31.79	106%	PR.
		50 rugslag		32.14	31.79	98%	
		50 rugslag		32.91	31.79	93%	
		100 rugslag		1:07.46	1:06.48	97%	
		100 rugslag	16	1:06.61	1:06.48	100%	
		200 rugslag	5	2:17.74	2:20.92	105%	PR.
Judith Houtvast	03 :	50 vrije slag		32.25	28.83	80%	
		50 vrije slag		33.74	28.83	73%	
		50 vrije slag	4	28.55	28.83	102%	PR.
		50 vrije slag		33.32	28.83	75%	
		50 vrije slag		31.03	28.83	86%	
		50 vrije slag		30.94	28.83	87%	
		100 vrije slag	Est.	1:04.38	1:03.42	97%	
		100 vrije slag		1:09.04	1:03.42	84%	
		100 vrije slag		1:10.38	1:03.42	81%	
		100 vrije slag		1:11.42	1:03.42	79%	
		100 vrije slag	7	1:02.75	1:03.42	102%	PR.
		200 vrije slag	15	2:22.22	2:22.56	100%	PR.
		200 vrije slag	Est.	2:22.84	2:22.56	100%	
		200 vrije slag		2:29.77	2:22.56	91%	
		400 vrije slag	8	5:00.79	5:00.50	100%	
		50 vlinderslag		32.03	30.64	92%	
		50 vlinderslag		31.87	30.64	92%	
		50 vlinderslag	1	30.14	30.64	103%	PR.
100 vlinderslag	7	1:11.80	1:11.70	100%			
200 wisselslag	13	2:40.41	2:43.22	104%	PR.		
Cynthia Kugler	04 :	50 vrije slag		35.70	32.49	83%	
		50 vrije slag		33.25	32.49	95%	
		100 vrije slag		1:16.05	1:09.94	85%	
		100 vrije slag	37	1:10.73	1:09.94	98%	
		200 vrije slag	38	2:39.91	2:37.16	97%	
		50 vlinderslag		38.47	35.49	85%	
		200 wisselslag	30	2:58.48	2:54.84	96%	

Kim Rebergen	01 :	50 vrije slag		30.58	29.58	94%	
		50 vrije slag		32.98	29.58	80%	
		100 vrije slag	35	1:02.64	1:03.26	102%	PR.
		100 vrije slag		1:09.63	1:03.26	83%	
		200 vrije slag		2:24.45	2:18.15	91%	
		400 vrije slag	15	4:49.16	4:50.20	101%	PR.
		50 vlinderslag		34.10	32.42	90%	
		100 vlinderslag		1:15.12	1:15.40	101%	PR.
		200 wisselslag	22	2:35.55	2:34.46	99%	
400 wisselslag	6	5:25.86	5:27.39	101%	PR.		
Ian Sanders	01 :	50 schoolslag		36.42	35.77	96%	
		50 schoolslag	19	35.44	35.77	102%	PR.
		50 schoolslag		38.36	35.77	87%	
		100 schoolslag	19	1:16.66	1:16.10	99%	
		100 schoolslag		1:21.01	1:16.10	88%	
200 schoolslag	17	2:45.89	2:46.87	101%	PR.		
Bo Souhoka	02 :	50 vrije slag		30.30	28.79	90%	
		100 vrije slag	23	1:03.00	1:03.39	101%	PR.
		50 rugslag	13	33.34	32.51	95%	
		50 rugslag		34.34	32.51	90%	
		50 rugslag		34.89	32.51	87%	
		100 rugslag	15	1:13.12	1:09.48	90%	
		100 rugslag		1:14.59	1:09.48	87%	
		200 rugslag	13	2:35.62	2:33.05	97%	
		50 schoolslag	3	36.13	36.99	105%	PR.
		50 schoolslag		36.95	36.99	100%	PR.
		100 schoolslag	3	1:18.93	1:18.89	100%	
50 vlinderslag		32.23	31.02	93%			
200 wisselslag	10	2:34.77	2:34.70	100%			
4 x 200 vrije slag Dames	:	Britt Cornelissens Nikki Douma	2:16.05 2:19.27	Loes Gelissen Kim Rebergen	2:25.17 2:15.43	7	9:15.92
4 x 200 vrije slag Dames	:	Judith Houtvast Muriël Blok	2:22.84 2:29.63	Bo Souhoka Isabel Dijkstra	2:20.22 2:16.49	6	9:29.18
4 x 100 wisselslag Dames	:	Nikki Douma Britt Cornelissens	1:15.34 1:20.44	Kim Rebergen Loes Gelissen	1:12.73 1:01.89	11	4:50.40
4 x 100 wisselslag Dames	:	Lorena Dreschers Bo Souhoka	1:15.07 1:19.52	Judith Houtvast Isabel Dijkstra	1:11.83 1:01.59	3	4:48.01
4 x 100 vrije slag Dames	:	Judith Houtvast Muriël Blok	1:04.38 1:06.90	Bo Souhoka Isabel Dijkstra	1:01.86 1:01.88	6	4:15.02
4 x 100 vrije slag Dames	:	Nikki Douma Kim Rebergen	1:02.83 1:02.27	Loes Gelissen Britt Cornelissens	1:02.12 59.54	5	4:06.76

Totaal 150 persoonlijke uitslag, Gemiddelde prestatie: 93,7%
 0 nieuw(e) record(s), 40 nieuw(e) persoonlijke record(s)
 Grootste verbetering: Lorena Dreschers, 50 rugslag 34.46

Nederlandse Junioren & Jeugd Kampioenschappen lange baan 2016



KNZB i.s.m. MNC Dordrecht
Dordrecht 16-6-2016 t/m 19-6-2016

NJJK lange baan 2016 sessie 1 - donderdag 16 juni 2016 om 08:30u (50 m)

Aanvangstijd juryvergadering: 07:30u

1. 400m vrije slag - Dames

14 - 15 jaar (Jeugd 1 en 2)

1. Laura van Engelen (RTC - AquAmigos, 200000350)					04:19.97(+82)		
50m	00:29.36 29,36	150m	01:34.96 33,20	250m	02:41.41 33,29	350m	03:48.01 33,17
100m	01:01.76 32,40	200m	02:08.12 33,16	300m	03:14.84 33,43		
2. Laura Setz (Nova, 200000130)					04:24.15(+84)		
50m	00:29.76 29,76	150m	01:35.43 33,11	250m	02:42.38 33,54	350m	03:50.49 34,14
100m	01:02.32 32,56	200m	02:08.84 33,41	300m	03:16.35 33,97		
3. Marij van der Mast (RTC - PSV, 200000676)					04:30.12(+67)		
50m	00:30.89 30,89	150m	01:38.85 34,02	250m	02:47.43 34,30	350m	03:56.36 34,21
100m	01:04.83 33,94	200m	02:13.13 34,28	300m	03:22.15 34,72		
4. Sarah Scholten (PSV, 200006196)					04:36.15(+70)		
50m	00:30.52 30,52	150m	01:39.89 35,09	250m	02:51.18 35,48	350m	04:02.02 35,09
100m	01:04.80 34,28	200m	02:15.70 35,81	300m	03:26.93 35,75		
5. Kaylee de Jong (ZPCH, 200001234)					04:36.37(+89)		
50m	00:30.94 30,94	150m	01:40.33 35,27	250m	02:51.57 35,99	350m	04:03.17 35,73
100m	01:05.06 34,12	200m	02:15.58 35,25	300m	03:27.44 35,87		
6. Silke Holkenborg (Montferland, 200100292)					04:36.48(+75)		
50m	00:30.91 30,91	150m	01:40.22 35,00	250m	02:51.98 36,39	350m	04:03.34 35,84
100m	01:05.22 34,31	200m	02:15.59 35,37	300m	03:27.50 35,52		
7. Danieke van der Kooi (Orca, 200000552)					04:37.89(+78)		
50m	00:31.62 31,62	150m	01:42.01 35,49	250m	02:52.61 35,08	350m	04:04.07 35,71
100m	01:06.52 34,90	200m	02:17.53 35,52	300m	03:28.36 35,75		
8. Inge Vieveen (RTC - WVZ, 200100024)					04:38.98(+84)		
50m	00:31.30 31,30	150m	01:41.84 35,56	250m	02:53.80 35,97	350m	04:04.97 35,11
100m	01:06.28 34,98	200m	02:17.83 35,99	300m	03:29.86 36,06		
9. Storm Willemsen (DWK, 200100570)					04:39.81(+78)		
50m	00:30.49 30,49	150m	01:40.34 35,71	250m	02:52.42 36,25	350m	04:04.68 36,20
100m	01:04.63 34,14	200m	02:16.17 35,83	300m	03:28.48 36,06		
10. Sam van Nunen (PSV, 200100036)					04:46.33(+67)		
50m	00:31.08 31,08	150m	01:41.41 35,61	250m	02:55.07 36,87	350m	04:09.80 37,52
100m	01:05.80 34,72	200m	02:18.20 36,79	300m	03:32.28 37,21		
11. Jill Blide (ZPC Hoogeveen, 200004734)					04:47.28(+81)		
50m	00:31.94 31,94	150m	01:44.24 36,81	250m	02:57.94 36,77	350m	04:11.25 36,73
100m	01:07.43 35,49	200m	02:21.17 36,93	300m	03:34.52 36,58		
12. Kirsten Walraven (ZPC De Zeeuwse Kust, 200001358)					04:47.87(+79)		
50m	00:31.42 31,42	150m	01:43.72 36,51	250m	02:58.05 36,82	350m	04:12.58 36,65
100m	01:07.21 35,79	200m	02:21.23 37,51	300m	03:35.93 37,88		
13. Maike van de Velde (ZPCH, 200000382)					04:47.95(+76)		
50m	00:31.43 31,43	150m	01:43.96 36,66	250m	02:58.30 37,15	350m	04:12.62 37,06
100m	01:07.30 35,87	200m	02:21.15 37,19	300m	03:35.56 37,26		
14. Esmee Venner (PSV, 200000380)					04:48.19(+67)		
50m	00:32.02 32,02	150m	01:44.25 36,36	250m	02:58.48 37,10	350m	04:12.71 36,85

	100m 01:07.89	35,87	200m 02:21.38	37,13	300m 03:35.86	37,38		
15.	Kim Rebergen (Hellas-Glana, 200100676)							04:49.16(+72)
	50m 00:32.98	32,98	150m 01:47.25	37,62	250m 03:02.07	37,62	350m 04:15.15	36,25
	100m 01:09.63	36,65	200m 02:24.45	37,20	300m 03:38.90	36,83		
16.	Lize Janna de Vries (Orca, 200101948)							04:49.18(+81)
	50m 00:32.31	32,31	150m 01:44.96	36,86	250m 02:59.53	37,18	350m 04:14.41	37,39
	100m 01:08.10	35,79	200m 02:22.35	37,39	300m 03:37.02	37,49		
17.	Lonneke Kampman (PSV, 200100146)							04:49.27(+83)
	50m 00:32.09	32,09	150m 01:44.91	36,68	250m 02:58.89	36,80	350m 04:13.40	37,18
	100m 01:08.23	36,14	200m 02:22.09	37,18	300m 03:36.22	37,33		
18.	Laura Nieuwland (ZPC De Zeeuwse Kust, 200001834)							04:49.29(+80)
	50m 00:31.86	31,86	150m 01:45.18	37,07	250m 03:00.55	37,50	350m 04:15.67	36,85
	100m 01:08.11	36,25	200m 02:23.05	37,87	300m 03:38.82	38,27		
19.	Michelle Zomerdijk (Dedemsvaart-AC, 200003196)							04:50.75(+79)
	50m 00:31.77	31,77	150m 01:43.56	36,59	250m 02:58.37	37,28	350m 04:14.42	38,02
	100m 01:06.97	35,20	200m 02:21.09	37,53	300m 03:36.40	38,03		
20.	Sanne Heemskerk (LZ 1886, 200100600)							04:51.20(+71)
	50m 00:31.94	31,94	150m 01:45.76	37,55	250m 03:01.50	37,98	350m 04:16.52	37,23
	100m 01:08.21	36,27	200m 02:23.52	37,76	300m 03:39.29	37,79		
21.	Giulia Corsi (De Columbiaan, 200100468)							04:51.40(+75)
	50m 00:33.08	33,08	150m 01:47.26	37,55	250m 03:02.08	37,39	350m 04:16.31	36,64
	100m 01:09.71	36,63	200m 02:24.69	37,43	300m 03:39.67	37,59		
22.	Sterre van de Goor (Arethusa, 200102168)							04:51.78(+78)
	50m 00:33.32	33,32	150m 01:46.96	37,32	250m 03:01.43	36,73	350m 04:15.55	37,27
	100m 01:09.64	36,32	200m 02:24.70	37,74	300m 03:38.28	36,85		
23.	Kyra Wooldrik (ZPC Hoogeveen, 200101042)							04:51.91(+82)
	50m 00:32.70	32,70	150m 01:46.00	37,01	250m 03:01.66	37,53	350m 04:17.15	37,55
	100m 01:08.99	36,29	200m 02:24.13	38,13	300m 03:39.60	37,94		
24.	Sanne Barten (Aquarijn, 200101282)							04:53.60(+75)
	50m 00:33.19	33,19	150m 01:47.06	37,41	250m 03:02.32	37,44	350m 04:17.74	37,51
	100m 01:09.65	36,46	200m 02:24.88	37,82	300m 03:40.23	37,91		
25.	Janneke Weiland (Orca, 200100128)							04:55.12(+78)
	50m 00:31.99	31,99	150m 01:45.54	37,35	250m 03:00.22	37,02	350m 04:16.99	38,82
	100m 01:08.19	36,20	200m 02:23.20	37,66	300m 03:38.17	37,95		
26.	Simone Anvelink (MSV-Zeemacht, 200001546)							04:55.27(+86)
	50m 00:33.44	33,44	150m 01:47.77	37,86	250m 03:02.81	37,83	350m 04:18.49	37,59
	100m 01:09.91	36,47	200m 02:24.98	37,21	300m 03:40.90	38,09		
27.	Renée Otten (De Houtrib, 200101858)							04:55.63(+87)
	50m 00:33.94	33,94	150m 01:49.42	38,18	250m 03:04.41	37,42	350m 04:19.38	36,96
	100m 01:11.24	37,30	200m 02:26.99	37,57	300m 03:42.42	38,01		
28.	Romée Spin (De Dinkel, 200000724)							04:58.31(+95)
	50m 00:30.85	30,85	150m 01:40.98	35,84	250m 02:56.73	38,51	350m 04:17.37	40,70
	100m 01:05.14	34,29	200m 02:18.22	37,24	300m 03:36.67	39,94		
29.	Eva Willebrands (Orca, 200101510)							04:59.51(+82)
	50m 00:32.59	32,59	150m 01:46.20	37,63	250m 03:02.42	38,41	350m 04:21.26	39,70
	100m 01:08.57	35,98	200m 02:24.01	37,81	300m 03:41.56	39,14		
30.	Babet Kruger (VZC E&P, 200003390)							05:00.46(+82)
	50m 00:33.29	33,29	150m 01:48.20	37,85	250m 03:05.13	38,47	350m 04:22.47	38,71
	100m 01:10.35	37,06	200m 02:26.66	38,46	300m 03:43.76	38,63		
31.	Janneke Lenderink (De Dinkel, 200100328)							05:04.44(+74)
	50m 00:33.25	33,25	150m 01:48.37	38,11	250m 03:06.85	39,43	350m 04:25.75	39,80
	100m 01:10.26	37,01	200m 02:27.42	39,05	300m 03:45.95	39,10		
32.	Sophia Gerrits (Aqua-Novio'94, 200104044)							05:05.44(+73)
	50m 00:31.95	31,95	150m 01:47.30	38,54	250m 03:06.22	39,47	350m 04:26.25	39,97

100m 01:08.76 36,81 200m 02:26.75 39,45 300m 03:46.28 40,06

202. 400m vrije slag - Dames

11 - 15 jaar (Jeugd 2 en later)

- Liesette Bruinsma (NTC PARA-HZ&PC Heerenveen, 200004346) [S11] 05:22.66(+70)
50m 00:35.75 35,75 150m 01:56.19 40,60 250m 03:17.96 40,81 350m 04:40.85 41,83
100m 01:15.59 39,84 200m 02:37.15 40,96 300m 03:59.02 41,06
- Lisa Kruger (NTC PARA-ZPC AMERSFOORT, 200005304) [S10] 04:55.92(+79)
50m 00:32.51 32,51 150m 01:46.22 37,53 250m 03:02.44 38,37 350m 04:19.24 38,36
100m 01:08.69 36,18 200m 02:24.07 37,85 300m 03:40.88 38,44
- Jonne Moleman (AZC, 200006264) [S10] 05:11.23(+100)
50m 00:33.28 33,28 150m 01:51.16 39,84 250m 03:11.79 40,41 350m 04:32.00 40,09
100m 01:11.32 38,04 200m 02:31.38 40,22 300m 03:51.91 40,12
- Inge Belfor (NTC PARA-De Columbiaan, 200100578) [S10] 05:21.72(+81)
50m 00:35.26 35,26 150m 01:54.33 40,32 250m 03:16.43 41,42 350m 04:40.86 42,27
100m 01:14.01 38,75 200m 02:35.01 40,68 300m 03:58.59 42,16
- Sanne Hofman (NTC PARA-ZPC Hoogeveen, 200102154) [S13] 05:18.87(+83)
50m 00:35.97 35,97 150m 01:56.45 40,40 250m 03:18.43 40,66 350m 04:40.48 40,53
100m 01:16.05 40,08 200m 02:37.77 41,32 300m 03:59.95 41,52
- Feija de Bruin (WVZ, 200400106) [S10] 05:38.18(+81)
50m 00:36.77 36,77 150m 01:59.49 42,30 250m 03:25.96 43,56 350m 04:54.63 44,31
100m 01:17.19 40,42 200m 02:42.40 42,91 300m 04:10.32 44,36
- Deborah Visser (De Duinkickers, 200102666) [S10] 05:45.56(+69)
50m 00:35.96 35,96 150m 02:00.73 43,72 250m 03:29.83 45,11 350m 05:01.10 45,78
100m 01:17.01 41,05 200m 02:44.72 43,99 300m 04:15.32 45,49
- Sanne Hoving (HZ&PC Heerenveen, 200003332) [S9] 06:02.12(+90)
50m 00:39.01 39,01 150m 02:08.73 45,72 250m 03:42.02 47,27 350m 05:14.96 46,17
100m 01:23.01 44,00 200m 02:54.75 46,02 300m 04:28.79 46,77

3. 400m vrije slag - Dames

11 - 11 jaar (Junioren 1)

- Myrthe Natzijl (De Kikker, 200400076) 04:56.02(+76)
50m 00:32.98 32,98 150m 01:47.30 37,84 250m 03:04.10 38,30 350m 04:19.44 37,28
100m 01:09.46 36,48 200m 02:25.80 38,50 300m 03:42.16 38,06
- Janna van Kooten (TriVia, 200404584) 05:01.42(+80)
50m 00:32.66 32,66 150m 01:48.69 38,81 250m 03:03.59 37,04 350m 04:22.90 42,92
100m 01:09.88 37,22 200m 02:26.55 37,86 300m 03:39.98 36,39
- Bridget de Bat (De Schelde, 200400382) 05:06.03(+86)
50m 00:33.20 33,20 150m 01:49.91 39,48 250m 03:08.57 39,73 350m 04:28.52 40,54
100m 01:10.43 37,23 200m 02:28.84 38,93 300m 03:47.98 39,41
- Ismay Lichtendonk (Dedemsvaart-AC, 200400622) 05:06.98(+83)
50m 00:34.21 34,21 150m 01:50.67 38,43 250m 03:10.13 39,68 350m 04:30.36 38,99
100m 01:12.24 38,03 200m 02:30.45 39,78 300m 03:51.37 41,24
- Luna de Vries (Aqua-Novio'94, 200400516) 05:07.34(+70)
50m 00:33.63 33,63 150m 01:51.09 39,18 250m 03:10.26 39,69 350m 04:29.52 39,26
100m 01:11.91 38,28 200m 02:30.57 39,48 300m 03:50.26 40,00
- Anna van Droffelaar (ZVVS, 200400258) 05:07.92(+62)
50m 00:32.19 32,19 150m 01:49.50 39,44 250m 03:09.08 40,72 350m 04:30.00 41,48
100m 01:10.06 37,87 200m 02:28.36 38,86 300m 03:48.52 39,44
- Kyomi Groenhart (DZ&PC, 200400628) 05:08.34
50m 00:35.14 35,14 150m 01:52.89 39,40 250m 03:12.33 39,98 350m 04:30.77 39,14
100m 01:13.49 38,35 200m 02:32.35 39,46 300m 03:51.63 39,30
- Lorena Dreschers (Hellas-Glana, 200401364) 05:14.30(+80)
50m 00:36.08 36,08 150m 01:56.34 40,59 250m 03:17.90 40,88 350m 04:37.36 39,09
100m 01:15.75 39,67 200m 02:37.02 40,68 300m 03:58.27 40,37
- Marieke Lenderink (De Dinkel, 200400778) 05:14.39(+75)

	50m 00:35.32 35,32	150m 01:56.24 40,66	250m 03:16.38 40,11	350m 04:36.72 40,18	
	100m 01:15.58 40,26	200m 02:36.27 40,03	300m 03:56.54 40,16		
10. Charlotte Wilbers (ZPC Hoogeveen, 200400312)					05:14.79(+83)
	50m 00:35.35 35,35	150m 01:54.39 39,30	250m 03:15.33 39,59	350m 04:36.08 39,66	
	100m 01:15.09 39,74	200m 02:35.74 41,35	300m 03:56.42 41,09		
11. Veerle Nieborg (TriVia, 200400428)					05:15.57(+78)
	50m 00:34.23 34,23	150m 01:53.49 40,61	250m 03:14.28 40,07	350m 04:35.74 40,72	
	100m 01:12.88 38,65	200m 02:34.21 40,72	300m 03:55.02 40,74		
12. Anna Tiemersma (ZPC De Zeeuwse Kust, 200400686)					05:17.10(+73)
	50m 00:35.84 35,84	150m 01:56.09 40,37	250m 03:17.39 40,28	350m 04:38.93 40,58	
	100m 01:15.72 39,88	200m 02:37.11 41,02	300m 03:58.35 40,96		
13. Amy Tebben (Eurode KZC, 200400108)					05:17.69(+82)
	50m 00:34.09 34,09	150m 01:52.70 39,59	250m 03:15.23 41,18	350m 04:37.82 41,38	
	100m 01:13.11 39,02	200m 02:34.05 41,35	300m 03:56.44 41,21		
14. Sterre-Marit Drok (Stadskanaal, 200400880)					05:17.77(+71)
	50m 00:35.44 35,44	150m 01:55.08 39,60	250m 03:16.06 40,39	350m 04:38.31 40,28	
	100m 01:15.48 40,04	200m 02:35.67 40,59	300m 03:58.03 41,97		
15. Rinske Bouman (ZZ&PC De Devel, 200400578)					05:18.78(+78)
	50m 00:33.98 33,98	150m 01:52.57 40,40	250m 03:15.23 41,26	350m 04:39.71 41,94	
	100m 01:12.17 38,19	200m 02:33.97 41,40	300m 03:57.77 42,54		
16. Nora Weerman (Orca, 200400620)					05:22.83(+80)
	50m 00:35.53 35,53	150m 01:55.66 40,65	250m 03:19.22 41,52	350m 04:43.16 41,95	
	100m 01:15.01 39,48	200m 02:37.70 42,04	300m 04:01.21 41,99		
17. Sophie Stekelenburg (Zwemlust-den Hommel, 200400166)					05:23.59(+91)
	50m 00:34.99 34,99	150m 01:54.69 40,31	250m 03:18.23 41,52	350m 04:43.57 42,46	
	100m 01:14.38 39,39	200m 02:36.71 42,02	300m 04:01.11 42,88		
18. Anniek van Boheemen (De Haaien, 200400920)					05:24.01(+77)
	50m 00:35.40 35,40	150m 01:56.95 41,48	250m 03:21.52 42,13	350m 04:45.62 40,99	
	100m 01:15.47 40,07	200m 02:39.39 42,44	300m 04:04.63 43,11		
19. Naya Koc (DAW, 200400688)					05:25.59(+96)
	50m 00:35.75 35,75	150m 01:57.75 41,86	250m 03:22.28 42,18	350m 04:46.12 41,67	
	100m 01:15.89 40,14	200m 02:40.10 42,35	300m 04:04.45 42,17		
20. Kim Servaas (PSV, 200400836)					05:25.70(+75)
	50m 00:34.69 34,69	150m 01:55.79 41,10	250m 03:20.38 42,02	350m 04:44.48 41,31	
	100m 01:14.69 40,00	200m 02:38.36 42,57	300m 04:03.17 42,79		
21. Alysha de Jong (ZPCH, 200400086)					05:26.03(+92)
	50m 00:34.95 34,95	150m 01:56.42 41,72	250m 03:20.54 42,64	350m 04:45.45 42,61	
	100m 01:14.70 39,75	200m 02:37.90 41,48	300m 04:02.84 42,30		
22. Loes Sotthewes (WS Twente, 200401792)					05:30.62(+89)
	50m 00:36.68 36,68	150m 02:00.23 43,03	250m 03:25.58 42,58	350m 04:51.57 42,97	
	100m 01:17.20 40,52	200m 02:43.00 42,77	300m 04:08.60 43,02		
23. Mary Kate Farrell (The Hague Swimming (SG), 200402870)					05:36.35(+70)
	50m 00:37.47 37,47	150m 02:01.68 42,63	250m 03:28.57 43,39	350m 04:55.21 43,86	
	100m 01:19.05 41,58	200m 02:45.18 43,50	300m 04:11.35 42,78		
4. 400m vrije slag - Dames					
12 - 12 jaar (Junioren 2)					
1. Merel Hijink (PSV, 200304732)					04:41.84(+71)
	50m 00:32.39 32,39	150m 01:44.49 35,84	250m 02:56.61 36,61	350m 04:08.16 35,65	
	100m 01:08.65 36,26	200m 02:20.00 35,51	300m 03:32.51 35,90		
2. Imke Beekman (NIMO, 200301950)					04:44.96(+68)
	50m 00:32.39 32,39	150m 01:44.32 36,02	250m 02:56.59 35,94	350m 04:09.16 36,36	
	100m 01:08.30 35,91	200m 02:20.65 36,33	300m 03:32.80 36,21		
3. Eva Geilenkirchen (The Hague Swimming (SG), 200302834)					04:49.46(+73)
	50m 00:30.13 30,13	150m 01:41.80 36,76	250m 02:56.13 36,65	350m 04:12.37 38,68	

	100m 01:05.04 34,91	200m 02:19.48 37,68	300m 03:33.69 37,56		
4. Gaia Sterre Mirotti (VZC E&P, 200305158)					04:50.52(+73)
	50m 00:32.86 32,86	150m 01:45.74 37,00	250m 03:00.42 37,56	350m 04:14.89 37,29	
	100m 01:08.74 35,88	200m 02:22.86 37,12	300m 03:37.60 37,18		
5. Megan de Hoog (SCOM/De Zeehond'73 (SG), 200300214)					04:52.17(+80)
	50m 00:32.35 32,35	150m 01:44.35 36,32	250m 02:58.02 36,77	350m 04:15.13 37,74	
	100m 01:08.03 35,68	200m 02:21.25 36,90	300m 03:37.39 39,37		
6. Lindsey Berghuis (ZV 44, 200300104)					04:53.14(+74)
	50m 00:32.42 32,42	150m 01:45.42 36,87	250m 03:01.22 37,92	350m 04:17.16 37,80	
	100m 01:08.55 36,13	200m 02:23.30 37,88	300m 03:39.36 38,14		
7. Suze Kuipers (Orca, 200301714)					04:59.67(+73)
	50m 00:32.79 32,79	150m 01:46.50 37,52	250m 03:03.47 38,78	350m 04:21.97 39,11	
	100m 01:08.98 36,19	200m 02:24.69 38,19	300m 03:42.86 39,39		
8. Judith Houtvast (Hellas-Glana, 200300714)					05:00.79(+81)
	50m 00:33.74 33,74	150m 01:50.07 38,65	250m 03:08.98 39,21	350m 04:25.72 37,68	
	100m 01:11.42 37,68	200m 02:29.77 39,70	300m 03:48.04 39,06		
9. Dominique van Vuure (ZPCH, 200303346)					05:02.01(+75)
	50m 00:32.56 32,56	150m 01:45.77 37,73	250m 03:04.81 39,63	350m 04:24.23 38,81	
	100m 01:08.04 35,48	200m 02:25.18 39,41	300m 03:45.42 40,61		
10. Tessa Takken (Zwemvereniging Hoorn, 200301692)					05:03.95(+83)
	50m 00:33.67 33,67	150m 01:51.23 39,29	250m 03:10.35 39,64	350m 04:27.64 38,22	
	100m 01:11.94 38,27	200m 02:30.71 39,48	300m 03:49.42 39,07		
11. Lieke Nijmeijer (ZPC AMERSFOORT, 200300124)					05:04.08(+68)
	50m 00:34.18 34,18	150m 01:52.45 39,78	250m 03:11.62 39,02	350m 04:27.77 38,05	
	100m 01:12.67 38,49	200m 02:32.60 40,15	300m 03:49.72 38,10		
12. Mila Maas (PSV, 200302966)					05:06.55(+77)
	50m 00:34.39 34,39	150m 01:52.83 39,84	250m 03:11.55 39,20	350m 04:29.55 38,95	
	100m 01:12.99 38,60	200m 02:32.35 39,52	300m 03:50.60 39,05		
13. Anna Tinga (De Forel, 200302734)					05:08.35(+74)
	50m 00:33.54 33,54	150m 01:50.34 39,78	250m 03:10.16 40,53	350m 04:30.90 40,11	
	100m 01:10.56 37,02	200m 02:29.63 39,29	300m 03:50.79 40,63		
14. Esmeralda Duarte de Pina (ZV De Zaan, 200302744)					05:08.49(+72)
	50m 00:34.46 34,46	150m 01:52.47 39,77	250m 03:12.07 39,46	350m 04:30.26 38,44	
	100m 01:12.70 38,24	200m 02:32.61 40,14	300m 03:51.82 39,75		
15. Amy Koelman (De Columbiaan, 200300922)					05:08.73(+70)
	50m 00:33.38 33,38	150m 01:51.14 39,89	250m 03:11.75 40,33	350m 04:31.57 38,81	
	100m 01:11.25 37,87	200m 02:31.42 40,28	300m 03:52.76 41,01		
16. Anisa Groeneschey (LZ 1886, 200300788)					05:13.59(+75)
	50m 00:33.02 33,02	150m 01:49.31 39,08	250m 03:10.51 40,83	350m 04:33.23 41,09	
	100m 01:10.23 37,21	200m 02:29.68 40,37	300m 03:52.14 41,63		
5. 400m vrije slag - Dames					
13 - 13 jaar (Junioren 3)					
1. Imani de Jong (ZPCH, 200200464)					04:32.53(+76)
	50m 00:30.22 30,22	150m 01:39.22 34,96	250m 02:48.67 34,72	350m 03:58.64 35,06	
	100m 01:04.26 34,04	200m 02:13.95 34,73	300m 03:23.58 34,91		
2. Nienke Jonk (Hieronymus, 200203000)					04:38.00(+79)
	50m 00:31.34 31,34	150m 01:40.49 35,48	250m 02:52.89 36,32	350m 04:04.49 35,43	
	100m 01:05.01 33,67	200m 02:16.57 36,08	300m 03:29.06 36,17		
3. Femke Spiering (VZC E&P, 200204514)					04:39.60(+79)
	50m 00:30.60 30,60	150m 01:39.81 35,15	250m 02:51.40 36,11	350m 04:04.52 36,37	
	100m 01:04.66 34,06	200m 02:15.29 35,48	300m 03:28.15 36,75		
4. Samantha van Vuure (ZPCH, 200200230)					04:48.75(+74)
	50m 00:31.83 31,83	150m 01:44.42 37,16	250m 02:58.94 37,49	350m 04:13.55 37,19	
	100m 01:07.26 35,43	200m 02:21.45 37,03	300m 03:36.36 37,42		

5. Isabel Dijkstra (Hellas-Glana, 200200918)					04:48.85(+79)
50m	00:32.37 32,37	150m	01:43.88 36,26	250m	02:58.18 37,55
100m	01:07.62 35,25	200m	02:20.63 36,75	300m	03:35.58 37,40
350m	04:13.38 37,80				
6. Denise van der Burgt (Zeester-Meerval, 200201812)					04:48.92(+80)
50m	00:32.80 32,80	150m	01:45.20 36,16	250m	02:59.22 37,27
100m	01:09.04 36,24	200m	02:21.95 36,75	300m	03:36.09 36,87
350m	04:13.21 37,12				
7. Famke Slabbers (Arethusa, 200200100)					04:49.42(+75)
50m	00:33.04 33,04	150m	01:47.17 37,13	250m	03:01.57 37,19
100m	01:10.04 37,00	200m	02:24.38 37,21	300m	03:38.37 36,80
350m	04:14.65 36,28				
8. Christy Geurts (RTC - WVZ, 200203734)					04:49.46(+76)
50m	00:33.45 33,45	150m	01:47.40 37,23	250m	03:01.71 37,23
100m	01:10.17 36,72	200m	02:24.48 37,08	300m	03:38.69 36,98
350m	04:15.61 36,92				
9. Iris Dijkstra (NIMO, 200201766)					04:49.55(+74)
50m	00:32.85 32,85	150m	01:46.11 36,80	250m	03:00.22 37,06
100m	01:09.31 36,46	200m	02:23.16 37,05	300m	03:37.27 37,05
350m	04:13.91 36,64				
10. Kiki Koopman (De Dinkel, 200200232)					04:51.02(+74)
50m	00:32.22 32,22	150m	01:46.78 37,90	250m	03:01.92 37,33
100m	01:08.88 36,66	200m	02:24.59 37,81	300m	03:38.95 37,03
350m	04:15.87 36,92				
11. Sterre Veersma (Nunspeet, 200203550)					04:51.25(+73)
50m	00:31.80 31,80	150m	01:45.57 37,65	250m	03:00.77 37,12
100m	01:07.92 36,12	200m	02:23.65 38,08	300m	03:38.84 38,07
350m	04:16.01 37,17				
12. Hanne te Velthuis (Dedemsvaart-AC, 200201324)					04:51.91(+81)
50m	00:32.15 32,15	150m	01:45.47 36,94	250m	03:00.62 37,46
100m	01:08.53 36,38	200m	02:23.16 37,69	300m	03:38.55 37,93
350m	04:16.28 37,73				
13. Jessica Herbst (PSV, 200205572)					04:54.48(+76)
50m	00:32.30 32,30	150m	01:45.71 37,47	250m	03:00.14 37,64
100m	01:08.24 35,94	200m	02:22.50 36,79	300m	03:39.00 38,86
350m	04:17.58 38,58				
14. Ilse Kraaijeveld (MNC Dordrecht, 200202190)					04:55.46(+70)
50m	00:33.59 33,59	150m	01:48.64 37,88	250m	03:03.34 37,55
100m	01:10.76 37,17	200m	02:25.79 37,15	300m	03:41.56 38,22
350m	04:19.36 37,80				
15. Lianne van Wier (HZ&PC Heerenveen, 200200438)					05:02.25(+73)
50m	00:34.30 34,30	150m	01:50.68 39,06	250m	03:08.32 38,79
100m	01:11.62 37,32	200m	02:29.53 38,85	300m	03:47.53 39,21
350m	04:26.90 39,37				
16. Janneke Ruiter (De Houtrib, 200200782)					05:03.05(+71)
50m	00:33.55 33,55	150m	01:50.59 39,09	250m	03:08.48 39,49
100m	01:11.50 37,95	200m	02:28.99 38,40	300m	03:47.35 38,87
350m	04:26.89 39,54				
6. 400m vrije slag - Heren					
16 - 17 jaar (Jeugd 1 en 2)					
1. Frank Roovers (RTC - PSV, 199800219)					04:00.34(+74)
50m	00:26.88 26,88	150m	01:26.89 30,62	250m	02:28.94 31,01
100m	00:56.27 29,39	200m	01:57.93 31,04	300m	02:59.73 30,79
350m	03:30.36 30,63				
2. Jorgos Skotadis (RTC - De Dolfijn, 199803317)					04:07.24(+70)
50m	00:27.42 27,42	150m	01:28.69 31,02	250m	02:31.65 31,57
100m	00:57.67 30,25	200m	02:00.08 31,39	300m	03:03.57 31,92
350m	03:35.76 32,19				
3. Bart Sommeling (De Dolfijn, 199800765)					04:10.99(+64)
50m	00:27.75 27,75	150m	01:30.22 31,56	250m	02:33.72 31,81
100m	00:58.66 30,91	200m	02:01.91 31,69	300m	03:06.20 32,48
350m	03:38.64 32,44				
4. Berjen Mellema (RTC - Nova, 199800615)					04:12.52(+77)
50m	00:28.46 28,46	150m	01:32.23 32,21	250m	02:37.09 32,54
100m	01:00.02 31,56	200m	02:04.55 32,32	300m	03:09.65 32,56
350m	03:41.78 32,13				
5. Stijn Simons (PSV, 199900813)					04:14.78(+72)
50m	00:28.56 28,56	150m	01:32.04 32,19	250m	02:36.97 32,11
100m	00:59.85 31,29	200m	02:04.86 32,82	300m	03:10.79 33,82
350m	03:42.94 32,15				
6. Dario van Hulst (Kimbria, 199903169)					04:15.45(+75)

	50m 00:28.24 28,24	150m 01:32.65 32,72	250m 02:37.85 32,57	350m 03:43.47 32,68	
	100m 00:59.93 31,69	200m 02:05.28 32,63	300m 03:10.79 32,94		
7. Bas Takken (NTC PARA-ZV Hoorn, 199901643) [S10]					04:19.10(+78)
	50m 00:28.26 28,26	150m 01:32.46 32,76	250m 02:39.10 33,17	350m 03:46.46 33,55	
	100m 00:59.70 31,44	200m 02:05.93 33,47	300m 03:12.91 33,81		
8. Jorian Tanis (De Schotelijl, 199900327)					04:20.29(+83)
	50m 00:29.24 29,24	150m 01:35.24 33,42	250m 02:42.05 32,76	350m 03:48.34 32,79	
	100m 01:01.82 32,58	200m 02:09.29 34,05	300m 03:15.55 33,50		
9. Joris Bezemer (De Kempvis, 199900527)					04:20.50(+77)
	50m 00:30.40 30,40	150m 01:36.62 33,41	250m 02:43.02 33,15	350m 03:49.33 32,70	
	100m 01:03.21 32,81	200m 02:09.87 33,25	300m 03:16.63 33,61		
10. Timos Skotadis (De Dolfijn, 199804615)					04:23.66(+63)
	50m 00:29.54 29,54	150m 01:36.45 33,61	250m 02:43.94 33,53	350m 03:50.68 33,11	
	100m 01:02.84 33,30	200m 02:10.41 33,96	300m 03:17.57 33,63		
11. Friso van der Meulen (TriVia, 199800617)					04:26.03(+78)
	50m 00:29.26 29,26	150m 01:35.30 33,68	250m 02:43.24 34,47	350m 03:52.41 34,83	
	100m 01:01.62 32,36	200m 02:08.77 33,47	300m 03:17.58 34,34		
12. Noa Eversdijk (ZPC De Zeeuwse Kust, 199903595)					04:27.02(+80)
	50m 00:28.90 28,90	150m 01:35.38 33,43	250m 02:43.25 33,49	350m 03:53.01 34,99	
	100m 01:01.95 33,05	200m 02:09.76 34,38	300m 03:18.02 34,77		
13. Wilko Blaauw (De Waalstroom, 199801513)					04:27.72(+69)
	50m 00:28.96 28,96	150m 01:35.48 33,88	250m 02:45.09 35,18	350m 03:54.26 34,20	
	100m 01:01.60 32,64	200m 02:09.91 34,43	300m 03:20.06 34,97		
14. Lars van der Haijden (Hellas-Glana, 199900225)					04:32.17(+71)
	50m 00:29.25 29,25	150m 01:37.61 34,86	250m 02:47.85 35,12	350m 03:58.75 35,14	
	100m 01:02.75 33,50	200m 02:12.73 35,12	300m 03:23.61 35,76		
15. Cédric Broere (Hieronymus, 199902227)					04:32.89(+69)
	50m 00:29.20 29,20	150m 01:37.06 34,63	250m 02:47.04 35,16	350m 03:58.05 35,81	
	100m 01:02.43 33,23	200m 02:11.88 34,82	300m 03:22.24 35,20		
207. 400m vrije slag - Heren					
12 - 17 jaar					
1. Bas Takken (NTC PARA-ZV Hoorn, 199901643) [S10]					04:19.10(+78)
	50m 00:28.26 28,26	150m 01:32.46 32,76	250m 02:39.10 33,17	350m 03:46.46 33,55	
	100m 00:59.70 31,44	200m 02:05.93 33,47	300m 03:12.91 33,81		
2. Rogier Dorsman (NTC PARA-ZZ&PC De Devel, 199900211) [S12]					04:36.10(+70)
	50m 00:30.75 30,75	150m 01:39.65 34,63	250m 02:50.33 35,73	350m 04:01.75 35,61	
	100m 01:05.02 34,27	200m 02:14.60 34,95	300m 03:26.14 35,81		
3. Bastian Renshoff (Octopus, 200001261) [S10]					04:36.57(+92)
	50m 00:30.98 30,98	150m 01:40.09 34,82	250m 02:50.22 35,12	350m 04:01.62 35,76	
	100m 01:05.27 34,29	200m 02:15.10 35,01	300m 03:25.86 35,64		
4. Sebastiaan Broere (Hieronymus, 199803687) [S14]					04:50.42(+79)
	50m 00:31.71 31,71	150m 01:43.63 36,27	250m 02:57.74 37,35	350m 04:13.34 38,00	
	100m 01:07.36 35,65	200m 02:20.39 36,76	300m 03:35.34 37,60		
5. Querijn Hensen (De Duinkickers, 200102121) [S10]					04:54.42(+75)
	50m 00:31.46 31,46	150m 01:44.28 37,13	250m 03:01.04 38,26	350m 04:18.13 38,23	
	100m 01:07.15 35,69	200m 02:22.78 38,50	300m 03:39.90 38,86		
6. Sam Janmaat (De Duinkickers, 200203017) [S10]					04:58.05(+72)
	50m 00:32.35 32,35	150m 01:47.78 38,72	250m 03:04.30 38,38	350m 04:21.38 38,44	
	100m 01:09.06 36,71	200m 02:25.92 38,14	300m 03:42.94 38,64		
7. Nathan van Wees (De Houtrib, 200101427) [S10]					05:29.96(+51)
	50m 00:35.33 35,33	150m 01:57.25 41,57	250m 03:23.57 43,60	350m 04:49.37 43,64	
	100m 01:15.68 40,35	200m 02:39.97 42,72	300m 04:05.73 42,16		
8. 100m schoolslag - Dames					
14 - 15 jaar (Jeugd 1 en 2)					

1. Rosey Metz (RTC - WVZ, 200101786) 50m 00:34.71 34,71	01:13.10(+74)
2. Sanne Busch (MNC Dordrecht, 200101486) 50m 00:35.28 35,28	01:14.19(+70)
3. Kim Vos (SBC2000, 200000990) 50m 00:34.40 34,40	01:14.42(+72)
4. Madelijne Schothans (De Veene, 200002416) 50m 00:35.26 35,26	01:14.50(+82)
5. Zara Konstapel (NDD, 200101144) 50m 00:34.75 34,75	01:15.32(+66)
6. Joyce Kuipers (Orca, 200103426) 50m 00:34.77 34,77	01:15.35(+77)
7. Lianne Bouwmeester (De Columbiaan, 200000956) 50m 00:35.87 35,87	01:15.92(+82)
8. Myrthe Bakker (MNC Dordrecht, 200000804) 50m 00:35.23 35,23	01:16.34(+77)
9. Claudia Schouten (Aquarijn, 200000812) 50m 00:36.60 36,60	01:17.71(+77)
10. Esra Erer (TriVia, 200002858) 50m 00:35.66 35,66	01:17.77(+73)
11. Inge Vieveen (RTC - WVZ, 200100024) 50m 00:36.81 36,81	01:18.00(+84)
12. Serina Damen (PSV, 200100228) 50m 00:36.31 36,31	01:18.48(+72)
13. Robin Goossens (Nuenen, 200003128) 50m 00:37.12 37,12	01:18.50(+77)
14. Isabel Aardema (ESCA Zwemmen, 200100364) 50m 00:36.54 36,54	01:18.82(+81)
15. Silke Molendijk (VZC E&P, 200100178) 50m 00:37.57 37,57	01:19.04(+75)
16. Ana Nusa Versnik (The Hague Swimming (SG), 200003496) 50m 00:36.98 36,98	01:19.36(+72)
17. Chantalle Zijderveld (NTC PARA-ZZ&PC De Devel, 200000702) [SB9] 50m 00:37.29 37,29	01:19.44(+66)
18. Jose Bijl (Het Y, 200100948) 50m 00:37.03 37,03	01:19.66(+72)
19. Lindy Elkerbout (De Veene, 200000604) 50m 00:37.65 37,65	01:20.01(+78)
20. Julia van Leeuwen (PSV, 200001464) 50m 00:37.64 37,64	01:20.32(+70)
21. Marlinde Beukers (WVZ, 200101934) 50m 00:37.44 37,44	01:20.41(+72)
22. Honia Ibrahim (De Waalstroom, 200102422) 50m 00:37.99 37,99	01:20.68(+70)
23. Marieke Wildeboer (TriVia, 200100016) 50m 00:37.06 37,06	01:20.69(+85)
24. Noa de Vries (Aqua-Novio'94, 200101556) 50m 00:37.37 37,37	01:20.87(+77)
25. Zoë Slinkman (De Mors, 200100062)	01:21.28(+80)

	50m 00:38.21 38,21	
25.	Lauren van IJll (WVZ, 200001064) 50m 00:38.10 38,10	01:21.28(+63)
27.	Quinty Jansen (Aquarijn, 200000810) 50m 00:38.20 38,20	01:21.32(+75)
28.	Paula Dorsman (d'ELFT, 200105354) 50m 00:38.24 38,24	01:21.48(+80)
29.	Lisa Kruger (NTC PARA-ZPC AMERSFOORT, 200005304) [SB9] 50m 00:38.27 38,27	01:21.61(+78)
30.	Danae Kingma (OEZA, 200001740) 50m 00:37.18 37,18	01:21.82(+83)
31.	Lonneke Kampman (PSV, 200100146) 50m 00:38.62 38,62	01:21.96(+75)
32.	Christel Brugmans (Hieronymus, 200005602) 50m 00:38.45 38,45	01:22.05(+69)
33.	Eline Duynisveld (WVZ, 200103958) 50m 00:38.69 38,69	01:22.32(+75)
34.	Eelke van Ballegooijen (De Meer, 200100684) 50m 00:38.57 38,57	01:22.39(+69)
35.	Esmee Lanckohr (NIMO, 200002442) 50m 00:38.41 38,41	01:22.74(+86)
36.	Valesca van den Bogert (Hieronymus, 200102138) 50m 00:38.80 38,80	01:22.93(+72)
37.	Lieve Göbbels (NIMO, 200000514) 50m 00:39.19 39,19	01:23.50(+72)
38.	Babet Kruger (VZC E&P, 200003390) 50m 00:40.23 40,23	01:25.42(+79)
39.	Lisanne Seising (VZC E&P, 200002084) 50m 00:39.82 39,82	01:25.57(+78)
	DIS. Tes Schouten (RTC - WVZ, 200003120)	00:00.00
209.	100m schoolslag - Dames 11 - 15 jaar (Jeugd 2 en later)	
1.	Liesette Bruinsma (NTC PARA-HZ&PC Heerenveen, 200004346) [SB11] 50m 00:41.33 41,33	01:27.33(+71)
2.	Chantalle Zijderveld (NTC PARA-ZZ&PC De Devel, 200000702) [SB9] 50m 00:37.29 37,29	01:19.44(+66)
3.	Lisa Kruger (NTC PARA-ZPC AMERSFOORT, 200005304) [SB9] 50m 00:38.27 38,27	01:21.61(+78)
4.	Deborah Visser (De Duinkickers, 200102666) [SB9] 50m 00:44.92 44,92	01:36.52(+71)
5.	Amber van der Kruk (MSV-Zeemacht, 200102730) [SB14] 50m 00:42.72 42,72	01:35.10(+92)
6.	Jonne Moleman (AZC, 200006264) [SB9] 50m 00:49.99 49,99	01:46.33(+99)
7.	Iris Onnink (De Vrije Slag, 200301836) [SB9] 50m 00:51.76 51,76	01:46.59(+94)
10.	100m vlinderslag - Heren 16 - 17 jaar (Jeugd 1 en 2)	
1.	Nyls Korstanje (RTC - Aqua Novio '94, 199901941)	00:54.55(+64)

50m 00:25.30 25,30

2. Ruben Stam (Albion, 199800331) 00:55.18(+72)
50m 00:26.01 26,01
3. Floris Kotterink (Albion, 199800199) 00:55.80(+59)
50m 00:25.85 25,85
4. Tom Donker (PSV, 199805711) 00:56.35(+64)
50m 00:25.98 25,98
5. Gauke Eilander (ZPC Hoogeveen, 199800603) 00:56.99(+69)
50m 00:26.41 26,41
6. Jens Krijgsman (RTC - De Columbiaan, 199901429) 00:57.39(+69)
50m 00:26.65 26,65
7. Frank Roovers (RTC - PSV, 199800219) 00:57.69(+70)
50m 00:26.67 26,67
8. Toine Willigers (Zwemclub Eijdsden, 199902155) 00:58.20(+69)
50m 00:26.76 26,76
9. Luuk Veldman (Orca, 199900981) 00:58.94(+67)
50m 00:27.32 27,32
10. Jesse van Dijk (De Houtrib, 199903259) 00:59.29(+69)
50m 00:26.83 26,83
11. Berjen Mellema (RTC - Nova, 199800615) 00:59.52(+75)
50m 00:27.29 27,29
12. Torben Lammerdink (WS Twente, 199900745) 01:00.08(+74)
50m 00:27.62 27,62
13. Mathieu Boers (WS Twente, 199800187) 01:00.22(+70)
50m 00:27.46 27,46
14. Jonne Schaafsma (RTC - Racing Club, 199800745) 01:00.28(+71)
50m 00:27.76 27,76
15. Ebel van Geemen (NDD, 199901095) 01:00.58(+70)
50m 00:27.92 27,92
16. Sander Kirillova (ZPCH, 199800121) 01:00.81(+73)
50m 00:28.47 28,47
17. Thomas Kappe (ZPC Hoogeveen, 199805141) 01:00.96(+68)
50m 00:28.18 28,18
18. Ingmar Hartman (De Kikker, 199801013) 01:01.01(+83)
50m 00:28.05 28,05
19. Simon Koopen (WZ&PC Purmerend, 199802127) 01:01.03(+74)
50m 00:27.77 27,77
20. Noa Eversdijk (ZPC De Zeeuwse Kust, 199903595) 01:01.06(+83)
50m 00:27.90 27,90
21. Cédric Broere (Hieronymus, 199902227) 01:02.14(+68)
50m 00:28.32 28,32
22. Matthijs van Meerendonk (Aqua'68, 199900375) 01:02.39(+70)
50m 00:28.59 28,59
23. Kalle van Gemert (ZPC De Zeeuwse Kust, 199801259) 01:02.41(+71)
50m 00:27.60 27,60
24. Ronaldo Nagtzaam (ZC AquaDream, 199803293) 01:03.35(+74)
50m 00:29.32 29,32

211. 100m vlinderslag - Heren

12 - 17 jaar

1. Tim van Duuren (NTC PARA-WIDEX GZC Donk, 199802255) [S9] 50m 00:31.69 31,69	01:09.12(+66)
2. Duncan van Haaren (NTC PARA-WIDEX GZC Donk, 200000681) [S10] 50m 00:30.25 30,25	01:07.48(+67)
3. Rogier Dorsman (NTC PARA-ZZ&PC De Devel, 199900211) [S12] 50m 00:30.71 30,71	01:08.80(+72)
4. Bas Takken (NTC PARA-ZV Hoorn, 199901643) [S10] 50m 00:31.31 31,31	01:07.83(+73)
5. Bastian Renshoff (Octopus, 200001261) [S10] 50m 00:31.65 31,65	01:09.76(+98)
6. Querijn Hensen (De Duinkickers, 200102121) [S10] 50m 00:35.40 35,40	01:19.72(+76)
12. 100m vlinderslag - Heren 12 - 12 jaar (Junioren 1)	
1. Tim Korstanje (Aqua-Novio'94, 200300053) 50m 00:31.24 31,24	01:05.81(+64)
2. Lucas Peters (PSV, 200301325) 50m 00:31.65 31,65	01:09.78(+68)
3. Milan Hamel (The Hague Swimming (SG), 200302125) 50m 00:32.70 32,70	01:10.34(+69)
4. Dylan Jansen (WVZ, 200300817) 50m 00:33.34 33,34	01:10.50(+72)
5. Timo Zittersteijn (De Rijn, 200300025) 50m 00:32.70 32,70	01:10.82(+68)
6. Ster van 't Land (ZPC AMERSFOORT, 200302015) 50m 00:32.33 32,33	01:11.20(+75)
7. Matias Jansen (ZIGNEA, 200300199) 50m 00:32.36 32,36	01:11.30(+68)
8. Keanu Streefland (The Hague Swimming (SG), 200302445) 50m 00:33.51 33,51	01:11.75(+72)
9. Nils Mulder (MNC Dordrecht, 200300049) 50m 00:33.89 33,89	01:12.31(+68)
10. Yorick Visser (ZPC De Zeeuwse Kust, 200301957) 50m 00:32.74 32,74	01:13.73(+77)
11. Sjors Lemmers (Merlet, 200300555) 50m 00:34.17 34,17	01:14.30(+65)
12. Luuk Hulleman (ZVV, 200300189) 50m 00:33.17 33,17	01:14.31(+71)
13. Rens van Beek (Aqua-Novio'94, 200300537) 50m 00:33.74 33,74	01:15.53(+68)
14. Freek Gabriels (TRB-RES, 200301407) 50m 00:33.74 33,74	01:15.62(+74)
15. Stan de Swart (PSV, 200300535) 50m 00:34.10 34,10	01:16.01(+70)
16. Michael Smink (Aquarijn, 200302169) 50m 00:34.35 34,35	01:16.21(+77)
13. 100m vlinderslag - Heren 13 - 13 jaar (Junioren 2)	
1. Bjorn van Doesburg (Aquarijn, 200201867) 50m 00:28.05 28,05	01:02.91(+68)

2. Kirill Hrabcuns (ZPC AMERSFOORT, 200201221) 50m 00:29.19 29,19	01:03.21(+72)
3. Bryan Agterdenbos (MNC Dordrecht, 200200003) 50m 00:29.37 29,37	01:03.27(+74)
4. Timo Spaans (PSV, 200201087) 50m 00:29.69 29,69	01:03.56(+66)
5. Nikhom Westphal (SCOM/De Zeehond'73 (SG), 200203329) 50m 00:30.47 30,47	01:03.73(+74)
6. Maurice Pater (TriVia, 200200909) 50m 00:29.33 29,33	01:03.86(+81)
7. Thomas Weening (De Dolfijn, 200200523) 50m 00:29.80 29,80	01:05.27(+74)
8. Joep Hoogerwerf (DWK, 200204527) 50m 00:30.59 30,59	01:05.81(+84)
9. IJsbrand Buijsters (ZC AquaDream, 200200375) 50m 00:30.48 30,48	01:06.48(+78)
10. Jarno Koster (Aqua-Novio'94, 200200637) 50m 00:30.43 30,43	01:06.71(+73)
11. Leon van den Hof (Dedemsvaart-AC, 200203269) 50m 00:30.07 30,07	01:06.96(+74)
12. Gilles Cuijpers (Zwemclub Eijsden, 200202003) 50m 00:31.24 31,24	01:08.60(+74)
13. Daniël Rykov (ZPC AMERSFOORT, 200200447) 50m 00:32.48 32,48	01:08.91(+70)
14. Sweeder Braakman (De IJsel, 200200397) 50m 00:31.24 31,24	01:09.69(+66)
15. Wessel Stupers (PSV, 200203541) 50m 00:32.36 32,36	01:10.47(+66)
16. Tristan Scholten (ZV 44, 200201683) 50m 00:31.41 31,41	01:12.20(+78)
14. 100m vlinderslag - Heren 14 - 14 jaar (Junioren 3)	
1. Jylano Nahr (NIMO, 200102593) 50m 00:27.65 27,65	00:59.12(+72)
2. Luc Kroon (RTC - DAW, 200100697) 50m 00:28.69 28,69	01:00.23(+82)
3. Austin Namesnik (ZPC AMERSFOORT, 200101817) 50m 00:27.85 27,85	01:01.14(+64)
4. Gerard Willighagen (Poseidon'56, 200103663) 50m 00:28.54 28,54	01:02.17(+72)
5. Daen Spoor (VZC E&P, 200101117) 50m 00:29.01 29,01	01:02.49(+71)
6. Rick Bulman (PSV, 200101899) 50m 00:28.71 28,71	01:02.79(+70)
7. Ivo Stolk (SCOM/De Zeehond'73 (SG), 200100615) 50m 00:29.73 29,73	01:03.56(+72)
8. Thomas Jansen (RTC - WVZ, 200100143) 50m 00:30.27 30,27	01:03.85(+77)
9. Jeroen Aerssens (Scheldestroom, 200100061)	01:04.11(+75)

	50m 00:29.35 29,35	
10.	Dave van der Voet (Zwemvereniging Hoorn, 200102783) 50m 00:31.26 31,26	01:04.19(+77)
11.	Freek Hollander (The Hague Swimming (SG), 200103815) 50m 00:30.09 30,09	01:04.23(+80)
12.	Swen van Elteren (Aquarijn, 200103331) 50m 00:29.45 29,45	01:04.57(+73)
13.	Bas Morelissen (ZPC AMERSFOORT, 200100861) 50m 00:30.00 30,00	01:04.84(+70)
14.	Jelmar Koopman (De Forel, 200100249) 50m 00:31.51 31,51	01:06.38(+69)
15.	Marnix Scheele (Scheldestroom, 200103509) 50m 00:30.20 30,20	01:06.70(+73)
16.	Jesse Zweers (Dedemsvaart-AC, 200100399) 50m 00:28.62 28,62	01:06.81(+76)
15.	100m vlinderslag - Heren 15 - 15 jaar (Junioren 4)	
1.	Ruden de Ridder (RTC - ZPC De Zeeuwse Kust, 200001587) 50m 00:26.20 26,20	00:57.47(+73)
2.	Junior de Bruin (ZPC Hoogeveen, 200000839) 50m 00:27.76 27,76	00:58.26(+72)
3.	Koen Weustink (WVZ, 200005655) 50m 00:27.02 27,02	00:59.03(+70)
4.	Tim Hoogerwerf (DWK, 200005587) 50m 00:27.45 27,45	00:59.27(+72)
5.	Vincent de Munter (NIMO, 200000181) 50m 00:27.32 27,32	00:59.39(+77)
6.	Jari Groenhart (RTC - TriVia, 200000271) 50m 00:27.99 27,99	01:00.11(+74)
7.	Wouter Schmit (PSV, 200004895) 50m 00:28.47 28,47	01:00.12(+67)
8.	Camo Mieris (MNC Dordrecht, 200001557) 50m 00:27.74 27,74	01:01.24(+71)
9.	Dennis Kamps (De Dinkel, 200000191) 50m 00:28.52 28,52	01:01.41(+75)
10.	Niels Hofmeijer (WS Twente, 200000699) 50m 00:28.69 28,69	01:02.28(+81)
11.	David Kuipers (Orca, 200003633) 50m 00:29.48 29,48	01:03.02(+76)
12.	Niels de Boer (Eurode KZC, 200001977) 50m 00:29.21 29,21	01:03.10(+76)
13.	Noah Legerstee (WVZ, 200003593) 50m 00:28.54 28,54	01:03.18(+72)
14.	Maikel van der Linden (Kimbria, 200003797) 50m 00:29.97 29,97	01:03.26(+77)
15.	Brent Gunther (De Meer, 200000447) 50m 00:30.43 30,43	01:03.29(+65)
16.	Mike Krielaart (De Dommelbaarzen, 200003695) 50m 00:29.99 29,99	01:06.60(+80)

16. 200m rugslag - Dames

14 - 15 jaar (Jeugd 1 en 2)

1. Indy Jongman (RTC - PSV, 200100528)			02:20.80(+73)
50m 00:32.88	32,88	100m 01:09.06	36,18
150m 01:45.52	36,46		
2. LouLou Janssen (RTC - De Columbiaan, 200100132)			02:22.90(+64)
50m 00:31.46	31,46	100m 01:07.28	35,82
150m 01:45.00	37,72		
3. Brigit van der Vegte (Octopus, 200000714)			02:24.56(+77)
50m 00:33.69	33,69	100m 01:10.57	36,88
150m 01:48.20	37,63		
4. Alinda Dingshoff (ZPC Hoogeveen, 200000928)			02:24.89(+68)
50m 00:34.05	34,05	100m 01:10.14	36,09
150m 01:47.65	37,51		
5. Mathilde Stolmeijer (De Dinkel, 200100590)			02:25.12(+74)
50m 00:34.23	34,23	100m 01:11.27	37,04
150m 01:48.91	37,64		
6. Eline van der Wal (HZ&PC Heerenveen, 200100930)			02:26.45(+68)
50m 00:34.44	34,44	100m 01:11.44	37,00
150m 01:48.84	37,40		
7. Kaylin Stel (De Dolfijn, 200100290)			02:27.93(+58)
50m 00:34.41	34,41	100m 01:12.47	38,06
150m 01:50.72	38,25		
8. Danieke van der Kooi (Orca, 200000552)			02:28.94(+76)
50m 00:34.51	34,51	100m 01:11.74	37,23
150m 01:50.57	38,83		
9. Fleur Donker (PSV, 200006496)			02:29.19(+55)
50m 00:34.79	34,79	100m 01:12.80	38,01
150m 01:50.85	38,05		
10. Silke Holkenborg (Montferland, 200100292)			02:29.78(+71)
50m 00:35.18	35,18	100m 01:12.80	37,62
150m 01:52.20	39,40		
11. Merel Phaff (Nuenen, 200100434)			02:30.35(+64)
50m 00:34.80	34,80	100m 01:12.21	37,41
150m 01:51.20	38,99		
12. Anouschka Steenbergen (ZPC Hoogeveen, 200000280)			02:30.92(+68)
50m 00:35.61	35,61	100m 01:13.17	37,56
150m 01:52.05	38,88		
13. Marlinde Beukers (WVZ, 200101934)			02:31.96(+62)
50m 00:35.86	35,86	100m 01:14.19	38,33
150m 01:53.74	39,55		
14. Esmée van Geest (WVZ, 200001286)			02:33.10(+66)
50m 00:34.99	34,99	100m 01:13.11	38,12
150m 01:53.07	39,96		
15. Anique Coelingh (ZPC Hoogeveen, 200000638)			02:33.27(+69)
50m 00:35.75	35,75	100m 01:14.36	38,61
150m 01:53.61	39,25		
16. Heline Koning (Bolsward-Workum (SG), 200000422)			02:33.36(+77)
50m 00:35.23	35,23	100m 01:13.91	38,68
150m 01:54.33	40,42		
17. Lotte Oude Lenferink (WS Twente, 200000496)			02:33.43(+58)
50m 00:35.96	35,96	100m 01:15.13	39,17
150m 01:55.58	40,45		
18. Sanne Barten (Aquarijn, 200101282)			02:33.44(+69)
50m 00:36.13	36,13	100m 01:14.97	38,84
150m 01:54.85	39,88		
19. Julia van Leeuwen (PSV, 200001464)			02:33.96(+67)
50m 00:35.56	35,56	100m 01:14.42	38,86
150m 01:54.93	40,51		
20. Laura Nieuwland (ZPC De Zeeuwse Kust, 200001834)			02:33.98(+86)
50m 00:36.43	36,43	100m 01:15.61	39,18
150m 01:55.37	39,76		
21. Manon Compagner (Dedemsvaart-AC, 200101710)			02:34.33(+77)
50m 00:34.31	34,31	100m 01:12.73	38,42
150m 01:53.79	41,06		
22. Isabel Aardema (ESCA Zwemmen, 200100364)			02:34.59(+75)
50m 00:36.52	36,52	100m 01:15.39	38,87
150m 01:55.52	40,13		
23. Wiktorija Redzimska (ZPC Hoogeveen, 200106042)			02:35.08(+64)
50m 00:35.76	35,76	100m 01:15.05	39,29
150m 01:55.51	40,46		
24. Brit Brandsma (De Forel, 200100026)			02:35.41(+72)
50m 00:34.63	34,63	100m 01:13.29	38,66
150m 01:54.31	41,02		

25. Anne van Blitterswijk (Aqua-Novio'94, 200103170)	50m 00:36.15 36,15	100m 01:15.29 39,14	150m 01:55.97 40,68	02:35.53(+63)
26. Lize Janna de Vries (Orca, 200101948)	50m 00:36.23 36,23	100m 01:15.58 39,35	150m 01:56.17 40,59	02:35.67(+74)
27. Manon Kampman (PSV, 200000614)	50m 00:36.79 36,79	100m 01:15.70 38,91	150m 01:56.21 40,51	02:35.72(+75)
28. Tessa van de Belt (Dedemsvaart-AC, 200102056)	50m 00:36.98 36,98	100m 01:16.46 39,48	150m 01:57.11 40,65	02:36.75(+73)
29. Marieke Thijssen (NDD, 200002124)	50m 00:36.72 36,72	100m 01:16.46 39,74	150m 01:57.36 40,90	02:37.32(+67)
30. Lauren van IJII (WVZ, 200001064)	50m 00:37.16 37,16	100m 01:17.40 40,24	150m 01:58.30 40,90	02:37.56(+67)
31. Sanne Heemskerk (LZ 1886, 200100600)	50m 00:36.01 36,01	100m 01:15.03 39,02	150m 01:56.37 41,34	02:37.67(+64)
32. Sarah Kits (WS Twente, 200101024)	50m 00:36.69 36,69	100m 01:16.39 39,70	150m 01:58.01 41,62	02:39.32(+82)
17. 200m rugslag - Dames				
<i>11 - 11 jaar (Junioren 1)</i>				
1. Jetske Moot (De Houtrib, 200400230)	50m 00:36.22 36,22	100m 01:14.73 38,51	150m 01:55.31 40,58	02:33.08(+86)
2. Myrthe Natzijs (De Kikker, 200400076)	50m 00:36.09 36,09	100m 01:14.72 38,63	150m 01:54.64 39,92	02:33.30(+68)
3. Kim van Dongen (Aqua-Novio'94, 200400140)	50m 00:36.51 36,51	100m 01:15.52 39,01	150m 01:56.22 40,70	02:35.64(+72)
4. Sterre Hendriks (PSV, 200401288)	50m 00:37.22 37,22	100m 01:17.45 40,23	150m 01:57.76 40,31	02:36.96(+63)
5. Bridget de Bat (De Schelde, 200400382)	50m 00:36.81 36,81	100m 01:16.32 39,51	150m 01:57.76 41,44	02:38.12(+71)
6. Ismay Lichtendonk (Dedemsvaart-AC, 200400622)	50m 00:38.26 38,26	100m 01:18.55 40,29	150m 02:00.03 41,48	02:39.02(+72)
7. Kyomi Groenhart (DZ&PC, 200400628)	50m 00:39.43 39,43	100m 01:21.01 41,58	150m 02:02.43 41,42	02:43.35(+74)
8. Lorena Dreschers (Hellas-Glana, 200401364)	50m 00:39.73 39,73	100m 01:22.02 42,29	150m 02:04.38 42,36	02:45.28(+70)
9. Luna de Vries (Aqua-Novio'94, 200400516)	50m 00:38.33 38,33	100m 01:20.77 42,44	150m 02:04.28 43,51	02:45.59(+72)
10. Lize van Stigt (LZ 1886, 200401510)	50m 00:38.97 38,97	100m 01:21.49 42,52	150m 02:05.40 43,91	02:46.01(+63)
11. Nienke Snel (ZPC AMERSFOORT, 200400094)	50m 00:39.22 39,22	100m 01:21.80 42,58	150m 02:05.47 43,67	02:46.22(+98)
12. Anniek van Boheemen (De Haaien, 200400920)	50m 00:39.56 39,56	100m 01:21.42 41,86	150m 02:05.22 43,80	02:46.53(+69)
13. Manon Tiggelaar (ZPC Hoogeveen, 200400394)	50m 00:39.53 39,53	100m 01:22.46 42,93	150m 02:04.89 42,43	02:46.94(+65)
14. Senna van der Veen (ZPC Hoogeveen, 200400072)	50m 00:39.02 39,02	100m 01:21.49 42,47	150m 02:04.75 43,26	02:47.48(+82)
15. Charlotte Wilbers (ZPC Hoogeveen, 200400312)	50m 00:39.93 39,93	100m 01:23.26 43,33	150m 02:06.45 43,19	02:47.83(+63)
16. Marieke Lenderink (De Dinkel, 200400778)				02:48.67(+74)

	50m 00:40.15 40,15	100m 01:23.39 43,24	150m 02:07.26 43,87	
17. Naya Koc (DAW, 200400688)	50m 00:40.21 40,21	100m 01:23.17 42,96	150m 02:07.26 44,09	02:48.79(+83)
17. Danique Slaper (TriVia, 200401914)	50m 00:38.75 38,75	100m 01:22.29 43,54	150m 02:07.77 45,48	02:48.79(+68)
19. Irma van der Wulp (WVZ, 200401950)	50m 00:39.96 39,96	100m 01:23.84 43,88	150m 02:06.80 42,96	02:48.94(+72)
20. Janna van Kooten (TriVia, 200404584)	50m 00:39.49 39,49	100m 01:23.15 43,66	150m 02:07.02 43,87	02:49.52(+95)
21. Isis Naaktgeboren (ZZ&PC De Devel, 200403914)	50m 00:39.78 39,78	100m 01:23.91 44,13	150m 02:08.25 44,34	02:50.78(+77)
22. Lois van Oijen (ESCA Zwemmen, 200402054)	50m 00:39.82 39,82	100m 01:22.85 43,03	150m 02:07.10 44,25	02:51.43(+72)
23. Luna Hofmeijer (WS Twente, 200400006)	50m 00:39.60 39,60	100m 01:23.04 43,44	150m 02:07.81 44,77	02:52.46(+75)
24. Nora van der Steen (LZ 1886, 200403458)	50m 00:41.18 41,18	100m 01:27.05 45,87	150m 02:13.05 46,00	02:59.02(+78)
18. 200m rugslag - Dames				
12 - 12 jaar (Junioren 2)				
1. Joy van Dieren (De Dinkel, 200300182)	50m 00:33.11 33,11	100m 01:10.87 37,76	150m 01:49.66 38,79	02:27.00(+68)
2. Suze Kuipers (Orca, 200301714)	50m 00:35.66 35,66	100m 01:13.32 37,66	150m 01:51.77 38,45	02:29.69(+63)
3. Merel Hijink (PSV, 200304732)	50m 00:35.54 35,54	100m 01:13.23 37,69	150m 01:52.50 39,27	02:30.43(+66)
4. Britta Koehorst (RTC - De Lansingh, 200300246)	50m 00:34.17 34,17	100m 01:12.77 38,60	150m 01:52.34 39,57	02:32.31(+66)
5. Demi van Hulst (Kimbria, 200300140)	50m 00:35.17 35,17	100m 01:13.26 38,09	150m 01:53.33 40,07	02:32.69(+64)
6. Maaïke Issard (De Houtrib, 200300022)	50m 00:35.71 35,71	100m 01:14.26 38,55	150m 01:55.30 41,04	02:35.09(+82)
7. Lindsey Berghuis (ZV 44, 200300104)	50m 00:37.15 37,15	100m 01:17.65 40,50	150m 01:58.43 40,78	02:35.48(+84)
8. Amber Celie (De Dolfijn, 200300756)	50m 00:36.74 36,74	100m 01:16.96 40,22	150m 01:57.74 40,78	02:36.00(+74)
9. Eva Geilenkirchen (The Hague Swimming (SG), 200302834)	50m 00:35.35 35,35	100m 01:15.02 39,67	150m 01:55.77 40,75	02:36.18(+75)
10. Romy de Weijer (ESCA Zwemmen, 200301896)	50m 00:36.04 36,04	100m 01:15.57 39,53	150m 01:56.83 41,26	02:37.56(+65)
11. Babet de Voogd (ZPC De Zeeuwse Kust, 200301362)	50m 00:35.90 35,90	100m 01:15.36 39,46	150m 01:56.64 41,28	02:37.86(+65)
12. Kim Zwinkels (ZPCH, 200300422)	50m 00:36.84 36,84	100m 01:16.95 40,11	150m 01:58.10 41,15	02:38.31(+72)
13. Jocelyn Horbeek (ZPC De Hof, 200300302)	50m 00:36.70 36,70	100m 01:16.42 39,72	150m 01:58.82 42,40	02:39.15(+70)
14. Brenda Beijering (Borger, 200300352)	50m 00:37.84 37,84	100m 01:18.15 40,31	150m 01:59.52 41,37	02:39.44(+57)
15. Amy Lynn Zweers (Dedemsvaart-AC, 200300390)	50m 00:38.57 38,57	100m 01:19.75 41,18	150m 02:01.91 42,16	02:40.99(+66)

16. Tessa Takken (Zwemvereniging Hoorn, 200301692)				02:42.39(+88)
50m	00:37.77	37,77	100m 01:19.70	41,93
150m	02:01.26	41,56		
17. Milou ten Koppel (Deltasteur, 200302572)				02:42.91(+64)
50m	00:37.37	37,37	100m 01:18.63	41,26
150m	02:01.81	43,18		
18. Megan de Hoog (SCOM/De Zeehond'73 (SG), 200300214)				02:43.24(+66)
50m	00:37.68	37,68	100m 01:19.47	41,79
150m	02:01.26	41,79		
19. Lotte Pieterman (Swol 1894, 200301838)				02:43.63(+67)
50m	00:38.38	38,38	100m 01:20.71	42,33
150m	02:02.96	42,25		
20. Yvonne Engel (ZV De Zaan, 200300780)				02:45.60(+67)
50m	00:37.99	37,99	100m 01:19.26	41,27
150m	02:02.66	43,40		
21. Quinty Rouschop (NIMO, 200300208)				02:46.35(+66)
50m	00:37.58	37,58	100m 01:20.43	42,85
150m	02:04.35	43,92		
22. Femke Hoppenbrouwer (De Duinkickers, 200301124)				02:46.62(+67)
50m	00:36.47	36,47	100m 01:18.48	42,01
150m	02:02.91	44,43		
DIS. Amy de Sain (De Dolfijn, 200304690)				00:00.00
19. 200m rugslag - Dames				
13 - 13 jaar (Junioren 3)				
1. Birgit van Buiten (Aquapoldro, 200200498)				02:23.48(+71)
50m	00:34.04	34,04	100m 01:10.35	36,31
150m	01:47.40	37,05		
2. Danique Bernard (Ed-Vo, 200200224)				02:26.85(+62)
50m	00:35.10	35,10	100m 01:12.75	37,65
150m	01:50.37	37,62		
3. Nikki Smeets (NIMO, 200200080)				02:27.14(+63)
50m	00:34.89	34,89	100m 01:12.50	37,61
150m	01:50.04	37,54		
4. Elise Tanis (RTC - De Schoteijl, 200200120)				02:30.64(+64)
50m	00:34.35	34,35	100m 01:12.16	37,81
150m	01:51.98	39,82		
5. Femke Spiering (VZC E&P, 200204514)				02:31.31(+81)
50m	00:35.72	35,72	100m 01:13.95	38,23
150m	01:52.92	38,97		
6. Carlijn Hansté (WS Twente, 200201082)				02:31.45(+76)
50m	00:34.03	34,03	100m 01:12.71	38,68
150m	01:52.54	39,83		
7. Kiki Koopman (De Dinkel, 200200232)				02:32.42(+78)
50m	00:36.02	36,02	100m 01:15.00	38,98
150m	01:54.00	39,00		
8. Dionne Salomons (Borger, 200200504)				02:33.14(+58)
50m	00:35.38	35,38	100m 01:13.87	38,49
150m	01:54.31	40,44		
9. Yara van Kalmthout (Nova, 200200984)				02:33.19(+63)
50m	00:35.52	35,52	100m 01:14.73	39,21
150m	01:54.46	39,73		
10. Tessa Kooi (Nova, 200201386)				02:34.06(+74)
50m	00:35.67	35,67	100m 01:14.57	38,90
150m	01:54.17	39,60		
11. Samantha van Vuure (ZPCH, 200200230)				02:34.33(+76)
50m	00:36.33	36,33	100m 01:15.56	39,23
150m	01:55.51	39,95		
12. Lieke Oude Lenferink (WS Twente, 200200068)				02:35.31(+67)
50m	00:34.03	34,03	100m 01:13.56	39,53
150m	01:54.64	41,08		
13. Bo Souhoka (Hellas-Glana, 200201186)				02:35.62(+71)
50m	00:34.89	34,89	100m 01:14.59	39,70
150m	01:55.83	41,24		
14. Jessica Herbst (PSV, 200205572)				02:36.24(+71)
50m	00:35.74	35,74	100m 01:14.88	39,14
150m	01:55.87	40,99		
15. Ylsa Dijkstra (Bolsward-Workum (SG), 200200728)				02:37.16(+64)
50m	00:37.05	37,05	100m 01:17.23	40,18
150m	01:57.39	40,16		
16. Anne Paulusse (De Warande, 200200834)				02:37.92(+74)
50m	00:36.62	36,62	100m 01:16.49	39,87
150m	01:57.24	40,75		

17. Sanne Abma (HZ&PC Heerenveen, 200200590)	02:38.10(+72)
50m 00:37.10 37,10 100m 01:17.39 40,29 150m 01:58.24 40,85	
18. Roma Vrijhof (De Lansingh, 200201306)	02:38.87(+72)
50m 00:35.07 35,07 100m 01:14.76 39,69 150m 01:57.17 42,41	
19. Inge Dekker (TriVia, 200200476)	02:39.05(+74)
50m 00:36.90 36,90 100m 01:17.41 40,51 150m 01:58.57 41,16	
20. Maaïke Broersma (BZ&PC, 200201522)	02:40.35(+78)
50m 00:36.48 36,48 100m 01:17.28 40,80 150m 01:58.79 41,51	
21. Roos Englebert (Hieronymus, 200200606)	02:41.26(+68)
50m 00:38.67 38,67 100m 01:20.83 42,16 150m 02:02.80 41,97	
22. Yentle Muller (ESCA Zwemmen, 200200704)	02:42.00(+73)
50m 00:36.96 36,96 100m 01:18.06 41,10 150m 01:59.90 41,84	
23. Hannah Franssen (PSV, 200202646)	02:44.79(+64)
50m 00:38.07 38,07 100m 01:19.21 41,14 150m 02:02.12 42,91	
DIS. Lotte Hosper (De Fuut, 200201414)	00:00.00
20. 100m rugslag - Heren	
16 - 17 jaar (<i>Jeugd 1 en 2</i>)	
1. Tom Donker (PSV, 199805711)	00:58.27(+69)
50m 00:28.43 28,43	
2. Luuk Veldman (Orca, 199900981)	00:59.75(+52)
50m 00:28.71 28,71	
3. Sam Haring (DAW, 199901491)	01:00.61(+82)
50m 00:29.85 29,85	
4. Toine Willigers (Zwemclub Eijdsen, 199902155)	01:00.74(+58)
50m 00:29.63 29,63	
5. Ruben Griffioen (De Columbiaan, 199900771)	01:01.81(+61)
50m 00:29.69 29,69	
6. Thijs Molendijk (VZC E&P, 199900477)	01:02.04(+63)
50m 00:30.51 30,51	
7. Jaro Musters (Hieronymus, 199801141)	01:02.09(+63)
50m 00:29.78 29,78	
8. Gauke Eilander (ZPC Hoogeveen, 199800603)	01:02.14(+67)
50m 00:29.78 29,78	
9. Torben Lammerdink (WS Twente, 199900745)	01:02.21(+76)
50m 00:30.18 30,18	
10. Jesse van Dijk (De Houtrib, 199903259)	01:03.38(+69)
50m 00:30.60 30,60	
11. Dave Jansen (Albion, 199805299)	01:04.15(+55)
50m 00:31.13 31,13	
12. Wilko Blaauw (De Waalstroom, 199801513)	01:04.49(+75)
50m 00:31.58 31,58	
13. Justus Ykema (DWK, 199900029)	01:04.51(+63)
50m 00:31.04 31,04	
14. Jelle Dekker (De Grunte, 199901621)	01:04.55(+81)
50m 00:31.00 31,00	
15. Stijn van Aken (ZPC AMERSFOORT, 199902649)	01:04.66(+69)
50m 00:31.33 31,33	
16. Ingmar Hartman (De Kikker, 199801013)	01:04.71(+63)
50m 00:31.43 31,43	

17. Friso van der Meulen (TriVia, 199800617) 50m 00:31.27 31,27	01:05.13(+78)
18. Jorian Tanis (De Schotegil, 199900327) 50m 00:32.21 32,21	01:05.18(+77)
19. Max Muller (De Geul, 199800347) 50m 00:31.32 31,32	01:05.20(+63)
20. Lex Sandburg (ZV De Zaan, 199800699) 50m 00:31.25 31,25	01:05.80(+72)
21. Max Voortman (De Berkelduikers, 199902923) 50m 00:31.49 31,49	01:05.87(+59)
22. Niek Heethaar (Aquapoldro, 199900999) 50m 00:31.35 31,35	01:06.04(+70)
23. Matthijs van Meerendonk (Aqua'68, 199900375) 50m 00:31.92 31,92	01:06.24(+66)
DIS. Denny Olde Agterhuis (HZ&PC Heerenveen, 199801253)	00:00.00
221. 100m rugslag - Heren 12 - 17 jaar	
1. Bas Takken (NTC PARA-ZV Hoorn, 199901643) [S10] 50m 00:33.07 33,07	01:06.97(+80)
2. Duncan van Haaren (NTC PARA-WIDEX GZC Donk, 200000681) [S10] 50m 00:34.00 34,00	01:08.98(+78)
3. Querijn Hensen (De Duinkickers, 200102121) [S10] 50m 00:33.87 33,87	01:10.56(+69)
4. Rogier Dorsman (NTC PARA-ZZ&PC De Devel, 199900211) [S12] 50m 00:34.39 34,39	01:10.62(+60)
5. Sam Janmaat (De Duinkickers, 200203017) [S10] 50m 00:34.85 34,85	01:11.87(+64)
6. Tim van Duuren (NTC PARA-WIDEX GZC Donk, 199802255) [S9] 50m 00:36.94 36,94	01:16.03(+70)
7. Sebastiaan Broere (Hieronymus, 199803687) [S14] 50m 00:37.13 37,13	01:15.17(+79)
8. Nathan van Wees (De Houtrib, 200101427) [S10] 50m 00:41.08 41,08	01:24.76(+61)
9. Maryn Both (De Duck, 200201089) [S8] 50m 00:52.67 52,67	01:48.78(+63)
22. 50m vrije slag - Dames 14 - 15 jaar (Jeugd 1 en 2)	
1. Frouke Beeksma (TriVia, 200000346)	00:26.44(+72)
2. LouLou Janssen (RTC - De Columbiaan, 200100132)	00:26.84(+75)
3. Ya'elle Lucht (RTC - De Houtrib, 200104628)	00:26.89(+76)
4. Laura van Engelen (RTC - AquAmigos, 200000350)	00:26.90(+78)
5. Jasmijn Boon (RTC - WVZ, 200001280)	00:27.02(+68)
6. Indy Jongman (RTC - PSV, 200100528)	00:27.12(+74)
7. Chefanja Nunes (RTC - WVZ, 200104750)	00:27.14(+69)
8. Sam van Nunen (PSV, 200100036)	00:27.27(+68)
9. Marit de Lau (RTC - PSV, 200101338)	00:27.37(+68)
10. Jennifer Tuijp (ZV De Zaan, 200004198)	00:27.40(+86)

11. Julia van Leeuwen (PSV, 200001464)	00:27.48(+72)
12. Silke Holkenborg (Montferland, 200100292)	00:27.59(+74)
13. Kristy Nagtzaam (ZC AquaDream, 200002212)	00:27.66(+54)
14. Tiffany Leerdam (De Dolfijn, 200006200)	00:27.69(+83)
15. Britt Cornelissens (Hellas-Glana, 200000632)	00:27.74(+73)
16. Manon Compagner (Dedemsvaart-AC, 200101710)	00:27.75(+81)
17. Danae Kingma (OEZA, 200001740)	00:28.05(+82)
18. Sarah Scholten (PSV, 200006196)	00:28.08(+69)
18. Arianne Kooijinga (TriVia, 200001544)	00:28.08(+79)
20. Loes Gelissen (Hellas-Glana, 200102166)	00:28.09(+68)
21. Roëlle op de Haar (WS Twente, 200103428)	00:28.13(+75)
22. Elise Hardeman (ZPC AMERSFOORT, 200101068)	00:28.18(+73)
23. Janneke Lenderink (De Dinkel, 200100328)	00:28.25(+74)
24. Lynn Blommers (AZC, 200105062)	00:28.29(+71)
25. Jill Blide (ZPC Hoogeveen, 200004734)	00:28.42(+79)
26. Sam IJzerman (De Geul, 200101204)	00:28.45(+74)
27. Kaylin Stel (De Dolfijn, 200100290)	00:28.47(+68)
28. Manon Kampman (PSV, 200000614)	00:28.48(+74)
29. Myrthe Meier (WS Twente, 200001830)	00:28.55(+76)
30. Danieke van der Kooi (Orca, 200000552)	00:28.59(+80)
31. Chaira Brinks (De Kikker, 200005556)	00:28.73(+75)
32. Sophia Gerrits (Aqua-Novio'94, 200104044)	00:28.87(+72)
33. Christel Brugmans (Hieronymus, 200005602)	00:28.88(+69)
34. Ouassima Quandil (DWT, 200102948)	00:29.08(+79)
35. Lianne Bouwmeester (De Columbiaan, 200000956)	00:29.16(+75)
36. Mathilde Stolmeijer (De Dinkel, 200100590)	00:29.19(+82)
36. Sanne Heemskerk (LZ 1886, 200100600)	00:29.19(+73)
38. Romée Spin (De Dinkel, 200000724)	00:29.24(+60)
39. Chantalle Zijderveld (NTC PARA-ZZ&PC De Devel, 200000702) [S10]	00:29.82(+72)
223. 50m vrije slag - Dames	
11 - 15 jaar (Jeugd 2 en later)	
1. Liesette Bruinsma (NTC PARA-HZ&PC Heerenveen, 200004346) [S11]	00:31.42(+72)
2. Lisa Kruger (NTC PARA-ZPC AMERSFOORT, 200005304) [S10]	00:29.69(+79)
3. Chantalle Zijderveld (NTC PARA-ZZ&PC De Devel, 200000702) [S10]	00:29.82(+72)
4. Inge Belfor (NTC PARA-De Columbiaan, 200100578) [S10]	00:31.41(+85)
5. Sterre Veerman (Ed-Vo, 200003544) [S13]	00:31.49(+79)
6. Deborah Visser (De Duinkickers, 200102666) [S10]	00:32.89(+76)
7. Sanne Hofman (NTC PARA-ZPC Hoogeveen, 200102154) [S13]	00:32.74(+82)
8. Amber van der Kruk (MSV-Zeemacht, 200102730) [S14]	00:32.35(+93)

9. Jonne Moleman (AZC, 200006264) [S10]	00:33.42(+102)
10. Sanne Hoving (HZ&PC Heerenveen, 200003332) [S9]	00:35.79(+98)
11. Feija de Bruin (WVZ, 200400106) [S10]	00:36.25(+90)
12. Iris Onnink (De Vrije Slag, 200301836) [S10]	00:36.32(+91)
24. 200m schoolslag - Heren	
16 - 17 jaar (Jeugd 1 en 2)	
1. Wietse Waninge (ZPC AMERSFOORT, 199800023)	02:19.57(+69)
50m 00:31.20 31,20 100m 01:06.31 35,11 150m 01:42.87 36,56	
2. Daan Zwertbroek (RTC - HZ&PC Heerenveen, 199900463)	02:25.92(+72)
50m 00:32.70 32,70 100m 01:10.50 37,80 150m 01:48.43 37,93	
3. Stijn Geelen (MNC Dordrecht, 199801363)	02:25.94(+68)
50m 00:31.99 31,99 100m 01:09.35 37,36 150m 01:48.26 38,91	
4. Jacob de Roos (RTC - DZ&PC, 199900553)	02:27.12(+69)
50m 00:33.12 33,12 100m 01:10.90 37,78 150m 01:48.88 37,98	
5. Koen Koster (HZPC, 199900517)	02:28.40(+72)
50m 00:33.22 33,22 100m 01:10.46 37,24 150m 01:49.08 38,62	
6. Igor Ostrowski (MNC Dordrecht, 199805425)	02:28.65(+66)
50m 00:34.65 34,65 100m 01:14.39 39,74 150m 01:54.53 40,14	
7. Jan Willem Veldman (Zwem en Polo Club Appingedam, 199800277)	02:32.03(+73)
50m 00:33.80 33,80 100m 01:13.32 39,52 150m 01:53.15 39,83	
8. Jonne Schaafsma (RTC - Racing Club, 199800745)	02:32.22(+75)
50m 00:34.21 34,21 100m 01:13.76 39,55 150m 01:53.08 39,32	
9. Cas Louwarts (NIMO, 199901249)	02:32.85(+76)
50m 00:33.59 33,59 100m 01:11.43 37,84 150m 01:51.71 40,28	
10. Nicko Kamphuis (De Warande, 199900887)	02:33.11(+61)
50m 00:34.45 34,45 100m 01:14.07 39,62 150m 01:54.16 40,09	
11. Bryan Chen (De Kikker, 199803201)	02:33.47(+68)
50m 00:33.82 33,82 100m 01:12.30 38,48 150m 01:53.13 40,83	
12. Kalle van Gemert (ZPC De Zeeuwse Kust, 199801259)	02:34.33(+67)
50m 00:34.21 34,21 100m 01:14.05 39,84 150m 01:53.97 39,92	
13. Erwin Heinsius (HZ&PC Heerenveen, 199900695)	02:34.62(+68)
50m 00:34.24 34,24 100m 01:13.38 39,14 150m 01:54.30 40,92	
14. Jesse van Dijk (De Houtrib, 199903259)	02:38.33(+81)
50m 00:34.15 34,15 100m 01:14.41 40,26 150m 01:55.60 41,19	
15. Cédric Broere (Hieronymus, 199902227)	02:42.93(+71)
50m 00:35.82 35,82 100m 01:16.88 41,06 150m 01:59.80 42,92	
DIS. Max Peters (De Dommelbaarzen, 199903123)	00:00.00
25. 200m schoolslag - Heren	
12 - 12 jaar (Junioren 1)	
1. Wesley Zulver (ZVVS, 200301319)	02:43.36(+73)
50m 00:36.41 36,41 100m 01:17.50 41,09 150m 02:00.53 43,03	
2. Esper Schreurs (ZEPS, 200300433)	02:46.75(+76)
50m 00:36.24 36,24 100m 01:16.98 40,74 150m 02:00.69 43,71	
3. Kylian Heederik (Deltasteur, 200300353)	02:50.02(+79)
50m 00:38.80 38,80 100m 01:22.50 43,70 150m 02:07.00 44,50	
4. Sam van der Stroom (PSV, 200304409)	02:52.23(+70)
50m 00:38.68 38,68 100m 01:22.94 44,26 150m 02:08.40 45,46	
5. Rijk Heere (ZPC AMERSFOORT, 200300897)	02:52.49(+72)

	50m 00:39.35 39,35	100m 01:23.82 44,47	150m 02:08.51 44,69	
6. Noa Burgstra (TriVia, 200300557)	50m 00:39.44 39,44	100m 01:23.64 44,20	150m 02:09.02 45,38	02:53.06(+79)
7. Ivo Kroes (Zwem en Polo Club Appingedam, 200300079)	50m 00:39.83 39,83	100m 01:24.00 44,17	150m 02:08.95 44,95	02:53.11(+70)
8. Jovanny Timmer (De Spatters, 200302369)	50m 00:40.89 40,89	100m 01:25.55 44,66	150m 02:11.81 46,26	02:55.88(+76)
9. Matias Jansen (ZIGNEA, 200300199)	50m 00:40.22 40,22	100m 01:25.17 44,95	150m 02:10.63 45,46	02:55.99(+74)
10. Bjarne Buijs (The Hague Swimming (SG), 200301089)	50m 00:40.09 40,09	100m 01:25.79 45,70	150m 02:11.32 45,53	02:57.37(+79)
11. Xander Vis (De Schotejil, 200300173)	50m 00:40.47 40,47	100m 01:25.15 44,68	150m 02:11.72 46,57	02:57.40(+68)
12. Keanu Streefland (The Hague Swimming (SG), 200302445)	50m 00:40.99 40,99	100m 01:28.03 47,04	150m 02:14.13 46,10	03:00.98(+67)
13. Job van Wanroij (Zwemclub Eijdsen, 200301307)	50m 00:41.77 41,77	100m 01:28.42 46,65	150m 02:15.38 46,96	03:01.55(+78)
14. Kieran de Heer (De Veene, 200301009)	50m 00:40.58 40,58	100m 01:27.78 47,20	150m 02:15.54 47,76	03:01.60(+72)
15. Sjors Lemmers (Merlet, 200300555)	50m 00:41.55 41,55	100m 01:28.07 46,52	150m 02:15.68 47,61	03:01.69(+66)
16. Xavi Laumen (Kimbria, 200300393)	50m 00:39.06 39,06	100m 01:25.25 46,19	150m 02:12.64 47,39	03:01.75(+69)
17. Perry Laarhoven (ZPC Numansdorp, 200301321)	50m 00:40.91 40,91	100m 01:27.45 46,54	150m 02:15.83 48,38	03:03.36(+84)
18. Lars Meijer (De Mors, 200301497)	50m 00:41.37 41,37	100m 01:28.63 47,26	150m 02:16.37 47,74	03:03.50(+85)
19. Jeffrey Huynh (VZC E&P, 200300145)	50m 00:40.74 40,74	100m 01:26.77 46,03	150m 02:15.40 48,63	03:03.82(+77)
20. Thomas Swartjes (Aqua-Novio'94, 200302825)	50m 00:40.70 40,70	100m 01:28.93 48,23	150m 02:16.69 47,76	03:03.93(+72)
21. Stan de Swart (PSV, 200300535)	50m 00:41.83 41,83	100m 01:30.24 48,41	150m 02:18.49 48,25	03:05.26(+69)
22. Florian van Heest (ZPC AMERSFOORT, 200300621)	50m 00:40.07 40,07	100m 01:27.10 47,03	150m 02:16.26 49,16	03:06.22(+75)
23. Ricardo Jansen (Arethusa, 200301055)	50m 00:42.16 42,16	100m 01:30.65 48,49	150m 02:19.41 48,76	03:07.93(+75)
24. Stanley Hau (WZ&PC Purmerend, 200300655)	50m 00:40.06 40,06	100m 01:28.71 48,65	150m 02:19.18 50,47	03:08.75(+77)
25. Lucas Pfaff (ZPC Woerden, 200303391)	50m 00:39.92 39,92	100m 01:28.63 48,71	150m 02:19.63 51,00	03:09.05(+83)
26. Kenan Cörüz (DWT, 200300357)	50m 00:42.83 42,83	100m 01:31.75 48,92	150m 02:21.40 49,65	03:09.63(+72)
27. Joris Janssen (Aqua-Novio'94, 200301311)	50m 00:42.06 42,06	100m 01:32.66 50,60	150m 02:22.59 49,93	03:10.98(+73)
28. Carlos Bakker-Noguer (The Hague Swimming (SG), 200304119)	50m 00:41.64 41,64	100m 01:30.96 49,32	150m 02:21.52 50,56	03:11.97(+68)
29. Andy Zandvliet (De Mors, 200300381)	50m 00:43.57 43,57	100m 01:32.16 48,59	150m 02:22.02 49,86	03:12.03(+82)

30. Kay Wijkman (MSV-Zeemacht, 200303205)	50m 00:42.63 42,63	100m 01:31.75 49,12	150m 02:22.76 51,01	03:13.34(+63)
26. 200m schoolslag - Heren				
<i>13 - 13 jaar (Junioren 2)</i>				
1. Timo Spaans (PSV, 200201087)	50m 00:36.00 36,00	100m 01:17.75 41,75	150m 01:59.94 42,19	02:40.17(+71)
2. Guido Brink (ZPC De Zeeuwse Kust, 200200199)	50m 00:35.86 35,86	100m 01:17.27 41,41	150m 01:58.84 41,57	02:41.04(+72)
3. Bram Zwetsloot (Nuenen, 200202117)	50m 00:36.02 36,02	100m 01:17.70 41,68	150m 02:00.22 42,52	02:41.82(+72)
4. Anthony Huynh (VZC E&P, 200200605)	50m 00:36.54 36,54	100m 01:17.90 41,36	150m 02:01.02 43,12	02:44.20(+72)
5. Sean Niewold (TriVia, 200204699)	50m 00:35.85 35,85	100m 01:17.32 41,47	150m 02:01.47 44,15	02:46.63(+67)
6. Jurre Hanstede (De Dinkel, 200201019)	50m 00:36.13 36,13	100m 01:18.05 41,92	150m 02:02.21 44,16	02:46.86(+93)
7. Dushan de Bruijn (De Forel, 200201273)	50m 00:36.67 36,67	100m 01:19.09 42,42	150m 02:03.66 44,57	02:48.40(+80)
8. Brandon van den Berg (Poseidon'56, 200200669)	50m 00:37.02 37,02	100m 01:19.42 42,40	150m 02:04.59 45,17	02:49.01(+74)
9. Daan Snijders (MNC Dordrecht, 200202475)	50m 00:37.73 37,73	100m 01:20.71 42,98	150m 02:04.32 43,61	02:49.09(+73)
10. Luuk Einhaus (WS Twente, 200200537)	50m 00:35.95 35,95	100m 01:18.51 42,56	150m 02:03.13 44,62	02:49.15(+78)
11. Justin Slootweg (SBC2000, 200201407)	50m 00:35.91 35,91	100m 01:18.94 43,03	150m 02:03.71 44,77	02:49.21(+65)
12. Kazik Huibers (Kon AZ 1870, 200204565)	50m 00:38.24 38,24	100m 01:22.38 44,14	150m 02:08.57 46,19	02:52.91(+82)
13. Viktor Koets (LZ 1886, 200201677)	50m 00:38.45 38,45	100m 01:22.24 43,79	150m 02:07.76 45,52	02:53.40(+76)
14. Devin Servais (De Dommelbaarzen, 200202285)	50m 00:38.76 38,76	100m 01:23.64 44,88	150m 02:08.12 44,48	02:53.61(+78)
15. Finn Vos (De Dolfijn, 200200665)	50m 00:39.64 39,64	100m 01:24.80 45,16	150m 02:11.19 46,39	02:56.56(+64)
16. Robin van Peenen (De Columbiaan, 200201059)	50m 00:40.11 40,11	100m 01:26.00 45,89	150m 02:12.52 46,52	02:58.66(+77)
27. 200m schoolslag - Heren				
<i>14 - 14 jaar (Junioren 3)</i>				
1. Caspar Corbeau (ZPC AMERSFOORT, 200105099)	50m 00:32.61 32,61	100m 01:08.59 35,98	150m 01:44.97 36,38	02:21.14(+75)
2. Quinn van den Heuvel (ZPC Numansdorp, 200100297)	50m 00:34.11 34,11	100m 01:13.12 39,01	150m 01:52.05 38,93	02:30.57(+71)
3. Stijn Boertien (Dedemsvaart-AC, 200100719)	50m 00:33.06 33,06	100m 01:11.63 38,57	150m 01:50.89 39,26	02:30.58(+79)
4. Marcel Delfstra (Orca, 200100037)	50m 00:34.45 34,45	100m 01:13.28 38,83	150m 01:52.44 39,16	02:31.91(+67)
5. Sander Crooijmans (VZC E&P, 200100383)	50m 00:34.84 34,84	100m 01:14.81 39,97	150m 01:54.97 40,16	02:36.51(+76)
6. Rick Bulman (PSV, 200101899)	50m 00:35.23 35,23	100m 01:15.64 40,41	150m 01:57.67 42,03	02:37.29(+68)

7. Emile Dost (Borger, 200100731)				02:38.05(+74)
	50m 00:36.13 36,13	100m 01:16.91 40,78	150m 01:58.42 41,51	
8. Rohan Vazirani (The Hague Swimming (SG), 200104499)				02:38.55(+58)
	50m 00:35.66 35,66	100m 01:15.86 40,20	150m 01:57.75 41,89	
9. Klaas Pit (De Forel, 200104519)				02:39.04(+79)
	50m 00:34.77 34,77	100m 01:14.55 39,78	150m 01:56.92 42,37	
10. Jesse Zweers (Dedemsvaart-AC, 200100399)				02:39.17(+79)
	50m 00:35.41 35,41	100m 01:15.92 40,51	150m 01:56.76 40,84	
11. Vincent Crooijmans (VZC E&P, 200100381)				02:41.84(+73)
	50m 00:35.24 35,24	100m 01:16.24 41,00	150m 01:58.95 42,71	
12. Dave van den Nieuwendijk (De Columbiaan, 200100475)				02:42.09(+76)
	50m 00:35.43 35,43	100m 01:16.61 41,18	150m 01:59.27 42,66	
13. Daen Spoor (VZC E&P, 200101117)				02:42.85(+69)
	50m 00:35.58 35,58	100m 01:16.58 41,00	150m 01:59.38 42,80	
14. Guy Hungens (Tempo , 200101697)				02:44.13(+67)
	50m 00:35.08 35,08	100m 01:16.96 41,88	150m 02:01.08 44,12	
15. Mart Niehoff (De Zwoer, 200100759)				02:45.34(+64)
	50m 00:36.63 36,63	100m 01:18.40 41,77	150m 02:01.41 43,01	
16. Milan van Dieren (De Dinkel, 200100493)				02:45.79(+78)
	50m 00:36.51 36,51	100m 01:17.91 41,40	150m 02:01.70 43,79	
17. Ian Sanders (Eszet, 200100373)				02:45.89(+68)
	50m 00:38.36 38,36	100m 01:21.01 42,65	150m 02:05.11 44,10	
18. Jeroen Rekveld (De Dolfijn, 200103935)				02:46.29(+79)
	50m 00:35.99 35,99	100m 01:18.43 42,44	150m 02:02.89 44,46	
19. Rijk Dragstra (ZPC AMERSFOORT, 200102473)				02:46.71(+77)
	50m 00:37.06 37,06	100m 01:20.20 43,14	150m 02:03.56 43,36	
20. Taro Nishimura (WZ010/ACZ (SG), 200105049)				02:47.83(+60)
	50m 00:35.56 35,56	100m 01:16.91 41,35	150m 02:01.65 44,74	
21. Jelle Opmeer (Octopus, 200100269)				02:48.50(+73)
	50m 00:37.10 37,10	100m 01:20.12 43,02	150m 02:05.49 45,37	
22. Matthijs Westmijze (ESCA Zwemmen, 200101195)				02:48.53(+82)
	50m 00:37.02 37,02	100m 01:20.36 43,34	150m 02:04.66 44,30	
23. Max Huige (SCOM/De Zeehond'73 (SG), 200104355)				02:49.29(+76)
	50m 00:37.81 37,81	100m 01:20.96 43,15	150m 02:05.58 44,62	
24. Stefan Tomicic (RZ, 200101271)				02:49.40(+81)
	50m 00:37.93 37,93	100m 01:21.36 43,43	150m 02:06.11 44,75	
25. Jarmo van den Blink (De Houtrib, 200100585)				02:49.73(+78)
	50m 00:37.92 37,92	100m 01:21.57 43,65	150m 02:06.24 44,67	
26. Raphael Mennen (Nunspeet, 200103049)				02:49.81(+63)
	50m 00:38.27 38,27	100m 01:21.34 43,07	150m 02:05.48 44,14	
27. Stefan Waalkens (De Houtrib, 200100611)				02:50.09(+69)
	50m 00:37.50 37,50	100m 01:21.01 43,51	150m 02:05.55 44,54	
28. Remi van der Schee (De Houtrib, 200100583)				02:50.72(+62)
	50m 00:37.12 37,12	100m 01:20.34 43,22	150m 02:05.93 45,59	
29. Ryan de Laat (Wiekslag, 200101553)				02:51.82(+69)
	50m 00:36.93 36,93	100m 01:20.31 43,38	150m 02:05.94 45,63	
30. Gerco Korteweg (De Rijn, 200100013)				02:52.56(+71)
	50m 00:36.94 36,94	100m 01:19.66 42,72	150m 02:05.12 45,46	
31. Bjarne van Straaten (WVZ, 200100145)				02:52.58(+74)

50m 00:36.57 36,57 100m 01:20.40 43,83 150m 02:06.50 46,10

DIS. Coen de Lang (ZPC Hoogeveen, 200100067)

00:00.00

28. 200m schoolslag - Heren

15 - 15 jaar (Junioren 4)

1. Juri Dijkstra (RTC - TriVia, 200002119) 02:24.50(+73)
50m 00:33.04 33,04 100m 01:11.13 38,09 150m 01:49.00 37,87
2. Sten Postma (VZC E&P, 200000011) 02:25.15(+73)
50m 00:33.10 33,10 100m 01:10.39 37,29 150m 01:47.80 37,41
3. Thom Delno (RTC- VZC E&P, 200000013) 02:25.59(+75)
50m 00:32.53 32,53 100m 01:09.73 37,20 150m 01:47.49 37,76
4. Joost de Roy van Zuydewijn (WVZ, 200000255) 02:33.34(+78)
50m 00:34.06 34,06 100m 01:12.82 38,76 150m 01:53.31 40,49
5. Olivier Jans (De Fuut, 200001815) 02:34.88(+76)
50m 00:34.44 34,44 100m 01:13.71 39,27 150m 01:54.31 40,60
6. Duncan van Haaren (NTC PARA-WIDEX GZC Donk, 200000681) [SB9] 02:35.27(+72)
50m 00:34.39 34,39 100m 01:14.29 39,90 150m 01:55.40 41,11
7. Nick van der Woude (ZV Haerlem, 200001391) 02:35.49(+75)
50m 00:34.81 34,81 100m 01:15.58 40,77 150m 01:56.36 40,78
8. Milan ten Broek (ZPC AMERSFOORT, 200000229) 02:37.06(+68)
50m 00:33.30 33,30 100m 01:13.07 39,77 150m 01:54.55 41,48
9. Arjan Dekker (ReVeLie Swim Team, 200000499) 02:38.08(+80)
50m 00:35.01 35,01 100m 01:14.54 39,53 150m 01:55.73 41,19
10. Darren Chen (De Kikker, 200001149) 02:42.15(+69)
50m 00:37.31 37,31 100m 01:18.56 41,25 150m 02:00.80 42,24
11. Bjarne Langkamp (Aqua-Novio'94, 200002723) 02:43.67(+85)
50m 00:34.79 34,79 100m 01:16.28 41,49 150m 01:58.73 42,45
12. Daniël Apperloo (WVZ, 200002645) 02:44.07(+73)
50m 00:35.95 35,95 100m 01:17.86 41,91 150m 02:01.60 43,74
13. Thomas Hesper (Van Vliet-Barracuda, 200004181) 02:44.74(+75)
50m 00:36.52 36,52 100m 01:17.79 41,27 150m 02:01.10 43,31
14. Derk Beemer (PSV, 200002901) 02:45.23(+69)
50m 00:36.46 36,46 100m 01:16.59 40,13 150m 02:00.28 43,69
15. Thomas Hamstra (Orca, 200001693) 02:46.32(+74)
50m 00:37.52 37,52 100m 01:19.89 42,37 150m 02:03.49 43,60

29. 4x100m wisselslag dames Junioren

11 - 15 jaar (Jeugd 2 en later)

1. WVZ 04:24.51
Lauren van IJII 2000 (+64) 50m 00:33.84 33,84
Lauren van IJII 2000 (+64) 100m 01:10.29 36,45
Tes Schouten 2000 (+23) 150m 01:42.52 32,23
Tes Schouten 2000 (+23) 200m 02:19.96 37,44
Chefanja Nunes 2001 (+46) 250m 02:49.48 29,52
Chefanja Nunes 2001 (+46) 300m 03:24.54 35,06
Inge Vieveen 2001 (+50) 350m 03:53.48 28,94
Inge Vieveen 2001 (+50) 400m 04:24.51 31,03
2. Orca 04:33.37
Danieke van der Kooi 2000 (+76) 50m 00:33.67 33,67
Danieke van der Kooi 2000 (+76) 100m 01:09.84 36,17
Joyce Kuipers 2001 (+33) 150m 01:44.29 34,45
Joyce Kuipers 2001 (+33) 200m 02:24.47 40,18
Janneke Weiland 2001 (+32) 250m 02:55.97 31,50
Janneke Weiland 2001 (+32) 300m 03:32.93 36,96
Lize Janna de Vries 2001 (+44) 350m 04:01.96 29,03

	Lize Janna de Vries 2001 (+44)	400m	04:33.37	31,41	
3.	WVZ				04:35.13
	Marlinde Beukers 2001 (+64)	50m	00:34.44	34,44	
	Marlinde Beukers 2001 (+64)	100m	01:10.43	35,99	
	Rosey Metz 2001 (+69)	150m	01:44.02	33,59	
	Rosey Metz 2001 (+69)	200m	02:22.62	38,60	
	Christy Geurts 2002 (+35)	250m	02:56.25	33,63	
	Christy Geurts 2002 (+35)	300m	03:34.74	38,49	
	Esmée van Geest 2000 (+11)	350m	04:03.73	28,99	
	Esmée van Geest 2000 (+11)	400m	04:35.13	31,40	
4.	PSV				04:35.54
	Manon Kampman 2000 (+74)	50m	00:34.63	34,63	
	Manon Kampman 2000 (+74)	100m	01:10.44	35,81	
	Serina Damen 2001 (+16)	150m	01:45.88	35,44	
	Serina Damen 2001 (+16)	200m	02:29.28	43,40	
	Sarah Scholten 2000 (+3)	250m	02:59.33	30,05	
	Sarah Scholten 2000 (+3)	300m	03:36.80	37,47	
	Julia van Leeuwen 2000 (+29)	350m	04:04.27	27,47	
	Julia van Leeuwen 2000 (+29)	400m	04:35.54	31,27	
5.	ZPC Hoogeveen				04:37.08
	Anouschka Steenbergen 2000 (+69)	50m	00:34.48	34,48	
	Anouschka Steenbergen 2000 (+69)	100m	01:11.15	36,67	
	Wiktoria Redzimska 2001 (+57)	150m	01:49.34	38,19	
	Wiktoria Redzimska 2001 (+57)	200m	02:33.55	44,21	
	Alinda Dingshoff 2000 (+31)	250m	03:02.96	29,41	
	Alinda Dingshoff 2000 (+31)	300m	03:36.72	33,76	
	Jill Blide 2000 (+13)	350m	04:05.31	28,59	
	Jill Blide 2000 (+13)	400m	04:37.08	31,77	
6.	PSV				04:38.55
	Fleur Donker 2000 (+57)	50m	00:33.98	33,98	
	Fleur Donker 2000 (+57)	100m	01:09.76	35,78	
	Lonneke Kampman 2001 (+16)	150m	01:45.78	36,02	
	Lonneke Kampman 2001 (+16)	200m	02:27.93	42,15	
	Floor Ketting 2001 (+38)	250m	03:00.35	32,42	
	Floor Ketting 2001 (+38)	300m	03:39.17	38,82	
	Sam van Nunen 2001 (+60)	350m	04:07.74	28,57	
	Sam van Nunen 2001 (+60)	400m	04:38.55	30,81	
7.	VZC E&P				04:42.87
	Femke Spiering 2002 (+81)	50m	00:34.91	34,91	
	Femke Spiering 2002 (+81)	100m	01:12.58	37,67	
	Lisanne Seising 2000 (+47)	150m	01:50.82	38,24	
	Lisanne Seising 2000 (+47)	200m	02:34.93	44,11	
	Silke Molendijk 2001 (+56)	250m	03:05.22	30,29	
	Silke Molendijk 2001 (+56)	300m	03:39.88	34,66	
	Babet Kruger 2000 (+51)	350m	04:09.89	30,01	
	Babet Kruger 2000 (+51)	400m	04:42.87	32,98	
8.	De Dinkel				04:43.71
	Mathilde Stolmeijer 2001 (+75)	50m	00:33.40	33,40	
	Mathilde Stolmeijer 2001 (+75)	100m	01:08.45	35,05	
	Romée Spin 2000 (+58)	150m	01:46.69	38,24	
	Romée Spin 2000 (+58)	200m	02:31.17	44,48	
	Janneke Lenderink 2001 (+67)	250m	03:03.40	32,23	
	Janneke Lenderink 2001 (+67)	300m	03:42.92	39,52	
	Kiki Koopman 2002 (+22)	350m	04:12.35	29,43	
	Kiki Koopman 2002 (+22)	400m	04:43.71	31,36	
9.	Dedemsvaart-AC				04:46.06
	Lotte Rougoor 2000 (+69)	50m	00:35.15	35,15	
	Lotte Rougoor 2000 (+69)	100m	01:11.84	36,69	
	Tessa van de Belt 2001 (+32)	150m	01:50.76	38,92	
	Tessa van de Belt 2001 (+32)	200m	02:35.16	44,40	
	Manon Compagner 2001 (+23)	250m	03:05.98	30,82	
	Manon Compagner 2001 (+23)	300m	03:43.62	37,64	

Michelle Zomerdijk 2000 (+32)	350m	04:13.58	29,96	
Michelle Zomerdijk 2000 (+32)	400m	04:46.06	32,48	
10. Aquarijn				04:49.90
Sanne Barten 2001 (+72)	50m	00:36.05	36,05	
Sanne Barten 2001 (+72)	100m	01:13.64	37,59	
Claudia Schouten 2000 (+56)	150m	01:50.35	36,71	
Claudia Schouten 2000 (+56)	200m	02:32.33	41,98	
Jonna Wieling 2002 (+28)	250m	03:06.75	34,42	
Jonna Wieling 2002 (+28)	300m	03:46.72	39,97	
Quinty Jansen 2000 (+41)	350m	04:17.25	30,53	
Quinty Jansen 2000 (+41)	400m	04:49.90	32,65	
11. Hellas-Glana				04:50.40
Nikki Douma 2001 (+69)	50m	00:36.30	36,30	
Nikki Douma 2001 (+69)	100m	01:15.34	39,04	
Britt Cornelissens 2000 (0)	150m	01:51.93	36,59	
Britt Cornelissens 2000 (0)	200m	02:35.78	43,85	
Kim Rebergen 2001 (+22)	250m	03:08.05	32,27	
Kim Rebergen 2001 (+22)	300m	03:48.51	40,46	
Loes Gelissen 2001 (+26)	350m	04:17.79	29,28	
Loes Gelissen 2001 (+26)	400m	04:50.40	32,61	
12. Hieronymus				04:52.49
Roos Englebert 2002 (+70)	50m	00:36.80	36,80	
Roos Englebert 2002 (+70)	100m	01:15.34	38,54	
Elise van der Velden 2000 (+49)	150m	01:55.44	40,10	
Elise van der Velden 2000 (+49)	200m	02:40.57	45,13	
Valesca van den Bogert 2001 (+20)	250m	03:12.95	32,38	
Valesca van den Bogert 2001 (+20)	300m	03:50.23	37,28	
Christel Brugmans 2000 (+37)	350m	04:20.25	30,02	
Christel Brugmans 2000 (+37)	400m	04:52.49	32,24	
13. De Veene				04:52.99
Kayleigh Westenberg 2000 (+77)	50m	00:36.76	36,76	
Kayleigh Westenberg 2000 (+77)	100m	01:16.14	39,38	
Madelijne Schothans 2000 (+44)	150m	01:50.97	34,83	
Madelijne Schothans 2000 (+44)	200m	02:30.91	39,94	
Lindy Elkerbout 2000 (+35)	250m	03:03.48	32,57	
Lindy Elkerbout 2000 (+35)	300m	03:47.01	43,53	
Maudé Lesscher 2003 (+32)	350m	04:18.46	31,45	
Maudé Lesscher 2003 (+32)	400m	04:52.99	34,53	
14. HZ&PC Heerenveen				04:53.03
Sanne Abma 2002 (+70)	50m	00:35.52	35,52	
Sanne Abma 2002 (+70)	100m	01:12.61	37,09	
Eline van der Wal 2001 (+14)	150m	01:52.25	39,64	
Eline van der Wal 2001 (+14)	200m	02:36.57	44,32	
Femke Wiersma 2001 (+35)	250m	03:09.13	32,56	
Femke Wiersma 2001 (+35)	300m	03:49.64	40,51	
Lianne van Wier 2002 (+14)	350m	04:20.29	30,65	
Lianne van Wier 2002 (+14)	400m	04:53.03	32,74	
15. NIMO				04:53.40
Chiara Geilenkirchen 2001 (+67)	50m	00:36.86	36,86	
Chiara Geilenkirchen 2001 (+67)	100m	01:16.88	40,02	
Esmee Lanckohr 2000 (+71)	150m	01:55.71	38,83	
Esmee Lanckohr 2000 (+71)	200m	02:40.54	44,83	
Lieve Göbbels 2000 (+32)	250m	03:11.17	30,63	
Lieve Göbbels 2000 (+32)	300m	03:49.40	38,23	
Iris Dijkstra 2002 (+60)	350m	04:20.55	31,15	
Iris Dijkstra 2002 (+60)	400m	04:53.40	32,85	
16. Aqua-Novio'94				04:54.02
Anne van Blitterswijk 2001 (+49)	50m	00:35.05	35,05	
Anne van Blitterswijk 2001 (+49)	100m	01:13.43	38,38	
Noa de Vries 2001 (+50)	150m	01:51.11	37,68	
Noa de Vries 2001 (+50)	200m	02:34.94	43,83	
Lieke Siedenburg 2001 (+48)	250m	03:08.57	33,63	

Lieke Siedenburg 2001 (+48)	300m	03:50.86	42,29	
Sophia Gerrits 2001 (+45)	350m	04:20.50	29,64	
Sophia Gerrits 2001 (+45)	400m	04:54.02	33,52	
17. ZV De Zaan				04:54.12
Rachel Jahn 2001 (+76)	50m	00:34.64	34,64	
Rachel Jahn 2001 (+76)	100m	01:13.02	38,38	
Fleur van Leeuwen 2003 (+63)	150m	01:53.33	40,31	
Fleur van Leeuwen 2003 (+63)	200m	02:40.30	46,97	
Nikky Keijzer 2001 (+59)	250m	03:12.50	32,20	
Nikky Keijzer 2001 (+59)	300m	03:52.65	40,15	
Jennifer Tuijp 2000 (+46)	350m	04:21.75	29,10	
Jennifer Tuijp 2000 (+46)	400m	04:54.12	32,37	
18. The Hague Swimming (SG)				04:54.71
Jip Veeman 2001 (+74)	50m	00:36.13	36,13	
Jip Veeman 2001 (+74)	100m	01:14.33	38,20	
Anouk de Vreede 2001 (+16)	150m	01:53.02	38,69	
Anouk de Vreede 2001 (+16)	200m	02:38.54	45,52	
Anne van der Zwan 2001 (+55)	250m	03:11.13	32,59	
Anne van der Zwan 2001 (+55)	300m	03:50.07	38,94	
Floor de Kievit 2001 (+19)	350m	04:20.96	30,89	
Floor de Kievit 2001 (+19)	400m	04:54.71	33,75	
19. De Columbiaan				04:55.93
Giulia Corsi 2001 (+68)	50m	00:37.30	37,30	
Giulia Corsi 2001 (+68)	100m	01:18.03	40,73	
Lianne Bouwmeester 2000 ()	150m	01:54.19	36,16	
Lianne Bouwmeester 2000 ()	200m	02:36.35	42,16	
Sophie t Hart 2000 (+36)	250m	03:10.43	34,08	
Sophie t Hart 2000 (+36)	300m	03:51.93	41,50	
Megan van Beelen 2001 (+31)	350m	04:21.89	29,96	
Megan van Beelen 2001 (+31)	400m	04:55.93	34,04	
20. Nuenen				04:57.69
Lot Sauren 2000 (+77)	50m	00:37.80	37,80	
Lot Sauren 2000 (+77)	100m	01:18.01	40,21	
Robin Goossens 2000 (+18)	150m	01:55.42	37,41	
Robin Goossens 2000 (+18)	200m	02:38.93	43,51	
Merel Phaff 2001 (+20)	250m	03:11.31	32,38	
Merel Phaff 2001 (+20)	300m	03:49.49	38,18	
Loes Kolenberg 2001 (+31)	350m	04:22.14	32,65	
Loes Kolenberg 2001 (+31)	400m	04:57.69	35,55	
21. Arethusa				04:58.27
Meral Bakker 2002 (+72)	50m	00:38.05	38,05	
Meral Bakker 2002 (+72)	100m	01:18.58	40,53	
Luca van Gemert 2001 (+36)	150m	01:59.50	40,92	
Luca van Gemert 2001 (+36)	200m	02:45.51	46,01	
Isabel van Hees 2000 (+25)	250m	03:17.57	32,06	
Isabel van Hees 2000 (+25)	300m	03:55.42	37,85	
Sterre van de Goor 2001 (+39)	350m	04:25.49	30,07	
Sterre van de Goor 2001 (+39)	400m	04:58.27	32,78	
22. LZ 1886				04:59.77
Sanne Heemskerk 2001 (+63)	50m	00:36.06	36,06	
Sanne Heemskerk 2001 (+63)	100m	01:14.80	38,74	
Kim de Jong 2003 (+36)	150m	01:53.03	38,23	
Kim de Jong 2003 (+36)	200m	02:38.08	45,05	
Lize van Stigt 2004 (+23)	250m	03:12.50	34,42	
Lize van Stigt 2004 (+23)	300m	03:53.09	40,59	
Anisa Groeneschey 2003 (+50)	350m	04:24.88	31,79	
Anisa Groeneschey 2003 (+50)	400m	04:59.77	34,89	
23. HZPC				05:00.55
Maud Weijmans 2001 (+79)	50m	00:36.63	36,63	
Maud Weijmans 2001 (+79)	100m	01:14.89	38,26	
Marlijn Zwart 2003 (+48)	150m	01:55.12	40,23	
Marlijn Zwart 2003 (+48)	200m	02:42.69	47,57	

Imke van den Hoef 2001 (+43)	250m	03:15.44	32,75	
Imke van den Hoef 2001 (+43)	300m	03:54.02	38,58	
Manon van der Wielen 2002 (+55)	350m	04:25.03	31,01	
Manon van der Wielen 2002 (+55)	400m	05:00.55	35,52	
24. Dedemsvaart-AC				05:04.11
Sanne Berg 2000 (+92)	50m	00:36.22	36,22	
Sanne Berg 2000 (+92)	100m	01:15.23	39,01	
Linde Kolkman 2000 (+30)	150m	01:54.17	38,94	
Linde Kolkman 2000 (+30)	200m	02:41.22	47,05	
Lotte Breukelman 2000 (+50)	250m	03:15.76	34,54	
Lotte Breukelman 2000 (+50)	300m	03:58.49	42,73	
Tara van Bree 2001 (+18)	350m	04:29.27	30,78	
Tara van Bree 2001 (+18)	400m	05:04.11	34,84	
DIS. TriVia				00:00.00
Arianne Kooijinga 2000 (+68)	50m	00:34.28	34,28	
Arianne Kooijinga 2000 (+68)	100m	01:11.32	37,04	
Esra Erer 2000 (-4)	400m	00:00.00	-71,32	
11 - 13 jaar (Junioren 3 en later)				
1. WS Twente				04:39.42
Carlijn Hansté 2002 (+80)	50m	00:33.23	33,23	
Carlijn Hansté 2002 (+80)	100m	01:08.75	35,52	
Lynn Joor 2003 (+62)	150m	01:43.82	35,07	
Lynn Joor 2003 (+62)	200m	02:24.87	41,05	
Lieke Oude Lenferink 2002 (+62)	250m	02:55.60	30,73	
Lieke Oude Lenferink 2002 (+62)	300m	03:33.96	38,36	
Isabelle Elsweier 2003 (+38)	350m	04:05.19	31,23	
Isabelle Elsweier 2003 (+38)	400m	04:39.42	34,23	
2. NIMO				04:43.94
Nikki Smeets 2002 (+66)	50m	00:34.14	34,14	
Nikki Smeets 2002 (+66)	100m	01:10.17	36,03	
Silke Bliëk 2003 (+66)	150m	01:47.23	37,06	
Silke Bliëk 2003 (+66)	200m	02:29.79	42,56	
Carolien Beckers 2002 (+69)	250m	03:02.15	32,36	
Carolien Beckers 2002 (+69)	300m	03:40.92	38,77	
Imke Beekman 2003 (+63)	350m	04:11.43	30,51	
Imke Beekman 2003 (+63)	400m	04:43.94	32,51	
3. Hellas-Glana				04:48.01
Lorena Dreschers 2004 (+75)	50m	00:36.74	36,74	
Lorena Dreschers 2004 (+75)	100m	01:15.07	38,33	
Bo Souhoka 2002 (+35)	150m	01:51.75	36,68	
Bo Souhoka 2002 (+35)	200m	02:34.59	42,84	
Judith Houtvast 2003 (+68)	250m	03:07.75	33,16	
Judith Houtvast 2003 (+68)	300m	03:46.42	38,67	
Isabel Dijkstra 2002 (+56)	350m	04:15.69	29,27	
Isabel Dijkstra 2002 (+56)	400m	04:48.01	32,32	
4. ZPC De Zeeuwse Kust				04:48.40
Babet de Voogd 2003 (+64)	50m	00:35.80	35,80	
Babet de Voogd 2003 (+64)	100m	01:13.00	37,20	
Esther Tiemersma 2002 (+55)	150m	01:50.60	37,60	
Esther Tiemersma 2002 (+55)	200m	02:32.30	41,70	
Irina de Ridder 2003 (+70)	250m	03:05.06	32,76	
Irina de Ridder 2003 (+70)	300m	03:42.35	37,29	
Janice Provoost 2003 (+46)	350m	04:14.59	32,24	
Janice Provoost 2003 (+46)	400m	04:48.40	33,81	
5. PSV				04:49.26
Hannah Franssen 2002 (+66)	50m	00:36.56	36,56	
Hannah Franssen 2002 (+66)	100m	01:14.76	38,20	
Lana Broekhoven 2003 (+21)	150m	01:51.15	36,39	
Lana Broekhoven 2003 (+21)	200m	02:34.46	43,31	
Jessica Herbst 2002 (+61)	250m	03:07.43	32,97	
Jessica Herbst 2002 (+61)	300m	03:45.99	38,56	
Mila Maas 2003 (+30)	350m	04:15.74	29,75	

Mila Maas 2003 (+30)	400m	04:49.26	33,52	
6. De Dolfijn				04:51.70
Amber Celie 2003 (+74)	50m	00:35.53	35,53	
Amber Celie 2003 (+74)	100m	01:12.34	36,81	
Sarah el Bacha 2002 (+27)	150m	01:50.71	38,37	
Sarah el Bacha 2002 (+27)	200m	02:34.87	44,16	
Amy de Sain 2003 (+47)	250m	03:07.87	33,00	
Amy de Sain 2003 (+47)	300m	03:46.26	38,39	
Céline Fouzaï 2002 (+23)	350m	04:17.51	31,25	
Céline Fouzaï 2002 (+23)	400m	04:51.70	34,19	
7. Aqua-Novio'94				04:57.08
Kim van Dongen 2004 (+69)	50m	00:35.41	35,41	
Kim van Dongen 2004 (+69)	100m	01:13.10	37,69	
Zanthe Janssen 2002 (+58)	150m	01:51.27	38,17	
Zanthe Janssen 2002 (+58)	200m	02:35.79	44,52	
Luna de Vries 2004 (+37)	250m	03:10.33	34,54	
Luna de Vries 2004 (+37)	300m	03:53.22	42,89	
Eline Gros 2003 (+25)	350m	04:23.16	29,94	
Eline Gros 2003 (+25)	400m	04:57.08	33,92	
8. Dedemsvaart-AC				04:58.50
Amy Lynn Zweers 2003 (+66)	50m	00:35.96	35,96	
Amy Lynn Zweers 2003 (+66)	100m	01:14.68	38,72	
Ismay Lichtendonk 2004 (+58)	150m	01:56.00	41,32	
Ismay Lichtendonk 2004 (+58)	200m	02:43.15	47,15	
Maud Kuipers 2002 (+68)	250m	03:15.61	32,46	
Maud Kuipers 2002 (+68)	300m	03:55.42	39,81	
Hanne te Velthuis 2002 (+61)	350m	04:25.98	30,56	
Hanne te Velthuis 2002 (+61)	400m	04:58.50	32,52	
9. Arethusa				04:59.28
Famke Slabbers 2002 (+69)	50m	00:37.33	37,33	
Famke Slabbers 2002 (+69)	100m	01:16.95	39,62	
Mandy van Rossum 2002 (+74)	150m	01:56.48	39,53	
Mandy van Rossum 2002 (+74)	200m	02:42.80	46,32	
Kemi van de Wetering 2002 (+13)	250m	03:15.29	32,49	
Kemi van de Wetering 2002 (+13)	300m	03:56.10	40,81	
Sasya van Hamersveld 2002 (+16)	350m	04:25.65	29,55	
Sasya van Hamersveld 2002 (+16)	400m	04:59.28	33,63	
10. De Dinkel				05:00.82
Joy van Dieren 2003 (+66)	50m	00:33.26	33,26	
Joy van Dieren 2003 (+66)	100m	01:09.81	36,55	
Soraya Rakers 2003 (+58)	150m	01:50.69	40,88	
Soraya Rakers 2003 (+58)	200m	02:36.20	45,51	
Puck Koopman 2004 (+66)	250m	03:11.98	35,78	
Puck Koopman 2004 (+66)	300m	03:56.67	44,69	
Mayke Westerhof 2002 (+23)	350m	04:27.18	30,51	
Mayke Westerhof 2002 (+23)	400m	05:00.82	33,64	
11. Kimbria				05:04.18
Demi van Hulst 2003 (+62)	50m	00:34.54	34,54	
Demi van Hulst 2003 (+62)	100m	01:11.38	36,84	
Milou Fischer 2002 (+74)	150m	01:52.03	40,65	
Milou Fischer 2002 (+74)	200m	02:39.21	47,18	
Jennifer Zeegers 2002 (+62)	250m	03:12.73	33,52	
Jennifer Zeegers 2002 (+62)	300m	03:56.26	43,53	
Inge Cauberg 2002 (+37)	350m	04:27.91	31,65	
Inge Cauberg 2002 (+37)	400m	05:04.18	36,27	
12. De Haaien				05:04.38
Anniek van Boheemen 2004 (+72)	50m	00:38.60	38,60	
Anniek van Boheemen 2004 (+72)	100m	01:18.05	39,45	
Merel Verhulst 2002 (+22)	150m	01:59.02	40,97	
Merel Verhulst 2002 (+22)	200m	02:45.22	46,20	
Femke van Boheemen 2002 (+27)	250m	03:18.29	33,07	
Femke van Boheemen 2002 (+27)	300m	03:58.06	39,77	

Dyonne Stam 2002 (+22)	350m	04:29.25	31,19	
Dyonne Stam 2002 (+22)	400m	05:04.38	35,13	
13. PSV				05:04.48
Ilse Verhoef 2003 (+55)	50m	00:37.11	37,11	
Ilse Verhoef 2003 (+55)	100m	01:16.93	39,82	
Kim Jansen van Galen 2002 (+27)	150m	01:55.10	38,17	
Kim Jansen van Galen 2002 (+27)	200m	02:41.18	46,08	
Meike Simons 2002 (+1)	250m	03:16.99	35,81	
Meike Simons 2002 (+1)	300m	03:59.55	42,56	
Isa van der Meijden 2002 (+12)	350m	04:30.63	31,08	
Isa van der Meijden 2002 (+12)	400m	05:04.48	33,85	
14. De Forel				05:09.82
Anna Tinga 2003 (+73)	50m	00:37.89	37,89	
Anna Tinga 2003 (+73)	100m	01:17.89	40,00	
Sigrid Hoogland 2003 (+61)	150m	01:59.32	41,43	
Sigrid Hoogland 2003 (+61)	200m	02:46.55	47,23	
Zana Udo 2002 (+49)	250m	03:19.94	33,39	
Zana Udo 2002 (+49)	300m	04:00.43	40,49	
Chantal van Willegen 2003 (+52)	350m	04:32.11	31,68	
Chantal van Willegen 2003 (+52)	400m	05:09.82	37,71	
30. 4x100m wisselslag heren Junioren				
11 - 17 jaar (Jeugd 2 en later)				
1. PSV				04:04.95
Tom Donker 1998 (+63)	50m	00:28.23	28,23	
Tom Donker 1998 (+63)	100m	00:57.68	29,45	
Derk Beemer 2000 (+43)	150m	01:30.27	32,59	
Derk Beemer 2000 (+43)	200m	02:09.66	39,39	
Joris Hendriks 1999 (+4)	250m	02:37.28	27,62	
Joris Hendriks 1999 (+4)	300m	03:10.90	33,62	
Stijn Simons 1999 (+37)	350m	03:36.97	26,07	
Stijn Simons 1999 (+37)	400m	04:04.95	27,98	
2. ZPC Hoogeveen				04:06.27
Gauke Eilander 1998 (+66)	50m	00:29.62	29,62	
Gauke Eilander 1998 (+66)	100m	01:01.79	32,17	
Maik Huser 1999 (+4)	150m	01:34.25	32,46	
Maik Huser 1999 (+4)	200m	02:14.47	40,22	
Junior de Bruin 2000 (+29)	250m	02:41.15	26,68	
Junior de Bruin 2000 (+29)	300m	03:12.11	30,96	
Thomas Kappe 1998 (+28)	350m	03:38.04	25,93	
Thomas Kappe 1998 (+28)	400m	04:06.27	28,23	
3. MNC Dordrecht				04:06.43
Matthew Dullemond 1998 (+75)	50m	00:31.49	31,49	
Matthew Dullemond 1998 (+75)	100m	01:04.65	33,16	
Igor Ostrowski 1998 (+41)	150m	01:35.60	30,95	
Igor Ostrowski 1998 (+41)	200m	02:10.97	35,37	
Camo Mieris 2000 (+34)	250m	02:38.62	27,65	
Camo Mieris 2000 (+34)	300m	03:12.12	33,50	
Dennis Bougrimov 1998 (+12)	350m	03:37.83	25,71	
Dennis Bougrimov 1998 (+12)	400m	04:06.43	28,60	
4. De Columbiaan				04:06.46
Ruben Griffioen 1999 (+62)	50m	00:30.40	30,40	
Ruben Griffioen 1999 (+62)	100m	01:01.60	31,20	
Dave van den Nieuwendijk 2001 (+38)	150m	01:34.66	33,06	
Dave van den Nieuwendijk 2001 (+38)	200m	02:14.17	39,51	
Bas Verdoes 1998 (+26)	250m	02:41.27	27,10	
Bas Verdoes 1998 (+26)	300m	03:14.02	32,75	
Thijs van Wieringen 1999 (+42)	350m	03:39.21	25,19	
Thijs van Wieringen 1999 (+42)	400m	04:06.46	27,25	
5. WS Twente				04:10.77
Niels Hofmeijer 2000 (+69)	50m	00:29.96	29,96	
Niels Hofmeijer 2000 (+69)	100m	01:00.93	30,97	
Luuk Einhaus 2002 (+36)	150m	01:35.40	34,47	

Luuk Einhaus 2002 (+36)	200m	02:16.71	41,31	
Mathieu Boers 1998 (+32)	250m	02:43.72	27,01	
Mathieu Boers 1998 (+32)	300m	03:16.69	32,97	
Torben Lammerdink 1999 (+62)	350m	03:42.51	25,82	
Torben Lammerdink 1999 (+62)	400m	04:10.77	28,26	
6. ZPC AMERSFOORT				04:12.48
Stijn van Aken 1999 (+68)	50m	00:31.17	31,17	
Stijn van Aken 1999 (+68)	100m	01:04.44	33,27	
Wietse Waninge 1998 ()	150m	01:34.54	30,10	
Wietse Waninge 1998 ()	200m	02:08.48	33,94	
Gideon Heij 1998 (+24)	250m	02:36.74	28,26	
Gideon Heij 1998 (+24)	300m	03:11.06	34,32	
Mats van de Weerd 2001 (+26)	350m	03:40.38	29,32	
Mats van de Weerd 2001 (+26)	400m	04:12.48	32,10	
7. ZPC De Zeeuwse Kust				04:12.96
Melle van Gemert 2001 (+63)	50m	00:30.95	30,95	
Melle van Gemert 2001 (+63)	100m	01:04.44	33,49	
Kalle van Gemert 1998 (+27)	150m	01:37.27	32,83	
Kalle van Gemert 1998 (+27)	200m	02:16.08	38,81	
Noa Eversdijk 1999 (+15)	250m	02:42.89	26,81	
Noa Eversdijk 1999 (+15)	300m	03:16.53	33,64	
Thijmen Visser 2000 (+14)	350m	03:43.08	26,55	
Thijmen Visser 2000 (+14)	400m	04:12.96	29,88	
8. De Kikker				04:12.98
Bob de Groot 1999 (+66)	50m	00:32.69	32,69	
Bob de Groot 1999 (+66)	100m	01:06.49	33,80	
Bryan Chen 1998 ()	150m	01:38.85	32,36	
Bryan Chen 1998 ()	200m	02:15.33	36,48	
Ingmar Hartman 1998 ()	250m	02:43.38	28,05	
Ingmar Hartman 1998 ()	300m	03:16.08	32,70	
Dennis Klaassen 1998 ()	350m	03:43.14	27,06	
Dennis Klaassen 1998 ()	400m	04:12.98	29,84	
9. De Dolfijn				04:14.25
Bart Sommeling 1998 (+64)	50m	00:30.09	30,09	
Bart Sommeling 1998 (+64)	100m	01:03.39	33,30	
Nick van Nijburg 1999 (+55)	150m	01:36.89	33,50	
Nick van Nijburg 1999 (+55)	200m	02:14.84	37,95	
Timos Skotadis 1998 (+63)	250m	02:43.62	28,78	
Timos Skotadis 1998 (+63)	300m	03:17.96	34,34	
Dennis Rekveld 1998 (+16)	350m	03:44.34	26,38	
Dennis Rekveld 1998 (+16)	400m	04:14.25	29,91	
10. DWK				04:16.35
Joep Hoogerwerf 2002 (+77)	50m	00:32.65	32,65	
Joep Hoogerwerf 2002 (+77)	100m	01:06.82	34,17	
Justus Ykema 1999 ()	150m	01:38.90	32,08	
Justus Ykema 1999 ()	200m	02:18.50	39,60	
Tim Hoogerwerf 2000 ()	250m	02:45.87	27,37	
Tim Hoogerwerf 2000 ()	300m	03:17.75	31,88	
Dylan Donkersteeg 2002 ()	350m	03:45.63	27,88	
Dylan Donkersteeg 2002 ()	400m	04:16.35	30,72	
11. Hieronymus				04:19.48
Jaro Musters 1998 (+67)	50m	00:29.74	29,74	
Jaro Musters 1998 (+67)	100m	01:01.88	32,14	
Niels van Beers 1999 ()	150m	01:36.67	34,79	
Niels van Beers 1999 ()	200m	02:16.48	39,81	
Cédric Broere 1999 ()	250m	02:45.47	28,99	
Cédric Broere 1999 ()	300m	03:20.66	35,19	
Janne Englebert 2001 ()	350m	03:48.95	28,29	
Janne Englebert 2001 ()	400m	04:19.48	30,53	
12. De Berkelduikers				04:20.65
Jeroen Kok 1999 (+64)	50m	00:32.70	32,70	
Jeroen Kok 1999 (+64)	100m	01:08.70	36,00	

Max Voortman 1999 () 150m 01:40.84 32,14
Max Voortman 1999 () 200m 02:20.04 39,20
Edwin Jager 1999 () 250m 02:49.31 29,27
Edwin Jager 1999 () 300m 03:24.19 34,88
Wilco Nijenhuis 1998 () 350m 03:51.10 26,91
Wilco Nijenhuis 1998 () 400m 04:20.65 29,55

13. ZV De Zaan

04:23.07

Lex Sandburg 1998 (+78) 50m 00:33.04 33,04
Lex Sandburg 1998 (+78) 100m 01:07.17 34,13
Sander Dorland 1999 () 150m 01:39.00 31,83
Sander Dorland 1999 () 200m 02:18.39 39,39
Ingmar Bakker 1998 () 250m 02:46.44 28,05
Ingmar Bakker 1998 () 300m 03:20.91 34,47
Daan Swart 2001 () 350m 03:49.16 28,25
Daan Swart 2001 () 400m 04:23.07 33,91

14. De Forel

04:26.67

Jelmar Koopman 2001 (+66) 50m 00:32.76 32,76
Jelmar Koopman 2001 (+66) 100m 01:06.89 34,13
Carlo Ruiz 1998 (+51) 150m 01:40.92 34,03
Carlo Ruiz 1998 (+51) 200m 02:20.12 39,20
Edwin van Delft 1999 (+42) 250m 02:49.56 29,44
Edwin van Delft 1999 (+42) 300m 03:25.46 35,90
Dushan de Bruijn 2002 (+47) 350m 03:54.68 29,22
Dushan de Bruijn 2002 (+47) 400m 04:26.67 31,99

15. De Dommelbaarzen

04:27.44

Max Peters 1999 (+74) 50m 00:32.13 32,13
Max Peters 1999 (+74) 100m 01:07.11 34,98
Devin Servais 2002 () 150m 01:42.84 35,73
Devin Servais 2002 () 200m 02:24.93 42,09
Ramón Pleijers 1998 () 250m 02:53.86 28,93
Ramón Pleijers 1998 () 300m 03:29.11 35,25
Joris te Booy 1999 () 350m 03:56.49 27,38
Joris te Booy 1999 () 400m 04:27.44 30,95

16. Nuenen

04:38.60

Milan Meurs 2002 (+61) 50m 00:33.34 33,34
Milan Meurs 2002 (+61) 100m 01:09.63 36,29
Bram Zwetsloot 2002 (-3) 150m 01:44.65 35,02
Bram Zwetsloot 2002 (-3) 200m 02:24.96 40,31
Jelmer North 2002 (+44) 250m 02:57.88 32,92
Jelmer North 2002 (+44) 300m 03:34.51 36,63
Alexander Nijst 2001 (+34) 350m 04:05.28 30,77
Alexander Nijst 2001 (+34) 400m 04:38.60 33,32

11 - 15 jaar (Junioren 4 en later)

1. TriVia

04:06.71

Jari Groenhart 2000 (+66) 50m 00:29.06 29,06
Jari Groenhart 2000 (+66) 100m 01:00.32 31,26
Juri Dijkstra 2000 (+35) 150m 01:29.89 29,57
Juri Dijkstra 2000 (+35) 200m 02:04.33 34,44
Maurice Pater 2002 (+43) 250m 02:32.95 28,62
Maurice Pater 2002 (+43) 300m 03:07.18 34,23
Sean Niewold 2002 (+7) 350m 03:34.91 27,73
Sean Niewold 2002 (+7) 400m 04:06.71 31,80

2. VZC E&P

04:06.77

Vincent Crooijmans 2001 (+68) 50m 00:31.85 31,85
Vincent Crooijmans 2001 (+68) 100m 01:05.06 33,21
Thom Delno 2000 (+46) 150m 01:36.30 31,24
Thom Delno 2000 (+46) 200m 02:12.03 35,73
Daen Spoor 2001 (+49) 250m 02:40.29 28,26
Daen Spoor 2001 (+49) 300m 03:12.99 32,70
Sten Postma 2000 (+50) 350m 03:39.08 26,09
Sten Postma 2000 (+50) 400m 04:06.77 27,69

3. ZPC AMERSFOORT

04:07.48

Bas Morelissen 2001 (+78)	50m	00:31.51	31,51	
Bas Morelissen 2001 (+78)	100m	01:05.65	34,14	
Caspar Corbeau 2001 (+38)	150m	01:36.65	31,00	
Caspar Corbeau 2001 (+38)	200m	02:11.20	34,55	
Austin Namesnik 2001 (+29)	250m	02:40.37	29,17	
Austin Namesnik 2001 (+29)	300m	03:12.72	32,35	
Daniël Claasen 2001 (+51)	350m	03:39.11	26,39	
Daniël Claasen 2001 (+51)	400m	04:07.48	28,37	
4. WVZ				04:07.62
Koen Weustink 2000 (+57)	50m	00:30.04	30,04	
Koen Weustink 2000 (+57)	100m	01:02.91	32,87	
Joost de Roy van Zuydewijn 2000 (+36)	150m	01:35.02	32,11	
Joost de Roy van Zuydewijn 2000 (+36)	200m	02:12.39	37,37	
Noah Legerstee 2000 (+69)	250m	02:40.61	28,22	
Noah Legerstee 2000 (+69)	300m	03:13.56	32,95	
Anne Schuurmans 2000 (+24)	350m	03:39.52	25,96	
Anne Schuurmans 2000 (+24)	400m	04:07.62	28,10	
5. PSV				04:18.00
Mathijs Verdonck 2001 (+67)	50m	00:32.26	32,26	
Mathijs Verdonck 2001 (+67)	100m	01:06.15	33,89	
Timo Spaans 2002 (+48)	150m	01:40.80	34,65	
Timo Spaans 2002 (+48)	200m	02:21.23	40,43	
Wouter Schmit 2000 (+33)	250m	02:49.72	28,49	
Wouter Schmit 2000 (+33)	300m	03:21.97	32,25	
Rick Bulman 2001 (+24)	350m	03:48.93	26,96	
Rick Bulman 2001 (+24)	400m	04:18.00	29,07	
6. ZPC AMERSFOORT				04:22.18
Kirill Hrabcuns 2002 (+67)	50m	00:32.40	32,40	
Kirill Hrabcuns 2002 (+67)	100m	01:06.45	34,05	
Milan ten Broek 2000 (+22)	150m	01:37.81	31,36	
Milan ten Broek 2000 (+22)	200m	02:15.91	38,10	
Daniël Rykov 2002 (+21)	250m	02:47.67	31,76	
Daniël Rykov 2002 (+21)	300m	03:23.88	36,21	
Rijk Dragstra 2001 (+20)	350m	03:50.86	26,98	
Rijk Dragstra 2001 (+20)	400m	04:22.18	31,32	
7. Orca				04:22.72
Hugo Jan Bosscher 2000 (+65)	50m	00:34.14	34,14	
Hugo Jan Bosscher 2000 (+65)	100m	01:09.99	35,85	
Thomas Hamstra 2000 (+26)	150m	01:43.93	33,94	
Thomas Hamstra 2000 (+26)	200m	02:23.53	39,60	
Marcel Delfstra 2001 (+30)	250m	02:52.50	28,97	
Marcel Delfstra 2001 (+30)	300m	03:27.01	34,51	
David Kuipers 2000 (+19)	350m	03:53.76	26,75	
David Kuipers 2000 (+19)	400m	04:22.72	28,96	
8. Dedemsvaart-AC				04:25.06
Leon van den Hof 2002 (+74)	50m	00:31.97	31,97	
Leon van den Hof 2002 (+74)	100m	01:06.56	34,59	
Stijn Boertien 2001 (+59)	150m	01:38.83	32,27	
Stijn Boertien 2001 (+59)	200m	02:15.60	36,77	
Jesse Zweers 2001 (+52)	250m	02:45.42	29,82	
Jesse Zweers 2001 (+52)	300m	03:20.63	35,21	
Robin Bruins 2001 (+29)	350m	03:50.38	29,75	
Robin Bruins 2001 (+29)	400m	04:25.06	34,68	
9. De Dinkel				04:26.63
Dennis Kamps 2000 (+77)	50m	00:31.29	31,29	
Dennis Kamps 2000 (+77)	100m	01:03.74	32,45	
Jurre Hanstede 2002 ()	150m	01:39.61	35,87	
Jurre Hanstede 2002 ()	200m	02:20.44	40,83	
Noël Derks 2001 ()	250m	02:50.55	30,11	
Noël Derks 2001 ()	300m	03:26.74	36,19	
Milan van Dieren 2001 ()	350m	03:54.92	28,18	
Milan van Dieren 2001 ()	400m	04:26.63	31,71	

	50m 00:32.40 32,40	150m 01:46.74 37,63	250m 03:03.39 38,58	350m 04:19.87 38,29	
	100m 01:09.11 36,71	200m 02:24.81 38,07	300m 03:41.58 38,19		
12. Kylian Heederik (Deltasteur, 200300353)					04:59.10(+82)
	50m 00:35.08 35,08	150m 01:51.15 38,34	250m 03:07.57 37,71	350m 04:24.08 38,23	
	100m 01:12.81 37,73	200m 02:29.86 38,71	300m 03:45.85 38,28		
13. Joey de Groot (De Aalscholver, 200303587)					04:59.24(+70)
	50m 00:32.84 32,84	150m 01:47.48 37,93	250m 03:05.30 38,96	350m 04:23.68 39,49	
	100m 01:09.55 36,71	200m 02:26.34 38,86	300m 03:44.19 38,89		
14. Stan de Swart (PSV, 200300535)					04:59.56(+71)
	50m 00:33.19 33,19	150m 01:48.62 38,17	250m 03:05.73 38,51	350m 04:22.68 38,49	
	100m 01:10.45 37,26	200m 02:27.22 38,60	300m 03:44.19 38,46		
15. Jeffrey Huynh (VZC E&P, 200300145)					04:59.84(+86)
	50m 00:33.77 33,77	150m 01:49.06 38,09	250m 03:06.27 38,61	350m 04:22.99 38,29	
	100m 01:10.97 37,20	200m 02:27.66 38,60	300m 03:44.70 38,43		
16. Freek Gabriels (TRB-RES, 200301407)					05:00.71(+80)
	50m 00:33.88 33,88	150m 01:49.06 37,89	250m 03:06.46 38,88	350m 04:23.84 38,62	
	100m 01:11.17 37,29	200m 02:27.58 38,52	300m 03:45.22 38,76		
17. Ruben de Vriend (ZV Haerlem, 200300981)					05:00.73(+76)
	50m 00:32.41 32,41	150m 01:47.15 37,99	250m 03:05.02 38,97	350m 04:22.87 38,49	
	100m 01:09.16 36,75	200m 02:26.05 38,90	300m 03:44.38 39,36		
18. Sjors Lemmers (Merlet, 200300555)					05:00.88(+68)
	50m 00:33.64 33,64	150m 01:50.54 38,96	250m 03:07.80 38,53	350m 04:24.51 38,28	
	100m 01:11.58 37,94	200m 02:29.27 38,73	300m 03:46.23 38,43		
19. Sam van der Stroom (PSV, 200304409)					05:01.83(+74)
	50m 00:35.44 35,44	150m 01:51.30 38,15	250m 03:08.09 38,38	350m 04:24.94 37,99	
	100m 01:13.15 37,71	200m 02:29.71 38,41	300m 03:46.95 38,86		
20. Pepijn Verschoor (RZC, 200300231)					05:01.92(+66)
	50m 00:33.14 33,14	150m 01:47.83 37,74	250m 03:04.96 38,64	350m 04:23.41 39,55	
	100m 01:10.09 36,95	200m 02:26.32 38,49	300m 03:43.86 38,90		
21. Niels Kragt (Dedemsvaart-AC, 200300155)					05:02.64(+74)
	50m 00:33.57 33,57	150m 01:49.60 38,69	250m 03:07.71 39,20	350m 04:25.62 38,86	
	100m 01:10.91 37,34	200m 02:28.51 38,91	300m 03:46.76 39,05		
22. Bram Schaafsma (VZC E&P, 200302159)					05:03.56(+69)
	50m 00:33.14 33,14	150m 01:51.75 39,47	250m 03:10.71 38,95	350m 04:27.81 38,37	
	100m 01:12.28 39,14	200m 02:31.76 40,01	300m 03:49.44 38,73		
23. Stijn van den Berg (ZVV, 200300373)					05:03.92(+74)
	50m 00:33.11 33,11	150m 01:49.39 38,98	250m 03:08.00 39,04	350m 04:27.57 39,36	
	100m 01:10.41 37,30	200m 02:28.96 39,57	300m 03:48.21 40,21		
24. Joris Janssen (Aqua-Novio'94, 200301311)					05:04.25(+77)
	50m 00:33.76 33,76	150m 01:51.07 38,91	250m 03:09.41 39,11	350m 04:27.12 38,67	
	100m 01:12.16 38,40	200m 02:30.30 39,23	300m 03:48.45 39,04		
25. Mika Heskamp (De Dinkel, 200300339)					05:04.94(+77)
	50m 00:33.69 33,69	150m 01:51.12 38,87	250m 03:09.71 39,46	350m 04:27.74 38,59	
	100m 01:12.25 38,56	200m 02:30.25 39,13	300m 03:49.15 39,44		
26. Nils Mulder (MNC Dordrecht, 200300049)					05:04.95(+69)
	50m 00:33.65 33,65	150m 01:50.64 39,05	250m 03:09.56 39,34	350m 04:28.48 39,18	
	100m 01:11.59 37,94	200m 02:30.22 39,58	300m 03:49.30 39,74		
27. Sam van der Drift (VZC E&P, 200301485)					05:05.15(+71)
	50m 00:32.89 32,89	150m 01:48.83 38,58	250m 03:06.46 38,52	350m 04:26.91 40,51	
	100m 01:10.25 37,36	200m 02:27.94 39,11	300m 03:46.40 39,94		
28. Milan van Aken (De Fuut, 200303307)					05:06.14(+81)
	50m 00:32.95 32,95	150m 01:51.31 39,82	250m 03:10.90 39,90	350m 04:29.61 38,93	
	100m 01:11.49 38,54	200m 02:31.00 39,69	300m 03:50.68 39,78		
29. Luuk Ruinemans (De Dinkel, 200301085)					05:06.87(+90)

	50m 00:33.11 33,11	150m 01:50.76 39,35	250m 03:10.63 40,29	350m 04:29.48 39,20	
	100m 01:11.41 38,30	200m 02:30.34 39,58	300m 03:50.28 39,65		
30. Ruben Kooi (Nova, 200300829)					05:07.53(+75)
	50m 00:33.04 33,04	150m 01:51.43 40,30	250m 03:10.83 39,82	350m 04:29.48 38,23	
	100m 01:11.13 38,09	200m 02:31.01 39,58	300m 03:51.25 40,42		
31. Bjarne Buijs (The Hague Swimming (SG), 200301089)					05:08.46(+90)
	50m 00:35.44 35,44	150m 01:54.37 39,67	250m 03:14.34 39,50	350m 04:32.16 38,48	
	100m 01:14.70 39,26	200m 02:34.84 40,47	300m 03:53.68 39,34		
32. Thijn Damen (De Warande, 200300973)					05:09.01(+69)
	50m 00:34.81 34,81	150m 01:53.08 39,95	250m 03:12.68 40,19	350m 04:31.72 39,38	
	100m 01:13.13 38,32	200m 02:32.49 39,41	300m 03:52.34 39,66		
33. Bram Daalman (ZV Haerlem, 200300629)					05:09.71(+92)
	50m 00:33.16 33,16	150m 01:52.51 40,67	250m 03:13.41 40,30	350m 04:34.51 39,31	
	100m 01:11.84 38,68	200m 02:33.11 40,60	300m 03:55.20 41,79		
34. Daan Hogerhuis (Alkemade, 200300317)					05:11.04(+72)
	50m 00:34.47 34,47	150m 01:52.92 39,66	250m 03:13.90 40,78	350m 04:33.54 39,57	
	100m 01:13.26 38,79	200m 02:33.12 40,20	300m 03:53.97 40,07		
35. Frederik Adema (De Granaet, 200300253)					05:13.26(+68)
	50m 00:33.33 33,33	150m 01:50.73 39,43	250m 03:11.41 40,41	350m 04:33.44 41,03	
	100m 01:11.30 37,97	200m 02:31.00 40,27	300m 03:52.41 41,00		
36. Jarno Bijsterbosch (Octopus, 200300081)					05:14.03(+68)
	50m 00:32.90 32,90	150m 01:51.01 39,47	250m 03:11.87 40,54	350m 04:33.75 40,23	
	100m 01:11.54 38,64	200m 02:31.33 40,32	300m 03:53.52 41,65		
37. Wessel Heijnemans (Hieronymus, 200301353)					05:14.97(+83)
	50m 00:34.21 34,21	150m 01:51.71 39,82	250m 03:12.88 39,86	350m 04:35.45 42,06	
	100m 01:11.89 37,68	200m 02:33.02 41,31	300m 03:53.39 40,51		
38. Mick Schüssel (De Ward, 200304261)					05:19.45(+72)
	50m 00:35.33 35,33	150m 01:56.03 40,87	250m 03:18.85 41,97	350m 04:41.11 41,22	
	100m 01:15.16 39,83	200m 02:36.88 40,85	300m 03:59.89 41,04		
39. Tim Cohen (ZV De Zaan, 200300685)					05:22.58(+84)
	50m 00:35.76 35,76	150m 01:57.33 41,52	250m 03:19.72 40,56	350m 04:43.12 41,51	
	100m 01:15.81 40,05	200m 02:39.16 41,83	300m 04:01.61 41,89		
40. Andy Zandvliet (De Mors, 200300381)					05:24.90(+72)
	50m 00:36.34 36,34	150m 01:57.49 41,10	250m 03:20.95 42,03	350m 04:44.52 41,49	
	100m 01:16.39 40,05	200m 02:38.92 41,43	300m 04:03.03 42,08		
32. 400m vrije slag - Heren					
13 - 13 jaar (Junioren 2)					
1. Bryan Agterdenbos (MNC Dordrecht, 200200003)					04:20.60(+76)
	50m 00:29.33 29,33	150m 01:35.61 32,75	250m 02:42.83 33,26	350m 03:50.12 33,54	
	100m 01:02.86 33,53	200m 02:09.57 33,96	300m 03:16.58 33,75		
2. Bjorn van Doesburg (Aquarijn, 200201867)					04:27.33(+80)
	50m 00:29.47 29,47	150m 01:36.93 33,93	250m 02:45.97 34,78	350m 03:55.47 34,01	
	100m 01:03.00 33,53	200m 02:11.19 34,26	300m 03:21.46 35,49		
3. Maurice Pater (TriVia, 200200909)					04:29.45(+85)
	50m 00:29.96 29,96	150m 01:37.63 34,19	250m 02:47.38 34,94	350m 03:56.21 34,29	
	100m 01:03.44 33,48	200m 02:12.44 34,81	300m 03:21.92 34,54		
4. Timo Spaans (PSV, 200201087)					04:35.65(+73)
	50m 00:30.32 30,32	150m 01:39.53 34,95	250m 02:50.69 35,90	350m 04:02.25 35,78	
	100m 01:04.58 34,26	200m 02:14.79 35,26	300m 03:26.47 35,78		
5. Luc van Eijndhoven (Argo, 200200139)					04:38.65(+73)
	50m 00:31.93 31,93	150m 01:42.20 35,63	250m 02:53.97 35,93	350m 04:04.92 35,26	
	100m 01:06.57 34,64	200m 02:18.04 35,84	300m 03:29.66 35,69		
6. Dylan Donkersteeg (DWK, 200202217)					04:39.65(+96)
	50m 00:30.05 30,05	150m 01:40.66 35,59	250m 02:52.56 35,51	350m 04:05.04 35,57	

	100m 01:05.07 35,02	200m 02:17.05 36,39	300m 03:29.47 36,91		
7. Adriaan Provó Kluit (RTC - WVZ, 200204397)					04:41.72(+70)
	50m 00:29.67 29,67	150m 01:39.21 35,49	250m 02:50.58 35,63	350m 04:05.20 37,21	
	100m 01:03.72 34,05	200m 02:14.95 35,74	300m 03:27.99 37,41		
8. Brandon van den Berg (Poseidon'56, 200200669)					04:42.39(+78)
	50m 00:30.52 30,52	150m 01:41.11 35,96	250m 02:54.42 36,78	350m 04:07.95 36,69	
	100m 01:05.15 34,63	200m 02:17.64 36,53	300m 03:31.26 36,84		
9. Jurre Hanstede (De Dinkel, 200201019)					04:43.56(+92)
	50m 00:30.84 30,84	150m 01:41.37 35,96	250m 02:54.56 37,05	350m 04:08.77 37,11	
	100m 01:05.41 34,57	200m 02:17.51 36,14	300m 03:31.66 37,10		
10. Sean Niewold (TriVia, 200204699)					04:44.44(+75)
	50m 00:32.29 32,29	150m 01:43.82 36,36	250m 02:57.73 37,06	350m 04:10.32 36,00	
	100m 01:07.46 35,17	200m 02:20.67 36,85	300m 03:34.32 36,59		
11. Jarno Koster (Aqua-Novio'94, 200200637)					04:45.09(+77)
	50m 00:30.55 30,55	150m 01:40.86 35,62	250m 02:53.75 36,78	350m 04:08.18 37,53	
	100m 01:05.24 34,69	200m 02:16.97 36,11	300m 03:30.65 36,90		
12. Tom Blankestijn (ZPC AMERSFOORT, 200201185)					04:45.51(+80)
	50m 00:32.13 32,13	150m 01:43.46 36,23	250m 02:56.90 36,96	350m 04:10.41 36,56	
	100m 01:07.23 35,10	200m 02:19.94 36,48	300m 03:33.85 36,95		
13. Finn Vos (De Dolfijn, 200200665)					04:46.93(+65)
	50m 00:32.96 32,96	150m 01:47.33 37,62	250m 03:01.88 37,25	350m 04:13.08 35,44	
	100m 01:09.71 36,75	200m 02:24.63 37,30	300m 03:37.64 35,76		
14. Anthony Huynh (VZC E&P, 200200605)					04:47.67(+71)
	50m 00:31.98 31,98	150m 01:44.59 37,04	250m 02:58.69 36,72	350m 04:11.88 36,72	
	100m 01:07.55 35,57	200m 02:21.97 37,38	300m 03:35.16 36,47		
15. Viktor Koets (LZ 1886, 200201677)					04:49.84(+80)
	50m 00:31.35 31,35	150m 01:44.19 37,29	250m 02:58.97 37,05	350m 04:14.18 37,19	
	100m 01:06.90 35,55	200m 02:21.92 37,73	300m 03:36.99 38,02		
16. Dushan de Bruijn (De Forel, 200201273)					04:50.11(+82)
	50m 00:31.75 31,75	150m 01:44.03 36,85	250m 02:58.61 37,81	350m 04:14.50 37,81	
	100m 01:07.18 35,43	200m 02:20.80 36,77	300m 03:36.69 38,08		
17. Lars Verhalle (De Vrije Slag, 200200019)					04:50.36(+90)
	50m 00:32.31 32,31	150m 01:45.46 36,76	250m 03:01.68 38,07	350m 04:17.21 37,20	
	100m 01:08.70 36,39	200m 02:23.61 38,15	300m 03:40.01 38,33		
18. Raoul Witten (ZPC Hoogeveen, 200200231)					04:51.26(+80)
	50m 00:33.72 33,72	150m 01:47.67 36,92	250m 03:01.44 36,68	350m 04:15.83 37,03	
	100m 01:10.75 37,03	200m 02:24.76 37,09	300m 03:38.80 37,36		
19. Jelmer North (Nuenen, 200200617)					04:53.01(+73)
	50m 00:33.82 33,82	150m 01:47.84 37,45	250m 03:02.90 37,67	350m 04:16.32 36,25	
	100m 01:10.39 36,57	200m 02:25.23 37,39	300m 03:40.07 37,17		
20. Rens Martens (Hydra, 200202877)					04:53.21(+70)
	50m 00:31.62 31,62	150m 01:45.01 36,94	250m 03:01.03 37,94	350m 04:17.10 38,02	
	100m 01:08.07 36,45	200m 02:23.09 38,08	300m 03:39.08 38,05		
21. Maquinho Vorst (De Mors, 200204179)					04:53.60(+71)
	50m 00:31.77 31,77	150m 01:44.64 38,09	250m 03:00.84 38,16	350m 04:17.85 38,49	
	100m 01:06.55 34,78	200m 02:22.68 38,04	300m 03:39.36 38,52		
22. Tristan Scholten (ZV 44, 200201683)					04:55.12(+77)
	50m 00:30.86 30,86	150m 01:44.58 37,75	250m 03:01.79 38,88	350m 04:17.82 37,61	
	100m 01:06.83 35,97	200m 02:22.91 38,33	300m 03:40.21 38,42		
23. Lars Arends (TriVia, 200204101)					04:55.48(+70)
	50m 00:31.02 31,02	150m 01:43.92 37,49	250m 03:01.18 38,98	350m 04:18.47 38,66	
	100m 01:06.43 35,41	200m 02:22.20 38,28	300m 03:39.81 38,63		
24. Gjalt Panjer (Aquapoldro, 200201943)					04:58.81(+83)
	50m 00:32.49 32,49	150m 01:49.53 38,90	250m 03:06.62 38,26	350m 04:22.54 37,68	

100m 01:10.63 38,14 200m 02:28.36 38,83 300m 03:44.86 38,24

33. 400m vrije slag - Heren

14 - 14 jaar (Junioren 3)

1. Luc Kroon (RTC - DAW, 200100697) 04:12.55(+83)
50m 00:29.10 29,10 150m 01:33.57 32,52 250m 02:38.54 32,23 350m 03:43.20 32,04
100m 01:01.05 31,95 200m 02:06.31 32,74 300m 03:11.16 32,62
2. Sander Crooijmans (VZC E&P, 200100383) 04:13.64(+77)
50m 00:28.69 28,69 150m 01:32.64 32,35 250m 02:37.03 31,93 350m 03:41.62 32,04
100m 01:00.29 31,60 200m 02:05.10 32,46 300m 03:09.58 32,55
3. Thomas Jansen (RTC - WVZ, 200100143) 04:15.60(+80)
50m 00:29.26 29,26 150m 01:34.00 32,72 250m 02:39.49 32,37 350m 03:45.13 32,75
100m 01:01.28 32,02 200m 02:07.12 33,12 300m 03:12.38 32,89
4. Vincent Crooijmans (VZC E&P, 200100381) 04:17.15(+75)
50m 00:28.77 28,77 150m 01:33.09 32,79 250m 02:37.94 32,54 350m 03:44.52 33,42
100m 01:00.30 31,53 200m 02:05.40 32,31 300m 03:11.10 33,16
5. Bas Morelissen (ZPC AMERSFOORT, 200100861) 04:22.27(+74)
50m 00:29.75 29,75 150m 01:35.01 33,77 250m 02:43.19 33,81 350m 03:51.13 33,90
100m 01:01.24 31,49 200m 02:09.38 34,37 300m 03:17.23 34,04
6. Rick Bulman (PSV, 200101899) 04:27.09(+70)
50m 00:29.69 29,69 150m 01:36.56 34,17 250m 02:45.38 34,47 350m 03:54.66 34,46
100m 01:02.39 32,70 200m 02:10.91 34,35 300m 03:20.20 34,82
7. Rohan Vazirani (The Hague Swimming (SG), 200104499) 04:27.23(+71)
50m 00:30.51 30,51 150m 01:37.88 33,83 250m 02:45.90 33,72 350m 03:53.95 33,60
100m 01:04.05 33,54 200m 02:12.18 34,30 300m 03:20.35 34,45
8. David Anthonio (De Kikker, 200102551) 04:27.41(+65)
50m 00:29.61 29,61 150m 01:36.81 34,41 250m 02:46.16 34,65 350m 03:55.32 34,24
100m 01:02.40 32,79 200m 02:11.51 34,70 300m 03:21.08 34,92
9. Owen Peeks (ZPC Hoogeveen, 200100765) 04:28.85(+77)
50m 00:30.55 30,55 150m 01:37.76 33,62 250m 02:45.54 33,70 350m 03:54.85 34,69
100m 01:04.14 33,59 200m 02:11.84 34,08 300m 03:20.16 34,62
10. Dave van der Voet (Zwemvereniging Hoorn, 200102783) 04:29.79(+82)
50m 00:30.26 30,26 150m 01:39.49 34,87 250m 02:49.28 34,97 350m 03:59.00 34,98
100m 01:04.62 34,36 200m 02:14.31 34,82 300m 03:24.02 34,74
11. Daen Spoor (VZC E&P, 200101117) 04:31.27(+72)
50m 00:29.69 29,69 150m 01:36.75 34,09 250m 02:46.18 34,95 350m 03:57.51 36,07
100m 01:02.66 32,97 200m 02:11.23 34,48 300m 03:21.44 35,26
12. Max Visser (WVZ, 200100077) 04:31.36(+71)
50m 00:29.72 29,72 150m 01:37.07 34,16 250m 02:46.56 34,81 350m 03:57.54 35,47
100m 01:02.91 33,19 200m 02:11.75 34,68 300m 03:22.07 35,51
13. Janne Englebort (Hieronymus, 200101561) 04:31.55(+85)
50m 00:30.33 30,33 150m 01:38.07 34,04 250m 02:47.93 35,18 350m 03:59.23 35,77
100m 01:04.03 33,70 200m 02:12.75 34,68 300m 03:23.46 35,53
14. Mathijs Verdonck (PSV, 200101685) 04:32.37(+73)
50m 00:30.14 30,14 150m 01:38.20 34,10 250m 02:48.21 34,97 350m 03:59.39 35,51
100m 01:04.10 33,96 200m 02:13.24 35,04 300m 03:23.88 35,67
15. Sven Elfferich (Het Y, 200100529) 04:34.42(+66)
50m 00:30.33 30,33 150m 01:39.36 35,20 250m 02:50.57 35,59 350m 04:01.30 35,15
100m 01:04.16 33,83 200m 02:14.98 35,62 300m 03:26.15 35,58
16. Christiaan Smit (De Fuut, 200102463) 04:35.52(+70)
50m 00:29.65 29,65 150m 01:37.91 34,73 250m 02:49.25 35,67 350m 04:01.14 35,82
100m 01:03.18 33,53 200m 02:13.58 35,67 300m 03:25.32 36,07
17. Stijn Boertien (Dedemsvaart-AC, 200100719) 04:35.72(+90)
50m 00:29.78 29,78 150m 01:39.00 35,06 250m 02:50.23 35,64 350m 04:01.19 35,77
100m 01:03.94 34,16 200m 02:14.59 35,59 300m 03:25.42 35,19

18. Stefan Rooze (De Fuut, 200102461)					04:35.99(+75)
50m	00:30.40 30,40	150m 01:39.49 35,04	250m 02:50.39 35,66	350m 04:01.91 35,80	
100m	01:04.45 34,05	200m 02:14.73 35,24	300m 03:26.11 35,72		
19. Swen van Elteren (Aquarijn, 200103331)					04:36.26(+76)
50m	00:30.93 30,93	150m 01:41.30 35,96	250m 02:52.42 36,24	350m 04:04.82 35,99	
100m	01:05.34 34,41	200m 02:16.18 34,88	300m 03:28.83 36,41		
20. Rijk Dragstra (ZPC AMERSFOORT, 200102473)					04:36.51(+75)
50m	00:30.46 30,46	150m 01:39.82 35,22	250m 02:51.11 35,90	350m 04:02.91 35,82	
100m	01:04.60 34,14	200m 02:15.21 35,39	300m 03:27.09 35,98		
21. Raf Hendriks (Hellas-Glana, 200100879)					04:36.65(+78)
50m	00:29.53 29,53	150m 01:37.97 34,68	250m 02:50.29 36,02	350m 04:02.46 35,55	
100m	01:03.29 33,76	200m 02:14.27 36,30	300m 03:26.91 36,62		
22. Freek Hollander (The Hague Swimming (SG), 200103815)					04:36.86(+83)
50m	00:31.30 31,30	150m 01:42.14 35,46	250m 02:52.24 34,83	350m 04:02.59 35,64	
100m	01:06.68 35,38	200m 02:17.41 35,27	300m 03:26.95 34,71		
23. Jarmo van den Blink (De Houtrib, 200100585)					04:36.90(+78)
50m	00:30.01 30,01	150m 01:40.93 35,80	250m 02:51.77 34,83	350m 04:03.19 35,09	
100m	01:05.13 35,12	200m 02:16.94 36,01	300m 03:28.10 36,33		
24. Milan van Dieren (De Dinkel, 200100493)					04:37.90(+83)
50m	00:29.24 29,24	150m 01:38.16 35,42	250m 02:50.30 36,05	350m 04:02.57 35,85	
100m	01:02.74 33,50	200m 02:14.25 36,09	300m 03:26.72 36,42		
25. Jelmar Koopman (De Forel, 200100249)					04:40.18(+75)
50m	00:30.54 30,54	150m 01:42.30 36,58	250m 02:55.78 36,74	350m 04:06.37 35,11	
100m	01:05.72 35,18	200m 02:19.04 36,74	300m 03:31.26 35,48		
26. Leendert Paans (De Biesboschzwemmers, 200102805)					04:40.35(+73)
50m	00:30.75 30,75	150m 01:40.99 35,99	250m 02:53.87 36,62	350m 04:05.93 35,65	
100m	01:05.00 34,25	200m 02:17.25 36,26	300m 03:30.28 36,41		
27. Tjeerd van Stein (LZ 1886, 200101439)					04:43.27(+76)
50m	00:31.63 31,63	150m 01:42.27 35,46	250m 02:54.70 36,11	350m 04:07.30 36,40	
100m	01:06.81 35,18	200m 02:18.59 36,32	300m 03:30.90 36,20		
28. Mats van de Weerd (ZPC AMERSFOORT, 200101649)					04:50.71(+71)
50m	00:31.74 31,74	150m 01:45.52 37,74	250m 03:00.98 37,80	350m 04:15.90 36,93	
100m	01:07.78 36,04	200m 02:23.18 37,66	300m 03:38.97 37,99		
29. Chiel de Pooter (De Schelde, 200101355)					04:50.81(+71)
50m	00:30.72 30,72	150m 01:43.25 37,17	250m 02:57.62 36,87	350m 04:14.37 38,12	
100m	01:06.08 35,36	200m 02:20.75 37,50	300m 03:36.25 38,63		
30. Jelle Opmeer (Octopus, 200100269)					04:50.95(+65)
50m	00:31.08 31,08	150m 01:43.72 37,34	250m 02:59.98 38,08	350m 04:15.44 37,36	
100m	01:06.38 35,30	200m 02:21.90 38,18	300m 03:38.08 38,10		
31. Finn van Bommel (De Columbiaan, 200103683)					04:51.06(+83)
50m	00:32.38 32,38	150m 01:46.60 37,87	250m 03:01.98 37,98	350m 04:16.33 36,46	
100m	01:08.73 36,35	200m 02:24.00 37,40	300m 03:39.87 37,89		
32. Rutger Nieuwenhuis (De Mors, 200100235)					04:57.40(+77)
50m	00:31.49 31,49	150m 01:45.51 38,20	250m 03:02.69 38,91	350m 04:20.32 38,54	
100m	01:07.31 35,82	200m 02:23.78 38,27	300m 03:41.78 39,09		
34. 400m vrije slag - Heren					
15 - 15 jaar (Junioren 4)					
1. Jari Groenhart (RTC - TriVia, 200000271)					04:06.67(+76)
50m	00:27.77 27,77	150m 01:30.81 31,96	250m 02:34.30 31,41	350m 03:36.89 30,60	
100m	00:58.85 31,08	200m 02:02.89 32,08	300m 03:06.29 31,99		
2. Niels Hofmeijer (WS Twente, 200000699)					04:09.73(+79)
50m	00:28.20 28,20	150m 01:31.75 32,43	250m 02:35.48 31,70	350m 03:39.05 31,31	
100m	00:59.32 31,12	200m 02:03.78 32,03	300m 03:07.74 32,26		
3. Sten Postma (VZC E&P, 200000011)					04:11.54(+73)

	50m 00:28.86 28,86	150m 01:32.53 32,15	250m 02:37.04 32,41	350m 03:41.03 31,90	
	100m 01:00.38 31,52	200m 02:04.63 32,10	300m 03:09.13 32,09		
4. David Kuipers (Orca, 200003633)					04:16.68(+75)
	50m 00:29.32 29,32	150m 01:33.52 32,58	250m 02:39.01 32,64	350m 03:45.26 33,08	
	100m 01:00.94 31,62	200m 02:06.37 32,85	300m 03:12.18 33,17		
5. Chad Michau (DWK, 200005653)					04:17.26(+68)
	50m 00:28.48 28,48	150m 01:32.31 32,40	250m 02:37.98 32,88	350m 03:44.44 33,25	
	100m 00:59.91 31,43	200m 02:05.10 32,79	300m 03:11.19 33,21		
6. Anne Schuurmans (RTC - WVZ, 200003919)					04:18.60(+83)
	50m 00:29.16 29,16	150m 01:34.22 33,13	250m 02:41.30 33,48	350m 03:47.71 32,73	
	100m 01:01.09 31,93	200m 02:07.82 33,60	300m 03:14.98 33,68		
7. Dennis Kamps (De Dinkel, 200000191)					04:19.85(+78)
	50m 00:29.05 29,05	150m 01:34.47 33,22	250m 02:41.44 33,51	350m 03:48.13 33,36	
	100m 01:01.25 32,20	200m 02:07.93 33,46	300m 03:14.77 33,33		
8. Tim Hoogerwerf (DWK, 200005587)					04:22.98(+75)
	50m 00:29.04 29,04	150m 01:35.01 33,67	250m 02:42.85 34,18	350m 03:50.52 33,84	
	100m 01:01.34 32,30	200m 02:08.67 33,66	300m 03:16.68 33,83		
9. Olivier Jans (De Fuut, 200001815)					04:22.99(+81)
	50m 00:30.24 30,24	150m 01:35.94 32,77	250m 02:43.44 33,71	350m 03:51.99 34,38	
	100m 01:03.17 32,93	200m 02:09.73 33,79	300m 03:17.61 34,17		
10. Thom Delno (RTC- VZC E&P, 200000013)					04:23.31(+74)
	50m 00:28.83 28,83	150m 01:34.03 33,24	250m 02:41.51 33,81	350m 03:50.93 34,64	
	100m 01:00.79 31,96	200m 02:07.70 33,67	300m 03:16.29 34,78		
11. Arjan Dekker (ReVeLie Swim Team, 200000499)					04:30.88(+75)
	50m 00:29.89 29,89	150m 01:38.62 34,81	250m 02:47.54 33,96	350m 03:57.00 34,97	
	100m 01:03.81 33,92	200m 02:13.58 34,96	300m 03:22.03 34,49		
12. Darren Chen (De Kikker, 200001149)					04:32.89(+67)
	50m 00:30.13 30,13	150m 01:39.23 35,17	250m 02:50.67 35,58	350m 04:00.90 34,26	
	100m 01:04.06 33,93	200m 02:15.09 35,86	300m 03:26.64 35,97		
13. Maikel van der Linden (Kimbria, 200003797)					04:35.62(+75)
	50m 00:30.71 30,71	150m 01:39.41 34,91	250m 02:49.79 35,23	350m 04:00.75 35,42	
	100m 01:04.50 33,79	200m 02:14.56 35,15	300m 03:25.33 35,54		
14. Joost Geerdink (De Waalstroom, 200002467)					04:36.85(+74)
	50m 00:30.95 30,95	150m 01:41.30 35,65	250m 02:52.18 35,55	350m 04:03.07 35,17	
	100m 01:05.65 34,70	200m 02:16.63 35,33	300m 03:27.90 35,72		
8. 100m schoolslag - Dames					
	<i>14 - 15 jaar (Jeugd 1 en 2)</i>				
1. Rosey Metz (RTC - WVZ, 200101786)					01:11.75(+79)
	50m 00:33.98 33,98				
2. Sanne Busch (MNC Dordrecht, 200101486)					01:13.82(+73)
	50m 00:35.03 35,03				
3. Kim Vos (SBC2000, 200000990)					01:14.12(+71)
	50m 00:34.34 34,34				
4. Joyce Kuipers (Orca, 200103426)					01:14.59(+77)
	50m 00:34.69 34,69				
5. Madelijne Schothans (De Veene, 200002416)					01:14.85(+87)
	50m 00:35.04 35,04				
6. Lianne Bouwmeester (De Columbiaan, 200000956)					01:14.89(+74)
	50m 00:35.17 35,17				
7. Zara Konstapel (NDD, 200101144)					01:15.74(+71)
	50m 00:35.12 35,12				
8. Myrthe Bakker (MNC Dordrecht, 200000804)					01:15.82(+78)
	50m 00:35.18 35,18				

209. 100m schoolslag - Dames

11 - 15 jaar (Jeugd 2 en later)

1. Liesette Bruinsma (NTC PARA-HZ&PC Heerenveen, 200004346) [SB11] 01:26.77(+71)
50m 00:40.44 40,44
2. Chantalle Zijderveld (NTC PARA-ZZ&PC De Devel, 200000702) [SB9] 01:16.92(+72)
50m 00:35.72 35,72
3. Lisa Kruger (NTC PARA-ZPC AMERSFOORT, 200005304) [SB9] 01:18.35(+76)
50m 00:36.68 36,68
4. Deborah Visser (De Duinkickers, 200102666) [SB9] 01:37.06(+74)
50m 00:44.51 44,51
5. Amber van der Kruk (MSV-Zeemacht, 200102730) [SB14] 01:35.69(+88)
50m 00:43.05 43,05
6. Iris Onnink (De Vrije Slag, 200301836) [SB9] 01:46.88(+106)
50m 00:51.87 51,87
7. Jonne Moleman (AZC, 200006264) [SB9] 01:47.43(+100)
50m 00:48.97 48,97

35. 100m schoolslag - Dames

11 - 11 jaar (Junioren 1)

1. Anna van Droffelaar (ZVVS, 200400258) 01:18.93(+64)
50m 00:36.56 36,56
2. Myrthe Natzijs (De Kikker, 200400076) 01:22.13(+74)
50m 00:39.12 39,12
3. Sterre Hendriks (PSV, 200401288) 01:22.26(+80)
50m 00:39.31 39,31
4. Irma van der Wulp (WVZ, 200401950) 01:25.54(+70)
50m 00:40.78 40,78
5. Jetske Moot (De Houtrib, 200400230) 01:25.56(+78)
50m 00:39.79 39,79
6. Rinske Bouman (ZZ&PC De Devel, 200400578) 01:25.75(+86)
50m 00:40.83 40,83
7. Anna Tiemersma (ZPC De Zeeuwse Kust, 200400686) 01:25.96(+77)
50m 00:40.05 40,05
8. Sanne Lukken (PSV, 200400030) 01:26.08(+93)
50m 00:40.29 40,29
9. Puck Koopman (De Dinkel, 200400038) 01:26.15(+80)
50m 00:41.45 41,45
10. Lois van Oijen (ESCA Zwemmen, 200402054) 01:26.69(+83)
50m 00:41.27 41,27
11. Danielle Vis (De Columbiaan, 200401044) 01:26.84(+72)
50m 00:41.26 41,26
12. Veerle Nieborg (TriVia, 200400428) 01:27.00(+83)
50m 00:41.28 41,28
13. Flore Meulendijks (Nuenen, 200401884) 01:27.20(+77)
50m 00:41.70 41,70
14. Luna de Vries (Aqua-Novio'94, 200400516) 01:27.81(+85)
50m 00:41.58 41,58
15. Tess Wolbert (De Dinkel, 200400538) 01:28.10(+83)
50m 00:40.89 40,89
16. Luna Hofmeijer (WS Twente, 200400006) 01:28.79(+79)

	50m 00:40.72 40,72	
17. Lorena Dreschers (Hellas-Glana, 200401364)	50m 00:42.07 42,07	01:28.87(+88)
18. Ismay Lichtendonk (Dedemsvaart-AC, 200400622)	50m 00:42.38 42,38	01:28.88(+82)
19. Britt van den Boom (NIMO, 200401178)	50m 00:41.42 41,42	01:28.96(+78)
20. Nora Weerman (Orca, 200400620)	50m 00:42.24 42,24	01:29.31(+78)
21. Iris Nieuwhof (Inktvis-De Pinquin (SG), 200401944)	50m 00:42.62 42,62	01:29.66(+77)
22. Yvette Buis (De Dolfijn, 200401830)	50m 00:42.49 42,49	01:29.84(+66)
23. Tessa Sportel (Dedemsvaart-AC, 200401644)	50m 00:42.67 42,67	01:30.31(+87)
24. Louise Gepkens (Aqua-Novio'94, 200403410)	50m 00:42.98 42,98	01:32.90(+75)
36. 100m schoolslag - Dames		
12 - 12 jaar (Junioren 2)		
1. Lynn Joor (WS Twente, 200300550)	50m 00:33.87 33,87	01:13.40(+71)
2. Lana Broekhoven (PSV, 200300056)	50m 00:35.85 35,85	01:17.51(+69)
3. Britta Koehorst (RTC - De Lansingh, 200300246)	50m 00:36.70 36,70	01:17.89(+73)
4. Eva Geilenkirchen (The Hague Swimming (SG), 200302834)	50m 00:36.68 36,68	01:18.10(+72)
5. Silke Bliet (NIMO, 200301948)	50m 00:37.51 37,51	01:18.74(+76)
6. Mirthe Schenkel (ZPC Hoogeveen, 200300666)	50m 00:38.79 38,79	01:19.70(+86)
7. Silke Huisman (De Vikings, 200301182)	50m 00:36.83 36,83	01:19.71(+68)
8. Ellen Altena (TriVia, 200300266)	50m 00:39.00 39,00	01:23.12(+72)
9. Maaïke Issard (De Houtrib, 200300022)	50m 00:39.47 39,47	01:23.29(+81)
10. Lieke Bastiaansen (MNC Dordrecht, 200301368)	50m 00:38.88 38,88	01:23.47(+82)
11. Ilse Verhoef (PSV, 200302288)	50m 00:40.30 40,30	01:23.84(+74)
12. Debbie Bruijgoms (MNC Dordrecht, 200301672)	50m 00:39.82 39,82	01:24.14(+81)
13. Lotte Pieterman (Swol 1894, 200301838)	50m 00:39.71 39,71	01:24.46(+72)
14. Kim de Jong (LZ 1886, 200301026)	50m 00:40.64 40,64	01:25.44(+80)
15. Amy Koelman (De Columbiaan, 200300922)	50m 00:40.02 40,02	01:25.61(+68)

16. Quinty Rouschop (NIMO, 200300208)	01:28.23(+74)
50m 00:40.26 40,26	
37. 100m schoolslag - Dames	
13 - 13 jaar (Junioren 3)	
1. Sophie de Jonge (RTC - WVZ, 200200118)	01:15.07(+73)
50m 00:35.42 35,42	
2. Birgit van Buiten (Aquapoldro, 200200498)	01:17.18(+80)
50m 00:36.55 36,55	
3. Bo Souhoka (Hellas-Glana, 200201186)	01:18.93(+77)
50m 00:36.95 36,95	
4. Kemi van de Wetering (Arethusa, 200201456)	01:18.98(+66)
50m 00:36.86 36,86	
5. Esther Tiemersma (ZPC De Zeeuwse Kust, 200202962)	01:19.06(+74)
50m 00:37.65 37,65	
6. Amber Koning (Zwem en Polo Club Appingedam, 200202842)	01:19.25(+84)
50m 00:37.68 37,68	
7. Lotte Hosper (De Fuut, 200201414)	01:19.41(+84)
50m 00:37.59 37,59	
8. Jule Franken (AquAmigos, 200204024)	01:19.75(+72)
50m 00:37.49 37,49	
9. Isa Boom (MNC Dordrecht, 200200186)	01:20.76(+69)
50m 00:37.86 37,86	
10. Lisanne Boets (Stadskanaal, 200200346)	01:21.98(+83)
50m 00:38.39 38,39	
11. Nikki Smeets (NIMO, 200200080)	01:22.32(+67)
50m 00:38.95 38,95	
12. Lieske Zijlstra (De Schotelij, 200200996)	01:22.46(+79)
50m 00:38.73 38,73	
13. Sarah el Bacha (De Dolfijn, 200201104)	01:23.24(+70)
50m 00:38.90 38,90	
14. Anne Paulusse (De Warande, 200200834)	01:23.61(+86)
50m 00:38.71 38,71	
15. Kim Jansen van Galen (PSV, 200201594)	01:24.46(+101)
50m 00:39.96 39,96	
DIS. Tessa Loos (ZC AquaDream, 200200608)	00:00.00
10. 100m vlinderslag - Heren	
16 - 17 jaar (Jeugd 1 en 2)	
1. Nyls Korstanje (RTC - Aqua Novio '94, 199901941)	00:54.05(+64)
50m 00:24.94 24,94	
2. Ruben Stam (Albion, 199800331)	00:54.71(+71)
50m 00:25.45 25,45	
3. Floris Kotterink (Albion, 199800199)	00:55.69(+59)
50m 00:25.99 25,99	
4. Tom Donker (PSV, 199805711)	00:56.11(+66)
50m 00:26.54 26,54	
5. Gauke Eilander (ZPC Hoogeveen, 199800603)	00:56.39(+66)
50m 00:26.23 26,23	
6. Jens Krijgsman (RTC - De Columbiaan, 199901429)	00:56.68(+70)
50m 00:26.63 26,63	

7. Jesse van Dijk (De Houtrib, 199903259)		00:58.37(+68)
50m	00:27.09 27,09	
8. Berjen Mellema (RTC - Nova, 199800615)		00:59.39(+79)
50m	00:27.65 27,65	
211. 100m vlinderslag - Heren		
12 - 17 jaar		
1. Tim van Duuren (NTC PARA-WIDEX GZC Donk, 199802255) [S9]		01:08.18(+67)
50m	00:31.50 31,50	
2. Duncan van Haaren (NTC PARA-WIDEX GZC Donk, 200000681) [S10]		01:05.27(+73)
50m	00:30.23 30,23	
3. Rogier Dorsman (NTC PARA-ZZ&PC De Devel, 199900211) [S12]		01:08.28(+69)
50m	00:30.84 30,84	
4. Bas Takken (NTC PARA-ZV Hoorn, 199901643) [S10]		01:07.61(+74)
50m	00:30.57 30,57	
5. Bastian Renshoff (Octopus, 200001261) [S10]		01:12.36(+99)
50m	00:31.29 31,29	
6. Querijn Hensen (De Duinkickers, 200102121) [S10]		01:12.75(+60)
50m	00:32.26 32,26	
16. 200m rugslag - Dames		
14 - 15 jaar (Jeugd 1 en 2)		
1. Indy Jongman (RTC - PSV, 200100528)		02:20.01(+68)
50m	00:32.08 32,08	
100m	01:07.41 35,33	
150m	01:43.92 36,51	
2. Alinda Dingshoff (ZPC Hoogeveen, 200000928)		02:23.30(+69)
50m	00:33.90 33,90	
100m	01:10.39 36,49	
150m	01:47.01 36,62	
3. Mathilde Stolmeijer (De Dinkel, 200100590)		02:23.80(+72)
50m	00:33.69 33,69	
100m	01:10.71 37,02	
150m	01:48.12 37,41	
4. Brigit van der Vegte (Octopus, 200000714)		02:24.44(+78)
50m	00:33.39 33,39	
100m	01:10.66 37,27	
150m	01:48.34 37,68	
5. Eline van der Wal (HZ&PC Heerenveen, 200100930)		02:24.60(+66)
50m	00:34.37 34,37	
100m	01:10.69 36,32	
150m	01:47.98 37,29	
6. Fleur Donker (PSV, 200006496)		02:27.51(+57)
50m	00:34.39 34,39	
100m	01:12.05 37,66	
150m	01:50.38 38,33	
7. Danieke van der Kooi (Orca, 200000552)		02:30.32(+80)
50m	00:34.96 34,96	
100m	01:12.54 37,58	
150m	01:51.96 39,42	
8. Kaylin Stel (De Dolfijn, 200100290)		02:31.32(+59)
50m	00:34.55 34,55	
100m	01:12.83 38,28	
150m	01:52.06 39,23	
38. 100m rugslag - Heren		
12 - 12 jaar (Junioren 1)		
1. Mike Gerritsen (Platella, 200304013)		01:07.40(+76)
50m	00:32.74 32,74	
2. Keanu Streefland (The Hague Swimming (SG), 200302445)		01:08.38(+78)
50m	00:33.41 33,41	
3. Tim Korstanje (Aqua-Novio'94, 200300053)		01:08.64(+60)
50m	00:33.44 33,44	
4. Esper Schreurs (ZEPS, 200300433)		01:09.28(+68)
50m	00:33.17 33,17	
5. Luuk Bos (VZ&PC, 200300151)		01:10.08(+65)
50m	00:33.50 33,50	
5. Luuk Hulleman (ZVV, 200300189)		01:10.08(+73)
50m	00:33.39 33,39	

7. Ster van 't Land (ZPC AMERSFOORT, 200302015) 50m 00:35.16 35,16	01:11.56(+72)
8. Lukas Binnekamp (WS Twente, 200300107) 50m 00:34.31 34,31	01:11.80(+72)
9. Dylan Jansen (WVZ, 200300817) 50m 00:35.76 35,76	01:11.86(+66)
10. Daan Hogerhuis (Alkemade, 200300317) 50m 00:35.63 35,63	01:12.63(+65)
11. Stan de Swart (PSV, 200300535) 50m 00:34.87 34,87	01:12.82(+67)
12. Dion Fujijschot (De Meeuwen Diemen, 200302399) 50m 00:36.06 36,06	01:13.82(+66)
13. Tyrese Sitania (Aqua-Novio'94, 200301999) 50m 00:35.12 35,12	01:13.87(+65)
14. Rens van Beek (Aqua-Novio'94, 200300537) 50m 00:36.16 36,16	01:13.95(+84)
15. Mark van den Berg (TriVia, 200300369) 50m 00:35.38 35,38	01:14.19(+65)
16. Sjors Lemmers (Merlet, 200300555) 50m 00:36.58 36,58	01:14.30(+70)
17. Thomas Tolsma (SBC2000, 200300613) 50m 00:37.28 37,28	01:15.29(+64)
18. Thijs Bosma (De Dolfijn, 200302443) 50m 00:36.48 36,48	01:15.32(+79)
19. Frederik Adema (De Granaet, 200300253) 50m 00:36.82 36,82	01:15.47(+59)
20. Perry Laarhoven (ZPC Numansdorp, 200301321) 50m 00:36.76 36,76	01:15.60(+78)
21. Jarno Bijsterbosch (Octopus, 200300081) 50m 00:36.56 36,56	01:15.96(+69)
22. Bjarne Buijs (The Hague Swimming (SG), 200301089) 50m 00:37.45 37,45	01:16.58(+79)
23. Yorick Visser (ZPC De Zeeuwse Kust, 200301957) 50m 00:37.87 37,87	01:16.84(+80)
24. Michael Smink (Aquarijn, 200302169) 50m 00:36.98 36,98	01:17.15(+74)
39. 100m rugslag - Heren 13 - 13 jaar (Junioren 2)	
1. Leon van den Hof (Dedemsvaart-AC, 200203269) 50m 00:30.49 30,49	01:04.05(+71)
2. Tycho Atanasov (De Kikker, 200201133) 50m 00:32.47 32,47	01:05.86(+60)
3. Kirill Hrabcuns (ZPC AMERSFOORT, 200201221) 50m 00:32.17 32,17	01:05.98(+68)
4. Timo Spaans (PSV, 200201087) 50m 00:32.58 32,58	01:06.06(+62)
5. Joep Hoogerwerf (DWK, 200204527) 50m 00:32.76 32,76	01:06.10(+76)
6. Bobby van Dijk (DBD, 200200153) 50m 00:32.03 32,03	01:06.49(+66)

7. Thomas Weening (De Dolfijn, 200200523) 50m 00:33.41 33,41	01:07.09(+69)
8. Adriaan Provó Kluit (RTC - WVZ, 200204397) 50m 00:32.88 32,88	01:07.19(+61)
9. Milan Meurs (Nuenen, 200202079) 50m 00:33.22 33,22	01:07.44(+56)
10. IJsbrand Buijnsters (ZC AquaDream, 200200375) 50m 00:32.79 32,79	01:07.56(+84)
11. Léon van der Geest (WS Twente, 200201005) 50m 00:32.46 32,46	01:07.78(+65)
12. Nikhom Westphal (SCOM/De Zeehond'73 (SG), 200203329) 50m 00:33.56 33,56	01:07.80(+70)
13. Sean Niewold (TriVia, 200204699) 50m 00:33.19 33,19	01:08.71(+74)
14. Gilles Cuijpers (Zwemclub Eijsden, 200202003) 50m 00:33.41 33,41	01:09.07(+68)
15. Viktor Koets (LZ 1886, 200201677) 50m 00:33.60 33,60	01:09.22(+73)
16. Lars Verhalle (De Vrije Slag, 200200019) 50m 00:34.26 34,26	01:09.86(+83)
17. Maquinho Vorst (De Mors, 200204179) 50m 00:34.52 34,52	01:10.12(+67)
18. Raoul Witten (ZPC Hoogeveen, 200200231) 50m 00:34.21 34,21	01:10.21(+68)
19. Sweeder Braakman (De IJsel, 200200397) 50m 00:34.92 34,92	01:11.39(+69)
20. Daniël Rykov (ZPC AMERSFOORT, 200200447) 50m 00:35.32 35,32	01:11.49(+67)
21. Dylan Donkersteeg (DWK, 200202217) 50m 00:35.06 35,06	01:11.81(+82)
21. Jarno Verbeek (Zoetermeer, 200200931) 50m 00:35.97 35,97	01:11.81(+56)
23. Jasper van Veen (De Zwoer, 200201325) 50m 00:34.01 34,01	01:11.87(+56)
24. Björn Kokkelkoren (ZPC Hoogeveen, 200200757) 50m 00:36.33 36,33	01:13.81(+68)
40. 100m rugslag - Heren 14 - 14 jaar (Junioren 3)	
1. Luc Kroon (RTC - DAW, 200100697) 50m 00:30.62 30,62	01:01.35(+87)
2. Caspar Corbeau (ZPC AMERSFOORT, 200105099) 50m 00:30.65 30,65	01:02.58(+65)
3. Austin Namesnik (ZPC AMERSFOORT, 200101817) 50m 00:31.09 31,09	01:03.19(+57)
4. Ivo Stolk (SCOM/De Zeehond'73 (SG), 200100615) 50m 00:31.01 31,01	01:03.64(+75)
5. Luuk Roosen (Zwemclub Eijsden, 200100577) 50m 00:31.47 31,47	01:04.24(+64)
6. Melle van Gemert (ZPC De Zeeuwse Kust, 200100687)	01:04.72(+69)

	50m 00:30.60 30,60	
7. Emile Dost (Borger, 200100731)	50m 00:31.62 31,62	01:04.93(+68)
8. Jesse Zweers (Dedemsvaart-AC, 200100399)	50m 00:31.44 31,44	01:04.94(+73)
9. Owen Peek (ZPC Hoogeveen, 200100765)	50m 00:32.06 32,06	01:05.03(+76)
10. Vincent Croijmans (VZC E&P, 200100381)	50m 00:32.15 32,15	01:05.45(+70)
11. Mathijs Verdonck (PSV, 200101685)	50m 00:32.43 32,43	01:05.59(+64)
12. Marcel Delfstra (Orca, 200100037)	50m 00:31.84 31,84	01:05.66(+63)
13. Bas Morelissen (ZPC AMERSFOORT, 200100861)	50m 00:32.29 32,29	01:05.78(+75)
14. Stefan Waalkens (De Houtrib, 200100611)	50m 00:32.43 32,43	01:06.25(+71)
15. Marc Hoogeveen (Aqua'68, 200101585)	50m 00:31.88 31,88	01:06.58(+69)
16. Raf Hendriks (Hellas-Glana, 200100879)	50m 00:32.91 32,91	01:06.61(+59)
17. Remi van der Schee (De Houtrib, 200100583)	50m 00:31.66 31,66	01:06.64(+60)
18. Christiaan Smit (De Fuut, 200102463)	50m 00:32.32 32,32	01:06.87(+64)
19. Sander Croijmans (VZC E&P, 200100383)	50m 00:32.67 32,67	01:06.89(+73)
20. Jelle Smid (Aqua-Novio'94, 200100627)	50m 00:31.96 31,96	01:07.00(+70)
21. Quinn van den Heuvel (ZPC Numansdorp, 200100297)	50m 00:32.50 32,50	01:07.10(+66)
22. Dave van der Voet (Zwemvereniging Hoorn, 200102783)	50m 00:33.01 33,01	01:07.29(+79)
23. Jelmar Koopman (De Forel, 200100249)	50m 00:32.46 32,46	01:07.32(+66)
24. Stefan Tomicic (RZ, 200101271)	50m 00:32.24 32,24	01:07.41(+67)
25. Sander Iuga (Poseidon'56, 200101389)	50m 00:32.17 32,17	01:07.59(+64)
26. Max Visser (WVZ, 200100077)	50m 00:32.99 32,99	01:07.64(+70)
27. Thomas Jansen (RTC - WVZ, 200100143)	50m 00:33.03 33,03	01:07.87(+78)
28. Mart Niehoff (De Zwoer, 200100759)	50m 00:32.55 32,55	01:08.06(+66)
29. Janne Englebert (Hieronymus, 200101561)	50m 00:33.09 33,09	01:08.50(+71)
30. Gerard IJspeert (TriVia, 200100051)	50m 00:32.87 32,87	01:08.58(+62)

31. Daen Spoor (VZC E&P, 200101117)	01:08.73(+70)
50m 00:32.96 32,96	
32. Boyd Wijkman (MSV-Zeemacht, 200104759)	01:09.19(+63)
50m 00:33.20 33,20	
41. 100m rugslag - Heren	
15 - 15 jaar (Junioren 4)	
1. Jelle Betten (RTC - DZ&PC, 200001535)	00:57.86(+62)
50m 00:28.42 28,42	
2. Martin Ruiter (RTC - DZ&PC, 200001309)	00:59.69(+66)
50m 00:29.07 29,07	
3. Jari Groenhart (RTC - TriVia, 200000271)	01:00.35(+64)
50m 00:29.28 29,28	
4. Niels Hofmeijer (WS Twente, 200000699)	01:00.93(+68)
50m 00:30.08 30,08	
5. Ruden de Ridder (RTC - ZPC De Zeeuwse Kust, 200001587)	01:01.44(+65)
50m 00:29.88 29,88	
6. Koen Weustink (WVZ, 200005655)	01:02.01(+56)
50m 00:29.70 29,70	
7. Dennis Kamps (De Dinkel, 200000191)	01:03.50(+78)
50m 00:30.96 30,96	
8. Anne Schuurmans (RTC - WVZ, 200003919)	01:03.91(+75)
50m 00:31.50 31,50	
9. Niels de Boer (Eurode KZC, 200001977)	01:04.19(+72)
50m 00:30.82 30,82	
10. Olivier Jans (De Fuut, 200001815)	01:04.31(+77)
50m 00:31.95 31,95	
11. Noah Legerstee (WVZ, 200003593)	01:04.70(+69)
50m 00:31.99 31,99	
12. Steef Warmerdam (Arethusa, 200003915)	01:05.66(+69)
50m 00:31.95 31,95	
13. Arjan Dekker (ReVeLie Swim Team, 200000499)	01:06.58(+79)
50m 00:32.07 32,07	
14. Zeno Koutsocheras (Wijchen, 200003273)	01:06.63(+72)
50m 00:32.45 32,45	
15. Ian Terlouw (ZPC Woerden, 200002345)	01:08.71(+88)
50m 00:32.82 32,82	
20. 100m rugslag - Heren	
16 - 17 jaar (Jeugd 1 en 2)	
1. Tom Donker (PSV, 199805711)	00:57.15(+70)
50m 00:27.90 27,90	
2. Toine Willigers (Zwemclub Eijdsen, 199902155)	00:59.72(+63)
50m 00:28.83 28,83	
3. Luuk Veldman (Orca, 199900981)	01:00.08(+52)
50m 00:28.67 28,67	
4. Sam Haring (DAW, 199901491)	01:00.75(+79)
50m 00:29.71 29,71	
5. Thijs Molendijk (VZC E&P, 199900477)	01:01.43(+62)
50m 00:30.04 30,04	
6. Jaro Musters (Hieronymus, 199801141)	01:01.76(+63)
50m 00:29.97 29,97	

7. Torben Lammerdink (WS Twente, 199900745) 50m 00:29.77 29,77	01:02.28(+74)
8. Ruben Griffioen (De Columbiaan, 199900771) 50m 00:30.20 30,20	01:02.38(+57)
221. 100m rugslag - Heren 12 - 17 jaar	
1. Bas Takken (NTC PARA-ZV Hoorn, 199901643) [S10] 50m 00:33.13 33,13	01:06.87(+83)
2. Duncan van Haaren (NTC PARA-WIDEX GZC Donk, 200000681) [S10] 50m 00:34.03 34,03	01:08.51(+80)
3. Sam Janmaat (De Duinkickers, 200203017) [S10] 50m 00:34.54 34,54	01:10.61(+64)
4. Querijn Hensen (De Duinkickers, 200102121) [S10] 50m 00:34.38 34,38	01:10.74(+65)
5. Tim van Duuren (NTC PARA-WIDEX GZC Donk, 199802255) [S9] 50m 00:36.63 36,63	01:15.40(+67)
6. Rogier Dorsman (NTC PARA-ZZ&PC De Devel, 199900211) [S12] 50m 00:35.33 35,33	01:12.89(+60)
7. Sebastiaan Broere (Hieronymus, 199803687) [S14] 50m 00:36.46 36,46	01:15.39(+84)
8. Nathan van Wees (De Houtrib, 200101427) [S10] 50m 00:40.40 40,40	01:22.23(+58)
22. 50m vrije slag - Dames 14 - 15 jaar (Jeugd 1 en 2)	
1. LouLou Janssen (RTC - De Columbiaan, 200100132)	00:26.31(+74)
2. Frouke Beeksma (TriVia, 200000346)	00:26.39(+68)
3. Ya'elle Lucht (RTC - De Houtrib, 200104628)	00:26.48(+74)
4. Jasmijn Boon (RTC - WVZ, 200001280)	00:26.63(+72)
5. Laura van Engelen (RTC - AquAmigos, 200000350)	00:26.72(+81)
6. Indy Jongman (RTC - PSV, 200100528)	00:27.01(+76)
7. Sam van Nunen (PSV, 200100036)	00:27.23(+69)
8. Chefanja Nunes (RTC - WVZ, 200104750)	00:27.40(+70)
223. 50m vrije slag - Dames 11 - 15 jaar (Jeugd 2 en later)	
1. Liesette Bruinsma (NTC PARA-HZ&PC Heerenveen, 200004346) [S11]	00:30.83(+71)
2. Chantalle Zijderveld (NTC PARA-ZZ&PC De Devel, 200000702) [S10]	00:29.04(+71)
3. Lisa Kruger (NTC PARA-ZPC AMERSFOORT, 200005304) [S10]	00:29.40(+81)
4. Inge Belfor (NTC PARA-De Columbiaan, 200100578) [S10]	00:31.44(+75)
5. Sterre Veerman (Ed-Vo, 200003544) [S13]	00:31.26(+77)
6. Sanne Hofman (NTC PARA-ZPC Hoogeveen, 200102154) [S13]	00:32.39(+84)
7. Amber van der Kruk (MSV-Zeemacht, 200102730) [S14]	00:32.14(+96)
8. Deborah Visser (De Duinkickers, 200102666) [S10]	00:33.33(+70)
42. 50m vrije slag - Dames 11 - 11 jaar (Junioren 1)	
1. Anna van Droffelaar (ZVVS, 200400258)	00:28.17(+68)

2. Puck Koopman (De Dinkel, 200400038)	00:28.95(+80)
3. Sterre Hendriks (PSV, 200401288)	00:29.18(+81)
4. Kim van Dongen (Aqua-Novio'94, 200400140)	00:29.81(+75)
5. Myrthe Natzijs (De Kikker, 200400076)	00:29.95(+75)
6. Bridget de Bat (De Schelde, 200400382)	00:29.96(+76)
7. Jetske Moot (De Houtrib, 200400230)	00:30.05(+172)
8. Janna van Kooten (TriVia, 200404584)	00:30.30(+78)
9. Anne Kleine Koerkamp (De IJsel, 200401428)	00:30.37(+73)
10. Ismay Lichtendonk (Dedemsvaart-AC, 200400622)	00:30.40(+83)
11. Sophie Stekelenburg (Zwemlust-den Hommel, 200400166)	00:30.96(+82)
12. Naya Koc (DAW, 200400688)	00:30.97(+81)
13. Lorena Dreschers (Hellas-Glana, 200401364)	00:31.12(+71)
14. Kyomi Groenhart (DZ&PC, 200400628)	00:31.33(+71)
15. Charlotte Wilbers (ZPC Hoogeveen, 200400312)	00:31.37(+75)
16. Rinske Bouman (ZZ&PC De Devel, 200400578)	00:31.46(+82)
17. Marieke Lenderink (De Dinkel, 200400778)	00:31.66(+76)
18. Britt van den Boom (NIMO, 200401178)	00:31.71(+76)
19. Nora Weerman (Orca, 200400620)	00:32.27(+81)
43. 50m vrije slag - Dames	
<i>12 - 12 jaar (Junioren 2)</i>	
1. Britta Koehorst (RTC - De Lansingh, 200300246)	00:27.42(+72)
2. Eva Geilenkirchen (The Hague Swimming (SG), 200302834)	00:27.99(+73)
3. Lynn Joor (WS Twente, 200300550)	00:28.21(+71)
4. Judith Houtvast (Hellas-Glana, 200300714)	00:28.55(+71)
5. Lindsey Berghuis (ZV 44, 200300104)	00:28.60(+71)
6. Vera Renshof (DWK, 200301582)	00:29.15(+71)
7. Gaia Sterre Mirotti (VZC E&P, 200305158)	00:29.16(+72)
8. Amy de Sain (De Dolfijn, 200304690)	00:29.18(+92)
8. Mila Maas (PSV, 200302966)	00:29.18(+75)
10. Joy van Dieren (De Dinkel, 200300182)	00:29.22(+80)
11. Megan de Hoog (SCOM/De Zeehond'73 (SG), 200300214)	00:29.30(+75)
12. Maaike Issard (De Houtrib, 200300022)	00:29.38(+79)
13. Jocelyn Horbeek (ZPC De Hof, 200300302)	00:29.46(+79)
14. Esmeralda Duarte de Pina (ZV De Zaan, 200302744)	00:29.60(+73)
15. Amber Celie (De Dolfijn, 200300756)	00:29.82(+83)
16. Eline Gros (Aqua-Novio'94, 200302700)	00:29.94(+72)
17. Lieke Nijmeijer (ZPC AMERSFOORT, 200300124)	00:30.12(+70)
18. Marinda Top (ZENO, 200300460)	00:30.25(+77)
19. Anisa Groeneschey (LZ 1886, 200300788)	00:30.88(+73)

20. Suze Kuipers (Orca, 200301714)	00:30.97(+90)
21. Imke Beekman (NIMO, 200301950)	00:31.27(+81)
22. Babet de Voogd (ZPC De Zeeuwse Kust, 200301362)	00:31.43(+54)
44. 50m vrije slag - Dames	
<i>13 - 13 jaar (Junioren 3)</i>	
1. Elise Tanis (RTC - De Schoteijl, 200200120)	00:27.09(+70)
2. Nienke Jonk (Hieronymus, 200203000)	00:27.13(+76)
3. Imani de Jong (ZPCH, 200200464)	00:27.20(+78)
4. Sophie de Jonge (RTC - WVZ, 200200118)	00:27.80(+72)
5. Femke Spiering (VZC E&P, 200204514)	00:27.88(+76)
6. Lianne van Wier (HZ&PC Heerenveen, 200200438)	00:28.26
7. Kiki Koopman (De Dinkel, 200200232)	00:28.33(+76)
8. Christy Geurts (RTC - WVZ, 200203734)	00:28.34(+76)
9. Leonie van Wier (HZ&PC Heerenveen, 200200436)	00:28.41(+71)
10. Jule Franken (AquAmigos, 200204024)	00:28.60(+72)
11. Yara van Kalmthout (Nova, 200200984)	00:28.61(+81)
12. Hanne te Velthuis (Dedemsvaart-AC, 200201324)	00:28.65(+73)
13. Danique Bernard (Ed-Vo, 200200224)	00:28.73(+68)
14. Tessa Kooi (Nova, 200201386)	00:28.74(+89)
15. Elisa Haverkate (ZPC De Hof, 200200266)	00:28.78(+77)
16. Dionne Salomons (Borger, 200200504)	00:28.80(+79)
17. Yana Korczynski (Zwemclub Eijsden, 200202192)	00:28.82(+73)
18. Ilse Kraaijeveld (MNC Dordrecht, 200202190)	00:29.03(+74)
19. Céline Fouzaï (De Dolfijn, 200202750)	00:29.16(+68)
20. Jessica Herbst (PSV, 200205572)	00:29.34(+79)
21. Samantha van Vuure (ZPCH, 200200230)	00:29.37(+70)
22. Lotus van Geemen (NDD, 200201124)	00:29.43(+78)
23. Mariëlle Dolfijn (TriVia, 200201640)	00:29.57(+78)
24. Carlijn Hansté (WS Twente, 200201082)	00:29.66(+80)
25. Manon de Man (Deltasteur, 200201458)	00:29.82(+73)
26. Lotte Hosper (De Fuut, 200201414)	00:30.10(+82)
27. Carolien Beckers (NIMO, 200200078)	00:30.54(+86)
DIS. Sterre Veersma (Nunspeet, 200203550)	00:00.00
24. 200m schoolslag - Heren	
<i>16 - 17 jaar (Jeugd 1 en 2)</i>	
1. Wietse Waninge (ZPC AMERSFOORT, 199800023)	02:18.92(+72)
50m 00:31.59 31,59 100m 01:07.18 35,59 150m 01:43.15 35,97	
2. Igor Ostrowski (MNC Dordrecht, 199805425)	02:24.14(+65)
50m 00:33.13 33,13 100m 01:10.43 37,30 150m 01:48.40 37,97	
3. Daan Zwertbroek (RTC - HZ&PC Heerenveen, 199900463)	02:24.45(+74)
50m 00:32.88 32,88 100m 01:10.11 37,23 150m 01:47.83 37,72	

4. Stijn Geelen (MNC Dordrecht, 199801363)	02:25.74(+72)
50m 00:31.97 31,97 100m 01:09.61 37,64 150m 01:48.51 38,90	
5. Koen Koster (HZPC, 199900517)	02:26.99(+80)
50m 00:33.04 33,04 100m 01:10.73 37,69 150m 01:49.15 38,42	
6. Jacob de Roos (RTC - DZ&PC, 199900553)	02:27.59(+72)
50m 00:33.09 33,09 100m 01:10.64 37,55 150m 01:48.77 38,13	
7. Jan Willem Veldman (Zwem en Polo Club Appingedam, 199800277)	02:31.12(+73)
50m 00:32.93 32,93 100m 01:12.06 39,13 150m 01:51.29 39,23	
8. Jonne Schaafsma (RTC - Racing Club, 199800745)	02:36.15(+75)
50m 00:34.56 34,56 100m 01:14.63 40,07 150m 01:55.16 40,53	

29. 4x100m wisselslag dames

30. 4x100m wisselslag heren

NJJK lange baan 2016 sessie 3 - vrijdag 17 juni 2016 om 08:30u (50 m)

Aanvangstijd juryvergadering: 07:30u

45. 100m vrije slag - Heren

16 - 17 jaar (Jeugd 1 en 2)

1. Nyls Korstanje (RTC - Aqua Novio '94, 199901941)	00:50.93(+65)
50m 00:24.21 24,21	
2. Frank Roovers (RTC - PSV, 199800219)	00:51.77(+75)
50m 00:25.08 25,08	
3. Jens Krijgsman (RTC - De Columbiaan, 199901429)	00:52.26(+72)
50m 00:25.18 25,18	
3. Berjen Mellema (RTC - Nova, 199800615)	00:52.26(+76)
50m 00:25.38 25,38	
5. Tom Donker (PSV, 199805711)	00:52.53(+66)
50m 00:25.16 25,16	
6. Toine Willigers (Zwemclub Eijsden, 199902155)	00:53.45(+73)
50m 00:25.77 25,77	
7. Bart Sommeling (De Dolfijn, 199800765)	00:53.58(+66)
50m 00:25.74 25,74	
8. Thijs van Wieringen (De Columbiaan, 199900577)	00:54.14(+71)
50m 00:25.97 25,97	
9. Ruben Stam (Albion, 199800331)	00:54.38(+66)
50m 00:25.92 25,92	
10. Jorgos Skotadis (RTC - De Dolfijn, 199803317)	00:54.39(+72)
50m 00:25.91 25,91	
11. Thomas Kappe (ZPC Hoogeveen, 199805141)	00:54.74(+71)
50m 00:26.29 26,29	
12. Mathieu Boers (WS Twente, 199800187)	00:54.78(+75)
50m 00:26.33 26,33	
13. Jesse van Dijk (De Houtrib, 199903259)	00:54.84(+68)
50m 00:26.20 26,20	
14. Ingmar Hartman (De Kikker, 199801013)	00:54.94(+72)
50m 00:26.26 26,26	
15. Gideon Heij (ZPC AMERSFOORT, 199800655)	00:54.96(+68)
50m 00:26.53 26,53	
16. Dennis Bougrimov (MNC Dordrecht, 199800565)	00:54.99(+61)
50m 00:26.47 26,47	

17. Lars van der Haijden (Hellas-Glana, 199900225) 50m 00:26.57 26,57	00:55.10(+70)
18. Torben Lammerdink (WS Twente, 199900745) 50m 00:26.19 26,19	00:55.13(+78)
19. Noa Eversdijk (ZPC De Zeeuwse Kust, 199903595) 50m 00:26.54 26,54	00:55.40(+82)
20. Stijn van Aken (ZPC AMERSFOORT, 199902649) 50m 00:26.70 26,70	00:55.48(+71)
21. Wilko Blaauw (De Waalstroom, 199801513) 50m 00:27.18 27,18	00:55.72(+72)
22. Jorian Tanis (De Schotejil, 199900327) 50m 00:27.42 27,42	00:55.94(+79)
23. Cédric Broere (Hieronymus, 199902227) 50m 00:26.79 26,79	00:56.13(+71)
24. Albert Jan van Slooten (ZIGNEA, 199800049) 50m 00:27.18 27,18	00:56.18(+73)
25. Stijn Simons (PSV, 199900813) 50m 00:27.29 27,29	00:56.20(+75)
26. Simon Koopen (WZ&PC Purmerend, 199802127) 50m 00:26.67 26,67	00:56.22(+70)
27. Tom Laarhuis (De Dinkel, 199800309) 50m 00:27.13 27,13	00:56.34(+75)
28. Lex Sandburg (ZV De Zaan, 199800699) 50m 00:27.22 27,22	00:56.44(+70)
29. Max-Fernon Troenokarso (Arethusa, 199903151) 50m 00:27.14 27,14	00:56.45(+65)
30. Luc van Dijk (Hera'11, 199802097) 50m 00:26.94 26,94	00:56.46(+87)
31. Ingmar Bakker (ZV De Zaan, 199800493) 50m 00:27.37 27,37	00:56.52(+68)
32. Ebel van Geemen (NDD, 199901095) 50m 00:27.47 27,47	00:56.66(+74)
33. Jordi de Nijs (MSV-Zeemacht, 199801851) 50m 00:27.40 27,40	00:56.79(+86)
34. Max Voortman (De Berkelduikers, 199902923) 50m 00:26.81 26,81	00:56.85(+60)
35. Fabio Mieris (MNC Dordrecht, 199803097) 50m 00:27.80 27,80	00:56.99(+69)
36. Bryan Chen (De Kikker, 199803201) 50m 00:27.34 27,34	00:57.00(+61)
37. Matthijs van Meerendonk (Aqua'68, 199900375) 50m 00:27.51 27,51	00:57.43(+70)
38. Marijn van Giesen (Zwemvereniging Westland, 199900633) 50m 00:27.44 27,44	00:57.75(+69)
39. Sam Haring (DAW, 199901491) 50m 00:27.60 27,60	00:58.03(+76)
39. Arie van der Vlist (De Meer, 199804945) 50m 00:28.15 28,15	00:58.03(+69)

246. 100m vrije slag - Heren

12 - 17 jaar

1. Bas Takken (NTC PARA-ZV Hoorn, 199901643) [S10] 50m 00:27.47 27,47	00:56.97(+77)
2. Tim van Duuren (NTC PARA-WIDEX GZC Donk, 199802255) [S9] 50m 00:29.22 29,22	01:01.09(+66)
3. Sebastiaan Broere (Hieronymus, 199803687) [S14] 50m 00:29.79 29,79	01:01.64(+90)
4. Duncan van Haaren (NTC PARA-WIDEX GZC Donk, 200000681) [S10] 50m 00:28.51 28,51	00:59.60(+75)
5. Rogier Dorsman (NTC PARA-ZZ&PC De Devel, 199900211) [S12] 50m 00:29.26 29,26	01:00.47(+69)
6. Bastian Renshoff (Octopus, 200001261) [S10] 50m 00:29.11 29,11	01:00.73(+90)
7. Querijn Hensen (De Duinkickers, 200102121) [S10] 50m 00:29.47 29,47	01:01.99(+71)
8. Sam Janmaat (De Duinkickers, 200203017) [S10] 50m 00:30.81 30,81	01:04.99(+78)
9. Nathan van Wees (De Houtrib, 200101427) [S10] 50m 00:33.15 33,15	01:09.04(+69)
10. Sjoerd Rooijackers (Hydra, 199805407) [S10] 50m 00:33.54 33,54	01:10.99(+73)
47. 100m vrije slag - Heren 12 - 12 jaar (Junioren 1)	
1. Tim Korstanje (Aqua-Novio'94, 200300053) 50m 00:27.69 27,69	00:57.82(+66)
2. Mike Gerritsen (Platella, 200304013) 50m 00:28.07 28,07	00:58.98(+79)
3. Esper Schreurs (ZEPS, 200300433) 50m 00:28.94 28,94	01:00.18(+84)
4. Matias Jansen (ZIGNEA, 200300199) 50m 00:29.14 29,14	01:00.24(+72)
5. Lucas Peters (PSV, 200301325) 50m 00:29.26 29,26	01:00.95(+62)
6. Luuk Hulleman (ZVV, 200300189) 50m 00:29.25 29,25	01:01.30(+71)
7. Ster van 't Land (ZPC AMERSFOORT, 200302015) 50m 00:29.99 29,99	01:02.42(+83)
8. Wesley Zulver (ZVVS, 200301319) 50m 00:29.91 29,91	01:02.67(+72)
9. Rijk Heere (ZPC AMERSFOORT, 200300897) 50m 00:30.44 30,44	01:02.78(+73)
10. Luuk Bos (VZ&PC, 200300151) 50m 00:30.18 30,18	01:02.86(+73)
11. Thomas Swartjes (Aqua-Novio'94, 200302825) 50m 00:30.16 30,16	01:02.87(+74)
12. Freek Gabriels (TRB-RES, 200301407) 50m 00:30.77 30,77	01:02.96(+73)
13. Milan Hamel (The Hague Swimming (SG), 200302125) 50m 00:30.67 30,67	01:03.06(+64)

14. Keanu Streefland (The Hague Swimming (SG), 200302445) 50m 00:30.80 30,80	01:03.25(+72)
15. Stijn van den Berg (ZVV, 200300373) 50m 00:30.50 30,50	01:03.38(+69)
16. Yorick Visser (ZPC De Zeeuwse Kust, 200301957) 50m 00:30.36 30,36	01:03.88(+70)
17. Thijs Bosma (De Dolfijn, 200302443) 50m 00:30.44 30,44	01:03.91(+77)
18. Joey de Groot (De Aalscholver, 200303587) 50m 00:30.67 30,67	01:03.96(+68)
19. Rens van Beek (Aqua-Novio'94, 200300537) 50m 00:30.38 30,38	01:04.14(+67)
20. Dillon van den Berg (Poseidon'56, 200300023) 50m 00:30.98 30,98	01:04.28(+82)
21. Senna Mooldijk (De Kempvis, 200301147) 50m 00:31.22 31,22	01:04.43(+72)
22. Sjors Lemmers (Merlet, 200300555) 50m 00:30.96 30,96	01:04.55(+70)
23. Daan Hogerhuis (Alkemade, 200300317) 50m 00:30.97 30,97	01:04.85(+71)
24. Mark van den Berg (TriVia, 200300369) 50m 00:31.61 31,61	01:04.89(+92)
25. Niels Kragt (Dedemsvaart-AC, 200300155) 50m 00:31.41 31,41	01:04.97(+74)
26. Tyrese Sitania (Aqua-Novio'94, 200301999) 50m 00:30.87 30,87	01:05.08(+63)
27. Jeffrey Huynh (VZC E&P, 200300145) 50m 00:31.32 31,32	01:05.11(+78)
28. Ruben de Vriend (ZV Haerlem, 200300981) 50m 00:31.28 31,28	01:05.12(+77)
29. Jarno Bijsterbosch (Octopus, 200300081) 50m 00:31.02 31,02	01:05.16(+66)
30. Kieran de Heer (De Veene, 200301009) 50m 00:30.78 30,78	01:05.31(+66)
31. Tygo Stoffels (AZC, 200303243) 50m 00:31.06 31,06	01:05.40(+77)
32. Thijn Damen (De Warande, 200300973) 50m 00:31.36 31,36	01:05.43(+74)
33. Pepijn Verschoor (RZC, 200300231) 50m 00:31.89 31,89	01:05.77(+69)
34. Thomas Tolisma (SBC2000, 200300613) 50m 00:32.13 32,13	01:05.82(+71)
35. Bram Daalman (ZV Haerlem, 200300629) 50m 00:30.98 30,98	01:05.92(+91)
36. Stan de Swart (PSV, 200300535) 50m 00:31.34 31,34	01:06.07(+74)
37. Milan van Aken (De Fuut, 200303307) 50m 00:31.69 31,69	01:06.38(+81)
38. Jelle Bon (Zwemvereniging Westland, 200301077) 50m 00:32.18 32,18	01:06.47(+75)

39. Lukas Binnekamp (WS Twente, 200300107) 50m 00:31.76 31,76	01:06.87(+71)
40. Rick Offringa (OEZA, 200300979) 50m 00:32.26 32,26	01:06.98(+74)
41. Bram Schaafsma (VZC E&P, 200302159) 50m 00:31.87 31,87	01:07.01(+71)
42. Sam van der Stroom (PSV, 200304409) 50m 00:32.61 32,61	01:07.04(+70)
43. Ruben Kooi (Nova, 200300829) 50m 00:32.36 32,36	01:07.08(+75)
44. Ivo Kroes (Zwem en Polo Club Appingedam, 200300079) 50m 00:32.14 32,14	01:07.31(+71)
45. Dion Fuijkschot (De Meeuwen Diemen, 200302399) 50m 00:32.40 32,40	01:07.36(+75)
46. Kenan Cörüz (DWT, 200300357) 50m 00:32.25 32,25	01:07.84(+68)
47. Ivan Brummelman (De Berkelduikers, 200301167) 50m 00:32.88 32,88	01:08.17(+68)
48. 100m vrije slag - Heren 13 - 13 jaar (Junioren 2)	
1. Bryan Agterdenbos (MNC Dordrecht, 200200003) 50m 00:26.78 26,78	00:54.22(+74)
2. Bjorn van Doesburg (Aquarijn, 200201867) 50m 00:26.45 26,45	00:55.86(+73)
3. Adriaan Provó Kluit (RTC - WVZ, 200204397) 50m 00:27.83 27,83	00:57.62(+75)
4. Leon van den Hof (Dedemsvaart-AC, 200203269) 50m 00:26.80 26,80	00:57.63(+71)
5. Maurice Pater (TriVia, 200200909) 50m 00:27.99 27,99	00:58.82(+76)
6. Brandon van den Berg (Poseidon'56, 200200669) 50m 00:28.08 28,08	00:58.98(+76)
7. Dylan Donkersteeg (DWK, 200202217) 50m 00:28.82 28,82	00:59.26(+77)
8. Maquinho Vorst (De Mors, 200204179) 50m 00:28.78 28,78	00:59.32(+74)
9. Nikhom Westphal (SCOM/De Zeehond'73 (SG), 200203329) 50m 00:29.68 29,68	00:59.48(+74)
10. Tycho Atanasov (De Kikker, 200201133) 50m 00:29.14 29,14	00:59.53(+72)
10. Sean Niewold (TriVia, 200204699) 50m 00:29.21 29,21	00:59.53(+74)
12. Milan Meurs (Nuenen, 200202079) 50m 00:28.61 28,61	00:59.63(+71)
13. Thomas Weening (De Dolfijn, 200200523) 50m 00:28.72 28,72	00:59.67(+77)
14. Max Langerveld (Ed-Vo, 200203435) 50m 00:29.57 29,57	00:59.69(+71)
15. Timo Spaans (PSV, 200201087)	00:59.70(+72)

	50m 00:28.50 28,50	
16. Tristan Scholten (ZV 44, 200201683)	50m 00:28.25 28,25	00:59.85(+70)
17. IJsbrand Buijnsters (ZC AquaDream, 200200375)	50m 00:28.64 28,64	00:59.86(+70)
18. Lars Verhalle (De Vrije Slag, 200200019)	50m 00:28.89 28,89	00:59.99(+80)
19. Bram Zwetsloot (Nuenen, 200202117)	50m 00:29.37 29,37	01:00.12(+70)
20. Luuk Einhaus (WS Twente, 200200537)	50m 00:28.36 28,36	01:00.37(+79)
21. Jurre Hanstede (De Dinkel, 200201019)	50m 00:29.18 29,18	01:00.42(+80)
22. Dushan de Bruijn (De Forel, 200201273)	50m 00:29.20 29,20	01:00.59(+78)
23. Luc van Eijndhoven (Argo, 200200139)	50m 00:29.43 29,43	01:00.80(+74)
24. Bobby van Dijk (DBD, 200200153)	50m 00:29.09 29,09	01:00.90(+71)
25. Wessel Stupers (PSV, 200203541)	50m 00:29.79 29,79	01:00.94(+67)
26. Finn Vos (De Dolfijn, 200200665)	50m 00:29.87 29,87	01:01.28(+64)
27. Sweeder Braakman (De IJsel, 200200397)	50m 00:29.21 29,21	01:01.32(+65)
28. Gilles Cuijpers (Zwemclub Eijsden, 200202003)	50m 00:29.40 29,40	01:01.67(+71)
29. Elroy Schot (DAW, 200200689)	50m 00:29.69 29,69	01:01.83(+68)
30. Léon van der Geest (WS Twente, 200201005)	50m 00:29.18 29,18	01:01.90(+67)
31. Luc Mul (DAW, 200201025)	50m 00:29.10 29,10	01:02.23(+65)
32. Maikel ter Wal (Steenwijk 1934, 200200733)	50m 00:29.52 29,52	01:02.42(+72)
33. Viktor Koets (LZ 1886, 200201677)	50m 00:29.81 29,81	01:02.86(+76)
34. Jasper van Veen (De Zwoer, 200201325)	50m 00:30.12 30,12	01:02.99(+71)
35. Robert Speksnijder (ZPB H&L Productions, 200200429)	50m 00:29.97 29,97	01:03.08(+76)
36. Dave Everts (Aqua'68, 200202613)	50m 00:30.36 30,36	01:03.25(+78)
37. Rik Stahlie (TriVia, 200201915)	50m 00:30.55 30,55	01:03.71(+67)
38. Rens Martens (Hydra, 200202877)	50m 00:30.45 30,45	01:03.92(+69)
39. Scott Jansen (WVZ, 200202455)	50m 00:30.64 30,64	01:04.13(+83)

40. Guido Brink (ZPC De Zeeuwse Kust, 200200199)	01:05.29(+73)
50m 00:30.87 30,87	
49. 100m vrije slag - Heren	
14 - 14 jaar (Junioren 3)	
1. Luc Kroon (RTC - DAW, 200100697)	00:53.18(+78)
50m 00:26.07 26,07	
2. Caspar Corbeau (ZPC AMERSFOORT, 200105099)	00:53.37(+77)
50m 00:25.46 25,46	
3. Austin Namesnik (ZPC AMERSFOORT, 200101817)	00:54.31(+65)
50m 00:26.11 26,11	
4. Jylano Nahr (NIMO, 200102593)	00:55.94(+73)
50m 00:27.08 27,08	
5. Rick Bulman (PSV, 200101899)	00:56.20(+68)
50m 00:27.52 27,52	
6. Jeroen Aerssens (Scheldestroom, 200100061)	00:56.22(+73)
50m 00:27.07 27,07	
7. Daniël Claasen (ZPC AMERSFOORT, 200100787)	00:56.29(+70)
50m 00:27.48 27,48	
8. Stijn Boertien (Dedemsvaart-AC, 200100719)	00:56.36(+83)
50m 00:27.16 27,16	
9. Quinn van den Heuvel (ZPC Numansdorp, 200100297)	00:56.37(+69)
50m 00:27.31 27,31	
10. Tygo van Hassel (WVZ, 200101479)	00:56.56(+73)
50m 00:27.04 27,04	
11. Bas Morelissen (ZPC AMERSFOORT, 200100861)	00:56.74(+73)
50m 00:27.69 27,69	
12. Sander Crooijmans (VZC E&P, 200100383)	00:56.89(+80)
50m 00:27.42 27,42	
13. Dave van der Voet (Zwemvereniging Hoorn, 200102783)	00:56.90(+82)
50m 00:27.67 27,67	
14. Mart Niehoff (De Zwoer, 200100759)	00:57.00(+62)
50m 00:27.37 27,37	
15. Vincent Crooijmans (VZC E&P, 200100381)	00:57.08(+76)
50m 00:27.51 27,51	
16. David Anthonio (De Kikker, 200102551)	00:57.12(+79)
50m 00:27.70 27,70	
17. Jesse Zweers (Dedemsvaart-AC, 200100399)	00:57.33(+78)
50m 00:27.34 27,34	
18. Klaas Pit (De Forel, 200104519)	00:57.42(+78)
50m 00:27.54 27,54	
19. Roel Gaal (OEZA, 200101173)	00:58.38(+75)
50m 00:28.20 28,20	
20. Jelle Smid (Aqua-Novio'94, 200100627)	00:58.53(+65)
50m 00:27.78 27,78	
21. Mathijs Verdonck (PSV, 200101685)	00:58.61(+75)
50m 00:28.29 28,29	
22. Jarno de Jonge (ZPC De Zeeuwse Kust, 200100753)	00:58.63(+69)
50m 00:28.35 28,35	
23. Melle van Gemert (ZPC De Zeeuwse Kust, 200100687)	00:58.69(+69)

	50m 00:27.93 27,93	
24.	Stefan Rooze (De Fuut, 200102461) 50m 00:28.09 28,09	00:58.70(+65)
25.	Remco Dijkstra (HZ&PC Heerenveen, 200100789) 50m 00:28.19 28,19	00:58.76(+82)
26.	Rijk Dragstra (ZPC AMERSFOORT, 200102473) 50m 00:28.47 28,47	00:58.88(+72)
27.	Swen van Elteren (Aquarijn, 200103331) 50m 00:28.79 28,79	00:59.13(+71)
28.	Daen Spoor (VZC E&P, 200101117) 50m 00:28.25 28,25	00:59.20(+73)
29.	Max Huige (SCOM/De Zeehond'73 (SG), 200104355) 50m 00:28.20 28,20	00:59.27(+71)
30.	Freek Hollander (The Hague Swimming (SG), 200103815) 50m 00:28.85 28,85	00:59.40(+84)
31.	Milan van Dieren (De Dinkel, 200100493) 50m 00:27.98 27,98	00:59.51(+76)
32.	Luuk Roosen (Zwemclub Eijsden, 200100577) 50m 00:28.69 28,69	00:59.66(+71)
33.	Jochem de Bat (De Schelde, 200102709) 50m 00:28.62 28,62	00:59.68(+76)
33.	Boyd Wijkman (MSV-Zeemacht, 200104759) 50m 00:28.23 28,23	00:59.68(+73)
35.	Jelmar Koopman (De Forel, 200100249) 50m 00:29.00 29,00	00:59.69(+77)
36.	Janne Englebert (Hieronymus, 200101561) 50m 00:28.87 28,87	00:59.90(+90)
37.	Bart Muselaers (Octopus, 200100865) 50m 00:28.77 28,77	01:00.07(+67)
38.	Rohan Vazirani (The Hague Swimming (SG), 200104499) 50m 00:28.26 28,26	01:00.14(+71)
39.	Peer van Bemmelen (De Dolfijn, 200102667) 50m 00:29.21 29,21	01:00.19(+67)
40.	Rick Theunissen (Wijchen, 200101257) 50m 00:29.42 29,42	01:00.32(+76)
41.	Otmar Lesscher (De Veene, 200100795) 50m 00:28.38 28,38	01:00.41(+74)
42.	Marc Hoogeveen (Aqua'68, 200101585) 50m 00:28.35 28,35	01:00.61(+74)
43.	Max van Marum (Zwemclub Eijsden, 200103501) 50m 00:29.06 29,06	01:00.68(+86)
44.	Leendert Paans (De Biesboschzwemmers, 200102805) 50m 00:29.44 29,44	01:00.71(+80)
45.	Stefan Waalkens (De Houtrib, 200100611) 50m 00:29.40 29,40	01:00.92(+67)
46.	Sam van Niersen (ZVV, 200102579) 50m 00:29.71 29,71	01:01.25(+77)
47.	Matthijs Westmijze (ESCA Zwemmen, 200101195) 50m 00:29.23 29,23	01:01.28(+79)

48. Wesley Scheepbouwer (Wiekslag, 200101959)	01:01.69(+52)
50m 00:28.83 28,83	
50. 100m vrije slag - Heren	
15 - 15 jaar (Junioren 4)	
1. Ruden de Ridder (RTC - ZPC De Zeeuwse Kust, 200001587)	00:53.54(+75)
50m 00:26.12 26,12	
2. Jelle Betten (RTC - DZ&PC, 200001535)	00:53.70(+74)
50m 00:26.00 26,00	
3. Niels Hofmeijer (WS Twente, 200000699)	00:54.20(+79)
50m 00:26.45 26,45	
4. Koen Weustink (WVZ, 200005655)	00:54.63(+66)
50m 00:26.02 26,02	
5. Jari Groenhart (RTC - TriVia, 200000271)	00:54.86(+75)
50m 00:26.63 26,63	
6. Sten Postma (VZC E&P, 200000011)	00:55.10(+77)
50m 00:26.52 26,52	
7. Anne Schuurmans (RTC - WVZ, 200003919)	00:55.49(+76)
50m 00:26.90 26,90	
8. Vincent de Munter (NIMO, 200000181)	00:55.65(+76)
50m 00:26.81 26,81	
9. Steef Warmerdam (Arethusa, 200003915)	00:56.23(+80)
50m 00:27.29 27,29	
10. Anton Jansen (MNC Dordrecht, 200003621)	00:56.29(+68)
50m 00:27.25 27,25	
11. Wouter Schmit (PSV, 200004895)	00:56.43(+66)
50m 00:27.62 27,62	
12. Nick van der Woude (ZV Haerlem, 200001391)	00:56.70(+81)
50m 00:27.76 27,76	
13. Darren Chen (De Kikker, 200001149)	00:57.19(+73)
50m 00:28.18 28,18	
14. Aaron Hendriksen of Hendriks (De Haaien, 200002711)	00:57.20(+65)
50m 00:27.69 27,69	
15. Noah Legerstee (WVZ, 200003593)	00:57.60(+73)
50m 00:27.64 27,64	
16. Thom Delno (RTC- VZC E&P, 200000013)	00:57.74(+77)
50m 00:28.01 28,01	
17. Milan ten Broek (ZPC AMERSFOORT, 200000229)	00:57.84(+66)
50m 00:27.32 27,32	
18. Joel Pinkster (Aqua'68, 200000611)	00:58.13(+69)
50m 00:27.62 27,62	
19. Jari Voogt (De Duck, 200004237)	00:58.17(+83)
50m 00:28.26 28,26	
20. Zeno Koutsocheras (Wijchen, 200003273)	00:58.66(+83)
50m 00:28.25 28,25	
21. Nick van Irsel (De Warande, 200000383)	00:59.10(+64)
50m 00:28.33 28,33	
DIS. Mike Krielaart (De Dommelbaarzen, 200003695)	00:00.00
51. 100m vlinderslag - Dames	
14 - 15 jaar (Jeugd 1 en 2)	

1. Chefanja Nunes (RTC - WVZ, 200104750) 50m 00:29.70 29,70	01:03.25(+68)
2. Alinda Dingshoff (ZPC Hoogeveen, 200000928) 50m 00:29.25 29,25	01:03.27(+74)
3. Claire Verkijk (RTC - WVZ, 200100240) 50m 00:29.72 29,72	01:04.08(+70)
4. Silke Molendijk (VZC E&P, 200100178) 50m 00:31.14 31,14	01:06.39(+78)
5. Manon Compagner (Dedemsvaart-AC, 200101710) 50m 00:30.59 30,59	01:06.63(+78)
6. Danieke van der Kooi (Orca, 200000552) 50m 00:30.66 30,66	01:06.99(+77)
7. Jasmijn Boon (RTC - WVZ, 200001280) 50m 00:30.40 30,40	01:07.02(+78)
8. Kristy Nagtzaam (ZC AquaDream, 200002212) 50m 00:31.76 31,76	01:07.58(+64)
9. Linde van Duinhoven (RZC, 200100370) 50m 00:31.27 31,27	01:08.04(+79)
10. Sarah Scholten (PSV, 200006196) 50m 00:31.01 31,01	01:08.33(+68)
11. Merel Phaff (Nuenen, 200100434) 50m 00:32.19 32,19	01:09.70(+76)
12. Marit Boxum (Deltasteur, 200000068) 50m 00:31.83 31,83	01:09.87(+83)
13. Janneke Weiland (Orca, 200100128) 50m 00:32.32 32,32	01:09.93(+77)
14. Lieve Göbbels (NIMO, 200000514) 50m 00:32.30 32,30	01:10.23(+75)
15. Isabel van Hees (Arethusa, 200003142) 50m 00:32.82 32,82	01:10.29(+61)
15. Lauren van IJll (WVZ, 200001064) 50m 00:32.30 32,30	01:10.29(+72)
17. Imke van den Hoef (HZPC, 200101552) 50m 00:32.75 32,75	01:10.33(+75)
18. Indy Jongman (RTC - PSV, 200100528) 50m 00:31.63 31,63	01:10.47(+76)
19. Brigit van der Vegte (Octopus, 200000714) 50m 00:32.77 32,77	01:10.73(+76)
20. Laura Nieuwland (ZPC De Zeeuwse Kust, 200001834) 50m 00:32.30 32,30	01:10.74(+80)
21. Valesca van den Bogert (Hieronymus, 200102138) 50m 00:33.01 33,01	01:10.78(+72)
22. Marleen Ankersmit (Aqua-Novio'94, 200001930) 50m 00:31.81 31,81	01:11.18(+80)
22. Brit Brandsma (De Forel, 200100026) 50m 00:32.50 32,50	01:11.18(+71)
24. Tiffany Leerdam (De Dolfijn, 200006200) 50m 00:32.93 32,93	01:11.67(+87)
25. Anne van der Zwan (The Hague Swimming (SG), 200101134) 50m 00:32.69 32,69	01:11.79(+70)

26. Noa de Vries (Aqua-Novio'94, 200101556)	01:11.82(+78)
50m 00:32.68 32,68	
27. Jill Blide (ZPC Hoogeveen, 200004734)	01:12.41(+85)
50m 00:34.10 34,10	
28. Femke Wiersma (HZ&PC Heerenveen, 200103078)	01:13.04(+70)
50m 00:33.93 33,93	
29. Zoë Pauwels (Swimteam Helden-Mosa (SG), 200001034)	01:13.09(+75)
50m 00:33.26 33,26	
30. Lisa Pijlman (De Kempvis, 200103004)	01:13.11(+69)
50m 00:32.81 32,81	
31. Floor de Kievit (The Hague Swimming (SG), 200100238)	01:13.71(+77)
50m 00:33.47 33,47	
DIS. Nikky Keijzer (ZV De Zaan, 200102886)	00:00.00
252. 100m vlinderslag - Dames	
11 - 15 jaar (Jeugd 2 en later)	
1. Liesette Bruinsma (NTC PARA-HZ&PC Heerenveen, 200004346) [S11]	01:23.76(+72)
50m 00:37.48 37,48	
2. Chantalle Zijderveld (NTC PARA-ZZ&PC De Devel, 200000702) [S10]	01:13.05(+72)
50m 00:32.85 32,85	
3. Inge Belfor (NTC PARA-De Columbiaan, 200100578) [S10]	01:20.27(+82)
50m 00:36.89 36,89	
4. Sanne Hofman (NTC PARA-ZPC Hoogeveen, 200102154) [S13]	01:26.94(+89)
50m 00:40.57 40,57	
5. Sterre Veerman (Ed-Vo, 200003544) [S13]	01:29.05(+76)
50m 00:40.32 40,32	
6. Feija de Bruin (WVZ, 200400106) [S10]	01:35.16(+71)
50m 00:43.00 43,00	
53. 100m vlinderslag - Dames	
11 - 11 jaar (Junioren 1)	
1. Lize van Stigt (LZ 1886, 200401510)	01:13.19(+72)
50m 00:34.62 34,62	
2. Veerle Nieborg (TriVia, 200400428)	01:13.74(+80)
50m 00:33.67 33,67	
3. Rinske Bouman (ZZ&PC De Devel, 200400578)	01:15.45(+83)
50m 00:35.51 35,51	
4. Sterre Hendriks (PSV, 200401288)	01:15.89(+80)
50m 00:36.35 36,35	
5. Anna van Droffelaar (ZVVS, 200400258)	01:17.30(+66)
50m 00:34.68 34,68	
6. Bridget de Bat (De Schelde, 200400382)	01:17.59(+73)
50m 00:34.57 34,57	
7. Luna de Vries (Aqua-Novio'94, 200400516)	01:17.61(+75)
50m 00:34.47 34,47	
8. Sterre-Marit Drok (Stadskanaal, 200400880)	01:17.78(+66)
50m 00:34.94 34,94	
9. Puck Koopman (De Dinkel, 200400038)	01:18.54(+81)
50m 00:35.47 35,47	
10. Nora van der Steen (LZ 1886, 200403458)	01:19.14(+68)
50m 00:36.54 36,54	

11. Mary Kate Farrell (The Hague Swimming (SG), 200402870) 50m 00:37.28 37,28	01:20.59(+70)
12. Dianne Postma (De Fuut, 200402264) 50m 00:37.28 37,28	01:22.04(+62)
13. Senna van der Veen (ZPC Hoogeveen, 200400072) 50m 00:38.58 38,58	01:22.53(+85)
14. Loes Sotthewes (WS Twente, 200401792) 50m 00:36.94 36,94	01:22.56(+84)
15. Kirsten Verhale (De Vrije Slag, 200400210) 50m 00:37.67 37,67	01:24.57(+78)
16. Sanne Lukken (PSV, 200400030) 50m 00:36.19 36,19	01:24.62(+87)
17. Emma Hofstee (De Hardenberg, 200401282) 50m 00:38.07 38,07	01:24.70(+78)
18. Nienke Snel (ZPC AMERSFOORT, 200400094) 50m 00:37.87 37,87	01:24.96(+94)
19. Anique Star (LZ 1886, 200400446) 50m 00:38.26 38,26	01:25.09(+85)
20. Britt van den Boom (NIMO, 200401178) 50m 00:36.11 36,11	01:25.54(+77)
21. Resa Treffers (KZC, 200401140) 50m 00:39.62 39,62	01:27.24(+75)
54. 100m vlinderslag - Dames 12 - 12 jaar (Junioren 2)	
1. Eva Geilenkirchen (The Hague Swimming (SG), 200302834) 50m 00:31.21 31,21	01:07.79(+77)
2. Lynn Joor (WS Twente, 200300550) 50m 00:30.60 30,60	01:08.29(+72)
3. Britta Koehorst (RTC - De Lansingh, 200300246) 50m 00:31.99 31,99	01:09.53(+74)
4. Irina de Ridder (ZPC De Zeeuwse Kust, 200301224) 50m 00:32.75 32,75	01:09.80(+78)
5. Merel Hijink (PSV, 200304732) 50m 00:32.67 32,67	01:09.89(+70)
6. Amber Celie (De Dolfijn, 200300756) 50m 00:33.04 33,04	01:11.77(+83)
7. Judith Houtvast (Hellas-Glana, 200300714) 50m 00:32.03 32,03	01:11.80(+72)
8. Maaïke Issard (De Houtrib, 200300022) 50m 00:33.19 33,19	01:11.84(+78)
9. Kim Zwinkels (ZPCH, 200300422) 50m 00:34.10 34,10	01:12.52(+82)
10. Amy de Sain (De Dolfijn, 200304690) 50m 00:33.47 33,47	01:12.78(+87)
11. Femke Hoppenbrouwer (De Duinkickers, 200301124) 50m 00:33.79 33,79	01:14.27(+74)
12. Amy Lynn Zweers (Dedemsvaart-AC, 200300390) 50m 00:36.11 36,11	01:14.96(+82)
13. Ilse Hoogeveen (Aqua'68, 200301140)	01:15.23(+81)

	50m 00:35.81 35,81	
14.	Nora Brouwer (Aquapoldro, 200300480) 50m 00:35.75 35,75	01:16.18(+73)
15.	Lindsey Berghuis (ZV 44, 200300104) 50m 00:34.59 34,59	01:16.22(+74)
55.	100m vlinderslag - Dames 13 - 13 jaar (Junioren 3)	
1.	Elise Tanis (RTC - De Schoteijl, 200200120) 50m 00:30.06 30,06	01:04.53(+73)
2.	Nienke Jonk (Hieronymus, 200203000) 50m 00:29.84 29,84	01:04.90(+77)
2.	Femke Spiering (VZC E&P, 200204514) 50m 00:30.19 30,19	01:04.90(+77)
4.	Lotte Hosper (De Fuut, 200201414) 50m 00:30.75 30,75	01:07.03(+79)
5.	Imani de Jong (ZPCH, 200200464) 50m 00:32.21 32,21	01:09.29(+81)
6.	Lieke Oude Lenferink (WS Twente, 200200068) 50m 00:32.16 32,16	01:10.20(+77)
7.	Jessica Herbst (PSV, 200205572) 50m 00:32.31 32,31	01:10.30(+75)
8.	Danique Bernard (Ed-Vo, 200200224) 50m 00:32.66 32,66	01:10.98(+67)
9.	Tessa Kooi (Nova, 200201386) 50m 00:32.57 32,57	01:11.25(+92)
10.	Tessa Giele (De Duck, 200203124) 50m 00:32.79 32,79	01:11.60(+67)
11.	Christy Geurts (RTC - WVZ, 200203734) 50m 00:33.38 33,38	01:11.74(+78)
12.	Esther Tiemersma (ZPC De Zeeuwse Kust, 200202962) 50m 00:34.07 34,07	01:12.00(+75)
13.	Ilse Kraaijeveld (MNC Dordrecht, 200202190) 50m 00:32.63 32,63	01:12.25(+71)
14.	Zana Udo (De Forel, 200202686) 50m 00:33.19 33,19	01:12.26(+73)
15.	Jule Franken (AquAmigos, 200204024) 50m 00:33.04 33,04	01:12.48(+68)
16.	Sterre Veersma (Nunspeet, 200203550) 50m 00:32.36 32,36	01:13.09(+72)
17.	Ilona Venema (ReVeLie Swim Team, 200200050) [S10] 50m 00:34.05 34,05	01:13.12(+77)
18.	Femke van Boheemen (De Haaien, 200201506) 50m 00:33.53 33,53	01:13.37(+74)
19.	Maud Kuipers (Dedemsvaart-AC, 200201894) 50m 00:32.87 32,87	01:13.46(+75)
20.	Jonna Wieling (Aquarijn, 200205266) 50m 00:34.18 34,18	01:13.52(+79)
21.	Yana Korczynski (Zwemclub Eijsden, 200202192) 50m 00:34.00 34,00	01:13.64(+78)

22. Lotus van Geemen (NDD, 200201124)				01:15.19(+76)
	50m	00:33.78	33,78	
23. Elisa Haverkate (ZPC De Hof, 200200266)				01:15.27(+82)
	50m	00:34.37	34,37	
24. Meike Simons (PSV, 200201184)				01:18.88(+89)
	50m	00:36.26	36,26	
56. 200m wisselslag - Heren				
16 - 17 jaar (Jeugd 1 en 2)				
1. Frank Roovers (RTC - PSV, 199800219)				02:06.45(+73)
	50m	00:28.00	28,00	100m 01:00.88
				32,88 150m 01:37.22
				36,34
2. Floris Kotterink (Albion, 199800199)				02:07.86(+62)
	50m	00:26.78	26,78	100m 00:59.97
				33,19 150m 01:37.51
				37,54
3. Jacob de Roos (RTC - DZ&PC, 199900553)				02:13.91(+73)
	50m	00:28.70	28,70	100m 01:04.50
				35,80 150m 01:42.35
				37,85
4. Jonne Schaafsma (RTC - Racing Club, 199800745)				02:14.31(+77)
	50m	00:28.86	28,86	100m 01:04.31
				35,45 150m 01:42.70
				38,39
5. Stijn Simons (PSV, 199900813)				02:14.36(+73)
	50m	00:29.28	29,28	100m 01:04.50
				35,22 150m 01:43.85
				39,35
6. Koen Koster (HZPC, 199900517)				02:15.09(+73)
	50m	00:28.20	28,20	100m 01:04.11
				35,91 150m 01:42.96
				38,85
7. Nicko Kamphuis (De Warande, 199900887)				02:16.17(+59)
	50m	00:29.78	29,78	100m 01:05.01
				35,23 150m 01:43.22
				38,21
8. Bart Sommeling (De Dolfijn, 199800765)				02:16.46(+68)
	50m	00:27.55	27,55	100m 01:02.99
				35,44 150m 01:45.12
				42,13
9. Ruben Griffioen (De Columbiaan, 199900771)				02:17.07(+74)
	50m	00:30.39	30,39	100m 01:05.05
				34,66 150m 01:44.97
				39,92
10. Justus Ykema (DWK, 199900029)				02:18.48(+68)
	50m	00:28.11	28,11	100m 01:03.26
				35,15 150m 01:44.23
				40,97
11. Cas Louwarts (NIMO, 199901249)				02:19.84(+75)
	50m	00:29.62	29,62	100m 01:06.30
				36,68 150m 01:45.36
				39,06
12. Tom Laarhuis (De Dinkel, 199800309)				02:20.33(+75)
	50m	00:29.01	29,01	100m 01:05.05
				36,04 150m 01:47.68
				42,63
13. Ingmar Hartman (De Kikker, 199801013)				02:22.21(+72)
	50m	00:29.34	29,34	100m 01:06.78
				37,44 150m 01:49.67
				42,89
14. Stijn van Aken (ZPC AMERSFOORT, 199902649)				02:22.23(+68)
	50m	00:30.02	30,02	100m 01:06.38
				36,36 150m 01:51.06
				44,68
15. Bas Verdoes (De Columbiaan, 199801487)				02:23.57(+76)
	50m	00:29.66	29,66	100m 01:06.99
				37,33 150m 01:50.18
				43,19
16. Matthijs van Meerendonk (Aqua'68, 199900375)				02:24.33(+68)
	50m	00:29.14	29,14	100m 01:06.42
				37,28 150m 01:49.35
				42,93
257. 200m wisselslag - Heren				
12 - 17 jaar				
1. Bas Takken (NTC PARA-ZV Hoorn, 199901643) [S10]				02:20.53(+74)
	50m	00:31.71	31,71	100m 01:07.04
				35,33 150m 01:48.78
				41,74
2. Rogier Dorsman (NTC PARA-ZZ&PC De Devel, 199900211) [S12]				02:26.25(+69)
	50m	00:31.45	31,45	100m 01:10.38
				38,93 150m 01:51.93
				41,55
3. Duncan van Haaren (NTC PARA-WIDEX GZC Donk, 200000681) [S10]				02:26.69(+76)
	50m	00:31.26	31,26	100m 01:10.86
				39,60 150m 01:52.46
				41,60
4. Tim van Duuren (NTC PARA-WIDEX GZC Donk, 199802255) [S9]				02:32.46(+66)
	50m	00:32.80	32,80	100m 01:13.89
				41,09 150m 01:56.93
				43,04

5. Bastian Renshoff (Octopus, 200001261) [S10]	02:34.01(+97)
50m 00:31.57 31,57 100m 01:11.62 40,05 150m 01:59.14 47,52	
6. Querijn Hensen (De Duinkickers, 200102121) [S10]	02:36.24(+68)
50m 00:32.67 32,67 100m 01:11.70 39,03 150m 02:00.43 48,73	
7. Sam Janmaat (De Duinkickers, 200203017) [S10]	02:45.68(+78)
50m 00:36.40 36,40 100m 01:15.70 39,30 150m 02:09.72 54,02	
58. 100m vrije slag - Dames	
14 - 15 jaar (Jeugd 1 en 2)	
1. Laura van Engelen (RTC - AquAmigos, 200000350)	00:57.95(+82)
50m 00:27.84 27,84	
2. LouLou Janssen (RTC - De Columbiaan, 200100132)	00:58.33(+76)
50m 00:27.58 27,58	
3. Ya'elle Lucht (RTC - De Houtrib, 200104628)	00:58.39(+74)
50m 00:27.87 27,87	
4. Silke Holkenborg (Montferland, 200100292)	00:58.83(+80)
50m 00:28.40 28,40	
5. Claire Verkijk (RTC - WVZ, 200100240)	00:58.89(+73)
50m 00:28.79 28,79	
6. Sam van Nunen (PSV, 200100036)	00:59.07(+73)
50m 00:28.83 28,83	
7. Marij van der Mast (RTC - PSV, 200000676)	00:59.08(+73)
50m 00:28.89 28,89	
8. Marit de Lau (RTC - PSV, 200101338)	00:59.33(+69)
50m 00:28.70 28,70	
9. Frouke Beeksma (TriVia, 200000346)	00:59.78(+74)
50m 00:28.40 28,40	
10. Danae Kingma (OEZA, 200001740)	01:00.03(+80)
50m 00:28.71 28,71	
11. Storm Willemsen (DWK, 200100570)	01:00.55(+76)
50m 00:29.20 29,20	
12. Julia van Leeuwen (PSV, 200001464)	01:00.69(+74)
50m 00:28.97 28,97	
13. Jasmijn Boon (RTC - WVZ, 200001280)	01:00.72(+76)
50m 00:29.39 29,39	
14. Janneke Lenderink (De Dinkel, 200100328)	01:00.86(+77)
50m 00:29.66 29,66	
15. Lize Janna de Vries (Orca, 200101948)	01:00.89(+78)
50m 00:29.25 29,25	
16. Sarah Scholten (PSV, 200006196)	01:00.96(+70)
50m 00:29.41 29,41	
17. Jill Blide (ZPC Hoogeveen, 200004734)	01:00.97(+77)
50m 00:29.59 29,59	
18. Elise Hardeman (ZPC AMERSFOORT, 200101068)	01:00.99(+73)
50m 00:28.95 28,95	
19. Inge Vieveen (RTC - WVZ, 200100024)	01:01.03(+77)
50m 00:29.07 29,07	
20. Manon Compagner (Dedemsvaart-AC, 200101710)	01:01.10(+65)
50m 00:29.59 29,59	
21. Britt Cornelissens (Hellas-Glana, 200000632)	01:01.29(+74)

	50m 00:29.11 29,11	
22.	Jennifer Tuijp (ZV De Zaan, 200004198) 50m 00:29.25 29,25	01:01.44(+81)
23.	Myrthe Bakker (MNC Dordrecht, 200000804) 50m 00:29.49 29,49	01:01.55(+74)
24.	Kaylin Stel (De Dolfijn, 200100290) 50m 00:30.02 30,02	01:01.57(+72)
24.	Lonneke Kampman (PSV, 200100146) 50m 00:29.78 29,78	01:01.57(+78)
26.	Tiffany Leerdam (De Dolfijn, 200006200) 50m 00:30.17 30,17	01:01.63(+87)
27.	Myrthe Meier (WS Twente, 200001830) 50m 00:29.41 29,41	01:01.82(+80)
28.	Sanne Heemskerk (LZ 1886, 200100600) 50m 00:29.80 29,80	01:01.91(+73)
29.	Sam IJzerman (De Geul, 200101204) 50m 00:30.03 30,03	01:01.99(+74)
30.	Danieke van der Kooi (Orca, 200000552) 50m 00:30.04 30,04	01:02.22(+64)
31.	Romée Spin (De Dinkel, 200000724) 50m 00:29.66 29,66	01:02.29(+84)
32.	Chaira Brinks (De Kikker, 200005556) 50m 00:30.20 30,20	01:02.52(+79)
33.	Roëlle op de Haar (WS Twente, 200103428) 50m 00:29.69 29,69	01:02.54(+78)
34.	Megan van Beelen (De Columbiaan, 200105606) 50m 00:30.22 30,22	01:02.63(+73)
35.	Kim Rebergen (Hellas-Glana, 200100676) 50m 00:30.58 30,58	01:02.64(+74)
36.	Loes Gelissen (Hellas-Glana, 200102166) 50m 00:29.86 29,86	01:02.65(+70)
37.	Anne van Blitterswijk (Aqua-Novio'94, 200103170) 50m 00:29.87 29,87	01:02.78(+74)
38.	Lynn Blommers (AZC, 200105062) 50m 00:29.97 29,97	01:02.82(+72)
39.	Mathilde Stolmeijer (De Dinkel, 200100590) 50m 00:30.30 30,30	01:02.83(+84)
40.	Imke van den Hoef (HZPC, 200101552) 50m 00:30.96 30,96	01:02.84(+76)
40.	Fleur Donker (PSV, 200006496) 50m 00:29.93 29,93	01:02.84(+65)
42.	Kirsten Walraven (ZPC De Zeeuwse Kust, 200001358) 50m 00:30.45 30,45	01:02.87(+81)
43.	Sophia Gerrits (Aqua-Novio'94, 200104044) 50m 00:29.88 29,88	01:02.91(+68)
44.	Sanne Busch (MNC Dordrecht, 200101486) 50m 00:30.14 30,14	01:02.93(+70)
45.	Cynthia Smit (Zuiderzeewimmers, 200100550) 50m 00:29.89 29,89	01:02.96(+82)

46. Chefanja Nunes (RTC - WVZ, 200104750) 50m 00:29.01 29,01	01:02.98(+64)
47. Kyra Wooldrik (ZPC Hoogeveen, 200101042) 50m 00:30.60 30,60	01:03.06(+78)
48. Laura Nieuwland (ZPC De Zeeuwse Kust, 200001834) 50m 00:30.37 30,37	01:03.14(+78)
49. Christel Brugmans (Hieronymus, 200005602) 50m 00:30.16 30,16	01:03.22(+71)
50. Esmée van Geest (WVZ, 200001286) 50m 00:30.34 30,34	01:03.35(+78)
51. Nikki Douma (Hellas-Glana, 200102252) 50m 00:30.28 30,28	01:03.36(+70)
52. Sanne Hobé (Poseidon'56, 200000826) 50m 00:30.59 30,59	01:03.37(+72)
53. Marlinde Beukers (WVZ, 200101934) 50m 00:30.51 30,51	01:03.61(+74)
54. Arianne Kooijinga (TriVia, 200001544) 50m 00:29.85 29,85	01:03.62(+79)
55. Eline van der Wal (HZ&PC Heerenveen, 200100930) 50m 00:30.52 30,52	01:03.64(+70)
56. Eva Willebrands (Orca, 200101510) 50m 00:31.16 31,16	01:03.66(+86)
57. Rosey Metz (RTC - WVZ, 200101786) 50m 00:30.45 30,45	01:03.99(+78)
58. Marleen Ankersmit (Aqua-Novio'94, 200001930) 50m 00:31.11 31,11	01:04.01(+84)
59. Lisa Kruger (NTC PARA-ZPC AMERSFOORT, 200005304) [S10] 50m 00:30.75 30,75	01:04.02(+77)
60. Giulia Corsi (De Columbiaan, 200100468) 50m 00:31.04 31,04	01:04.39(+78)
61. Lianne Bouwmeester (De Columbiaan, 200000956) 50m 00:31.19 31,19	01:04.43(+79)
62. Linde van Duinhoven (RZC, 200100370) 50m 00:31.10 31,10	01:04.83(+83)
63. Nikky Keijzer (ZV De Zaan, 200102886) 50m 00:31.05 31,05	01:05.62(+76)
64. Chantalle Zijdeveld (NTC PARA-ZZ&PC De Devel, 200000702) [S10] 50m 00:31.42 31,42	01:05.70(+59)
259. 100m vrije slag - Dames 11 - 15 jaar (Jeugd 2 en later)	
1. Liesette Bruinsma (NTC PARA-HZ&PC Heerenveen, 200004346) [S11] 50m 00:32.53 32,53	01:08.51(+72)
2. Lisa Kruger (NTC PARA-ZPC AMERSFOORT, 200005304) [S10] 50m 00:30.75 30,75	01:04.02(+77)
3. Chantalle Zijdeveld (NTC PARA-ZZ&PC De Devel, 200000702) [S10] 50m 00:31.42 31,42	01:05.70(+59)
4. Inge Belfor (NTC PARA-De Columbiaan, 200100578) [S10] 50m 00:33.11 33,11	01:07.70(+86)
5. Amber van der Kruk (MSV-Zeemacht, 200102730) [S14] 50m 00:32.56 32,56	01:10.31(+95)

6. Jonne Moleman (AZC, 200006264) [S10]				01:10.15(+100)
50m	00:33.36	33,36		
7. Sterre Veerman (Ed-Vo, 200003544) [S13]				01:10.22(+80)
50m	00:33.89	33,89		
8. Sanne Hofman (NTC PARA-ZPC Hoogeveen, 200102154) [S13]				01:10.38(+77)
50m	00:34.08	34,08		
9. Deborah Visser (De Duinkickers, 200102666) [S10]				01:13.39(+75)
50m	00:34.12	34,12		
10. Feija de Bruin (WVZ, 200400106) [S10]				01:17.38(+91)
50m	00:37.35	37,35		
11. Sanne Hoving (HZ&PC Heerenveen, 200003332) [S9]				01:20.83(+97)
50m	00:38.18	38,18		
12. Iris Onnink (De Vrije Slag, 200301836) [S10]				01:20.71(+97)
50m	00:38.45	38,45		
13. Mara de Bruin (Nunspeet, 200303268) [S9]				01:38.91(+102)
50m	00:45.86	45,86		
60. 200m vlinderslag - Heren				
<i>16 - 17 jaar (Jeugd 1 en 2)</i>				
1. Tom Donker (PSV, 199805711)				02:09.61(+62)
50m	00:27.97	27,97	100m 01:01.00	33,03 150m 01:35.21
				34,21
2. Ruben Stam (Albion, 199800331)				02:13.11(+72)
50m	00:28.58	28,58	100m 01:01.72	33,14 150m 01:37.22
				35,50
3. Gauke Eilander (ZPC Hoogeveen, 199800603)				02:15.00(+79)
50m	00:29.74	29,74	100m 01:04.71	34,97 150m 01:40.57
				35,86
4. Luuk Veldman (Orca, 199900981)				02:15.92(+71)
50m	00:28.63	28,63	100m 01:02.98	34,35 150m 01:38.66
				35,68
4. Sander Kirillova (ZPCH, 199800121)				02:15.92(+76)
50m	00:30.41	30,41	100m 01:05.39	34,98 150m 01:41.20
				35,81
6. Ebel van Geemen (NDD, 199901095)				02:16.63(+77)
50m	00:30.09	30,09	100m 01:05.63	35,54 150m 01:42.60
				36,97
7. Matthew Dullemond (MNC Dordrecht, 199805005)				02:16.73(+74)
50m	00:30.67	30,67	100m 01:06.18	35,51 150m 01:41.86
				35,68
8. Jesse van Dijk (De Houtrib, 199903259)				02:18.10(+70)
50m	00:28.88	28,88	100m 01:03.51	34,63 150m 01:39.90
				36,39
9. Thijs Molendijk (VZC E&P, 199900477)				02:20.74(+65)
50m	00:29.43	29,43	100m 01:04.54	35,11 150m 01:41.58
				37,04
10. Koen Brummelaar (De Dinkel, 199900047)				02:20.88(+80)
50m	00:30.25	30,25	100m 01:05.23	34,98 150m 01:40.99
				35,76
11. Kalle van Gemert (ZPC De Zeeuwse Kust, 199801259)				02:21.80(+69)
50m	00:30.25	30,25	100m 01:07.20	36,95 150m 01:44.95
				37,75
12. Nick van Nijburg (De Dolfijn, 199902169)				02:25.38(+68)
50m	00:31.51	31,51	100m 01:08.72	37,21 150m 01:47.07
				38,35
13. Jeroen Louwinger (Nova, 199900583)				02:28.73(+77)
50m	00:32.11	32,11	100m 01:09.86	37,75 150m 01:49.17
				39,31
14. Jordi de Nijs (MSV-Zeemacht, 199801851)				02:29.06(+89)
50m	00:33.70	33,70	100m 01:12.56	38,86 150m 01:51.86
				39,30
15. Joris Hendriks (PSV, 199904859)				02:34.56(+74)
50m	00:31.52	31,52	100m 01:08.65	37,13 150m 01:49.45
				40,80

61. 200m vlinderslaag - Heren

12 - 12 jaar (Junioren 1)

1. Tim Korstanje (Aqua-Novio'94, 200300053)	02:33.95(+66)
50m 00:32.66 32,66 100m 01:10.81 38,15 150m 01:52.19 41,38	
2. Lucas Peters (PSV, 200301325)	02:34.52(+68)
50m 00:33.88 33,88 100m 01:13.94 40,06 150m 01:55.63 41,69	
3. Milan Hamel (The Hague Swimming (SG), 200302125)	02:38.45(+60)
50m 00:35.09 35,09 100m 01:16.96 41,87 150m 01:58.90 41,94	
4. Dylan Jansen (WVZ, 200300817)	02:41.35(+69)
50m 00:35.47 35,47 100m 01:16.49 41,02 150m 01:59.90 43,41	
5. Timo Zittersteijn (De Rijn, 200300025)	02:41.47(+66)
50m 00:34.27 34,27 100m 01:15.32 41,05 150m 01:59.59 44,27	
6. Keanu Streefland (The Hague Swimming (SG), 200302445)	02:45.91(+68)
50m 00:37.47 37,47 100m 01:21.12 43,65 150m 02:03.65 42,53	
7. Nils Mulder (MNC Dordrecht, 200300049)	02:48.65(+70)
50m 00:36.00 36,00 100m 01:18.05 42,05 150m 02:02.76 44,71	
8. Sjors Lemmers (Merlet, 200300555)	02:50.31(+70)
50m 00:37.30 37,30 100m 01:20.37 43,07 150m 02:04.47 44,10	
9. Julian Stok (ZZ&PC De Devel, 200300071)	02:50.76(+71)
50m 00:36.89 36,89 100m 01:20.95 44,06 150m 02:07.09 46,14	
10. Matias Jansen (ZIGNEA, 200300199)	02:50.82(+84)
50m 00:35.27 35,27 100m 01:17.97 42,70 150m 02:03.78 45,81	
11. Sam van der Stroom (PSV, 200304409)	02:50.89(+77)
50m 00:37.44 37,44 100m 01:21.04 43,60 150m 02:06.88 45,84	
12. Freek Gabriels (TRB-RES, 200301407)	02:52.72(+75)
50m 00:37.17 37,17 100m 01:20.08 42,91 150m 02:05.55 45,47	
13. Michael Smink (Aquarijn, 200302169)	02:54.93(+86)
50m 00:35.32 35,32 100m 01:19.92 44,60 150m 02:08.60 48,68	
14. Mark van den Berg (TriVia, 200300369)	03:00.79(+74)
50m 00:36.23 36,23 100m 01:23.06 46,83 150m 02:12.79 49,73	
15. Mick Schüssel (De Ward, 200304261)	03:02.36(+74)
50m 00:39.30 39,30 100m 01:26.57 47,27 150m 02:15.34 48,77	
16. Thijn Damen (De Warande, 200300973)	03:05.02(+69)
50m 00:41.25 41,25 100m 01:29.54 48,29 150m 02:19.03 49,49	

62. 200m vlinderslag - Heren

13 - 13 jaar (Junioren 2)

1. Bryan Agterdenbos (MNC Dordrecht, 200200003)	02:22.46(+77)
50m 00:30.85 30,85 100m 01:06.64 35,79 150m 01:43.85 37,21	
2. Joep Hoogerwerf (DWK, 200204527)	02:25.37(+86)
50m 00:32.37 32,37 100m 01:09.92 37,55 150m 01:48.23 38,31	
3. Maurice Pater (TriVia, 200200909)	02:25.94(+76)
50m 00:30.99 30,99 100m 01:07.91 36,92 150m 01:46.78 38,87	
4. Jarno Koster (Aqua-Novio'94, 200200637)	02:27.23(+78)
50m 00:31.85 31,85 100m 01:08.56 36,71 150m 01:47.35 38,79	
5. Nikhom Westphal (SCOM/De Zeehond'73 (SG), 200203329)	02:31.04(+86)
50m 00:33.31 33,31 100m 01:10.58 37,27 150m 01:49.94 39,36	
6. Thomas Weening (De Dolfijn, 200200523)	02:32.86(+73)
50m 00:31.47 31,47 100m 01:10.08 38,61 150m 01:51.36 41,28	
7. Daniël Rykov (ZPC AMERSFOORT, 200200447)	02:34.58(+71)
50m 00:34.29 34,29 100m 01:12.98 38,69 150m 01:53.83 40,85	

8. Guus Hoogduin (LZ 1886, 200201069)	50m 00:33.75 33,75	100m 01:12.74 38,99	150m 01:54.13 41,39	02:35.45(+79)
9. Tom Blankestijn (ZPC AMERSFOORT, 200201185)	50m 00:33.97 33,97	100m 01:12.80 38,83	150m 01:54.54 41,74	02:36.96(+81)
10. Sweeder Braakman (De IJssel, 200200397)	50m 00:34.29 34,29	100m 01:13.62 39,33	150m 01:55.32 41,70	02:40.77(+64)
11. Dylan Donkersteeg (DWK, 200202217)	50m 00:33.82 33,82	100m 01:14.48 40,66	150m 01:57.54 43,06	02:41.02(+83)
12. Jurek Frik (Zwem en Polo Club Appingedam, 200203335)	50m 00:34.38 34,38	100m 01:15.31 40,93	150m 01:59.07 43,76	02:43.50(+73)
13. Cas Jansen (The Hague Swimming (SG), 200203263)	50m 00:35.14 35,14	100m 01:17.17 42,03	150m 02:00.92 43,75	02:44.98(+68)
14. Dushan de Bruijn (De Forel, 200201273)	50m 00:34.59 34,59	100m 01:15.65 41,06	150m 02:00.38 44,73	02:46.40(+79)
15. Tristan Scholten (ZV 44, 200201683)	50m 00:35.05 35,05	100m 01:18.22 43,17	150m 02:03.33 45,11	02:50.24(+73)
16. IJsbrand Buijsters (ZC AquaDream, 200200375)	50m 00:36.88 36,88	100m 01:21.58 44,70	150m 02:06.92 45,34	02:51.31(+78)
63. 200m vlinderslag - Heren				
14 - 14 jaar (Junioren 3)				
1. Luc Kroon (RTC - DAW, 200100697)	50m 00:30.53 30,53	100m 01:05.79 35,26	150m 01:42.00 36,21	02:17.73(+78)
2. Thomas Jansen (RTC - WVZ, 200100143)	50m 00:31.37 31,37	100m 01:08.36 36,99	150m 01:45.84 37,48	02:20.46(+82)
3. Swen van Elteren (Aquarijn, 200103331)	50m 00:30.82 30,82	100m 01:06.96 36,14	150m 01:44.51 37,55	02:21.53(+75)
4. Jelmar Koopman (De Forel, 200100249)	50m 00:32.48 32,48	100m 01:08.78 36,30	150m 01:45.41 36,63	02:22.31(+80)
5. Ivo Stolk (SCOM/De Zeehond'73 (SG), 200100615)	50m 00:31.63 31,63	100m 01:07.97 36,34	150m 01:44.29 36,32	02:22.96(+74)
6. Austin Namesnik (ZPC AMERSFOORT, 200101817)	50m 00:31.52 31,52	100m 01:08.41 36,89	150m 01:45.90 37,49	02:23.24(+71)
7. Rick Bulman (PSV, 200101899)	50m 00:31.20 31,20	100m 01:08.68 37,48	150m 01:47.26 38,58	02:24.82(+72)
8. Freek Hollander (The Hague Swimming (SG), 200103815)	50m 00:33.48 33,48	100m 01:07.57 34,09	150m 01:44.48 36,91	02:25.94(+81)
9. Dave van der Voet (Zwemvereniging Hoorn, 200102783)	50m 00:32.30 32,30	100m 01:09.60 37,30	150m 01:47.95 38,35	02:26.41(+81)
10. Marcel Delfstra (Orca, 200100037)	50m 00:30.74 30,74	100m 01:07.44 36,70	150m 01:46.42 38,98	02:26.55(+71)
11. Bas Morelissen (ZPC AMERSFOORT, 200100861)	50m 00:31.29 31,29	100m 01:08.16 36,87	150m 01:47.12 38,96	02:27.04(+81)
12. Daen Spoor (VZC E&P, 200101117)	50m 00:30.54 30,54	100m 01:06.99 36,45	150m 01:46.04 39,05	02:28.02(+78)
13. Gerard Willighagen (Poseidon'56, 200103663)	50m 00:30.78 30,78	100m 01:06.30 35,52	150m 01:43.54 37,24	02:28.03(+76)
14. Stefan Waalkens (De Houtrib, 200100611)	50m 00:31.72 31,72	100m 01:09.52 37,80	150m 01:49.41 39,89	02:31.84(+70)
64. 200m vlinderslag - Heren				
15 - 15 jaar (Junioren 4)				

1. Junior de Bruin (ZPC Hoogeveen, 200000839)	50m 00:30.01 30,01	100m 01:04.71 34,70	150m 01:38.68 33,97	02:10.51(+73)
2. Tim Hoogerwerf (DWK, 200005587)	50m 00:29.11 29,11	100m 01:03.16 34,05	150m 01:37.90 34,74	02:12.90(+73)
3. Ruden de Ridder (RTC - ZPC De Zeeuwse Kust, 200001587)	50m 00:28.67 28,67	100m 01:02.44 33,77	150m 01:37.75 35,31	02:15.22(+74)
4. Niels de Boer (Eurode KZC, 200001977)	50m 00:29.91 29,91	100m 01:05.13 35,22	150m 01:42.75 37,62	02:18.81(+78)
5. David Kuipers (Orca, 200003633)	50m 00:30.68 30,68	100m 01:05.96 35,28	150m 01:42.40 36,44	02:19.33(+71)
6. Dennis Kamps (De Dinkel, 200000191)	50m 00:29.82 29,82	100m 01:04.88 35,06	150m 01:42.87 37,99	02:22.72(+83)
7. Wouter Schmit (PSV, 200004895)	50m 00:31.19 31,19	100m 01:06.67 35,48	150m 01:44.61 37,94	02:23.74(+69)
8. Noah Legerstee (WVZ, 200003593)	50m 00:31.02 31,02	100m 01:07.23 36,21	150m 01:46.50 39,27	02:24.19(+71)
9. Camo Mieris (MNC Dordrecht, 200001557)	50m 00:30.93 30,93	100m 01:09.83 38,90	150m 01:49.60 39,77	02:25.83(+69)
10. Brent Gunther (De Meer, 200000447)	50m 00:32.24 32,24	100m 01:09.25 37,01	150m 01:48.06 38,81	02:26.61(+68)
11. Aaron Hendriksen of Hendriks (De Haaien, 200002711)	50m 00:32.03 32,03	100m 01:10.41 38,38	150m 01:49.00 38,59	02:26.99(+69)
12. Olivier Jans (De Fuut, 200001815)	50m 00:32.50 32,50	100m 01:11.38 38,88	150m 01:51.34 39,96	02:30.68(+78)
13. Lars Meyer (Nova, 200002225)	50m 00:33.21 33,21	100m 01:11.45 38,24	150m 01:52.32 40,87	02:33.42(+93)
65. 50m rugslag - Dames				
<i>14 - 15 jaar (Jeugd 1 en 2)</i>				
1. LouLou Janssen (RTC - De Columbiaan, 200100132)				00:29.97(+62)
2. Indy Jongman (RTC - PSV, 200100528)				00:30.49(+69)
3. Frouke Beeksma (TriVia, 200000346)				00:30.68(+71)
4. Manon Kampman (PSV, 200000614)				00:31.42(+72)
5. Julia van Leeuwen (PSV, 200001464)				00:31.51(+73)
6. Brigit van der Vegte (Octopus, 200000714)				00:31.63(+75)
7. Alinda Dingshoff (ZPC Hoogeveen, 200000928)				00:31.67(+72)
8. Arianne Kooijnga (TriVia, 200001544)				00:32.02(+67)
9. Kaylin Stel (De Dolfijn, 200100290)				00:32.23(+53)
9. Marit Boxum (Deltasteur, 200000068)				00:32.23(+85)
11. Myrthe Bakker (MNC Dordrecht, 200000804)				00:32.34(+68)
11. Chefanja Nunes (RTC - WVZ, 200104750)				00:32.34(+71)
11. Jasmijn Boon (RTC - WVZ, 200001280)				00:32.34(+78)
14. Mathilde Stolmeijer (De Dinkel, 200100590)				00:32.39(+72)
15. Lindi Bos (DWK, 200101256)				00:32.63(+60)
16. Fleur Donker (PSV, 200006496)				00:32.64(+54)
17. Heline Koning (Bolsward-Workum (SG), 200000422)				00:32.65(+72)

18. Manon Compagner (Dedemsvaart-AC, 200101710)	00:32.74(+84)
18. Valesca van den Bogert (Hieronymus, 200102138)	00:32.74(+74)
20. Anna Janssen (RZC, 200000098)	00:32.77(+71)
21. Danae Kingma (OEZA, 200001740)	00:32.78(+80)
22. Lotte Rougoor (Dedemsvaart-AC, 200000774)	00:32.83(+67)
23. Marieke Thijssen (NDD, 200002124)	00:32.93(+60)
24. Chaira Brinks (De Kikker, 200005556)	00:32.94(+67)
25. Roëlle op de Haar (WS Twente, 200103428)	00:33.08(+67)
26. Lianne Bouwmeester (De Columbiaan, 200000956)	00:33.13(+73)
27. Janneke Lenderink (De Dinkel, 200100328)	00:33.16(+79)
28. Merel Phaff (Nuenen, 200100434)	00:33.20(+63)
29. Kirsten Walraven (ZPC De Zeeuwse Kust, 200001358)	00:33.26(+78)
30. Jennifer Tuijp (ZV De Zaan, 200004198)	00:33.31(+70)
31. Brit Brandsma (De Forel, 200100026)	00:33.40(+76)
32. Kristy Nagtzaam (ZC AquaDream, 200002212)	00:33.45(+68)
33. Sanne Heemskerk (LZ 1886, 200100600)	00:33.57(+59)
34. Wiktoria Redzimska (ZPC Hoogeveen, 200106042)	00:33.64(+62)
35. Hanna Looi (ZPB H&L Productions, 200006090)	00:33.69(+56)
36. Britt Cornelissens (Hellas-Glana, 200000632)	00:33.80(+88)
37. Cynthia Smit (Zuiderzeewemmers, 200100550)	00:34.19(+72)
38. Linde van Duinhoven (RZC, 200100370)	00:34.25(+76)
39. Lotte Klerkx (WZV, 200103154)	00:34.27(+75)
40. Daphne Rockers (De Kikker, 200001376)	00:34.31(+62)
266. 50m rugslag - Dames	
<i>11 - 15 jaar (Jeugd 2 en later)</i>	
1. Lisa Kruger (NTC PARA-ZPC AMERSFOORT, 200005304) [S10]	00:33.93(+74)
2. Sterre Veerman (Ed-Vo, 200003544) [S13]	00:36.16(+69)
3. Sanne Hofman (NTC PARA-ZPC Hoogeveen, 200102154) [S13]	00:36.36(+82)
4. Deborah Visser (De Duinkickers, 200102666) [S10]	00:38.60(+69)
5. Inge Belfor (NTC PARA-De Columbiaan, 200100578) [S10]	00:38.86(+61)
6. Amber van der Kruk (MSV-Zeemacht, 200102730) [S14]	00:40.08(+83)
7. Sanne Hoving (HZ&PC Heerenveen, 200003332) [S9]	00:42.91(+105)
8. Jonne Moleman (AZC, 200006264) [S10]	00:40.94(+79)
9. Diede Struijk (Nuenen, 200403824) [S12]	00:46.08(+77)
10. Iris Onnink (De Vrije Slag, 200301836) [S10]	00:50.62(+87)
67. 50m rugslag - Dames	
<i>11 - 11 jaar (Junioren 1)</i>	
1. Jetske Moot (De Houtrib, 200400230)	00:33.38(+82)
2. Ismay Lichtendonk (Dedemsvaart-AC, 200400622)	00:33.42(+64)

3. Kim van Dongen (Aqua-Novio'94, 200400140)	00:33.45(+73)
4. Anna van Droffelaar (ZVVS, 200400258)	00:33.51(+65)
5. Myrthe Natzijs (De Kikker, 200400076)	00:33.57(+66)
6. Sterre Hendriks (PSV, 200401288)	00:33.89(+62)
7. Bridget de Bat (De Schelde, 200400382)	00:34.28(+67)
8. Lorena Dreschers (Hellas-Glana, 200401364)	00:34.46(+72)
9. Puck Koopman (De Dinkel, 200400038)	00:35.51(+77)
10. Nienke Snel (ZPC AMERSFOORT, 200400094)	00:35.52(+98)
11. Lize van Stigt (LZ 1886, 200401510)	00:36.15(+62)
12. Senna van der Veen (ZPC Hoogeveen, 200400072)	00:36.35(+80)
13. Marieke Lenderink (De Dinkel, 200400778)	00:36.45(+75)
14. Manon Tiggelaar (ZPC Hoogeveen, 200400394)	00:36.57(+71)
15. Irma van der Wulp (WVZ, 200401950)	00:37.07(+78)
16. Naya Koc (DAW, 200400688)	00:37.12(+89)
17. Luna Hofmeijer (WS Twente, 200400006)	00:38.05(+82)
68. 50m rugslag - Dames	
<i>12 - 12 jaar (Junioren 2)</i>	
1. Britta Koehorst (RTC - De Lansingh, 200300246)	00:31.96(+68)
2. Joy van Dieren (De Dinkel, 200300182)	00:32.11(+65)
3. Megan de Hoog (SCOM/De Zeehond'73 (SG), 200300214)	00:32.89(+66)
4. Amy de Sain (De Dolfijn, 200304690)	00:32.92(+75)
5. Demi van Hulst (Kimbria, 200300140)	00:32.97(+62)
6. Lindsey Berghuis (ZV 44, 200300104)	00:32.98(+71)
7. Maaïke Issard (De Houtrib, 200300022)	00:33.24(+82)
8. Eva Geilenkirchen (The Hague Swimming (SG), 200302834)	00:33.29(+70)
9. Amy Lynn Zweers (Dedemsvaart-AC, 200300390)	00:33.36(+68)
10. Milou ten Koppel (Deltasteur, 200302572)	00:33.98(+67)
11. Amber Celie (De Dolfijn, 200300756)	00:34.09(+71)
12. Babet de Voogd (ZPC De Zeeuwse Kust, 200301362)	00:34.42(+64)
13. Jocelyn Horbeek (ZPC De Hof, 200300302)	00:34.94(+73)
14. Brenda Beijering (Borger, 200300352)	00:34.96(+59)
15. Tessa Takken (Zwemvereniging Hoorn, 200301692)	00:35.13(+84)
16. Suze Kuipers (Orca, 200301714)	00:35.38(+62)
69. 50m rugslag - Dames	
<i>13 - 13 jaar (Junioren 3)</i>	
1. Elise Tanis (RTC - De Schoteijl, 200200120)	00:31.11(+65)
2. Lieke Oude Lenferink (WS Twente, 200200068)	00:31.53(+64)
3. Birgit van Buiten (Aquapoldro, 200200498)	00:31.98(+76)
4. Carlijn Hansté (WS Twente, 200201082)	00:32.47(+72)
5. Danique Bernard (Ed-Vo, 200200224)	00:32.49(+62)

6. Dionne Salomons (Borger, 200200504)	00:32.50(+69)
7. Nienke Jonk (Hieronymus, 200203000)	00:32.55(+63)
7. Yara van Kalmthout (Nova, 200200984)	00:32.55(+64)
9. Maaïke Broersma (BZ&PC, 200201522)	00:32.62(+78)
10. Jessica Herbst (PSV, 200205572)	00:33.12(+72)
11. Femke Spiering (VZC E&P, 200204514)	00:33.19(+82)
12. Sanne Abma (HZ&PC Heerenveen, 200200590)	00:33.26(+68)
13. Bo Souhoka (Hellas-Glana, 200201186)	00:33.34(+66)
14. Lotte Hosper (De Fuut, 200201414)	00:33.67(+74)
15. Samantha van Vuure (ZPCH, 200200230)	00:33.88(+72)
16. Nikki Smeets (NIMO, 200200080)	00:34.19(+68)
17. Kiki Koopman (De Dinkel, 200200232)	00:34.63(+81)
18. Ylsa Dijkstra (Bolsward-Workum (SG), 200200728)	00:35.01(+67)
70. 50m schoolslag - Heren	
<i>16 - 17 jaar (Jeugd 1 en 2)</i>	
1. Igor Ostrowski (MNC Dordrecht, 199805425)	00:29.82(+68)
2. Daan Zwertbroek (RTC - HZ&PC Heerenveen, 199900463)	00:30.04(+73)
3. Jonne Schaafsma (RTC - Racing Club, 199800745)	00:30.39(+73)
4. Stijn Geelen (MNC Dordrecht, 199801363)	00:30.81(+74)
5. Max Peters (De Dommelbaarzen, 199903123)	00:30.82(+68)
6. Cas Louwarts (NIMO, 199901249)	00:31.06(+74)
7. Jan Willem Veldman (Zwem en Polo Club Appingedam, 199800277)	00:31.08(+73)
8. Cédric Broere (Hieronymus, 199902227)	00:31.10(+65)
9. Koen Koster (HZPC, 199900517)	00:31.37(+72)
10. Denny Olde Agterhuis (HZ&PC Heerenveen, 199801253)	00:31.42(+70)
11. Bryan Chen (De Kikker, 199803201)	00:31.44(+67)
12. Max Voortman (De Berkelduikers, 199902923)	00:31.46(+59)
13. Jesse van Dijk (De Houtrib, 199903259)	00:31.62(+72)
14. Jacob de Roos (RTC - DZ&PC, 199900553)	00:31.75(+70)
15. Pascal van Bakel (Argo, 199803059)	00:31.81(+72)
16. Thomas Kappe (ZPC Hoogeveen, 199805141)	00:31.91(+71)
17. Wilko Blaauw (De Waalstroom, 199801513)	00:32.04(+71)
18. Justus Ykema (DWK, 199900029)	00:32.07(+72)
19. Sander Dorland (ZV De Zaan, 199902643)	00:32.11(+76)
20. Albert Jan van Slooten (ZIGNEA, 199800049)	00:32.28(+74)
21. Matthijs van Meerendonk (Aqua'68, 199900375)	00:32.30(+70)
22. Kelt Garritsen (NDD, 199801703)	00:32.31(+87)
23. Ingmar Bakker (ZV De Zaan, 199800493)	00:32.38(+69)
24. Marijn van Giesen (Zwemvereniging Westland, 199900633)	00:32.47(+67)

25. Maik Huser (ZPC Hoogeveen, 199900265)						00:32.62(+78)
26. Sam Furer (Aqua-Novio'94, 199900185)						00:32.66(+66)
27. Rico Keizer (NDD, 199903491)						00:32.95(+70)
28. Linquendo van der Klooster (ZPB H&L Productions, 199801361)						00:33.17(+65)
29. Nick Bongers (De Berkelduikers, 199800843)						00:33.24(+69)
30. Carlo Ruiz (De Forel, 199802549)						00:34.11(+76)
31. Niels van Beers (Hieronymus, 199904571)						00:34.32(+69)
271. 50m schoolslag - Heren						
<i>12 - 17 jaar</i>						
1. Tim van Duuren (NTC PARA-WIDEX GZC Donk, 199802255) [SB8]						00:35.63(+65)
2. Rogier Dorsman (NTC PARA-ZZ&PC De Devel, 199900211) [SB12]						00:35.88(+69)
3. Querijn Hensen (De Duinkickers, 200102121) [SB9]						00:40.08(+69)
4. Sebastiaan Broere (Hieronymus, 199803687) [SB14]						00:40.21(+85)
5. Nathan van Wees (De Houtrib, 200101427) [SB9]						00:41.66
6. Sjoerd Maillé (De Dokkelaers, 200004599) [SB13]						00:44.25(+113)
72. 800m vrije slag - Dames						
<i>14 - 15 jaar (Jeugd 1 en 2)</i>						
1. Laura van Engelen (RTC - AquAmigos, 200000350)						08:57.28(+84)
50m 00:29.83 29,83	250m 02:45.11 33,74	450m 05:00.92 33,86	650m 07:17.51 34,18			
100m 01:03.32 33,49	300m 03:19.28 34,17	500m 05:34.97 34,05	700m 07:51.59 34,08			
150m 01:37.35 34,03	350m 03:53.30 34,02	550m 06:09.19 34,22	750m 08:25.52 33,93			
200m 02:11.37 34,02	400m 04:27.06 33,76	600m 06:43.33 34,14				
2. Laura Setz (Nova, 200000130)						09:06.65(+84)
50m 00:30.25 30,25	250m 02:45.55 33,63	450m 05:04.06 34,82	650m 07:24.35 35,17			
100m 01:03.81 33,56	300m 03:20.12 34,57	500m 05:39.15 35,09	700m 07:59.64 35,29			
150m 01:37.70 33,89	350m 03:54.59 34,47	550m 06:14.05 34,90	750m 08:34.08 34,44			
200m 02:11.92 34,22	400m 04:29.24 34,65	600m 06:49.18 35,13				
3. Marij van der Mast (RTC - PSV, 200000676)						09:23.29(+74)
50m 00:31.47 31,47	250m 02:52.55 35,42	450m 05:15.32 35,58	650m 07:38.09 35,76			
100m 01:06.22 34,75	300m 03:28.29 35,74	500m 05:50.75 35,43	700m 08:13.88 35,79			
150m 01:41.33 35,11	350m 04:04.24 35,95	550m 06:26.50 35,75	750m 08:48.68 34,80			
200m 02:17.13 35,80	400m 04:39.74 35,50	600m 07:02.33 35,83				
4. Danieke van der Kooi (Orca, 200000552)						09:31.21(+79)
50m 00:31.07 31,07	250m 02:53.78 36,02	450m 05:19.47 36,70	650m 07:44.72 36,12			
100m 01:06.36 35,29	300m 03:29.80 36,02	500m 05:55.81 36,34	700m 08:21.47 36,75			
150m 01:42.15 35,79	350m 04:06.14 36,34	550m 06:32.34 36,53	750m 08:57.20 35,73			
200m 02:17.76 35,61	400m 04:42.77 36,63	600m 07:08.60 36,26				
5. Sarah Scholten (PSV, 200006196)						09:34.23(+72)
50m 00:30.80 30,80	250m 02:53.59 36,06	450m 05:20.42 36,73	650m 07:47.91 36,75			
100m 01:05.29 34,49	300m 03:29.77 36,18	500m 05:57.32 36,90	700m 08:24.33 36,42			
150m 01:41.22 35,93	350m 04:06.82 37,05	550m 06:34.19 36,87	750m 09:00.30 35,97			
200m 02:17.53 36,31	400m 04:43.69 36,87	600m 07:11.16 36,97				
6. Esmee Venner (PSV, 200000380)						09:51.80(+71)
50m 00:33.38 33,38	250m 03:02.18 37,67	450m 05:32.81 37,51	650m 08:02.16 37,44			
100m 01:09.92 36,54	300m 03:39.78 37,60	500m 06:10.07 37,26	700m 08:39.42 37,26			
150m 01:46.95 37,03	350m 04:17.56 37,78	550m 06:47.48 37,41	750m 09:16.60 37,18			
200m 02:24.51 37,56	400m 04:55.30 37,74	600m 07:24.72 37,24				
7. Sanne Barten (Aquarijn, 200101282)						09:55.35(+78)
50m 00:33.32 33,32	250m 03:03.58 37,83	450m 05:34.66 37,67	650m 08:05.47 37,53			
100m 01:10.17 36,85	300m 03:41.39 37,81	500m 06:12.14 37,48	700m 08:42.87 37,40			
150m 01:48.09 37,92	350m 04:19.38 37,99	550m 06:50.19 38,05	750m 09:20.03 37,16			
200m 02:25.75 37,66	400m 04:56.99 37,61	600m 07:27.94 37,75				

8. Lize Janna de Vries (Orca, 200101948)					09:56.33(+84)		
50m	00:32.33 32,33	250m	03:03.16 37,76	450m	05:33.35 37,24	650m	08:04.26 37,54
100m	01:09.45 37,12	300m	03:40.94 37,78	500m	06:11.37 38,02	700m	08:42.48 38,22
150m	01:47.58 38,13	350m	04:18.26 37,32	550m	06:48.87 37,50	750m	09:19.74 37,26
200m	02:25.40 37,82	400m	04:56.11 37,85	600m	07:26.72 37,85		
9. Giulia Corsi (De Columbiaan, 200100468)					09:58.23(+82)		
50m	00:34.25 34,25	250m	03:06.36 38,44	450m	05:38.04 37,87	650m	08:09.01 38,05
100m	01:11.78 37,53	300m	03:44.18 37,82	500m	06:15.91 37,87	700m	08:46.57 37,56
150m	01:50.30 38,52	350m	04:21.98 37,80	550m	06:53.44 37,53	750m	09:23.39 36,82
200m	02:27.92 37,62	400m	05:00.17 38,19	600m	07:30.96 37,52		
10. Lisa de Beijer (PSV, 200002814)					09:58.42(+77)		
50m	00:33.84 33,84	250m	03:05.31 37,98	450m	05:37.51 38,45	650m	08:08.72 37,80
100m	01:10.94 37,10	300m	03:42.86 37,55	500m	06:15.33 37,82	700m	08:46.64 37,92
150m	01:49.33 38,39	350m	04:20.93 38,07	550m	06:53.20 37,87	750m	09:24.14 37,50
200m	02:27.33 38,00	400m	04:59.06 38,13	600m	07:30.92 37,72		
11. Romée Spin (De Dinkel, 200000724)					09:59.13(+79)		
50m	00:33.11 33,11	250m	03:02.43 37,94	450m	05:34.16 38,27	650m	08:09.12 39,39
100m	01:09.69 36,58	300m	03:40.20 37,77	500m	06:12.62 38,46	700m	08:48.23 39,11
150m	01:46.83 37,14	350m	04:17.99 37,79	550m	06:50.97 38,35	750m	09:24.28 36,05
200m	02:24.49 37,66	400m	04:55.89 37,90	600m	07:29.73 38,76		
12. Sterre van de Goor (Arethusa, 200102168)					10:00.52(+88)		
50m	00:34.35 34,35	250m	03:05.47 38,33	450m	05:36.50 37,86	650m	08:08.64 38,10
100m	01:11.35 37,00	300m	03:43.21 37,74	500m	06:13.87 37,37	700m	08:46.35 37,71
150m	01:48.93 37,58	350m	04:20.85 37,64	550m	06:52.33 38,46	750m	09:24.30 37,95
200m	02:27.14 38,21	400m	04:58.64 37,79	600m	07:30.54 38,21		
13. Fleur Donker (PSV, 200006496)					10:08.15(+64)		
50m	00:33.04 33,04	250m	03:05.35 38,87	450m	05:42.58 39,88	650m	08:17.36 38,69
100m	01:09.81 36,77	300m	03:44.37 39,02	500m	06:21.43 38,85	700m	08:55.38 38,02
150m	01:47.91 38,10	350m	04:23.48 39,11	550m	06:59.89 38,46	750m	09:33.38 38,00
200m	02:26.48 38,57	400m	05:02.70 39,22	600m	07:38.67 38,78		
14. Marlinde Beukers (WVZ, 200101934)					10:08.16(+78)		
50m	00:32.53 32,53	250m	03:04.36 38,82	450m	05:40.08 38,92	650m	08:15.09 38,70
100m	01:08.65 36,12	300m	03:43.14 38,78	500m	06:19.04 38,96	700m	08:53.50 38,41
150m	01:47.05 38,40	350m	04:22.28 39,14	550m	06:57.77 38,73	750m	09:31.56 38,06
200m	02:25.54 38,49	400m	05:01.16 38,88	600m	07:36.39 38,62		
15. Simone Anvelink (MSV-Zeemacht, 200001546)					10:08.17(+84)		
50m	00:34.11 34,11	250m	03:07.51 39,15	450m	05:42.07 39,00	650m	08:16.47 37,87
100m	01:11.23 37,12	300m	03:45.89 38,38	500m	06:21.08 39,01	700m	08:54.38 37,91
150m	01:50.07 38,84	350m	04:24.78 38,89	550m	06:59.69 38,61	750m	09:32.08 37,70
200m	02:28.36 38,29	400m	05:03.07 38,29	600m	07:38.60 38,91		
16. Sanne Heemskerk (LZ 1886, 200100600)					10:14.17(+76)		
50m	00:32.08 32,08	250m	03:02.31 38,32	450m	05:37.75 39,22	650m	08:16.54 39,93
100m	01:08.22 36,14	300m	03:40.41 38,10	500m	06:17.00 39,25	700m	08:56.07 39,53
150m	01:45.63 37,41	350m	04:19.17 38,76	550m	06:56.58 39,58	750m	09:35.46 39,39
200m	02:23.99 38,36	400m	04:58.53 39,36	600m	07:36.61 40,03		
17. Diana Noordermeer (SCOM/De Zeehond'73 (SG), 200102110)					10:20.22(+79)		
50m	00:34.85 34,85	250m	03:07.27 38,75	450m	05:43.38 39,21	650m	08:23.48 40,24
100m	01:12.04 37,19	300m	03:46.24 38,97	500m	06:23.16 39,78	700m	09:03.75 40,27
150m	01:50.15 38,11	350m	04:25.27 39,03	550m	07:02.86 39,70	750m	09:42.27 38,52
200m	02:28.52 38,37	400m	05:04.17 38,90	600m	07:43.24 40,38		
18. Eva Willebrands (Orca, 200101510)					10:22.52(+103)		
50m	00:33.15 33,15	250m	03:06.40 39,28	450m	05:45.09 40,13	650m	08:26.05 39,15
100m	01:10.07 36,92	300m	03:45.87 39,47	500m	06:26.30 41,21	700m	09:06.03 39,98
150m	01:48.67 38,60	350m	04:25.54 39,67	550m	07:06.59 40,29	750m	09:44.74 38,71
200m	02:27.12 38,45	400m	05:04.96 39,42	600m	07:46.90 40,31		
19. Suze Sips (De Waalstroom, 200003788)					11:09.25(+95)		
50m	00:37.63 37,63	250m	03:25.88 43,55	450m	06:17.61 42,46	650m	09:07.70 42,68
100m	01:17.80 40,17	300m	04:09.41 43,53	500m	06:59.83 42,22	700m	09:49.61 41,91
150m	01:59.85 42,05	350m	04:52.11 42,70	550m	07:42.15 42,32	750m	10:30.15 40,54

200m 02:42.33 42,48 400m 05:35.15 43,04 600m 08:25.02 42,87

73. 800m vrije slag - Dames

11 - 11 jaar (Junioren 1)

1. Myrthe Natzijl (De Kikker, 200400076) 10:11.06(+81)
50m 00:33.56 33,56 250m 03:09.01 39,71 450m 05:44.84 39,12 650m 08:20.25 38,88
100m 01:10.77 37,21 300m 03:47.84 38,83 500m 06:23.72 38,88 700m 08:57.97 37,72
150m 01:49.60 38,83 350m 04:26.74 38,90 550m 07:02.72 39,00 750m 09:35.17 37,20
200m 02:29.30 39,70 400m 05:05.72 38,98 600m 07:41.37 38,65
2. Kyomi Groenhart (DZ&PC, 200400628) 10:23.97(+75)
50m 00:34.53 34,53 250m 03:10.67 38,84 450m 05:49.66 40,32 650m 08:29.38 40,06
100m 01:12.81 38,28 300m 03:49.76 39,09 500m 06:29.83 40,17 700m 09:08.67 39,29
150m 01:52.39 39,58 350m 04:29.31 39,55 550m 07:09.89 40,06 750m 09:46.51 37,84
200m 02:31.83 39,44 400m 05:09.34 40,03 600m 07:49.32 39,43
3. Ismay Lichtendonk (Dedemsvaart-AC, 200400622) 10:26.41(+81)
50m 00:34.30 34,30 250m 03:09.69 40,12 450m 05:49.60 39,95 650m 08:32.02 41,17
100m 01:12.02 37,72 300m 03:49.03 39,34 500m 06:29.53 39,93 700m 09:10.87 38,85
150m 01:50.48 38,46 350m 04:29.69 40,66 550m 07:10.37 40,84 750m 09:51.02 40,15
200m 02:29.57 39,09 400m 05:09.65 39,96 600m 07:50.85 40,48
4. Bridget de Bat (De Schelde, 200400382) 10:32.89(+79)
50m 00:34.24 34,24 250m 03:11.75 38,97 450m 05:52.81 40,37 650m 08:34.00 39,74
100m 01:13.01 38,77 300m 03:51.53 39,78 500m 06:33.35 40,54 700m 09:14.73 40,73
150m 01:52.35 39,34 350m 04:31.88 40,35 550m 07:13.66 40,31 750m 09:53.86 39,13
200m 02:32.78 40,43 400m 05:12.44 40,56 600m 07:54.26 40,60
5. Luna de Vries (Aqua-Novio'94, 200400516) 10:34.72(+80)
50m 00:34.34 34,34 250m 03:14.15 40,91 450m 05:56.44 41,24 650m 08:37.63 39,94
100m 01:13.68 39,34 300m 03:54.56 40,41 500m 06:36.12 39,68 700m 09:18.00 40,37
150m 01:53.67 39,99 350m 04:35.24 40,68 550m 07:17.95 41,83 750m 09:56.90 38,90
200m 02:33.24 39,57 400m 05:15.20 39,96 600m 07:57.69 39,74
6. Amy Tebben (Eurode KZC, 200400108) 10:37.63(+82)
50m 00:33.49 33,49 250m 03:11.91 39,88 450m 05:53.74 40,19 650m 08:38.12 41,25
100m 01:11.57 38,08 300m 03:52.73 40,82 500m 06:34.51 40,77 700m 09:19.11 40,99
150m 01:51.37 39,80 350m 04:33.09 40,36 550m 07:15.46 40,95 750m 09:59.12 40,01
200m 02:32.03 40,66 400m 05:13.55 40,46 600m 07:56.87 41,41
7. Charlotte Wilbers (ZPC Hoogeveen, 200400312) 10:42.50(+86)
50m 00:35.00 35,00 250m 03:15.48 41,25 450m 05:57.70 40,85 650m 08:42.63 41,13
100m 01:14.17 39,17 300m 03:55.56 40,08 500m 06:38.25 40,55 700m 09:24.04 41,41
150m 01:54.53 40,36 350m 04:36.33 40,77 550m 07:20.00 41,75 750m 10:04.46 40,42
200m 02:34.23 39,70 400m 05:16.85 40,52 600m 08:01.50 41,50
8. Marieke Lenderink (De Dinkel, 200400778) 10:47.32(+77)
50m 00:36.77 36,77 250m 03:21.63 41,34 450m 06:05.83 41,50 650m 08:49.16 41,45
100m 01:17.75 40,98 300m 04:02.14 40,51 500m 06:46.10 40,27 700m 09:29.44 40,28
150m 01:59.46 41,71 350m 04:43.30 41,16 550m 07:26.49 40,39 750m 10:09.50 40,06
200m 02:40.29 40,83 400m 05:24.33 41,03 600m 08:07.71 41,22
9. Sterre-Marit Drok (Stadskanaal, 200400880) 10:49.34(+70)
50m 00:35.66 35,66 250m 03:17.92 41,51 450m 06:03.32 40,96 650m 08:49.54 40,77
100m 01:14.92 39,26 300m 03:58.57 40,65 500m 06:46.20 42,88 700m 09:30.48 40,94
150m 01:55.35 40,43 350m 04:39.79 41,22 550m 07:25.90 39,70 750m 10:10.02 39,54
200m 02:36.41 41,06 400m 05:22.36 42,57 600m 08:08.77 42,87
10. Kim Servaas (PSV, 200400836) 10:57.56(+70)
50m 00:35.04 35,04 250m 03:18.32 41,49 450m 06:06.27 42,05 650m 08:54.75 41,55
100m 01:14.96 39,92 300m 04:00.63 42,31 500m 06:48.70 42,43 700m 09:36.62 41,87
150m 01:55.39 40,43 350m 04:42.56 41,93 550m 07:30.97 42,27 750m 10:18.01 41,39
200m 02:36.83 41,44 400m 05:24.22 41,66 600m 08:13.20 42,23
11. Alysha de Jong (ZPCH, 200400086) 11:00.63(+90)
50m 00:34.86 34,86 250m 03:18.02 41,68 450m 06:05.99 42,10 650m 08:55.67 42,73
100m 01:13.91 39,05 300m 03:59.77 41,75 500m 06:48.79 42,80 700m 09:37.97 42,30
150m 01:55.41 41,50 350m 04:42.12 42,35 550m 07:30.37 41,58 750m 10:19.92 41,95
200m 02:36.34 40,93 400m 05:23.89 41,77 600m 08:12.94 42,57

Bas Verdoes 1998 (+25)	350m	03:37.07	33,21
Bas Verdoes 1998 (+25)	400m	04:09.77	32,70
Eric Verdoes 1999 (+26)	450m	04:37.27	27,50
Eric Verdoes 1999 (+26)	500m	05:08.78	31,51
Eric Verdoes 1999 (+26)	550m	05:42.24	33,46
Eric Verdoes 1999 (+26)	600m	06:15.63	33,39
Thijs van Wieringen 1999 (+32)	650m	06:41.21	25,58
Thijs van Wieringen 1999 (+32)	700m	07:11.81	30,60
Thijs van Wieringen 1999 (+32)	750m	07:44.07	32,26
Thijs van Wieringen 1999 (+32)	800m	08:14.66	30,59

4. De Kikker

08:16.57

Ingmar Hartman 1998 (+83)	50m	00:27.45	27,45
Ingmar Hartman 1998 (+83)	100m	00:57.99	30,54
Ingmar Hartman 1998 (+83)	150m	01:30.40	32,41
Ingmar Hartman 1998 (+83)	200m	02:02.46	32,06
Darren Chen 2000 (+43)	250m	02:30.90	28,44
Darren Chen 2000 (+43)	300m	03:01.75	30,85
Darren Chen 2000 (+43)	350m	03:34.34	32,59
Darren Chen 2000 (+43)	400m	04:06.01	31,67
Bob de Groot 1999 (+27)	450m	04:33.87	27,86
Bob de Groot 1999 (+27)	500m	05:05.22	31,35
Bob de Groot 1999 (+27)	550m	05:38.57	33,35
Bob de Groot 1999 (+27)	600m	06:11.60	33,03
Dennis Klaassen 1998 (+55)	650m	06:39.05	27,45
Dennis Klaassen 1998 (+55)	700m	07:10.31	31,26
Dennis Klaassen 1998 (+55)	750m	07:43.07	32,76
Dennis Klaassen 1998 (+55)	800m	08:16.57	33,50

5. ZPC AMERSFOORT

08:20.13

Rijk Dragstra 2001 (+72)	50m	00:29.15	29,15
Rijk Dragstra 2001 (+72)	100m	01:01.97	32,82
Rijk Dragstra 2001 (+72)	150m	01:36.15	34,18
Rijk Dragstra 2001 (+72)	200m	02:10.05	33,90
Gideon Heij 1998 (+23)	250m	02:36.91	26,86
Gideon Heij 1998 (+23)	300m	03:08.67	31,76
Gideon Heij 1998 (+23)	350m	03:42.18	33,51
Gideon Heij 1998 (+23)	400m	04:14.04	31,86
Stijn van Aken 1999 (+53)	450m	04:41.40	27,36
Stijn van Aken 1999 (+53)	500m	05:12.39	30,99
Stijn van Aken 1999 (+53)	550m	05:44.47	32,08
Stijn van Aken 1999 (+53)	600m	06:15.36	30,89
Jelle Blankestijn 1998 (+45)	650m	06:43.31	27,95
Jelle Blankestijn 1998 (+45)	700m	07:13.99	30,68
Jelle Blankestijn 1998 (+45)	750m	07:46.68	32,69
Jelle Blankestijn 1998 (+45)	800m	08:20.13	33,45

6. Hieronymus [S14]

08:40.51

Sebastiaan Broere 1998 (+84)	50m	00:30.60	30,60
Sebastiaan Broere 1998 (+84)	100m	01:04.72	34,12
Sebastiaan Broere 1998 (+84)	150m	01:40.03	35,31
Sebastiaan Broere 1998 (+84)	200m	02:16.16	36,13
Niels van Beers 1999 (+40)	250m	02:45.92	29,76
Niels van Beers 1999 (+40)	300m	03:19.34	33,42
Niels van Beers 1999 (+40)	350m	03:53.51	34,17
Niels van Beers 1999 (+40)	400m	04:26.98	33,47
Bas Erdmann 2000 (+8)	450m	04:55.40	28,42
Bas Erdmann 2000 (+8)	500m	05:28.27	32,87
Bas Erdmann 2000 (+8)	550m	06:03.02	34,75
Bas Erdmann 2000 (+8)	600m	06:37.90	34,88
Cédric Broere 1999 (+32)	650m	07:05.10	27,20
Cédric Broere 1999 (+32)	700m	07:36.01	30,91
Cédric Broere 1999 (+32)	750m	08:08.67	32,66
Cédric Broere 1999 (+32)	800m	08:40.51	31,84

7. De Berkelduikers

08:40.57

Max Voortman 1999 (+63)	50m	00:28.48	28,48
Max Voortman 1999 (+63)	100m	01:00.42	31,94

Max Voortman 1999 (+63)	150m	01:34.26	33,84
Max Voortman 1999 (+63)	200m	02:07.32	33,06
Edwin Jager 1999 (+36)	250m	02:35.95	28,63
Edwin Jager 1999 (+36)	300m	03:09.29	33,34
Edwin Jager 1999 (+36)	350m	03:42.91	33,62
Edwin Jager 1999 (+36)	400m	04:16.29	33,38
Wilco Nijenhuis 1998 (+30)	450m	04:44.88	28,59
Wilco Nijenhuis 1998 (+30)	500m	05:19.55	34,67
Wilco Nijenhuis 1998 (+30)	550m	05:55.02	35,47
Wilco Nijenhuis 1998 (+30)	600m	06:28.52	33,50
Nick Bongers 1998 (+37)	650m	06:58.82	30,30
Nick Bongers 1998 (+37)	700m	07:33.00	34,18
Nick Bongers 1998 (+37)	750m	08:07.52	34,52
Nick Bongers 1998 (+37)	800m	08:40.57	33,05

8. De Schotejil

08:43.29

Jorian Tanis 1999 (+82)	50m	00:27.95	27,95
Jorian Tanis 1999 (+82)	100m	00:58.51	30,56
Jorian Tanis 1999 (+82)	150m	01:30.40	31,89
Jorian Tanis 1999 (+82)	200m	02:01.09	30,69
Luuk Kieviet 2001 (+49)	250m	02:31.94	30,85
Luuk Kieviet 2001 (+49)	300m	03:07.45	35,51
Luuk Kieviet 2001 (+49)	350m	03:43.32	35,87
Luuk Kieviet 2001 (+49)	400m	04:17.69	34,37
Aron Paasse 2000 (+35)	450m	04:46.50	28,81
Aron Paasse 2000 (+35)	500m	05:20.74	34,24
Aron Paasse 2000 (+35)	550m	05:56.76	36,02
Aron Paasse 2000 (+35)	600m	06:32.74	35,98
Jacob Mackloet 2000 (+35)	650m	07:01.76	29,02
Jacob Mackloet 2000 (+35)	700m	07:34.55	32,79
Jacob Mackloet 2000 (+35)	750m	08:08.77	34,22
Jacob Mackloet 2000 (+35)	800m	08:43.29	34,52

11 - 15 jaar (Junioren 4 en later)

1. VZC E&P

08:01.81

Sander Crooijmans 2001 (+75)	50m	00:28.12	28,12
Sander Crooijmans 2001 (+75)	100m	00:59.12	31,00
Sander Crooijmans 2001 (+75)	150m	01:29.57	30,45
Sander Crooijmans 2001 (+75)	200m	02:00.12	30,55
Vincent Crooijmans 2001 (+28)	250m	02:26.86	26,74
Vincent Crooijmans 2001 (+28)	300m	02:57.56	30,70
Vincent Crooijmans 2001 (+28)	350m	03:28.91	31,35
Vincent Crooijmans 2001 (+28)	400m	04:00.10	31,19
Thom Delno 2000 (+49)	450m	04:28.56	28,46
Thom Delno 2000 (+49)	500m	05:00.24	31,68
Thom Delno 2000 (+49)	550m	05:33.21	32,97
Thom Delno 2000 (+49)	600m	06:05.52	32,31
Sten Postma 2000 (+30)	650m	06:31.97	26,45
Sten Postma 2000 (+30)	700m	07:01.34	29,37
Sten Postma 2000 (+30)	750m	07:31.80	30,46
Sten Postma 2000 (+30)	800m	08:01.81	30,01

2. ZPC AMERSFOORT

08:05.06

Austin Namesnik 2001 (+64)	50m	00:28.27	28,27
Austin Namesnik 2001 (+64)	100m	00:59.49	31,22
Austin Namesnik 2001 (+64)	150m	01:31.10	31,61
Austin Namesnik 2001 (+64)	200m	02:01.34	30,24
Bas Morelissen 2001 (+29)	250m	02:28.72	27,38
Bas Morelissen 2001 (+29)	300m	02:59.56	30,84
Bas Morelissen 2001 (+29)	350m	03:32.21	32,65
Bas Morelissen 2001 (+29)	400m	04:03.45	31,24
Daniël Claasen 2001 (+55)	450m	04:31.50	28,05
Daniël Claasen 2001 (+55)	500m	05:01.87	30,37
Daniël Claasen 2001 (+55)	550m	05:33.88	32,01
Daniël Claasen 2001 (+55)	600m	06:04.97	31,09
Caspar Corbeau 2001 (+42)	650m	06:31.73	26,76
Caspar Corbeau 2001 (+42)	700m	07:02.07	30,34
Caspar Corbeau 2001 (+42)	750m	07:33.32	31,25

Caspar Corbeau 2001 (+42) 800m 08:05.06 31,74

3. WVZ

08:15.95

Thomas Jansen 2001 (+81) 50m 00:28.92 28,92
Thomas Jansen 2001 (+81) 100m 01:00.87 31,95
Thomas Jansen 2001 (+81) 150m 01:32.92 32,05
Thomas Jansen 2001 (+81) 200m 02:03.79 30,87
Koen Weustink 2000 (+37) 250m 02:31.40 27,61
Koen Weustink 2000 (+37) 300m 03:03.72 32,32
Koen Weustink 2000 (+37) 350m 03:36.56 32,84
Koen Weustink 2000 (+37) 400m 04:08.34 31,78
Tygo van Hassel 2001 (+69) 450m 04:36.37 28,03
Tygo van Hassel 2001 (+69) 500m 05:08.26 31,89
Tygo van Hassel 2001 (+69) 550m 05:41.68 33,42
Tygo van Hassel 2001 (+69) 600m 06:15.79 34,11
Anne Schuurmans 2000 (+49) 650m 06:42.77 26,98
Anne Schuurmans 2000 (+49) 700m 07:12.92 30,15
Anne Schuurmans 2000 (+49) 750m 07:44.65 31,73
Anne Schuurmans 2000 (+49) 800m 08:15.95 31,30

4. ZPC Hoogeveen

08:30.94

Coen de Lang 2001 (+73) 50m 00:29.44 29,44
Coen de Lang 2001 (+73) 100m 01:01.57 32,13
Coen de Lang 2001 (+73) 150m 01:34.50 32,93
Coen de Lang 2001 (+73) 200m 02:07.20 32,70
Owen Peeks 2001 (+27) 250m 02:36.17 28,97
Owen Peeks 2001 (+27) 300m 03:08.35 32,18
Owen Peeks 2001 (+27) 350m 03:41.33 32,98
Owen Peeks 2001 (+27) 400m 04:13.77 32,44
Bas Kost 2000 (+42) 450m 04:42.98 29,21
Bas Kost 2000 (+42) 500m 05:16.61 33,63
Bas Kost 2000 (+42) 550m 05:51.96 35,35
Bas Kost 2000 (+42) 600m 06:27.81 35,85
Junior de Bruin 2000 (+34) 650m 06:55.25 27,44
Junior de Bruin 2000 (+34) 700m 07:26.17 30,92
Junior de Bruin 2000 (+34) 750m 07:59.13 32,96
Junior de Bruin 2000 (+34) 800m 08:30.94 31,81

5. PSV

08:33.91

Rick Bulman 2001 (+70) 50m 00:29.11 29,11
Rick Bulman 2001 (+70) 100m 01:01.49 32,38
Rick Bulman 2001 (+70) 150m 01:35.12 33,63
Rick Bulman 2001 (+70) 200m 02:08.10 32,98
Wouter Schmit 2000 (+36) 250m 02:37.55 29,45
Wouter Schmit 2000 (+36) 300m 03:09.69 32,14
Wouter Schmit 2000 (+36) 350m 03:42.28 32,59
Wouter Schmit 2000 (+36) 400m 04:13.15 30,87
Mathijs Verdonck 2001 (+52) 450m 04:41.44 28,29
Mathijs Verdonck 2001 (+52) 500m 05:13.93 32,49
Mathijs Verdonck 2001 (+52) 550m 05:48.04 34,11
Mathijs Verdonck 2001 (+52) 600m 06:22.24 34,20
Timo Spaans 2002 (+43) 650m 06:51.88 29,64
Timo Spaans 2002 (+43) 700m 07:25.75 33,87
Timo Spaans 2002 (+43) 750m 08:00.36 34,61
Timo Spaans 2002 (+43) 800m 08:33.91 33,55

6. Orca

08:42.33

Marcel Delfstra 2001 (+64) 50m 00:28.84 28,84
Marcel Delfstra 2001 (+64) 100m 01:01.74 32,90
Marcel Delfstra 2001 (+64) 150m 01:36.81 35,07
Marcel Delfstra 2001 (+64) 200m 02:11.78 34,97
Hugo Jan Bosscher 2000 (+23) 250m 02:41.81 30,03
Hugo Jan Bosscher 2000 (+23) 300m 03:16.09 34,28
Hugo Jan Bosscher 2000 (+23) 350m 03:51.97 35,88
Hugo Jan Bosscher 2000 (+23) 400m 04:27.81 35,84
Thomas Hamstra 2000 (+22) 450m 04:57.51 29,70
Thomas Hamstra 2000 (+22) 500m 05:32.25 34,74
Thomas Hamstra 2000 (+22) 550m 06:06.98 34,73

Thomas Hamstra 2000 (+22)	600m 06:41.61 34,63
David Kuipers 2000 (+31)	650m 07:08.91 27,30
David Kuipers 2000 (+31)	700m 07:39.86 30,95
David Kuipers 2000 (+31)	750m 08:12.33 32,47
David Kuipers 2000 (+31)	800m 08:42.33 30,00

7. De Dinkel

08:42.68

Dennis Kamps 2000 (+90)	50m 00:28.46 28,46
Dennis Kamps 2000 (+90)	100m 00:59.51 31,05
Dennis Kamps 2000 (+90)	150m 01:31.55 32,04
Dennis Kamps 2000 (+90)	200m 02:03.15 31,60
Milan van Dieren 2001 (+60)	250m 02:32.05 28,90
Milan van Dieren 2001 (+60)	300m 03:05.12 33,07
Milan van Dieren 2001 (+60)	350m 03:40.04 34,92
Milan van Dieren 2001 (+60)	400m 04:15.02 34,98
Noël Derks 2001 (+43)	450m 04:46.02 31,00
Noël Derks 2001 (+43)	500m 05:21.11 35,09
Noël Derks 2001 (+43)	550m 05:56.61 35,50
Noël Derks 2001 (+43)	600m 06:31.20 34,59
Jurre Hanstede 2002 (+53)	650m 07:01.00 29,80
Jurre Hanstede 2002 (+53)	700m 07:34.00 33,00
Jurre Hanstede 2002 (+53)	750m 08:08.89 34,89
Jurre Hanstede 2002 (+53)	800m 08:42.68 33,79

DIS. DWK

00:00.00

Joep Hoogerwerf 2002 (+84)	50m 00:30.05 30,05
Joep Hoogerwerf 2002 (+84)	100m 01:04.61 34,56
Joep Hoogerwerf 2002 (+84)	150m 01:40.20 35,59
Joep Hoogerwerf 2002 (+84)	200m 02:15.43 35,23
Chad Michau 2000 (+48)	250m 02:42.89 27,46
Chad Michau 2000 (+48)	300m 03:14.14 31,25
Chad Michau 2000 (+48)	350m 03:46.82 32,68
Chad Michau 2000 (+48)	400m 04:18.66 31,84
Dylan Donkersteeg 2002 ()	800m 00:00.00 -258,66

NJJK lange baan 2016 sessie 4 - vrijdag 17 juni 2016 om 16:00u (50 m)

Aanvangstijd juryvergadering: 15:00u

65. 50m rugslag - Dames

14 - 15 jaar (Jeugd 1 en 2)

1. Marit Boxum (Deltasteur, 200000068) 00:31.22(+75)

2. Kaylin Stel (De Dolfijn, 200100290) 00:32.17(+56)

72. 800m vrije slag - Dames

75. 800m vrije slag - Dames

12 - 12 jaar (Junioren 2)

1. Merel Hijink (PSV, 200304732) 09:37.52(+68)

50m 00:32.87 32,87	250m 03:00.44 36,33	450m 05:26.20 36,15	650m 07:51.92 36,05
100m 01:09.03 36,16	300m 03:37.09 36,65	500m 06:02.81 36,61	700m 08:28.35 36,43
150m 01:46.38 37,35	350m 04:13.53 36,44	550m 06:39.22 36,41	750m 09:03.71 35,36
200m 02:24.11 37,73	400m 04:50.05 36,52	600m 07:15.87 36,65	

2. Lindsey Berghuis (ZV 44, 200300104) 09:46.70(+79)

50m 00:31.53 31,53	250m 02:59.55 37,35	450m 05:30.62 38,00	650m 07:59.62 37,03
100m 01:07.37 35,84	300m 03:37.06 37,51	500m 06:08.22 37,60	700m 08:36.10 36,48
150m 01:44.76 37,39	350m 04:14.65 37,59	550m 06:45.47 37,25	750m 09:12.45 36,35
200m 02:22.20 37,44	400m 04:52.62 37,97	600m 07:22.59 37,12	

3. Imke Beekman (NIMO, 200301950) 09:47.82(+82)

50m 00:33.29 33,29	250m 03:01.37 37,39	450m 05:31.00 37,39	650m 08:00.63 37,16
100m 01:09.65 36,36	300m 03:38.79 37,42	500m 06:08.38 37,38	700m 08:36.90 36,27
150m 01:46.48 36,83	350m 04:16.12 37,33	550m 06:46.09 37,71	750m 09:13.08 36,18
200m 02:23.98 37,50	400m 04:53.61 37,49	600m 07:23.47 37,38	

4. Gaia Sterre Mirotti (VZC E&P, 200305158) 09:48.22(+77)

50m 00:32.18 32,18	250m 02:58.72 37,01	450m 05:27.91 37,44	650m 07:59.50 37,59
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100m	01:07.62	35,44	300m	03:35.73	37,01	500m	06:05.42	37,51	700m	08:36.84	37,34
150m	01:44.24	36,62	350m	04:13.13	37,40	550m	06:44.29	38,87	750m	09:13.84	37,00
200m	02:21.71	37,47	400m	04:50.47	37,34	600m	07:21.91	37,62			
5. Suze Kuipers (Orca, 200301714)											
50m	00:32.89	32,89	250m	03:02.68	37,85	450m	05:37.78	38,76	650m	08:11.77	38,39
100m	01:09.36	36,47	300m	03:41.00	38,32	500m	06:16.64	38,86	700m	08:50.50	38,73
150m	01:46.91	37,55	350m	04:19.75	38,75	550m	06:54.83	38,19	750m	09:28.62	38,12
200m	02:24.83	37,92	400m	04:59.02	39,27	600m	07:33.38	38,55			
6. Tessa Takken (Zwemvereniging Hoorn, 200301692)											
50m	00:33.59	33,59	250m	03:07.57	39,10	450m	05:44.60	39,68	650m	08:21.04	39,32
100m	01:11.18	37,59	300m	03:46.47	38,90	500m	06:23.54	38,94	700m	08:59.47	38,43
150m	01:49.48	38,30	350m	04:25.96	39,49	550m	07:02.95	39,41	750m	09:38.12	38,65
200m	02:28.47	38,99	400m	05:04.92	38,96	600m	07:41.72	38,77			
7. Milou ten Koppel (Deltasteur, 200302572)											
50m	00:34.50	34,50	250m	03:08.94	39,29	450m	05:49.91	40,19	650m	08:30.20	39,96
100m	01:12.48	37,98	300m	03:48.54	39,60	500m	06:30.06	40,15	700m	09:10.26	40,06
150m	01:51.04	38,56	350m	04:29.14	40,60	550m	07:10.84	40,78	750m	09:49.84	39,58
200m	02:29.65	38,61	400m	05:09.72	40,58	600m	07:50.24	39,40			
8. Amy Koelman (De Columbiaan, 200300922)											
50m	00:32.69	32,69	250m	03:10.88	40,08	450m	05:54.47	40,86	650m	08:37.03	40,67
100m	01:10.51	37,82	300m	03:51.74	40,86	500m	06:35.75	41,28	700m	09:17.66	40,63
150m	01:49.98	39,47	350m	04:32.59	40,85	550m	07:15.78	40,03	750m	09:56.59	38,93
200m	02:30.80	40,82	400m	05:13.61	41,02	600m	07:56.36	40,58			
9. Yvonne Engel (ZV De Zaan, 200300780)											
50m	00:35.00	35,00	250m	03:17.86	41,44	450m	06:02.38	40,85	650m	08:46.06	40,85
100m	01:14.66	39,66	300m	03:59.44	41,58	500m	06:43.78	41,40	700m	09:25.88	39,82
150m	01:55.36	40,70	350m	04:40.72	41,28	550m	07:24.88	41,10	750m	10:05.27	39,39
200m	02:36.42	41,06	400m	05:21.53	40,81	600m	08:05.21	40,33			
10. Anisa Groeneschey (LZ 1886, 200300788)											
50m	00:34.06	34,06	250m	03:12.63	40,30	450m	05:57.55	41,91	650m	08:41.70	40,76
100m	01:12.26	38,20	300m	03:53.55	40,92	500m	06:38.71	41,16	700m	09:22.63	40,93
150m	01:52.19	39,93	350m	04:34.53	40,98	550m	07:19.53	40,82	750m	10:02.83	40,20
200m	02:32.33	40,14	400m	05:15.64	41,11	600m	08:00.94	41,41			
11. Kim de Jong (LZ 1886, 200301026)											
50m	00:35.12	35,12	250m	03:16.82	40,92	450m	06:01.51	41,18	650m	08:45.41	40,62
100m	01:14.39	39,27	300m	03:57.78	40,96	500m	06:42.78	41,27	700m	09:25.48	40,07
150m	01:55.22	40,83	350m	04:39.18	41,40	550m	07:24.04	41,26	750m	10:05.54	40,06
200m	02:35.90	40,68	400m	05:20.33	41,15	600m	08:04.79	40,75			
12. Kyanie Blom (NIMO, 200301866)											
50m	00:35.31	35,31	250m	03:18.38	40,79	450m	06:02.95	41,17	650m	08:47.45	40,96
100m	01:15.18	39,87	300m	03:59.57	41,19	500m	06:43.98	41,03	700m	09:28.61	41,16
150m	01:56.43	41,25	350m	04:40.57	41,00	550m	07:25.12	41,14	750m	10:08.99	40,38
200m	02:37.59	41,16	400m	05:21.78	41,21	600m	08:06.49	41,37			
13. Daniëlle Meinema (ZVV, 200300534)											
50m	00:34.58	34,58	250m	03:20.24	41,99	450m	06:10.72	42,80	650m	08:59.51	41,70
100m	01:14.35	39,77	300m	04:02.48	42,24	500m	06:52.59	41,87	700m	09:42.37	42,86
150m	01:56.23	41,88	350m	04:45.35	42,87	550m	07:34.81	42,22	750m	10:24.34	41,97
200m	02:38.25	42,02	400m	05:27.92	42,57	600m	08:17.81	43,00			
14. Annemiek Huijsmans (De Rijn, 200300028)											
50m	00:34.24	34,24	250m	03:18.06	41,83	450m	06:08.35	43,89	650m	09:02.11	44,11
100m	01:13.66	39,42	300m	03:59.55	41,49	500m	06:51.52	43,17	700m	09:44.44	42,33
150m	01:55.06	41,40	350m	04:41.98	42,43	550m	07:34.79	43,27	750m	10:27.60	43,16
200m	02:36.23	41,17	400m	05:24.46	42,48	600m	08:18.00	43,21			
15. Frederique Epping (De Kikker, 200301344)											
50m	00:37.02	37,02	250m	03:32.02	45,55	450m	06:33.09	46,10	650m	09:34.84	44,54
100m	01:18.43	41,41	300m	04:17.13	45,11	500m	07:18.64	45,55	700m	10:19.66	44,82
150m	02:02.14	43,71	350m	05:01.97	44,84	550m	08:04.53	45,89	750m	11:04.11	44,45
200m	02:46.47	44,33	400m	05:46.99	45,02	600m	08:50.30	45,77			

16. Leonie Rockers (De Kikker, 200300256) 12:37.49(+82)
 50m 00:37.11 37,11 250m 03:43.08 48,36 450m 06:59.09 49,16 650m 10:15.57 48,95
 100m 01:20.17 43,06 300m 04:32.06 48,98 500m 07:48.35 49,26 700m 11:03.39 47,82
 150m 02:07.12 46,95 350m 05:21.24 49,18 550m 08:37.80 49,45 750m 11:50.04 46,65
 200m 02:54.72 47,60 400m 06:09.93 48,69 600m 09:26.62 48,82

76. 800m vrije slag - Dames
 13 - 13 jaar (Junioren 3)

1. Femke Spiering (VZC E&P, 200204514) 09:38.62(+80)
 50m 00:31.93 31,93 250m 02:55.62 36,73 450m 05:22.38 36,76 650m 07:49.77 36,82
 100m 01:07.22 35,29 300m 03:31.89 36,27 500m 05:59.43 37,05 700m 08:26.92 37,15
 150m 01:42.73 35,51 350m 04:08.84 36,95 550m 06:36.30 36,87 750m 09:03.51 36,59
 200m 02:18.89 36,16 400m 04:45.62 36,78 600m 07:12.95 36,65

2. Samantha van Vuure (ZPCH, 200200230) 09:42.23(+75)
 50m 00:31.55 31,55 250m 02:56.19 37,52 450m 05:25.88 37,61 650m 07:54.78 37,62
 100m 01:06.33 34,78 300m 03:33.45 37,26 500m 06:02.66 36,78 700m 08:31.03 36,25
 150m 01:42.01 35,68 350m 04:10.91 37,46 550m 06:40.06 37,40 750m 09:07.60 36,57
 200m 02:18.67 36,66 400m 04:48.27 37,36 600m 07:17.16 37,10

3. Famke Slabbers (Arethusa, 200200100) 09:47.65(+75)
 50m 00:33.86 33,86 250m 03:03.30 37,43 450m 05:31.44 37,19 650m 07:59.35 36,95
 100m 01:10.90 37,04 300m 03:40.39 37,09 500m 06:08.31 36,87 700m 08:36.08 36,73
 150m 01:48.52 37,62 350m 04:17.39 37,00 550m 06:45.28 36,97 750m 09:12.47 36,39
 200m 02:25.87 37,35 400m 04:54.25 36,86 600m 07:22.40 37,12

4. Denise van der Burgt (Zeester-Meerval, 200201812) 09:52.08(+80)
 50m 00:32.32 32,32 250m 03:00.16 37,24 450m 05:29.90 37,28 650m 08:00.80 37,80
 100m 01:08.39 36,07 300m 03:37.67 37,51 500m 06:07.54 37,64 700m 08:38.93 38,13
 150m 01:45.39 37,00 350m 04:15.02 37,35 550m 06:45.13 37,59 750m 09:16.45 37,52
 200m 02:22.92 37,53 400m 04:52.62 37,60 600m 07:23.00 37,87

5. Isabel Dijkstra (Hellas-Glana, 200200918) 09:55.87(+81)
 50m 00:32.52 32,52 250m 02:59.39 37,34 450m 05:29.48 37,43 650m 08:01.68 38,23
 100m 01:08.29 35,77 300m 03:36.86 37,47 500m 06:07.05 37,57 700m 08:40.42 38,74
 150m 01:44.94 36,65 350m 04:14.43 37,57 550m 06:45.33 38,28 750m 09:18.71 38,29
 200m 02:22.05 37,11 400m 04:52.05 37,62 600m 07:23.45 38,12

6. Ilse Kraaijeveld (MNC Dordrecht, 200202190) 10:00.89(+72)
 50m 00:33.11 33,11 250m 03:04.37 38,41 450m 05:38.16 38,77 650m 08:10.31 38,06
 100m 01:10.31 37,20 300m 03:42.52 38,15 500m 06:16.00 37,84 700m 08:48.11 37,80
 150m 01:48.13 37,82 350m 04:20.91 38,39 550m 06:54.05 38,05 750m 09:24.95 36,84
 200m 02:25.96 37,83 400m 04:59.39 38,48 600m 07:32.25 38,20

7. Hanne te Velthuis (Dedemsvaart-AC, 200201324) 10:04.87(+85)
 50m 00:33.32 33,32 250m 03:05.10 38,54 450m 05:38.16 38,25 650m 08:12.48 38,58
 100m 01:10.63 37,31 300m 03:43.25 38,15 500m 06:16.79 38,63 700m 08:50.75 38,27
 150m 01:48.82 38,19 350m 04:21.51 38,26 550m 06:55.80 39,01 750m 09:28.26 37,51
 200m 02:26.56 37,74 400m 04:59.91 38,40 600m 07:33.90 38,10

8. Iris Dijkstra (NIMO, 200201766) 10:07.58(+75)
 50m 00:33.48 33,48 250m 03:07.39 39,23 450m 05:42.10 38,73 650m 08:14.95 37,96
 100m 01:11.27 37,79 300m 03:46.03 38,64 500m 06:20.40 38,30 700m 08:53.80 38,85
 150m 01:49.79 38,52 350m 04:24.94 38,91 550m 06:58.84 38,44 750m 09:31.38 37,58
 200m 02:28.16 38,37 400m 05:03.37 38,43 600m 07:36.99 38,15

9. Anne Paulusse (De Warande, 200200834) 10:20.03(+88)
 50m 00:33.75 33,75 250m 03:05.57 38,25 450m 05:42.01 39,85 650m 08:22.53 40,26
 100m 01:11.08 37,33 300m 03:43.90 38,33 500m 06:21.20 39,19 700m 09:02.23 39,70
 150m 01:48.97 37,89 350m 04:22.72 38,82 550m 07:01.75 40,55 750m 09:42.27 40,04
 200m 02:27.32 38,35 400m 05:02.16 39,44 600m 07:42.27 40,52

10. Rosa Ebbing (DZ&PC, 200200904) 10:22.52(+74)
 50m 00:33.73 33,73 250m 03:08.53 39,49 450m 05:47.07 39,70 650m 08:25.88 40,10
 100m 01:11.27 37,54 300m 03:48.19 39,66 500m 06:26.36 39,29 700m 09:05.01 39,13
 150m 01:50.13 38,86 350m 04:27.79 39,60 550m 07:06.25 39,89 750m 09:44.17 39,16
 200m 02:29.04 38,91 400m 05:07.37 39,58 600m 07:45.78 39,53

11. Zante Janssen (Aqua-Novio'94, 200201786) 10:28.30(+72)
 50m 00:33.34 33,34 250m 03:11.49 40,53 450m 05:53.13 39,92 650m 08:33.05 39,63

4. Duncan van Haaren (NTC PARA-WIDEX GZC Donk, 200000681) [S10]	00:59.05(+72)
50m 00:28.43 28,43	
5. Bastian Renshoff (Octopus, 200001261) [S10]	01:00.44(+90)
50m 00:28.98 28,98	
6. Rogier Dorsman (NTC PARA-ZZ&PC De Devel, 199900211) [S12]	01:00.72(+66)
50m 00:29.33 29,33	
7. Querijn Hensen (De Duinkickers, 200102121) [S10]	01:00.99(+68)
50m 00:28.96 28,96	
8. Sam Janmaat (De Duinkickers, 200203017) [S10]	01:04.67(+77)
50m 00:30.81 30,81	
51. 100m vlinderslag - Dames	
14 - 15 jaar (Jeugd 1 en 2)	
1. Alinda Dingshoff (ZPC Hoogeveen, 200000928)	01:03.19(+72)
50m 00:29.44 29,44	
2. Claire Verkijk (RTC - WVZ, 200100240)	01:03.51(+73)
50m 00:29.49 29,49	
3. Chefanja Nunes (RTC - WVZ, 200104750)	01:03.52(+69)
50m 00:29.86 29,86	
4. Silke Molendijk (VZC E&P, 200100178)	01:05.82(+70)
50m 00:30.57 30,57	
5. Manon Compagner (Dedemsvaart-AC, 200101710)	01:06.21(+77)
50m 00:29.65 29,65	
6. Danieke van der Kooi (Orca, 200000552)	01:07.75(+67)
50m 00:31.05 31,05	
7. Kristy Nagtzaam (ZC AquaDream, 200002212)	01:08.29(+68)
50m 00:30.62 30,62	
8. Linde van Duinhoven (RZC, 200100370)	01:10.31(+77)
50m 00:31.47 31,47	
252. 100m vlinderslag - Dames	
11 - 15 jaar (Jeugd 2 en later)	
1. Liesette Bruinsma (NTC PARA-HZ&PC Heerenveen, 200004346) [S11]	01:22.79(+77)
50m 00:36.74 36,74	
2. Chantalle Zijderveld (NTC PARA-ZZ&PC De Devel, 200000702) [S10]	01:12.06(+74)
50m 00:32.52 32,52	
3. Inge Belfor (NTC PARA-De Columbiaan, 200100578) [S10]	01:20.18(+82)
50m 00:36.22 36,22	
4. Sanne Hofman (NTC PARA-ZPC Hoogeveen, 200102154) [S13]	01:24.86(+74)
50m 00:38.98 38,98	
5. Feija de Bruin (WVZ, 200400106) [S10]	01:34.88(+94)
50m 00:43.12 43,12	
77. 200m wisselslag - Heren	
12 - 12 jaar (Junioren 1)	
1. Tim Korstanje (Aqua-Novio'94, 200300053)	02:26.80(+67)
50m 00:31.56 31,56 100m 01:11.34 39,78 150m 01:54.11 42,77	
2. Esper Schreurs (ZEPS, 200300433)	02:28.83(+83)
50m 00:31.10 31,10 100m 01:08.29 37,19 150m 01:52.41 44,12	
3. Wesley Zulver (ZVVS, 200301319)	02:29.97(+75)
50m 00:32.94 32,94 100m 01:13.16 40,22 150m 01:54.34 41,18	
4. Matias Jansen (ZIGNEA, 200300199)	02:32.49(+74)
50m 00:33.69 33,69 100m 01:13.29 39,60 150m 01:57.73 44,44	

5. Kylian Heederik (Deltasteur, 200300353)	50m 00:35.46 35,46	100m 01:15.33 39,87	150m 01:57.18 41,85	02:32.75(+62)
6. Lucas Peters (PSV, 200301325)	50m 00:31.98 31,98	100m 01:14.16 42,18	150m 01:59.11 44,95	02:33.15(+66)
7. Rijk Heere (ZPC AMERSFOORT, 200300897)	50m 00:34.05 34,05	100m 01:16.09 42,04	150m 02:00.47 44,38	02:33.73(+75)
8. Keanu Streefland (The Hague Swimming (SG), 200302445)	50m 00:34.63 34,63	100m 01:12.53 37,90	150m 01:59.58 47,05	02:34.64(+67)
9. Luuk Hulleman (ZVV, 200300189)	50m 00:31.35 31,35	100m 01:11.02 39,67	150m 02:01.29 50,27	02:35.24(+79)
10. Milan Hamel (The Hague Swimming (SG), 200302125)	50m 00:32.80 32,80	100m 01:14.70 41,90	150m 02:02.71 48,01	02:35.83(+64)
11. Dylan Jansen (WVZ, 200300817)	50m 00:33.17 33,17	100m 01:12.51 39,34	150m 02:00.41 47,90	02:36.01(+71)
12. Luuk Bos (VZ&PC, 200300151)	50m 00:33.07 33,07	100m 01:13.21 40,14	150m 02:01.97 48,76	02:36.58(+74)
13. Timo Zittersteijn (De Rijn, 200300025)	50m 00:33.25 33,25	100m 01:15.23 41,98	150m 02:02.77 47,54	02:37.47(+70)
14. Stan de Swart (PSV, 200300535)	50m 00:33.30 33,30	100m 01:13.43 40,13	150m 02:01.55 48,12	02:37.77(+71)
15. Ster van 't Land (ZPC AMERSFOORT, 200302015)	50m 00:33.17 33,17	100m 01:13.07 39,90	150m 02:02.34 49,27	02:37.99(+78)
16. Sjors Lemmers (Merlet, 200300555)	50m 00:34.19 34,19	100m 01:15.71 41,52	150m 02:01.89 46,18	02:38.04(+73)
17. Daan Hogerhuis (Alkemade, 200300317)	50m 00:35.31 35,31	100m 01:16.38 41,07	150m 02:03.67 47,29	02:39.61(+69)
18. Rens van Beek (Aqua-Novio'94, 200300537)	50m 00:33.56 33,56	100m 01:13.05 39,49	150m 02:04.47 51,42	02:39.90(+65)
19. Jeffrey Huynh (VZC E&P, 200300145)	50m 00:34.64 34,64	100m 01:15.95 41,31	150m 02:03.11 47,16	02:40.27(+85)
20. Yorick Visser (ZPC De Zeeuwse Kust, 200301957)	50m 00:34.24 34,24	100m 01:18.28 44,04	150m 02:06.07 47,79	02:40.48(+75)
21. Lukas Binnekamp (WS Twente, 200300107)	50m 00:35.96 35,96	100m 01:14.53 38,57	150m 02:03.93 49,40	02:40.66(+78)
22. Ruben de Vriend (ZV Haerlem, 200300981)	50m 00:35.45 35,45	100m 01:17.62 42,17	150m 02:05.58 47,96	02:40.71(+77)
23. Sam van der Stroom (PSV, 200304409)	50m 00:35.62 35,62	100m 01:16.57 40,95	150m 02:03.52 46,95	02:40.92(+75)
24. Jovanny Timmer (De Spatters, 200302369)	50m 00:33.59 33,59	100m 01:16.52 42,93	150m 02:01.47 44,95	02:41.20(+81)
25. Ivo Kroes (Zwem en Polo Club Appingedam, 200300079)	50m 00:36.07 36,07	100m 01:19.42 43,35	150m 02:05.58 46,16	02:41.49(+70)
26. Bjarne Buijs (The Hague Swimming (SG), 200301089)	50m 00:35.23 35,23	100m 01:16.52 41,29	150m 02:03.37 46,85	02:41.72(+83)
27. Niels Kragt (Dedemsvaart-AC, 200300155)	50m 00:35.90 35,90	100m 01:17.88 41,98	150m 02:07.19 49,31	02:43.73(+89)
28. Nils Mulder (MNC Dordrecht, 200300049)	50m 00:34.05 34,05	100m 01:15.91 41,86	150m 02:07.46 51,55	02:43.81(+69)
29. Jelle Bon (Zwemvereniging Westland, 200301077)				02:44.19(+78)

	50m 00:35.79	35,79	100m 01:18.34	42,55	150m 02:08.80	50,46	
30. Perry Laarhoven (ZPC Numansdorp, 200301321)	50m 00:35.84	35,84	100m 01:17.69	41,85	150m 02:06.58	48,89	02:44.32(+87)
31. Tygo Stoffels (AZC, 200303243)	50m 00:35.85	35,85	100m 01:18.42	42,57	150m 02:07.85	49,43	02:44.82(+84)
32. Michael Smink (Aquarijn, 200302169)	50m 00:34.28	34,28	100m 01:17.89	43,61	150m 02:10.62	52,73	02:45.88(+79)
78. 200m wisselslag - Heren							
<i>13 - 13 jaar (Junioren 2)</i>							
1. Bryan Agterdenbos (MNC Dordrecht, 200200003)	50m 00:29.44	29,44	100m 01:06.14	36,70	150m 01:47.60	41,46	02:17.39(+73)
2. Timo Spaans (PSV, 200201087)	50m 00:29.47	29,47	100m 01:08.18	38,71	150m 01:49.42	41,24	02:22.46(+71)
3. Kirill Hrabcuns (ZPC AMERSFOORT, 200201221)	50m 00:28.93	28,93	100m 01:05.53	36,60	150m 01:48.24	42,71	02:22.89(+73)
4. Maurice Pater (TriVia, 200200909)	50m 00:29.95	29,95	100m 01:07.57	37,62	150m 01:52.15	44,58	02:23.42(+79)
5. Leon van den Hof (Dedemsvaart-AC, 200203269)	50m 00:30.78	30,78	100m 01:07.13	36,35	150m 01:50.82	43,69	02:24.06(+75)
6. Sean Niewold (TriVia, 200204699)	50m 00:30.92	30,92	100m 01:08.58	37,66	150m 01:51.47	42,89	02:24.67(+70)
7. Thomas Weening (De Dolfijn, 200200523)	50m 00:30.30	30,30	100m 01:08.25	37,95	150m 01:53.56	45,31	02:25.63(+74)
8. Jarno Koster (Aqua-Novio'94, 200200637)	50m 00:31.06	31,06	100m 01:09.47	38,41	150m 01:52.76	43,29	02:26.63(+75)
9. Joep Hoogerwerf (DWK, 200204527)	50m 00:31.73	31,73	100m 01:08.54	36,81	150m 01:53.01	44,47	02:26.83(+85)
10. Viktor Koets (LZ 1886, 200201677)	50m 00:31.56	31,56	100m 01:09.33	37,77	150m 01:52.25	42,92	02:26.91(+76)
11. Tycho Atanasov (De Kikker, 200201133)	50m 00:33.03	33,03	100m 01:10.83	37,80	150m 01:54.61	43,78	02:27.21(+70)
12. Adriaan Provo Kluit (RTC - WVZ, 200204397)	50m 00:30.93	30,93	100m 01:08.03	37,10	150m 01:54.14	46,11	02:28.86(+74)
13. Jurre Hanstede (De Dinkel, 200201019)	50m 00:32.55	32,55	100m 01:12.75	40,20	150m 01:57.13	44,38	02:29.48(+76)
14. Dushan de Bruijn (De Forel, 200201273)	50m 00:32.24	32,24	100m 01:11.62	39,38	150m 01:55.40	43,78	02:30.40(+77)
15. IJsbrand Buijnsters (ZC AquaDream, 200200375)	50m 00:30.03	30,03	100m 01:09.81	39,78	150m 01:55.02	45,21	02:30.46(+74)
16. Max Langerveld (Ed-Vo, 200203435)	50m 00:32.63	32,63	100m 01:11.48	38,85	150m 01:58.40	46,92	02:31.02(+75)
17. Justin Slootweg (SBC2000, 200201407)	50m 00:31.31	31,31	100m 01:13.85	42,54	150m 01:57.00	43,15	02:31.13(+69)
18. Devin Servais (De Dommelbaarzen, 200202285)	50m 00:33.57	33,57	100m 01:12.61	39,04	150m 01:55.54	42,93	02:31.42(+74)
19. Luuk Einhaus (WS Twente, 200200537)	50m 00:32.81	32,81	100m 01:11.91	39,10	150m 01:56.86	44,95	02:31.51(+79)
20. Maquinho Vorst (De Mors, 200204179)	50m 00:30.98	30,98	100m 01:11.34	40,36	150m 01:57.25	45,91	02:31.52(+79)

21. Brandon van den Berg (Poseidon'56, 200200669)				02:31.62(+55)
50m	00:30.26	30,26	100m 01:11.06	40,80
150m	01:57.36	46,30		
22. Robin van Peenen (De Columbiaan, 200201059)				02:31.78(+85)
50m	00:32.64	32,64	100m 01:10.62	37,98
150m	01:56.35	45,73		
23. Nikhom Westphal (SCOM/De Zeehond'73 (SG), 200203329)				02:31.87(+89)
50m	00:31.12	31,12	100m 01:09.48	38,36
150m	01:57.43	47,95		
24. Anthony Huynh (VZC E&P, 200200605)				02:32.03(+75)
50m	00:32.57	32,57	100m 01:12.74	40,17
150m	01:55.60	42,86		
25. Gilles Cuijpers (Zwemclub Eijsden, 200202003)				02:33.27(+71)
50m	00:31.66	31,66	100m 01:10.37	38,71
150m	01:56.83	46,46		
26. Daniël Rykov (ZPC AMERSFOORT, 200200447)				02:33.77(+72)
50m	00:32.53	32,53	100m 01:11.86	39,33
150m	01:59.75	47,89		
27. Lars Verhalle (De Vrije Slag, 200200019)				02:34.06(+89)
50m	00:32.12	32,12	100m 01:12.01	39,89
150m	02:00.61	48,60		
28. Milan Meurs (Nuenen, 200202079)				02:34.58(+71)
50m	00:32.37	32,37	100m 01:11.54	39,17
150m	01:57.57	46,03		
29. Tristan Scholten (ZV 44, 200201683)				02:34.64(+70)
50m	00:31.01	31,01	100m 01:11.61	40,60
150m	01:59.51	47,90		
30. Raoul Witten (ZPC Hoogeveen, 200200231)				02:34.98(+81)
50m	00:35.45	35,45	100m 01:13.68	38,23
150m	01:59.87	46,19		
31. Bram Zwetsloot (Nuenen, 200202117)				02:35.58(+70)
50m	00:34.23	34,23	100m 01:17.35	43,12
150m	02:00.32	42,97		
32. Cas Jansen (The Hague Swimming (SG), 200203263)				02:38.88(+65)
50m	00:34.25	34,25	100m 01:14.46	40,21
150m	02:03.00	48,54		
79. 200m wisselslag - Heren				
14 - 14 jaar (Junioren 3)				
1. Caspar Corbeau (ZPC AMERSFOORT, 200105099)				02:12.45(+70)
50m	00:27.79	27,79	100m 01:02.75	34,96
150m	01:41.24	38,49		
2. Luc Kroon (RTC - DAW, 200100697)				02:16.41(+82)
50m	00:29.11	29,11	100m 01:04.92	35,81
150m	01:45.71	40,79		
3. Austin Namesnik (ZPC AMERSFOORT, 200101817)				02:18.16(+64)
50m	00:29.44	29,44	100m 01:04.96	35,52
150m	01:47.81	42,85		
4. Thomas Jansen (RTC - WVZ, 200100143)				02:18.34(+77)
50m	00:29.47	29,47	100m 01:05.98	36,51
150m	01:47.78	41,80		
5. Marcel Delfstra (Orca, 200100037)				02:18.60(+66)
50m	00:29.06	29,06	100m 01:06.14	37,08
150m	01:45.69	39,55		
6. Emile Dost (Borger, 200100731)				02:18.85(+80)
50m	00:29.56	29,56	100m 01:05.29	35,73
150m	01:45.92	40,63		
7. Sander Crooijmans (VZC E&P, 200100383)				02:19.67(+79)
50m	00:29.99	29,99	100m 01:05.85	35,86
150m	01:48.14	42,29		
8. Stijn Boertien (Dedemsvaart-AC, 200100719)				02:19.76(+78)
50m	00:29.49	29,49	100m 01:07.68	38,19
150m	01:47.32	39,64		
9. David Anthonio (De Kikker, 200102551)				02:20.75(+81)
50m	00:31.06	31,06	100m 01:08.03	36,97
150m	01:49.09	41,06		
10. Daen Spoor (VZC E&P, 200101117)				02:21.15(+71)
50m	00:29.51	29,51	100m 01:06.73	37,22
150m	01:48.90	42,17		
11. Ivo Stolk (SCOM/De Zeehond'73 (SG), 200100615)				02:21.22(+71)
50m	00:30.32	30,32	100m 01:04.96	34,64
150m	01:49.22	44,26		
12. Vincent Crooijmans (VZC E&P, 200100381)				02:21.62(+74)
50m	00:30.46	30,46	100m 01:06.61	36,15
150m	01:49.30	42,69		

13. Jesse Zweers (Dedemsvaart-AC, 200100399)				02:21.93(+77)
50m	00:29.20	29,20	100m 01:05.20	36,00
150m	01:47.69	42,49		
14. Coen de Lang (ZPC Hoogeveen, 200100067)				02:22.39(+75)
50m	00:29.46	29,46	100m 01:05.30	35,84
150m	01:47.76	42,46		
15. Jylano Nahr (NIMO, 200102593)				02:22.75(+70)
50m	00:25.55	25,55	100m 01:03.20	37,65
150m	01:49.08	45,88		
16. Bas Morelissen (ZPC AMERSFOORT, 200100861)				02:22.96(+74)
50m	00:30.73	30,73	100m 01:06.67	35,94
150m	01:52.28	45,61		
17. Klaas Pit (De Forel, 200104519)				02:22.97(+77)
50m	00:31.24	31,24	100m 01:09.84	38,60
150m	01:50.82	40,98		
18. Tygo van Hassel (WVZ, 200101479)				02:23.23(+70)
50m	00:29.60	29,60	100m 01:06.48	36,88
150m	01:50.63	44,15		
19. Rohan Vazirani (The Hague Swimming (SG), 200104499)				02:23.36(+68)
50m	00:31.53	31,53	100m 01:08.91	37,38
150m	01:49.88	40,97		
20. Jeroen Aerssens (Scheldestroom, 200100061)				02:23.37(+73)
50m	00:29.59	29,59	100m 01:06.80	37,21
150m	01:51.49	44,69		
21. Mart Niehoff (De Zwoer, 200100759)				02:23.54(+62)
50m	00:30.67	30,67	100m 01:08.17	37,50
150m	01:50.78	42,61		
22. Daniël Claasen (ZPC AMERSFOORT, 200100787)				02:23.89(+66)
50m	00:29.34	29,34	100m 01:05.81	36,47
150m	01:50.50	44,69		
23. Jelle Smid (Aqua-Novio'94, 200100627)				02:24.32(+67)
50m	00:29.86	29,86	100m 01:05.92	36,06
150m	01:50.57	44,65		
24. Jan-Willem Topfer (PSV, 200101825)				02:24.72(+70)
50m	00:29.46	29,46	100m 01:09.13	39,67
150m	01:51.43	42,30		
25. Owen Peeks (ZPC Hoogeveen, 200100765)				02:24.98(+89)
50m	00:31.53	31,53	100m 01:07.58	36,05
150m	01:51.76	44,18		
26. Gerard Willighagen (Poseidon'56, 200103663)				02:25.11(+77)
50m	00:29.58	29,58	100m 01:07.61	38,03
150m	01:52.05	44,44		
27. Stefan Waalkens (De Houtrib, 200100611)				02:25.63(+67)
50m	00:30.84	30,84	100m 01:07.30	36,46
150m	01:51.39	44,09		
28. Jelmar Koopman (De Forel, 200100249)				02:25.65(+81)
50m	00:32.08	32,08	100m 01:08.58	36,50
150m	01:53.15	44,57		
29. Taro Nishimura (WZ010/ACZ (SG), 200105049)				02:26.03(+60)
50m	00:29.54	29,54	100m 01:08.08	38,54
150m	01:50.15	42,07		
30. Milan van Dieren (De Dinkel, 200100493)				02:26.98(+78)
50m	00:30.43	30,43	100m 01:08.90	38,47
150m	01:51.82	42,92		
31. Mathijs Verdonck (PSV, 200101685)				02:27.47(+75)
50m	00:31.35	31,35	100m 01:10.85	39,50
150m	01:54.21	43,36		
32. Jarmo van den Blink (De Houtrib, 200100585)				02:27.78(+83)
50m	00:31.59	31,59	100m 01:10.00	38,41
150m	01:54.30	44,30		
33. Christiaan Smit (De Fuut, 200102463)				02:28.11(+68)
50m	00:30.29	30,29	100m 01:07.95	37,66
150m	01:53.24	45,29		
33. Max Huige (SCOM/De Zeehond'73 (SG), 200104355)				02:28.11(+75)
50m	00:31.38	31,38	100m 01:09.98	38,60
150m	01:54.48	44,50		
35. Max Visser (WVZ, 200100077)				02:28.33(+75)
50m	00:30.94	30,94	100m 01:08.25	37,31
150m	01:54.43	46,18		
36. Freek Hollander (The Hague Swimming (SG), 200103815)				02:28.64(+78)
50m	00:31.50	31,50	100m 01:08.78	37,28
150m	01:54.24	45,46		
37. Dave van der Voet (Zwemvereniging Hoorn, 200102783)				02:28.72(+79)

	50m 00:30.74 30,74	100m 01:06.60 35,86	150m 01:57.11 50,51	
38. Rijk Dragstra (ZPC AMERSFOORT, 200102473)	50m 00:31.84 31,84	100m 01:12.98 41,14	150m 01:55.59 42,61	02:29.57(+73)
39. Janne Englebort (Hieronymus, 200101561)	50m 00:31.46 31,46	100m 01:08.71 37,25	150m 01:57.75 49,04	02:30.39(+76)
40. Matthijs Westmijze (ESCA Zwemmen, 200101195)	50m 00:33.89 33,89	100m 01:12.91 39,02	150m 01:56.63 43,72	02:32.15(+77)
80. 200m wisselslag - Heren				
<i>15 - 15 jaar (Junioren 4)</i>				
1. Jelle Betten (RTC - DZ&PC, 200001535)	50m 00:27.46 27,46	100m 01:00.98 33,52	150m 01:38.19 37,21	02:08.82(+72)
2. Jari Groenhart (RTC - TriVia, 200000271)	50m 00:28.21 28,21	100m 01:02.03 33,82	150m 01:41.20 39,17	02:11.22(+77)
3. Sten Postma (VZC E&P, 200000011)	50m 00:28.95 28,95	100m 01:04.32 35,37	150m 01:42.13 37,81	02:12.08(+60)
4. Niels Hofmeijer (WS Twente, 200000699)	50m 00:28.44 28,44	100m 01:02.27 33,83	150m 01:44.76 42,49	02:14.10(+77)
5. Ruden de Ridder (RTC - ZPC De Zeeuwse Kust, 200001587)	50m 00:27.74 27,74	100m 01:03.26 35,52	150m 01:44.75 41,49	02:14.82(+76)
6. Martin Ruiter (RTC - DZ&PC, 200001309)	50m 00:29.20 29,20	100m 01:01.99 32,79	150m 01:41.45 39,46	02:15.54(+74)
7. Vincent de Munter (NIMO, 200000181)	50m 00:27.49 27,49	100m 01:04.00 36,51	150m 01:44.17 40,17	02:15.83(+75)
8. Olivier Jans (De Fuut, 200001815)	50m 00:30.29 30,29	100m 01:06.34 36,05	150m 01:47.01 40,67	02:17.88(+78)
9. Juri Dijkstra (RTC - TriVia, 200002119)	50m 00:29.79 29,79	100m 01:07.46 37,67	150m 01:46.12 38,66	02:18.76(+76)
10. Thom Delno (RTC- VZC E&P, 200000013)	50m 00:29.36 29,36	100m 01:06.68 37,32	150m 01:47.06 40,38	02:19.27(+76)
11. Tim Hoogerwerf (DWK, 200005587)	50m 00:27.77 27,77	100m 01:04.42 36,65	150m 01:47.65 43,23	02:19.49(+68)
11. Anne Schuurmans (RTC - WVZ, 200003919)	50m 00:30.30 30,30	100m 01:06.18 35,88	150m 01:48.99 42,81	02:19.49(+80)
13. David Kuipers (Orca, 200003633)	50m 00:30.18 30,18	100m 01:06.04 35,86	150m 01:49.27 43,23	02:19.74(+71)
14. Noah Legerstee (WVZ, 200003593)	50m 00:28.36 28,36	100m 01:03.81 35,45	150m 01:47.56 43,75	02:19.75(+70)
15. Wouter Schmit (PSV, 200004895)	50m 00:29.59 29,59	100m 01:05.28 35,69	150m 01:48.14 42,86	02:19.82(+68)
16. Arjan Dekker (ReVeLie Swim Team, 200000499)	50m 00:31.72 31,72	100m 01:07.34 35,62	150m 01:48.63 41,29	02:22.48(+79)
17. Dennis Kamps (De Dinkel, 200000191)	50m 00:29.75 29,75	100m 01:04.51 34,76	150m 01:50.77 46,26	02:23.93(+85)
18. Joost de Roy van Zuydewijn (WVZ, 200000255)	50m 00:30.80 30,80	100m 01:09.86 39,06	150m 01:49.66 39,80	02:24.80(+73)
19. Bjarne Langkamp (Aqua-Novio'94, 200002723)	50m 00:30.93 30,93	100m 01:09.37 38,44	150m 01:52.22 42,85	02:26.66(+82)
20. Joost Geerdink (De Waalstroom, 200002467)	50m 00:31.34 31,34	100m 01:11.45 40,11	150m 01:57.44 45,99	02:30.18(+76)

56. 200m wisselslag - Heren

16 - 17 jaar (Jeugd 1 en 2)

1. Frank Roovers (RTC - PSV, 199800219)				02:05.71(+74)		
50m	00:27.27	100m	01:00.83	150m	01:36.81	35,98
2. Floris Kotterink (Albion, 199800199)				02:06.55(+61)		
50m	00:26.60	100m	00:59.62	150m	01:36.53	36,91
3. Jacob de Roos (RTC - DZ&PC, 199900553)				02:11.85(+67)		
50m	00:27.48	100m	01:02.00	150m	01:40.17	38,17
4. Koen Koster (HZPC, 199900517)				02:13.64(+70)		
50m	00:28.69	100m	01:04.05	150m	01:42.30	38,25
5. Bart Sommeling (De Dolfijn, 199800765)				02:14.74(+67)		
50m	00:27.58	100m	01:02.81	150m	01:43.91	41,10
6. Jonne Schaafsma (RTC - Racing Club, 199800745)				02:14.98(+74)		
50m	00:28.66	100m	01:04.36	150m	01:43.37	39,01
7. Nicko Kamphuis (De Warande, 199900887)				02:17.34(+59)		
50m	00:28.98	100m	01:04.42	150m	01:43.35	38,93
DIS. Stijn Simons (PSV, 199900813)				00:00.00		

257. 200m wisselslag - Heren

12 - 17 jaar

1. Bas Takken (NTC PARA-ZV Hoorn, 199901643) [S10]				02:20.32(+72)		
50m	00:30.76	100m	01:06.18	150m	01:48.98	42,80
2. Duncan van Haaren (NTC PARA-WIDEX GZC Donk, 200000681) [S10]				02:24.01(+71)		
50m	00:30.60	100m	01:09.66	150m	01:50.95	41,29
3. Rogier Dorsman (NTC PARA-ZZ&PC De Devel, 199900211) [S12]				02:26.35(+70)		
50m	00:30.41	100m	01:09.75	150m	01:51.72	41,97
4. Tim van Duuren (NTC PARA-WIDEX GZC Donk, 199802255) [S9]				02:32.54(+66)		
50m	00:32.40	100m	01:12.91	150m	01:56.96	44,05
5. Bastian Renshoff (Octopus, 200001261) [S10]				02:33.27(+97)		
50m	00:31.59	100m	01:11.78	150m	01:58.24	46,46
6. Querijn Hensen (De Duinkickers, 200102121) [S10]				02:37.06(+54)		
50m	00:32.62	100m	01:12.66	150m	02:02.07	49,41
7. Sam Janmaat (De Duinkickers, 200203017) [S10]				02:44.11(+75)		
50m	00:35.69	100m	01:14.97	150m	02:07.65	52,68

58. 100m vrije slag - Dames

14 - 15 jaar (Jeugd 1 en 2)

1. Laura van Engelen (RTC - AquAmigos, 200000350)				00:57.24(+83)
50m	00:27.64	27,64		
2. LouLou Janssen (RTC - De Columbiaan, 200100132)				00:58.04(+76)
50m	00:27.23	27,23		
3. Silke Holkenborg (Montferland, 200100292)				00:58.65(+76)
50m	00:28.27	28,27		
4. Ya'elle Lucht (RTC - De Houtrib, 200104628)				00:58.84(+72)
50m	00:27.90	27,90		
5. Sam van Nunen (PSV, 200100036)				00:58.87(+66)
50m	00:28.49	28,49		
6. Claire Verkijk (RTC - WVZ, 200100240)				00:59.24(+76)
50m	00:28.90	28,90		
7. Marij van der Mast (RTC - PSV, 200000676)				00:59.31(+71)
50m	00:28.87	28,87		

8. Marit de Lau (RTC - PSV, 200101338)	00:59.67(+73)
50m 00:29.05 29,05	
259. 100m vrije slag - Dames	
11 - 15 jaar (Jeugd 2 en later)	
1. Liesette Bruinsma (NTC PARA-HZ&PC Heerenveen, 200004346) [S11]	01:10.08(+72)
50m 00:33.03 33,03	
2. Lisa Kruger (NTC PARA-ZPC AMERSFOORT, 200005304) [S10]	01:02.27(+79)
50m 00:30.19 30,19	
3. Chantalle Zijderveld (NTC PARA-ZZ&PC De Devel, 200000702) [S10]	01:03.10(+74)
50m 00:30.43 30,43	
4. Inge Belfor (NTC PARA-De Columbiaan, 200100578) [S10]	01:07.27(+82)
50m 00:32.50 32,50	
5. Amber van der Kruk (MSV-Zeemacht, 200102730) [S14]	01:09.87(+92)
50m 00:32.52 32,52	
6. Sanne Hofman (NTC PARA-ZPC Hoogeveen, 200102154) [S13]	01:09.55(+83)
50m 00:33.96 33,96	
7. Sterre Veerman (Ed-Vo, 200003544) [S13]	01:10.07
50m 00:34.04 34,04	
8. Jonne Moleman (AZC, 200006264) [S10]	01:11.52(+93)
50m 00:33.68 33,68	
81. 100m vrije slag - Dames	
11 - 11 jaar (Junioren 1)	
1. Anna van Droffelaar (ZVVS, 200400258)	01:02.57(+62)
50m 00:29.80 29,80	
2. Puck Koopman (De Dinkel, 200400038)	01:03.69(+81)
50m 00:30.11 30,11	
3. Kim van Dongen (Aqua-Novio'94, 200400140)	01:04.15(+74)
50m 00:30.80 30,80	
4. Janna van Kooten (TriVia, 200404584)	01:04.55(+80)
50m 00:31.01 31,01	
5. Myrthe Natzijl (De Kikker, 200400076)	01:04.84(+77)
50m 00:30.96 30,96	
6. Sterre Hendriks (PSV, 200401288)	01:04.95(+74)
50m 00:31.82 31,82	
7. Ismay Lichtendonk (Dedemsvaart-AC, 200400622)	01:05.15(+79)
50m 00:31.65 31,65	
8. Jetske Moot (De Houtrib, 200400230)	01:05.53(+82)
50m 00:31.23 31,23	
9. Bridget de Bat (De Schelde, 200400382)	01:05.80(+74)
50m 00:31.73 31,73	
10. Luna de Vries (Aqua-Novio'94, 200400516)	01:06.94(+77)
50m 00:32.13 32,13	
11. Maud Tempel (NDD, 200402136)	01:07.34(+73)
50m 00:31.92 31,92	
12. Lorena Dreschers (Hellas-Glana, 200401364)	01:07.46(+73)
50m 00:32.24 32,24	
13. Fenna Klaassen (ZPC De Zeeuwse Kust, 200401730)	01:07.47(+73)
50m 00:32.47 32,47	
13. Sophie Stekelenburg (Zwemlust-den Hommel, 200400166)	01:07.47(+82)
50m 00:31.91 31,91	

15. Nienke Snel (ZPC AMERSFOORT, 200400094) 50m 00:32.90 32,90	01:07.62(+98)
16. Rinske Bouman (ZZ&PC De Devel, 200400578) 50m 00:32.85 32,85	01:07.92(+96)
17. Amy Tebben (Eurode KZC, 200400108) 50m 00:32.83 32,83	01:08.06(+83)
18. Anniek van Boheemen (De Haaien, 200400920) 50m 00:33.37 33,37	01:08.07(+76)
19. Charlotte Wilbers (ZPC Hoogeveen, 200400312) 50m 00:32.98 32,98	01:08.16(+80)
20. Anne Kleine Koerkamp (De IJsel, 200401428) 50m 00:32.23 32,23	01:08.19(+76)
21. Veerle Nieborg (TriVia, 200400428) 50m 00:33.03 33,03	01:08.29(+84)
22. Naya Koc (DAW, 200400688) 50m 00:32.78 32,78	01:08.46(+93)
23. Kyomi Groenhart (DZ&PC, 200400628) 50m 00:32.81 32,81	01:08.64(+74)
24. Nora Weerman (Orca, 200400620) 50m 00:32.60 32,60	01:08.72(+81)
25. Luna Hofmeijer (WS Twente, 200400006) 50m 00:32.36 32,36	01:08.73(+76)
26. Anna Tiemersma (ZPC De Zeeuwse Kust, 200400686) 50m 00:33.47 33,47	01:09.09(+77)
27. Danique Slaper (TriVia, 200401914) 50m 00:33.00 33,00	01:09.10(+87)
28. Marieke Lenderink (De Dinkel, 200400778) 50m 00:32.96 32,96	01:09.20(+70)
29. Sanne Lukken (PSV, 200400030) 50m 00:32.50 32,50	01:09.44(+81)
30. Isis Naaktgeboren (ZZ&PC De Devel, 200403914) 50m 00:33.59 33,59	01:09.70(+84)
31. Mara Kraak (ZPC De Zeeuwse Kust, 200402990) 50m 00:33.73 33,73	01:09.86(+73)
32. Sanne Temmen (De Dinkel, 200400682) 50m 00:33.63 33,63	01:10.15(+80)
33. Sterre-Marit Drok (Stadskanaal, 200400880) 50m 00:33.20 33,20	01:10.28(+71)
34. Lize van Stigt (LZ 1886, 200401510) 50m 00:33.77 33,77	01:10.55(+70)
35. Jill Nai Chung Tong (ZVVS, 200404272) 50m 00:32.43 32,43	01:10.60(+85)
36. Aline Meuleman (Livo, 200401136) 50m 00:33.80 33,80	01:10.69(+80)
37. Cynthia Kugler (Hellas-Glana, 200400020) 50m 00:33.25 33,25	01:10.73(+82)
38. Anique Star (LZ 1886, 200400446) 50m 00:34.08 34,08	01:11.11(+81)
39. Lisa Bakarbessy (EZPC, 200400450)	01:12.08(+79)

50m 00:34.02 34,02

40. Louise Gepkens (Aqua-Novio'94, 200403410)	01:13.13(+74)
50m 00:35.48 35,48	
82. 100m vrije slag - Dames	
12 - 12 jaar (Junioren 2)	
1. Eva Geilenkirchen (The Hague Swimming (SG), 200302834)	00:59.77(+76)
50m 00:28.99 28,99	
2. Britta Koehorst (RTC - De Lansingh, 200300246)	01:00.14(+71)
50m 00:28.96 28,96	
3. Lynn Joor (WS Twente, 200300550)	01:00.97(+75)
50m 00:29.56 29,56	
4. Amy de Sain (De Dolfijn, 200304690)	01:02.31(+90)
50m 00:29.86 29,86	
5. Joy van Dieren (De Dinkel, 200300182)	01:02.66(+75)
50m 00:30.17 30,17	
6. Lindsey Berghuis (ZV 44, 200300104)	01:02.71(+73)
50m 00:29.72 29,72	
7. Judith Houtvast (Hellas-Glana, 200300714)	01:02.75(+73)
50m 00:30.94 30,94	
8. Imke Beekman (NIMO, 200301950)	01:02.84(+81)
50m 00:30.11 30,11	
9. Mila Maas (PSV, 200302966)	01:02.95(+77)
50m 00:30.46 30,46	
10. Megan de Hoog (SCOM/De Zeehond'73 (SG), 200300214)	01:03.02(+79)
50m 00:30.03 30,03	
11. Merel Hijink (PSV, 200304732)	01:03.09(+70)
50m 00:30.74 30,74	
12. Vera Renshof (DWK, 200301582)	01:03.19(+71)
50m 00:30.52 30,52	
13. Silke Huisman (De Vikings, 200301182)	01:03.31(+68)
50m 00:30.36 30,36	
14. Esmeralda Duarte de Pina (ZV De Zaan, 200302744)	01:03.80(+74)
50m 00:30.32 30,32	
15. Gabriela Topfer (PSV, 200301764)	01:03.81(+73)
50m 00:30.38 30,38	
16. Amber Celie (De Dolfijn, 200300756)	01:04.06(+80)
50m 00:31.09 31,09	
17. Gaia Sterre Mirotti (VZC E&P, 200305158)	01:04.46(+74)
50m 00:31.32 31,32	
18. Jocelyn Horbeek (ZPC De Hof, 200300302)	01:04.47(+78)
50m 00:31.58 31,58	
19. Kim Zwinkels (ZPCH, 200300422)	01:04.63(+84)
50m 00:31.33 31,33	
20. Amy Lynn Zweers (Dedemsvaart-AC, 200300390)	01:04.78(+82)
50m 00:31.30 31,30	
21. Tessa Takken (Zwemvereniging Hoorn, 200301692)	01:05.11(+74)
50m 00:31.79 31,79	
22. Ada Dolanay (De Dolfijn, 200302506)	01:05.15(+75)
50m 00:31.49 31,49	

23. Janice Provoost (ZPC De Zeeuwse Kust, 200303076)	01:05.34(+70)
50m 00:32.07 32,07	
23. Dominique van Vuure (ZPCH, 200303346)	01:05.34(+74)
50m 00:31.55 31,55	
25. Lieke Nijmeijer (ZPC AMERSFOORT, 200300124)	01:05.45(+72)
50m 00:31.70 31,70	
26. Eline Gros (Aqua-Novio'94, 200302700)	01:05.56(+71)
50m 00:30.73 30,73	
27. Dominique van der Meer (The Hague Swimming (SG), 200301564)	01:05.58(+73)
50m 00:31.76 31,76	
28. Babet de Voogd (ZPC De Zeeuwse Kust, 200301362)	01:05.65(+70)
50m 00:31.42 31,42	
29. Joëlla Bruins (ZPC AMERSFOORT, 200300170)	01:05.88(+70)
50m 00:31.50 31,50	
30. Femke Hoppenbrouwer (De Duinkickers, 200301124)	01:06.06(+100)
50m 00:31.18 31,18	
31. Amy Koelman (De Columbiaan, 200300922)	01:06.25(+78)
50m 00:32.02 32,02	
32. Romy de Weijer (ESCA Zwemmen, 200301896)	01:06.38(+73)
50m 00:31.13 31,13	
33. Milou ten Koppel (Deltasteur, 200302572)	01:06.80(+97)
50m 00:31.76 31,76	
33. Anisa Groeneschey (LZ 1886, 200300788)	01:06.80(+56)
50m 00:31.93 31,93	
35. Isabelle Elsweier (WS Twente, 200303614)	01:06.92(+78)
50m 00:31.73 31,73	
36. Norah Eijsbroek (Zwemlust-den Hommel, 200303662)	01:06.94(+76)
50m 00:31.46 31,46	
37. Wendy ten Wolde (Wiekslag, 200302658)	01:07.40(+81)
50m 00:31.69 31,69	
DIS. Jill Wind (EZPC, 200304680)	00:00.00
DIS. Marinda Top (ZENO, 200300460)	00:00.00
83. 100m vrije slag - Dames	
13 - 13 jaar (Junioren 3)	
1. Imani de Jong (ZPCH, 200200464)	00:58.67(+78)
50m 00:28.21 28,21	
2. Nienke Jonk (Hieronymus, 200203000)	00:59.10(+78)
50m 00:28.61 28,61	
3. Elise Tanis (RTC - De Schoteijl, 200200120)	00:59.18(+72)
50m 00:28.27 28,27	
4. Sophie de Jonge (RTC - WVZ, 200200118)	01:00.88(+74)
50m 00:28.75 28,75	
5. Femke Spiering (VZC E&P, 200204514)	01:01.02(+80)
50m 00:29.15 29,15	
6. Lianne van Wier (HZ&PC Heerenveen, 200200438)	01:01.24(+72)
50m 00:29.52 29,52	
6. Christy Geurts (RTC - WVZ, 200203734)	01:01.24(+76)
50m 00:30.21 30,21	
8. Kiki Koopman (De Dinkel, 200200232)	01:01.38(+74)

	50m 00:29.09 29,09	
9. Danique Bernard (Ed-Vo, 200200224)	50m 00:29.59 29,59	01:01.50(+64)
10. Elisa Haverkate (ZPC De Hof, 200200266)	50m 00:30.03 30,03	01:01.86(+85)
11. Yentle Muller (ESCA Zwemmen, 200200704)	50m 00:29.60 29,60	01:01.98(+82)
12. Sterre Veersma (Nunspeet, 200203550)	50m 00:29.54 29,54	01:01.99(+73)
13. Yara van Kalmthout (Nova, 200200984)	50m 00:29.70 29,70	01:02.09(+84)
14. Jule Franken (AquAmigos, 200204024)	50m 00:29.60 29,60	01:02.20(+75)
15. Tessa Kooi (Nova, 200201386)	50m 00:29.83 29,83	01:02.22(+90)
16. Carolien Beckers (NIMO, 200200078)	50m 00:29.86 29,86	01:02.42(+80)
17. Dionne Salomons (Borger, 200200504)	50m 00:30.60 30,60	01:02.44(+80)
18. Yana Korczynski (Zwemclub Eijdsen, 200202192)	50m 00:30.25 30,25	01:02.46(+76)
19. Zana Udo (De Forel, 200202686)	50m 00:29.98 29,98	01:02.48(+71)
20. Jessica Herbst (PSV, 200205572)	50m 00:29.91 29,91	01:02.53(+76)
21. Leonie van Wier (HZ&PC Heerenveen, 200200436)	50m 00:30.13 30,13	01:02.56(+70)
22. Denise van der Burgt (Zeester-Meerval, 200201812)	50m 00:30.45 30,45	01:02.69(+80)
23. Bo Souhoka (Hellas-Glana, 200201186)	50m 00:30.30 30,30	01:03.00(+75)
24. Lieke Oude Lenferink (WS Twente, 200200068)	50m 00:30.47 30,47	01:03.01(+81)
25. Mariëlle Dolfijn (TriVia, 200201640)	50m 00:30.56 30,56	01:03.18(+80)
26. Samantha van Vuure (ZPCH, 200200230)	50m 00:30.71 30,71	01:03.38(+75)
27. Céline Fouzaï (De Dolfijn, 200202750)	50m 00:30.96 30,96	01:03.42(+69)
28. Isa Boom (MNC Dordrecht, 200200186)	50m 00:30.33 30,33	01:03.47(+73)
29. Carlijn Hansté (WS Twente, 200201082)	50m 00:30.20 30,20	01:03.48(+77)
30. Lotus van Geemen (NDD, 200201124)	50m 00:30.78 30,78	01:03.50(+76)
31. Manon de Man (Deltasteur, 200201458)	50m 00:30.87 30,87	01:03.85(+73)
32. Sasya van Hamersveld (Arethusa, 200201454)	50m 00:30.42 30,42	01:03.86(+81)

33. Sarah el Bacha (De Dolfijn, 200201104)				01:04.26(+71)
50m	00:30.85	30,85		
34. Maud Kuipers (Dedemsvaart-AC, 200201894)				01:04.56(+84)
50m	00:30.86	30,86		
35. Nynke Zandstra (Wetterwille, 200202044)				01:04.84(+84)
50m	00:30.77	30,77		
36. Michelle van Wijk (Groenlose Zwemvereniging, 200204746)				01:05.10(+80)
50m	00:31.17	31,17		
37. Famke Slabbers (Arethusa, 200200100)				01:05.28(+81)
50m	00:31.30	31,30		
38. Iris Dijkstra (NIMO, 200201766)				01:05.41(+77)
50m	00:31.24	31,24		
39. Tessa Giele (De Duck, 200203124)				01:06.04(+69)
50m	00:31.28	31,28		
DIS. Kyra Huisman (De Ward, 200203682)				00:00.00
60. 200m vlinderslag - Heren				
16 - 17 jaar (Jeugd 1 en 2)				
1. Tom Donker (PSV, 199805711)				02:07.79(+64)
50m	00:28.03	28,03	100m 01:00.60	32,57 150m 01:34.11
				33,51
2. Ruben Stam (Albion, 199800331)				02:09.39(+72)
50m	00:28.18	28,18	100m 01:00.24	32,06 150m 01:33.62
				33,38
3. Gauke Eilander (ZPC Hoogeveen, 199800603)				02:13.94(+69)
50m	00:28.13	28,13	100m 01:01.75	33,62 150m 01:35.64
				33,89
4. Sander Kirillova (ZPCH, 199800121)				02:14.04(+78)
50m	00:29.95	29,95	100m 01:04.05	34,10 150m 01:39.13
				35,08
5. Matthew Dullemond (MNC Dordrecht, 199805005)				02:14.20(+74)
50m	00:29.33	29,33	100m 01:02.85	33,52 150m 01:37.98
				35,13
6. Luuk Veldman (Orca, 199900981)				02:15.01(+68)
50m	00:28.30	28,30	100m 01:01.51	33,21 150m 01:37.15
				35,64
7. Jesse van Dijk (De Houtrib, 199903259)				02:16.25(+67)
50m	00:28.68	28,68	100m 01:03.27	34,59 150m 01:39.20
				35,93
8. Ebel van Geemen (NDD, 199901095)				02:17.07(+84)
50m	00:28.85	28,85	100m 01:03.59	34,74 150m 01:39.32
				35,73
65. 50m rugslag - Dames				
14 - 15 jaar (Jeugd 1 en 2)				
1. LouLou Janssen (RTC - De Columbiaan, 200100132)				00:29.88(+64)
2. Frouke Beeksma (TriVia, 200000346)				00:29.99(+69)
3. Indy Jongman (RTC - PSV, 200100528)				00:30.14(+64)
4. Manon Kampman (PSV, 200000614)				00:30.74(+68)
5. Brigit van der Vegte (Octopus, 200000714)				00:31.23(+78)
6. Julia van Leeuwen (PSV, 200001464)				00:31.44(+73)
7. Alinda Dingshoff (ZPC Hoogeveen, 200000928)				00:31.83(+63)
8. Arianne Kooijnga (TriVia, 200001544)				00:32.42(+74)
266. 50m rugslag - Dames				
11 - 15 jaar (Jeugd 2 en later)				
1. Lisa Kruger (NTC PARA-ZPC AMERSFOORT, 200005304) [S10]				00:33.17(+71)
2. Sterre Veerman (Ed-Vo, 200003544) [S13]				00:36.17(+65)

3. Sanne Hofman (NTC PARA-ZPC Hoogeveen, 200102154) [S13]	00:36.65(+77)
4. Inge Belfor (NTC PARA-De Columbiaan, 200100578) [S10]	00:38.44(+67)
5. Deborah Visser (De Duinkickers, 200102666) [S10]	00:38.56(+69)
6. Sanne Hoving (HZ&PC Heerenveen, 200003332) [S9]	00:41.62(+88)
7. Amber van der Kruk (MSV-Zeemacht, 200102730) [S14]	00:39.45(+68)
8. Jonne Moleman (AZC, 200006264) [S10]	00:41.64(+93)
70. 50m schoolslag - Heren <i>16 - 17 jaar (Jeugd 1 en 2)</i>	
1. Igor Ostrowski (MNC Dordrecht, 199805425)	00:29.63(+68)
2. Daan Zwertbroek (RTC - HZ&PC Heerenveen, 199900463)	00:30.29(+73)
3. Jonne Schaafsma (RTC - Racing Club, 199800745)	00:30.51(+71)
4. Stijn Geelen (MNC Dordrecht, 199801363)	00:30.68(+80)
5. Max Peters (De Dommelbaarzen, 199903123)	00:30.77(+73)
6. Cas Louwarts (NIMO, 199901249)	00:30.80(+77)
7. Jan Willem Veldman (Zwem en Polo Club Appingedam, 199800277)	00:30.84(+71)
8. Cédric Broere (Hieronymus, 199902227)	00:31.47(+69)
271. 50m schoolslag - Heren <i>12 - 17 jaar</i>	
1. Duncan van Haaren (NTC PARA-WIDEX GZC Donk, 200000681) [SB9]	00:32.57(+69)
2. Tim van Duuren (NTC PARA-WIDEX GZC Donk, 199802255) [SB8]	00:35.56(+64)
3. Rogier Dorsman (NTC PARA-ZZ&PC De Devel, 199900211) [SB12]	00:35.95(+72)
4. Sebastiaan Broere (Hieronymus, 199803687) [SB14]	00:39.44(+82)
5. Querijn Hensen (De Duinkickers, 200102121) [SB9]	00:40.09(+64)
6. Nathan van Wees (De Houtrib, 200101427) [SB9]	00:40.99(+68)
7. Sjoerd Maillé (De Dokkelaers, 200004599) [SB13]	00:44.30(+119)
84. 50m schoolslag - Heren <i>12 - 12 jaar (Junioren 1)</i>	
1. Wesley Zulver (ZVVS, 200301319)	00:33.67(+68)
2. Tim Korstanje (Aqua-Novio'94, 200300053)	00:33.82(+63)
3. Esper Schreurs (ZEPS, 200300433)	00:35.02(+82)
4. Jovanny Timmer (De Spatters, 200302369)	00:35.08(+80)
5. Noa Burgstra (TriVia, 200300557)	00:36.02(+68)
6. Matias Jansen (ZIGNEA, 200300199)	00:36.35(+80)
7. Sam van der Stroom (PSV, 200304409)	00:36.43(+73)
8. Kylian Heederik (Deltasteur, 200300353)	00:36.62(+76)
9. Thomas Swartjes (Aqua-Novio'94, 200302825)	00:37.46(+74)
10. Bjarne Buijs (The Hague Swimming (SG), 200301089)	00:37.53(+80)
11. Rijk Heere (ZPC AMERSFOORT, 200300897)	00:37.55(+69)
12. Jeffrey Huynh (VZC E&P, 200300145)	00:37.69(+77)
13. Ivo Kroes (Zwem en Polo Club Appingedam, 200300079)	00:37.86(+75)

14. Xander Vis (De Schotelij, 200300173)	00:37.94(+72)
15. Florian van Heest (ZPC AMERSFOORT, 200300621)	00:38.33(+71)
16. Kieran de Heer (De Veene, 200301009)	00:38.45(+72)
16. Keanu Streefland (The Hague Swimming (SG), 200302445)	00:38.45(+67)
18. Sjors Lemmers (Merlet, 200300555)	00:38.46(+69)
19. Perry Laarhoven (ZPC Numansdorp, 200301321)	00:39.13(+90)
20. Stan de Swart (PSV, 200300535)	00:39.46(+72)
21. Lars Meijer (De Mors, 200301497)	00:39.57(+82)
21. Carlos Bakker-Noguer (The Hague Swimming (SG), 200304119)	00:39.57(+70)
23. Ricardo Jansen (Arethusa, 200301055)	00:40.17(+74)
85. 50m schoolslag - Heren	
<i>13 - 13 jaar (Junioren 2)</i>	
1. Timo Spaans (PSV, 200201087)	00:32.35(+68)
2. Bram Zwetsloot (Nuenen, 200202117)	00:33.37(+66)
3. Guido Brink (ZPC De Zeeuwse Kust, 200200199)	00:33.58(+69)
4. Justin Slootweg (SBC2000, 200201407)	00:34.07(+68)
5. Luuk Einhaus (WS Twente, 200200537)	00:34.70(+75)
6. Sean Niewold (TriVia, 200204699)	00:34.74(+75)
7. Anthony Huynh (VZC E&P, 200200605)	00:34.90(+74)
8. Devin Servais (De Dommelbaarzen, 200202285)	00:35.13(+77)
9. Brandon van den Berg (Poseidon'56, 200200669)	00:35.20(+74)
10. Daan Snijders (MNC Dordrecht, 200202475)	00:35.34(+73)
11. Kazik Huibers (Kon AZ 1870, 200204565)	00:35.35(+83)
12. Dushan de Bruijn (De Forel, 200201273)	00:35.70(+78)
13. Jurre Hanstede (De Dinkel, 200201019)	00:35.80(+79)
14. Viktor Koets (LZ 1886, 200201677)	00:37.33(+75)
86. 50m schoolslag - Heren	
<i>14 - 14 jaar (Junioren 3)</i>	
1. Caspar Corbeau (ZPC AMERSFOORT, 200105099)	00:30.37(+72)
2. Rick Bulman (PSV, 200101899)	00:30.75(+67)
3. Quinn van den Heuvel (ZPC Numansdorp, 200100297)	00:31.13(+70)
4. Stijn Boertien (Dedemsvaart-AC, 200100719)	00:31.63(+86)
5. Klaas Pit (De Forel, 200104519)	00:31.97(+72)
6. Daen Spoor (VZC E&P, 200101117)	00:31.98(+72)
7. Jylano Nahr (NIMO, 200102593)	00:32.58(+73)
8. Dave van den Nieuwendijk (De Columbiaan, 200100475)	00:32.90(+79)
9. Jesse Zweers (Dedemsvaart-AC, 200100399)	00:33.05(+77)
10. Emile Dost (Borger, 200100731)	00:33.19(+76)
11. Rohan Vazirani (The Hague Swimming (SG), 200104499)	00:33.65(+68)
12. Taro Nishimura (WZ010/ACZ (SG), 200105049)	00:33.76(+58)

13. Jan-Willem Topfer (PSV, 200101825)	00:33.84(+67)
14. Guy Hungens (Tempo , 200101697)	00:34.37(+71)
15. Matthijs Westmijze (ESCA Zwemmen, 200101195)	00:34.44(+84)
16. Max Huige (SCOM/De Zeehond'73 (SG), 200104355)	00:34.56(+73)
17. Mart Niehoff (De Zwoer, 200100759)	00:34.73(+63)
18. Rijk Dragstra (ZPC AMERSFOORT, 200102473)	00:35.15(+75)
19. Ian Sanders (Eszet, 200100373)	00:35.44(+69)
20. Gerco Korteweg (De Rijn, 200100013)	00:35.93(+77)
87. 50m schoolslag - Heren	
<i>15 - 15 jaar (Junioren 4)</i>	
1. Juri Dijkstra (RTC - TriVia, 200002119)	00:29.91(+71)
2. Martin Ruiter (RTC - DZ&PC, 200001309)	00:30.51(+77)
3. Milan ten Broek (ZPC AMERSFOORT, 200000229)	00:30.96(+63)
4. Thom Delno (RTC- VZC E&P, 200000013)	00:31.17(+72)
5. Nick van der Woude (ZV Haerlem, 200001391)	00:31.96(+81)
6. Vincent de Munter (NIMO, 200000181)	00:32.03(+77)
7. Joost de Roy van Zuydewijn (WVZ, 200000255)	00:32.36(+74)
8. Duncan van Haaren (NTC PARA-WIDEX GZC Donk, 200000681) [SB9]	00:32.57(+69)
9. Arjan Dekker (ReVeLie Swim Team, 200000499)	00:33.13(+69)
10. Bjarne Langkamp (Aqua-Novio'94, 200002723)	00:33.36(+74)
11. Daniel Apperloo (WVZ, 200002645)	00:33.49(+70)
12. Olivier Jans (De Fuut, 200001815)	00:33.66(+76)
74. 4x200m vrije slag heren	

NJJK lange baan 2016 sessie 5 - zaterdag 18 juni 2016 om 08:30u (50 m)

Aanvangstijd juryvergadering: 07:30u

88. 100m rugslag - Dames	
<i>14 - 15 jaar (Jeugd 1 en 2)</i>	
1. Indy Jongman (RTC - PSV, 200100528)	01:05.63(+63)
50m 00:31.88 31,88	
2. LouLou Janssen (RTC - De Columbiaan, 200100132)	01:05.91(+63)
50m 00:31.01 31,01	
3. Frouke Beeksma (TriVia, 200000346)	01:06.70(+78)
50m 00:31.87 31,87	
4. Mathilde Stolmeijer (De Dinkel, 200100590)	01:07.85(+73)
50m 00:33.36 33,36	
5. Eline van der Wal (HZ&PC Heerenveen, 200100930)	01:08.01(+68)
50m 00:33.42 33,42	
6. Brigit van der Vegte (Octopus, 200000714)	01:08.06(+73)
50m 00:33.02 33,02	
7. Marit Boxum (Deltasteur, 200000068)	01:08.68(+85)
50m 00:33.69 33,69	
8. Jasmijn Boon (RTC - WVZ, 200001280)	01:08.75(+80)
50m 00:33.36 33,36	

9. Chefanja Nunes (RTC - WVZ, 200104750) 50m 00:33.40 33,40	01:08.97(+64)
10. Kaylin Stel (De Dolfijn, 200100290) 50m 00:33.75 33,75	01:09.05(+58)
11. Julia van Leeuwen (PSV, 200001464) 50m 00:33.61 33,61	01:09.48(+75)
12. Lindi Bos (DWK, 200101256) 50m 00:33.60 33,60	01:09.56(+58)
13. Manon Kampman (PSV, 200000614) 50m 00:33.95 33,95	01:09.68(+71)
14. Lonneke Kampman (PSV, 200100146) 50m 00:34.70 34,70	01:10.22(+66)
15. Marieke Thijssen (NDD, 200002124) 50m 00:34.03 34,03	01:10.41(+61)
16. Brit Brandsma (De Forel, 200100026) 50m 00:33.79 33,79	01:10.44(+65)
17. Chaira Brinks (De Kikker, 200005556) 50m 00:33.73 33,73	01:10.53(+67)
18. Lotte Rougoor (Dedemsvaart-AC, 200000774) 50m 00:34.18 34,18	01:10.65(+74)
19. Merel Phaff (Nuenen, 200100434) 50m 00:34.07 34,07	01:10.67(+62)
20. Danieke van der Kooi (Orca, 200000552) 50m 00:34.14 34,14	01:10.77(+77)
21. Arianne Kooijinga (TriVia, 200001544) 50m 00:33.68 33,68	01:10.79(+68)
22. Anouschka Steenbergen (ZPC Hoogeveen, 200000280) 50m 00:34.38 34,38	01:10.82(+72)
23. Kirsten Walraven (ZPC De Zeeuwse Kust, 200001358) 50m 00:34.22 34,22	01:10.93(+86)
24. Jennifer Tuijp (ZV De Zaan, 200004198) 50m 00:34.87 34,87	01:11.19(+63)
25. Manon Compagner (Dedemsvaart-AC, 200101710) 50m 00:34.62 34,62	01:11.25(+79)
26. Anna Janssen (RZC, 200000098) 50m 00:33.83 33,83	01:11.45(+74)
27. Sanne Heemskerk (LZ 1886, 200100600) 50m 00:34.27 34,27	01:11.48(+56)
28. Laura Nieuwland (ZPC De Zeeuwse Kust, 200001834) 50m 00:34.54 34,54	01:11.55(+80)
29. Wiktorija Redzimska (ZPC Hoogeveen, 200106042) 50m 00:34.87 34,87	01:11.77(+62)
30. Anique Coelingh (ZPC Hoogeveen, 200000638) 50m 00:35.00 35,00	01:11.90(+73)
31. Isabel Aardema (ESCA Zwemmen, 200100364) 50m 00:35.00 35,00	01:12.24(+74)
32. Rachel Jahn (ZV De Zaan, 200100958) 50m 00:34.95 34,95	01:12.62(+76)
33. Esmée van Geest (WVZ, 200001286)	01:12.64(+66)

	50m 00:34.81 34,81	
34. Imke van den Hoef (HZPC, 200101552)	50m 00:35.76 35,76	01:12.81(+65)
35. Valesca van den Bogert (Hieronymus, 200102138)	50m 00:35.00 35,00	01:12.99(+70)
36. Lisa Kruger (NTC PARA-ZPC AMERSFOORT, 200005304) [S10]	50m 00:35.49 35,49	01:13.30(+74)
37. Loes ter Steeg (ESCA Zwemmen, 200003296)	50m 00:35.82 35,82	01:13.68(+73)
38. Britt Cornelissens (Hellas-Glana, 200000632)	50m 00:35.41 35,41	01:13.93(+91)
39. Sarah Kits (WS Twente, 200101024)	50m 00:36.21 36,21	01:14.33(+91)
40. Lotte Oude Lenferink (WS Twente, 200000496)	50m 00:36.55 36,55	01:15.22(+66)
289. 100m rugslag - Dames		
11 - 15 jaar (<i>Jeugd 2 en later</i>)		
1. Lisa Kruger (NTC PARA-ZPC AMERSFOORT, 200005304) [S10]	50m 00:35.49 35,49	01:13.30(+74)
2. Sanne Hofman (NTC PARA-ZPC Hoogeveen, 200102154) [S13]	50m 00:37.87 37,87	01:16.60(+80)
3. Liesette Bruinsma (NTC PARA-HZ&PC Heerenveen, 200004346) [S11]	50m 00:43.20 43,20	01:30.48(+60)
4. Sterre Veerman (Ed-Vo, 200003544) [S13]	50m 00:39.10 39,10	01:19.90(+69)
5. Inge Belfor (NTC PARA-De Columbiaan, 200100578) [S10]	50m 00:39.57 39,57	01:21.02(+67)
6. Amber van der Kruk (MSV-Zeemacht, 200102730) [S14]	50m 00:39.89 39,89	01:23.86(+63)
7. Jonne Moleman (AZC, 200006264) [S10]	50m 00:41.79 41,79	01:25.42(+81)
8. Deborah Visser (De Duinkickers, 200102666) [S10]	50m 00:40.94 40,94	01:27.18(+69)
9. Sanne Hoving (HZ&PC Heerenveen, 200003332) [S9]	50m 00:44.11 44,11	01:31.60(+86)
10. Feija de Bruin (WVZ, 200400106) [S10]	50m 00:43.93 43,93	01:30.93(+81)
90. 100m rugslag - Dames		
11 - 11 jaar (<i>Junioren 1</i>)		
1. Myrthe Natzijl (De Kikker, 200400076)	50m 00:35.12 35,12	01:11.38(+66)
2. Bridget de Bat (De Schelde, 200400382)	50m 00:35.33 35,33	01:12.26(+66)
3. Jetske Moot (De Houtrib, 200400230)	50m 00:35.05 35,05	01:12.32(+78)
4. Kim van Dongen (Aqua-Novio'94, 200400140)	50m 00:35.44 35,44	01:12.63(+82)
5. Ismay Lichtendonk (Dedemsvaart-AC, 200400622)	50m 00:36.64 36,64	01:12.89(+71)

6. Sterre Hendriks (PSV, 200401288) 50m 00:36.22 36,22	01:13.37(+58)
7. Lorena Dreschers (Hellas-Glana, 200401364) 50m 00:35.86 35,86	01:14.31(+63)
8. Anniek van Boheemen (De Haaien, 200400920) 50m 00:38.07 38,07	01:16.47(+70)
9. Danique Slaper (TriVia, 200401914) 50m 00:37.50 37,50	01:16.75(+78)
10. Puck Koopman (De Dinkel, 200400038) 50m 00:37.74 37,74	01:16.96(+79)
11. Nienke Snel (ZPC AMERSFOORT, 200400094) 50m 00:38.67 38,67	01:18.12(+95)
12. Kyomi Groenhart (DZ&PC, 200400628) 50m 00:38.14 38,14	01:18.42(+69)
13. Charlotte Wilbers (ZPC Hoogeveen, 200400312) 50m 00:38.33 38,33	01:18.47(+61)
14. Senna van der Veen (ZPC Hoogeveen, 200400072) 50m 00:38.48 38,48	01:18.85(+82)
15. Luna de Vries (Aqua-Novio'94, 200400516) 50m 00:38.33 38,33	01:18.91(+74)
16. Naya Koc (DAW, 200400688) 50m 00:38.80 38,80	01:19.43(+73)
17. Manon Tiggelaar (ZPC Hoogeveen, 200400394) 50m 00:38.99 38,99	01:19.54(+74)
18. Lize van Stigt (LZ 1886, 200401510) 50m 00:39.12 39,12	01:20.01(+61)
19. Janna van Kooten (TriVia, 200404584) 50m 00:39.06 39,06	01:20.11(+74)
20. Marieke Lenderink (De Dinkel, 200400778) 50m 00:38.77 38,77	01:20.14(+72)
21. Irma van der Wulp (WVZ, 200401950) 50m 00:39.13 39,13	01:20.25(+75)
22. Isis Naaktgeboren (ZZ&PC De Devel, 200403914) 50m 00:38.71 38,71	01:20.33(+73)
23. Daniek van den Bos (Hieronymus, 200400242) 50m 00:41.56 41,56	01:22.99(+69)
24. Nora van der Steen (LZ 1886, 200403458) 50m 00:41.23 41,23	01:23.86(+71)
91. 100m rugslag - Dames 12 - 12 jaar (Junioren 2)	
1. Joy van Dieren (De Dinkel, 200300182) 50m 00:32.86 32,86	01:07.98(+66)
2. Britta Koehorst (RTC - De Lansingh, 200300246) 50m 00:33.57 33,57	01:10.13(+68)
3. Merel Hijink (PSV, 200304732) 50m 00:34.56 34,56	01:10.35(+64)
4. Maaïke Issard (De Houtrib, 200300022) 50m 00:33.94 33,94	01:11.30(+79)
5. Demi van Hulst (Kimbria, 200300140) 50m 00:34.97 34,97	01:11.31(+68)

6. Megan de Hoog (SCOM/De Zeehond'73 (SG), 200300214) 50m 00:34.61 34,61	01:12.51(+66)
7. Gabriela Topfer (PSV, 200301764) 50m 00:35.09 35,09	01:12.72(+63)
8. Lindsey Berghuis (ZV 44, 200300104) 50m 00:35.26 35,26	01:12.76(+72)
9. Amber Celie (De Dolfijn, 200300756) 50m 00:35.69 35,69	01:13.13(+66)
10. Suze Kuipers (Orca, 200301714) 50m 00:35.77 35,77	01:13.84(+70)
11. Jocelyn Horbeek (ZPC De Hof, 200300302) 50m 00:36.64 36,64	01:14.10(+72)
12. Babet de Voogd (ZPC De Zeeuwse Kust, 200301362) 50m 00:36.17 36,17	01:14.63(+62)
13. Milou ten Koppel (Deltasteur, 200302572) 50m 00:36.50 36,50	01:15.01(+71)
14. Brenda Beijering (Borger, 200300352) 50m 00:36.74 36,74	01:15.44(+57)
15. Marinda Top (ZENO, 200300460) 50m 00:37.81 37,81	01:15.76(+71)
16. Lotte Pieterman (Swol 1894, 200301838) 50m 00:37.42 37,42	01:16.59(+68)
17. Tessa Takken (Zwemvereniging Hoorn, 200301692) 50m 00:37.78 37,78	01:16.60(+86)
18. Emma Schurink (De Lansingh, 200301586) 50m 00:37.80 37,80	01:16.61(+70)
19. Femke Hoppenbrouwer (De Duinkickers, 200301124) 50m 00:36.32 36,32	01:16.98(+67)
20. Maudé Lesscher (De Veene, 200300018) 50m 00:37.64 37,64	01:17.11(+60)
21. Dominique van der Meer (The Hague Swimming (SG), 200301564) 50m 00:37.40 37,40	01:17.74(+69)
22. Yvonne Engel (ZV De Zaan, 200300780) 50m 00:37.45 37,45	01:18.17(+76)
23. Kim Schooneman (WZ&PC Purmerend, 200301006) 50m 00:38.33 38,33	01:18.84(+78)
92. 100m rugslag - Dames 13 - 13 jaar (Junioren 3)	
1. Elise Tanis (RTC - De Schoteijl, 200200120) 50m 00:32.22 32,22	01:06.33(+62)
2. Lieke Oude Lenferink (WS Twente, 200200068) 50m 00:32.83 32,83	01:06.98(+69)
3. Birgit van Buiten (Aquapoldro, 200200498) 50m 00:32.92 32,92	01:07.27(+73)
4. Carlijn Hansté (WS Twente, 200201082) 50m 00:32.99 32,99	01:08.42(+71)
5. Danique Bernard (Ed-Vo, 200200224) 50m 00:33.91 33,91	01:09.05(+66)
6. Dionne Salomons (Borger, 200200504)	01:09.73(+60)

50m 00:34.22 34,22

7. Lotte Hosper (De Fuut, 200201414) 01:10.64(+77)
50m 00:34.30 34,30
8. Roma Vrijhof (De Lansingh, 200201306) 01:10.66(+72)
50m 00:34.09 34,09
9. Yara van Kalmthout (Nova, 200200984) 01:10.93(+68)
50m 00:34.36 34,36
10. Tessa Kooi (Nova, 200201386) 01:10.95(+73)
50m 00:34.69 34,69
11. Maaïke Broersma (BZ&PC, 200201522) 01:11.05(+77)
50m 00:34.58 34,58
12. Jessica Herbst (PSV, 200205572) 01:12.11(+71)
50m 00:34.79 34,79
13. Nikki Smeets (NIMO, 200200080) 01:12.14(+72)
50m 00:35.46 35,46
14. Samantha van Vuure (ZPCH, 200200230) 01:12.44(+74)
50m 00:35.56 35,56
15. Bo Souhoka (Hellas-Glana, 200201186) 01:13.12(+69)
50m 00:34.34 34,34
16. Sanne Abma (HZ&PC Heerenveen, 200200590) 01:13.14(+58)
50m 00:34.73 34,73
17. Inge Dekker (TriVia, 200200476) 01:13.20(+84)
50m 00:36.00 36,00
18. Anne Paulusse (De Warande, 200200834) 01:13.76(+80)
50m 00:36.07 36,07
19. Kiki Koopman (De Dinkel, 200200232) 01:13.82(+77)
50m 00:36.06 36,06
20. Hannah Franssen (PSV, 200202646) 01:14.70(+60)
50m 00:36.51 36,51
21. Yentle Muller (ESCA Zwemmen, 200200704) 01:15.25(+83)
50m 00:35.95 35,95
22. Zante Janssen (Aqua-Novio'94, 200201786) 01:15.83(+73)
50m 00:36.61 36,61
23. Roos Englebert (Hieronymus, 200200606) 01:15.90(+74)
50m 00:37.28 37,28
24. Sterre Veersma (Nunspeet, 200203550) 01:18.46(+56)
50m 00:36.95 36,95
93. 1500m vrije slag - Heren
16 - 17 jaar (Jeugd 1 en 2)
1. Bart Sommeling (De Dolfijn, 199800765) 16:33.72(+67)
50m 00:28.04 28,04 450m 04:52.13 33,36 800m 08:46.17 33,35 1150m 12:41.27 33,43
100m 01:00.06 32,02 500m 05:25.40 33,27 850m 09:19.53 33,36 1200m 13:15.04 33,77
150m 01:33.00 32,94 550m 05:58.93 33,53 900m 09:53.22 33,69 1250m 13:48.74 33,70
200m 02:06.25 33,25 600m 06:32.42 33,49 950m 10:26.80 33,58 1300m 14:22.24 33,50
250m 02:39.22 32,97 650m 07:05.76 33,34 1000m 11:00.48 33,68 1350m 14:55.89 33,65
300m 03:12.19 32,97 700m 07:39.22 33,46 1050m 11:34.12 33,64 1400m 15:29.57 33,68
350m 03:45.45 33,26 750m 08:12.82 33,60 1100m 12:07.84 33,72 1450m 16:03.04 33,47
400m 04:18.77 33,32 800m 08:46.17 33,35 1150m 12:41.27 33,43
2. Bas Takken (NTC PARA-ZV Hoorn, 199901643) [S10] 16:33.84(+77)
50m 00:29.73 29,73 450m 04:55.18 33,13 800m 08:50.50 34,00 1150m 12:43.90 33,31
100m 01:03.02 33,29 500m 05:28.89 33,71 850m 09:23.61 33,11 1200m 13:17.04 33,14
150m 01:36.26 33,24 550m 06:02.68 33,79 900m 09:57.33 33,72 1250m 13:50.43 33,39

200m 02:09.50 33,24	600m 06:35.95 33,27	950m 10:30.77 33,44	1300m 14:23.56 33,13
250m 02:42.33 32,83	650m 07:09.43 33,48	1000m 11:04.29 33,52	1350m 14:57.14 33,58
300m 03:15.84 33,51	700m 07:42.99 33,56	1050m 11:37.34 33,05	1400m 15:30.73 33,59
350m 03:49.05 33,21	750m 08:16.50 33,51	1100m 12:10.59 33,25	1450m 16:03.70 32,97
400m 04:22.05 33,00	800m 08:50.50 34,00	1150m 12:43.90 33,31	

3. Thijs Molendijk (VZC E&P, 199900477)

17:11.11(+72)

50m 00:30.20 30,20	450m 05:08.29 35,40	800m 09:12.05 34,62	1150m 13:13.70 34,38
100m 01:03.80 33,60	500m 05:43.60 35,31	850m 09:46.87 34,82	1200m 13:48.15 34,45
150m 01:37.79 33,99	550m 06:18.94 35,34	900m 10:21.54 34,67	1250m 14:22.69 34,54
200m 02:12.56 34,77	600m 06:53.65 34,71	950m 10:56.47 34,93	1300m 14:57.00 34,31
250m 02:47.42 34,86	650m 07:28.38 34,73	1000m 11:30.97 34,50	1350m 15:31.33 34,33
300m 03:22.51 35,09	700m 08:02.96 34,58	1050m 12:05.18 34,21	1400m 16:05.91 34,58
350m 03:57.70 35,19	750m 08:37.43 34,47	1100m 12:39.32 34,14	1450m 16:39.84 33,93
400m 04:32.89 35,19	800m 09:12.05 34,62	1150m 13:13.70 34,38	

4. Timos Skotadis (De Dolfijn, 199804615)

17:26.34(+71)

50m 00:30.71 30,71	450m 05:06.89 35,04	800m 09:11.03 34,64	1150m 13:16.44 35,95
100m 01:04.00 33,29	500m 05:41.80 34,91	850m 09:46.02 34,99	1200m 13:52.38 35,94
150m 01:38.46 34,46	550m 06:16.77 34,97	900m 10:20.67 34,65	1250m 14:28.83 36,45
200m 02:12.79 34,33	600m 06:51.34 34,57	950m 10:55.88 35,21	1300m 15:04.36 35,53
250m 02:47.19 34,40	650m 07:26.25 34,91	1000m 11:30.48 34,60	1350m 15:41.06 36,70
300m 03:21.92 34,73	700m 08:01.30 35,05	1050m 12:05.53 35,05	1400m 16:16.86 35,80
350m 03:56.99 35,07	750m 08:36.39 35,09	1100m 12:40.49 34,96	1450m 16:51.91 35,05
400m 04:31.85 34,86	800m 09:11.03 34,64	1150m 13:16.44 35,95	

5. Koen Brummelaar (De Dinkel, 199900047)

17:33.15(+98)

50m 00:29.85 29,85	450m 05:08.12 35,16	800m 09:16.23 35,80	1150m 13:25.32 35,72
100m 01:03.52 33,67	500m 05:43.50 35,38	850m 09:51.47 35,24	1200m 14:01.49 36,17
150m 01:38.11 34,59	550m 06:18.88 35,38	900m 10:27.45 35,98	1250m 14:37.31 35,82
200m 02:12.66 34,55	600m 06:54.28 35,40	950m 11:02.55 35,10	1300m 15:13.16 35,85
250m 02:47.66 35,00	650m 07:29.83 35,55	1000m 11:38.19 35,64	1350m 15:48.57 35,41
300m 03:22.80 35,14	700m 08:05.47 35,64	1050m 12:13.55 35,36	1400m 16:24.33 35,76
350m 03:58.01 35,21	750m 08:40.43 34,96	1100m 12:49.60 36,05	1450m 16:59.81 35,48
400m 04:32.96 34,95	800m 09:16.23 35,80	1150m 13:25.32 35,72	

6. Jorian Tanis (De Schotelijl, 199900327)

17:37.07(+89)

50m 00:31.45 31,45	450m 05:13.58 35,38	800m 09:21.84 35,39	1150m 13:31.38 36,00
100m 01:05.53 34,08	500m 05:49.10 35,52	850m 09:57.42 35,58	1200m 14:06.56 35,18
150m 01:40.77 35,24	550m 06:24.64 35,54	900m 10:32.72 35,30	1250m 14:42.05 35,49
200m 02:16.42 35,65	600m 06:59.91 35,27	950m 11:08.49 35,77	1300m 15:17.91 35,86
250m 02:51.48 35,06	650m 07:35.41 35,50	1000m 11:44.16 35,67	1350m 15:53.99 36,08
300m 03:27.20 35,72	700m 08:10.76 35,35	1050m 12:19.43 35,27	1400m 16:29.42 35,43
350m 04:02.75 35,55	750m 08:46.45 35,69	1100m 12:55.38 35,95	1450m 17:04.31 34,89
400m 04:38.20 35,45	800m 09:21.84 35,39	1150m 13:31.38 36,00	

7. Joris Bezemer (De Kempvis, 199900527)

17:37.45(+79)

50m 00:31.99 31,99	450m 05:11.07 35,08	800m 09:16.94 35,27	1150m 13:28.60 36,00
100m 01:06.83 34,84	500m 05:46.27 35,20	850m 09:52.42 35,48	1200m 14:04.73 36,13
150m 01:41.47 34,64	550m 06:21.68 35,41	900m 10:28.62 36,20	1250m 14:40.42 35,69
200m 02:15.78 34,31	600m 06:57.16 35,48	950m 11:04.60 35,98	1300m 15:16.10 35,68
250m 02:50.96 35,18	650m 07:31.57 34,41	1000m 11:40.21 35,61	1350m 15:52.11 36,01
300m 03:26.26 35,30	700m 08:06.34 34,77	1050m 12:16.33 36,12	1400m 16:27.90 35,79
350m 04:01.01 34,75	750m 08:41.67 35,33	1100m 12:52.60 36,27	1450m 17:03.06 35,16
400m 04:35.99 34,98	800m 09:16.94 35,27	1150m 13:28.60 36,00	

8. Wilko Blaauw (De Waalstroom, 199801513)

17:38.13(+67)

50m 00:29.51 29,51	450m 05:12.53 35,74	800m 09:23.33 35,92	1150m 13:34.51 35,36
100m 01:02.78 33,27	500m 05:48.57 36,04	850m 09:58.95 35,62	1200m 14:10.11 35,60
150m 01:37.63 34,85	550m 06:24.03 35,46	900m 10:35.45 36,50	1250m 14:45.84 35,73
200m 02:13.03 35,40	600m 06:59.51 35,48	950m 11:11.34 35,89	1300m 15:21.20 35,36
250m 02:48.92 35,89	650m 07:35.45 35,94	1000m 11:47.31 35,97	1350m 15:56.41 35,21
300m 03:25.15 36,23	700m 08:11.73 36,28	1050m 12:23.33 36,02	1400m 16:32.15 35,74
350m 04:01.06 35,91	750m 08:47.41 35,68	1100m 12:59.15 35,82	1450m 17:05.90 33,75
400m 04:36.79 35,73	800m 09:23.33 35,92	1150m 13:34.51 35,36	

9. Jordy Severins (Eurode KZC, 199800559)

17:49.62(+77)

50m 00:29.89 29,89	450m 05:06.75 35,45	800m 09:21.75 36,51	1150m 13:38.02 36,74
100m 01:02.60 32,71	500m 05:42.85 36,10	850m 09:58.31 36,56	1200m 14:14.47 36,45

150m	01:35.58 32,98	550m	06:18.68 35,83	900m	10:35.25 36,94	1250m	14:51.29 36,82
200m	02:10.04 34,46	600m	06:55.60 36,92	950m	11:11.90 36,65	1300m	15:27.58 36,29
250m	02:45.06 35,02	650m	07:31.85 36,25	1000m	11:48.42 36,52	1350m	16:03.44 35,86
300m	03:19.98 34,92	700m	08:08.25 36,40	1050m	12:25.12 36,70	1400m	16:39.99 36,55
350m	03:55.68 35,70	750m	08:45.24 36,99	1100m	13:01.28 36,16	1450m	17:15.61 35,62
400m	04:31.30 35,62	800m	09:21.75 36,51	1150m	13:38.02 36,74		

10. Sander Kirillova (ZPCH, 199800121) 17:52.42(+75)

50m	00:30.47 30,47	450m	05:11.31 35,77	800m	09:22.57 36,08	1150m	13:38.86 37,18
100m	01:04.47 34,00	500m	05:47.08 35,77	850m	09:59.19 36,62	1200m	14:15.17 36,31
150m	01:39.41 34,94	550m	06:22.76 35,68	900m	10:35.39 36,20	1250m	14:51.90 36,73
200m	02:14.20 34,79	600m	06:58.36 35,60	950m	11:12.01 36,62	1300m	15:28.11 36,21
250m	02:49.55 35,35	650m	07:34.49 36,13	1000m	11:48.21 36,20	1350m	16:04.61 36,50
300m	03:24.66 35,11	700m	08:09.95 35,46	1050m	12:25.21 37,00	1400m	16:40.66 36,05
350m	04:00.22 35,56	750m	08:46.49 36,54	1100m	13:01.68 36,47	1450m	17:16.85 36,19
400m	04:35.54 35,32	800m	09:22.57 36,08	1150m	13:38.86 37,18		

11. Lars van der Haijden (Hellas-Glana, 199900225) 17:52.66(+71)

50m	00:31.21 31,21	450m	05:16.75 36,39	800m	09:30.79 36,05	1150m	13:45.80 36,11
100m	01:05.46 34,25	500m	05:52.74 35,99	850m	10:07.62 36,83	1200m	14:22.02 36,22
150m	01:40.53 35,07	550m	06:29.57 36,83	900m	10:43.81 36,19	1250m	14:57.23 35,21
200m	02:15.77 35,24	600m	07:05.84 36,27	950m	11:20.32 36,51	1300m	15:33.47 36,24
250m	02:51.99 36,22	650m	07:41.66 35,82	1000m	11:57.12 36,80	1350m	16:08.44 34,97
300m	03:28.10 36,11	700m	08:18.30 36,64	1050m	12:33.78 36,66	1400m	16:44.46 36,02
350m	04:04.13 36,03	750m	08:54.74 36,44	1100m	13:09.69 35,91	1450m	17:19.81 35,35
400m	04:40.36 36,23	800m	09:30.79 36,05	1150m	13:45.80 36,11		

12. Justus Ykema (DWK, 199900029) 18:04.99(+72)

50m	00:29.97 29,97	450m	05:11.29 36,26	800m	09:28.48 36,98	1150m	13:47.29 37,12
100m	01:03.42 33,45	500m	05:47.66 36,37	850m	10:05.80 37,32	1200m	14:24.48 37,19
150m	01:37.89 34,47	550m	06:24.31 36,65	900m	10:42.45 36,65	1250m	15:01.61 37,13
200m	02:12.60 34,71	600m	07:01.06 36,75	950m	11:19.23 36,78	1300m	15:38.58 36,97
250m	02:47.85 35,25	650m	07:37.90 36,84	1000m	11:56.34 37,11	1350m	16:15.74 37,16
300m	03:23.31 35,46	700m	08:14.59 36,69	1050m	12:33.32 36,98	1400m	16:52.77 37,03
350m	03:59.03 35,72	750m	08:51.50 36,91	1100m	13:10.17 36,85	1450m	17:29.76 36,99
400m	04:35.03 36,00	800m	09:28.48 36,98	1150m	13:47.29 37,12		

13. Bas Verdoes (De Columbian, 199801487) 18:16.25(+79)

50m	00:30.54 30,54	450m	05:21.33 36,98	800m	09:41.48 36,82	1150m	14:01.42 37,14
100m	01:04.89 34,35	500m	05:58.48 37,15	850m	10:18.32 36,84	1200m	14:38.21 36,79
150m	01:40.20 35,31	550m	06:35.67 37,19	900m	10:55.70 37,38	1250m	15:14.92 36,71
200m	02:16.55 36,35	600m	07:12.93 37,26	950m	11:32.83 37,13	1300m	15:51.85 36,93
250m	02:53.21 36,66	650m	07:50.50 37,57	1000m	12:10.22 37,39	1350m	16:28.63 36,78
300m	03:29.99 36,78	700m	08:27.64 37,14	1050m	12:47.34 37,12	1400m	17:05.12 36,49
350m	04:07.04 37,05	750m	09:04.66 37,02	1100m	13:24.28 36,94	1450m	17:41.08 35,96
400m	04:44.35 37,31	800m	09:41.48 36,82	1150m	14:01.42 37,14		

14. Niek Heethaar (Aquapoldro, 199900999) 18:35.19(+80)

50m	00:30.88 30,88	450m	05:20.64 36,69	800m	09:38.80 36,68	1150m	13:58.12 37,11
100m	01:05.31 34,43	500m	05:56.99 36,35	850m	10:15.39 36,59	1200m	14:36.58 38,46
150m	01:41.40 36,09	550m	06:33.53 36,54	900m	10:52.84 37,45	1250m	15:16.26 39,68
200m	02:17.30 35,90	600m	07:10.58 37,05	950m	11:29.85 37,01	1300m	15:56.13 39,87
250m	02:53.92 36,62	650m	07:47.79 37,21	1000m	12:06.92 37,07	1350m	16:36.13 40,00
300m	03:30.80 36,88	700m	08:24.55 36,76	1050m	12:43.93 37,01	1400m	17:16.28 40,15
350m	04:07.26 36,46	750m	09:02.12 37,57	1100m	13:21.01 37,08	1450m	17:56.40 40,12
400m	04:43.95 36,69	800m	09:38.80 36,68	1150m	13:58.12 37,11		

94. 200m wisselslag - Dames

14 - 15 jaar (Jeugd 1 en 2)

1. Claire Verkijk (RTC - WVZ, 200100240) 02:22.83(+75)

50m	00:30.22 30,22	100m	01:06.98 36,76	150m	01:47.85 40,87
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2. Laura Setz (Nova, 200000130) 02:25.35(+91)

50m	00:31.29 31,29	100m	01:08.29 37,00	150m	01:51.58 43,29
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3. Inge Vieveen (RTC - WVZ, 200100024) 02:26.62(+79)

50m	00:31.04 31,04	100m	01:10.36 39,32	150m	01:52.85 42,49
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4. Laura van Engelen (RTC - AquAmigos, 200000350) 02:27.15(+83)

	50m 00:31.18 31,18	100m 01:08.88 37,70	150m 01:52.95 44,07	
5. Indy Jongman (RTC - PSV, 200100528)	50m 00:31.14 31,14	100m 01:09.89 38,75	150m 01:55.01 45,12	02:27.63(+75)
6. Silke Holkenborg (Montferland, 200100292)	50m 00:30.89 30,89	100m 01:09.40 38,51	150m 01:52.86 43,46	02:27.88(+77)
7. Marij van der Mast (RTC - PSV, 200000676)	50m 00:30.49 30,49	100m 01:09.44 38,95	150m 01:56.92 47,48	02:30.41(+75)
8. Jasmijn Boon (RTC - WVZ, 200001280)	50m 00:31.11 31,11	100m 01:09.54 38,43	150m 01:57.23 47,69	02:31.93(+77)
9. Brigit van der Vegte (Octopus, 200000714)	50m 00:32.50 32,50	100m 01:11.53 39,03	150m 01:57.61 46,08	02:32.63(+82)
10. Lonneke Kampman (PSV, 200100146)	50m 00:33.33 33,33	100m 01:13.69 40,36	150m 01:57.76 44,07	02:32.80(+82)
11. Lize Janna de Vries (Orca, 200101948)	50m 00:32.48 32,48	100m 01:12.49 40,01	150m 01:58.49 46,00	02:33.35(+82)
12. Claudia Schouten (Aquarijn, 200000812)	50m 00:33.16 33,16	100m 01:15.39 42,23	150m 01:57.86 42,47	02:33.51(+78)
13. Janneke Lenderink (De Dinkel, 200100328)	50m 00:32.20 32,20	100m 01:13.14 40,94	150m 01:58.24 45,10	02:33.97(+77)
14. Brit Brandsma (De Forel, 200100026)	50m 00:33.18 33,18	100m 01:10.62 37,44	150m 01:58.15 47,53	02:34.51(+68)
15. Kaylin Stel (De Dolfijn, 200100290)	50m 00:32.20 32,20	100m 01:11.72 39,52	150m 01:59.35 47,63	02:34.55(+71)
16. Lauren van IJII (WVZ, 200001064)	50m 00:31.88 31,88	100m 01:12.43 40,55	150m 01:58.09 45,66	02:34.68(+71)
17. Marit Boxum (Deltasteur, 200000068)	50m 00:33.21 33,21	100m 01:11.97 38,76	150m 01:59.50 47,53	02:34.77(+89)
18. Janneke Weiland (Orca, 200100128)	50m 00:32.75 32,75	100m 01:12.98 40,23	150m 01:59.57 46,59	02:34.89(+78)
19. Quinty Jansen (Aquarijn, 200000810)	50m 00:33.84 33,84	100m 01:15.30 41,46	150m 02:00.26 44,96	02:34.92(+72)
20. Manon Compagner (Dedemsvaart-AC, 200101710)	50m 00:31.20 31,20	100m 01:10.64 39,44	150m 01:59.17 48,53	02:34.94(+77)
21. Marit de Lau (RTC - PSV, 200101338)	50m 00:31.77 31,77	100m 01:12.92 41,15	150m 02:00.24 47,32	02:35.21(+72)
22. Kim Rebergen (Hellas-Glana, 200100676)	50m 00:34.10 34,10	100m 01:14.90 40,80	150m 02:01.63 46,73	02:35.55(+71)
23. Lianne Bouwmeester (De Columbiaan, 200000956)	50m 00:34.72 34,72	100m 01:15.37 40,65	150m 02:00.11 44,74	02:35.69(+78)
24. Isabel Aardema (ESCA Zwemmen, 200100364)	50m 00:32.95 32,95	100m 01:13.36 40,41	150m 01:59.12 45,76	02:35.75(+84)
25. Marlinde Beukers (WVZ, 200101934)	50m 00:36.66 36,66	100m 01:15.42 38,76	150m 02:00.87 45,45	02:35.99(+76)
26. Sarah Scholten (PSV, 200006196)	50m 00:30.48 30,48	100m 01:13.25 42,77	150m 02:02.32 49,07	02:36.39(+72)
27. Sam van Nunen (PSV, 200100036)	50m 00:31.91 31,91	100m 01:12.31 40,40	150m 02:01.59 49,28	02:36.51(+72)
28. Robin Goossens (Nuenen, 200003128)	50m 00:34.43 34,43	100m 01:16.50 42,07	150m 01:59.98 43,48	02:37.18(+78)

29. Milou van den Beucken (Swimteam Helden-Mosa (SG), 200002564)	02:37.57(+80)
50m 00:32.96 32,96 100m 01:13.70 40,74 150m 02:02.79 49,09	
30. Jill Blide (ZPC Hoogeveen, 200004734)	02:37.76(+87)
50m 00:34.97 34,97 100m 01:16.60 41,63 150m 02:03.35 46,75	
31. Sanne Heemskerk (LZ 1886, 200100600)	02:38.61(+80)
50m 00:34.93 34,93 100m 01:15.01 40,08 150m 02:03.55 48,54	
32. Lindy Elkerbout (De Veene, 200000604)	02:38.81(+81)
50m 00:33.56 33,56 100m 01:14.85 41,29 150m 02:01.22 46,37	
33. Chantalle Zijderveld (NTC PARA-ZZ&PC De Devel, 200000702) [S10]	02:39.22(+73)
50m 00:33.58 33,58 100m 01:17.69 44,11 150m 02:01.95 44,26	
34. Romée Spin (De Dinkel, 200000724)	02:39.47(+82)
50m 00:32.65 32,65 100m 01:14.74 42,09 150m 02:03.85 49,11	
35. Noa de Vries (Aqua-Novio'94, 200101556)	02:39.62(+86)
50m 00:32.70 32,70 100m 01:14.57 41,87 150m 02:00.93 46,36	
36. Valesca van den Bogert (Hieronymus, 200102138)	02:40.09(+76)
50m 00:33.37 33,37 100m 01:15.67 42,30 150m 02:03.76 48,09	
37. Babet Kruger (VZC E&P, 200003390)	02:40.18(+81)
50m 00:32.60 32,60 100m 01:15.94 43,34 150m 02:02.68 46,74	
38. Chaira Brinks (De Kikker, 200005556)	02:40.30(+81)
50m 00:34.49 34,49 100m 01:16.22 41,73 150m 02:02.82 46,60	
39. Britt Cornelissens (Hellas-Glana, 200000632)	02:43.04(+77)
50m 00:36.23 36,23 100m 01:18.20 41,97 150m 02:06.93 48,73	
40. Lisa Kruger (NTC PARA-ZPC AMERSFOORT, 200005304) [S10]	02:43.60(+83)
50m 00:36.26 36,26 100m 01:18.49 42,23 150m 02:06.37 47,88	
295. 200m wisselslag - Dames	
11 - 15 jaar (Jeugd 2 en later)	
1. Liesette Bruinsma (NTC PARA-HZ&PC Heerenveen, 200004346) [S11]	02:53.49(+72)
50m 00:38.25 38,25 100m 01:27.01 48,76 150m 02:15.17 48,16	
2. Chantalle Zijderveld (NTC PARA-ZZ&PC De Devel, 200000702) [S10]	02:39.22(+73)
50m 00:33.58 33,58 100m 01:17.69 44,11 150m 02:01.95 44,26	
3. Lisa Kruger (NTC PARA-ZPC AMERSFOORT, 200005304) [S10]	02:43.60(+83)
50m 00:36.26 36,26 100m 01:18.49 42,23 150m 02:06.37 47,88	
4. Sanne Hofman (NTC PARA-ZPC Hoogeveen, 200102154) [S13]	02:53.15(+88)
50m 00:41.77 41,77 100m 01:25.12 43,35 150m 02:17.30 52,18	
5. Inge Belfor (NTC PARA-De Columbiaan, 200100578) [S10]	02:57.82(+83)
50m 00:38.01 38,01 100m 01:22.91 44,90 150m 02:18.11 55,20	
6. Jonne Moleman (AZC, 200006264) [S10]	03:04.96(+89)
50m 00:41.25 41,25 100m 01:29.78 48,53 150m 02:25.59 55,81	
7. Feija de Bruin (WVZ, 200400106) [S10]	03:12.70(+90)
50m 00:43.50 43,50 100m 01:31.58 48,08 150m 02:29.63 58,05	
8. Sterre Veerman (Ed-Vo, 200003544) [S13]	03:18.40(+79)
50m 00:43.59 43,59 100m 01:30.66 47,07 150m 02:39.89 69,23	
9. Iris Onnink (De Vrije Slag, 200301836) [S10]	03:34.27(+102)
50m 00:49.83 49,83 100m 01:48.91 59,08 150m 02:48.54 59,63	
96. 100m schoolslag - Heren	
16 - 17 jaar (Jeugd 1 en 2)	
1. Wietse Waninge (ZPC AMERSFOORT, 199800023)	01:03.95(+72)
50m 00:30.10 30,10	
2. Igor Ostrowski (MNC Dordrecht, 199805425)	01:05.80(+65)
50m 00:30.63 30,63	

3. Daan Zwertbroek (RTC - HZ&PC Heerenveen, 199900463) 50m 00:31.23 31,23	01:06.05(+73)
4. Stijn Geelen (MNC Dordrecht, 199801363) 50m 00:31.12 31,12	01:06.69(+70)
5. Floris Kotterink (Albion, 199800199) 50m 00:31.31 31,31	01:07.45(+60)
6. Jan Willem Veldman (Zwem en Polo Club Appingedam, 199800277) 50m 00:31.35 31,35	01:08.21(+71)
7. Jacob de Roos (RTC - DZ&PC, 199900553) 50m 00:31.79 31,79	01:08.22(+68)
8. Jonne Schaafsma (RTC - Racing Club, 199800745) 50m 00:32.42 32,42	01:08.47(+73)
9. Koen Koster (HZPC, 199900517) 50m 00:32.29 32,29	01:08.58(+71)
10. Nicko Kamphuis (De Warande, 199900887) 50m 00:32.14 32,14	01:09.24(+59)
11. Max Peters (De Dommelbaarzen, 199903123) 50m 00:32.41 32,41	01:09.25(+73)
12. Cas Louwerts (NIMO, 199901249) 50m 00:31.91 31,91	01:09.37(+72)
13. Bryan Chen (De Kikker, 199803201) 50m 00:32.70 32,70	01:09.93(+66)
14. Jesse van Dijk (De Houtrib, 199903259) 50m 00:32.47 32,47	01:10.18(+69)
15. Denny Olde Agterhuis (HZ&PC Heerenveen, 199801253) 50m 00:33.29 33,29	01:10.47(+71)
16. Matthijs van Meerendonk (Aqua'68, 199900375) 50m 00:33.12 33,12	01:11.36(+69)
17. Cédric Broere (Hieronymus, 199902227) 50m 00:33.35 33,35	01:11.55(+68)
18. Kalle van Gemert (ZPC De Zeeuwse Kust, 199801259) 50m 00:33.73 33,73	01:11.60(+66)
19. Erwin Heinsius (HZ&PC Heerenveen, 199900695) 50m 00:34.17 34,17	01:11.71(+69)
20. Nick van Nijburg (De Dolfijn, 199902169) 50m 00:33.96 33,96	01:12.11(+67)
21. Max Voortman (De Berkelduikers, 199902923) 50m 00:32.68 32,68	01:12.41(+64)
22. Albert Jan van Slooten (ZIGNEA, 199800049) 50m 00:33.71 33,71	01:12.43(+74)
23. Stijn Simons (PSV, 199900813) 50m 00:34.72 34,72	01:12.85(+78)
24. Sander Dorland (ZV De Zaan, 199902643) 50m 00:33.24 33,24	01:13.10(+83)
25. Carlo Ruiz (De Forel, 199802549) 50m 00:34.18 34,18	01:13.60(+76)
26. Maik Huser (ZPC Hoogeveen, 199900265) 50m 00:35.27 35,27	01:13.67(+83)
27. Nick Bongers (De Berkelduikers, 199800843)	01:14.43(+77)

	50m 00:34.78 34,78	
28. Eric Verdoes (De Columbiaan, 199900947)	50m 00:36.06 36,06	01:15.64(+75)
29. Niels van Beers (Hieronymus, 199904571)	50m 00:35.10 35,10	01:15.72(+68)
30. Wilko Blaauw (De Waalstroom, 199801513)	50m 00:36.59 36,59	01:18.41(+73)
31. Reijer Boodt (De Dolfijn, 199901001)	50m 00:37.28 37,28	01:20.00(+70)
297. 100m schoolslag - Heren		
12 - 17 jaar		
1. Duncan van Haaren (NTC PARA-WIDEX GZC Donk, 200000681) [SB9]	50m 00:32.82 32,82	01:10.09(+68)
2. Tim van Duuren (NTC PARA-WIDEX GZC Donk, 199802255) [SB8]	50m 00:36.27 36,27	01:17.95(+64)
3. Rogier Dorsman (NTC PARA-ZZ&PC De Devel, 199900211) [SB12]	50m 00:36.59 36,59	01:16.82(+66)
4. Sebastiaan Broere (Hieronymus, 199803687) [SB14]	50m 00:40.01 40,01	01:25.37(+80)
5. Querijn Hensen (De Duinkickers, 200102121) [SB9]	50m 00:40.04 40,04	01:25.59(+71)
6. Nathan van Wees (De Houtrib, 200101427) [SB9]	50m 00:44.88 44,88	01:35.17(+61)
7. Sjoerd Maillé (De Dokkelaers, 200004599) [SB13]	50m 00:47.11 47,11	01:44.58(+119)
98. 100m schoolslag - Heren		
12 - 12 jaar (Junioren 1)		
1. Wesley Zulver (ZVVS, 200301319)	50m 00:34.37 34,37	01:14.39(+71)
2. Tim Korstanje (Aqua-Novio'94, 200300053)	50m 00:35.47 35,47	01:16.06(+65)
3. Esper Schreurs (ZEPS, 200300433)	50m 00:35.47 35,47	01:16.44(+81)
4. Kylian Heederik (Deltasteur, 200300353)	50m 00:37.19 37,19	01:18.04(+73)
5. Jovanny Timmer (De Spatters, 200302369)	50m 00:37.55 37,55	01:18.38(+83)
6. Robin Udiljak (RZ, 200300375)	50m 00:37.24 37,24	01:20.57(+65)
7. Matias Jansen (ZIGNEA, 200300199)	50m 00:37.59 37,59	01:20.65(+80)
8. Noa Burgstra (TriVia, 200300557)	50m 00:38.03 38,03	01:21.11(+75)
9. Ivo Kroes (Zwem en Polo Club Appingedam, 200300079)	50m 00:38.66 38,66	01:21.31(+72)
10. Milan Hamel (The Hague Swimming (SG), 200302125)	50m 00:39.00 39,00	01:21.75(+65)
11. Rijk Heere (ZPC AMERSFOORT, 200300897)	50m 00:38.58 38,58	01:21.91(+70)

12. Bjarne Buijs (The Hague Swimming (SG), 200301089) 50m 00:38.70 38,70	01:22.16(+71)
13. Thomas Swartjes (Aqua-Novio'94, 200302825) 50m 00:38.45 38,45	01:22.54(+72)
14. Sam van der Stroom (PSV, 200304409) 50m 00:38.99 38,99	01:22.57(+77)
15. Xander Vis (De Schotelijl, 200300173) 50m 00:38.82 38,82	01:23.26(+70)
16. Xavi Laumen (Kimbria, 200300393) 50m 00:38.23 38,23	01:23.41(+73)
17. Jeffrey Huynh (VZC E&P, 200300145) 50m 00:39.28 39,28	01:24.28(+82)
18. Sjors Lemmers (Merlet, 200300555) 50m 00:40.69 40,69	01:24.74(+67)
19. Lars Meijer (De Mors, 200301497) 50m 00:39.99 39,99	01:25.12(+78)
20. Job van Wanroij (Zwemclub Eijsden, 200301307) 50m 00:40.62 40,62	01:25.17(+84)
21. Stan de Swart (PSV, 200300535) 50m 00:40.42 40,42	01:25.35(+70)
22. Frederik Adema (De Granaet, 200300253) 50m 00:40.45 40,45	01:25.37(+83)
23. Perry Laarhoven (ZPC Numansdorp, 200301321) 50m 00:40.26 40,26	01:25.44(+81)
24. Keanu Streefland (The Hague Swimming (SG), 200302445) 50m 00:40.09 40,09	01:25.54(+67)
25. Kay Wijkman (MSV-Zeemacht, 200303205) 50m 00:39.58 39,58	01:25.62(+74)
26. Lucas Pfaff (ZPC Woerden, 200303391) 50m 00:41.50 41,50	01:25.76(+85)
27. Stanley Hau (WZ&PC Purmerend, 200300655) 50m 00:39.91 39,91	01:25.83(+77)
28. Florian van Heest (ZPC AMERSFOORT, 200300621) 50m 00:40.04 40,04	01:26.13(+67)
29. Luuk Bos (VZ&PC, 200300151) 50m 00:40.12 40,12	01:26.23(+71)
30. Kenan Cörüz (DWT, 200300357) 50m 00:40.13 40,13	01:26.71(+71)
31. Tom Thijssen (NDD, 200301521) 50m 00:41.05 41,05	01:27.28(+82)
32. Kieran de Heer (De Veene, 200301009) 50m 00:42.00 42,00	01:28.71(+74)
99. 100m schoolslag - Heren 13 - 13 jaar (Junioren 2)	
1. Bram Zwetsloot (Nuenen, 200202117) 50m 00:34.67 34,67	01:13.10(+68)
2. Timo Spaans (PSV, 200201087) 50m 00:34.67 34,67	01:14.19(+69)
3. Guido Brink (ZPC De Zeeuwse Kust, 200200199) 50m 00:35.59 35,59	01:14.28(+69)

4. Kirill Hrabcuns (ZPC AMERSFOORT, 200201221) 50m 00:35.07 35,07	01:14.93(+71)
5. Anthony Huynh (VZC E&P, 200200605) 50m 00:35.07 35,07	01:15.05(+74)
6. Justin Slootweg (SBC2000, 200201407) 50m 00:35.32 35,32	01:15.06(+65)
7. Jasper van Lier (Nuenen, 200204709) 50m 00:35.25 35,25	01:15.28(+66)
8. Jurre Hanstede (De Dinkel, 200201019) 50m 00:35.68 35,68	01:15.91(+77)
9. Leon van den Hof (Dedemsvaart-AC, 200203269) 50m 00:35.30 35,30	01:16.40(+77)
10. Luuk Einhaus (WS Twente, 200200537) 50m 00:34.75 34,75	01:16.50(+80)
11. Daan Snijders (MNC Dordrecht, 200202475) 50m 00:35.99 35,99	01:17.10(+72)
12. Devin Servais (De Dommelbaarzen, 200202285) 50m 00:35.23 35,23	01:17.47(+74)
13. Brandon van den Berg (Poseidon'56, 200200669) 50m 00:36.57 36,57	01:17.69(+79)
14. Dushan de Bruijn (De Forel, 200201273) 50m 00:36.43 36,43	01:17.86(+75)
15. Lars Verhalle (De Vrije Slag, 200200019) 50m 00:38.26 38,26	01:17.90(+83)
16. Kazik Huibers (Kon AZ 1870, 200204565) 50m 00:36.72 36,72	01:18.18(+86)
17. Tycho Atanasov (De Kikker, 200201133) 50m 00:37.18 37,18	01:18.28(+72)
17. Gilles Cuijpers (Zwemclub Eijsden, 200202003) 50m 00:36.48 36,48	01:18.28(+71)
19. Adriaan Provo Kluit (RTC - WVZ, 200204397) 50m 00:37.20 37,20	01:20.09(+72)
20. Dyon de Wit (RZ, 200200341) 50m 00:38.01 38,01	01:20.28(+71)
21. Ben de Kok (Watervlo, 200200881) 50m 00:37.16 37,16	01:21.26(+77)
22. Bas van Wieringen (De Columbiaan, 200200119) 50m 00:39.27 39,27	01:22.71(+65)
22. Finn Vos (De Dolfijn, 200200665) 50m 00:39.28 39,28	01:22.71(+69)
DIS. Sean Niewold (TriVia, 200204699)	00:00.00
100. 100m schoolslag - Heren 14 - 14 jaar (Junioren 3)	
1. Caspar Corbeau (ZPC AMERSFOORT, 200105099) 50m 00:31.47 31,47	01:05.80(+69)
2. Stijn Boertien (Dedemsvaart-AC, 200100719) 50m 00:31.88 31,88	01:09.04(+68)
3. Quinn van den Heuvel (ZPC Numansdorp, 200100297) 50m 00:32.35 32,35	01:09.08(+67)

4. Rick Bulman (PSV, 200101899) 50m 00:32.62 32,62	01:09.54(+65)
5. Daen Spoor (VZC E&P, 200101117) 50m 00:33.27 33,27	01:10.58(+68)
6. Klaas Pit (De Forel, 200104519) 50m 00:33.36 33,36	01:11.61(+77)
7. Jesse Zweers (Dedemsvaart-AC, 200100399) 50m 00:33.34 33,34	01:12.34(+75)
8. Jan-Willem Topfer (PSV, 200101825) 50m 00:34.03 34,03	01:13.09(+70)
9. Emile Dost (Borger, 200100731) 50m 00:34.69 34,69	01:13.12(+78)
10. Rohan Vazirani (The Hague Swimming (SG), 200104499) 50m 00:35.29 35,29	01:13.61(+70)
11. Marcel Delfstra (Orca, 200100037) 50m 00:34.68 34,68	01:13.64(+68)
12. Guy Hungens (Tempo , 200101697) 50m 00:34.74 34,74	01:14.10(+65)
13. Dave van den Nieuwendijk (De Columbiaan, 200100475) 50m 00:34.85 34,85	01:14.46(+79)
14. Sander Crooijmans (VZC E&P, 200100383) 50m 00:34.76 34,76	01:14.56(+77)
15. Vincent Crooijmans (VZC E&P, 200100381) 50m 00:34.44 34,44	01:14.69(+75)
16. Taro Nishimura (WZ010/ACZ (SG), 200105049) 50m 00:34.20 34,20	01:14.99(+60)
17. Coen de Lang (ZPC Hoogeveen, 200100067) 50m 00:35.03 35,03	01:15.02(+74)
18. Mart Niehoff (De Zwoer, 200100759) 50m 00:35.89 35,89	01:16.43(+61)
19. Ian Sanders (Eszet, 200100373) 50m 00:36.42 36,42	01:16.66(+69)
20. Matthijs Westmijze (ESCA Zwemmen, 200101195) 50m 00:35.46 35,46	01:16.71(+83)
21. Jelle Smid (Aqua-Novio'94, 200100627) 50m 00:35.63 35,63	01:16.84(+67)
22. Max Huige (SCOM/De Zeehond'73 (SG), 200104355) 50m 00:35.94 35,94	01:16.86(+73)
23. Jelle Opmeer (Octopus, 200100269) 50m 00:35.20 35,20	01:17.07(+70)
24. Jeroen Rekvelt (De Dolfijn, 200103935) 50m 00:35.46 35,46	01:17.40(+77)
25. Stefan Tomicic (RZ, 200101271) 50m 00:36.55 36,55	01:17.67(+77)
26. Gerco Korteweg (De Rijn, 200100013) 50m 00:36.29 36,29	01:17.91(+73)
27. Ryan de Laat (Wiekslag, 200101553) 50m 00:36.58 36,58	01:18.35(+70)
28. Rijk Dragstra (ZPC AMERSFOORT, 200102473)	01:18.60(+74)

	50m 00:35.93 35,93	
29. Remi van der Schee (De Houtrib, 200100583)	50m 00:35.38 35,38	01:18.62(+63)
30. Bjarne van Straaten (WVZ, 200100145)	50m 00:36.41 36,41	01:18.67(+72)
31. Raphael Mennen (Nunspeet, 200103049)	50m 00:37.05 37,05	01:19.22(+66)
32. Thomas Schepper (NDD, 200101747)	50m 00:36.21 36,21	01:20.01(+70)
101. 100m schoolslag - Heren 15 - 15 jaar (Junioren 4)		
1. Juri Dijkstra (RTC - TriVia, 200002119)	50m 00:30.80 30,80	01:05.74(+72)
2. Thom Delno (RTC- VZC E&P, 200000013)	50m 00:32.03 32,03	01:07.58(+71)
3. Sten Postma (VZC E&P, 200000011)	50m 00:32.42 32,42	01:09.09(+73)
4. Martin Ruiter (RTC - DZ&PC, 200001309)	50m 00:32.05 32,05	01:09.28(+74)
5. Vincent de Munter (NIMO, 200000181)	50m 00:32.88 32,88	01:09.93(+77)
6. Duncan van Haaren (NTC PARA-WIDEX GZC Donk, 200000681) [SB9]	50m 00:32.82 32,82	01:10.09(+68)
7. Milan ten Broek (ZPC AMERSFOORT, 200000229)	50m 00:32.93 32,93	01:11.24(+64)
8. Camo Mieris (MNC Dordrecht, 200001557)	50m 00:33.18 33,18	01:11.47(+66)
9. Joost de Roy van Zuydewijn (WVZ, 200000255)	50m 00:33.60 33,60	01:11.67(+69)
10. Jari Groenhart (RTC - TriVia, 200000271)	50m 00:33.83 33,83	01:12.35(+78)
11. Derk Beemer (PSV, 200002901)	50m 00:33.32 33,32	01:12.50(+68)
12. Arjan Dekker (ReVeLie Swim Team, 200000499)	50m 00:33.93 33,93	01:12.56(+72)
13. Nick van der Woude (ZV Haerlem, 200001391)	50m 00:33.92 33,92	01:12.84(+75)
14. Olivier Jans (De Fuut, 200001815)	50m 00:34.67 34,67	01:13.67(+75)
15. Freek van Willigen (Olympia, 200000543)	50m 00:34.11 34,11	01:13.80(+65)
16. Thomas Hamstra (Orca, 200001693)	50m 00:34.75 34,75	01:15.10(+76)
17. Bjarne Langkamp (Aqua-Novio'94, 200002723)	50m 00:34.31 34,31	01:15.16(+75)
18. Thomas Hesper (Van Vliet-Barracuda, 200004181)	50m 00:34.73 34,73	01:15.40(+71)
19. Daniël Apperloo (WVZ, 200002645)	50m 00:34.89 34,89	01:15.47(+70)

20. Darren Chen (De Kikker, 200001149)				01:15.65(+71)
	50m 00:35.78	35,78		
21. Nick van Irsel (De Warande, 200000383)				01:15.81(+66)
	50m 00:35.16	35,16		
22. Jesse Janssen (Swimteam Helden-Mosa (SG), 200000267)				01:17.19(+72)
	50m 00:35.23	35,23		
23. Hugo Jan Bosscher (Orca, 200000185)				01:18.03(+69)
	50m 00:36.57	36,57		
102. 200m vlinderslag - Dames				
14 - 15 jaar (Jeugd 1 en 2)				
1. Alinda Dingshoff (ZPC Hoogeveen, 200000928)				02:28.57(+74)
	50m 00:32.44	32,44	100m 01:10.31	37,87 150m 01:48.36
				38,05
2. Danieke van der Kooi (Orca, 200000552)				02:30.55(+80)
	50m 00:31.60	31,60	100m 01:08.59	36,99 150m 01:48.42
				39,83
3. Chefanja Nunes (RTC - WVZ, 200104750)				02:31.52(+67)
	50m 00:32.28	32,28	100m 01:10.93	38,65 150m 01:52.24
				41,31
4. Imke van den Hoef (HZPC, 200101552)				02:35.45(+78)
	50m 00:34.12	34,12	100m 01:13.11	38,99 150m 01:53.80
				40,69
5. Fleur Donker (PSV, 200006496)				02:35.55(+62)
	50m 00:33.20	33,20	100m 01:13.37	40,17 150m 01:54.29
				40,92
6. Laura Nieuwland (ZPC De Zeeuwse Kust, 200001834)				02:38.07(+78)
	50m 00:34.19	34,19	100m 01:14.53	40,34 150m 01:57.09
				42,56
7. Isabel van Hees (Arethus, 200003142)				02:39.49(+74)
	50m 00:34.62	34,62	100m 01:14.90	40,28 150m 01:57.11
				42,21
8. Merel Phaff (Nuenen, 200100434)				02:39.81(+76)
	50m 00:34.39	34,39	100m 01:14.59	40,20 150m 01:56.55
				41,96
9. Jana Plaisier (ZZ&PC De Devel, 200101266)				02:39.96(+76)
	50m 00:34.97	34,97	100m 01:15.72	40,75 150m 01:57.25
				41,53
10. Linde van Duinhoven (RZC, 200100370)				02:42.05(+83)
	50m 00:33.17	33,17	100m 01:13.28	40,11 150m 01:58.04
				44,76
11. Esmee Breugem (WVZ, 200000670)				02:43.77(+94)
	50m 00:35.98	35,98	100m 01:16.97	40,99 150m 01:59.93
				42,96
12. Jill Blide (ZPC Hoogeveen, 200004734)				02:43.99(+84)
	50m 00:36.14	36,14	100m 01:17.73	41,59 150m 02:00.74
				43,01
13. Zoë Pauwels (Swimteam Helden-Mosa (SG), 200001034)				02:45.01(+71)
	50m 00:35.33	35,33	100m 01:17.01	41,68 150m 02:01.38
				44,37
14. Kristy Nagtzaam (ZC AquaDream, 200002212)				02:45.68(+67)
	50m 00:37.05	37,05	100m 01:19.44	42,39 150m 02:03.45
				44,01
15. Cynthia Smit (Zuiderzeezwemmers, 200100550)				02:47.49(+82)
	50m 00:35.49	35,49	100m 01:16.70	41,21 150m 02:00.56
				43,86
103. 200m vlinderslag - Dames				
12 - 12 jaar (Junioren 2)				
1. Merel Hijink (PSV, 200304732)				02:32.41(+71)
	50m 00:34.13	34,13	100m 01:12.07	37,94 150m 01:52.23
				40,16
2. Eva Geilenkirchen (The Hague Swimming (SG), 200302834)				02:37.15(+79)
	50m 00:32.94	32,94	100m 01:12.51	39,57 150m 01:54.23
				41,72
3. Amber Celie (De Dolfijn, 200300756)				02:42.45(+84)
	50m 00:34.81	34,81	100m 01:16.21	41,40 150m 01:58.39
				42,18
4. Maaïke Issard (De Houtrib, 200300022)				02:45.33(+78)
	50m 00:36.74	36,74	100m 01:20.69	43,95 150m 02:04.67
				43,98

5. Irina de Ridder (ZPC De Zeeuwse Kust, 200301224)	50m 00:35.03 35,03	100m 01:17.68 42,65	150m 02:02.51 44,83	02:45.53(+91)
6. Amy de Sain (De Dolfijn, 200304690)	50m 00:34.09 34,09	100m 01:15.48 41,39	150m 02:01.26 45,78	02:48.38(+83)
7. Suze Kuipers (Orca, 200301714)	50m 00:36.26 36,26	100m 01:19.93 43,67	150m 02:05.08 45,15	02:49.23(+90)
8. Ilse Hoogeveen (Aqua'68, 200301140)	50m 00:37.05 37,05	100m 01:20.19 43,14	150m 02:05.70 45,51	02:49.62(+80)
9. Anna Tinga (De Forel, 200302734)	50m 00:36.45 36,45	100m 01:19.20 42,75	150m 02:04.75 45,55	02:49.68(+78)
10. Kim Zwinkels (ZPCH, 200300422)	50m 00:36.58 36,58	100m 01:19.10 42,52	150m 02:05.15 46,05	02:52.16(+94)
11. Nora Brouwer (Aquapoldro, 200300480)	50m 00:37.86 37,86	100m 01:22.72 44,86	150m 02:09.01 46,29	02:55.36(+77)
12. Amy Lynn Zweers (Dedemsvaart-AC, 200300390)	50m 00:37.53 37,53	100m 01:23.14 45,61	150m 02:11.16 48,02	02:57.02(+77)
13. Marlijn Zwart (HZPC, 200300972)	50m 00:37.51 37,51	100m 01:22.64 45,13	150m 02:10.55 47,91	02:58.01(+73)
14. Femke Hoppenbrouwer (De Duinkickers, 200301124)	50m 00:34.65 34,65	100m 01:19.07 44,42	150m 02:08.59 49,52	02:59.47(+77)
15. Kyanie Blom (NIMO, 200301866)	50m 00:38.66 38,66	100m 01:24.38 45,72	150m 02:15.75 51,37	03:09.17(+84)
16. Jesse Goritzer (Eurode KZC, 200300096)	50m 00:37.19 37,19	100m 01:26.53 49,34	150m 02:19.40 52,87	03:11.03(+70)
104. 200m vlinderslag - Dames				
<i>13 - 13 jaar (Junioren 3)</i>				
1. Femke Spiering (VZC E&P, 200204514)	50m 00:31.63 31,63	100m 01:08.61 36,98	150m 01:47.23 38,62	02:26.29(+76)
2. Nienke Jonk (Hieronymus, 200203000)	50m 00:31.98 31,98	100m 01:09.01 37,03	150m 01:48.89 39,88	02:30.07(+80)
3. Imani de Jong (ZPCH, 200200464)	50m 00:33.17 33,17	100m 01:11.45 38,28	150m 01:50.58 39,13	02:30.17(+82)
4. Ilona Venema (ReVeLie Swim Team, 200200050) [S10]	50m 00:34.83 34,83	100m 01:15.18 40,35	150m 01:56.75 41,57	02:38.31(+78)
5. Esther Tiemersma (ZPC De Zeeuwse Kust, 200202962)	50m 00:34.89 34,89	100m 01:16.09 41,20	150m 01:58.92 42,83	02:42.24(+76)
6. Samantha van Vuure (ZPCH, 200200230)	50m 00:35.36 35,36	100m 01:16.80 41,44	150m 02:00.57 43,77	02:43.42(+76)
7. Zana Udo (De Forel, 200202686)	50m 00:35.55 35,55	100m 01:18.60 43,05	150m 02:07.02 48,42	02:50.63(+75)
8. Femke van Boheemen (De Haaien, 200201506)	50m 00:35.56 35,56	100m 01:18.08 42,52	150m 02:05.01 46,93	02:53.73(+78)
9. Maud Kuipers (Dedemsvaart-AC, 200201894)	50m 00:35.67 35,67	100m 01:20.14 44,47	150m 02:09.14 49,00	02:56.00(+87)
10. Lotus van Geemen (NDD, 200201124)	50m 00:36.00 36,00	100m 01:20.06 44,06	150m 02:07.43 47,37	02:56.25(+81)
11. Pleun van den Bergh (HZPC, 200201952)	50m 00:38.88 38,88	100m 01:23.92 45,04	150m 02:09.86 45,94	02:56.43(+83)
12. Jonna Wieling (Aquarijn, 200205266)				02:57.37(+83)

	50m 00:37.90 37,90	100m 01:23.42 45,52	150m 02:11.83 48,41	
13. Ilse Swinkels (HZPC, 200201504)				02:58.05(+66)
	50m 00:37.33 37,33	100m 01:20.41 43,08	150m 02:07.89 47,48	
14. Meike Simons (PSV, 200201184)				03:02.98(+92)
	50m 00:38.90 38,90	100m 01:23.89 44,99	150m 02:11.92 48,03	
105. 50m vrije slag - Heren				
	<i>16 - 17 jaar (Jeugd 1 en 2)</i>			
1. Nyls Korstanje (RTC - Aqua Novio '94, 199901941)				00:23.25(+66)
2. Jens Krijgsman (RTC - De Columbiaan, 199901429)				00:23.68(+68)
3. Floris Kotterink (Albion, 199800199)				00:23.93(+60)
4. Thijs van Wieringen (De Columbiaan, 199900577)				00:23.96(+66)
5. Tom Donker (PSV, 199805711)				00:24.00(+64)
6. Frank Roovers (RTC - PSV, 199800219)				00:24.10(+68)
7. Berjen Mellema (RTC - Nova, 199800615)				00:24.44(+74)
8. Toine Willigers (Zwemclub Eijsden, 199902155)				00:24.51(+67)
9. Ruben Stam (Albion, 199800331)				00:24.75(+62)
10. Lars van der Haijden (Hellas-Glana, 199900225)				00:24.95(+71)
11. Torben Lammerdink (WS Twente, 199900745)				00:24.99(+73)
12. Wilco Nijenhuis (De Berkelduikers, 199802463)				00:25.14(+70)
13. Dennis Bougrimov (MNC Dordrecht, 199800565)				00:25.17(+62)
14. Marijn van Giesen (Zwemvereniging Westland, 199900633)				00:25.18(+70)
15. Ingmar Hartman (De Kikker, 199801013)				00:25.19(+73)
16. Gideon Heij (ZPC AMERSFOORT, 199800655)				00:25.27(+67)
17. Max-Fernon Troenokarso (Arethusa, 199903151)				00:25.29(+64)
18. Jomme Bruijnzeel (De Schelde, 199900755)				00:25.30(+69)
19. Noa Eversdijk (ZPC De Zeeuwse Kust, 199903595)				00:25.32(+72)
20. Thomas Kappe (ZPC Hoogeveen, 199805141)				00:25.34(+65)
21. Lex Sandburg (ZV De Zaan, 199800699)				00:25.44(+66)
22. Mathieu Boers (WS Twente, 199800187)				00:25.46(+73)
23. Ingmar Bakker (ZV De Zaan, 199800493)				00:25.55(+68)
24. Jesse van Dijk (De Houtrib, 199903259)				00:25.56(+67)
25. Luuk Veldman (Orca, 199900981)				00:25.62(+64)
26. Wilko Blaauw (De Waalstroom, 199801513)				00:25.66(+70)
27. Sam Furer (Aqua-Novio'94, 199900185)				00:25.67(+65)
27. Denny Olde Agterhuis (HZ&PC Heerenveen, 199801253)				00:25.67(+72)
27. Albert Jan van Slooten (ZIGNEA, 199800049)				00:25.67(+74)
30. Tom Laarhuis (De Dinkel, 199800309)				00:25.69(+73)
31. Kalle van Gemert (ZPC De Zeeuwse Kust, 199801259)				00:25.76(+64)
32. Cédric Broere (Hieronymus, 199902227)				00:25.83(+67)
33. Erik Bult (DAW, 199902153)				00:25.98(+68)

34. Mees van Duinhoven (RZC, 199804913)	00:26.02(+82)
35. Simon Koopen (WZ&PC Purmerend, 199802127)	00:26.05(+70)
36. Max Voortman (De Berkelduikers, 199902923)	00:26.07(+63)
37. Arie van der Vlist (De Meer, 199804945)	00:26.08(+68)
38. Joris Hendriks (PSV, 199904859)	00:26.09(+72)
39. Matthijs van Meerendonk (Aqua'68, 199900375)	00:26.12(+65)
40. Sam Haring (DAW, 199901491)	00:26.15(+185)
2106. 50m vrije slag - Heren	
<i>12 - 17 jaar</i>	
1. Tim van Duuren (NTC PARA-WIDEX GZC Donk, 199802255) [S9]	00:27.82(+64)
2. Bas Takken (NTC PARA-ZV Hoorn, 199901643) [S10]	00:26.85(+71)
3. Duncan van Haaren (NTC PARA-WIDEX GZC Donk, 200000681) [S10]	00:27.78(+71)
4. Querijn Hensen (De Duinkickers, 200102121) [S10]	00:27.92(+68)
5. Bastian Renshoff (Octopus, 200001261) [S10]	00:28.13(+84)
6. Sebastiaan Broere (Hieronymus, 199803687) [S14]	00:27.95(+82)
7. Rogier Dorsman (NTC PARA-ZZ&PC De Devel, 199900211) [S12]	00:28.42(+72)
8. Sam Janmaat (De Duinkickers, 200203017) [S10]	00:29.78(+75)
9. Nathan van Wees (De Houtrib, 200101427) [S10]	00:30.83(+65)
10. Sjoerd Rooijackers (Hydra, 199805407) [S10]	00:32.53(+74)
107. 50m schoolslag - Dames	
<i>14 - 15 jaar (Jeugd 1 en 2)</i>	
1. Tes Schouten (RTC - WVZ, 200003120)	00:32.59(+73)
2. Rosey Metz (RTC - WVZ, 200101786)	00:32.62(+77)
3. Sanne Busch (MNC Dordrecht, 200101486)	00:33.29(+68)
4. Myrthe Bakker (MNC Dordrecht, 200000804)	00:33.75(+73)
5. Zara Konstapel (NDD, 200101144)	00:34.06(+67)
6. Joyce Kuipers (Orca, 200103426)	00:34.27(+78)
7. Lianne Bouwmeester (De Columbian, 200000956)	00:34.35(+178)
8. Madelijne Schothans (De Veene, 200002416)	00:34.37(+82)
9. Inge Vieveen (RTC - WVZ, 200100024)	00:34.64(+74)
10. Kim Vos (SBC2000, 200000990)	00:34.82(+74)
11. Lonneke Kampman (PSV, 200100146)	00:35.30(+78)
12. Chantalle Zijdeveld (NTC PARA-ZZ&PC De Devel, 200000702) [SB9]	00:35.36(+76)
13. Ana Nusa Versnik (The Hague Swimming (SG), 200003496)	00:35.40(+71)
14. Serina Damen (PSV, 200100228)	00:35.45(+69)
15. Ya'elle Lucht (RTC - De Houtrib, 200104628)	00:35.58(+77)
16. Lieve Göbbels (NIMO, 200000514)	00:35.72(+73)
17. Julia van Leeuwen (PSV, 200001464)	00:35.82(+71)
18. Jose Bijl (Het Y, 200100948)	00:35.86(+70)
19. Esra Erer (TriVia, 200002858)	00:35.91(+76)

20. Claudia Schouten (Aquarijn, 200000812)	00:35.92(+76)
21. Danae Kingma (OEZA, 200001740)	00:36.04(+78)
22. Marlinde Beukers (WVZ, 200101934)	00:36.21(+77)
23. Isabel Aardema (ESCA Zwemmen, 200100364)	00:36.22(+82)
23. Robin Goossens (Nuenen, 200003128)	00:36.22(+79)
25. Lynn Blommers (AZC, 200105062)	00:36.36(+69)
26. Lisa Kruger (NTC PARA-ZPC AMERSFOORT, 200005304) [SB9]	00:36.64(+79)
27. Christel Brugmans (Hieronymus, 200005602)	00:36.66(+72)
28. Lindy Elkerbout (De Veene, 200000604)	00:36.67(+75)
29. Britt Cornelissens (Hellas-Glana, 200000632)	00:36.75(+76)
29. Kristy Nagtzaam (ZC AquaDream, 200002212)	00:36.75(+69)
31. Chaira Brinks (De Kikker, 200005556)	00:36.80(+80)
32. Janneke Lenderink (De Dinkel, 200100328)	00:36.82(+76)
33. Marieke Wildeboer (TriVia, 200100016)	00:36.99(+86)
34. Honia Ibrahim (De Waalstroom, 200102422)	00:37.04(+70)
34. Jip Veeman (The Hague Swimming (SG), 200106100)	00:37.04(+71)
36. Eline Duynisveld (WVZ, 200103958)	00:37.09(+80)
37. Zoë Slinkman (De Mors, 200100062)	00:37.15(+89)
38. Noa de Vries (Aqua-Novio'94, 200101556)	00:37.24(+76)
39. Lauren van IJll (WVZ, 200001064)	00:37.25(+70)
40. Ouassima Quandil (DWT, 200102948)	00:37.26(+77)
41. Eelke van Ballegooijen (De Meer, 200100684)	00:37.34(+75)
42. Manon Middelbos (De Schotegil, 200100056)	00:37.36(+67)
43. Giulia Corsi (De Columbiaan, 200100468)	00:37.51(+76)
44. Veerle van Munster (ZPC Woerden, 200102632)	00:37.56(+73)
45. Esmee Lanckohr (NIMO, 200002442)	00:37.61(+87)
46. Lisanne Seising (VZC E&P, 200002084)	00:37.62(+78)
47. Jolien Wind (Nova, 200100510)	00:37.72(+85)
48. Paula Dorsman (d'ELFT, 200105354)	00:37.83(+74)
49. Quinty Jansen (Aquarijn, 200000810)	00:37.87(+76)
50. Sam IJzerman (De Geul, 200101204)	00:37.90(+76)
51. Valesca van den Bogert (Hieronymus, 200102138)	00:37.95(+77)
51. Janneke Zweers (RZC, 200100584)	00:37.95(+80)
53. Wiktoria Redzimska (ZPC Hoogeveen, 200106042)	00:38.01(+65)
54. Noa Sanders (De Kikker, 200002542)	00:38.07(+82)
55. Myrthe Kappert (ZPC De Hof, 200000024)	00:38.21(+77)
56. Babet Kruger (VZC E&P, 200003390)	00:38.31(+77)
57. Marit de Lau (RTC - PSV, 200101338)	00:38.49(+70)
58. Iris Taling (RZC, 200104782)	00:38.52(+76)

59. Anniek de Ruiter (WIDEX GZC DONK, 200101224)	00:38.62(+87)
60. Tiffany Leerdam (De Dolfijn, 200006200)	00:39.06(+85)
61. Anouk de Vreede (The Hague Swimming (SG), 200100130)	00:39.22(+67)
62. Nicoline Schol (BZ&PC, 200003600)	00:39.47(+69)
2108. 50m schoolslag - Dames	
<i>11 - 15 jaar (Jeugd 2 en later)</i>	
1. Chantalle Zijderveld (NTC PARA-ZZ&PC De Devel, 200000702) [SB9]	00:35.36(+76)
2. Liesette Bruinsma (NTC PARA-HZ&PC Heerenveen, 200004346) [SB11]	00:40.23(+70)
3. Lisa Kruger (NTC PARA-ZPC AMERSFOORT, 200005304) [SB9]	00:36.64(+79)
4. Amber van der Kruk (MSV-Zeemacht, 200102730) [SB14]	00:42.61(+95)
5. Deborah Visser (De Duinkickers, 200102666) [SB9]	00:44.46(+70)
6. Jonne Moleman (AZC, 200006264) [SB9]	00:48.28(+93)
7. Sanne Hoving (HZ&PC Heerenveen, 200003332) [SB8]	00:50.50(+98)
8. Iris Onnink (De Vrije Slag, 200301836) [SB9]	00:49.52(+96)
109. 50m rugslag - Heren	
<i>16 - 17 jaar (Jeugd 1 en 2)</i>	
1. Tom Donker (PSV, 199805711)	00:26.95(+67)
2. Nyls Korstanje (RTC - Aqua Novio '94, 199901941)	00:27.39(+68)
3. Jaro Musters (Hieronymus, 199801141)	00:28.17(+63)
4. Torben Lammerdink (WS Twente, 199900745)	00:28.24(+72)
5. Toine Willigers (Zwemclub Eijsden, 199902155)	00:28.38(+54)
6. Sam Haring (DAW, 199901491)	00:28.61(+76)
7. Denny Olde Agterhuis (HZ&PC Heerenveen, 199801253)	00:28.87(+72)
7. Dario van Hulst (Kimbria, 199903169)	00:28.87(+64)
9. Gauke Eilander (ZPC Hoogeveen, 199800603)	00:29.00(+62)
10. Koen Koster (HZPC, 199900517)	00:29.13(+70)
11. Nicko Kamphuis (De Warande, 199900887)	00:29.21(+56)
12. Jesse van Dijk (De Houtrib, 199903259)	00:29.25(+69)
13. Berjen Mellema (RTC - Nova, 199800615)	00:29.38(+62)
14. Tom Laarhuis (De Dinkel, 199800309)	00:29.41(+68)
15. Ruben Griffioen (De Columbiaan, 199900771)	00:29.52(+58)
16. Ingmar Hartman (De Kikker, 199801013)	00:29.61(+62)
17. Thijs Molendijk (VZC E&P, 199900477)	00:29.74(+60)
18. Matthijs van Meerendonk (Aqua'68, 199900375)	00:29.75(+61)
19. Dave Jansen (Albion, 199805299)	00:29.81(+56)
20. Cas Louwerts (NIMO, 199901249)	00:29.84(+69)
21. Friso van der Meulen (TriVia, 199800617)	00:29.92(+75)
22. Rico Keizer (NDD, 199903491)	00:30.01(+55)
23. Wilco Nijenhuis (De Berkelduikers, 199802463)	00:30.03(+72)

24. Max Voortman (De Berkelduikers, 199902923)	00:30.13(+59)
25. Max Peters (De Dommelbaarzen, 199903123)	00:30.17(+73)
26. Jelle Dekker (De Grunte, 199901621)	00:30.22(+85)
27. Ingmar Bakker (ZV De Zaan, 199800493)	00:30.33(+65)
28. Niek Heethaar (Aquapoldro, 199900999)	00:30.38(+70)
29. Lex Sandburg (ZV De Zaan, 199800699)	00:30.49(+74)
30. Jelmer Lankhorst (The Hague Swimming (SG), 199800353)	00:30.73(+62)
31. Marijn van Giesen (Zwemvereniging Westland, 199900633)	00:31.46(+64)
DIS. Luuk Veldman (Orca, 199900981)	00:00.00
2110. 50m rugslag - Heren	
<i>12 - 17 jaar</i>	
1. Bas Takken (NTC PARA-ZV Hoorn, 199901643) [S10]	00:32.38(+72)
2. Duncan van Haaren (NTC PARA-WIDEX GZC Donk, 200000681) [S10]	00:32.78(+77)
3. Rogier Dorsman (NTC PARA-ZZ&PC De Devel, 199900211) [S12]	00:33.07(+55)
4. Querijn Hensen (De Duinkickers, 200102121) [S10]	00:33.16(+64)
5. Sam Janmaat (De Duinkickers, 200203017) [S10]	00:33.45(+66)
6. Bastian Renshoff (Octopus, 200001261) [S10]	00:34.55(+78)
7. Sebastiaan Broere (Hieronymus, 199803687) [S14]	00:35.34(+74)
8. Nathan van Wees (De Houtrib, 200101427) [S10]	00:37.10(+57)
9. Sjoerd Maillé (De Dokkelaers, 200004599) [S13]	00:39.88(+71)
10. Sjoerd Rooijackers (Hydra, 199805407) [S10]	00:41.11(+70)
11. Maryn Both (De Duck, 200201089) [S8]	00:49.54(+59)
111. 50m rugslag - Heren	
<i>12 - 12 jaar (Junioren 1)</i>	
1. Mike Gerritsen (Platella, 200304013)	00:30.92(+69)
2. Keanu Streefland (The Hague Swimming (SG), 200302445)	00:31.81(+66)
3. Luuk Bos (VZ&PC, 200300151)	00:32.12(+63)
4. Esper Schreurs (ZEPS, 200300433)	00:32.37(+74)
5. Tim Korstanje (Aqua-Novio'94, 200300053)	00:32.53(+52)
6. Ster van 't Land (ZPC AMERSFOORT, 200302015)	00:32.81(+68)
7. Lukas Binnekamp (WS Twente, 200300107)	00:33.01(+70)
8. Tyrese Sitania (Aqua-Novio'94, 200301999)	00:33.18(+60)
9. Daan Hogerhuis (Alkemade, 200300317)	00:33.31(+64)
10. Stan de Swart (PSV, 200300535)	00:33.38(+63)
11. Dion Fujijkschot (De Meeuwen Diemen, 200302399)	00:33.76(+61)
12. Jarno Bijsterbosch (Octopus, 200300081)	00:34.38(+73)
13. Michael Smink (Aquarijn, 200302169)	00:34.42(+71)
14. Rens van Beek (Aqua-Novio'94, 200300537)	00:34.51(+80)
15. Niels Kragt (Dedemsvaart-AC, 200300155)	00:34.71(+64)
16. Bjarne Buijs (The Hague Swimming (SG), 200301089)	00:34.75(+72)

17. Joey de Groot (De Aalscholver, 200303587)	00:34.96(+64)
18. Sjors Lemmers (Merlet, 200300555)	00:34.97(+72)
19. Perry Laarhoven (ZPC Numansdorp, 200301321)	00:35.02(+66)
20. Frederik Adema (De Granaet, 200300253)	00:35.15(+62)
21. Thomas Swartjes (Aqua-Novio'94, 200302825)	00:35.49(+66)
22. Joris Janssen (Aqua-Novio'94, 200301311)	00:35.56(+71)
23. Ruben de Vriend (ZV Haerlem, 200300981)	00:35.78(+69)
24. Tim Cohen (ZV De Zaan, 200300685)	00:35.91(+72)
25. Luuk Ruinemans (De Dinkel, 200301085)	00:35.96(+70)
26. Tom Thijssen (NDD, 200301521)	00:36.27(+83)
27. Ruben Kooi (Nova, 200300829)	00:36.61(+68)
28. Freek Gabriels (TRB-RES, 200301407)	00:36.83(+61)
29. Milan Hamel (The Hague Swimming (SG), 200302125)	00:37.73(+65)
DIS. Dylan Jansen (WVZ, 200300817)	00:00.00
112. 50m rugslag - Heren	
<i>13 - 13 jaar (Junioren 2)</i>	
1. Leon van den Hof (Dedemsvaart-AC, 200203269)	00:29.21(+68)
2. Thomas Weening (De Dolfijn, 200200523)	00:29.22(+65)
3. Bjorn van Doesburg (Aquarijn, 200201867)	00:29.64(+86)
4. Bobby van Dijk (DBD, 200200153)	00:30.34(+72)
5. Kirill Hrabcuns (ZPC AMERSFOORT, 200201221)	00:30.53(+64)
6. Tycho Atanasov (De Kikker, 200201133)	00:30.72(+61)
7. Adriaan Provo Kluit (RTC - WVZ, 200204397)	00:30.92(+58)
8. IJsbrand Buijnsters (ZC AquaDream, 200200375)	00:31.07(+83)
9. Milan Meurs (Nuenen, 200202079)	00:31.34(+59)
10. Joep Hoogerwerf (DWK, 200204527)	00:31.47(+68)
11. Viktor Koets (LZ 1886, 200201677)	00:31.51(+70)
12. Sean Niewold (TriVia, 200204699)	00:31.58(+72)
13. Léon van der Geest (WS Twente, 200201005)	00:31.59(+64)
14. Maquinho Vorst (De Mors, 200204179)	00:31.62(+71)
15. Lars Verhalle (De Vrije Slag, 200200019)	00:31.71(+74)
16. Timo Spaans (PSV, 200201087)	00:31.83(+61)
17. Gilles Cuijpers (Zwemclub Eijsden, 200202003)	00:31.89(+66)
18. Nikhom Westphal (SCOM/De Zeehond'73 (SG), 200203329)	00:31.92(+66)
19. Max Langerveld (Ed-Vo, 200203435)	00:32.40(+56)
20. Dylan Donkersteeg (DWK, 200202217)	00:32.87(+82)
21. Luc van Eijndhoven (Argo, 200200139)	00:32.91(+74)
22. Raoul Witten (ZPC Hoogeveen, 200200231)	00:33.12(+71)
23. Daniël Rykov (ZPC AMERSFOORT, 200200447)	00:33.13(+70)

24. Dylano Termoshuizen (WVZ, 200202169)	00:33.17(+57)
25. Jelmer North (Nuenen, 200200617)	00:33.18(+71)
26. Sam Janmaat (De Duinkickers, 200203017) [S10]	00:33.45(+66)
27. Jurre Hanstede (De Dinkel, 200201019)	00:33.51(+67)
28. Gjalt Panjer (Aquapoldro, 200201943)	00:33.75(+70)
29. Björn Kokkelkoren (ZPC Hoogeveen, 200200757)	00:33.96(+68)
30. Makai van Haren (De Forel, 200200627)	00:34.13(+76)
31. Anthony Huynh (VZC E&P, 200200605)	00:34.74(+67)
113. 50m rugslag - Heren 14 - 14 jaar (Junioren 3)	
1. Luc Kroon (RTC - DAW, 200100697)	00:28.48(+80)
2. Austin Namesnik (ZPC AMERSFOORT, 200101817)	00:29.11(+52)
3. Melle van Gemert (ZPC De Zeeuwse Kust, 200100687)	00:29.24(+63)
4. Mathijs Verdonck (PSV, 200101685)	00:29.58(+61)
5. Luuk Roosen (Zwemclub Eijsden, 200100577)	00:29.85(+60)
6. Jylano Nahr (NIMO, 200102593)	00:29.86(+70)
7. Jesse Zweers (Dedemsvaart-AC, 200100399)	00:30.13(+69)
8. Dave van der Voet (Zwemvereniging Hoorn, 200102783)	00:30.30(+72)
9. Ivo Stolk (SCOM/De Zeehond'73 (SG), 200100615)	00:30.31(+72)
10. Emile Dost (Borger, 200100731)	00:30.32(+68)
11. Gerard IJspeert (TriVia, 200100051)	00:30.56(+59)
12. Raf Hendriks (Hellas-Glana, 200100879)	00:30.85(+53)
13. Daen Spoor (VZC E&P, 200101117)	00:30.87(+70)
14. Sander Iuga (Poseidon'56, 200101389)	00:30.91(+65)
15. Jelle Smid (Aqua-Novio'94, 200100627)	00:30.92(+69)
16. Jelmar Koopman (De Forel, 200100249)	00:30.98(+61)
17. Marc Hoogeveen (Aqua'68, 200101585)	00:31.08(+65)
18. Owen Peeks (ZPC Hoogeveen, 200100765)	00:31.10(+69)
19. Stefan Waalkens (De Houtrib, 200100611)	00:31.13(+72)
20. Remi van der Schee (De Houtrib, 200100583)	00:31.15(+62)
21. Klaas Pit (De Forel, 200104519)	00:31.17(+71)
22. Tygo van Hassel (WVZ, 200101479)	00:31.34(+60)
23. Daniël Claasen (ZPC AMERSFOORT, 200100787)	00:31.36(+61)
24. Stefan Tomicic (RZ, 200101271)	00:31.52(+71)
25. Taro Nishimura (WZ010/ACZ (SG), 200105049)	00:31.62(+59)
26. Boyd Wijkman (MSV-Zeemacht, 200104759)	00:31.87(+66)
27. Janne Englebert (Hieronymus, 200101561)	00:31.90(+61)
28. Mart Niehoff (De Zwoer, 200100759)	00:31.98(+67)
29. Bart Muselaers (Octopus, 200100865)	00:32.42(+65)

30. Stefan Rooze (De Fuut, 200102461)		00:32.48(+73)
31. Matthijs Westmijze (ESCA Zwemmen, 200101195)		00:32.53(+76)
32. Joop Tuppe (Kerkdriel, 200100581)		00:32.56(+66)
33. Tjeerd van Stein (LZ 1886, 200101439)		00:34.32(+76)
114. 50m rugslag - Heren		
<i>15 - 15 jaar (Junioren 4)</i>		
1. Jelle Betten (RTC - DZ&PC, 200001535)		00:27.36(+59)
2. Martin Ruiter (RTC - DZ&PC, 200001309)		00:27.61(+69)
3. Jari Groenhart (RTC - TriVia, 200000271)		00:27.85(+64)
4. Koen Weustink (WVZ, 200005655)		00:28.55(+53)
5. Ruden de Ridder (RTC - ZPC De Zeeuwse Kust, 200001587)		00:28.64(+60)
6. Niels de Boer (Eurode KZC, 200001977)		00:29.43(+71)
7. Anne Schuurmans (RTC - WVZ, 200003919)		00:29.73(+68)
8. Steef Warmerdam (Arethusa, 200003915)		00:30.34(+64)
9. Luuk Smits (Tempo , 200001015)		00:30.41(+73)
10. Olivier Jans (De Fuut, 200001815)		00:30.47(+74)
11. Noah Legerstee (WVZ, 200003593)		00:30.48(+62)
12. Arjan Dekker (ReVeLie Swim Team, 200000499)		00:30.50(+75)
115. 4x200m vrije slag dames Junioren		
<i>11 - 15 jaar (Jeugd 2 en later)</i>		
1. De Dinkel		08:52.55
Romée Spin 2000 (+82)	50m	00:29.76 29,76
Romée Spin 2000 (+82)	100m	01:02.93 33,17
Romée Spin 2000 (+82)	150m	01:37.87 34,94
Romée Spin 2000 (+82)	200m	02:13.33 35,46
Mathilde Stolmeijer 2001 ()	250m	02:43.96 30,63
Mathilde Stolmeijer 2001 ()	300m	03:18.15 34,19
Mathilde Stolmeijer 2001 ()	350m	03:53.20 35,05
Mathilde Stolmeijer 2001 ()	400m	04:27.43 34,23
Kiki Koopman 2002 (+31)	450m	04:56.90 29,47
Kiki Koopman 2002 (+31)	500m	05:30.39 33,49
Kiki Koopman 2002 (+31)	550m	06:05.66 35,27
Kiki Koopman 2002 (+31)	600m	06:39.83 34,17
Janneke Lenderink 2001 (+55)	650m	07:11.11 31,28
Janneke Lenderink 2001 (+55)	700m	07:45.46 34,35
Janneke Lenderink 2001 (+55)	750m	08:20.23 34,77
Janneke Lenderink 2001 (+55)	800m	08:52.55 32,32
2. PSV		08:53.42
Sam van Nunen 2001 (+71)	50m	00:29.16 29,16
Sam van Nunen 2001 (+71)	100m	01:02.81 33,65
Sam van Nunen 2001 (+71)	150m	01:38.92 36,11
Sam van Nunen 2001 (+71)	200m	02:14.29 35,37
Lonneke Kampman 2001 (+46)	250m	02:45.01 30,72
Lonneke Kampman 2001 (+46)	300m	03:19.44 34,43
Lonneke Kampman 2001 (+46)	350m	03:54.90 35,46
Lonneke Kampman 2001 (+46)	400m	04:28.59 33,69
Fleur Donker 2000 (+10)	450m	04:58.92 30,33
Fleur Donker 2000 (+10)	500m	05:32.90 33,98
Fleur Donker 2000 (+10)	550m	06:09.10 36,20
Fleur Donker 2000 (+10)	600m	06:42.64 33,54
Sarah Scholten 2000 (+39)	650m	07:12.02 29,38
Sarah Scholten 2000 (+39)	700m	07:45.18 33,16
Sarah Scholten 2000 (+39)	750m	08:19.77 34,59
Sarah Scholten 2000 (+39)	800m	08:53.42 33,65

3. Orca

08:57.00

Danieke van der Kooi 2000 ()	50m	00:30.05	30,05
Danieke van der Kooi 2000 ()	100m	01:02.76	32,71
Danieke van der Kooi 2000 ()	150m	01:37.29	34,53
Danieke van der Kooi 2000 ()	200m	02:11.24	33,95
Janneke Weiland 2001 ()	250m	02:42.45	31,21
Janneke Weiland 2001 ()	300m	03:17.69	35,24
Janneke Weiland 2001 ()	350m	03:52.80	35,11
Janneke Weiland 2001 ()	400m	04:27.31	34,51
Lize Janna de Vries 2001 ()	450m	04:57.24	29,93
Lize Janna de Vries 2001 ()	500m	05:31.36	34,12
Lize Janna de Vries 2001 ()	550m	06:05.89	34,53
Lize Janna de Vries 2001 ()	600m	06:40.12	34,23
Eva Willebrands 2001 (+68)	650m	07:11.58	31,46
Eva Willebrands 2001 (+68)	700m	07:46.17	34,59
Eva Willebrands 2001 (+68)	750m	08:21.53	35,36
Eva Willebrands 2001 (+68)	800m	08:57.00	35,47

4. ZPC Hoogeveen

08:58.95

Anique Coelingh 2000 (+80)	50m	00:31.13	31,13
Anique Coelingh 2000 (+80)	100m	01:05.74	34,61
Anique Coelingh 2000 (+80)	150m	01:42.84	37,10
Anique Coelingh 2000 (+80)	200m	02:20.44	37,60
Kyra Wooldrik 2001 (+33)	250m	02:50.50	30,06
Kyra Wooldrik 2001 (+33)	300m	03:24.68	34,18
Kyra Wooldrik 2001 (+33)	350m	04:00.95	36,27
Kyra Wooldrik 2001 (+33)	400m	04:36.71	35,76
Jill Blide 2000 (+31)	450m	05:06.02	29,31
Jill Blide 2000 (+31)	500m	05:39.34	33,32
Jill Blide 2000 (+31)	550m	06:14.19	34,85
Jill Blide 2000 (+31)	600m	06:50.12	35,93
Alinda Dingshoff 2000 (+41)	650m	07:19.04	28,92
Alinda Dingshoff 2000 (+41)	700m	07:51.01	31,97
Alinda Dingshoff 2000 (+41)	750m	08:24.91	33,90
Alinda Dingshoff 2000 (+41)	800m	08:58.95	34,04

5. PSV

09:09.53

Julia van Leeuwen 2000 (+74)	50m	00:30.12	30,12
Julia van Leeuwen 2000 (+74)	100m	01:04.36	34,24
Julia van Leeuwen 2000 (+74)	150m	01:39.01	34,65
Julia van Leeuwen 2000 (+74)	200m	02:13.86	34,85
Manon Kampman 2000 (+31)	250m	02:44.09	30,23
Manon Kampman 2000 (+31)	300m	03:19.07	34,98
Manon Kampman 2000 (+31)	350m	03:55.12	36,05
Manon Kampman 2000 (+31)	400m	04:29.55	34,43
Esmee Venner 2000 (+41)	450m	05:00.37	30,82
Esmee Venner 2000 (+41)	500m	05:36.10	35,73
Esmee Venner 2000 (+41)	550m	06:12.88	36,78
Esmee Venner 2000 (+41)	600m	06:49.23	36,35
Serina Damen 2001 (+3)	650m	07:19.66	30,43
Serina Damen 2001 (+3)	700m	07:54.36	34,70
Serina Damen 2001 (+3)	750m	08:31.75	37,39
Serina Damen 2001 (+3)	800m	09:09.53	37,78

6. Dedemsvaart-AC

09:14.98

Sanne Berg 2000 (+90)	50m	00:31.81	31,81
Sanne Berg 2000 (+90)	100m	01:06.90	35,09
Sanne Berg 2000 (+90)	150m	01:44.31	37,41
Sanne Berg 2000 (+90)	200m	02:22.03	37,72
Michelle Zomerdijk 2000 ()	250m	02:52.18	30,15
Michelle Zomerdijk 2000 ()	300m	03:26.44	34,26
Michelle Zomerdijk 2000 ()	350m	04:02.54	36,10
Michelle Zomerdijk 2000 ()	400m	04:39.18	36,64
Linde Kolkman 2000 ()	450m	05:09.89	30,71
Linde Kolkman 2000 ()	500m	05:45.14	35,25
Linde Kolkman 2000 ()	550m	06:22.82	37,68
Linde Kolkman 2000 ()	600m	06:59.61	36,79

Manon Compagner 2001 () 650m 07:29.70 30,09
Manon Compagner 2001 () 700m 08:04.19 34,49
Manon Compagner 2001 () 750m 08:40.20 36,01
Manon Compagner 2001 () 800m 09:14.98 34,78

7. Hellas-Glana

09:15.92

Britt Cornelissens 2000 (+78) 50m 00:30.22 30,22
Britt Cornelissens 2000 (+78) 100m 01:04.04 33,82
Britt Cornelissens 2000 (+78) 150m 01:40.29 36,25
Britt Cornelissens 2000 (+78) 200m 02:16.05 35,76
Nikki Douma 2001 (+87) 250m 02:49.20 33,15
Nikki Douma 2001 (+87) 300m 03:24.60 35,40
Nikki Douma 2001 (+87) 350m 04:01.11 36,51
Nikki Douma 2001 (+87) 400m 04:35.32 34,21
Loes Gelissen 2001 (+50) 450m 05:05.72 30,40
Loes Gelissen 2001 (+50) 500m 05:42.09 36,37
Loes Gelissen 2001 (+50) 550m 06:21.14 39,05
Loes Gelissen 2001 (+50) 600m 07:00.49 39,35
Kim Rebergen 2001 (+49) 650m 07:30.85 30,36
Kim Rebergen 2001 (+49) 700m 08:04.97 34,12
Kim Rebergen 2001 (+49) 750m 08:40.65 35,68
Kim Rebergen 2001 (+49) 800m 09:15.92 35,27

8. HZ&PC Heerenveen

09:18.07

Femke Wiersma 2001 (+73) 50m 00:31.80 31,80
Femke Wiersma 2001 (+73) 100m 01:06.56 34,76
Femke Wiersma 2001 (+73) 150m 01:43.25 36,69
Femke Wiersma 2001 (+73) 200m 02:20.39 37,14
Leonie van Wier 2002 (+47) 250m 02:51.72 31,33
Leonie van Wier 2002 (+47) 300m 03:27.05 35,33
Leonie van Wier 2002 (+47) 350m 04:04.50 37,45
Leonie van Wier 2002 (+47) 400m 04:41.76 37,26
Lianne van Wier 2002 (+48) 450m 05:13.21 31,45
Lianne van Wier 2002 (+48) 500m 05:49.18 35,97
Lianne van Wier 2002 (+48) 550m 06:26.15 36,97
Lianne van Wier 2002 (+48) 600m 07:01.27 35,12
Eline van der Wal 2001 (+15) 650m 07:31.27 30,00
Eline van der Wal 2001 (+15) 700m 08:05.26 33,99
Eline van der Wal 2001 (+15) 750m 08:40.72 35,46
Eline van der Wal 2001 (+15) 800m 09:18.07 37,35

9. ZV De Zaan

09:26.19

Jennifer Tuijp 2000 (+80) 50m 00:30.55 30,55
Jennifer Tuijp 2000 (+80) 100m 01:05.51 34,96
Jennifer Tuijp 2000 (+80) 150m 01:42.20 36,69
Jennifer Tuijp 2000 (+80) 200m 02:17.98 35,78
Rachel Jahn 2001 () 250m 02:50.10 32,12
Rachel Jahn 2001 () 300m 03:25.79 35,69
Rachel Jahn 2001 () 350m 04:03.74 37,95
Rachel Jahn 2001 () 400m 04:41.64 37,90
Hannah Bervoets 2000 () 450m 05:12.36 30,72
Hannah Bervoets 2000 () 500m 05:47.76 35,40
Hannah Bervoets 2000 () 550m 06:25.98 38,22
Hannah Bervoets 2000 () 600m 07:04.13 38,15
Esmeralda Duarte de Pina 2003 () 650m 07:35.65 31,52
Esmeralda Duarte de Pina 2003 () 700m 08:12.45 36,80
Esmeralda Duarte de Pina 2003 () 750m 08:51.04 38,59
Esmeralda Duarte de Pina 2003 () 800m 09:26.19 35,15

10. Aqua-Novio'94

09:27.74

Anne van Blitterswijk 2001 (+73) 50m 00:30.75 30,75
Anne van Blitterswijk 2001 (+73) 100m 01:05.77 35,02
Anne van Blitterswijk 2001 (+73) 150m 01:42.62 36,85
Anne van Blitterswijk 2001 (+73) 200m 02:18.57 35,95
Noa de Vries 2001 () 250m 02:51.09 32,52
Noa de Vries 2001 () 300m 03:26.48 35,39
Noa de Vries 2001 () 350m 04:04.30 37,82
Noa de Vries 2001 () 400m 04:42.18 37,88

Lieke Siedenburg 2001 ()	450m	05:14.18	32,00
Lieke Siedenburg 2001 ()	500m	05:50.83	36,65
Lieke Siedenburg 2001 ()	550m	06:29.03	38,20
Lieke Siedenburg 2001 ()	600m	07:07.44	38,41
Sophia Gerrits 2001 ()	650m	07:37.28	29,84
Sophia Gerrits 2001 ()	700m	08:12.65	35,37
Sophia Gerrits 2001 ()	750m	08:49.95	37,30
Sophia Gerrits 2001 ()	800m	09:27.74	37,79

11. Hieronymus

09:38.03

Valesca van den Bogert 2001 (+75)	50m	00:32.86	32,86
Valesca van den Bogert 2001 (+75)	100m	01:10.24	37,38
Valesca van den Bogert 2001 (+75)	150m	01:48.64	38,40
Valesca van den Bogert 2001 (+75)	200m	02:23.17	34,53
Roos Englebert 2002 (+46)	250m	02:56.10	32,93
Roos Englebert 2002 (+46)	300m	03:33.31	37,21
Roos Englebert 2002 (+46)	350m	04:11.75	38,44
Roos Englebert 2002 (+46)	400m	04:49.02	37,27
Sarah Uuldriks 2000 (+47)	450m	05:22.04	33,02
Sarah Uuldriks 2000 (+47)	500m	05:59.93	37,89
Sarah Uuldriks 2000 (+47)	550m	06:39.40	39,47
Sarah Uuldriks 2000 (+47)	600m	07:17.95	38,55
Christel Brugmans 2000 (+35)	650m	07:48.87	30,92
Christel Brugmans 2000 (+35)	700m	08:24.93	36,06
Christel Brugmans 2000 (+35)	750m	09:03.27	38,34
Christel Brugmans 2000 (+35)	800m	09:38.03	34,76

12. ZPC AMERSFOORT

09:47.06

Elise Hardeman 2001 (+72)	50m	00:30.47	30,47
Elise Hardeman 2001 (+72)	100m	01:05.46	34,99
Elise Hardeman 2001 (+72)	150m	01:42.22	36,76
Elise Hardeman 2001 (+72)	200m	02:17.53	35,31
Lieke Nijmeijer 2003 ()	250m	02:50.80	33,27
Lieke Nijmeijer 2003 ()	300m	03:28.02	37,22
Lieke Nijmeijer 2003 ()	350m	04:05.68	37,66
Lieke Nijmeijer 2003 ()	400m	04:41.23	35,55
Ymke Dragstra 2003 ()	450m	05:15.39	34,16
Ymke Dragstra 2003 ()	500m	05:54.56	39,17
Ymke Dragstra 2003 ()	550m	06:34.11	39,55
Ymke Dragstra 2003 ()	600m	07:12.56	38,45
Joëlla Bruins 2003 ()	650m	07:44.40	31,84
Joëlla Bruins 2003 ()	700m	08:21.38	36,98
Joëlla Bruins 2003 ()	750m	09:02.91	41,53
Joëlla Bruins 2003 ()	800m	09:47.06	44,15

13. RZC

09:50.30

Anna Janssen 2000 (+83)	50m	00:31.11	31,11
Anna Janssen 2000 (+83)	100m	01:07.02	35,91
Anna Janssen 2000 (+83)	150m	01:44.89	37,87
Anna Janssen 2000 (+83)	200m	02:21.49	36,60
Linde van Duinhoven 2001 ()	250m	02:52.68	31,19
Linde van Duinhoven 2001 ()	300m	03:28.64	35,96
Linde van Duinhoven 2001 ()	350m	04:07.56	38,92
Linde van Duinhoven 2001 ()	400m	04:45.58	38,02
Iris Taling 2001 ()	450m	05:19.69	34,11
Iris Taling 2001 ()	500m	05:58.29	38,60
Iris Taling 2001 ()	550m	06:37.60	39,31
Iris Taling 2001 ()	600m	07:15.56	37,96
Janneke Zweers 2001 ()	650m	07:51.03	35,47
Janneke Zweers 2001 ()	700m	08:29.82	38,79
Janneke Zweers 2001 ()	750m	09:10.49	40,67
Janneke Zweers 2001 ()	800m	09:50.30	39,81

11 - 13 jaar (Junioren 3 en later)

1. NIMO

09:12.18

Iris Dijkstra 2002 (+76)	50m	00:32.03	32,03
Iris Dijkstra 2002 (+76)	100m	01:06.95	34,92
Iris Dijkstra 2002 (+76)	150m	01:43.41	36,46

Iris Dijkstra 2002 (+76)	200m	02:19.53	36,12
Nikki Smeets 2002 (+24)	250m	02:51.11	31,58
Nikki Smeets 2002 (+24)	300m	03:27.13	36,02
Nikki Smeets 2002 (+24)	350m	04:04.73	37,60
Nikki Smeets 2002 (+24)	400m	04:41.43	36,70
Imke Beekman 2003 (+81)	450m	05:12.29	30,86
Imke Beekman 2003 (+81)	500m	05:45.77	33,48
Imke Beekman 2003 (+81)	550m	06:20.60	34,83
Imke Beekman 2003 (+81)	600m	06:55.53	34,93
Carolien Beckers 2002 (+72)	650m	07:26.06	30,53
Carolien Beckers 2002 (+72)	700m	08:00.17	34,11
Carolien Beckers 2002 (+72)	750m	08:36.23	36,06
Carolien Beckers 2002 (+72)	800m	09:12.18	35,95

2. PSV

09:21.81

Hannah Franssen 2002 (+69)	50m	00:32.24	32,24
Hannah Franssen 2002 (+69)	100m	01:07.60	35,36
Hannah Franssen 2002 (+69)	150m	01:44.97	37,37
Hannah Franssen 2002 (+69)	200m	02:22.68	37,71
Gabriela Topfer 2003 (+17)	250m	02:54.06	31,38
Gabriela Topfer 2003 (+17)	300m	03:30.49	36,43
Gabriela Topfer 2003 (+17)	350m	04:07.77	37,28
Gabriela Topfer 2003 (+17)	400m	04:44.08	36,31
Mila Maas 2003 (+33)	450m	05:14.31	30,23
Mila Maas 2003 (+33)	500m	05:49.58	35,27
Mila Maas 2003 (+33)	550m	06:26.97	37,39
Mila Maas 2003 (+33)	600m	07:05.29	38,32
Jessica Herbst 2002 (+36)	650m	07:35.53	30,24
Jessica Herbst 2002 (+36)	700m	08:09.90	34,37
Jessica Herbst 2002 (+36)	750m	08:46.34	36,44
Jessica Herbst 2002 (+36)	800m	09:21.81	35,47

3. WS Twente

09:22.66

Isabelle Elsweier 2003 ()	50m	00:32.80	32,80
Isabelle Elsweier 2003 ()	100m	01:09.20	36,40
Isabelle Elsweier 2003 ()	150m	01:47.03	37,83
Isabelle Elsweier 2003 ()	200m	02:25.19	38,16
Lieke Oude Lenferink 2002 ()	250m	02:55.30	30,11
Lieke Oude Lenferink 2002 ()	300m	03:31.23	35,93
Lieke Oude Lenferink 2002 ()	350m	04:08.82	37,59
Lieke Oude Lenferink 2002 ()	400m	04:45.47	36,65
Lynn Joor 2003 ()	450m	05:15.06	29,59
Lynn Joor 2003 ()	500m	05:49.38	34,32
Lynn Joor 2003 ()	550m	06:26.56	37,18
Lynn Joor 2003 ()	600m	07:04.24	37,68
Carlijn Hansté 2002 ()	650m	07:34.19	29,95
Carlijn Hansté 2002 ()	700m	08:08.23	34,04
Carlijn Hansté 2002 ()	750m	08:45.27	37,04
Carlijn Hansté 2002 ()	800m	09:22.66	37,39

4. De Schotelijl

09:25.60

Elise Tanis 2002 (+71)	50m	00:28.88	28,88
Elise Tanis 2002 (+71)	100m	01:01.40	32,52
Elise Tanis 2002 (+71)	150m	01:36.01	34,61
Elise Tanis 2002 (+71)	200m	02:10.90	34,89
Lieske Zijlstra 2002 (+62)	250m	02:43.71	32,81
Lieske Zijlstra 2002 (+62)	300m	03:20.42	36,71
Lieske Zijlstra 2002 (+62)	350m	03:58.27	37,85
Lieske Zijlstra 2002 (+62)	400m	04:35.42	37,15
Tamara de Ruiter 2002 (+41)	450m	05:08.28	32,86
Tamara de Ruiter 2002 (+41)	500m	05:45.11	36,83
Tamara de Ruiter 2002 (+41)	550m	06:23.25	38,14
Tamara de Ruiter 2002 (+41)	600m	07:02.45	39,20
Lotte Tillema 2002 (+33)	650m	07:34.53	32,08
Lotte Tillema 2002 (+33)	700m	08:10.38	35,85
Lotte Tillema 2002 (+33)	750m	08:47.79	37,41
Lotte Tillema 2002 (+33)	800m	09:25.60	37,81

5. TriVia

09:26.59

Mariëlle Dolfijn 2002 (+85)	50m	00:31.79	31,79
Mariëlle Dolfijn 2002 (+85)	100m	01:06.17	34,38
Mariëlle Dolfijn 2002 (+85)	150m	01:42.12	35,95
Mariëlle Dolfijn 2002 (+85)	200m	02:18.61	36,49
Inge Dekker 2002 (+41)	250m	02:50.06	31,45
Inge Dekker 2002 (+41)	300m	03:26.09	36,03
Inge Dekker 2002 (+41)	350m	04:03.58	37,49
Inge Dekker 2002 (+41)	400m	04:39.78	36,20
Veerle Nieborg 2004 (+43)	450m	05:12.17	32,39
Veerle Nieborg 2004 (+43)	500m	05:48.64	36,47
Veerle Nieborg 2004 (+43)	550m	06:27.52	38,88
Veerle Nieborg 2004 (+43)	600m	07:07.20	39,68
Janna van Kooten 2004 (+25)	650m	07:37.38	30,18
Janna van Kooten 2004 (+25)	700m	08:12.47	35,09
Janna van Kooten 2004 (+25)	750m	08:49.78	37,31
Janna van Kooten 2004 (+25)	800m	09:26.59	36,81

6. Hellas-Glana

09:29.18

Judith Houtvast 2003 (+80)	50m	00:32.25	32,25
Judith Houtvast 2003 (+80)	100m	01:09.04	36,79
Judith Houtvast 2003 (+80)	150m	01:46.48	37,44
Judith Houtvast 2003 (+80)	200m	02:22.84	36,36
Muriël Blok 2003 (+28)	250m	02:55.29	32,45
Muriël Blok 2003 (+28)	300m	03:33.93	38,64
Muriël Blok 2003 (+28)	350m	04:13.35	39,42
Muriël Blok 2003 (+28)	400m	04:52.47	39,12
Bo Souhoka 2002 (+45)	450m	05:25.02	32,55
Bo Souhoka 2002 (+45)	500m	06:00.78	35,76
Bo Souhoka 2002 (+45)	550m	06:37.43	36,65
Bo Souhoka 2002 (+45)	600m	07:12.69	35,26
Isabel Dijkstra 2002 (+49)	650m	07:43.27	30,58
Isabel Dijkstra 2002 (+49)	700m	08:17.57	34,30
Isabel Dijkstra 2002 (+49)	750m	08:53.72	36,15
Isabel Dijkstra 2002 (+49)	800m	09:29.18	35,46

7. De Dinkel

09:36.69

Joy van Dieren 2003 (+79)	50m	00:31.36	31,36
Joy van Dieren 2003 (+79)	100m	01:06.93	35,57
Joy van Dieren 2003 (+79)	150m	01:44.55	37,62
Joy van Dieren 2003 (+79)	200m	02:19.75	35,20
Puck Koopman 2004 ()	250m	02:52.22	32,47
Puck Koopman 2004 ()	300m	03:29.98	37,76
Puck Koopman 2004 ()	350m	04:08.70	38,72
Puck Koopman 2004 ()	400m	04:46.07	37,37
Soraya Rakers 2003 ()	450m	05:19.09	33,02
Soraya Rakers 2003 ()	500m	05:56.25	37,16
Soraya Rakers 2003 ()	550m	06:34.59	38,34
Soraya Rakers 2003 ()	600m	07:12.88	38,29
Mayke Westerhof 2002 ()	650m	07:45.24	32,36
Mayke Westerhof 2002 ()	700m	08:22.02	36,78
Mayke Westerhof 2002 ()	750m	09:00.45	38,43
Mayke Westerhof 2002 ()	800m	09:36.69	36,24

8. Arethusa

09:37.26

Meral Bakker 2002 (+82)	50m	00:34.03	34,03
Meral Bakker 2002 (+82)	100m	01:11.46	37,43
Meral Bakker 2002 (+82)	150m	01:50.25	38,79
Meral Bakker 2002 (+82)	200m	02:28.79	38,54
Famke Slabbers 2002 ()	250m	03:00.48	31,69
Famke Slabbers 2002 ()	300m	03:36.29	35,81
Famke Slabbers 2002 ()	350m	04:12.51	36,22
Famke Slabbers 2002 ()	400m	04:48.30	35,79
Kemi van de Wetering 2002 ()	450m	05:21.51	33,21
Kemi van de Wetering 2002 ()	500m	05:59.60	38,09
Kemi van de Wetering 2002 ()	550m	06:38.94	39,34
Kemi van de Wetering 2002 ()	600m	07:16.78	37,84
Sasya van Hamersveld 2002 ()	650m	07:48.70	31,92

Sasya van Hamersveld 2002 () 700m 08:24.14 35,44
Sasya van Hamersveld 2002 () 750m 09:00.70 36,56
Sasya van Hamersveld 2002 () 800m 09:37.26 36,56

9. Dedemsvaart-AC

09:37.43

Hanne te Velthuis 2002 (+92) 50m 00:32.47 32,47
Hanne te Velthuis 2002 (+92) 100m 01:08.74 36,27
Hanne te Velthuis 2002 (+92) 150m 01:45.85 37,11
Hanne te Velthuis 2002 (+92) 200m 02:20.78 34,93
Maud Kuipers 2002 (+63) 250m 02:54.48 33,70
Maud Kuipers 2002 (+63) 300m 03:31.99 37,51
Maud Kuipers 2002 (+63) 350m 04:10.23 38,24
Maud Kuipers 2002 (+63) 400m 04:46.72 36,49
Ismay Lichtendonk 2004 (+68) 450m 05:20.20 33,48
Ismay Lichtendonk 2004 (+68) 500m 05:57.84 37,64
Ismay Lichtendonk 2004 (+68) 550m 06:36.15 38,31
Ismay Lichtendonk 2004 (+68) 600m 07:11.74 35,59
Amy Lynn Zweers 2003 (+71) 650m 07:45.26 33,52
Amy Lynn Zweers 2003 (+71) 700m 08:22.73 37,47
Amy Lynn Zweers 2003 (+71) 750m 09:01.22 38,49
Amy Lynn Zweers 2003 (+71) 800m 09:37.43 36,21

10. Aqua-Novio'94

09:40.90

Eline Gros 2003 (+79) 50m 00:31.91 31,91
Eline Gros 2003 (+79) 100m 01:08.29 36,38
Eline Gros 2003 (+79) 150m 01:47.84 39,55
Eline Gros 2003 (+79) 200m 02:28.60 40,76
Zanthe Janssen 2002 (+60) 250m 03:00.76 32,16
Zanthe Janssen 2002 (+60) 300m 03:37.55 36,79
Zanthe Janssen 2002 (+60) 350m 04:15.61 38,06
Zanthe Janssen 2002 (+60) 400m 04:52.95 37,34
Luna de Vries 2004 (+54) 450m 05:25.62 32,67
Luna de Vries 2004 (+54) 500m 06:02.54 36,92
Luna de Vries 2004 (+54) 550m 06:41.03 38,49
Luna de Vries 2004 (+54) 600m 07:19.09 38,06
Kim van Dongen 2004 (+33) 650m 07:49.17 30,08
Kim van Dongen 2004 (+33) 700m 08:24.68 35,51
Kim van Dongen 2004 (+33) 750m 09:03.23 38,55
Kim van Dongen 2004 (+33) 800m 09:40.90 37,67

11. PSV

09:47.53

Isa van der Meijden 2002 (+74) 50m 00:32.95 32,95
Isa van der Meijden 2002 (+74) 100m 01:09.90 36,95
Isa van der Meijden 2002 (+74) 150m 01:47.28 37,38
Isa van der Meijden 2002 (+74) 200m 02:23.44 36,16
Meike Simons 2002 (+31) 250m 02:58.25 34,81
Meike Simons 2002 (+31) 300m 03:35.71 37,46
Meike Simons 2002 (+31) 350m 04:14.70 38,99
Meike Simons 2002 (+31) 400m 04:51.10 36,40
Kim Jansen van Galen 2002 (+55) 450m 05:25.27 34,17
Kim Jansen van Galen 2002 (+55) 500m 06:01.78 36,51
Kim Jansen van Galen 2002 (+55) 550m 06:40.88 39,10
Kim Jansen van Galen 2002 (+55) 600m 07:20.64 39,76
Ilse Verhoef 2003 (+15) 650m 07:53.64 33,00
Ilse Verhoef 2003 (+15) 700m 08:28.70 35,06
Ilse Verhoef 2003 (+15) 750m 09:07.27 38,57
Ilse Verhoef 2003 (+15) 800m 09:47.53 40,26

12. HZPC

09:50.57

Lynn Vallen 2002 (+76) 50m 00:34.38 34,38
Lynn Vallen 2002 (+76) 100m 01:11.57 37,19
Lynn Vallen 2002 (+76) 150m 01:50.29 38,72
Lynn Vallen 2002 (+76) 200m 02:28.84 38,55
Ilse Swinkels 2002 (+32) 250m 03:04.01 35,17
Ilse Swinkels 2002 (+32) 300m 03:42.40 38,39
Ilse Swinkels 2002 (+32) 350m 04:21.43 39,03
Ilse Swinkels 2002 (+32) 400m 04:58.83 37,40
Manon van der Wielen 2002 (+54) 450m 05:32.41 33,58

Manon van der Wielen 2002 (+54)	500m 06:09.72 37,31
Manon van der Wielen 2002 (+54)	550m 06:47.69 37,97
Manon van der Wielen 2002 (+54)	600m 07:24.83 37,14
Pleun van den Bergh 2002 (+47)	650m 07:59.58 34,75
Pleun van den Bergh 2002 (+47)	700m 08:37.11 37,53
Pleun van den Bergh 2002 (+47)	750m 09:14.29 37,18
Pleun van den Bergh 2002 (+47)	800m 09:50.57 36,28

116. 1500m vrije slag - Heren

14 - 14 jaar (Junioren 3)

1. Sander Crooijmans (VZC E&P, 200100383)					16:54.12(+79)
50m	00:30.18 30,18	450m	04:57.13 33,50	800m	08:54.51 34,28
100m	01:02.99 32,81	500m	05:30.89 33,76	850m	09:28.90 34,39
150m	01:36.31 33,32	550m	06:04.62 33,73	900m	10:02.94 34,04
200m	02:09.66 33,35	600m	06:38.35 33,73	950m	10:37.05 34,11
250m	02:42.89 33,23	650m	07:12.21 33,86	1000m	11:11.57 34,52
300m	03:16.50 33,61	700m	07:46.38 34,17	1050m	11:45.95 34,38
350m	03:49.89 33,39	750m	08:20.23 33,85	1100m	12:20.56 34,61
400m	04:23.63 33,74	800m	08:54.51 34,28	1150m	12:55.00 34,44
1200m	12:55.00 34,44			1200m	13:29.30 34,30
1250m	14:03.60 34,30			1250m	14:03.60 34,30
1300m	14:38.35 34,75			1300m	14:38.35 34,75
1350m	15:12.26 33,91			1350m	15:12.26 33,91
1400m	15:47.01 34,75			1400m	15:47.01 34,75
1450m	16:20.69 33,68			1450m	16:20.69 33,68
2. Thomas Jansen (RTC - WVZ, 200100143)					17:01.56(+80)
50m	00:30.22 30,22	450m	05:03.61 34,30	800m	09:04.71 34,39
100m	01:03.57 33,35	500m	05:38.12 34,51	850m	09:39.39 34,68
150m	01:37.52 33,95	550m	06:12.75 34,63	900m	10:13.36 33,97
200m	02:11.74 34,22	600m	06:47.04 34,29	950m	10:48.02 34,66
250m	02:46.31 34,57	650m	07:21.69 34,65	1000m	11:22.26 34,24
300m	03:20.61 34,30	700m	07:56.15 34,46	1050m	11:56.64 34,38
350m	03:55.06 34,45	750m	08:30.32 34,17	1100m	12:30.89 34,25
400m	04:29.31 34,25	800m	09:04.71 34,39	1150m	13:05.35 34,46
1200m	13:05.35 34,46			1200m	13:39.61 34,26
1250m	14:14.11 34,50			1250m	14:14.11 34,50
1300m	14:48.16 34,05			1300m	14:48.16 34,05
1350m	15:22.47 34,31			1350m	15:22.47 34,31
1400m	15:56.61 34,14			1400m	15:56.61 34,14
1450m	16:30.12 33,51			1450m	16:30.12 33,51
3. Vincent Crooijmans (VZC E&P, 200100381)					17:06.63(+76)
50m	00:30.25 30,25	450m	04:59.27 34,30	800m	09:01.34 34,74
100m	01:03.27 33,02	500m	05:33.74 34,47	850m	09:35.81 34,47
150m	01:36.46 33,19	550m	06:08.24 34,50	900m	10:10.50 34,69
200m	02:09.94 33,48	600m	06:42.61 34,37	950m	10:45.06 34,56
250m	02:43.26 33,32	650m	07:17.13 34,52	1000m	11:19.81 34,75
300m	03:16.92 33,66	700m	07:51.65 34,52	1050m	11:54.84 35,03
350m	03:50.68 33,76	750m	08:26.60 34,95	1100m	12:29.83 34,99
400m	04:24.97 34,29	800m	09:01.34 34,74	1150m	13:04.63 34,80
1200m	13:04.63 34,80			1200m	13:39.36 34,73
1250m	14:14.14 34,78			1250m	14:14.14 34,78
1300m	14:49.12 34,98			1300m	14:49.12 34,98
1350m	15:23.99 34,87			1350m	15:23.99 34,87
1400m	15:59.07 35,08			1400m	15:59.07 35,08
1450m	16:33.29 34,22			1450m	16:33.29 34,22
4. Bas Morelissen (ZPC AMERSFOORT, 200100861)					17:24.14(+71)
50m	00:31.23 31,23	450m	05:09.57 35,48	800m	09:14.01 35,03
100m	01:04.84 33,61	500m	05:44.75 35,18	850m	09:49.50 35,49
150m	01:39.36 34,52	550m	06:19.71 34,96	900m	10:24.67 35,17
200m	02:14.10 34,74	600m	06:54.44 34,73	950m	11:00.24 35,57
250m	02:49.45 35,35	650m	07:29.17 34,73	1000m	11:34.93 34,69
300m	03:24.26 34,81	700m	08:03.91 34,74	1050m	12:10.55 35,62
350m	03:59.35 35,09	750m	08:38.98 35,07	1100m	12:46.12 35,57
400m	04:34.09 34,74	800m	09:14.01 35,03	1150m	13:21.87 35,75
1200m	13:21.87 35,75			1200m	13:56.39 34,52
1250m	14:31.42 35,03			1250m	14:31.42 35,03
1300m	15:07.26 35,84			1300m	15:07.26 35,84
1350m	15:43.33 36,07			1350m	15:43.33 36,07
1400m	16:18.95 35,62			1400m	16:18.95 35,62
1450m	16:52.55 33,60			1450m	16:52.55 33,60
5. Rohan Vazirani (The Hague Swimming (SG), 200104499)					17:29.03(+75)
50m	00:30.62 30,62	450m	05:09.41 35,19	800m	09:17.30 35,39
100m	01:04.59 33,97	500m	05:44.79 35,38	850m	09:52.33 35,03
150m	01:39.14 34,55	550m	06:20.29 35,50	900m	10:27.73 35,40
200m	02:14.04 34,90	600m	06:55.68 35,39	950m	11:03.09 35,36
250m	02:48.62 34,58	650m	07:31.39 35,71	1000m	11:38.55 35,46
300m	03:23.82 35,20	700m	08:06.67 35,28	1050m	12:13.98 35,43
350m	03:59.12 35,30	750m	08:41.91 35,24	1100m	12:49.39 35,41
400m	04:34.22 35,10	800m	09:17.30 35,39	1150m	13:24.53 35,14
1200m	13:24.53 35,14			1200m	13:59.95 35,42
1250m	14:35.11 35,16			1250m	14:35.11 35,16
1300m	15:11.34 36,23			1300m	15:11.34 36,23
1350m	15:45.76 34,42			1350m	15:45.76 34,42
1400m	16:20.45 34,69			1400m	16:20.45 34,69
1450m	16:55.64 35,19			1450m	16:55.64 35,19
6. Owen Peeks (ZPC Hoogeveen, 200100765)					17:55.72(+82)
50m	00:33.13 33,13	450m	05:22.45 36,16	800m	09:34.82 36,12
100m	01:09.18 36,05	500m	05:58.76 36,31	850m	10:10.93 36,11
150m	01:45.37 36,19	550m	06:34.28 35,52	900m	10:47.16 36,23
200m	02:21.78 36,41	600m	07:10.52 36,24	950m	11:22.94 35,78
250m	02:57.75 35,97	650m	07:46.28 35,76	1000m	11:58.86 35,92
300m	03:34.28 36,53	700m	08:22.67 36,39	1050m	12:35.25 36,39
350m	04:10.15 35,87	750m	08:58.70 36,03	1100m	13:10.75 35,50
1200m	13:10.75 35,50			1200m	14:22.13 35,31
1250m	14:22.13 35,31			1250m	14:58.07 35,94
1300m	15:33.50 35,43			1300m	15:33.50 35,43
1350m	16:09.42 35,92			1350m	16:09.42 35,92
1400m	16:45.13 35,71			1400m	16:45.13 35,71
1450m	17:20.89 35,76			1450m	17:20.89 35,76

	400m 04:46.29 36,14	800m 09:34.82 36,12	1150m 13:46.82 36,07	
7. Max Visser (WVZ, 200100077)				17:59.58(+77)
	50m 00:32.25 32,25	450m 05:24.39 36,30	800m 09:37.75 36,02	1150m 13:49.34 36,16
	100m 01:08.47 36,22	500m 06:00.72 36,33	850m 10:13.60 35,85	1200m 14:25.35 36,01
	150m 01:45.43 36,96	550m 06:37.18 36,46	900m 10:49.16 35,56	1250m 15:01.59 36,24
	200m 02:22.09 36,66	600m 07:13.33 36,15	950m 11:25.03 35,87	1300m 15:37.56 35,97
	250m 02:58.67 36,58	650m 07:49.67 36,34	1000m 12:01.05 36,02	1350m 16:13.73 36,17
	300m 03:35.10 36,43	700m 08:25.60 35,93	1050m 12:37.08 36,03	1400m 16:49.50 35,77
	350m 04:11.82 36,72	750m 09:01.73 36,13	1100m 13:13.18 36,10	1450m 17:25.58 36,08
	400m 04:48.09 36,27	800m 09:37.75 36,02	1150m 13:49.34 36,16	
8. David Anthonio (De Kikker, 200102551)				18:04.54(+83)
	50m 00:30.94 30,94	450m 05:16.66 36,58	800m 09:34.62 36,80	1150m 13:52.12 36,75
	100m 01:05.28 34,34	500m 05:53.44 36,78	850m 10:11.50 36,88	1200m 14:28.65 36,53
	150m 01:40.19 34,91	550m 06:29.97 36,53	900m 10:48.34 36,84	1250m 15:05.84 37,19
	200m 02:15.41 35,22	600m 07:06.74 36,77	950m 11:25.58 37,24	1300m 15:43.07 37,23
	250m 02:51.18 35,77	650m 07:43.57 36,83	1000m 12:02.47 36,89	1350m 16:19.90 36,83
	300m 03:27.13 35,95	700m 08:20.91 37,34	1050m 12:39.64 37,17	1400m 16:56.34 36,44
	350m 04:03.77 36,64	750m 08:57.82 36,91	1100m 13:15.37 35,73	1450m 17:30.07 33,73
	400m 04:40.08 36,31	800m 09:34.62 36,80	1150m 13:52.12 36,75	
9. Christiaan Smit (De Fuut, 200102463)				18:10.94(+71)
	50m 00:31.23 31,23	450m 05:22.06 37,11	800m 09:38.64 36,64	1150m 13:56.96 37,24
	100m 01:06.52 35,29	500m 05:58.56 36,50	850m 10:15.30 36,66	1200m 14:33.62 36,66
	150m 01:42.59 36,07	550m 06:35.13 36,57	900m 10:52.57 37,27	1250m 15:10.33 36,71
	200m 02:19.02 36,43	600m 07:11.55 36,42	950m 11:29.23 36,66	1300m 15:47.05 36,72
	250m 02:55.63 36,61	650m 07:48.33 36,78	1000m 12:06.14 36,91	1350m 16:23.51 36,46
	300m 03:32.09 36,46	700m 08:24.98 36,65	1050m 12:42.99 36,85	1400m 16:59.81 36,30
	350m 04:08.56 36,47	750m 09:02.00 37,02	1100m 13:19.72 36,73	1450m 17:36.15 36,34
	400m 04:44.95 36,39	800m 09:38.64 36,64	1150m 13:56.96 37,24	
10. Mathijs Verdonck (PSV, 200101685)				18:13.98(+75)
	50m 00:31.84 31,84	450m 05:26.68 37,72	800m 09:45.42 35,88	1150m 14:00.91 36,66
	100m 01:07.98 36,14	500m 06:04.20 37,52	850m 10:21.86 36,44	1200m 14:37.87 36,96
	150m 01:44.74 36,76	550m 06:41.19 36,99	900m 10:58.06 36,20	1250m 15:14.79 36,92
	200m 02:21.41 36,67	600m 07:18.41 37,22	950m 11:34.57 36,51	1300m 15:51.64 36,85
	250m 02:58.28 36,87	650m 07:55.90 37,49	1000m 12:10.85 36,28	1350m 16:28.81 37,17
	300m 03:34.85 36,57	700m 08:32.66 36,76	1050m 12:47.54 36,69	1400m 17:04.76 35,95
	350m 04:12.05 37,20	750m 09:09.54 36,88	1100m 13:24.25 36,71	1450m 17:41.09 36,33
	400m 04:48.96 36,91	800m 09:45.42 35,88	1150m 14:00.91 36,66	
11. Janne Englebort (Hieronymus, 200101561)				18:14.40(+98)
	50m 00:31.35 31,35	450m 05:23.20 37,23	800m 09:45.90 36,96	1150m 14:04.60 37,03
	100m 01:06.07 34,72	500m 06:00.44 37,24	850m 10:23.35 37,45	1200m 14:41.49 36,89
	150m 01:41.76 35,69	550m 06:38.49 38,05	900m 11:00.65 37,30	1250m 15:18.25 36,76
	200m 02:18.32 36,56	600m 07:15.90 37,41	950m 11:37.53 36,88	1300m 15:54.50 36,25
	250m 02:54.75 36,43	650m 07:53.43 37,53	1000m 12:14.38 36,85	1350m 16:30.79 36,29
	300m 03:31.74 36,99	700m 08:31.28 37,85	1050m 12:50.83 36,45	1400m 17:06.77 35,98
	350m 04:08.81 37,07	750m 09:08.94 37,66	1100m 13:27.57 36,74	1450m 17:42.40 35,63
	400m 04:45.97 37,16	800m 09:45.90 36,96	1150m 14:04.60 37,03	
12. Freek Hollander (The Hague Swimming (SG), 200103815)				18:26.02(+81)
	50m 00:32.52 32,52	450m 05:29.26 37,24	800m 09:51.35 37,75	1150m 14:11.03 37,59
	100m 01:09.44 36,92	500m 06:06.55 37,29	850m 10:27.49 36,14	1200m 14:48.39 37,36
	150m 01:46.85 37,41	550m 06:43.53 36,98	900m 11:04.73 37,24	1250m 15:24.58 36,19
	200m 02:24.03 37,18	600m 07:20.90 37,37	950m 11:42.38 37,65	1300m 16:00.89 36,31
	250m 03:00.78 36,75	650m 07:58.29 37,39	1000m 12:19.35 36,97	1350m 16:37.85 36,96
	300m 03:37.77 36,99	700m 08:36.11 37,82	1050m 12:56.40 37,05	1400m 17:14.86 37,01
	350m 04:14.74 36,97	750m 09:13.60 37,49	1100m 13:33.44 37,04	1450m 17:51.22 36,36
	400m 04:52.02 37,28	800m 09:51.35 37,75	1150m 14:11.03 37,59	
13. Milan van Dieren (De Dinkel, 200100493)				18:32.90(+84)
	50m 00:31.69 31,69	450m 05:28.95 37,35	800m 09:50.17 36,86	1150m 14:11.78 36,95
	100m 01:07.94 36,25	500m 06:06.38 37,43	850m 10:27.81 37,64	1200m 14:49.09 37,31
	150m 01:45.39 37,45	550m 06:43.97 37,59	900m 11:04.93 37,12	1250m 15:26.49 37,40
	200m 02:22.69 37,30	600m 07:21.52 37,55	950m 11:42.27 37,34	1300m 16:04.06 37,57
	250m 03:00.05 37,36	650m 07:58.90 37,38	1000m 12:19.94 37,67	1350m 16:41.54 37,48
	300m 03:36.82 36,77	700m 08:36.56 37,66	1050m 12:57.43 37,49	1400m 17:18.92 37,38

350m 04:14.44 37,62 750m 09:13.31 36,75 1100m 13:34.83 37,40 1450m 17:56.40 37,48
400m 04:51.60 37,16 800m 09:50.17 36,86 1150m 14:11.78 36,95

14. Tjeerd van Stein (LZ 1886, 200101439)

18:44.25(+73)

50m 00:32.98 32,98 450m 05:33.56 37,95 800m 09:59.73 38,43 1150m 14:24.38 37,72
100m 01:10.22 37,24 500m 06:11.44 37,88 850m 10:37.50 37,77 1200m 15:02.01 37,63
150m 01:47.24 37,02 550m 06:49.51 38,07 900m 11:15.94 38,44 1250m 15:39.38 37,37
200m 02:24.54 37,30 600m 07:27.43 37,92 950m 11:53.86 37,92 1300m 16:17.20 37,82
250m 03:01.89 37,35 650m 08:05.77 38,34 1000m 12:31.54 37,68 1350m 16:54.86 37,66
300m 03:39.68 37,79 700m 08:43.52 37,75 1050m 13:09.23 37,69 1400m 17:32.42 37,56
350m 04:17.53 37,85 750m 09:21.30 37,78 1100m 13:46.66 37,43 1450m 18:08.47 36,05
400m 04:55.61 38,08 800m 09:59.73 38,43 1150m 14:24.38 37,72

15. Swen van Elteren (Aquarijn, 200103331)

18:47.24(+72)

50m 00:31.56 31,56 450m 05:26.32 38,05 800m 09:54.14 38,05 1150m 14:22.65 38,58
100m 01:07.32 35,76 500m 06:03.62 37,30 850m 10:32.49 38,35 1200m 15:00.69 38,04
150m 01:43.85 36,53 550m 06:42.27 38,65 900m 11:11.27 38,78 1250m 15:39.54 38,85
200m 02:20.27 36,42 600m 07:20.33 38,06 950m 11:50.37 39,10 1300m 16:18.23 38,69
250m 02:57.21 36,94 650m 07:59.13 38,80 1000m 12:26.80 36,43 1350m 16:56.36 38,13
300m 03:33.67 36,46 700m 08:37.20 38,07 1050m 13:05.51 38,71 1400m 17:34.91 38,55
350m 04:10.95 37,28 750m 09:16.09 38,89 1100m 13:44.07 38,56 1450m 18:12.48 37,57
400m 04:48.27 37,32 800m 09:54.14 38,05 1150m 14:22.65 38,58

16. Leendert Paans (De Biesboschzwemmers, 200102805)

18:47.70(+78)

50m 00:31.72 31,72 450m 05:30.99 38,55 800m 09:58.65 37,60 1150m 14:27.75 38,48
100m 01:08.11 36,39 500m 06:09.16 38,17 850m 10:36.65 38,00 1200m 15:06.39 38,64
150m 01:44.81 36,70 550m 06:47.89 38,73 900m 11:15.00 38,35 1250m 15:44.27 37,88
200m 02:21.89 37,08 600m 07:26.05 38,16 950m 11:53.53 38,53 1300m 16:22.03 37,76
250m 02:58.97 37,08 650m 08:04.86 38,81 1000m 12:31.92 38,39 1350m 17:00.04 38,01
300m 03:36.67 37,70 700m 08:42.68 37,82 1050m 13:10.65 38,73 1400m 17:37.36 37,32
350m 04:14.17 37,50 750m 09:21.05 38,37 1100m 13:49.27 38,62 1450m 18:13.72 36,36
400m 04:52.44 38,27 800m 09:58.65 37,60 1150m 14:27.75 38,48

17. Chiel de Pooter (De Schelde, 200101355)

19:00.84(+75)

50m 00:31.56 31,56 450m 05:33.02 38,75 800m 09:57.28 37,54 1150m 14:26.23 38,37
100m 01:07.68 36,12 500m 06:10.31 37,29 850m 10:35.04 37,76 1200m 15:05.57 39,34
150m 01:44.86 37,18 550m 06:48.61 38,30 900m 11:13.68 38,64 1250m 15:44.91 39,34
200m 02:22.00 37,14 600m 07:26.37 37,76 950m 11:52.37 38,69 1300m 16:24.77 39,86
250m 02:59.75 37,75 650m 08:04.51 38,14 1000m 12:30.61 38,24 1350m 17:05.22 40,45
300m 03:37.58 37,83 700m 08:42.05 37,54 1050m 13:09.76 39,15 1400m 17:43.94 38,72
350m 04:16.07 38,49 750m 09:19.74 37,69 1100m 13:47.86 38,10 1450m 18:23.21 39,27
400m 04:54.27 38,20 800m 09:57.28 37,54 1150m 14:26.23 38,37

18. Dave van den Nieuwendijk (De Columbiaan, 200100475)

19:38.13(+79)

50m 00:31.31 31,31 450m 05:43.02 39,43 800m 10:22.93 40,63 1150m 15:01.77 38,47
100m 01:08.25 36,94 500m 06:23.09 40,07 850m 11:02.44 39,51 1200m 15:42.28 40,51
150m 01:45.78 37,53 550m 07:02.60 39,51 900m 11:43.75 41,31 1250m 16:22.11 39,83
200m 02:24.61 38,83 600m 07:42.57 39,97 950m 12:22.34 38,59 1300m 17:01.53 39,42
250m 03:03.51 38,90 650m 08:21.92 39,35 1000m 13:03.72 41,38 1350m 17:40.33 38,80
300m 03:43.42 39,91 700m 09:02.56 40,64 1050m 13:43.05 39,33 1400m 18:20.18 39,85
350m 04:23.39 39,97 750m 09:42.30 39,74 1100m 14:23.30 40,25 1450m 18:59.14 38,96
400m 05:03.59 40,20 800m 10:22.93 40,63 1150m 15:01.77 38,47

15 - 15 jaar (Junioren 4)

1. Chad Michau (DWC, 200005653)

16:35.41(+75)

50m 00:29.91 29,91 450m 04:55.77 33,49 800m 08:49.74 33,60 1150m 12:43.41 33,31
100m 01:02.49 32,58 500m 05:29.05 33,28 850m 09:23.13 33,39 1200m 13:16.83 33,42
150m 01:35.66 33,17 550m 06:02.46 33,41 900m 09:56.53 33,40 1250m 13:50.07 33,24
200m 02:08.50 32,84 600m 06:35.80 33,34 950m 10:30.03 33,50 1300m 14:23.63 33,56
250m 02:42.02 33,52 650m 07:09.42 33,62 1000m 11:03.48 33,45 1350m 14:56.85 33,22
300m 03:15.35 33,33 700m 07:42.70 33,28 1050m 11:36.91 33,43 1400m 15:29.91 33,06
350m 03:48.87 33,52 750m 08:16.14 33,44 1100m 12:10.10 33,19 1450m 16:02.92 33,01
400m 04:22.28 33,41 800m 08:49.74 33,60 1150m 12:43.41 33,31

2. David Kuipers (Orca, 200003633)

16:49.70(+72)

50m 00:29.92 29,92 450m 04:56.69 33,98 800m 08:55.58 34,40 1150m 12:55.63 34,21
100m 01:02.71 32,79 500m 05:30.51 33,82 850m 09:30.07 34,49 1200m 13:29.53 33,90
150m 01:35.72 33,01 550m 06:04.58 34,07 900m 10:04.24 34,17 1250m 14:03.99 34,46
200m 02:08.72 33,00 600m 06:38.55 33,97 950m 10:38.45 34,21 1300m 14:38.38 34,39

250m	02:42.15 33,43	650m	07:12.73 34,18	1000m	11:12.61 34,16	1350m	15:12.60 34,22
300m	03:15.58 33,43	700m	07:47.11 34,38	1050m	11:47.06 34,45	1400m	15:46.42 33,82
350m	03:49.20 33,62	750m	08:21.18 34,07	1100m	12:21.42 34,36	1450m	16:19.47 33,05
400m	04:22.71 33,51	800m	08:55.58 34,40	1150m	12:55.63 34,21		
3. Niels Hofmeijer (WS Twente, 200000699)							16:56.21(+85)
50m	00:28.89 28,89	450m	04:57.12 34,18	800m	08:57.73 34,52	1150m	13:00.13 34,65
100m	01:00.75 31,86	500m	05:31.35 34,23	850m	09:31.95 34,22	1200m	13:34.63 34,50
150m	01:33.70 32,95	550m	06:05.37 34,02	900m	10:06.51 34,56	1250m	14:08.78 34,15
200m	02:07.44 33,74	600m	06:39.53 34,16	950m	10:40.88 34,37	1300m	14:42.99 34,21
250m	02:41.04 33,60	650m	07:14.00 34,47	1000m	11:15.63 34,75	1350m	15:16.97 33,98
300m	03:15.05 34,01	700m	07:48.76 34,76	1050m	11:50.47 34,84	1400m	15:50.68 33,71
350m	03:48.69 33,64	750m	08:23.21 34,45	1100m	12:25.48 35,01	1450m	16:23.36 32,68
400m	04:22.94 34,25	800m	08:57.73 34,52	1150m	13:00.13 34,65		
4. Sten Postma (VZC E&P, 200000011)							16:57.24(+73)
50m	00:30.68 30,68	450m	05:02.67 34,15	800m	09:00.27 34,26	1150m	13:00.10 34,16
100m	01:04.33 33,65	500m	05:36.67 34,00	850m	09:34.13 33,86	1200m	13:34.56 34,46
150m	01:38.06 33,73	550m	06:10.40 33,73	900m	10:08.59 34,46	1250m	14:08.59 34,03
200m	02:12.52 34,46	600m	06:44.62 34,22	950m	10:42.41 33,82	1300m	14:43.33 34,74
250m	02:46.44 33,92	650m	07:18.01 33,39	1000m	11:17.12 34,71	1350m	15:17.43 34,10
300m	03:20.39 33,95	700m	07:52.20 34,19	1050m	11:51.20 34,08	1400m	15:51.60 34,17
350m	03:54.36 33,97	750m	08:26.01 33,81	1100m	12:25.94 34,74	1450m	16:25.30 33,70
400m	04:28.52 34,16	800m	09:00.27 34,26	1150m	13:00.10 34,16		
5. Tim Hoogerwerf (DWK, 200005587)							17:10.88(+75)
50m	00:30.74 30,74	450m	05:04.34 34,87	800m	09:07.17 34,42	1150m	13:09.78 34,77
100m	01:04.54 33,80	500m	05:39.06 34,72	850m	09:41.93 34,76	1200m	13:44.54 34,76
150m	01:38.56 34,02	550m	06:14.03 34,97	900m	10:16.27 34,34	1250m	14:19.40 34,86
200m	02:12.42 33,86	600m	06:48.51 34,48	950m	10:50.97 34,70	1300m	14:54.04 34,64
250m	02:46.90 34,48	650m	07:23.04 34,53	1000m	11:25.55 34,58	1350m	15:29.14 35,10
300m	03:20.97 34,07	700m	07:58.05 35,01	1050m	12:00.37 34,82	1400m	16:03.89 34,75
350m	03:55.33 34,36	750m	08:32.75 34,70	1100m	12:35.01 34,64	1450m	16:38.24 34,35
400m	04:29.47 34,14	800m	09:07.17 34,42	1150m	13:09.78 34,77		
6. Dennis Kamps (De Dinkel, 200000191)							17:26.12(+76)
50m	00:30.27 30,27	450m	05:07.67 34,92	800m	09:11.86 35,46	1150m	13:19.16 35,66
100m	01:04.17 33,90	500m	05:42.76 35,09	850m	09:46.69 34,83	1200m	13:54.94 35,78
150m	01:38.58 34,41	550m	06:17.26 34,50	900m	10:21.86 35,17	1250m	14:30.65 35,71
200m	02:13.06 34,48	600m	06:51.79 34,53	950m	10:57.41 35,55	1300m	15:06.51 35,86
250m	02:47.71 34,65	650m	07:26.34 34,55	1000m	11:32.77 35,36	1350m	15:42.08 35,57
300m	03:22.55 34,84	700m	08:01.55 35,21	1050m	12:08.01 35,24	1400m	16:17.92 35,84
350m	03:57.76 35,21	750m	08:36.40 34,85	1100m	12:43.50 35,49	1450m	16:52.79 34,87
400m	04:32.75 34,99	800m	09:11.86 35,46	1150m	13:19.16 35,66		
7. Nick van der Woude (ZV Haerlem, 200001391)							17:48.72(+72)
50m	00:30.39 30,39	450m	05:13.69 36,26	800m	09:26.63 35,83	1150m	13:38.66 35,94
100m	01:04.60 34,21	500m	05:50.00 36,31	850m	10:02.27 35,64	1200m	14:15.06 36,40
150m	01:39.86 35,26	550m	06:26.20 36,20	900m	10:38.47 36,20	1250m	14:51.18 36,12
200m	02:14.76 34,90	600m	07:01.98 35,78	950m	11:14.52 36,05	1300m	15:27.23 36,05
250m	02:50.53 35,77	650m	07:38.45 36,47	1000m	11:50.66 36,14	1350m	16:03.18 35,95
300m	03:25.34 34,81	700m	08:14.55 36,10	1050m	12:26.47 35,81	1400m	16:39.64 36,46
350m	04:01.33 35,99	750m	08:50.80 36,25	1100m	13:02.72 36,25	1450m	17:14.92 35,28
400m	04:37.43 36,10	800m	09:26.63 35,83	1150m	13:38.66 35,94		
8. Maikel van der Linden (Kimbria, 200003797)							17:56.04(+77)
50m	00:32.12 32,12	450m	05:22.22 35,95	800m	09:33.89 35,69	1150m	13:44.70 36,06
100m	01:08.64 36,52	500m	05:58.25 36,03	850m	10:10.05 36,16	1200m	14:20.68 35,98
150m	01:45.10 36,46	550m	06:34.26 36,01	900m	10:45.61 35,56	1250m	14:56.46 35,78
200m	02:20.82 35,72	600m	07:10.39 36,13	950m	11:20.88 35,27	1300m	15:32.57 36,11
250m	02:57.09 36,27	650m	07:46.64 36,25	1000m	11:57.05 36,17	1350m	16:09.00 36,43
300m	03:33.47 36,38	700m	08:22.39 35,75	1050m	12:32.65 35,60	1400m	16:45.15 36,15
350m	04:10.12 36,65	750m	08:58.20 35,81	1100m	13:08.64 35,99	1450m	17:20.75 35,60
400m	04:46.27 36,15	800m	09:33.89 35,69	1150m	13:44.70 36,06		
9. Arjan Dekker (ReVeLie Swim Team, 200000499)							18:08.39(+75)
50m	00:32.75 32,75	450m	05:26.27 37,67	800m	09:44.00 36,57	1150m	13:57.92 36,33
100m	01:09.95 37,20	500m	06:03.07 36,80	850m	10:19.76 35,76	1200m	14:34.31 36,39
150m	01:46.03 36,08	550m	06:40.16 37,09	900m	10:56.18 36,42	1250m	15:11.20 36,89

200m	02:21.77 35,74	600m	07:16.91 36,75	950m	11:32.96 36,78	1300m	15:46.99 35,79
250m	02:58.16 36,39	650m	07:53.70 36,79	1000m	12:08.73 35,77	1350m	16:23.08 36,09
300m	03:35.05 36,89	700m	08:30.58 36,88	1050m	12:45.58 36,85	1400m	16:58.53 35,45
350m	04:12.00 36,95	750m	09:07.43 36,85	1100m	13:21.59 36,01	1450m	17:34.00 35,47
400m	04:48.60 36,60	800m	09:44.00 36,57	1150m	13:57.92 36,33		

10. Jacob Mackloet (De Schotejil, 200001171) 18:23.40(+75)

50m	00:31.81 31,81	450m	05:31.47 37,61	800m	09:51.19 36,72	1150m	14:10.15 37,05
100m	01:07.83 36,02	500m	06:08.59 37,12	850m	10:28.15 36,96	1200m	14:46.78 36,63
150m	01:45.10 37,27	550m	06:45.99 37,40	900m	11:05.03 36,88	1250m	15:23.77 36,99
200m	02:23.10 38,00	600m	07:23.43 37,44	950m	11:42.18 37,15	1300m	16:00.20 36,43
250m	03:01.08 37,98	650m	08:00.49 37,06	1000m	12:19.22 37,04	1350m	16:36.63 36,43
300m	03:38.92 37,84	700m	08:37.55 37,06	1050m	12:56.25 37,03	1400m	17:12.83 36,20
350m	04:16.45 37,53	750m	09:14.47 36,92	1100m	13:33.10 36,85	1450m	17:48.62 35,79
400m	04:53.86 37,41	800m	09:51.19 36,72	1150m	14:10.15 37,05		

11. Jasper Breugem (WVZ, 200000303) 18:39.26(+79)

50m	00:30.48 30,48	450m	05:24.70 37,54	800m	09:48.75 37,87	1150m	14:15.30 38,12
100m	01:05.08 34,60	500m	06:01.76 37,06	850m	10:26.82 38,07	1200m	14:53.27 37,97
150m	01:41.21 36,13	550m	06:39.20 37,44	900m	11:04.45 37,63	1250m	15:31.86 38,59
200m	02:17.96 36,75	600m	07:17.10 37,90	950m	11:42.53 38,08	1300m	16:10.17 38,31
250m	02:55.45 37,49	650m	07:54.88 37,78	1000m	12:20.65 38,12	1350m	16:48.78 38,61
300m	03:32.44 36,99	700m	08:32.46 37,58	1050m	12:58.79 38,14	1400m	17:27.26 38,48
350m	04:10.01 37,57	750m	09:10.88 38,42	1100m	13:37.18 38,39	1450m	18:04.84 37,58
400m	04:47.16 37,15	800m	09:48.75 37,87	1150m	14:15.30 38,12		

12. Wouter Schmit (PSV, 200004895) 18:54.71(+69)

50m	00:33.16 33,16	450m	05:26.92 37,27	800m	09:52.85 38,28	1150m	14:25.07 38,67
100m	01:09.00 35,84	500m	06:04.43 37,51	850m	10:31.95 39,10	1200m	15:04.05 38,98
150m	01:45.16 36,16	550m	06:42.17 37,74	900m	11:10.92 38,97	1250m	15:43.28 39,23
200m	02:22.19 37,03	600m	07:19.70 37,53	950m	11:50.00 39,08	1300m	16:21.90 38,62
250m	02:58.67 36,48	650m	07:57.85 38,15	1000m	12:28.67 38,67	1350m	17:01.44 39,54
300m	03:35.94 37,27	700m	08:36.34 38,49	1050m	13:07.69 39,02	1400m	17:39.86 38,42
350m	04:12.38 36,44	750m	09:14.57 38,23	1100m	13:46.40 38,71	1450m	18:17.95 38,09
400m	04:49.65 37,27	800m	09:52.85 38,28	1150m	14:25.07 38,67		

13. Joost Geerdink (De Waalstroom, 200002467) 18:54.80(+76)

50m	00:32.36 32,36	450m	05:36.48 37,75	800m	10:05.10 38,66	1150m	14:32.18 38,47
100m	01:09.70 37,34	500m	06:14.58 38,10	850m	10:43.61 38,51	1200m	15:10.40 38,22
150m	01:47.62 37,92	550m	06:52.88 38,30	900m	11:21.49 37,88	1250m	15:47.91 37,51
200m	02:26.00 38,38	600m	07:31.44 38,56	950m	11:59.44 37,95	1300m	16:25.82 37,91
250m	03:04.19 38,19	650m	08:09.66 38,22	1000m	12:37.65 38,21	1350m	17:03.75 37,93
300m	03:42.66 38,47	700m	08:47.72 38,06	1050m	13:15.65 38,00	1400m	17:41.58 37,83
350m	04:20.65 37,99	750m	09:26.44 38,72	1100m	13:53.71 38,06	1450m	18:18.64 37,06
400m	04:58.73 38,08	800m	10:05.10 38,66	1150m	14:32.18 38,47		

14. Bjarne Langkamp (Aqua-Novio'94, 200002723) 19:00.37(+83)

50m	00:31.07 31,07	450m	05:31.97 38,29	800m	10:03.48 38,32	1150m	14:34.16 38,90
100m	01:06.30 35,23	500m	06:10.47 38,50	850m	10:42.09 38,61	1200m	15:12.08 37,92
150m	01:43.36 37,06	550m	06:49.41 38,94	900m	11:20.70 38,61	1250m	15:50.75 38,67
200m	02:20.98 37,62	600m	07:28.24 38,83	950m	11:59.31 38,61	1300m	16:29.00 38,25
250m	02:59.06 38,08	650m	08:07.24 39,00	1000m	12:38.10 38,79	1350m	17:08.26 39,26
300m	03:36.95 37,89	700m	08:46.33 39,09	1050m	13:16.43 38,33	1400m	17:46.51 38,25
350m	04:15.40 38,45	750m	09:25.16 38,83	1100m	13:55.26 38,83	1450m	18:23.99 37,48
400m	04:53.68 38,28	800m	10:03.48 38,32	1150m	14:34.16 38,90		

NJJK lange baan 2016 sessie 6 - zaterdag 18 juni 2016 om 16:00u (50 m)

Aanvangstijd juryvergadering: 15:00u

88. 100m rugslag - Dames

14 - 15 jaar (Jeugd 1 en 2)

1. LouLou Janssen (RTC - De Columbiaan, 200100132) 01:04.98(+64)
50m 00:30.78 30,78

2. Frouke Beeksma (TriVia, 200000346) 01:05.32(+71)
50m 00:31.42 31,42

3. Indy Jonaman (RTC - PSV, 200100528) 01:05.35(+65)

50m 00:31.89 31,89

4. Brigit van der Vegte (Octopus, 200000714) 01:07.10(+76)
50m 00:32.96 32,96
5. Jasmijn Boon (RTC - WVZ, 200001280) 01:07.80(+80)
50m 00:33.02 33,02
6. Eline van der Wal (HZ&PC Heerenveen, 200100930) 01:08.11(+63)
50m 00:33.38 33,38
7. Marit Boxum (Deltasteur, 200000068) 01:08.27(+78)
50m 00:33.02 33,02
8. Mathilde Stolmeijer (De Dinkel, 200100590) 01:09.07(+70)
50m 00:34.05 34,05

289. 100m rugslag - Dames

11 - 15 jaar (Jeugd 2 en later)

1. Lisa Kruger (NTC PARA-ZPC AMERSFOORT, 200005304) [S10] 01:10.90(+71)
50m 00:34.28 34,28
2. Sanne Hofman (NTC PARA-ZPC Hoogeveen, 200102154) [S13] 01:17.20(+78)
50m 00:37.39 37,39
3. Liesette Bruinsma (NTC PARA-HZ&PC Heerenveen, 200004346) [S11] 01:31.04(+59)
50m 00:44.32 44,32
4. Sterre Veerman (Ed-Vo, 200003544) [S13] 01:19.11(+66)
50m 00:39.56 39,56
5. Inge Belfor (NTC PARA-De Columbiaan, 200100578) [S10] 01:20.25(+64)
50m 00:39.18 39,18
6. Amber van der Kruk (MSV-Zeemacht, 200102730) [S14] 01:23.35(+63)
50m 00:40.13 40,13
7. Jonne Moleman (AZC, 200006264) [S10] 01:24.86(+93)
50m 00:40.92 40,92
8. Deborah Visser (De Duinkickers, 200102666) [S10] 01:29.33(+68)
50m 00:42.35 42,35

93. 1500m vrije slag - Heren

117. 1500m vrije slag - Heren

12 - 12 jaar (Junioren 1)

1. Mike Gerritsen (Platella, 200304013) 18:48.82(+94)
50m 00:32.11 32,11 450m 05:28.18 37,45 800m 09:53.95 38,47 1150m 14:24.23 38,63
100m 01:08.23 36,12 500m 06:05.84 37,66 850m 10:32.78 38,83 1200m 15:02.60 38,37
150m 01:45.21 36,98 550m 06:43.47 37,63 900m 11:11.22 38,44 1250m 15:41.29 38,69
200m 02:22.13 36,92 600m 07:21.92 38,45 950m 11:50.36 39,14 1300m 16:19.74 38,45
250m 02:59.17 37,04 650m 07:59.47 37,55 1000m 12:28.42 38,06 1350m 16:58.32 38,58
300m 03:36.37 37,20 700m 08:37.26 37,79 1050m 13:07.20 38,78 1400m 17:36.43 38,11
350m 04:13.44 37,07 750m 09:15.48 38,22 1100m 13:45.60 38,40 1450m 18:13.73 37,30
400m 04:50.73 37,29 800m 09:53.95 38,47 1150m 14:24.23 38,63
2. Rens van Beek (Aqua-Novio'94, 200300537) 19:05.69(+66)
50m 00:31.47 31,47 450m 05:38.24 39,77 800m 10:11.83 38,81 1150m 14:43.77 38,72
100m 01:07.75 36,28 500m 06:17.45 39,21 850m 10:51.24 39,41 1200m 15:22.75 38,98
150m 01:45.49 37,74 550m 06:56.48 39,03 900m 11:29.85 38,61 1250m 16:01.64 38,89
200m 02:23.81 38,32 600m 07:35.92 39,44 950m 12:09.21 39,36 1300m 16:40.52 38,88
250m 03:02.06 38,25 650m 08:15.56 39,64 1000m 12:47.61 38,40 1350m 17:18.46 37,94
300m 03:40.50 38,44 700m 08:54.14 38,58 1050m 13:26.33 38,72 1400m 17:56.46 38,00
350m 04:19.23 38,73 750m 09:33.02 38,88 1100m 14:05.05 38,72 1450m 18:31.97 35,51
400m 04:58.47 39,24 800m 10:11.83 38,81 1150m 14:43.77 38,72
3. Milan Hamel (The Hague Swimming (SG), 200302125) 19:14.79(+69)
50m 00:35.96 35,96 450m 05:52.90 39,01 800m 10:26.98 38,83 1150m 14:56.00 37,74
100m 01:15.70 39,74 500m 06:31.91 39,01 850m 11:06.12 39,14 1200m 15:33.56 37,56
150m 01:55.71 40,01 550m 07:11.37 39,46 900m 11:44.83 38,71 1250m 16:11.15 37,59

200m 02:35.46 39,75	600m 07:50.47 39,10	950m 12:23.41 38,58	1300m 16:48.46 37,31
250m 03:15.67 40,21	650m 08:29.87 39,40	1000m 13:01.82 38,41	1350m 17:25.64 37,18
300m 03:55.19 39,52	700m 09:08.82 38,95	1050m 13:40.17 38,35	1400m 18:03.22 37,58
350m 04:34.75 39,56	750m 09:48.15 39,33	1100m 14:18.26 38,09	1450m 18:39.93 36,71
400m 05:13.89 39,14	800m 10:26.98 38,83	1150m 14:56.00 37,74	

4. Rijk Heere (ZPC AMERSFOORT, 200300897)

19:25.00(+76)

50m 00:33.58 33,58	450m 05:49.45 40,30	800m 10:27.73 39,76	1150m 15:02.50 39,45
100m 01:11.72 38,14	500m 06:29.02 39,57	850m 11:07.31 39,58	1200m 15:41.05 38,55
150m 01:50.84 39,12	550m 07:09.07 40,05	900m 11:46.77 39,46	1250m 16:19.52 38,47
200m 02:30.01 39,17	600m 07:48.80 39,73	950m 12:26.41 39,64	1300m 16:58.02 38,50
250m 03:10.32 40,31	650m 08:28.27 39,47	1000m 13:05.66 39,25	1350m 17:36.32 38,30
300m 03:50.08 39,76	700m 09:07.85 39,58	1050m 13:44.93 39,27	1400m 18:14.38 38,06
350m 04:29.72 39,64	750m 09:47.97 40,12	1100m 14:23.05 38,12	1450m 18:51.05 36,67
400m 05:09.15 39,43	800m 10:27.73 39,76	1150m 15:02.50 39,45	

5. Jeffrey Huynh (VZC E&P, 200300145)

19:31.03(+72)

50m 00:35.80 35,80	450m 05:48.56 38,65	800m 10:22.52 39,06	1150m 14:58.79 39,68
100m 01:13.80 38,00	500m 06:27.36 38,80	850m 11:02.24 39,72	1200m 15:38.74 39,95
150m 01:53.83 40,03	550m 07:07.04 39,68	900m 11:41.58 39,34	1250m 16:17.65 38,91
200m 02:34.19 40,36	600m 07:46.02 38,98	950m 12:20.97 39,39	1300m 16:57.14 39,49
250m 03:13.16 38,97	650m 08:25.10 39,08	1000m 13:00.47 39,50	1350m 17:36.73 39,59
300m 03:52.26 39,10	700m 09:04.24 39,14	1050m 13:39.87 39,40	1400m 18:15.57 38,84
350m 04:31.06 38,80	750m 09:43.46 39,22	1100m 14:19.11 39,24	1450m 18:53.63 38,06
400m 05:09.91 38,85	800m 10:22.52 39,06	1150m 14:58.79 39,68	

6. Joey de Groot (De Aalscholver, 200303587)

19:32.41(+72)

50m 00:33.51 33,51	450m 05:45.21 39,89	800m 10:22.30 39,25	1150m 15:01.49 39,79
100m 01:10.38 36,87	500m 06:24.29 39,08	850m 11:02.35 40,05	1200m 15:40.85 39,36
150m 01:49.30 38,92	550m 07:03.73 39,44	900m 11:42.13 39,78	1250m 16:21.14 40,29
200m 02:28.10 38,80	600m 07:43.34 39,61	950m 12:22.52 40,39	1300m 17:01.33 40,19
250m 03:07.98 39,88	650m 08:23.25 39,91	1000m 13:02.05 39,53	1350m 17:41.37 40,04
300m 03:47.14 39,16	700m 09:02.71 39,46	1050m 13:41.60 39,55	1400m 18:19.84 38,47
350m 04:26.69 39,55	750m 09:43.05 40,34	1100m 14:21.70 40,10	1450m 18:57.21 37,37
400m 05:05.32 38,63	800m 10:22.30 39,25	1150m 15:01.49 39,79	

7. Sam van der Stroom (PSV, 200304409)

19:46.25(+68)

50m 00:36.12 36,12	450m 05:55.01 39,78	800m 10:34.27 39,37	1150m 15:11.17 38,69
100m 01:15.93 39,81	500m 06:35.31 40,30	850m 11:13.95 39,68	1200m 15:50.70 39,53
150m 01:55.97 40,04	550m 07:15.34 40,03	900m 11:53.74 39,79	1250m 16:30.42 39,72
200m 02:35.90 39,93	600m 07:54.97 39,63	950m 12:33.56 39,82	1300m 17:09.90 39,48
250m 03:16.04 40,14	650m 08:34.80 39,83	1000m 13:12.88 39,32	1350m 17:49.53 39,63
300m 03:55.87 39,83	700m 09:14.65 39,85	1050m 13:52.62 39,74	1400m 18:29.03 39,50
350m 04:35.61 39,74	750m 09:54.90 40,25	1100m 14:32.48 39,86	1450m 19:08.35 39,32
400m 05:15.23 39,62	800m 10:34.27 39,37	1150m 15:11.17 38,69	

8. Mika Heskamp (De Dinkel, 200300339)

19:51.05(+76)

50m 00:34.81 34,81	450m 05:52.15 40,45	800m 10:30.86 39,68	1150m 15:10.98 40,24
100m 01:13.74 38,93	500m 06:31.61 39,46	850m 11:10.93 40,07	1200m 15:51.04 40,06
150m 01:53.62 39,88	550m 07:12.09 40,48	900m 11:50.35 39,42	1250m 16:31.44 40,40
200m 02:32.65 39,03	600m 07:51.84 39,75	950m 12:30.63 40,28	1300m 17:11.89 40,45
250m 03:12.88 40,23	650m 08:31.63 39,79	1000m 13:09.99 39,36	1350m 17:52.21 40,32
300m 03:52.22 39,34	700m 09:11.10 39,47	1050m 13:50.17 40,18	1400m 18:32.35 40,14
350m 04:32.29 40,07	750m 09:51.18 40,08	1100m 14:30.74 40,57	1450m 19:12.84 40,49
400m 05:11.70 39,41	800m 10:30.86 39,68	1150m 15:10.98 40,24	

9. Daan Hogerhuis (Alkemade, 200300317)

20:17.16(+68)

50m 00:35.22 35,22	450m 06:05.43 41,33	800m 10:53.22 40,89	1150m 15:39.24 40,76
100m 01:14.96 39,74	500m 06:46.17 40,74	850m 11:34.21 40,99	1200m 16:19.48 40,24
150m 01:56.55 41,59	550m 07:27.48 41,31	900m 12:15.10 40,89	1250m 17:00.12 40,64
200m 02:37.27 40,72	600m 08:08.66 41,18	950m 12:56.41 41,31	1300m 17:40.43 40,31
250m 03:19.10 41,83	650m 08:49.83 41,17	1000m 13:36.67 40,26	1350m 18:20.37 39,94
300m 04:01.11 42,01	700m 09:31.02 41,19	1050m 14:17.27 40,60	1400m 19:00.17 39,80
350m 04:42.41 41,30	750m 10:12.33 41,31	1100m 14:58.48 41,21	1450m 19:40.08 39,91
400m 05:24.10 41,69	800m 10:53.22 40,89	1150m 15:39.24 40,76	

10. Sam van der Drift (VZC E&P, 200301485)

20:26.66(+97)

50m 00:35.33 35,33	450m 06:09.00 40,94	800m 10:59.02 41,38	1150m 15:47.72 41,61
100m 01:16.54 41,21	500m 06:49.07 40,07	850m 11:41.16 42,14	1200m 16:28.48 40,76

150m	01:58.53 41,99	550m	07:30.64 41,57	900m	12:21.21 40,05	1250m	17:09.17 40,69
200m	02:40.23 41,70	600m	08:11.91 41,27	950m	13:02.51 41,30	1300m	17:50.30 41,13
250m	03:22.77 42,54	650m	08:53.96 42,05	1000m	13:44.11 41,60	1350m	18:30.42 40,12
300m	04:03.75 40,98	700m	09:35.01 41,05	1050m	14:24.67 40,56	1400m	19:11.26 40,84
350m	04:46.86 43,11	750m	10:17.64 42,63	1100m	15:06.11 41,44	1450m	19:48.90 37,64
400m	05:28.06 41,20	800m	10:59.02 41,38	1150m	15:47.72 41,61		

11. Carlos Bakker-Noguer (The Hague Swimming (SG), 200304119) 20:35.14(+72)

50m	00:35.40 35,40	450m	06:06.87 42,41	800m	10:57.14 41,60	1150m	15:49.69 41,59
100m	01:15.90 40,50	500m	06:48.15 41,28	850m	11:39.02 41,88	1200m	16:31.85 42,16
150m	01:56.93 41,03	550m	07:30.47 42,32	900m	12:20.61 41,59	1250m	17:13.17 41,32
200m	02:37.67 40,74	600m	08:12.04 41,57	950m	13:02.14 41,53	1300m	17:54.37 41,20
250m	03:18.77 41,10	650m	08:54.04 42,00	1000m	13:44.18 42,04	1350m	18:35.41 41,04
300m	04:00.79 42,02	700m	09:35.17 41,13	1050m	14:26.61 42,43	1400m	19:15.58 40,17
350m	04:42.98 42,19	750m	10:15.54 40,37	1100m	15:08.10 41,49	1450m	19:55.59 40,01
400m	05:24.46 41,48	800m	10:57.14 41,60	1150m	15:49.69 41,59		

12. Laren Schavemaker (The Hague Swimming (SG), 200300607) 20:56.35(+73)

50m	00:35.14 35,14	450m	06:18.68 42,88	800m	11:21.09 43,04	1150m	16:14.92 41,33
100m	01:17.55 42,41	500m	07:01.69 43,01	850m	12:04.00 42,91	1200m	16:55.60 40,68
150m	02:00.53 42,98	550m	07:45.05 43,36	900m	12:46.99 42,99	1250m	17:36.53 40,93
200m	02:44.68 44,15	600m	08:27.88 42,83	950m	13:29.46 42,47	1300m	18:17.81 41,28
250m	03:27.89 43,21	650m	09:11.20 43,32	1000m	14:11.08 41,62	1350m	18:58.56 40,75
300m	04:10.59 42,70	700m	09:54.38 43,18	1050m	14:52.54 41,46	1400m	19:39.16 40,60
350m	04:53.15 42,56	750m	10:38.05 43,67	1100m	15:33.59 41,05	1450m	20:18.23 39,07
400m	05:35.80 42,65	800m	11:21.09 43,04	1150m	16:14.92 41,33		

13 - 13 jaar (Junioren 2)

1. Maurice Pater (TriVia, 200200909) 18:03.56(+78)

50m	00:30.97 30,97	450m	05:19.39 36,64	800m	09:35.62 36,69	1150m	13:52.06 36,57
100m	01:06.00 35,03	500m	05:56.21 36,82	850m	10:12.26 36,64	1200m	14:28.57 36,51
150m	01:41.45 35,45	550m	06:32.89 36,68	900m	10:49.16 36,90	1250m	15:05.26 36,69
200m	02:17.94 36,49	600m	07:09.47 36,58	950m	11:26.05 36,89	1300m	15:42.17 36,91
250m	02:54.23 36,29	650m	07:46.14 36,67	1000m	12:02.75 36,70	1350m	16:18.21 36,04
300m	03:30.36 36,13	700m	08:22.11 35,97	1050m	12:38.86 36,11	1400m	16:54.49 36,28
350m	04:06.57 36,21	750m	08:58.93 36,82	1100m	13:15.49 36,63	1450m	17:29.68 35,19
400m	04:42.75 36,18	800m	09:35.62 36,69	1150m	13:52.06 36,57		

2. Timo Spaans (PSV, 200201087) 18:15.48(+74)

50m	00:31.75 31,75	450m	05:21.49 36,49	800m	09:38.40 36,83	1150m	13:57.45 37,13
100m	01:07.37 35,62	500m	05:58.09 36,60	850m	10:15.44 37,04	1200m	14:34.76 37,31
150m	01:43.35 35,98	550m	06:34.94 36,85	900m	10:52.23 36,79	1250m	15:11.84 37,08
200m	02:19.35 36,00	600m	07:11.35 36,41	950m	11:29.13 36,90	1300m	15:48.84 37,00
250m	02:55.40 36,05	650m	07:48.05 36,70	1000m	12:06.21 37,08	1350m	16:26.27 37,43
300m	03:32.07 36,67	700m	08:24.67 36,62	1050m	12:43.38 37,17	1400m	17:03.56 37,29
350m	04:08.75 36,68	750m	09:01.57 36,90	1100m	13:20.32 36,94	1450m	17:40.67 37,11
400m	04:45.00 36,25	800m	09:38.40 36,83	1150m	13:57.45 37,13		

3. Brandon van den Berg (Poseidon'56, 200200669) 18:22.09(+80)

50m	00:31.41 31,41	450m	05:25.62 36,93	800m	09:43.62 36,70	1150m	14:03.58 36,93
100m	01:07.38 35,97	500m	06:02.60 36,98	850m	10:20.87 37,25	1200m	14:40.71 37,13
150m	01:44.33 36,95	550m	06:39.44 36,84	900m	10:57.67 36,80	1250m	15:18.54 37,83
200m	02:20.63 36,30	600m	07:16.50 37,06	950m	11:34.85 37,18	1300m	15:56.39 37,85
250m	02:57.64 37,01	650m	07:53.13 36,63	1000m	12:11.91 37,06	1350m	16:34.32 37,93
300m	03:34.80 37,16	700m	08:29.91 36,78	1050m	12:49.33 37,42	1400m	17:11.47 37,15
350m	04:11.71 36,91	750m	09:06.92 37,01	1100m	13:26.65 37,32	1450m	17:48.22 36,75
400m	04:48.69 36,98	800m	09:43.62 36,70	1150m	14:03.58 36,93		

4. Anthony Huynh (VZC E&P, 200200605) 18:22.72(+75)

50m	00:32.01 32,01	450m	05:27.77 37,37	800m	09:50.43 38,12	1150m	14:10.75 37,34
100m	01:08.10 36,09	500m	06:05.75 37,98	850m	10:27.81 37,38	1200m	14:47.42 36,67
150m	01:44.96 36,86	550m	06:43.98 38,23	900m	11:05.54 37,73	1250m	15:24.27 36,85
200m	02:22.26 37,30	600m	07:21.64 37,66	950m	11:42.42 36,88	1300m	16:00.49 36,22
250m	02:59.17 36,91	650m	07:58.12 36,48	1000m	12:19.58 37,16	1350m	16:36.81 36,32
300m	03:35.90 36,73	700m	08:35.14 37,02	1050m	12:56.24 36,66	1400m	17:13.46 36,65
350m	04:13.07 37,17	750m	09:12.31 37,17	1100m	13:33.41 37,17	1450m	17:48.91 35,45
400m	04:50.40 37,33	800m	09:50.43 38,12	1150m	14:10.75 37,34		

5. Luc van Eijndhoven (Argo, 200200139) 18:23.34(+74)

50m	00:32.85 32,85	450m	05:26.71 36,98	800m	09:45.90 37,10	1150m	14:06.96 37,63
100m	01:09.57 36,72	500m	06:03.86 37,15	850m	10:23.28 37,38	1200m	14:44.00 37,04
150m	01:46.62 37,05	550m	06:40.80 36,94	900m	11:00.26 36,98	1250m	15:21.71 37,71
200m	02:22.65 36,03	600m	07:18.04 37,24	950m	11:37.64 37,38	1300m	15:59.01 37,30
250m	02:59.39 36,74	650m	07:54.85 36,81	1000m	12:14.72 37,08	1350m	16:36.59 37,58
300m	03:36.16 36,77	700m	08:31.84 36,99	1050m	12:52.29 37,57	1400m	17:13.88 37,29
350m	04:12.96 36,80	750m	09:08.80 36,96	1100m	13:29.33 37,04	1450m	17:50.40 36,52
400m	04:49.73 36,77	800m	09:45.90 37,10	1150m	14:06.96 37,63		

6. Jarno Koster (Aqua-Novio'94, 200200637)

18:34.96(+79)

50m	00:32.83 32,83	450m	05:23.41 36,58	800m	09:44.46 37,85	1150m	14:09.58 37,89
100m	01:08.78 35,95	500m	06:00.46 37,05	850m	10:21.86 37,40	1200m	14:48.10 38,52
150m	01:44.98 36,20	550m	06:37.87 37,41	900m	10:59.32 37,46	1250m	15:26.61 38,51
200m	02:21.06 36,08	600m	07:15.06 37,19	950m	11:37.45 38,13	1300m	16:05.01 38,40
250m	02:57.32 36,26	650m	07:52.32 37,26	1000m	12:15.30 37,85	1350m	16:42.86 37,85
300m	03:33.87 36,55	700m	08:29.43 37,11	1050m	12:53.71 38,41	1400m	17:20.93 38,07
350m	04:10.31 36,44	750m	09:06.61 37,18	1100m	13:31.69 37,98	1450m	17:58.27 37,34
400m	04:46.83 36,52	800m	09:44.46 37,85	1150m	14:09.58 37,89		

7. Makai van Haren (De Forel, 200200627)

18:44.87(+64)

50m	00:32.12 32,12	450m	05:29.34 38,04	800m	09:53.28 37,30	1150m	14:21.48 38,14
100m	01:07.72 35,60	500m	06:07.34 38,00	850m	10:31.54 38,26	1200m	14:59.91 38,43
150m	01:44.72 37,00	550m	06:44.32 36,98	900m	11:09.99 38,45	1250m	15:38.03 38,12
200m	02:22.44 37,72	600m	07:21.82 37,50	950m	11:49.03 39,04	1300m	16:16.58 38,55
250m	02:59.15 36,71	650m	07:59.60 37,78	1000m	12:27.41 38,38	1350m	16:54.71 38,13
300m	03:36.13 36,98	700m	08:37.18 37,58	1050m	13:04.69 37,28	1400m	17:32.24 37,53
350m	04:13.24 37,11	750m	09:15.98 38,80	1100m	13:43.34 38,65	1450m	18:08.84 36,60
400m	04:51.30 38,06	800m	09:53.28 37,30	1150m	14:21.48 38,14		

8. Raoul Witten (ZPC Hooerveen, 200200231)

18:48.41(+68)

50m	00:33.13 33,13	450m	05:32.45 38,20	800m	09:58.98 38,07	1150m	14:25.61 38,69
100m	01:09.39 36,26	500m	06:09.90 37,45	850m	10:37.16 38,18	1200m	15:03.31 37,70
150m	01:47.02 37,63	550m	06:48.13 38,23	900m	11:14.91 37,75	1250m	15:41.92 38,61
200m	02:24.04 37,02	600m	07:25.96 37,83	950m	11:53.11 38,20	1300m	16:19.44 37,52
250m	03:02.04 38,00	650m	08:04.27 38,31	1000m	12:30.84 37,73	1350m	16:57.43 37,99
300m	03:39.44 37,40	700m	08:42.40 38,13	1050m	13:09.10 38,26	1400m	17:34.95 37,52
350m	04:17.18 37,74	750m	09:20.91 38,51	1100m	13:46.92 37,82	1450m	18:12.28 37,33
400m	04:54.25 37,07	800m	09:58.98 38,07	1150m	14:25.61 38,69		

9. Tom Blankestijn (ZPC AMERSFOORT, 200201185)

18:56.73(+85)

50m	00:32.37 32,37	450m	05:31.99 37,71	800m	09:57.40 38,35	1150m	14:27.08 38,71
100m	01:08.14 35,77	500m	06:09.50 37,51	850m	10:35.60 38,20	1200m	15:05.84 38,76
150m	01:45.28 37,14	550m	06:47.44 37,94	900m	11:14.49 38,89	1250m	15:44.48 38,64
200m	02:22.97 37,69	600m	07:25.61 38,17	950m	11:53.11 38,62	1300m	16:22.92 38,44
250m	03:00.92 37,95	650m	08:03.30 37,69	1000m	12:31.82 38,71	1350m	17:01.74 38,82
300m	03:38.58 37,66	700m	08:42.19 38,89	1050m	13:09.88 38,06	1400m	17:41.09 39,35
350m	04:16.11 37,53	750m	09:19.05 36,86	1100m	13:48.37 38,49	1450m	18:19.36 38,27
400m	04:54.28 38,17	800m	09:57.40 38,35	1150m	14:27.08 38,71		

10. Wessel Stupers (PSV, 200203541)

19:08.74(+71)

50m	00:32.82 32,82	450m	05:34.99 38,09	800m	10:06.97 38,53	1150m	14:40.05 38,76
100m	01:08.99 36,17	500m	06:13.57 38,58	850m	10:44.69 37,72	1200m	15:18.94 38,89
150m	01:46.77 37,78	550m	06:52.14 38,57	900m	11:23.81 39,12	1250m	15:58.61 39,67
200m	02:24.10 37,33	600m	07:31.24 39,10	950m	12:03.68 39,87	1300m	16:38.56 39,95
250m	03:02.86 38,76	650m	08:10.02 38,78	1000m	12:42.99 39,31	1350m	17:17.46 38,90
300m	03:40.04 37,18	700m	08:49.21 39,19	1050m	13:23.60 40,61	1400m	17:55.74 38,28
350m	04:18.74 38,70	750m	09:28.44 39,23	1100m	14:01.29 37,69	1450m	18:32.78 37,04
400m	04:56.90 38,16	800m	10:06.97 38,53	1150m	14:40.05 38,76		

11. Finn Vos (De Dolfijn, 200200665)

19:08.78(+65)

50m	00:33.63 33,63	450m	05:43.66 38,49	800m	10:17.49 38,39	1150m	14:48.98 37,12
100m	01:11.03 37,40	500m	06:23.39 39,73	850m	10:56.99 39,50	1200m	15:26.98 38,00
150m	01:50.05 39,02	550m	07:02.02 38,63	900m	11:36.29 39,30	1250m	16:04.91 37,93
200m	02:29.25 39,20	600m	07:41.38 39,36	950m	12:14.59 38,30	1300m	16:43.72 38,81
250m	03:08.04 38,79	650m	08:19.76 38,38	1000m	12:53.63 39,04	1350m	17:21.41 37,69
300m	03:46.65 38,61	700m	08:59.42 39,66	1050m	13:33.06 39,43	1400m	17:59.36 37,95
350m	04:25.98 39,33	750m	09:39.10 39,68	1100m	14:11.86 38,80	1450m	18:35.44 36,08
400m	05:05.17 39,19	800m	10:17.49 38,39	1150m	14:48.98 37,12		

12. Jelmer North (Nuenen, 200200617)				19:10.58(+74)
50m 00:34.41 34,41	450m 05:44.53 39,30	800m 10:16.84 38,33	1150m 14:47.20 39,26	
100m 01:11.67 37,26	500m 06:23.77 39,24	850m 10:55.66 38,82	1200m 15:25.80 38,60	
150m 01:50.83 39,16	550m 07:03.03 39,26	900m 11:34.20 38,54	1250m 16:04.18 38,38	
200m 02:29.07 38,24	600m 07:41.88 38,85	950m 12:12.55 38,35	1300m 16:42.68 38,50	
250m 03:08.21 39,14	650m 08:20.63 38,75	1000m 12:50.89 38,34	1350m 17:20.33 37,65	
300m 03:47.05 38,84	700m 08:59.40 38,77	1050m 13:29.34 38,45	1400m 17:57.68 37,35	
350m 04:26.33 39,28	750m 09:38.51 39,11	1100m 14:07.94 38,60	1450m 18:34.80 37,12	
400m 05:05.23 38,90	800m 10:16.84 38,33	1150m 14:47.20 39,26		
13. Cas Jansen (The Hague Swimming (SG), 200203263)				19:24.78(+65)
50m 00:34.17 34,17	450m 05:48.03 39,90	800m 10:22.82 38,93	1150m 14:55.69 38,77	
100m 01:12.09 37,92	500m 06:26.96 38,93	850m 11:02.69 39,87	1200m 15:34.16 38,47	
150m 01:51.74 39,65	550m 07:06.91 39,95	900m 11:41.98 39,29	1250m 16:13.27 39,11	
200m 02:30.93 39,19	600m 07:45.84 38,93	950m 12:21.72 39,74	1300m 16:51.89 38,62	
250m 03:10.56 39,63	650m 08:25.92 40,08	1000m 13:01.00 39,28	1350m 17:30.27 38,38	
300m 03:49.82 39,26	700m 09:04.75 38,83	1050m 13:38.68 37,68	1400m 18:09.27 39,00	
350m 04:29.00 39,18	750m 09:43.89 39,14	1100m 14:16.92 38,24	1450m 18:48.01 38,74	
400m 05:08.13 39,13	800m 10:22.82 38,93	1150m 14:55.69 38,77		
14. Gjalt Panjer (Aquapoldro, 200201943)				19:28.33(+92)
50m 00:33.73 33,73	450m 05:45.20 39,70	800m 10:20.85 38,55	1150m 14:58.06 39,49	
100m 01:11.59 37,86	500m 06:24.27 39,07	850m 11:00.81 39,96	1200m 15:37.83 39,77	
150m 01:50.17 38,58	550m 07:04.19 39,92	900m 11:40.33 39,52	1250m 16:16.63 38,80	
200m 02:28.91 38,74	600m 07:42.83 38,64	950m 12:20.06 39,73	1300m 16:56.02 39,39	
250m 03:08.11 39,20	650m 08:22.66 39,83	1000m 12:59.59 39,53	1350m 17:34.93 38,91	
300m 03:47.13 39,02	700m 09:02.32 39,66	1050m 13:39.85 40,26	1400m 18:14.05 39,12	
350m 04:26.43 39,30	750m 09:42.30 39,98	1100m 14:18.57 38,72	1450m 18:52.74 38,69	
400m 05:05.50 39,07	800m 10:20.85 38,55	1150m 14:58.06 39,49		
15. Sem de Goei (WS Twente, 200200029)				19:35.80(+94)
50m 00:31.78 31,78	450m 05:40.98 39,77	800m 10:15.80 39,84	1150m 14:54.33 41,19	
100m 01:09.22 37,44	500m 06:21.73 40,75	850m 10:55.48 39,68	1200m 15:35.78 41,45	
150m 01:47.44 38,22	550m 06:59.09 37,36	900m 11:34.73 39,25	1250m 16:17.33 41,55	
200m 02:24.83 37,39	600m 07:38.26 39,17	950m 12:14.81 40,08	1300m 16:58.83 41,50	
250m 03:02.90 38,07	650m 08:17.91 39,65	1000m 12:55.69 40,88	1350m 17:38.02 39,19	
300m 03:41.82 38,92	700m 08:55.70 37,79	1050m 13:33.84 38,15	1400m 18:20.18 42,16	
350m 04:21.85 40,03	750m 09:35.96 40,26	1100m 14:13.14 39,30	1450m 19:00.61 40,43	
400m 05:01.21 39,36	800m 10:15.80 39,84	1150m 14:54.33 41,19		
16. Viktor Koets (LZ 1886, 200201677)				19:40.65(+78)
50m 00:33.03 33,03	450m 05:55.57 41,65	800m 10:40.80 40,87	1150m 15:19.35 39,86	
100m 01:11.20 38,17	500m 06:36.91 41,34	850m 11:20.93 40,13	1200m 15:57.13 37,78	
150m 01:50.28 39,08	550m 07:16.75 39,84	900m 11:59.49 38,56	1250m 16:35.32 38,19	
200m 02:30.65 40,37	600m 07:57.44 40,69	950m 12:39.57 40,08	1300m 17:13.24 37,92	
250m 03:11.13 40,48	650m 08:38.60 41,16	1000m 13:19.89 40,32	1350m 17:51.65 38,41	
300m 03:51.27 40,14	700m 09:17.99 39,39	1050m 13:59.82 39,93	1400m 18:28.47 36,82	
350m 04:32.30 41,03	750m 09:59.93 41,94	1100m 14:39.49 39,67	1450m 19:05.32 36,85	
400m 05:13.92 41,62	800m 10:40.80 40,87	1150m 15:19.35 39,86		
17. Guus Hoogduin (LZ 1886, 200201069)				19:41.11(+75)
50m 00:33.22 33,22	450m 05:45.33 40,30	800m 10:23.48 39,74	1150m 15:02.61 39,67	
100m 01:10.28 37,06	500m 06:24.72 39,39	850m 11:03.59 40,11	1200m 15:42.81 40,20	
150m 01:49.08 38,80	550m 07:04.34 39,62	900m 11:43.48 39,89	1250m 16:22.97 40,16	
200m 02:27.26 38,18	600m 07:43.66 39,32	950m 12:23.08 39,60	1300m 17:03.70 40,73	
250m 03:07.48 40,22	650m 08:23.47 39,81	1000m 13:02.87 39,79	1350m 17:43.00 39,30	
300m 03:46.49 39,01	700m 09:03.79 40,32	1050m 13:42.86 39,99	1400m 18:23.32 40,32	
350m 04:25.02 38,53	750m 09:43.74 39,95	1100m 14:22.94 40,08	1450m 19:03.25 39,93	
400m 05:05.03 40,01	800m 10:23.48 39,74	1150m 15:02.61 39,67		
18. Luka Bouwman (PSV, 200201119)				19:53.33(+68)
50m 00:34.71 34,71	450m 05:52.19 40,29	800m 10:33.14 40,15	1150m 15:14.09 39,87	
100m 01:13.26 38,55	500m 06:32.33 40,14	850m 11:13.27 40,13	1200m 15:54.24 40,15	
150m 01:53.09 39,83	550m 07:12.02 39,69	900m 11:53.55 40,28	1250m 16:34.87 40,63	
200m 02:32.94 39,85	600m 07:52.09 40,07	950m 12:33.81 40,26	1300m 17:15.45 40,58	
250m 03:12.85 39,91	650m 08:32.24 40,15	1000m 13:13.94 40,13	1350m 17:55.79 40,34	
300m 03:52.40 39,55	700m 09:12.83 40,59	1050m 13:54.14 40,20	1400m 18:35.91 40,12	
350m 04:32.18 39,78	750m 09:52.99 40,16	1100m 14:34.22 40,08	1450m 19:15.11 39,20	
400m 05:11.90 39,72	800m 10:33.14 40,15	1150m 15:14.09 39,87		

19. Olaf Jan Bosscher (Orca, 200200037)					19:54.31(+73)
50m	00:33.15 33,15	450m	05:50.34 40,80	800m	10:33.09 40,48
100m	01:10.85 37,70	500m	06:31.42 41,08	850m	11:13.51 40,42
150m	01:49.28 38,43	550m	07:11.96 40,54	900m	11:53.73 40,22
200m	02:28.68 39,40	600m	07:52.57 40,61	950m	12:34.30 40,57
250m	03:08.61 39,93	650m	08:32.60 40,03	1000m	13:14.64 40,34
300m	03:48.54 39,93	700m	09:13.09 40,49	1050m	13:55.47 40,83
350m	04:29.05 40,51	750m	09:52.61 39,52	1100m	14:36.51 41,04
400m	05:09.54 40,49	800m	10:33.09 40,48	1150m	15:17.24 40,73

20. Dylano Termoshuizen (WVZ, 200202169)					20:29.29(+76)
50m	00:33.35 33,35	450m	06:07.96 42,55	800m	11:00.27 41,31
100m	01:13.18 39,83	500m	06:49.72 41,76	850m	11:41.28 41,01
150m	01:54.71 41,53	550m	07:31.63 41,91	900m	12:22.68 41,40
200m	02:36.38 41,67	600m	08:13.75 42,12	950m	13:03.92 41,24
250m	03:19.04 42,66	650m	08:55.85 42,10	1000m	13:44.98 41,06
300m	04:01.44 42,40	700m	09:37.27 41,42	1050m	14:25.99 41,01
350m	04:43.53 42,09	750m	10:18.96 41,69	1100m	15:07.57 41,58
400m	05:25.41 41,88	800m	11:00.27 41,31	1150m	15:49.03 41,46

94. 200m wisselslag - Dames

14 - 15 jaar (Jeugd 1 en 2)

1. Claire Verkijk (RTC - WVZ, 200100240)					02:19.07(+77)
50m	00:30.00 30,00	100m	01:05.70 35,70	150m	01:45.57 39,87
2. Laura van Engelen (RTC - AquAmigos, 200000350)					02:22.72(+84)
50m	00:30.70 30,70	100m	01:07.70 37,00	150m	01:50.57 42,87
3. Laura Setz (Nova, 200000130)					02:23.36(+91)
50m	00:31.00 31,00	100m	01:07.70 36,70	150m	01:50.90 43,20
4. Inge Vieveen (RTC - WVZ, 200100024)					02:25.43(+78)
50m	00:30.82 30,82	100m	01:10.17 39,35	150m	01:52.02 41,85
5. Silke Holkenborg (Montferland, 200100292)					02:26.31(+74)
50m	00:30.88 30,88	100m	01:09.35 38,47	150m	01:52.34 42,99
6. Jasmijn Boon (RTC - WVZ, 200001280)					02:28.23(+78)
50m	00:30.56 30,56	100m	01:08.57 38,01	150m	01:54.09 45,52
7. Marij van der Mast (RTC - PSV, 200000676)					02:29.82(+76)
50m	00:31.21 31,21	100m	01:09.65 38,44	150m	01:57.04 47,39
8. Brigit van der Vegte (Octopus, 200000714)					02:31.36(+81)
50m	00:32.50 32,50	100m	01:10.45 37,95	150m	01:55.98 45,53

295. 200m wisselslag - Dames

11 - 15 jaar (Jeugd 2 en later)

1. Liesette Bruinsma (NTC PARA-HZ&PC Heerenveen, 200004346) [S11]					02:54.45(+93)
50m	00:36.47 36,47	100m	01:25.78 49,31	150m	02:15.14 49,36
2. Chantalle Zijderveld (NTC PARA-ZZ&PC De Devel, 200000702) [S10]					02:34.45(+70)
50m	00:32.62 32,62	100m	01:15.35 42,73	150m	01:58.35 43,00
3. Lisa Kruger (NTC PARA-ZPC AMERSFOORT, 200005304) [S10]					02:35.82(+83)
50m	00:33.36 33,36	100m	01:13.74 40,38	150m	01:59.67 45,93
4. Inge Belfor (NTC PARA-De Columbiaan, 200100578) [S10]					02:52.41(+84)
50m	00:36.89 36,89	100m	01:20.99 44,10	150m	02:15.25 54,26
5. Sanne Hofman (NTC PARA-ZPC Hoogeveen, 200102154) [S13]					02:52.42(+79)
50m	00:40.75 40,75	100m	01:23.91 43,16	150m	02:15.99 52,08
6. Jonne Moleman (AZC, 200006264) [S10]					03:04.06(+94)
50m	00:40.25 40,25	100m	01:28.13 47,88	150m	02:25.10 56,97
7. Feija de Bruin (WVZ, 200400106) [S10]					03:10.33(+98)
50m	00:42.36 42,36	100m	01:28.54 46,18	150m	02:27.85 59,31

118. 200m wisselslag - Dames

11 - 11 jaar (Junioren 1)

1. Anna van Droffelaar (ZVVS, 200400258)				02:32.77(+61)
50m	00:33.35	33,35	100m 01:12.27	38,92
150m	01:57.18	44,91		
2. Myrthe Natzijs (De Kikker, 200400076)				02:36.52(+80)
50m	00:33.95	33,95	100m 01:13.06	39,11
150m	01:59.74	46,68		
3. Puck Koopman (De Dinkel, 200400038)				02:38.12(+79)
50m	00:34.51	34,51	100m 01:15.93	41,42
150m	02:03.08	47,15		
4. Sterre Hendriks (PSV, 200401288)				02:38.56(+79)
50m	00:34.20	34,20	100m 01:16.21	42,01
150m	02:01.29	45,08		
5. Ismay Lichtendonk (Dedemsvaart-AC, 200400622)				02:40.33(+79)
50m	00:34.32	34,32	100m 01:15.12	40,80
150m	02:04.14	49,02		
6. Bridget de Bat (De Schelde, 200400382)				02:40.63(+82)
50m	00:35.39	35,39	100m 01:14.94	39,55
150m	02:04.33	49,39		
7. Veerle Nieborg (TriVia, 200400428)				02:41.76(+87)
50m	00:34.00	34,00	100m 01:16.78	42,78
150m	02:04.43	47,65		
8. Jetske Moot (De Houtrib, 200400230)				02:43.20(+91)
50m	00:36.51	36,51	100m 01:16.69	40,18
150m	02:05.37	48,68		
9. Kim van Dongen (Aqua-Novio'94, 200400140)				02:44.24(+80)
50m	00:35.68	35,68	100m 01:15.75	40,07
150m	02:06.87	51,12		
10. Janna van Kooten (TriVia, 200404584)				02:44.87(+89)
50m	00:36.30	36,30	100m 01:19.31	43,01
150m	02:09.43	50,12		
11. Luna de Vries (Aqua-Novio'94, 200400516)				02:45.64(+75)
50m	00:35.35	35,35	100m 01:18.36	43,01
150m	02:07.08	48,72		
12. Kyomi Groenhart (DZ&PC, 200400628)				02:46.05(+74)
50m	00:37.68	37,68	100m 01:18.30	40,62
150m	02:08.80	50,50		
13. Rinske Bouman (ZZ&PC De Devel, 200400578)				02:46.07(+79)
50m	00:35.69	35,69	100m 01:21.54	45,85
150m	02:09.13	47,59		
14. Lorena Dreschers (Hellas-Glana, 200401364)				02:46.96(+78)
50m	00:35.88	35,88	100m 01:19.06	43,18
150m	02:09.24	50,18		
15. Naya Koc (DAW, 200400688)				02:47.41(+94)
50m	00:36.84	36,84	100m 01:19.51	42,67
150m	02:09.27	49,76		
16. Anniek van Boheemen (De Haaien, 200400920)				02:47.66(+78)
50m	00:36.22	36,22	100m 01:19.36	43,14
150m	02:09.51	50,15		
17. Irma van der Wulp (WVZ, 200401950)				02:48.43(+74)
50m	00:37.85	37,85	100m 01:21.91	44,06
150m	02:09.86	47,95		
18. Nienke Snel (ZPC AMERSFOORT, 200400094)				02:48.49(+93)
50m	00:36.27	36,27	100m 01:21.44	45,17
150m	02:11.27	49,83		
19. Luna Hofmeijer (WS Twente, 200400006)				02:48.62(+86)
50m	00:39.17	39,17	100m 01:23.16	43,99
150m	02:10.33	47,17		
19. Anna Tiemersma (ZPC De Zeeuwse Kust, 200400686)				02:48.62(+80)
50m	00:38.45	38,45	100m 01:22.34	43,89
150m	02:10.64	48,30		
21. Nora Weerman (Orca, 200400620)				02:49.04(+81)
50m	00:37.18	37,18	100m 01:21.74	44,56
150m	02:11.15	49,41		
22. Lize van Stigt (LZ 1886, 200401510)				02:49.16(+70)
50m	00:35.77	35,77	100m 01:18.61	42,84
150m	02:10.81	52,20		
23. Sterre-Marit Drok (Stadskanaal, 200400880)				02:51.28(+73)
50m	00:36.05	36,05	100m 01:21.80	45,75
150m	02:12.25	50,45		
24. Mary Kate Farrell (The Hague Swimming (SG), 200402870)				02:51.77(+72)
50m	00:37.41	37,41	100m 01:21.47	44,06
150m	02:12.75	51,28		

25. Tessa Sportel (Dedemsvaart-AC, 200401644)				02:52.21(+81)
50m	00:39.56	39,56	100m 01:22.49	42,93
150m	02:12.06	49,57		
26. Marieke Lenderink (De Dinkel, 200400778)				02:52.24(+81)
50m	00:36.94	36,94	100m 01:22.86	45,92
150m	02:14.22	51,36		
27. Alysha de Jong (ZPCH, 200400086)				02:52.57(+91)
50m	00:37.11	37,11	100m 01:22.76	45,65
150m	02:13.52	50,76		
28. Nora van der Steen (LZ 1886, 200403458)				02:54.70(+74)
50m	00:36.22	36,22	100m 01:20.78	44,56
150m	02:14.91	54,13		
29. Senna van der Veen (ZPC Hoogeveen, 200400072)				02:56.30(+90)
50m	00:37.55	37,55	100m 01:20.61	43,06
150m	02:17.11	56,50		
30. Cynthia Kugler (Hellas-Glana, 200400020)				02:58.48(+81)
50m	00:38.47	38,47	100m 01:25.06	46,59
150m	02:17.69	52,63		
31. Danielle Vis (De Columbiaan, 200401044)				02:58.51(+71)
50m	00:40.08	40,08	100m 01:27.73	47,65
150m	02:18.34	50,61		
DIS. Fenna Herwig (Wiekslag, 200400908)				00:00.00
119. 200m wisselslag - Dames				
12 - 12 jaar (Junioren 2)				
1. Lynn Joor (WS Twente, 200300550)				02:28.27(+73)
50m	00:31.05	31,05	100m 01:08.70	37,65
150m	01:51.07	42,37		
2. Eva Geilenkirchen (The Hague Swimming (SG), 200302834)				02:29.03(+78)
50m	00:31.35	31,35	100m 01:10.13	38,78
150m	01:55.48	45,35		
3. Britta Koehorst (RTC - De Lansingh, 200300246)				02:29.70(+73)
50m	00:31.34	31,34	100m 01:08.86	37,52
150m	01:53.37	44,51		
4. Lana Broekhoven (PSV, 200300056)				02:32.20(+68)
50m	00:33.08	33,08	100m 01:13.33	40,25
150m	01:55.95	42,62		
5. Merel Hijink (PSV, 200304732)				02:33.94(+72)
50m	00:32.89	32,89	100m 01:10.97	38,08
150m	02:00.43	49,46		
6. Maaïke Issard (De Houtrib, 200300022)				02:36.79(+76)
50m	00:33.01	33,01	100m 01:13.45	40,44
150m	02:00.04	46,59		
7. Demi van Hulst (Kimbria, 200300140)				02:36.87(+80)
50m	00:33.22	33,22	100m 01:12.09	38,87
150m	02:00.51	48,42		
8. Joy van Dieren (De Dinkel, 200300182)				02:37.20(+82)
50m	00:32.84	32,84	100m 01:11.85	39,01
150m	02:00.64	48,79		
9. Amber Celie (De Dolfijn, 200300756)				02:37.31(+80)
50m	00:34.23	34,23	100m 01:13.39	39,16
150m	02:02.27	48,88		
10. Gabriela Topfer (PSV, 200301764)				02:38.99(+74)
50m	00:32.17	32,17	100m 01:12.44	40,27
150m	02:01.87	49,43		
11. Janice Provoost (ZPC De Zeeuwse Kust, 200303076)				02:39.70(+72)
50m	00:33.45	33,45	100m 01:15.64	42,19
150m	02:03.36	47,72		
12. Suze Kuipers (Orca, 200301714)				02:39.85(+92)
50m	00:35.33	35,33	100m 01:14.06	38,73
150m	02:03.70	49,64		
13. Judith Houtvast (Hellas-Glana, 200300714)				02:40.41(+78)
50m	00:31.87	31,87	100m 01:15.17	43,30
150m	02:03.65	48,48		
14. Jocelyn Horbeek (ZPC De Hof, 200300302)				02:40.97(+84)
50m	00:34.92	34,92	100m 01:16.66	41,74
150m	02:04.42	47,76		
15. Silke Huisman (De Vikings, 200301182)				02:41.04(+72)
50m	00:34.18	34,18	100m 01:15.89	41,71
150m	02:02.05	46,16		
16. Lieke Bastiaansen (MNC Dordrecht, 200301368)				02:41.84(+70)
50m	00:33.30	33,30	100m 01:16.16	42,86
150m	02:03.30	47,14		

17. Kim de Jong (LZ 1886, 200301026)				02:42.27(+82)
50m	00:34.56	34,56	100m 01:18.40	43,84
150m	02:03.92	45,52		
18. Babet de Voogd (ZPC De Zeeuwse Kust, 200301362)				02:42.41(+72)
50m	00:35.18	35,18	100m 01:15.50	40,32
150m	02:05.66	50,16		
19. Irina de Ridder (ZPC De Zeeuwse Kust, 200301224)				02:42.47(+78)
50m	00:32.42	32,42	100m 01:16.10	43,68
150m	02:04.82	48,72		
20. Amy Lynn Zweers (Dedemsvaart-AC, 200300390)				02:42.79(+85)
50m	00:33.39	33,39	100m 01:15.52	42,13
150m	02:06.84	51,32		
21. Milou ten Koppel (Deltasteur, 200302572)				02:43.25(+90)
50m	00:33.63	33,63	100m 01:15.16	41,53
150m	02:05.68	50,52		
22. Nora Brouwer (Aquapoldro, 200300480)				02:44.15(+86)
50m	00:35.41	35,41	100m 01:18.37	42,96
150m	02:06.91	48,54		
23. Amy Koelman (De Columbiaan, 200300922)				02:44.89(+70)
50m	00:34.57	34,57	100m 01:18.99	44,42
150m	02:08.37	49,38		
24. Silke Blik (NIMO, 200301948)				02:47.59(+78)
50m	00:36.09	36,09	100m 01:21.90	45,81
150m	02:06.51	44,61		
25. Eline Gros (Aqua-Novio'94, 200302700)				02:47.97(+77)
50m	00:34.73	34,73	100m 01:17.90	43,17
150m	02:08.34	50,44		
26. Anna Tinga (De Forel, 200302734)				02:48.27(+77)
50m	00:36.32	36,32	100m 01:16.81	40,49
150m	02:11.50	54,69		
27. Quinty Rouschop (NIMO, 200300208)				02:49.44(+78)
50m	00:37.61	37,61	100m 01:21.89	44,28
150m	02:09.68	47,79		
28. Ymke Vermeulen (EZPC, 200303688)				02:51.17(+92)
50m	00:38.45	38,45	100m 01:22.64	44,19
150m	02:12.13	49,49		
29. Femke Hoppenbrouwer (De Duinkickers, 200301124)				02:54.04(+71)
50m	00:34.72	34,72	100m 01:17.54	42,82
150m	02:12.50	54,96		
DIS. Amy de Sain (De Dolfijn, 200304690)				00:00.00
120. 200m wisselslag - Dames				
13 - 13 jaar (Junioren 3)				
1. Lotte Hosper (De Fuut, 200201414)				02:26.71(+82)
50m	00:30.69	30,69	100m 01:08.79	38,10
150m	01:51.74	42,95		
2. Imani de Jong (ZPCH, 200200464)				02:27.21(+77)
50m	00:32.09	32,09	100m 01:10.58	38,49
150m	01:54.44	43,86		
3. Birgit van Buiten (Aquapoldro, 200200498)				02:28.07(+80)
50m	00:33.31	33,31	100m 01:09.70	36,39
150m	01:53.05	43,35		
4. Elise Tanis (RTC - De Schoteijl, 200200120)				02:28.27(+71)
50m	00:30.32	30,32	100m 01:08.45	38,13
150m	01:55.14	46,69		
5. Femke Spiering (VZC E&P, 200204514)				02:28.64(+77)
50m	00:30.15	30,15	100m 01:07.87	37,72
150m	01:56.16	48,29		
6. Nienke Jonk (Hieronymus, 200203000)				02:28.98(+78)
50m	00:30.14	30,14	100m 01:09.14	39,00
150m	01:55.42	46,28		
7. Danique Bernard (Ed-Vo, 200200224)				02:30.21(+67)
50m	00:32.41	32,41	100m 01:10.95	38,54
150m	01:55.98	45,03		
8. Nikki Smeets (NIMO, 200200080)				02:34.65(+64)
50m	00:33.13	33,13	100m 01:11.06	37,93
150m	01:58.68	47,62		
9. Carolien Beckers (NIMO, 200200078)				02:34.67(+84)
50m	00:32.92	32,92	100m 01:15.01	42,09
150m	02:00.62	45,61		
10. Bo Souhoka (Hellas-Glana, 200201186)				02:34.77(+77)
50m	00:32.23	32,23	100m 01:11.34	39,11
150m	01:58.42	47,08		

11. Christy Geurts (RTC - WVZ, 200203734)				02:35.34(+76)
	50m 00:32.87 32,87	100m 01:12.88 40,01	150m 02:01.38 48,50	
12. Carlijn Hansté (WS Twente, 200201082)				02:35.94(+84)
	50m 00:32.89 32,89	100m 01:10.70 37,81	150m 01:59.93 49,23	
13. Hanne te Velthuis (Dedemsvaart-AC, 200201324)				02:36.13(+84)
	50m 00:33.95 33,95	100m 01:14.88 40,93	150m 02:01.05 46,17	
14. Lieke Oude Lenferink (WS Twente, 200200068)				02:36.37(+78)
	50m 00:32.56 32,56	100m 01:11.84 39,28	150m 02:00.46 48,62	
15. Tessa Kooi (Nova, 200201386)				02:36.42(+99)
	50m 00:31.72 31,72	100m 01:10.78 39,06	150m 02:01.57 50,79	
16. Anne Paulusse (De Warande, 200200834)				02:36.61(+86)
	50m 00:34.38 34,38	100m 01:13.26 38,88	150m 01:59.82 46,56	
17. Yara van Kalmthout (Nova, 200200984)				02:37.37(+89)
	50m 00:32.00 32,00	100m 01:11.35 39,35	150m 02:01.28 49,93	
18. Isa Boom (MNC Dordrecht, 200200186)				02:37.59(+76)
	50m 00:32.54 32,54	100m 01:12.51 39,97	150m 01:59.23 46,72	
19. Esther Tiemersma (ZPC De Zeeuwse Kust, 200202962)				02:37.81(+80)
	50m 00:34.39 34,39	100m 01:17.13 42,74	150m 02:01.11 43,98	
20. Famke Slabbers (Arethusa, 200200100)				02:37.88(+81)
	50m 00:34.92 34,92	100m 01:17.12 42,20	150m 02:01.92 44,80	
21. Ilse Kraaijeveld (MNC Dordrecht, 200202190)				02:38.25(+76)
	50m 00:33.53 33,53	100m 01:14.66 41,13	150m 02:02.14 47,48	
22. Jule Franken (AquAmigos, 200204024)				02:38.66(+74)
	50m 00:32.38 32,38	100m 01:13.23 40,85	150m 02:00.32 47,09	
23. Lieske Zijlstra (De Schotelijl, 200200996)				02:39.55(+78)
	50m 00:34.81 34,81	100m 01:17.10 42,29	150m 02:02.27 45,17	
24. Mariëlle Dolfijn (TriVia, 200201640)				02:39.56(+83)
	50m 00:33.74 33,74	100m 01:15.08 41,34	150m 02:03.51 48,43	
25. Elisa Haverkate (ZPC De Hof, 200200266)				02:39.90(+87)
	50m 00:33.24 33,24	100m 01:14.64 41,40	150m 02:03.61 48,97	
26. Meike Simons (PSV, 200201184)				02:41.11(+92)
	50m 00:35.36 35,36	100m 01:18.72 43,36	150m 02:04.48 45,76	
27. Yentle Muller (ESCA Zwemmen, 200200704)				02:41.42(+91)
	50m 00:34.40 34,40	100m 01:14.96 40,56	150m 02:05.49 50,53	
28. Maud Kuipers (Dedemsvaart-AC, 200201894)				02:43.41(+85)
	50m 00:33.03 33,03	100m 01:15.05 42,02	150m 02:04.84 49,79	
29. Janneke Ruiter (De Houtrib, 200200782)				02:48.71(+74)
	50m 00:34.48 34,48	100m 01:16.83 42,35	150m 02:09.94 53,11	
30. Kiki Koopman (De Dinkel, 200200232)				02:50.10(+81)
	50m 00:34.27 34,27	100m 01:17.94 43,67	150m 02:11.19 53,25	
DIS. Sterre Veersma (Nunspeet, 200203550)				00:00.00
96. 100m schoolslag - Heren				
16 - 17 jaar (Jeugd 1 en 2)				
1. Wietse Waninge (ZPC AMERSFOORT, 199800023)				01:03.81(+71)
	50m 00:29.91 29,91			
2. Igor Ostrowski (MNC Dordrecht, 199805425)				01:04.67(+69)
	50m 00:30.13 30,13			
3. Daan Zwertbroek (RTC - HZ&PC Heerenveen, 199900463)				01:05.96(+71)
	50m 00:31.06 31,06			

4. Stijn Geelen (MNC Dordrecht, 199801363) 50m 00:30.84 30,84	01:07.01(+69)
5. Koen Koster (HZPC, 199900517) 50m 00:32.22 32,22	01:07.39(+74)
6. Jacob de Roos (RTC - DZ&PC, 199900553) 50m 00:31.86 31,86	01:08.27(+66)
7. Jonne Schaafsma (RTC - Racing Club, 199800745) 50m 00:31.98 31,98	01:08.53(+72)
8. Jan Willem Veldman (Zwem en Polo Club Appingedam, 199800277) 50m 00:31.59 31,59	01:09.07(+71)
297. 100m schoolslag - Heren 12 - 17 jaar	
1. Duncan van Haaren (NTC PARA-WIDEX GZC Donk, 200000681) [SB9] 50m 00:32.95 32,95	01:09.85(+71)
2. Tim van Duuren (NTC PARA-WIDEX GZC Donk, 199802255) [SB8] 50m 00:35.81 35,81	01:17.51(+60)
3. Rogier Dorsman (NTC PARA-ZZ&PC De Devel, 199900211) [SB12] 50m 00:35.93 35,93	01:16.49(+67)
4. Sebastiaan Broere (Hieronymus, 199803687) [SB14] 50m 00:39.24 39,24	01:24.83(+83)
5. Nathan van Wees (De Houtrib, 200101427) [SB9] 50m 00:44.15 44,15	01:34.31(+63)
6. Sjoerd Maillé (De Dokkelaers, 200004599) [SB13] 50m 00:46.21 46,21	01:43.26(+123)
102. 200m vlinderslag - Dames 14 - 15 jaar (Jeugd 1 en 2)	
1. Alinda Dingshoff (ZPC Hoogeveen, 200000928) 50m 00:32.41 32,41 100m 01:09.30 36,89 150m 01:47.58 38,28	02:23.74(+82)
2. Chefanja Nunes (RTC - WVZ, 200104750) 50m 00:32.31 32,31 100m 01:10.45 38,14 150m 01:50.22 39,77	02:26.95(+66)
3. Danieke van der Kooi (Orca, 200000552) 50m 00:31.59 31,59 100m 01:10.04 38,45 150m 01:48.24 38,20	02:28.27(+79)
4. Laura Nieuwland (ZPC De Zeeuwse Kust, 200001834) 50m 00:34.16 34,16 100m 01:14.13 39,97 150m 01:55.77 41,64	02:34.57(+81)
5. Fleur Donker (PSV, 200006496) 50m 00:33.03 33,03 100m 01:13.01 39,98 150m 01:55.35 42,34	02:35.66(+65)
6. Merel Phaff (Nuenen, 200100434) 50m 00:33.63 33,63 100m 01:12.76 39,13 150m 01:53.91 41,15	02:35.87(+75)
7. Isabel van Hees (Arethusa, 200003142) 50m 00:33.80 33,80 100m 01:13.59 39,79 150m 01:55.33 41,74	02:38.53(+72)
8. Imke van den Hoef (HZPC, 200101552) 50m 00:34.04 34,04 100m 01:13.86 39,82 150m 01:55.79 41,93	02:38.61(+76)
105. 50m vrije slag - Heren 16 - 17 jaar (Jeugd 1 en 2)	
1. Nyls Korstanje (RTC - Aqua Novio '94, 199901941)	00:23.22(+63)
2. Jens Krijgsman (RTC - De Columbiaan, 199901429)	00:23.46(+69)
3. Floris Kotterink (Albion, 199800199)	00:23.64(+58)
4. Frank Roovers (RTC - PSV, 199800219)	00:23.70(+70)
5. Thijs van Wieringen (De Columbiaan, 199900577)	00:23.77(+68)

6. Tom Donker (PSV, 199805711)	00:24.17(+64)
7. Berjen Mellema (RTC - Nova, 199800615)	00:24.27(+73)
8. Toine Willigers (Zwemclub Eijsden, 199902155)	00:24.68(+68)
2106. 50m vrije slag - Heren	
<i>12 - 17 jaar</i>	
1. Tim van Duuren (NTC PARA-WIDEX GZC Donk, 199802255) [S9]	00:27.98(+62)
2. Bas Takken (NTC PARA-ZV Hoorn, 199901643) [S10]	00:26.77(+70)
3. Duncan van Haaren (NTC PARA-WIDEX GZC Donk, 200000681) [S10]	00:27.55(+74)
4. Querijn Hensen (De Duinkickers, 200102121) [S10]	00:27.82(+66)
5. Sebastiaan Broere (Hieronymus, 199803687) [S14]	00:27.85(+76)
6. Rogier Dorsman (NTC PARA-ZZ&PC De Devel, 199900211) [S12]	00:27.98(+69)
7. Bastian Renshoff (Octopus, 200001261) [S10]	00:28.20(+86)
8. Sam Janmaat (De Duinkickers, 200203017) [S10]	00:29.90(+74)
121. 50m vrije slag - Heren	
<i>12 - 12 jaar (Junioren 1)</i>	
1. Tim Korstanje (Aqua-Novio'94, 200300053)	00:26.12(+63)
2. Mike Gerritsen (Platella, 200304013)	00:27.38(+76)
3. Matias Jansen (ZIGNEA, 200300199)	00:27.45(+67)
4. Luuk Bos (VZ&PC, 200300151)	00:27.81(+73)
5. Wesley Zulver (ZVVS, 200301319)	00:27.95(+70)
6. Lucas Peters (PSV, 200301325)	00:28.00(+64)
7. Stijn van den Berg (ZVV, 200300373)	00:28.09(+69)
8. Rijk Heere (ZPC AMERSFOORT, 200300897)	00:28.22(+69)
9. Ster van 't Land (ZPC AMERSFOORT, 200302015)	00:28.48(+76)
10. Yorick Visser (ZPC De Zeeuwse Kust, 200301957)	00:28.84(+69)
11. Keanu Streefland (The Hague Swimming (SG), 200302445)	00:28.89(+63)
12. Thomas Swartjes (Aqua-Novio'94, 200302825)	00:28.96(+71)
13. Thijs Bosma (De Dolfijn, 200302443)	00:29.06(+75)
14. Jarno Bijsterbosch (Octopus, 200300081)	00:29.12(+67)
15. Bram Daalman (ZV Haerlem, 200300629)	00:29.14(+89)
16. Milan Hamel (The Hague Swimming (SG), 200302125)	00:29.20(+64)
17. Joey de Groot (De Aalscholver, 200303587)	00:29.27(+69)
18. Freek Gabriels (TRB-RES, 200301407)	00:29.32(+76)
19. Daan Hogerhuis (Alkemade, 200300317)	00:29.39(+73)
20. Nils Mulder (MNC Dordrecht, 200300049)	00:29.42(+68)
21. Ruben de Vriend (ZV Haerlem, 200300981)	00:29.46(+73)
22. Senna Mooldijk (De Kempvis, 200301147)	00:29.53(+71)
23. Pepijn Verschoor (RZC, 200300231)	00:29.95(+67)
24. Jeffrey Huynh (VZC E&P, 200300145)	00:30.06(+76)
25. Thijn Damen (De Warande, 200300973)	00:30.13(+72)

26. Rick Offringa (OEZA, 200300979)	00:30.22(+70)
27. Ruben Kooi (Nova, 200300829)	00:30.32(+74)
28. Milan van Aken (De Fuut, 200303307)	00:30.33(+83)
28. Niels Kragt (Dedemsvaart-AC, 200300155)	00:30.33(+77)
30. Bram Schaafsma (VZC E&P, 200302159)	00:30.52(+69)
31. Stan de Swart (PSV, 200300535)	00:30.56(+68)
32. Ivo Kroes (Zwem en Polo Club Appingedam, 200300079)	00:30.63(+71)
33. Lukas Binnekamp (WS Twente, 200300107)	00:30.76(+77)
34. Job van Wanroij (Zwemclub Eijsden, 200301307)	00:31.06(+77)
35. Joris Janssen (Aqua-Novio'94, 200301311)	00:31.07(+81)
36. Carlos Bakker-Noguer (The Hague Swimming (SG), 200304119)	00:33.16(+54)
122. 50m vrije slag - Heren	
<i>13 - 13 jaar (Junioren 2)</i>	
1. Bjorn van Doesburg (Aquarijn, 200201867)	00:25.37(+75)
2. Bryan Agterdenbos (MNC Dordrecht, 200200003)	00:25.52(+76)
3. Leon van den Hof (Dedemsvaart-AC, 200203269)	00:25.77(+79)
4. Adriaan Provó Kluit (RTC - WVZ, 200204397)	00:26.54(+67)
5. Brandon van den Berg (Poseidon'56, 200200669)	00:26.58(+76)
6. Tycho Atanasov (De Kikker, 200201133)	00:26.71(+68)
7. Maquinho Vorst (De Mors, 200204179)	00:26.98(+76)
8. Bobby van Dijk (DBD, 200200153)	00:27.05(+69)
8. Maurice Pater (TriVia, 200200909)	00:27.05(+73)
10. IJsbrand Buijnsters (ZC AquaDream, 200200375)	00:27.15(+72)
11. Sean Niewold (TriVia, 200204699)	00:27.18(+74)
11. Luuk Einhaus (WS Twente, 200200537)	00:27.18(+71)
13. Lars Verhalle (De Vrije Slag, 200200019)	00:27.19(+81)
14. Milan Meurs (Nuenen, 200202079)	00:27.22(+70)
15. Dylan Donkersteeg (DWK, 200202217)	00:27.28(+76)
16. Justin Slootweg (SBC2000, 200201407)	00:27.30(+62)
17. Max Langerveld (Ed-Vo, 200203435)	00:27.31(+72)
17. Timo Spaans (PSV, 200201087)	00:27.31(+68)
19. Léon van der Geest (WS Twente, 200201005)	00:27.49(+65)
20. Wessel Stupers (PSV, 200203541)	00:27.58(+67)
21. Nikhom Westphal (SCOM/De Zeehond'73 (SG), 200203329)	00:27.71(+80)
22. Jurre Hanstede (De Dinkel, 200201019)	00:27.87(+81)
23. Dushan de Bruijn (De Forel, 200201273)	00:28.11(+75)
24. Finn Vos (De Dolfijn, 200200665)	00:28.81(+64)
25. Luc van Eijndhoven (Argo, 200200139)	00:28.87(+73)
26. Gjalt Panjer (Aquapoldro, 200201943)	00:29.15(+83)

DIS: Thomas Weening (De Dolfijn, 200200523)

00:00.00

123. 50m vrije slag - Heren

14 - 14 jaar (Junioren 3)

1. Caspar Corbeau (ZPC AMERSFOORT, 200105099)	00:24.56(+69)
2. Luc Kroon (RTC - DAW, 200100697)	00:24.69(+77)
3. Austin Namesnik (ZPC AMERSFOORT, 200101817)	00:25.04(+64)
4. Jylano Nahr (NIMO, 200102593)	00:25.30(+69)
5. Daniël Claasen (ZPC AMERSFOORT, 200100787)	00:25.32(+70)
6. Jesse Zweers (Dedemsvaart-AC, 200100399)	00:25.60(+75)
7. Mart Niehoff (De Zwoer, 200100759)	00:25.71(+60)
8. Quinn van den Heuvel (ZPC Numansdorp, 200100297)	00:25.72(+68)
9. Rick Bulman (PSV, 200101899)	00:25.78(+72)
10. Tygo van Hassel (WVZ, 200101479)	00:25.86(+71)
11. Jeroen Aerssens (Scheldestroom, 200100061)	00:25.99(+73)
12. Dave van der Voet (Zwemvereniging Hoorn, 200102783)	00:26.05(+75)
13. Stijn Boertien (Dedemsvaart-AC, 200100719)	00:26.07(+72)
14. Sander Crooijmans (VZC E&P, 200100383)	00:26.13(+75)
15. Jan-Willem Topfer (PSV, 200101825)	00:26.14(+66)
16. Klaas Pit (De Forel, 200104519)	00:26.42(+74)
17. Daen Spoor (VZC E&P, 200101117)	00:26.54(+67)
18. Jelle Smid (Aqua-Novio'94, 200100627)	00:26.61(+65)
19. Vincent Crooijmans (VZC E&P, 200100381)	00:26.62(+72)
20. Remco Dijkstra (HZ&PC Heerenveen, 200100789)	00:26.66(+84)
21. David Anthonio (De Kikker, 200102551)	00:26.67(+80)
22. Mathijs Verdonck (PSV, 200101685)	00:26.72(+69)
23. Ivo Stolk (SCOM/De Zeehond'73 (SG), 200100615)	00:26.81(+72)
24. Stefan Rooze (De Fuut, 200102461)	00:26.84(+75)
25. Roel Gaal (OEZA, 200101173)	00:26.87(+75)
26. Boyd Wijkman (MSV-Zeemacht, 200104759)	00:26.92(+70)
27. Gerard Willighagen (Poseidon'56, 200103663)	00:27.03(+72)
28. Swen van Elteren (Aquarijn, 200103331)	00:27.22(+74)
28. Rijk Dragstra (ZPC AMERSFOORT, 200102473)	00:27.22(+70)
30. Max Huige (SCOM/De Zeehond'73 (SG), 200104355)	00:27.25(+73)
31. Rohan Vazirani (The Hague Swimming (SG), 200104499)	00:27.39(+69)
32. Peer van Bemmelen (De Dolfijn, 200102667)	00:27.47(+65)
33. Janne Englebert (Hieronymus, 200101561)	00:27.56(+83)
33. Freek Hollander (The Hague Swimming (SG), 200103815)	00:27.56(+77)
35. Max van Marum (Zwemclub Eijsden, 200103501)	00:27.59(+65)
36. Jelmar Koopman (De Forel, 200100249)	00:27.62(+76)

37. Raf Hendriks (Hellas-Glana, 200100879)	00:27.94(+69)
124. 50m vrije slag - Heren 15 - 15 jaar (Junioren 4)	
1. Ruden de Ridder (RTC - ZPC De Zeeuwse Kust, 200001587)	00:24.44(+73)
2. Koen Weustink (WVZ, 200005655)	00:24.51(+65)
3. Junior de Bruin (ZPC Hoogeveen, 200000839)	00:24.77(+70)
4. Niels Hofmeijer (WS Twente, 200000699)	00:25.05(+78)
5. Anton Jansen (MNC Dordrecht, 200003621)	00:25.23(+56)
6. Wouter Schmit (PSV, 200004895)	00:25.24(+66)
7. Sten Postma (VZC E&P, 200000011)	00:25.34(+72)
8. Vincent de Munter (NIMO, 200000181)	00:25.36(+73)
8. Jari Groenhart (RTC - TriVia, 200000271)	00:25.36(+76)
10. Anne Schuurmans (RTC - WVZ, 200003919)	00:25.77(+76)
11. Thom Delno (RTC- VZC E&P, 200000013)	00:26.00(+74)
12. Dennis Kamps (De Dinkel, 200000191)	00:26.39(+81)
107. 50m schoolslag - Dames 14 - 15 jaar (Jeugd 1 en 2)	
1. Tes Schouten (RTC - WVZ, 200003120)	00:32.47(+71)
2. Rosey Metz (RTC - WVZ, 200101786)	00:32.86(+77)
3. Sanne Busch (MNC Dordrecht, 200101486)	00:33.08(+67)
4. Myrthe Bakker (MNC Dordrecht, 200000804)	00:33.80(+72)
5. Joyce Kuipers (Orca, 200103426)	00:34.20(+80)
6. Lianne Bouwmeester (De Columbiaan, 200000956)	00:34.22(+76)
7. Madelijne Schothans (De Veene, 200002416)	00:34.38(+82)
8. Zara Konstapel (NDD, 200101144)	00:34.50(+69)
2108. 50m schoolslag - Dames 11 - 15 jaar (Jeugd 2 en later)	
1. Chantalle Zijderveld (NTC PARA-ZZ&PC De Devel, 200000702) [SB9]	00:34.79(+69)
2. Liesette Bruinsma (NTC PARA-HZ&PC Heerenveen, 200004346) [SB11]	00:40.44(+78)
3. Lisa Kruger (NTC PARA-ZPC AMERSFOORT, 200005304) [SB9]	00:36.32(+82)
4. Amber van der Kruk (MSV-Zeemacht, 200102730) [SB14]	00:43.61(+90)
5. Deborah Visser (De Duinkickers, 200102666) [SB9]	00:44.54(+73)
6. Sanne Hoving (HZ&PC Heerenveen, 200003332) [SB8]	00:50.19(+92)
7. Jonne Moleman (AZC, 200006264) [SB9]	00:48.84(+99)
8. Iris Onnink (De Vrije Slag, 200301836) [SB9]	00:49.56(+101)
125. 50m schoolslag - Dames 11 - 11 jaar (Junioren 1)	
1. Anna van Droffelaar (ZVVS, 200400258)	00:34.88(+65)
2. Sterre Hendriks (PSV, 200401288)	00:37.49(+76)
3. Myrthe Natzijs (De Kikker, 200400076)	00:38.53(+77)
4. Danielle Vis (De Columbiaan, 200401044)	00:38.59(+69)

5. Jetske Moot (De Houtrib, 200400230)	00:39.01(+84)
6. Flore Meulendijks (Nuenen, 200401884)	00:39.32(+73)
7. Britt van den Boom (NIMO, 200401178)	00:39.45(+71)
8. Irma van der Wulp (WVZ, 200401950)	00:39.77(+74)
9. Tess Wolbert (De Dinkel, 200400538)	00:39.78(+79)
10. Sanne Lukken (PSV, 200400030)	00:39.82(+83)
11. Rinske Bouman (ZZ&PC De Devel, 200400578)	00:40.15(+83)
12. Nienke Snel (ZPC AMERSFOORT, 200400094)	00:40.28(+86)
13. Anna Tiemersma (ZPC De Zeeuwse Kust, 200400686)	00:40.57(+80)
14. Ismay Lichtendonk (Dedemsvaart-AC, 200400622)	00:40.64(+81)
15. Audrey Pieck (Zeester-Meerval, 200401378)	00:41.11(+70)
16. Yvette Buis (De Dolfijn, 200401830)	00:41.26(+69)
17. Lorena Dreschers (Hellas-Glana, 200401364)	00:41.43(+71)
18. Tessa Sportel (Dedemsvaart-AC, 200401644)	00:41.56(+81)
DIS. Iris Eisenga (TriVia, 200401254)	00:00.00
126. 50m schoolslag - Dames	
<i>12 - 12 jaar (Junioren 2)</i>	
1. Lynn Joor (WS Twente, 200300550)	00:34.70(+71)
2. Silke Huisman (De Vikings, 200301182)	00:34.80(+77)
3. Britta Koehorst (RTC - De Lansingh, 200300246)	00:35.14(+78)
4. Lana Broekhoven (PSV, 200300056)	00:36.19(+70)
5. Eva Geilenkirchen (The Hague Swimming (SG), 200302834)	00:36.54(+76)
6. Mirthe Schenkel (ZPC Hoogeveen, 200300666)	00:36.79(+83)
7. Silke Blik (NIMO, 200301948)	00:37.59(+81)
8. Kim de Jong (LZ 1886, 200301026)	00:37.70(+84)
9. Ellen Altena (TriVia, 200300266)	00:38.11(+73)
10. Ilse Verhoef (PSV, 200302288)	00:38.16(+68)
11. Debbie Bruijgoms (MNC Dordrecht, 200301672)	00:38.49(+77)
12. Lieke Bastiaansen (MNC Dordrecht, 200301368)	00:39.22(+74)
13. Wendy ten Wolde (Wiekslag, 200302658)	00:39.49(+82)
14. Britt Steunenber (Aquarijn, 200302588)	00:40.35(+66)
15. Emma Sies (TriVia, 200300732)	00:40.97(+80)
16. Ymke Vermeulen (EZPC, 200303688)	00:42.11(+91)
127. 50m schoolslag - Dames	
<i>13 - 13 jaar (Junioren 3)</i>	
1. Sophie de Jonge (RTC - WVZ, 200200118)	00:34.93(+73)
2. Birgit van Buiten (Aquapoldro, 200200498)	00:35.66(+81)
3. Bo Souhoka (Hellas-Glana, 200201186)	00:36.13(+74)
4. Amber Koning (Zwem en Polo Club Appingedam, 200202842)	00:36.58(+88)
5. Jule Franken (AquAmigos, 200204024)	00:36.62(+72)

6. Nienke Jonk (Hieronymus, 200203000)	00:36.79(+75)
7. Lisanne Boets (Stadskanaal, 200200346)	00:36.83(+83)
8. Lotte Hosper (De Fuut, 200201414)	00:37.36(+79)
9. Esther Tiemersma (ZPC De Zeeuwse Kust, 200202962)	00:37.85(+73)
10. Lieske Zijlstra (De Schotejil, 200200996)	00:37.94(+77)
11. Imani de Jong (ZPCH, 200200464)	00:38.21(+81)
12. Sarah el Bacha (De Dolfijn, 200201104)	00:38.33(+70)

109. 50m rugslag - Heren

16 - 17 jaar (Jeugd 1 en 2)

1. Tom Donker (PSV, 199805711)	00:26.85(+68)
2. Nyls Korstanje (RTC - Aqua Novio '94, 199901941)	00:27.55(+67)
3. Jaro Musters (Hieronymus, 199801141)	00:28.04(+65)
4. Toine Willigers (Zwemclub Eijsden, 199902155)	00:28.12(+56)
5. Sam Haring (DAW, 199901491)	00:28.18(+73)
6. Torben Lammerdink (WS Twente, 199900745)	00:28.32(+72)
7. Denny Olde Agterhuis (HZ&PC Heerenveen, 199801253)	00:28.49(+73)
8. Dario van Hulst (Kimbria, 199903169)	00:28.86(+80)

2110. 50m rugslag - Heren

12 - 17 jaar

1. Bas Takken (NTC PARA-ZV Hoorn, 199901643) [S10]	00:32.03(+73)
2. Duncan van Haaren (NTC PARA-WIDEX GZC Donk, 200000681) [S10]	00:32.36(+70)
3. Querijn Hensen (De Duinkickers, 200102121) [S10]	00:32.88(+60)
4. Rogier Dorsman (NTC PARA-ZZ&PC De Devel, 199900211) [S12]	00:33.37(+58)
5. Sam Janmaat (De Duinkickers, 200203017) [S10]	00:33.72(+67)
6. Bastian Renshoff (Octopus, 200001261) [S10]	00:35.15(+79)
7. Sebastiaan Broere (Hieronymus, 199803687) [S14]	00:35.19(+79)
8. Nathan van Wees (De Houtrib, 200101427) [S10]	00:36.82(+59)

115. 4x200m vrije slag dames

NJJK lange baan 2016 sessie 7 - zondag 19 juni 2016 om 08:30u (50 m)

Aanvangstijd juryvergadering: 07:30u

128. 400m wisselslag - Heren

16 - 17 jaar (Jeugd 1 en 2)

1. Koen Koster (HZPC, 199900517)	04:42.51(+73)
50m 00:29.92 29,92 150m 01:43.81 37,17 250m 02:58.95 38,76 350m 04:11.16 33,00	
100m 01:06.64 36,72 200m 02:20.19 36,38 300m 03:38.16 39,21	
2. Stijn Simons (PSV, 199900813)	04:44.42(+82)
50m 00:29.59 29,59 150m 01:41.20 36,15 250m 02:59.55 41,23 350m 04:13.25 32,17	
100m 01:05.05 35,46 200m 02:18.32 37,12 300m 03:41.08 41,53	
3. Jacob de Roos (RTC - DZ&PC, 199900553)	04:45.66(+70)
50m 00:29.27 29,27 150m 01:42.59 37,66 250m 03:00.27 40,51 350m 04:14.43 33,03	
100m 01:04.93 35,66 200m 02:19.76 37,17 300m 03:41.40 41,13	
4. Bart Sommeling (De Dolfijn, 199800765)	04:46.05(+65)
50m 00:28.32 28,32 150m 01:40.21 37,37 250m 03:00.01 42,81 350m 04:14.81 31,37	

	100m 01:02.84 34,52	200m 02:17.20 36,99	300m 03:43.44 43,43		
5. Daan Zwertbroek (RTC - HZ&PC Heerenveen, 199900463)					04:47.22(+78)
	50m 00:29.13 29,13	150m 01:43.07 40,36	250m 03:01.62 39,54	350m 04:15.92 34,28	
	100m 01:02.71 33,58	200m 02:22.08 39,01	300m 03:41.64 40,02		
6. Igor Ostrowski (MNC Dordrecht, 199805425)					04:51.04(+68)
	50m 00:30.06 30,06	150m 01:44.57 39,30	250m 03:03.21 39,73	350m 04:18.47 34,93	
	100m 01:05.27 35,21	200m 02:23.48 38,91	300m 03:43.54 40,33		
7. Sander Kirillova (ZPCH, 199800121)					04:51.41(+76)
	50m 00:31.15 31,15	150m 01:45.51 38,50	250m 03:05.03 40,99	350m 04:19.94 33,07	
	100m 01:07.01 35,86	200m 02:24.04 38,53	300m 03:46.87 41,84		
8. Matthew Dullemond (MNC Dordrecht, 199805005)					04:51.62(+72)
	50m 00:29.97 29,97	150m 01:42.88 37,85	250m 03:04.51 44,48	350m 04:20.94 33,29	
	100m 01:05.03 35,06	200m 02:20.03 37,15	300m 03:47.65 43,14		
9. Nick van Nijburg (De Dolfijn, 199902169)					05:01.61(+70)
	50m 00:31.70 31,70	150m 01:48.40 39,67	250m 03:11.33 43,24	350m 04:29.54 34,19	
	100m 01:08.73 37,03	200m 02:28.09 39,69	300m 03:55.35 44,02		
10. Erwin Heinsius (HZ&PC Heerenveen, 199900695)					05:14.20(+67)
	50m 00:32.08 32,08	150m 01:51.56 41,75	250m 03:16.13 43,28	350m 04:38.05 36,66	
	100m 01:09.81 37,73	200m 02:32.85 41,29	300m 04:01.39 45,26		
11. Jeroen Louwinger (Nova, 199900583)					05:17.71(+75)
	50m 00:32.36 32,36	150m 01:51.19 40,75	250m 03:18.45 47,50	350m 04:42.97 36,30	
	100m 01:10.44 38,08	200m 02:30.95 39,76	300m 04:06.67 48,22		
129. 400m wisselslag - Heren					
12 - 12 jaar (Junioren 1)					
1. Esper Schreurs (ZEPS, 200300433)					05:19.08(+82)
	50m 00:34.98 34,98	150m 01:56.85 41,96	250m 03:21.14 44,04	350m 04:42.84 37,88	
	100m 01:14.89 39,91	200m 02:37.10 40,25	300m 04:04.96 43,82		
2. Lucas Peters (PSV, 200301325)					05:24.57(+64)
	50m 00:33.11 33,11	150m 01:56.17 44,32	250m 03:24.55 45,78	350m 04:48.94 37,13	
	100m 01:11.85 38,74	200m 02:38.77 42,60	300m 04:11.81 47,26		
3. Keanu Streefland (The Hague Swimming (SG), 200302445)					05:25.03(+68)
	50m 00:35.91 35,91	150m 01:57.28 39,14	250m 03:22.95 47,44	350m 04:49.46 37,94	
	100m 01:18.14 42,23	200m 02:35.51 38,23	300m 04:11.52 48,57		
4. Wesley Zulver (ZVVS, 200301319)					05:25.57(+70)
	50m 00:35.49 35,49	150m 02:00.18 43,09	250m 03:24.92 43,76	350m 04:49.55 39,39	
	100m 01:17.09 41,60	200m 02:41.16 40,98	300m 04:10.16 45,24		
5. Milan Hamel (The Hague Swimming (SG), 200302125)					05:34.43(+68)
	50m 00:34.82 34,82	150m 02:00.04 45,10	250m 03:34.10 48,95	350m 04:59.17 36,64	
	100m 01:14.94 40,12	200m 02:45.15 45,11	300m 04:22.53 48,43		
6. Rijk Heere (ZPC AMERSFOORT, 200300897)					05:36.06(+77)
	50m 00:36.11 36,11	150m 02:06.61 46,05	250m 03:36.55 45,96	350m 05:01.34 38,09	
	100m 01:20.56 44,45	200m 02:50.59 43,98	300m 04:23.25 46,70		
7. Yorick Visser (ZPC De Zeeuwse Kust, 200301957)					05:36.43(+71)
	50m 00:34.54 34,54	150m 01:59.90 44,71	250m 03:32.69 49,49	350m 05:01.64 37,85	
	100m 01:15.19 40,65	200m 02:43.20 43,30	300m 04:23.79 51,10		
8. Stan de Swart (PSV, 200300535)					05:38.26(+69)
	50m 00:35.64 35,64	150m 02:01.20 43,21	250m 03:32.85 48,66	350m 05:02.39 39,55	
	100m 01:17.99 42,35	200m 02:44.19 42,99	300m 04:22.84 49,99		
9. Luuk Hulleman (ZVV, 200300189)					05:38.33(+77)
	50m 00:33.51 33,51	150m 02:00.21 44,10	250m 03:33.34 50,35	350m 05:03.06 38,60	
	100m 01:16.11 42,60	200m 02:42.99 42,78	300m 04:24.46 51,12		
10. Sam van der Stroom (PSV, 200304409)					05:44.19(+69)
	50m 00:36.93 36,93	150m 02:04.17 44,39	250m 03:35.38 48,65	350m 05:05.93 41,16	
	100m 01:19.78 42,85	200m 02:46.73 42,56	300m 04:24.77 49,39		

11. Niels Kragt (Dedemsvaart-AC, 200300155)					05:45.15(+78)
50m	00:36.57 36,57	150m 02:02.44 44,58	250m 03:35.76 50,86	350m 05:06.87 39,60	
100m	01:17.86 41,29	200m 02:44.90 42,46	300m 04:27.27 51,51		
12. Bjarne Buijs (The Hague Swimming (SG), 200301089)					05:45.53(+89)
50m	00:37.86 37,86	150m 02:09.54 44,28	250m 03:40.76 48,04	350m 05:09.99 40,65	
100m	01:25.26 47,40	200m 02:52.72 43,18	300m 04:29.34 48,58		
13. Kylian Heederik (Deltasteur, 200300353)					05:45.67(+82)
50m	00:36.75 36,75	150m 02:01.70 41,81	250m 03:32.69 48,88	350m 05:06.24 42,85	
100m	01:19.89 43,14	200m 02:43.81 42,11	300m 04:23.39 50,70		
14. Sjors Lemmers (Merlet, 200300555)					05:47.86(+65)
50m	00:36.51 36,51	150m 02:05.25 46,88	250m 03:36.83 49,36	350m 05:09.21 41,89	
100m	01:18.37 41,86	200m 02:47.47 42,22	300m 04:27.32 50,49		
15. Laren Schavemaker (The Hague Swimming (SG), 200300607)					05:56.27(+68)
50m	00:38.64 38,64	150m 02:10.46 46,85	250m 03:46.84 52,57	350m 05:18.25 40,85	
100m	01:23.61 44,97	200m 02:54.27 43,81	300m 04:37.40 50,56		
16. Frederik Adema (De Granaet, 200300253)					05:58.01(+73)
50m	00:37.83 37,83	150m 02:06.75 43,70	250m 03:43.37 53,99	350m 05:18.57 41,79	
100m	01:23.05 45,22	200m 02:49.38 42,63	300m 04:36.78 53,41		
130. 400m wisselslag - Heren					
13 - 13 jaar (Junioren 2)					
1. Maurice Pater (TriVia, 200200909)					05:07.14(+86)
50m	00:30.69 30,69	150m 01:49.38 41,49	250m 03:15.68 45,86	350m 04:34.71 33,03	
100m	01:07.89 37,20	200m 02:29.82 40,44	300m 04:01.68 46,00		
2. Jarno Koster (Aqua-Novio'94, 200200637)					05:08.19(+80)
50m	00:32.14 32,14	150m 01:49.75 39,13	250m 03:12.33 44,02	350m 04:33.50 36,13	
100m	01:10.62 38,48	200m 02:28.31 38,56	300m 03:57.37 45,04		
3. Timo Spaans (PSV, 200201087)					05:10.80(+70)
50m	00:31.15 31,15	150m 01:49.90 41,37	250m 03:13.88 44,39	350m 04:36.57 37,32	
100m	01:08.53 37,38	200m 02:29.49 39,59	300m 03:59.25 45,37		
4. Viktor Koets (LZ 1886, 200201677)					05:19.27(+75)
50m	00:33.76 33,76	150m 01:55.97 40,45	250m 03:19.22 44,11	350m 04:42.92 37,49	
100m	01:15.52 41,76	200m 02:35.11 39,14	300m 04:05.43 46,21		
5. Thomas Weening (De Dolfijn, 200200523)					05:19.87(+82)
50m	00:31.52 31,52	150m 01:52.97 43,17	250m 03:23.17 48,52	350m 04:46.68 34,99	
100m	01:09.80 38,28	200m 02:34.65 41,68	300m 04:11.69 48,52		
6. Jurre Hanstede (De Dinkel, 200201019)					05:21.71(+80)
50m	00:33.80 33,80	150m 01:55.86 41,77	250m 03:22.91 45,67	350m 04:47.37 37,39	
100m	01:14.09 40,29	200m 02:37.24 41,38	300m 04:09.98 47,07		
7. Dushan de Bruijn (De Forel, 200201273)					05:21.86(+79)
50m	00:33.85 33,85	150m 01:55.85 41,61	250m 03:22.99 46,51	350m 04:46.72 37,14	
100m	01:14.24 40,39	200m 02:36.48 40,63	300m 04:09.58 46,59		
8. Brandon van den Berg (Poseidon'56, 200200669)					05:21.98(+57)
50m	00:32.92 32,92	150m 01:54.97 42,33	250m 03:22.28 46,21	350m 04:46.74 37,96	
100m	01:12.64 39,72	200m 02:36.07 41,10	300m 04:08.78 46,50		
9. Anthony Huyhn (VZC E&P, 200200605)					05:26.72(+72)
50m	00:35.69 35,69	150m 02:02.87 43,00	250m 03:26.94 42,97	350m 04:49.56 37,64	
100m	01:19.87 44,18	200m 02:43.97 41,10	300m 04:11.92 44,98		
10. Guus Hoogduin (LZ 1886, 200201069)					05:29.12(+70)
50m	00:34.16 34,16	150m 01:55.52 42,29	250m 03:23.01 45,33	350m 04:50.51 40,16	
100m	01:13.23 39,07	200m 02:37.68 42,16	300m 04:10.35 47,34		
11. Makai van Haren (De Forel, 200200627)					05:30.29(+75)
50m	00:33.50 33,50	150m 01:55.21 41,96	250m 03:26.67 50,48	350m 04:54.17 37,39	
100m	01:13.25 39,75	200m 02:36.19 40,98	300m 04:16.78 50,11		
12. Devin Servais (De Dommelbaarzen, 200202285)					05:31.54(+76)

	50m 00:33.55 33,55	150m 01:54.46 41,09	250m 03:22.07 46,98	350m 04:50.81 40,39	
	100m 01:13.37 39,82	200m 02:35.09 40,63	300m 04:10.42 48,35		
13. Tristan Scholten (ZV 44, 200201683)					05:32.92(+72)
	50m 00:33.11 33,11	150m 01:57.76 43,94	250m 03:29.52 48,20	350m 04:56.12 37,90	
	100m 01:13.82 40,71	200m 02:41.32 43,56	300m 04:18.22 48,70		
14. Jelmer North (Nuenen, 200200617)					05:33.60(+77)
	50m 00:35.31 35,31	150m 01:57.47 41,91	250m 03:28.92 49,78	350m 04:56.17 37,46	
	100m 01:15.56 40,25	200m 02:39.14 41,67	300m 04:18.71 49,79		
15. Robin van Peenen (De Columbiaan, 200201059)					05:34.51(+77)
	50m 00:34.06 34,06	150m 01:59.93 41,76	250m 03:30.02 48,11	350m 04:57.27 38,96	
	100m 01:18.17 44,11	200m 02:41.91 41,98	300m 04:18.31 48,29		
16. Cas Jansen (The Hague Swimming (SG), 200203263)					05:42.59(+64)
	50m 00:34.98 34,98	150m 02:01.65 43,55	250m 03:34.99 50,70	350m 05:03.97 38,79	
	100m 01:18.10 43,12	200m 02:44.29 42,64	300m 04:25.18 50,19		
131. 400m wisselslag - Heren					
14 - 14 jaar (Junioren 3)					
1. Caspar Corbeau (ZPC AMERSFOORT, 200105099)					04:47.16(+75)
	50m 00:30.21 30,21	150m 01:42.80 37,94	250m 03:00.47 40,32	350m 04:13.60 33,03	
	100m 01:04.86 34,65	200m 02:20.15 37,35	300m 03:40.57 40,10		
2. Sander Crooijmans (VZC E&P, 200100383)					04:57.09(+79)
	50m 00:31.14 31,14	150m 01:46.09 37,99	250m 03:07.14 43,47	350m 04:24.40 33,36	
	100m 01:08.10 36,96	200m 02:23.67 37,58	300m 03:51.04 43,90		
3. David Anthonio (De Kikker, 200102551)					05:01.69(+100)
	50m 00:32.36 32,36	150m 01:50.52 38,60	250m 03:10.56 41,60	350m 04:28.95 34,42	
	100m 01:11.92 39,56	200m 02:28.96 38,44	300m 03:54.53 43,97		
4. Emile Dost (Borger, 200100731)					05:04.23(+81)
	50m 00:32.27 32,27	150m 01:49.23 38,50	250m 03:10.29 42,83	350m 04:29.95 35,77	
	100m 01:10.73 38,46	200m 02:27.46 38,23	300m 03:54.18 43,89		
5. Vincent Crooijmans (VZC E&P, 200100381)					05:05.45(+76)
	50m 00:31.48 31,48	150m 01:50.50 39,27	250m 03:11.92 44,19	350m 04:31.98 34,84	
	100m 01:11.23 39,75	200m 02:27.73 37,23	300m 03:57.14 45,22		
6. Coen de Lang (ZPC Hoogeveen, 200100067)					05:06.11(+70)
	50m 00:33.73 33,73	150m 01:52.42 38,61	250m 03:12.98 42,27	350m 04:31.85 35,03	
	100m 01:13.81 40,08	200m 02:30.71 38,29	300m 03:56.82 43,84		
7. Jelmar Koopman (De Forel, 200100249)					05:07.39(+74)
	50m 00:32.61 32,61	150m 01:48.96 39,56	250m 03:14.26 46,59	350m 04:34.63 34,42	
	100m 01:09.40 36,79	200m 02:27.67 38,71	300m 04:00.21 45,95		
8. Stijn Boertien (Dedemsvaart-AC, 200100719)					05:09.76(+84)
	50m 00:31.34 31,34	150m 01:53.71 42,61	250m 03:16.25 41,56	350m 04:35.51 36,21	
	100m 01:11.10 39,76	200m 02:34.69 40,98	300m 03:59.30 43,05		
9. Freek Hollander (The Hague Swimming (SG), 200103815)					05:11.78(+82)
	50m 00:32.14 32,14	150m 01:47.79 39,96	250m 03:13.62 47,17	350m 04:37.73 37,30	
	100m 01:07.83 35,69	200m 02:26.45 38,66	300m 04:00.43 46,81		
10. Daen Spoor (VZC E&P, 200101117)					05:11.90(+69)
	50m 00:30.60 30,60	150m 01:47.14 39,68	250m 03:09.99 44,48	350m 04:34.85 38,53	
	100m 01:07.46 36,86	200m 02:25.51 38,37	300m 03:56.32 46,33		
11. Rohan Vazirani (The Hague Swimming (SG), 200104499)					05:14.18(+76)
	50m 00:32.65 32,65	150m 01:52.75 41,75	250m 03:18.29 44,61	350m 04:40.19 36,41	
	100m 01:11.00 38,35	200m 02:33.68 40,93	300m 04:03.78 45,49		
12. Quinn van den Heuvel (ZPC Numansdorp, 200100297)					05:14.59(+72)
	50m 00:31.27 31,27	150m 01:54.02 42,48	250m 03:18.10 42,38	350m 04:38.53 36,85	
	100m 01:11.54 40,27	200m 02:35.72 41,70	300m 04:01.68 43,58		
13. Stefan Waalkens (De Houtrib, 200100611)					05:14.66(+66)
	50m 00:32.05 32,05	150m 01:49.70 38,53	250m 03:15.29 46,79	350m 04:40.74 36,90	

	100m 01:11.17	39,12	200m 02:28.50	38,80	300m 04:03.84	48,55		
14. Melle van Gemert (ZPC De Zeeuwse Kust, 200100687)							05:16.25(+69)	
	50m 00:30.71	30,71	150m 01:47.70	39,54	250m 03:13.83	46,88	350m 04:40.43	39,00
	100m 01:08.16	37,45	200m 02:26.95	39,25	300m 04:01.43	47,60		
15. Max Visser (WVZ, 200100077)							05:16.29(+77)	
	50m 00:32.19	32,19	150m 01:50.00	39,92	250m 03:16.50	47,99	350m 04:41.62	37,02
	100m 01:10.08	37,89	200m 02:28.51	38,51	300m 04:04.60	48,10		
16. Christiaan Smit (De Fuut, 200102463)							05:16.44(+72)	
	50m 00:32.73	32,73	150m 01:53.23	40,06	250m 03:19.54	47,09	350m 04:42.30	35,71
	100m 01:13.17	40,44	200m 02:32.45	39,22	300m 04:06.59	47,05		
17. Tjeerd van Stein (LZ 1886, 200101439)							05:17.19(+79)	
	50m 00:34.03	34,03	150m 01:54.63	40,28	250m 03:20.08	46,44	350m 04:42.60	35,70
	100m 01:14.35	40,32	200m 02:33.64	39,01	300m 04:06.90	46,82		
18. Rick Bulman (PSV, 200101899)							05:17.45(+68)	
	50m 00:31.89	31,89	150m 01:55.72	43,93	250m 03:22.08	44,49	350m 04:43.50	36,83
	100m 01:11.79	39,90	200m 02:37.59	41,87	300m 04:06.67	44,59		
19. Jan-Willem Topfer (PSV, 200101825)							05:18.60(+73)	
	50m 00:31.42	31,42	150m 01:50.76	42,33	250m 03:18.67	45,28	350m 04:42.41	37,30
	100m 01:08.43	37,01	200m 02:33.39	42,63	300m 04:05.11	46,44		
20. Janne Englebort (Hieronymus, 200101561)							05:18.97(+77)	
	50m 00:32.76	32,76	150m 01:52.64	39,46	250m 03:19.96	49,10	350m 04:45.23	36,14
	100m 01:13.18	40,42	200m 02:30.86	38,22	300m 04:09.09	49,13		
21. Jarmo van den Blink (De Houtrib, 200100585)							05:21.46(+93)	
	50m 00:32.61	32,61	150m 01:54.64	40,41	250m 03:20.76	45,72	350m 04:44.70	36,08
	100m 01:14.23	41,62	200m 02:35.04	40,40	300m 04:08.62	47,86		
22. Mathijs Verdonck (PSV, 200101685)							05:26.60(+80)	
	50m 00:34.75	34,75	150m 01:58.15	41,65	250m 03:27.14	47,46	350m 04:51.45	37,72
	100m 01:16.50	41,75	200m 02:39.68	41,53	300m 04:13.73	46,59		
DIS. Marcel Delfstra (Orca, 200100037)							00:00.00	
132. 400m wisselslag - Heren								
15 - 15 jaar (Junioren 4)								
1. Jari Groenhart (RTC - TriVia, 200000271)							04:40.76(+76)	
	50m 00:28.84	28,84	150m 01:40.13	36,73	250m 02:55.16	39,37	350m 04:08.96	32,81
	100m 01:03.40	34,56	200m 02:15.79	35,66	300m 03:36.15	40,99		
2. Sten Postma (VZC E&P, 200000011)							04:45.74(+72)	
	50m 00:29.95	29,95	150m 01:44.04	38,59	250m 03:01.62	40,44	350m 04:14.94	32,05
	100m 01:05.45	35,50	200m 02:21.18	37,14	300m 03:42.89	41,27		
3. Tim Hoogerwerf (DWK, 200005587)							04:47.31(+81)	
	50m 00:29.37	29,37	150m 01:41.34	37,04	250m 03:00.06	42,36	350m 04:15.79	32,86
	100m 01:04.30	34,93	200m 02:17.70	36,36	300m 03:42.93	42,87		
4. Chad Michau (DWK, 200005653)							04:53.85(+79)	
	50m 00:30.66	30,66	150m 01:43.68	38,05	250m 03:03.80	43,14	350m 04:21.77	34,15
	100m 01:05.63	34,97	200m 02:20.66	36,98	300m 03:47.62	43,82		
5. Olivier Jans (De Fuut, 200001815)							04:56.85(+80)	
	50m 00:32.55	32,55	150m 01:48.28	38,18	250m 03:06.27	40,79	350m 04:22.90	34,56
	100m 01:10.10	37,55	200m 02:25.48	37,20	300m 03:48.34	42,07		
6. Thom Delno (RTC- VZC E&P, 200000013)							05:03.48(+75)	
	50m 00:31.54	31,54	150m 01:48.38	39,99	250m 03:10.79	43,06	350m 04:29.71	36,08
	100m 01:08.39	36,85	200m 02:27.73	39,35	300m 03:53.63	42,84		
7. Nick van der Woude (ZV Haerlem, 200001391)							05:09.73(+76)	
	50m 00:30.90	30,90	150m 01:51.73	41,40	250m 03:16.16	44,03	350m 04:35.58	34,95
	100m 01:10.33	39,43	200m 02:32.13	40,40	300m 04:00.63	44,47		
8. Noah Legerstee (WVZ, 200003593)							05:10.42(+69)	

50m	00:29.67	29,67	150m	01:45.10	39,57	250m	03:10.60	45,79	350m	04:34.48	36,82
100m	01:05.53	35,86	200m	02:24.81	39,71	300m	03:57.66	47,06			

133. 400m wisselslag - Dames

14 - 15 jaar (Jeugd 1 en 2)

1. Laura Setz (Nova, 200000130) 05:04.41(+85)

50m	00:32.10	32,10	150m	01:48.23	38,45	250m	03:11.72	45,13	350m	04:31.37	34,05
100m	01:09.78	37,68	200m	02:26.59	38,36	300m	03:57.32	45,60			
2. Indy Jongman (RTC - PSV, 200100528) 05:11.33(+75)

50m	00:32.23	32,23	150m	01:51.64	39,80	250m	03:15.71	45,24	350m	04:37.23	35,68
100m	01:11.84	39,61	200m	02:30.47	38,83	300m	04:01.55	45,84			
3. Inge Vieveen (RTC - WVZ, 200100024) 05:15.76(+91)

50m	00:32.60	32,60	150m	01:54.64	42,84	250m	03:20.01	44,46	350m	04:41.16	36,41
100m	01:11.80	39,20	200m	02:35.55	40,91	300m	04:04.75	44,74			
4. Silke Molendijk (VZC E&P, 200100178) 05:20.29(+78)

50m	00:32.75	32,75	150m	01:53.92	43,60	250m	03:21.29	45,74	350m	04:44.81	37,64
100m	01:10.32	37,57	200m	02:35.55	41,63	300m	04:07.17	45,88			
5. Kaylee de Jong (ZPCH, 200001234) 05:20.82(+96)

50m	00:32.77	32,77	150m	01:54.27	41,67	250m	03:22.41	47,95	350m	04:46.44	36,78
100m	01:12.60	39,83	200m	02:34.46	40,19	300m	04:09.66	47,25			
6. Kim Rebergen (Hellas-Glana, 200100676) 05:25.86(+73)

50m	00:33.29	33,29	150m	01:56.94	41,82	250m	03:26.03	47,74	350m	04:52.30	37,57
100m	01:15.12	41,83	200m	02:38.29	41,35	300m	04:14.73	48,70			
7. Lauren van IJII (WVZ, 200001064) 05:26.86(+113)

50m	00:33.24	33,24	150m	01:54.89	42,57	250m	03:24.07	46,92	350m	04:50.32	39,22
100m	01:12.32	39,08	200m	02:37.15	42,26	300m	04:11.10	47,03			
8. Isabel Aardema (ESCA Zwemmen, 200100364) 05:27.70(+81)

50m	00:33.55	33,55	150m	01:57.20	43,01	250m	03:24.82	46,91	350m	04:50.40	39,10
100m	01:14.19	40,64	200m	02:37.91	40,71	300m	04:11.30	46,48			
9. Lize Janna de Vries (Orca, 200101948) 05:30.40(+79)

50m	00:33.97	33,97	150m	01:59.63	42,95	250m	03:28.16	47,07	350m	04:53.49	37,13
100m	01:16.68	42,71	200m	02:41.09	41,46	300m	04:16.36	48,20			
10. Brit Brandsma (De Forel, 200100026) 05:31.63(+72)

50m	00:33.79	33,79	150m	01:57.05	41,03	250m	03:26.69	49,34	350m	04:54.97	39,09
100m	01:16.02	42,23	200m	02:37.35	40,30	300m	04:15.88	49,19			
11. Lonneke Kampman (PSV, 200100146) 05:32.77(+80)

50m	00:35.44	35,44	150m	02:00.50	43,03	250m	03:28.27	47,37	350m	04:55.44	39,05
100m	01:17.47	42,03	200m	02:40.90	40,40	300m	04:16.39	48,12			
12. Marit Boxum (Deltasteur, 200000068) 05:33.13(+92)

50m	00:34.78	34,78	150m	01:58.23	41,26	250m	03:26.04	47,72	350m	04:54.16	38,91
100m	01:16.97	42,19	200m	02:38.32	40,09	300m	04:15.25	49,21			
13. Milou van den Beucken (Swimteam Helden-Mosa (SG), 200002564) 05:35.34(+78)

50m	00:33.52	33,52	150m	01:59.23	42,17	250m	03:31.47	50,73	350m	04:58.97	37,12
100m	01:17.06	43,54	200m	02:40.74	41,51	300m	04:21.85	50,38			
14. Sanne Barten (Aquarijn, 200101282) 05:35.39(+75)

50m	00:35.46	35,46	150m	02:01.14	42,45	250m	03:32.00	50,17	350m	04:59.87	38,71
100m	01:18.69	43,23	200m	02:41.83	40,69	300m	04:21.16	49,16			
15. Anique Coelingh (ZPC Hoogeveen, 200000638) 05:37.09(+93)

50m	00:34.97	34,97	150m	01:59.06	41,51	250m	03:28.97	49,49	350m	04:59.10	39,69
100m	01:17.55	42,58	200m	02:39.48	40,42	300m	04:19.41	50,44			
16. Imke van den Hoef (HZPC, 200101552) 05:37.25(+80)

50m	00:35.24	35,24	150m	02:01.22	45,08	250m	03:33.87	49,80	350m	05:01.96	38,47
100m	01:16.14	40,90	200m	02:44.07	42,85	300m	04:23.49	49,62			
17. Merel Phaff (Nuenen, 200100434) 05:37.85(+75)

50m	00:33.36	33,36	150m	01:54.24	41,50	250m	03:27.36	51,44	350m	04:59.09	39,28
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	100m 01:12.74 39,38	200m 02:35.92 41,68	300m 04:19.81 52,45	
18. Valesca van den Bogert (Hieronymus, 200102138)				05:38.12(+88)
	50m 00:34.45 34,45	150m 02:01.98 44,62	250m 03:35.47 48,36	350m 05:04.39 38,93
	100m 01:17.36 42,91	200m 02:47.11 45,13	300m 04:25.46 49,99	
19. Noa de Vries (Aqua-Novio'94, 200101556)				05:38.43(+80)
	50m 00:33.24 33,24	150m 01:59.50 45,93	250m 03:30.85 47,32	350m 05:00.11 40,75
	100m 01:13.57 40,33	200m 02:43.53 44,03	300m 04:19.36 48,51	
20. Lindy Elkerbout (De Veene, 200000604)				05:40.94(+80)
	50m 00:34.62 34,62	150m 02:01.20 44,38	250m 03:31.52 47,14	350m 05:01.91 41,44
	100m 01:16.82 42,20	200m 02:44.38 43,18	300m 04:20.47 48,95	
21. Floor de Kievit (The Hague Swimming (SG), 200100238)				05:41.15(+75)
	50m 00:34.45 34,45	150m 02:00.01 44,15	250m 03:32.68 49,37	350m 05:02.79 40,51
	100m 01:15.86 41,41	200m 02:43.31 43,30	300m 04:22.28 49,60	
22. Kirsten Walraven (ZPC De Zeeuwse Kust, 200001358)				05:41.22(+81)
	50m 00:35.22 35,22	150m 01:59.86 41,85	250m 03:33.37 51,72	350m 05:03.76 38,86
	100m 01:18.01 42,79	200m 02:41.65 41,79	300m 04:24.90 51,53	
23. Wiktorja Redzimska (ZPC Hoogeveen, 200106042)				05:42.15(+66)
	50m 00:36.71 36,71	150m 02:02.47 41,73	250m 03:34.27 49,64	350m 05:04.86 40,61
	100m 01:20.74 44,03	200m 02:44.63 42,16	300m 04:24.25 49,98	
24. Giulia Corsi (De Columbiaan, 200100468)				05:43.83(+77)
	50m 00:37.00 37,00	150m 02:07.30 45,13	250m 03:38.62 47,86	350m 05:07.72 38,56
	100m 01:22.17 45,17	200m 02:50.76 43,46	300m 04:29.16 50,54	
25. Anouschka Steenbergen (ZPC Hoogeveen, 200000280)				05:43.84(+80)
	50m 00:38.37 38,37	150m 02:02.92 39,08	250m 03:33.91 51,37	350m 05:04.28 39,04
	100m 01:23.84 45,47	200m 02:42.54 39,62	300m 04:25.24 51,33	
26. Caroline Boxman (ZPCH, 200004660)				05:45.78(+79)
	50m 00:34.82 34,82	150m 02:04.21 46,50	250m 03:39.36 50,40	350m 05:09.08 38,96
	100m 01:17.71 42,89	200m 02:48.96 44,75	300m 04:30.12 50,76	
27. Annemarie Hoving (TriVia, 200000248)				05:48.98(+79)
	50m 00:35.54 35,54	150m 02:03.40 44,98	250m 03:37.83 49,95	350m 05:09.96 40,56
	100m 01:18.42 42,88	200m 02:47.88 44,48	300m 04:29.40 51,57	
28. Jana Plaisier (ZZ&PC De Devel, 200101266)				05:52.88(+80)
	50m 00:35.29 35,29	150m 02:03.88 46,91	250m 03:42.73 53,94	350m 05:15.14 38,42
	100m 01:16.97 41,68	200m 02:48.79 44,91	300m 04:36.72 53,99	
29. Anne van der Zwan (The Hague Swimming (SG), 200101134)				06:01.31(+75)
	50m 00:35.31 35,31	150m 02:05.55 48,08	250m 03:46.07 53,18	350m 05:20.59 41,27
	100m 01:17.47 42,16	200m 02:52.89 47,34	300m 04:39.32 53,25	
DIS. Jill Blide (ZPC Hoogeveen, 200004734)				00:00.00
134. 200m vrije slag - Heren				
16 - 17 jaar (Jeugd 1 en 2)				
1. Frank Roovers (RTC - PSV, 199800219)				01:52.37(+72)
	50m 00:26.42 26,42	100m 00:54.83 28,41	150m 01:23.39 28,56	
2. Nyls Korstanje (RTC - Aqua Novio '94, 199901941)				01:53.49(+67)
	50m 00:26.00 26,00	100m 00:54.61 28,61	150m 01:24.11 29,50	
3. Jens Krijgsman (RTC - De Columbiaan, 199901429)				01:55.37(+72)
	50m 00:26.90 26,90	100m 00:55.94 29,04	150m 01:25.80 29,86	
4. Floris Kotterink (Albion, 199800199)				01:55.71(+68)
	50m 00:26.98 26,98	100m 00:56.50 29,52	150m 01:26.08 29,58	
5. Berjen Mellema (RTC - Nova, 199800615)				01:56.70(+166)
	50m 00:26.83 26,83	100m 00:56.51 29,68	150m 01:26.97 30,46	
6. Bart Sommeling (De Dolfijn, 199800765)				01:58.18(+63)
	50m 00:26.92 26,92	100m 00:56.50 29,58	150m 01:27.62 31,12	

7. Jonne Schaafsma (RTC - Racing Club, 199800745)				01:58.78(+70)
50m	00:28.37	28,37	100m 00:58.42	30,05
150m	01:28.94	30,52		
8. Ruben Stam (Albion, 199800331)				01:59.35(+69)
50m	00:27.19	27,19	100m 00:57.13	29,94
150m	01:28.21	31,08		
9. Dario van Hulst (Kimbria, 199903169)				02:00.08(+77)
50m	00:27.68	27,68	100m 00:58.19	30,51
150m	01:29.24	31,05		
10. Thijs van Wieringen (De Columbiaan, 199900577)				02:00.42(+69)
50m	00:26.30	26,30	100m 00:56.74	30,44
150m	01:28.66	31,92		
11. Toine Willigers (Zwemclub Eijsden, 199902155)				02:00.69(+73)
50m	00:26.97	26,97	100m 00:57.37	30,40
150m	01:28.58	31,21		
12. Stijn Simons (PSV, 199900813)				02:00.73(+72)
50m	00:28.02	28,02	100m 00:57.93	29,91
150m	01:29.27	31,34		
13. Mathieu Boers (WS Twente, 199800187)				02:01.61(+76)
50m	00:27.39	27,39	100m 00:57.70	30,31
150m	01:29.23	31,53		
14. Jorian Tanis (De Schotegil, 199900327)				02:01.69(+81)
50m	00:28.35	28,35	100m 00:59.38	31,03
150m	01:31.06	31,68		
15. Ingmar Hartman (De Kikker, 199801013)				02:02.22(+71)
50m	00:27.46	27,46	100m 00:58.23	30,77
150m	01:30.71	32,48		
16. Jordi de Nijs (MSV-Zeemacht, 199801851)				02:02.34(+68)
50m	00:27.92	27,92	100m 00:58.34	30,42
150m	01:30.17	31,83		
17. Thomas Kappe (ZPC Hoogeveen, 199805141)				02:02.41(+71)
50m	00:28.19	28,19	100m 00:59.27	31,08
150m	01:30.23	30,96		
18. Stijn van Aken (ZPC AMERSFOORT, 199902649)				02:02.57(+67)
50m	00:27.43	27,43	100m 00:58.31	30,88
150m	01:30.52	32,21		
19. Lars van der Haijden (Hellas-Glana, 199900225)				02:03.81(+71)
50m	00:27.21	27,21	100m 00:58.34	31,13
150m	01:31.35	33,01		
20. Ebel van Geemen (NDD, 199901095)				02:03.92(+77)
50m	00:29.05	29,05	100m 01:01.27	32,22
150m	01:33.18	31,91		
21. Nicko Kamphuis (De Warande, 199900887)				02:04.49(+59)
50m	00:27.98	27,98	100m 00:59.36	31,38
150m	01:32.19	32,83		
22. Jesse van Dijk (De Houtrib, 199903259)				02:04.76(+70)
50m	00:28.16	28,16	100m 01:00.15	31,99
150m	01:33.27	33,12		
23. Cédric Broere (Hieronimus, 199902227)				02:04.93(+68)
50m	00:28.33	28,33	100m 01:00.22	31,89
150m	01:32.98	32,76		
24. Wilko Blaauw (De Waalstroom, 199801513)				02:05.98(+72)
50m	00:28.28	28,28	100m 01:00.10	31,82
150m	01:32.61	32,51		
25. Nick van Nijburg (De Dolfijn, 199902169)				02:06.08(+68)
50m	00:29.82	29,82	100m 01:02.24	32,42
150m	01:34.79	32,55		
26. Jelle Blankestijn (ZPC AMERSFOORT, 199803737)				02:06.22(+114)
50m	00:28.58	28,58	100m 00:59.95	31,37
150m	01:33.18	33,23		
27. Noa Eversdijk (ZPC De Zeeuwse Kust, 199903595)				02:06.39(+79)
50m	00:27.76	27,76	100m 00:59.37	31,61
150m	01:32.21	32,84		
28. Bob de Groot (De Kikker, 199903585)				02:07.50(+72)
50m	00:28.74	28,74	100m 01:00.34	31,60
150m	01:33.58	33,24		
29. Max Peters (De Dommelbaarzen, 199903123)				02:08.00(+73)
50m	00:28.70	28,70	100m 01:01.11	32,41
150m	01:34.85	33,74		
30. Mees van Duinhoven (RZC, 199804913)				02:09.92(+80)
50m	00:27.91	27,91	100m 01:00.09	32,18
150m	01:35.39	35,30		
DIS. Bas Takken (NTC PARA-ZV Hoorn, 199901643) [S10]				00:00.00

2135. 200m vrije slag - Heren

12 - 17 jaar

1. Rogier Dorsman (NTC PARA-ZZ&PC De Devel, 199900211) [S12] 02:12.11(+69)
50m 00:30.1030,10 100m 01:03.4233,32 150m 01:37.5534,13
2. Bastian Renshoff (Octopus, 200001261) [S10] 02:10.13(+87)
50m 00:29.2529,25 100m 01:02.4633,21 150m 01:36.3733,91
3. Tim van Duuren (NTC PARA-WIDEX GZC Donk, 199802255) [S9] 02:16.94(+63)
50m 00:30.3730,37 100m 01:04.9634,59 150m 01:41.2336,27
4. Duncan van Haaren (NTC PARA-WIDEX GZC Donk, 200000681) [S10] 02:14.43(+69)
50m 00:30.1930,19 100m 01:04.4134,22 150m 01:40.0335,62
5. Sebastiaan Broere (Hieronymus, 199803687) [S14] 02:16.72(+92)
50m 00:30.9130,91 100m 01:05.0334,12 150m 01:40.6135,58
6. Querijn Hensen (De Duinkickers, 200102121) [S10] 02:18.10(+67)
50m 00:30.3030,30 100m 01:04.7134,41 150m 01:41.2836,57
7. Sam Janmaat (De Duinkickers, 200203017) [S10] 02:22.37(+74)
50m 00:31.6131,61 100m 01:07.4235,81 150m 01:44.8937,47

136. 200m vrije slag - Dames

14 - 15 jaar (Jeugd 1 en 2)

1. Laura van Engelen (RTC - AquAmigos, 200000350) 02:05.36(+80)
50m 00:28.7328,73 100m 01:00.4131,68 150m 01:33.4233,01
2. Laura Setz (Nova, 200000130) 02:06.19(+87)
50m 00:29.0429,04 100m 01:00.8831,84 150m 01:33.6632,78
3. Marij van der Mast (RTC - PSV, 200000676) 02:06.45(+74)
50m 00:29.6129,61 100m 01:01.7132,10 150m 01:33.9632,25
4. Claire Verkijk (RTC - WVZ, 200100240) 02:07.72(+77)
50m 00:29.8529,85 100m 01:02.1632,31 150m 01:35.5133,35
5. Silke Holkenborg (Montferland, 200100292) 02:08.53(+191)
50m 00:29.7729,77 100m 01:02.6832,91 150m 01:36.0733,39
6. Alinda Dingshoff (ZPC Hoogeveen, 200000928) 02:10.80(+74)
50m 00:30.3430,34 100m 01:03.2432,90 150m 01:36.5933,35
7. Ya'elle Lucht (RTC - De Houtrib, 200104628) 02:11.84(+77)
50m 00:30.2930,29 100m 01:03.8833,59 150m 01:38.8234,94
8. Inge Vieveen (RTC - WVZ, 200100024) 02:12.51(+81)
50m 00:30.4930,49 100m 01:03.4732,98 150m 01:37.8434,37
9. Danieke van der Kooi (Orca, 200000552) 02:12.71(+76)
50m 00:30.6230,62 100m 01:04.3133,69 150m 01:38.6634,35
10. Sarah Scholten (PSV, 200006196) 02:12.75(+73)
50m 00:30.3430,34 100m 01:03.8533,51 150m 01:38.7134,86
11. Storm Willemsen (DWK, 200100570) 02:12.93(+119)
50m 00:30.4130,41 100m 01:03.9633,55 150m 01:39.2235,26
12. Marit de Lau (RTC - PSV, 200101338) 02:13.32(+68)
50m 00:31.4931,49 100m 01:05.3333,84 150m 01:39.8434,51
13. Kaylin Stel (De Dolfijn, 200100290) 02:14.05(+70)
50m 00:31.0031,00 100m 01:05.0934,09 150m 01:40.5135,42
14. Sam van Nunen (PSV, 200100036) 02:14.83(+73)
50m 00:31.7131,71 100m 01:06.5934,88 150m 01:41.5834,99
15. Sanne Heemskerk (LZ 1886, 200100600) 02:15.00(+75)
50m 00:30.8830,88 100m 01:05.4034,52 150m 01:41.1035,70
16. Janneke Lenderink (De Dinkel, 200100328) 02:15.18(+75)
50m 00:32.3432,34 100m 01:07.3635,02 150m 01:41.9134,55

17. Chefanja Nunes (RTC - WVZ, 200104750)				02:15.89(+64)			
50m	00:30.28	30,28	100m 01:04.74	34,46	150m 01:40.50	35,76	
18. LouLou Janssen (RTC - De Columbiaan, 200100132)				02:15.97(+78)			
50m	00:30.30	30,30	100m 01:04.11	33,81	150m 01:39.93	35,82	
19. Danae Kingma (OEZA, 200001740)				02:16.34			
50m	00:31.11	31,11	100m 01:06.72	35,61	150m 01:42.05	35,33	
20. Marleen Ankersmit (Aqua-Novio'94, 200001930)				02:16.35(+78)			
50m	00:31.47	31,47	100m 01:06.09	34,62	150m 01:41.20	35,11	
21. Manon Compagner (Dedemsvaart-AC, 200101710)				02:16.48(+76)			
50m	00:30.69	30,69	100m 01:05.40	34,71	150m 01:40.71	35,31	
22. Romée Spin (De Dinkel, 200000724)				02:16.73(+80)			
50m	00:30.93	30,93	100m 01:04.97	34,04	150m 01:40.25	35,28	
23. Marlinde Beukers (WVZ, 200101934)				02:16.99(+76)			
50m	00:31.60	31,60	100m 01:06.33	34,73	150m 01:42.31	35,98	
24. Mathilde Stolmeijer (De Dinkel, 200100590)				02:17.23(+89)			
50m	00:31.66	31,66	100m 01:06.81	35,15	150m 01:42.78	35,97	
25. Sterre van de Goor (Arethusa, 200102168)				02:17.26(+89)			
50m	00:31.96	31,96	100m 01:06.62	34,66	150m 01:42.51	35,89	
26. Laura Nieuwland (ZPC De Zeeuwse Kust, 200001834)				02:17.31(+79)			
50m	00:31.00	31,00	100m 01:06.23	35,23	150m 01:42.48	36,25	
27. Jill Blide (ZPC Hoogeveen, 200004734)				02:17.48(+79)			
50m	00:32.71	32,71	100m 01:07.47	34,76	150m 01:43.00	35,53	
28. Sam IJzerman (De Geul, 200101204)				02:17.79(+78)			
50m	00:31.56	31,56	100m 01:06.45	34,89	150m 01:42.61	36,16	
29. Roëlle op de Haar (WS Twente, 200103428)				02:17.97(+76)			
50m	00:30.21	30,21	100m 01:05.52	35,31	150m 01:42.98	37,46	
30. Eline van der Wal (HZ&PC Heerenveen, 200100930)				02:18.06(+77)			
50m	00:31.43	31,43	100m 01:06.42	34,99	150m 01:42.09	35,67	
31. Lonneke Kampman (PSV, 200100146)				02:18.35(+80)			
50m	00:31.79	31,79	100m 01:07.11	35,32	150m 01:43.52	36,41	
32. Cynthia Smit (Zuiderzeewemmers, 200100550)				02:18.45(+82)			
50m	00:31.93	31,93	100m 01:07.68	35,75	150m 01:43.19	35,51	
33. Silke Molendijk (VZC E&P, 200100178)				02:19.12(+85)			
50m	00:32.03	32,03	100m 01:06.98	34,95	150m 01:43.33	36,35	
34. Eva Willebrands (Orca, 200101510)				02:19.17(+87)			
50m	00:31.84	31,84	100m 01:07.98	36,14	150m 01:43.28	35,30	
35. Michelle Zomerdijk (Dedemsvaart-AC, 200003196)				02:20.23(+77)			
50m	00:31.15	31,15	100m 01:06.11	34,96	150m 01:43.40	37,29	
36. Sophia Gerrits (Aqua-Novio'94, 200104044)				02:20.40(+72)			
50m	00:29.80	29,80	100m 01:04.78	34,98	150m 01:42.27	37,49	
37. Giulia Corsi (De Columbiaan, 200100468)				02:20.56(+80)			
50m	00:32.74	32,74	100m 01:09.94	37,20	150m 01:46.52	36,58	
38. Janneke Weiland (Orca, 200100128)				02:20.99(+73)			
50m	00:31.86	31,86	100m 01:07.58	35,72	150m 01:44.08	36,50	
39. Milou van den Beucken (Swimteam Helden-Mosa (SG), 200002564)				02:21.14(+79)			
50m	00:32.18	32,18	100m 01:08.42	36,24	150m 01:45.63	37,21	
40. Britt Cornelissens (Hellas-Glana, 200000632)				02:27.06(+78)			
50m	00:31.83	31,83	100m 01:08.34	36,51	150m 01:48.38	40,04	

11 - 15 jaar (Jeugd 2 en later)

1. Liesette Bruinsma (NTC PARA-HZ&PC Heerenveen, 200004346) [S11]	02:31.85(+76)
50m 00:34.76 34,76 100m 01:13.95 39,19 150m 01:54.01 40,06	
2. Lisa Kruger (NTC PARA-ZPC AMERSFOORT, 200005304) [S10]	02:20.68(+82)
50m 00:31.58 31,58 100m 01:07.61 36,03 150m 01:44.59 36,98	
3. Chantalle Zijderveld (NTC PARA-ZZ&PC De Devel, 200000702) [S10]	02:26.18(+72)
50m 00:32.65 32,65 100m 01:09.26 36,61 150m 01:47.57 38,31	
4. Jonne Moleman (AZC, 200006264) [S10]	02:30.02(+93)
50m 00:34.49 34,49 100m 01:12.79 38,30 150m 01:52.47 39,68	
5. Inge Belfor (NTC PARA-De Columbiaan, 200100578) [S10]	02:32.61(+86)
50m 00:33.89 33,89 100m 01:11.43 37,54 150m 01:51.97 40,54	
6. Amber van der Kruk (MSV-Zeemacht, 200102730) [S14]	02:28.49(+90)
50m 00:33.10 33,10 100m 01:10.21 37,11 150m 01:49.29 39,08	
7. Sanne Hofman (NTC PARA-ZPC Hoogeveen, 200102154) [S13]	02:32.86(+79)
50m 00:35.75 35,75 100m 01:14.38 38,63 150m 01:54.38 40,00	
8. Feija de Bruin (WVZ, 200400106) [S10]	02:41.63(+92)
50m 00:37.28 37,28 100m 01:17.39 40,11 150m 01:59.28 41,89	
9. Sterre Veerman (Ed-Vo, 200003544) [S13]	02:35.86(+78)
50m 00:34.75 34,75 100m 01:15.58 40,83 150m 01:57.42 41,84	
10. Deborah Visser (De Duinkickers, 200102666) [S10]	02:45.17(+73)
50m 00:35.93 35,93 100m 01:17.31 41,38 150m 02:01.48 44,17	
11. Sanne Hoving (HZ&PC Heerenveen, 200003332) [S9]	02:52.75(+101)
50m 00:40.51 40,51 100m 01:24.73 44,22 150m 02:09.63 44,90	
12. Iris Onnink (De Vrije Slag, 200301836) [S10]	03:00.76(+102)
50m 00:40.20 40,20 100m 01:27.13 46,93 150m 02:14.95 47,82	
13. Diede Struijk (Nuenen, 200403824) [S12]	03:19.00(+93)
50m 00:44.92 44,92 100m 01:35.59 50,67 150m 02:27.68 52,09	
138. 200m vrije slag - Dames	
11 - 11 jaar (Junioren 1)	
1. Janna van Kooten (TriVia, 200404584)	02:19.17(+81)
50m 00:32.16 32,16 100m 01:08.07 35,91 150m 01:44.42 36,35	
2. Anna van Droffelaar (ZVVS, 200400258)	02:21.48(+66)
50m 00:31.27 31,27 100m 01:07.60 36,33 150m 01:45.00 37,40	
3. Ismay Lichtendonk (Dedemsvaart-AC, 200400622)	02:22.15(+72)
50m 00:33.02 33,02 100m 01:09.73 36,71 150m 01:47.04 37,31	
4. Bridget de Bat (De Schelde, 200400382)	02:22.33(+80)
50m 00:32.48 32,48 100m 01:08.93 36,45 150m 01:46.69 37,76	
5. Kim van Dongen (Aqua-Novio'94, 200400140)	02:22.84(+83)
50m 00:32.58 32,58 100m 01:08.78 36,20 150m 01:46.58 37,80	
6. Myrthe Natzijl (De Kikker, 200400076)	02:23.20(+77)
50m 00:32.71 32,71 100m 01:09.08 36,37 150m 01:46.70 37,62	
7. Jetske Moot (De Houtrib, 200400230)	02:23.69(+82)
50m 00:33.02 33,02 100m 01:09.44 36,42 150m 01:47.13 37,69	
8. Sterre Hendriks (PSV, 200401288)	02:23.99(+81)
50m 00:33.75 33,75 100m 01:10.31 36,56 150m 01:47.97 37,66	
9. Puck Koopman (De Dinkel, 200400038)	02:24.36(+82)
50m 00:32.49 32,49 100m 01:09.22 36,73 150m 01:47.63 38,41	
10. Veerle Nieborg (TriVia, 200400428)	02:27.03(+87)
50m 00:34.11 34,11 100m 01:11.47 37,36 150m 01:49.87 38,40	

11. Sophie Stekelenburg (Zwemlust-den Hommel, 200400166)	50m 00:33.25 33,25	100m 01:10.62 37,37	150m 01:49.57 38,95	02:27.63(+85)
12. Lorena Dreschers (Hellas-Glana, 200401364)	50m 00:33.63 33,63	100m 01:11.59 37,96	150m 01:50.79 39,20	02:27.73(+77)
13. Kyomi Groenhart (DZ&PC, 200400628)	50m 00:34.69 34,69	100m 01:12.33 37,64	150m 01:50.59 38,26	02:28.14(+76)
14. Charlotte Wilbers (ZPC Hoogeveen, 200400312)	50m 00:34.21 34,21	100m 01:12.80 38,59	150m 01:51.20 38,40	02:28.21(+78)
15. Amy Tebben (Eurode KZC, 200400108)	50m 00:33.55 33,55	100m 01:11.32 37,77	150m 01:50.67 39,35	02:28.36(+90)
16. Luna de Vries (Aqua-Novio'94, 200400516)	50m 00:33.64 33,64	100m 01:11.53 37,89	150m 01:50.43 38,90	02:28.39(+77)
17. Anniek van Boheemen (De Haaien, 200400920)	50m 00:34.14 34,14	100m 01:12.58 38,44	150m 01:51.34 38,76	02:28.84(+77)
18. Marieke Lenderink (De Dinkel, 200400778)	50m 00:34.47 34,47	100m 01:13.39 38,92	150m 01:52.60 39,21	02:30.53(+77)
19. Rinske Bouman (ZZ&PC De Devel, 200400578)	50m 00:33.56 33,56	100m 01:11.59 38,03	150m 01:51.73 40,14	02:30.56(+82)
20. Anne Kleine Koerkamp (De IJssel, 200401428)	50m 00:34.41 34,41	100m 01:13.30 38,89	150m 01:53.12 39,82	02:31.06(+79)
21. Kim Servaas (PSV, 200400836)	50m 00:34.06 34,06	100m 01:12.36 38,30	150m 01:52.66 40,30	02:31.18(+84)
22. Luna Hofmeijer (WS Twente, 200400006)	50m 00:33.67 33,67	100m 01:12.51 38,84	150m 01:52.41 39,90	02:32.01(+78)
23. Isis Naaktgeboren (ZZ&PC De Devel, 200403914)	50m 00:35.26 35,26	100m 01:15.07 39,81	150m 01:55.52 40,45	02:32.15(+90)
24. Nienke Snel (ZPC AMERSFOORT, 200400094)	50m 00:34.24 34,24	100m 01:13.90 39,66	150m 01:55.09 41,19	02:32.28(+87)
25. Naya Koc (DAW, 200400688)	50m 00:33.35 33,35	100m 01:11.95 38,60	150m 01:52.75 40,80	02:32.64(+79)
25. Sterre-Marit Drok (Stadskanaal, 200400880)	50m 00:33.80 33,80	100m 01:12.17 38,37	150m 01:52.67 40,50	02:32.64(+70)
27. Nora Weerman (Orca, 200400620)	50m 00:34.01 34,01	100m 01:11.49 37,48	150m 01:51.99 40,50	02:32.84(+79)
28. Alysha de Jong (ZPCH, 200400086)	50m 00:33.74 33,74	100m 01:13.06 39,32	150m 01:54.64 41,58	02:33.11(+91)
29. Pieke Sterk (Aquarijn, 200401158)	50m 00:35.49 35,49	100m 01:15.00 39,51	150m 01:55.39 40,39	02:33.26(+72)
30. Sanne Temmen (De Dinkel, 200400682)	50m 00:35.07 35,07	100m 01:13.57 38,50	150m 01:54.28 40,71	02:33.57(+98)
31. Mary Kate Farrell (The Hague Swimming (SG), 200402870)	50m 00:35.55 35,55	100m 01:14.86 39,31	150m 01:55.11 40,25	02:34.23(+72)
32. Danique Slaper (TriVia, 200401914)	50m 00:34.57 34,57	100m 01:14.48 39,91	150m 01:55.98 41,50	02:35.16(+84)
33. Lize van Stigt (LZ 1886, 200401510)	50m 00:35.21 35,21	100m 01:15.41 40,20	150m 01:56.96 41,55	02:35.70(+75)
34. Maud Tempel (NDD, 200402136)	50m 00:33.72 33,72	100m 01:12.99 39,27	150m 01:54.93 41,94	02:36.37(+74)
35. Fenna Klaassen (ZPC De Zeeuwse Kust, 200401730)	50m 00:35.25 35,25	100m 01:15.23 39,98	150m 01:57.52 42,29	02:36.51(+73)

36. Sanne Lukken (PSV, 200400030)				02:38.19(+81)
50m	00:34.25	34,25	100m 01:13.10	38,85
150m	01:55.38	42,28		
37. Anique Star (LZ 1886, 200400446)				02:39.88(+78)
50m	00:35.82	35,82	100m 01:16.26	40,44
150m	01:58.71	42,45		
38. Cynthia Kugler (Hellas-Glana, 200400020)				02:39.91(+81)
50m	00:35.70	35,70	100m 01:16.05	40,35
150m	01:58.20	42,15		
39. Louise Gepkens (Aqua-Novio'94, 200403410)				02:41.71(+75)
50m	00:35.28	35,28	100m 01:16.88	41,60
150m	02:01.35	44,47		
40. Lisa Bakarbessy (EZPC, 200400450)				02:46.50(+80)
50m	00:36.07	36,07	100m 01:17.04	40,97
150m	02:01.99	44,95		
139. 200m vrije slag - Dames				
12 - 12 jaar (Junioren 2)				
1. Eva Geilenkirchen (The Hague Swimming (SG), 200302834)				02:12.91(+77)
50m	00:30.03	30,03	100m 01:03.40	33,37
150m	01:38.62	35,22		
2. Imke Beekman (NIMO, 200301950)				02:14.81(+80)
50m	00:31.31	31,31	100m 01:05.52	34,21
150m	01:40.35	34,83		
3. Merel Hijink (PSV, 200304732)				02:14.92(+73)
50m	00:32.31	32,31	100m 01:06.29	33,98
150m	01:41.38	35,09		
4. Amy de Sain (De Dolfijn, 200304690)				02:17.00(+91)
50m	00:31.64	31,64	100m 01:06.21	34,57
150m	01:42.36	36,15		
5. Britta Koehorst (RTC - De Lansingh, 200300246)				02:17.09(+74)
50m	00:30.53	30,53	100m 01:05.56	35,03
150m	01:41.76	36,20		
6. Joy van Dieren (De Dinkel, 200300182)				02:18.86(+72)
50m	00:31.13	31,13	100m 01:07.23	36,10
150m	01:43.52	36,29		
7. Megan de Hoog (SCOM/De Zeehond'73 (SG), 200300214)				02:19.67(+83)
50m	00:31.85	31,85	100m 01:07.19	35,34
150m	01:43.54	36,35		
7. Lindsey Berghuis (ZV 44, 200300104)				02:19.67(+76)
50m	00:31.63	31,63	100m 01:07.13	35,50
150m	01:44.24	37,11		
9. Esmeralda Duarte de Pina (ZV De Zaan, 200302744)				02:20.28(+71)
50m	00:31.57	31,57	100m 01:07.47	35,90
150m	01:44.99	37,52		
10. Kim Zwinkels (ZPCH, 200300422)				02:20.31(+82)
50m	00:32.51	32,51	100m 01:07.78	35,27
150m	01:44.43	36,65		
11. Gabriela Topfer (PSV, 200301764)				02:20.56(+76)
50m	00:33.13	33,13	100m 01:09.74	36,61
150m	01:46.14	36,40		
12. Gaia Sterre Mirotti (VZC E&P, 200305158)				02:21.10(+79)
50m	00:32.57	32,57	100m 01:08.12	35,55
150m	01:45.21	37,09		
13. Dominique van Vuure (ZPCH, 200303346)				02:21.96(+73)
50m	00:32.59	32,59	100m 01:08.81	36,22
150m	01:46.04	37,23		
14. Jocelyn Horbeek (ZPC De Hof, 200300302)				02:22.04(+83)
50m	00:33.93	33,93	100m 01:09.92	35,99
150m	01:46.61	36,69		
15. Judith Houtvast (Hellas-Glana, 200300714)				02:22.22(+79)
50m	00:33.32	33,32	100m 01:10.38	37,06
150m	01:48.20	37,82		
16. Mila Maas (PSV, 200302966)				02:22.23(+80)
50m	00:33.43	33,43	100m 01:10.65	37,22
150m	01:48.60	37,95		
17. Lieke Nijmeijer (ZPC AMERSFOORT, 200300124)				02:22.38(+68)
50m	00:33.52	33,52	100m 01:10.12	36,60
150m	01:47.09	36,97		
18. Babet de Voogd (ZPC De Zeeuwse Kust, 200301362)				02:22.77(+69)
50m	00:32.92	32,92	100m 01:09.10	36,18
150m	01:46.75	37,65		
19. Tessa Takken (Zwemvereniging Hoorn, 200301692)				02:23.31(+87)

	50m 00:33.75 33,75	100m 01:10.35 36,60	150m 01:47.48 37,13	
20. Marinda Top (ZENO, 200300460)	50m 00:33.09 33,09	100m 01:09.78 36,69	150m 01:47.48 37,70	02:23.53(+79)
21. Amy Lynn Zweers (Dedemsvaart-AC, 200300390)	50m 00:33.54 33,54	100m 01:10.81 37,27	150m 01:48.90 38,09	02:23.60(+77)
22. Milou ten Koppel (Deltasteur, 200302572)	50m 00:33.49 33,49	100m 01:10.41 36,92	150m 01:48.16 37,75	02:23.96(+97)
23. Amy Koelman (De Columbiaan, 200300922)	50m 00:32.86 32,86	100m 01:10.46 37,60	150m 01:48.76 38,30	02:24.55(+74)
24. Suze Kuipers (Orca, 200301714)	50m 00:32.50 32,50	100m 01:09.04 36,54	150m 01:47.28 38,24	02:24.62(+88)
25. Dominique van der Meer (The Hague Swimming (SG), 200301564)	50m 00:33.90 33,90	100m 01:10.70 36,80	150m 01:48.37 37,67	02:25.05(+75)
26. Janice Provoost (ZPC De Zeeuwse Kust, 200303076)	50m 00:34.31 34,31	100m 01:11.20 36,89	150m 01:49.91 38,71	02:25.79(+74)
27. Vera Renshof (DWK, 200301582)	50m 00:34.20 34,20	100m 01:11.71 37,51	150m 01:50.23 38,52	02:26.16(+71)
28. Ada Dolanay (De Dolfijn, 200302506)	50m 00:33.37 33,37	100m 01:10.68 37,31	150m 01:49.25 38,57	02:26.59(+82)
29. Isabelle Elsweier (WS Twente, 200303614)	50m 00:33.29 33,29	100m 01:10.63 37,34	150m 01:49.35 38,72	02:27.19(+105)
30. Anna Tinga (De Forel, 200302734)	50m 00:34.05 34,05	100m 01:11.70 37,65	150m 01:49.85 38,15	02:27.20(+79)
31. Eline Gros (Aqua-Novio'94, 200302700)	50m 00:33.36 33,36	100m 01:10.36 37,00	150m 01:48.86 38,50	02:27.91(+82)
32. Silke Huisman (De Vikings, 200301182)	50m 00:33.69 33,69	100m 01:11.82 38,13	150m 01:51.37 39,55	02:30.02(+80)
33. Wendy ten Wolde (Wiekslag, 200302658)	50m 00:33.94 33,94	100m 01:12.44 38,50	150m 01:53.08 40,64	02:32.03(+83)
34. Kyanie Blom (NIMO, 200301866)	50m 00:33.48 33,48	100m 01:11.27 37,79	150m 01:51.87 40,60	02:32.74(+87)
35. Leonie Rockers (De Kikker, 200300256)	50m 00:35.58 35,58	100m 01:17.06 41,48	150m 02:00.38 43,32	02:43.52(+77)
DIS. Anisa Groeneschey (LZ 1886, 200300788)				00:00.00
140. 200m vrije slag - Dames				
13 - 13 jaar (Junioren 3)				
1. Imani de Jong (ZPCH, 200200464)	50m 00:29.03 29,03	100m 01:01.22 32,19	150m 01:34.59 33,37	02:07.35(+80)
2. Nienke Jonk (Hieronymus, 200203000)	50m 00:29.51 29,51	100m 01:02.20 32,69	150m 01:35.88 33,68	02:09.54(+76)
3. Sophie de Jonge (RTC - WVZ, 200200118)	50m 00:29.87 29,87	100m 01:02.83 32,96	150m 01:37.03 34,20	02:10.89(+77)
4. Femke Spiering (VZC E&P, 200204514)	50m 00:30.21 30,21	100m 01:03.29 33,08	150m 01:37.52 34,23	02:11.90(+81)
5. Samantha van Vuure (ZPCH, 200200230)	50m 00:31.56 31,56	100m 01:06.09 34,53	150m 01:40.93 34,84	02:14.58(+76)
6. Elise Tanis (RTC - De Schoteijl, 200200120)	50m 00:29.72 29,72	100m 01:03.17 33,45	150m 01:38.87 35,70	02:14.59(+71)
7. Christy Geurts (RTC - WVZ, 200203734)				02:15.43(+75)

	50m 00:31.41 31,41	100m 01:06.38 34,97	150m 01:42.35 35,97	
8. Danique Bernard (Ed-Vo, 200200224)	50m 00:31.26 31,26	100m 01:05.80 34,54	150m 01:41.25 35,45	02:15.68(+66)
9. Denise van der Burgt (Zeester-Meerval, 200201812)	50m 00:31.28 31,28	100m 01:05.66 34,38	150m 01:40.77 35,11	02:16.06(+88)
10. Kiki Koopman (De Dinkel, 200200232)	50m 00:30.82 30,82	100m 01:05.71 34,89	150m 01:41.63 35,92	02:16.31(+80)
11. Tessa Kooi (Nova, 200201386)	50m 00:30.09 30,09	100m 01:04.37 34,28	150m 01:40.91 36,54	02:16.39(+90)
12. Jessica Herbst (PSV, 200205572)	50m 00:31.37 31,37	100m 01:05.16 33,79	150m 01:40.87 35,71	02:16.73(+79)
13. Yara van Kalmthout (Nova, 200200984)	50m 00:31.53 31,53	100m 01:06.11 34,58	150m 01:42.05 35,94	02:16.74(+96)
14. Isabel Dijkstra (Hellas-Glana, 200200918)	50m 00:31.12 31,12	100m 01:05.51 34,39	150m 01:41.60 36,09	02:16.75(+77)
15. Carlijn Hansté (WS Twente, 200201082)	50m 00:30.99 30,99	100m 01:05.21 34,22	150m 01:41.13 35,92	02:16.95(+83)
16. Sterre Veersma (Nunspeet, 200203550)	50m 00:30.28 30,28	100m 01:05.63 35,35	150m 01:41.98 36,35	02:16.99(+76)
17. Hanne te Velthuis (Dedemsvaart-AC, 200201324)	50m 00:30.99 30,99	100m 01:05.75 34,76	150m 01:41.47 35,72	02:17.12(+84)
18. Carolien Beckers (NIMO, 200200078)	50m 00:30.59 30,59	100m 01:05.32 34,73	150m 01:41.65 36,33	02:18.04(+97)
19. Mariëlle Dolfijn (TriVia, 200201640)	50m 00:31.74 31,74	100m 01:06.49 34,75	150m 01:42.84 36,35	02:18.43(+85)
20. Iris Dijkstra (NIMO, 200201766)	50m 00:31.11 31,11	100m 01:06.09 34,98	150m 01:42.57 36,48	02:18.67(+78)
21. Leonie van Wier (HZ&PC Heerenveen, 200200436)	50m 00:31.59 31,59	100m 01:06.50 34,91	150m 01:42.95 36,45	02:18.91(+73)
22. Ilse Kraaijeveld (MNC Dordrecht, 200202190)	50m 00:31.69 31,69	100m 01:06.67 34,98	150m 01:43.31 36,64	02:18.93(+72)
23. Lianne van Wier (HZ&PC Heerenveen, 200200438)	50m 00:31.79 31,79	100m 01:06.97 35,18	150m 01:42.88 35,91	02:18.96(+73)
24. Zana Udo (De Forel, 200202686)	50m 00:32.75 32,75	100m 01:08.45 35,70	150m 01:44.26 35,81	02:19.27(+72)
25. Famke Slabbers (Arethusa, 200200100)	50m 00:32.14 32,14	100m 01:07.92 35,78	150m 01:44.35 36,43	02:19.41(+84)
26. Manon de Man (Deltasteur, 200201458)	50m 00:31.80 31,80	100m 01:07.33 35,53	150m 01:44.15 36,82	02:19.70(+67)
27. Jule Franken (AquAmigos, 200204024)	50m 00:30.70 30,70	100m 01:06.15 35,45	150m 01:43.32 37,17	02:19.91(+78)
28. Dionne Salomons (Borger, 200200504)	50m 00:31.86 31,86	100m 01:07.55 35,69	150m 01:44.42 36,87	02:20.57(+75)
29. Lotus van Geemen (NDD, 200201124)	50m 00:33.43 33,43	100m 01:09.07 35,64	150m 01:45.76 36,69	02:20.90(+84)
30. Lieke Oude Lenferink (WS Twente, 200200068)	50m 00:32.79 32,79	100m 01:09.90 37,11	150m 01:47.11 37,21	02:21.00(+78)
31. Sasya van Hamersveld (Arethusa, 200201454)	50m 00:33.48 33,48	100m 01:09.25 35,77	150m 01:45.62 36,37	02:21.61(+87)

32. Amber Koning (Zwem en Polo Club Appingedam, 200202842)	02:22.05(+88)
50m 00:31.59 31,59 100m 01:06.91 35,32 150m 01:45.02 38,11	
33. Céline Fouzaï (De Dolfijn, 200202750)	02:22.11(+71)
50m 00:33.19 33,19 100m 01:09.84 36,65 150m 01:46.38 36,54	
34. Yentle Muller (ESCA Zwemmen, 200200704)	02:22.33(+86)
50m 00:33.44 33,44 100m 01:09.15 35,71 150m 01:46.39 37,24	
35. Britt Gerdes (De Kikker, 200201636)	02:22.52(+71)
50m 00:32.75 32,75 100m 01:09.53 36,78 150m 01:47.57 38,04	
36. Maud Kuipers (Dedemsvaart-AC, 200201894)	02:22.82(+83)
50m 00:32.97 32,97 100m 01:09.79 36,82 150m 01:47.41 37,62	
37. Elisa Haverkate (ZPC De Hof, 200200266)	02:23.05(+85)
50m 00:32.33 32,33 100m 01:08.28 35,95 150m 01:45.65 37,37	
38. Kyra Huisman (De Ward, 200203682)	02:23.36(+72)
50m 00:32.64 32,64 100m 01:09.48 36,84 150m 01:47.38 37,90	
39. Grace Anderson (WVZ, 200200578)	02:23.40(+76)
50m 00:33.06 33,06 100m 01:10.38 37,32 150m 01:48.47 38,09	
40. Janneke Ruiter (De Houtrib, 200200782)	02:23.48(+77)
50m 00:32.56 32,56 100m 01:08.88 36,32 150m 01:47.44 38,56	
41. Lieske Zijlstra (De Schotejil, 200200996)	02:23.60(+78)
50m 00:33.18 33,18 100m 01:10.29 37,11 150m 01:47.82 37,53	
42. Isa Boom (MNC Dordrecht, 200200186)	02:23.69(+77)
50m 00:33.14 33,14 100m 01:09.57 36,43 150m 01:46.62 37,05	
43. Nynke Zandstra (Wetterwille, 200202044)	02:24.08(+86)
50m 00:33.06 33,06 100m 01:10.59 37,53 150m 01:48.70 38,11	
44. Lisanne Boets (Stadskanaal, 200200346)	02:24.15(+81)
50m 00:32.94 32,94 100m 01:09.77 36,83 150m 01:47.79 38,02	
45. Zante Janssen (Aqua-Novio'94, 200201786)	02:24.54(+76)
50m 00:33.20 33,20 100m 01:10.67 37,47 150m 01:47.85 37,18	
46. Kyra Wesemann (MSV-Zeemacht, 200201440)	02:25.53(+84)
50m 00:32.98 32,98 100m 01:10.27 37,29 150m 01:48.64 38,37	
47. Yana Korczynski (Zwemclub Eijdsden, 200202192)	02:25.69(+79)
50m 00:32.80 32,80 100m 01:09.05 36,25 150m 01:46.96 37,91	
48. Sarah el Bacha (De Dolfijn, 200201104)	02:25.93(+69)
50m 00:33.84 33,84 100m 01:10.93 37,09 150m 01:48.82 37,89	
141. 200m rugslag - Heren	
16 - 17 jaar (Jeugd 1 en 2)	
1. Tom Donker (PSV, 199805711)	02:07.84(+74)
50m 00:30.19 30,19 100m 01:02.89 32,70 150m 01:35.97 33,08	
2. Ruben Griffioen (De Columbiaan, 199900771)	02:12.10(+62)
50m 00:31.35 31,35 100m 01:04.74 33,39 150m 01:39.04 34,30	
3. Sam Haring (DAW, 199901491)	02:13.31(+85)
50m 00:30.98 30,98 100m 01:04.96 33,98 150m 01:39.93 34,97	
4. Thijs Molendijk (VZC E&P, 199900477)	02:13.77(+58)
50m 00:31.01 31,01 100m 01:04.58 33,57 150m 01:39.55 34,97	
5. Gauke Eilander (ZPC Hoogeveen, 199800603)	02:15.12(+68)
50m 00:30.30 30,30 100m 01:04.19 33,89 150m 01:39.61 35,42	
6. Torben Lammerdink (WS Twente, 199900745)	02:16.10(+75)
50m 00:30.91 30,91 100m 01:05.84 34,93 150m 01:41.79 35,95	
7. Koen Koster (HZPC, 199900517)	02:17.30(+62)

	50m 00:31.58 31,58	100m 01:06.16 34,58	150m 01:42.06 35,90	
8. Koen Brummelaar (De Dinkel, 199900047)	50m 00:32.27 32,27	100m 01:07.70 35,43	150m 01:42.89 35,19	02:17.47(+76)
9. Matthew Dullemond (MNC Dordrecht, 199805005)	50m 00:32.80 32,80	100m 01:07.68 34,88	150m 01:43.56 35,88	02:18.62(+74)
10. Dave Jansen (Albion, 199805299)	50m 00:31.66 31,66	100m 01:06.74 35,08	150m 01:43.34 36,60	02:19.54(+57)
11. Tom Laarhuis (De Dinkel, 199800309)	50m 00:31.49 31,49	100m 01:06.36 34,87	150m 01:42.62 36,26	02:19.60(+75)
12. Luuk Veldman (Orca, 199900981)	50m 00:30.79 30,79	100m 01:06.05 35,26	150m 01:43.09 37,04	02:19.98(+59)
13. Stijn van Aken (ZPC AMERSFOORT, 199902649)	50m 00:32.49 32,49	100m 01:08.24 35,75	150m 01:44.85 36,61	02:19.99(+67)
14. Justus Ykema (DVK, 199900029)	50m 00:32.63 32,63	100m 01:07.76 35,13	150m 01:44.46 36,70	02:20.43(+72)
15. Jaro Musters (Hieronymus, 199801141)	50m 00:32.53 32,53	100m 01:08.53 36,00	150m 01:45.61 37,08	02:20.88(+65)
16. Cas Louwerts (NIMO, 199901249)	50m 00:32.54 32,54	100m 01:07.56 35,02	150m 01:43.86 36,30	02:20.93(+73)
17. Niek Heethaar (Aquapoldro, 199900999)	50m 00:32.20 32,20	100m 01:08.19 35,99	150m 01:44.85 36,66	02:21.53(+68)
18. Ingmar Hartman (De Kikker, 199801013)	50m 00:33.15 33,15	100m 01:08.86 35,71	150m 01:45.51 36,65	02:21.56(+61)
19. Jorian Tanis (De Schotelij, 199900327)	50m 00:33.84 33,84	100m 01:09.61 35,77	150m 01:46.28 36,67	02:21.92(+78)
20. Friso van der Meulen (TriVia, 199800617)	50m 00:32.55 32,55	100m 01:08.39 35,84	150m 01:45.70 37,31	02:22.51(+76)
21. Jelle Dekker (De Grunte, 199901621)	50m 00:33.01 33,01	100m 01:08.44 35,43	150m 01:45.51 37,07	02:22.90(+92)
22. Bob de Groot (De Kikker, 199903585)	50m 00:33.75 33,75	100m 01:09.77 36,02	150m 01:47.07 37,30	02:23.21(+69)
23. Wilko Blaauw (De Waalstroom, 199801513)	50m 00:33.09 33,09	100m 01:09.57 36,48	150m 01:46.62 37,05	02:24.36(+71)
24. Dennis Wildeboer (Nova, 199800571)	50m 00:33.22 33,22	100m 01:09.47 36,25	150m 01:47.99 38,52	02:26.91(+74)
142. 200m rugslag - Heren				
12 - 12 jaar (Junioren 1)				
1. Keanu Streefland (The Hague Swimming (SG), 200302445)	50m 00:34.93 34,93	100m 01:12.70 37,77	150m 01:51.05 38,35	02:26.25(+72)
2. Mike Gerritsen (Platella, 200304013)	50m 00:34.33 34,33	100m 01:12.35 38,02	150m 01:49.46 37,11	02:26.78(+74)
3. Dylan Jansen (WVZ, 200300817)	50m 00:36.18 36,18	100m 01:14.71 38,53	150m 01:54.23 39,52	02:30.91(+60)
4. Luuk Hulleman (ZVV, 200300189)	50m 00:35.33 35,33	100m 01:14.29 38,96	150m 01:53.96 39,67	02:31.36(+82)
5. Luuk Bos (VZ&PC, 200300151)	50m 00:35.40 35,40	100m 01:15.04 39,64	150m 01:54.63 39,59	02:32.26(+67)
6. Lukas Binnekamp (WS Twente, 200300107)	50m 00:35.31 35,31	100m 01:14.49 39,18	150m 01:54.73 40,24	02:33.48(+66)

7. Rens van Beek (Aqua-Novio'94, 200300537)	50m 00:35.54 35,54	100m 01:14.83 39,29	150m 01:55.04 40,21	02:34.46(+71)
8. Ster van 't Land (ZPC AMERSFOORT, 200302015)	50m 00:36.04 36,04	100m 01:15.42 39,38	150m 01:56.41 40,99	02:35.90(+65)
9. Stan de Swart (PSV, 200300535)	50m 00:36.00 36,00	100m 01:16.41 40,41	150m 01:57.22 40,81	02:36.90(+67)
10. Sjors Lemmers (Merlet, 200300555)	50m 00:37.33 37,33	100m 01:17.60 40,27	150m 01:58.83 41,23	02:37.72(+74)
11. Daan Hogerhuis (Alkemade, 200300317)	50m 00:37.87 37,87	100m 01:18.96 41,09	150m 02:00.25 41,29	02:38.38(+65)
12. Jarno Bijsterbosch (Octopus, 200300081)	50m 00:35.97 35,97	100m 01:16.53 40,56	150m 01:58.76 42,23	02:39.48(+67)
13. Bjarne Buijs (The Hague Swimming (SG), 200301089)	50m 00:38.60 38,60	100m 01:20.46 41,86	150m 02:01.90 41,44	02:40.33(+73)
14. Joey de Groot (De Aalscholver, 200303587)	50m 00:37.64 37,64	100m 01:18.49 40,85	150m 02:00.28 41,79	02:40.42(+65)
15. Thomas Tolsma (SBC2000, 200300613)	50m 00:38.55 38,55	100m 01:19.89 41,34	150m 02:01.84 41,95	02:40.51(+67)
16. Niels Kragt (Dedemsvaart-AC, 200300155)	50m 00:38.49 38,49	100m 01:19.97 41,48	150m 02:02.28 42,31	02:40.87(+63)
17. Frederik Adema (De Granaet, 200300253)	50m 00:37.32 37,32	100m 01:18.28 40,96	150m 02:00.93 42,65	02:41.16(+59)
18. Thomas Swartjes (Aqua-Novio'94, 200302825)	50m 00:37.36 37,36	100m 01:18.38 41,02	150m 01:59.70 41,32	02:41.25(+69)
19. Dion Fuijkschot (De Meeuwen Diemen, 200302399)	50m 00:37.02 37,02	100m 01:18.14 41,12	150m 02:00.76 42,62	02:41.59(+60)
20. Joris Janssen (Aqua-Novio'94, 200301311)	50m 00:37.59 37,59	100m 01:19.32 41,73	150m 02:01.23 41,91	02:41.78(+70)
21. Perry Laarhoven (ZPC Numansdorp, 200301321)	50m 00:38.38 38,38	100m 01:19.57 41,19	150m 02:01.40 41,83	02:41.97(+70)
22. Tyrese Sitania (Aqua-Novio'94, 200301999)	50m 00:37.04 37,04	100m 01:18.48 41,44	150m 02:00.58 42,10	02:42.10(+54)
23. Ruben de Vriend (ZV Haarlem, 200300981)	50m 00:37.76 37,76	100m 01:18.32 40,56	150m 02:01.20 42,88	02:42.14(+68)
24. Michael Smink (Aquarijn, 200302169)	50m 00:38.27 38,27	100m 01:21.66 43,39	150m 02:05.49 43,83	02:42.36(+79)
25. Luuk Ruinemans (De Dinkel, 200301085)	50m 00:37.50 37,50	100m 01:19.50 42,00	150m 02:02.02 42,52	02:43.34(+69)
26. Freek Gabriels (TRB-RES, 200301407)	50m 00:39.27 39,27	100m 01:20.26 40,99	150m 02:02.86 42,60	02:44.31(+65)
27. Tom Thijssen (NDD, 200301521)	50m 00:37.89 37,89	100m 01:19.94 42,05	150m 02:03.50 43,56	02:44.38(+80)
28. Jeffrey Huynh (VZC E&P, 200300145)	50m 00:39.22 39,22	100m 01:21.22 42,00	150m 02:04.30 43,08	02:46.52(+77)
29. Ruben Kooi (Nova, 200300829)	50m 00:39.00 39,00	100m 01:21.52 42,52	150m 02:05.00 43,48	02:46.80(+64)
30. Tim Cohen (ZV De Zaan, 200300685)	50m 00:39.11 39,11	100m 01:22.78 43,67	150m 02:06.10 43,32	02:46.92(+76)
31. Laren Schavemaker (The Hague Swimming (SG), 200300607)	50m 00:38.82 38,82	100m 01:22.43 43,61	150m 02:07.08 44,65	02:49.48(+80)

143. 200m rugslag - Heren

13 - 13 jaar (Junioren 2)

1. Joep Hoogerwerf (DWK, 200204527)				02:19.54(+73)			
50m	00:33.62	33,62	100m 01:09.53	35,91	150m 01:45.09	35,56	
2. Leon van den Hof (Dedemsvaart-AC, 200203269)				02:22.24(+66)			
50m	00:32.69	32,69	100m 01:08.76	36,07	150m 01:45.90	37,14	
3. Tycho Atanasov (De Kikker, 200201133)				02:22.82(+62)			
50m	00:34.24	34,24	100m 01:11.22	36,98	150m 01:48.94	37,72	
4. Bryan Agterdenbos (MNC Dordrecht, 200200003)				02:23.16(+73)			
50m	00:33.98	33,98	100m 01:10.52	36,54	150m 01:47.38	36,86	
5. Adriaan Provó Kluit (RTC - WVZ, 200204397)				02:24.51(+55)			
50m	00:33.48	33,48	100m 01:10.43	36,95	150m 01:48.56	38,13	
6. Timo Spaans (PSV, 200201087)				02:24.66(+60)			
50m	00:33.68	33,68	100m 01:10.95	37,27	150m 01:48.85	37,90	
7. Kirill Hrabcuns (ZPC AMERSFOORT, 200201221)				02:25.10(+69)			
50m	00:33.61	33,61	100m 01:09.91	36,30	150m 01:47.50	37,59	
8. Sean Niewold (TriVia, 200204699)				02:25.48(+71)			
50m	00:34.17	34,17	100m 01:11.02	36,85	150m 01:48.87	37,85	
9. Léon van der Geest (WS Twente, 200201005)				02:26.51(+61)			
50m	00:33.44	33,44	100m 01:10.67	37,23	150m 01:48.18	37,51	
10. Bobby van Dijk (DBD, 200200153)				02:28.03(+78)			
50m	00:33.72	33,72	100m 01:12.12	38,40	150m 01:50.51	38,39	
11. Max Langerveld (Ed-Vo, 200203435)				02:28.19(+59)			
50m	00:36.57	36,57	100m 01:14.69	38,12	150m 01:51.94	37,25	
12. Viktor Koets (LZ 1886, 200201677)				02:28.21(+74)			
50m	00:34.32	34,32	100m 01:12.13	37,81	150m 01:50.85	38,72	
13. Luc van Eijndhoven (Argo, 200200139)				02:28.75(+72)			
50m	00:34.67	34,67	100m 01:12.99	38,32	150m 01:51.66	38,67	
14. IJsbrand Buijnsters (ZC AquaDream, 200200375)				02:30.72(+85)			
50m	00:35.58	35,58	100m 01:13.51	37,93	150m 01:52.70	39,19	
15. Dylan Donkersteeg (DWK, 200202217)				02:30.86(+77)			
50m	00:34.55	34,55	100m 01:12.86	38,31	150m 01:51.56	38,70	
15. Raoul Witten (ZPC Hoogeveen, 200200231)				02:30.86(+65)			
50m	00:35.22	35,22	100m 01:13.31	38,09	150m 01:52.47	39,16	
17. Milan Meurs (Nuenen, 200202079)				02:31.15(+60)			
50m	00:34.22	34,22	100m 01:11.88	37,66	150m 01:51.35	39,47	
18. Sam Janmaat (De Duinkickers, 200203017) [S10]				02:31.51(+67)			
50m	00:34.62	34,62	100m 01:12.23	37,61	150m 01:51.78	39,55	
19. Gilles Cuijpers (Zwemclub Eijsden, 200202003)				02:31.53(+71)			
50m	00:34.80	34,80	100m 01:13.34	38,54	150m 01:53.17	39,83	
20. Wessel Stupers (PSV, 200203541)				02:31.72(+74)			
50m	00:35.58	35,58	100m 01:13.67	38,09	150m 01:53.21	39,54	
21. Makai van Haren (De Forel, 200200627)				02:32.83(+72)			
50m	00:36.04	36,04	100m 01:14.74	38,70	150m 01:53.91	39,17	
22. Maquinho Vorst (De Mors, 200204179)				02:32.99(+75)			
50m	00:35.10	35,10	100m 01:14.31	39,21	150m 01:54.65	40,34	
23. Daniël Rykov (ZPC AMERSFOORT, 200200447)				02:33.53(+74)			
50m	00:37.13	37,13	100m 01:17.18	40,05	150m 01:56.06	38,88	

24. Nikhom Westphal (SCOM/De Zeehond'73 (SG), 200203329)				02:33.62(+66)	
50m	00:37.09 37,09	100m	01:16.94 39,85	150m	01:57.02 40,08
25. Björn Kokkelkoren (ZPC Hoogeveen, 200200757)				02:33.95(+71)	
50m	00:37.22 37,22	100m	01:16.47 39,25	150m	01:55.46 38,99
26. Dylano Termoshuizen (WVZ, 200202169)				02:34.68(+58)	
50m	00:34.98 34,98	100m	01:15.27 40,29	150m	01:55.85 40,58
27. Lars Verhalle (De Vrije Slag, 200200019)				02:34.81(+75)	
50m	00:36.62 36,62	100m	01:17.25 40,63	150m	01:58.29 41,04
28. Sweeder Braakman (De IJssel, 200200397)				02:35.62(+58)	
50m	00:35.83 35,83	100m	01:14.92 39,09	150m	01:55.35 40,43
29. Robin van Peenen (De Columbiaan, 200201059)				02:35.67(+74)	
50m	00:35.25 35,25	100m	01:15.24 39,99	150m	01:56.43 41,19
30. Anthony Huynh (VZC E&P, 200200605)				02:35.84(+69)	
50m	00:36.34 36,34	100m	01:15.58 39,24	150m	01:55.56 39,98
31. Jelmer North (Nuenen, 200200617)				02:36.90(+72)	
50m	00:36.91 36,91	100m	01:16.87 39,96	150m	01:57.21 40,34
32. Gjalt Panjer (Aquapoldro, 200201943)				02:38.34(+86)	
50m	00:37.47 37,47	100m	01:17.22 39,75	150m	01:58.09 40,87
144. 200m rugslag - Heren					
14 - 14 jaar (Junioren 3)					
1. Luc Kroon (RTC - DAW, 200100697)				02:15.49(+82)	
50m	00:32.29 32,29	100m	01:06.77 34,48	150m	01:41.39 34,62
2. Ivo Stolk (SCOM/De Zeehond'73 (SG), 200100615)				02:16.47(+74)	
50m	00:32.44 32,44	100m	01:07.26 34,82	150m	01:42.12 34,86
3. Thomas Jansen (RTC - WVZ, 200100143)				02:16.64(+66)	
50m	00:33.16 33,16	100m	01:08.20 35,04	150m	01:43.16 34,96
4. Vincent Croijmans (VZC E&P, 200100381)				02:17.58(+64)	
50m	00:32.67 32,67	100m	01:08.17 35,50	150m	01:43.33 35,16
5. Raf Hendriks (Hellas-Glana, 200100879)				02:17.74(+50)	
50m	00:32.14 32,14	100m	01:07.46 35,32	150m	01:43.18 35,72
6. Owen Peeks (ZPC Hoogeveen, 200100765)				02:18.96(+72)	
50m	00:32.69 32,69	100m	01:07.79 35,10	150m	01:43.95 36,16
7. Bas Morelissen (ZPC AMERSFOORT, 200100861)				02:20.62(+73)	
50m	00:33.71 33,71	100m	01:09.69 35,98	150m	01:45.37 35,68
8. Dave van der Voet (Zwemvereniging Hoorn, 200102783)				02:20.97(+76)	
50m	00:33.48 33,48	100m	01:09.00 35,52	150m	01:45.07 36,07
9. Sander Croijmans (VZC E&P, 200100383)				02:22.80(+62)	
50m	00:33.50 33,50	100m	01:09.43 35,93	150m	01:46.86 37,43
10. Luuk Roosen (Zwemclub Eijssden, 200100577)				02:22.83(+60)	
50m	00:32.87 32,87	100m	01:09.67 36,80	150m	01:47.12 37,45
11. Janne Englebert (Hieronymus, 200101561)				02:22.84(+58)	
50m	00:33.83 33,83	100m	01:10.21 36,38	150m	01:47.82 37,61
12. Jelmar Koopman (De Forel, 200100249)				02:24.19(+64)	
50m	00:34.14 34,14	100m	01:11.02 36,88	150m	01:48.13 37,11
13. Max Visser (WVZ, 200100077)				02:24.27(+68)	
50m	00:34.11 34,11	100m	01:11.07 36,96	150m	01:48.25 37,18
14. Melle van Gemert (ZPC De Zeeuwse Kust, 200100687)				02:24.47(+62)	
50m	00:32.78 32,78	100m	01:10.35 37,57	150m	01:48.11 37,76
15. Daen Spoor (VZC E&P, 200101117)				02:24.52(+66)	

	50m 00:33.42 33,42	100m 01:09.75 36,33	150m 01:46.94 37,19	
16. Jelle Smid (Aqua-Novio'94, 200100627)	50m 00:33.12 33,12	100m 01:09.60 36,48	150m 01:47.65 38,05	02:24.63(+69)
17. Marc Hoogeveen (Aqua'68, 200101585)	50m 00:33.83 33,83	100m 01:09.39 35,56	150m 01:47.93 38,54	02:25.95(+64)
18. Stefan Tomicic (RZ, 200101271)	50m 00:33.98 33,98	100m 01:11.27 37,29	150m 01:49.29 38,02	02:26.08(+73)
19. Christiaan Smit (De Fuut, 200102463)	50m 00:33.86 33,86	100m 01:11.19 37,33	150m 01:49.29 38,10	02:26.29(+64)
20. Remi van der Schee (De Houtrib, 200100583)	50m 00:33.74 33,74	100m 01:10.23 36,49	150m 01:48.39 38,16	02:26.59(+63)
21. Stefan Waalkens (De Houtrib, 200100611)	50m 00:34.20 34,20	100m 01:11.43 37,23	150m 01:49.39 37,96	02:26.74(+75)
22. Tjeerd van Stein (LZ 1886, 200101439)	50m 00:33.95 33,95	100m 01:10.63 36,68	150m 01:48.89 38,26	02:27.21(+72)
23. Taro Nishimura (WZ010/ACZ (SG), 200105049)	50m 00:33.96 33,96	100m 01:11.75 37,79	150m 01:50.85 39,10	02:28.21(+63)
24. Klaas Pit (De Forel, 200104519)	50m 00:34.79 34,79	100m 01:11.97 37,18	150m 01:50.99 39,02	02:28.57(+71)
24. Sander Iuga (Poseidon'56, 200101389)	50m 00:34.79 34,79	100m 01:12.45 37,66	150m 01:51.29 38,84	02:28.57(+70)
26. Mathijs Verdonck (PSV, 200101685)	50m 00:34.74 34,74	100m 01:13.33 38,59	150m 01:51.99 38,66	02:28.63(+67)
27. Matthijs Westmijze (ESCA Zwemmen, 200101195)	50m 00:34.22 34,22	100m 01:12.87 38,65	150m 01:51.40 38,53	02:29.43(+80)
28. Mart Niehoff (De Zwoer, 200100759)	50m 00:33.61 33,61	100m 01:11.32 37,71	150m 01:50.72 39,40	02:29.57(+66)
29. Boyd Wijkman (MSV-Zeemacht, 200104759)	50m 00:34.10 34,10	100m 01:12.31 38,21	150m 01:51.11 38,80	02:29.74(+69)
30. Jarmo van den Blink (De Houtrib, 200100585)	50m 00:35.70 35,70	100m 01:13.81 38,11	150m 01:53.13 39,32	02:30.85(+79)
31. Stefan Rooze (De Fuut, 200102461)	50m 00:34.80 34,80	100m 01:12.86 38,06	150m 01:52.58 39,72	02:31.50(+71)
31. Gerard Ijspeert (TriVia, 200100051)	50m 00:34.24 34,24	100m 01:12.40 38,16	150m 01:52.41 40,01	02:31.50(+63)
33. Joop Tuppe (Kerkdriel, 200100581)	50m 00:34.58 34,58	100m 01:13.28 38,70	150m 01:53.06 39,78	02:31.55(+65)
34. Miguel Klooster (DWT, 200100613)	50m 00:35.04 35,04	100m 01:13.31 38,27	150m 01:52.66 39,35	02:31.65(+69)
35. Bart Muselaers (Octopus, 200100865)	50m 00:35.20 35,20	100m 01:14.09 38,89	150m 01:54.48 40,39	02:32.92(+62)
36. Remco Dijkstra (HZ&PC Heerenveen, 200100789)	50m 00:34.21 34,21	100m 01:13.47 39,26	150m 01:54.61 41,14	02:32.96(+73)
145. 200m rugslag - Heren 15 - 15 jaar (Junioren 4)				
1. Niels Hofmeijer (WS Twente, 200000699)	50m 00:30.20 30,20	100m 01:02.11 31,91	150m 01:35.11 33,00	02:07.14(+71)
2. Jelle Betten (RTC - DZ&PC, 200001535)	50m 00:29.39 29,39	100m 01:01.85 32,46	150m 01:34.87 33,02	02:07.29(+63)

3. Jari Groenhart (RTC - TriVia, 200000271)				02:09.97(+65)	
50m	00:30.74 30,74	100m	01:04.25 33,51	150m	01:37.83 33,58
4. Martin Ruiter (RTC - DZ&PC, 200001309)				02:10.58(+67)	
50m	00:30.10 30,10	100m	01:02.85 32,75	150m	01:36.99 34,14
5. Dennis Kamps (De Dinkel, 200000191)				02:15.79(+72)	
50m	00:31.36 31,36	100m	01:04.87 33,51	150m	01:40.58 35,71
6. Anne Schuurmans (RTC - WVZ, 200003919)				02:16.09(+66)	
50m	00:31.77 31,77	100m	01:06.44 34,67	150m	01:41.53 35,09
7. Olivier Jans (De Fuut, 200001815)				02:18.68(+71)	
50m	00:33.30 33,30	100m	01:08.23 34,93	150m	01:44.60 36,37
8. Koen Weustink (WVZ, 200005655)				02:18.77(+67)	
50m	00:31.88 31,88	100m	01:06.62 34,74	150m	01:42.79 36,17
9. Niels de Boer (Eurode KZC, 200001977)				02:20.04(+75)	
50m	00:31.61 31,61	100m	01:07.09 35,48	150m	01:44.22 37,13
10. Noah Legerstee (WVZ, 200003593)				02:21.67(+62)	
50m	00:32.22 32,22	100m	01:08.67 36,45	150m	01:45.29 36,62
11. Steef Warmerdam (Arethusa, 200003915)				02:23.32(+66)	
50m	00:33.64 33,64	100m	01:09.53 35,89	150m	01:46.31 36,78
12. Arjan Dekker (ReVeLie Swim Team, 200000499)				02:24.61(+71)	
50m	00:33.01 33,01	100m	01:09.49 36,48	150m	01:47.50 38,01
13. Jasper Breugem (WVZ, 200000303)				02:25.88(+69)	
50m	00:34.21 34,21	100m	01:11.30 37,09	150m	01:49.10 37,80
14. Luuk Smits (Tempo , 200001015)				02:26.00(+65)	
50m	00:33.25 33,25	100m	01:09.71 36,46	150m	01:48.66 38,95
15. Thom Delno (RTC - VZC E&P, 200000013)				02:26.24(+73)	
50m	00:33.95 33,95	100m	01:10.56 36,61	150m	01:48.51 37,95
16. Zeno Koutsocheras (Wijchen, 200003273)				02:28.30(+76)	
50m	00:34.19 34,19	100m	01:11.85 37,66	150m	01:51.06 39,21
146. 200m schoolslag - Dames					
14 - 15 jaar (Jeugd 1 en 2)					
1. Kim Vos (SBC2000, 200000990)				02:40.35(+75)	
50m	00:36.22 36,22	100m	01:18.15 41,93	150m	02:00.23 42,08
2. Tes Schouten (RTC - WVZ, 200003120)				02:41.60(+76)	
50m	00:35.29 35,29	100m	01:16.53 41,24	150m	01:58.95 42,42
3. Rosey Metz (RTC - WVZ, 200101786)				02:42.07(+82)	
50m	00:36.39 36,39	100m	01:17.54 41,15	150m	01:59.08 41,54
4. Madelijne Schothans (De Veene, 200002416)				02:44.34(+86)	
50m	00:37.12 37,12	100m	01:19.90 42,78	150m	02:02.29 42,39
5. Sanne Busch (MNC Dordrecht, 200101486)				02:45.14(+69)	
50m	00:37.49 37,49	100m	01:19.98 42,49	150m	02:01.07 41,09
6. Joyce Kuipers (Orca, 200103426)				02:45.69(+77)	
50m	00:35.67 35,67	100m	01:17.10 41,43	150m	02:00.74 43,64
7. Silke Holkenborg (Montferland, 200100292)				02:47.58(+76)	
50m	00:37.74 37,74	100m	01:20.01 42,27	150m	02:03.84 43,83
8. Claudia Schouten (Aquarijn, 200000812)				02:48.13(+77)	
50m	00:38.06 38,06	100m	01:21.42 43,36	150m	02:05.35 43,93
9. Robin Goossens (Nuenen, 200003128)				02:48.59(+78)	
50m	00:37.36 37,36	100m	01:19.35 41,99	150m	02:03.15 43,80
10. Isabel Aardema (ESCA Zwemmen, 200100364)				02:49.81(+80)	
50m	00:37.69 37,69	100m	01:21.15 43,46	150m	02:05.30 44,15

11. Lianne Bouwmeester (De Columbiaan, 200000956)	50m 00:39.05 39,05	100m 01:22.89 43,84	150m 02:07.05 44,16	02:51.07(+80)
12. Quinty Jansen (Aquarijn, 200000810)	50m 00:40.17 40,17	100m 01:24.08 43,91	150m 02:08.18 44,10	02:51.35(+72)
12. Chantalle Zijdeveld (NTC PARA-ZZ&PC De Devel, 200000702) [SB9]	50m 00:37.47 37,47	100m 01:21.01 43,54	150m 02:05.78 44,77	02:51.35(+74)
14. Honia Ibrahim (De Waalstroom, 200102422)	50m 00:38.36 38,36	100m 01:22.39 44,03	150m 02:07.10 44,71	02:52.14(+73)
15. Jose Bijl (Het Y, 200100948)	50m 00:38.53 38,53	100m 01:22.05 43,52	150m 02:07.37 45,32	02:52.54(+69)
16. Lize Janna de Vries (Orca, 200101948)	50m 00:39.17 39,17	100m 01:23.75 44,58	150m 02:08.24 44,49	02:53.18(+79)
17. Esmee Lanckohr (NIMO, 200002442)	50m 00:39.21 39,21	100m 01:23.59 44,38	150m 02:08.81 45,22	02:53.92(+86)
18. Lindy Elkerbout (De Veene, 200000604)	50m 00:39.36 39,36	100m 01:24.43 45,07	150m 02:09.77 45,34	02:54.96(+81)
19. Marlinde Beukers (WVZ, 200101934)	50m 00:38.85 38,85	100m 01:23.48 44,63	150m 02:09.85 46,37	02:55.74(+79)
20. Noa de Vries (Aqua-Novio'94, 200101556)	50m 00:38.82 38,82	100m 01:23.68 44,86	150m 02:09.79 46,11	02:55.94(+82)
21. Lonneke Kampman (PSV, 200100146)	50m 00:40.01 40,01	100m 01:24.17 44,16	150m 02:10.46 46,29	02:56.36(+80)
22. Zoë Slinkman (De Mors, 200100062)	50m 00:38.51 38,51	100m 01:22.85 44,34	150m 02:08.92 46,07	02:56.44(+88)
23. Esra Erer (TriVia, 200002858)	50m 00:37.23 37,23	100m 01:20.85 43,62	150m 02:07.39 46,54	02:57.21(+79)
24. Serina Damen (PSV, 200100228)	50m 00:37.26 37,26	100m 01:21.30 44,04	150m 02:08.70 47,40	02:57.85(+67)
25. Eelke van Ballegooijen (De Meer, 200100684)	50m 00:39.90 39,90	100m 01:24.83 44,93	150m 02:11.40 46,57	02:57.87(+71)
26. Ana Nusa Versnik (The Hague Swimming (SG), 200003496)	50m 00:38.90 38,90	100m 01:23.90 45,00	150m 02:10.92 47,02	02:58.24(+77)
27. Marieke Wildeboer (TriVia, 200100016)	50m 00:38.51 38,51	100m 01:22.64 44,13	150m 02:09.53 46,89	02:58.94(+88)
28. Paula Dorsman (d'ELFT, 200105354)	50m 00:39.36 39,36	100m 01:23.81 44,45	150m 02:11.03 47,22	02:59.04(+79)
29. Manon Middelbos (De Schotegil, 200100056)	50m 00:39.89 39,89	100m 01:25.70 45,81	150m 02:12.36 46,66	02:59.35(+70)
30. Babet Kruger (VZC E&P, 200003390)	50m 00:40.48 40,48	100m 01:26.09 45,61	150m 02:13.96 47,87	03:02.27(+79)
31. Christel Brugmans (Hieronymus, 200005602)	50m 00:39.91 39,91	100m 01:25.74 45,83	150m 02:14.17 48,43	03:02.72(+76)
32. Jip Veeman (The Hague Swimming (SG), 200106100)	50m 00:39.96 39,96	100m 01:26.41 46,45	150m 02:15.58 49,17	03:05.16(+80)
147. 50m vlinderslag - Heren				
16 - 17 jaar (Jeugd 1 en 2)				
1. Nyls Korstanje (RTC - Aqua Novio '94, 199901941)				00:24.78(+65)
2. Ruben Stam (Albion, 199800331)				00:25.24(+68)

2. Floris Kotterink (Albion, 199800199)	00:25.24(+59)
4. Tom Donker (PSV, 199805711)	00:25.60(+63)
5. Jens Krijgsman (RTC - De Columbiaan, 199901429)	00:25.64(+69)
6. Gauke Eilander (ZPC Hoogeveen, 199800603)	00:26.06(+69)
7. Jesse van Dijk (De Houtrib, 199903259)	00:26.41(+65)
8. Wilco Nijenhuis (De Berkelduikers, 199802463)	00:26.46(+70)
9. Luuk Veldman (Orca, 199900981)	00:26.53(+65)
10. Denny Olde Agterhuis (HZ&PC Heerenveen, 199801253)	00:26.54(+68)
11. Kalle van Gemert (ZPC De Zeeuwse Kust, 199801259)	00:26.70(+69)
12. Nicko Kamphuis (De Warande, 199900887)	00:26.71(+56)
13. Torben Lammerdink (WS Twente, 199900745)	00:26.91(+70)
14. Mathieu Boers (WS Twente, 199800187)	00:26.94(+69)
14. Noa Eversdijk (ZPC De Zeeuwse Kust, 199903595)	00:26.94(+72)
16. Matthijs van Meerendonk (Aqua'68, 199900375)	00:26.95(+62)
17. Ingmar Hartman (De Kikker, 199801013)	00:27.10(+70)
17. Simon Koopen (WZ&PC Purmerend, 199802127)	00:27.10(+64)
19. Thomas Kappe (ZPC Hoogeveen, 199805141)	00:27.11(+67)
20. Dario van Hulst (Kimbria, 199903169)	00:27.12(+74)
21. Max Voortman (De Berkelduikers, 199902923)	00:27.18(+63)
21. Dennis Bougrimov (MNC Dordrecht, 199800565)	00:27.18(+60)
21. Jelmer Lankhorst (The Hague Swimming (SG), 199800353)	00:27.18(+64)
24. Cédric Broere (Hieronymus, 199902227)	00:27.23(+68)
25. Lars van der Haijden (Hellas-Glana, 199900225)	00:27.24(+73)
26. Bas Verdoes (De Columbiaan, 199801487)	00:27.31(+73)
26. Jonne Schaafsma (RTC - Racing Club, 199800745)	00:27.31(+71)
28. Ronaldo Nagtzaam (ZC AquaDream, 199803293)	00:27.45(+74)
29. Ebel van Geemen (NDD, 199901095)	00:27.54(+70)
30. Sam Furer (Aqua-Novio'94, 199900185)	00:27.60(+66)
31. Albert Jan van Slooten (ZIGNEA, 199800049)	00:27.63(+74)
32. Ingmar Bakker (ZV De Zaan, 199800493)	00:27.65(+67)
33. Mees van Duinhoven (RZC, 199804913)	00:27.80(+83)
34. Thijs van Wieringen (De Columbiaan, 199900577)	00:27.86(+67)
35. Max Peters (De Dommelbaarzen, 199903123)	00:27.89(+70)
36. Tom Laarhuis (De Dinkel, 199800309)	00:27.92(+75)
37. Gideon Heij (ZPC AMERSFOORT, 199800655)	00:27.97(+65)
38. Justus Ykema (DWK, 199900029)	00:27.99(+71)
39. Luc van Dijk (Hera'11, 199802097)	00:28.01(+88)
40. Reijer Boodt (De Dolfijn, 199901001)	00:28.03(+68)
41. Joris Hendriks (PSV, 199904859)	00:28.06(+70)

42. Edwin Jager (De Berkelduikers, 199901571)	00:28.08(+78)
42. Arie van der Vlist (De Meer, 199804945)	00:28.08(+70)
44. Martijn de Leeuw (ZPC Woerden, 199800707)	00:28.09(+67)
45. Sam Haring (DAW, 199901491)	00:28.10(+73)
46. Jordi de Nijs (MSV-Zeemacht, 199801851)	00:28.12(+64)
47. Jordy van Oel (WVZ, 199802003)	00:28.25(+76)
48. Brian Otjes (Aquarius, 199901135)	00:28.56(+94)
2148. 50m vlinderslag - Heren <i>12 - 17 jaar</i>	
1. Rogier Dorsman (NTC PARA-ZZ&PC De Devel, 199900211) [S12]	00:28.98(+69)
2. Tim van Duuren (NTC PARA-WIDEX GZC Donk, 199802255) [S9]	00:30.58(+65)
3. Duncan van Haaren (NTC PARA-WIDEX GZC Donk, 200000681) [S10]	00:29.26(+71)
4. Sebastiaan Broere (Hieronymus, 199803687) [S14]	00:31.69(+85)
5. Bas Takken (NTC PARA-ZV Hoorn, 199901643) [S10]	00:29.68(+71)
6. Bastian Renshoff (Octopus, 200001261) [S10]	00:31.21(+91)
7. Querijn Hensen (De Duinkickers, 200102121) [S10]	00:32.34(+69)
8. Nathan van Wees (De Houtrib, 200101427) [S10]	00:34.68(+61)
9. Sam Janmaat (De Duinkickers, 200203017) [S10]	00:35.55(+74)
10. Maryn Both (De Duck, 200201089) [S8]	00:45.81(+72)
149. 50m vlinderslag - Dames <i>14 - 15 jaar (Jeugd 1 en 2)</i>	
1. Chefanja Nunes (RTC - WVZ, 200104750)	00:27.96(+66)
2. Manon Compagner (Dedemsvaart-AC, 200101710)	00:28.59(+74)
3. Jasmijn Boon (RTC - WVZ, 200001280)	00:28.72(+73)
4. Alinda Dingshoff (ZPC Hoogeveen, 200000928)	00:28.73(+72)
5. Frouke Beeksma (TriVia, 200000346)	00:28.89(+69)
6. Eva van den Adel (De Otters Het Gooi, 200102892)	00:29.12(+62)
7. LouLou Janssen (RTC - De Columbiaan, 200100132)	00:29.14(+73)
8. Indy Jongman (RTC - PSV, 200100528)	00:29.22(+73)
9. Sarah Scholten (PSV, 200006196)	00:29.49(+71)
10. Ya'elle Lucht (RTC - De Houtrib, 200104628)	00:29.53(+76)
11. Myrthe Bakker (MNC Dordrecht, 200000804)	00:29.88(+72)
12. Lauren van IJII (WVZ, 200001064)	00:29.92(+68)
13. Marit de Lau (RTC - PSV, 200101338)	00:29.98(+69)
14. Kristy Nagtzaam (ZC AquaDream, 200002212)	00:30.00(+70)
15. Julia van Leeuwen (PSV, 200001464)	00:30.13(+72)
16. Silke Molendijk (VZC E&P, 200100178)	00:30.15(+77)
17. Merel Phaff (Nuenen, 200100434)	00:30.22(+71)
18. Marit Boxum (Deltasteur, 200000068)	00:30.47(+82)
19. Anna Janssen (RZC, 200000098)	00:30.58(+76)

20. Nikky Keijzer (ZV De Zaan, 200102886)	00:30.62(+79)
21. Lieve Göbbels (NIMO, 200000514)	00:30.68(+75)
22. Danieke van der Kooi (Orca, 200000552)	00:30.71(+77)
23. Linde van Duinhoven (RZC, 200100370)	00:30.78(+79)
24. Arianne Kooijinga (TriVia, 200001544)	00:30.92(+75)
25. Janneke Lenderink (De Dinkel, 200100328)	00:30.93(+74)
26. Manon Kampman (PSV, 200000614)	00:30.98(+75)
27. Tiffany Leerdam (De Dolfijn, 200006200)	00:31.01(+85)
28. Floor de Kievit (The Hague Swimming (SG), 200100238)	00:31.05(+75)
29. Maartje Slop (De Otters Het Gooi, 200106036)	00:31.13(+71)
30. Valesca van den Bogert (Hieronymus, 200102138)	00:31.17(+76)
31. Femke Wiersma (HZ&PC Heerenveen, 200103078)	00:31.30(+73)
32. Loes Gelissen (Hellas-Glana, 200102166)	00:31.34(+71)
2150. 50m vlinderslag - Dames	
<i>11 - 15 jaar (Jeugd 2 en later)</i>	
1. Liesette Bruinsma (NTC PARA-HZ&PC Heerenveen, 200004346) [S11]	00:35.33(+77)
2. Chantalle Zijdeveld (NTC PARA-ZZ&PC De Devel, 200000702) [S10]	00:32.06(+70)
3. Lisa Kruger (NTC PARA-ZPC AMERSFOORT, 200005304) [S10]	00:32.24(+77)
4. Ilona Venema (ReVeLie Swim Team, 200200050) [S10]	00:33.47(+78)
5. Inge Belfor (NTC PARA-De Columbiaan, 200100578) [S10]	00:35.88(+84)
6. Sterre Veerman (Ed-Vo, 200003544) [S13]	00:37.94(+74)
7. Sanne Hofman (NTC PARA-ZPC Hoogeveen, 200102154) [S13]	00:39.49(+86)
8. Deborah Visser (De Duinkickers, 200102666) [S10]	00:38.09(+72)
9. Feija de Bruin (WVZ, 200400106) [S10]	00:42.21(+95)
10. Iris Onnink (De Vrije Slag, 200301836) [S10]	00:47.19(+98)
151. 50m vlinderslag - Dames	
<i>12 - 12 jaar (Junioren 2)</i>	
1. Judith Houtvast (Hellas-Glana, 200300714)	00:30.14(+76)
2. Lynn Joor (WS Twente, 200300550)	00:30.15(+71)
3. Eva Geilenkirchen (The Hague Swimming (SG), 200302834)	00:30.42(+76)
4. Irina de Ridder (ZPC De Zeeuwse Kust, 200301224)	00:31.00(+76)
5. Maaïke Issard (De Houtrib, 200300022)	00:31.67(+78)
6. Amber Celie (De Dolfijn, 200300756)	00:31.97(+85)
152. 50m vlinderslag - Dames	
<i>13 - 13 jaar (Junioren 3)</i>	
1. Nienke Jonk (Hieronymus, 200203000)	00:28.95(+80)
2. Femke Spiering (VZC E&P, 200204514)	00:29.34(+76)
3. Elise Tanis (RTC - De Schoteijl, 200200120)	00:29.40(+70)
4. Lotte Hosper (De Fuut, 200201414)	00:30.48(+80)
5. Danique Bernard (Ed-Vo, 200200224)	00:30.66(+66)

6. Samantha van Vuure (ZPCH, 200200230)		00:33.32(+75)
7. Ilona Venema (ReVeLie Swim Team, 200200050) [S10]		00:33.47(+78)
153. 4x100m vrije slag heren Junioren		
<i>11 - 17 jaar (Jeugd 2 en later)</i>		
1. De Columbiaan		03:35.19
Jens Krijgsman 1999 (+72)	50m 00:25.17 25,17	
Jens Krijgsman 1999 (+72)	100m 00:52.54 27,37	
Ruben Griffioen 1999 (+33)	150m 01:18.97 26,43	
Ruben Griffioen 1999 (+33)	200m 01:47.77 28,80	
Bas Verdoes 1998 (+36)	250m 02:14.09 26,32	
Bas Verdoes 1998 (+36)	300m 02:43.20 29,11	
Thijs van Wieringen 1999 (+39)	350m 03:07.55 24,35	
Thijs van Wieringen 1999 (+39)	400m 03:35.19 27,64	
2. DAW		03:39.22
Luc Kroon 2001 (+76)	50m 00:25.66 25,66	
Luc Kroon 2001 (+76)	100m 00:53.40 27,74	
Sam Haring 1999 (+40)	150m 01:19.66 26,26	
Sam Haring 1999 (+40)	200m 01:47.80 28,14	
Erik Bult 1999 (+37)	250m 02:14.42 26,62	
Erik Bult 1999 (+37)	300m 02:44.81 30,39	
Lars van der Velden 1998 (+59)	350m 03:10.27 25,46	
Lars van der Velden 1998 (+59)	400m 03:39.22 28,95	
3. MNC Dordrecht		03:39.65
Igor Ostrowski 1998 (+70)	50m 00:25.83 25,83	
Igor Ostrowski 1998 (+70)	100m 00:53.93 28,10	
Anton Jansen 2000 (+42)	150m 01:20.45 26,52	
Anton Jansen 2000 (+42)	200m 01:49.41 28,96	
Fabio Mieris 1998 (+45)	250m 02:16.59 27,18	
Fabio Mieris 1998 (+45)	300m 02:45.46 28,87	
Dennis Bougrimov 1998 (+31)	350m 03:10.58 25,12	
Dennis Bougrimov 1998 (+31)	400m 03:39.65 29,07	
4. ZPC AMERSFOORT		03:40.61
Wietse Waninge 1998 (+66)	50m 00:26.01 26,01	
Wietse Waninge 1998 (+66)	100m 00:54.92 28,91	
Jelle Blankestijn 1998 (+27)	150m 01:21.85 26,93	
Jelle Blankestijn 1998 (+27)	200m 01:51.22 29,37	
Gideon Heij 1998 (+37)	250m 02:17.47 26,25	
Gideon Heij 1998 (+37)	300m 02:46.09 28,62	
Stijn van Aken 1999 (+39)	350m 03:12.22 26,13	
Stijn van Aken 1999 (+39)	400m 03:40.61 28,39	
5. De Dolfijn		03:41.98
Bart Sommeling 1998 (+65)	50m 00:25.77 25,77	
Bart Sommeling 1998 (+65)	100m 00:53.93 28,16	
Dennis Rekvelt 1998 (+59)	150m 01:20.64 26,71	
Dennis Rekvelt 1998 (+59)	200m 01:49.77 29,13	
Timos Skotadis 1998 (+54)	250m 02:16.51 26,74	
Timos Skotadis 1998 (+54)	300m 02:46.02 29,51	
Nick van Nijburg 1999 (+46)	350m 03:12.62 26,60	
Nick van Nijburg 1999 (+46)	400m 03:41.98 29,36	
6. PSV		03:43.12
Joris Hendriks 1999 (+72)	50m 00:27.40 27,40	
Joris Hendriks 1999 (+72)	100m 00:56.66 29,26	
Stijn Simons 1999 (+54)	150m 01:23.22 26,56	
Stijn Simons 1999 (+54)	200m 01:51.26 28,04	
Derk Beemer 2000 (+48)	250m 02:19.10 27,84	
Derk Beemer 2000 (+48)	300m 02:50.15 31,05	
Tom Donker 1998 (+32)	350m 03:15.49 25,34	
Tom Donker 1998 (+32)	400m 03:43.12 27,63	
7. WS Twente		03:43.34
Mathieu Boers 1998 (+71)	50m 00:25.74 25,74	
Mathieu Boers 1998 (+71)	100m 00:54.23 28,49	

Luuk Einhaus 2002 (+24)	150m	01:21.20	26,97	
Luuk Einhaus 2002 (+24)	200m	01:53.68	32,48	
Niels Hofmeijer 2000 (+38)	250m	02:19.97	26,29	
Niels Hofmeijer 2000 (+38)	300m	02:48.26	28,29	
Torben Lammerdink 1999 (+67)	350m	03:13.92	25,66	
Torben Lammerdink 1999 (+67)	400m	03:43.34	29,42	
8. ZPC Hoogeveen				03:44.23
Gauke Eilander 1998 (+68)	50m	00:27.17	27,17	
Gauke Eilander 1998 (+68)	100m	00:56.32	29,15	
Junior de Bruin 2000 (+30)	150m	01:22.70	26,38	
Junior de Bruin 2000 (+30)	200m	01:52.08	29,38	
Maik Huser 1999 (+47)	250m	02:19.90	27,82	
Maik Huser 1999 (+47)	300m	02:50.12	30,22	
Thomas Kappe 1998 (+36)	350m	03:15.76	25,64	
Thomas Kappe 1998 (+36)	400m	03:44.23	28,47	
9. HZ&PC Heerenveen				03:46.38
Remco Dijkstra 2001 (+80)	50m	00:27.87	27,87	
Remco Dijkstra 2001 (+80)	100m	00:58.25	30,38	
Erwin Heinsius 1999 (+32)	150m	01:25.83	27,58	
Erwin Heinsius 1999 (+32)	200m	01:56.44	30,61	
Denny Olde Agterhuis 1998 (+30)	250m	02:22.89	26,45	
Denny Olde Agterhuis 1998 (+30)	300m	02:52.12	29,23	
Daan Zwertbroek 1999 (+24)	350m	03:17.80	25,68	
Daan Zwertbroek 1999 (+24)	400m	03:46.38	28,58	
10. De Kikker				03:47.03
Darren Chen 2000 (+66)	50m	00:27.38	27,38	
Darren Chen 2000 (+66)	100m	00:56.83	29,45	
Bryan Chen 1998 (+48)	150m	01:25.14	28,31	
Bryan Chen 1998 (+48)	200m	01:54.55	29,41	
Bob de Groot 1999 (+49)	250m	02:22.29	27,74	
Bob de Groot 1999 (+49)	300m	02:52.32	30,03	
Ingmar Hartman 1998 (+55)	350m	03:18.23	25,91	
Ingmar Hartman 1998 (+55)	400m	03:47.03	28,80	
11. De Berkelduikers				03:48.25
Wilco Nijenhuis 1998 (+68)	50m	00:27.26	27,26	
Wilco Nijenhuis 1998 (+68)	100m	00:56.92	29,66	
Edwin Jager 1999 (+30)	150m	01:24.27	27,35	
Edwin Jager 1999 (+30)	200m	01:54.39	30,12	
Jeroen Kok 1999 (+47)	250m	02:21.88	27,49	
Jeroen Kok 1999 (+47)	300m	02:52.31	30,43	
Max Voortman 1999 (+31)	350m	03:18.55	26,24	
Max Voortman 1999 (+31)	400m	03:48.25	29,70	
12. ZV De Zaan				03:50.54
Daan Swart 2001 (+76)	50m	00:29.18	29,18	
Daan Swart 2001 (+76)	100m	01:01.70	32,52	
Lex Sandburg 1998 (+50)	150m	01:28.10	26,40	
Lex Sandburg 1998 (+50)	200m	01:57.82	29,72	
Sander Dorland 1999 (+42)	250m	02:24.84	27,02	
Sander Dorland 1999 (+42)	300m	02:55.25	30,41	
Ingmar Bakker 1998 (+51)	350m	03:21.47	26,22	
Ingmar Bakker 1998 (+51)	400m	03:50.54	29,07	
13. Hieronymus				03:52.30
Bas Erdmann 2000 (+70)	50m	00:28.31	28,31	
Bas Erdmann 2000 (+70)	100m	00:59.18	30,87	
Timo Musters 1998 (+23)	150m	01:26.99	27,81	
Timo Musters 1998 (+23)	200m	01:58.34	31,35	
Jaro Musters 1998 (+63)	250m	02:25.67	27,33	
Jaro Musters 1998 (+63)	300m	02:56.04	30,37	
Cédric Broere 1999 (+50)	350m	03:22.75	26,71	
Cédric Broere 1999 (+50)	400m	03:52.30	29,55	
14. DWK				03:54.84
Justus Ykema 1999 (+73)	50m	00:27.30	27,30	

Justus Ykema 1999 (+73)	100m	00:57.09	29,79	
Dylan Donkersteeg 2002 (+75)	150m	01:25.48	28,39	
Dylan Donkersteeg 2002 (+75)	200m	01:56.64	31,16	
Joep Hoogerwerf 2002 (+55)	250m	02:26.45	29,81	
Joep Hoogerwerf 2002 (+55)	300m	02:59.88	33,43	
Tim Hoogerwerf 2000 (+34)	350m	03:26.03	26,15	
Tim Hoogerwerf 2000 (+34)	400m	03:54.84	28,81	
15. NDD				03:55.64
Kelt Garritsen 1998 (+91)	50m	00:29.36	29,36	
Kelt Garritsen 1998 (+91)	100m	01:00.75	31,39	
Wilco Stijf 2001 (+57)	150m	01:30.30	29,55	
Wilco Stijf 2001 (+57)	200m	02:03.74	33,44	
Ebel van Geemen 1999 (+43)	250m	02:30.63	26,89	
Ebel van Geemen 1999 (+43)	300m	02:59.56	28,93	
Rico Keizer 1999 (+41)	350m	03:26.07	26,51	
Rico Keizer 1999 (+41)	400m	03:55.64	29,57	
16. De Ham				03:56.09
Sem Dik 2001 (+72)	50m	00:28.77	28,77	
Sem Dik 2001 (+72)	100m	01:00.70	31,93	
Tim Kieft 1999 (+42)	150m	01:28.15	27,45	
Tim Kieft 1999 (+42)	200m	02:00.10	31,95	
Rense Ruig 1999 (+57)	250m	02:27.42	27,32	
Rense Ruig 1999 (+57)	300m	02:58.70	31,28	
Tim Wassenaar 1999 (+21)	350m	03:25.83	27,13	
Tim Wassenaar 1999 (+21)	400m	03:56.09	30,26	
16. ZZ&PC De Devel				03:56.09
Sybe de Waard 1999 (+70)	50m	00:27.83	27,83	
Sybe de Waard 1999 (+70)	100m	00:58.85	31,02	
Mark de Jongh 2000 (+45)	150m	01:27.45	28,60	
Mark de Jongh 2000 (+45)	200m	01:58.01	30,56	
Rogier Dorsman 1999 (+71)	250m	02:26.95	28,94	
Rogier Dorsman 1999 (+71)	300m	02:58.44	31,49	
Rainier Voll 1998 (+39)	350m	03:25.78	27,34	
Rainier Voll 1998 (+39)	400m	03:56.09	30,31	
18. Nova				03:56.57
Dennis Wildeboer 1998 (+84)	50m	00:28.22	28,22	
Dennis Wildeboer 1998 (+84)	100m	00:59.06	30,84	
Jeroen Louwinger 1999 (+41)	150m	01:26.86	27,80	
Jeroen Louwinger 1999 (+41)	200m	01:57.74	30,88	
Lars Meyer 2000 (+43)	250m	02:26.65	28,91	
Lars Meyer 2000 (+43)	300m	02:58.39	31,74	
Melle Fischer 1999 (+61)	350m	03:25.91	27,52	
Melle Fischer 1999 (+61)	400m	03:56.57	30,66	
19. ZPC Woerden				03:57.02
Ian Terlouw 2000 (+78)	50m	00:28.12	28,12	
Ian Terlouw 2000 (+78)	100m	00:59.00	30,88	
Wim van Duuren 2001 (+51)	150m	01:28.08	29,08	
Wim van Duuren 2001 (+51)	200m	02:00.66	32,58	
Cyriel Muthert 1998 (+50)	250m	02:28.23	27,57	
Cyriel Muthert 1998 (+50)	300m	02:58.42	30,19	
Martijn de Leeuw 1998 (+32)	350m	03:26.10	27,68	
Martijn de Leeuw 1998 (+32)	400m	03:57.02	30,92	
20. De Dommelbaarzen				03:58.26
Joris te Booy 1999 (+74)	50m	00:27.99	27,99	
Joris te Booy 1999 (+74)	100m	00:58.72	30,73	
Ivar Wijffels 1998 (+42)	150m	01:27.54	28,82	
Ivar Wijffels 1998 (+42)	200m	01:59.65	32,11	
Mike Krielaart 2000 (+54)	250m	02:28.41	28,76	
Mike Krielaart 2000 (+54)	300m	03:00.07	31,66	
Max Peters 1999 (+54)	350m	03:27.60	27,53	
Max Peters 1999 (+54)	400m	03:58.26	30,66	

1. ZPC AMERSFOORT			03:38.91
Caspar Corbeau 2001 (+71)	50m	00:26.20 26,20	
Caspar Corbeau 2001 (+71)	100m	00:54.23 28,03	
Daniël Claasen 2001 (+40)	150m	01:20.69 26,46	
Daniël Claasen 2001 (+40)	200m	01:49.25 28,56	
Bas Morelissen 2001 (+34)	250m	02:15.55 26,30	
Bas Morelissen 2001 (+34)	300m	02:44.32 28,77	
Austin Namesnik 2001 (+38)	350m	03:10.43 26,11	
Austin Namesnik 2001 (+38)	400m	03:38.91 28,48	
2. WVZ			03:41.08
Anne Schuurmans 2000 (+79)	50m	00:26.62 26,62	
Anne Schuurmans 2000 (+79)	100m	00:54.85 28,23	
Noah Legerstee 2000 (+53)	150m	01:21.63 26,78	
Noah Legerstee 2000 (+53)	200m	01:52.07 30,44	
Tygo van Hassel 2001 (+48)	250m	02:18.53 26,46	
Tygo van Hassel 2001 (+48)	300m	02:47.51 28,98	
Koen Weustink 2000 (+37)	350m	03:12.80 25,29	
Koen Weustink 2000 (+37)	400m	03:41.08 28,28	
3. VZC E&P			03:43.26
Thom Delno 2000 (+73)	50m	00:27.08 27,08	
Thom Delno 2000 (+73)	100m	00:56.35 29,27	
Sander Crooijmans 2001 (+44)	150m	01:23.10 26,75	
Sander Crooijmans 2001 (+44)	200m	01:52.10 29,00	
Vincent Crooijmans 2001 (+30)	250m	02:18.48 26,38	
Vincent Crooijmans 2001 (+30)	300m	02:48.25 29,77	
Sten Postma 2000 (+41)	350m	03:14.50 26,25	
Sten Postma 2000 (+41)	400m	03:43.26 28,76	
4. ZPC De Zeeuwse Kust			03:47.04
Ruden de Ridder 2000 (+76)	50m	00:26.01 26,01	
Ruden de Ridder 2000 (+76)	100m	00:54.04 28,03	
Jarno de Jonge 2001 (+51)	150m	01:21.63 27,59	
Jarno de Jonge 2001 (+51)	200m	01:52.28 30,65	
Melle van Gemert 2001 (+51)	250m	02:19.87 27,59	
Melle van Gemert 2001 (+51)	300m	02:50.22 30,35	
Tijmen Visser 2000 (+28)	350m	03:16.74 26,52	
Tijmen Visser 2000 (+28)	400m	03:47.04 30,30	
5. PSV			03:48.71
Wouter Schmit 2000 (+68)	50m	00:26.82 26,82	
Wouter Schmit 2000 (+68)	100m	00:55.39 28,57	
Timo Spaans 2002 (+51)	150m	01:23.77 28,38	
Timo Spaans 2002 (+51)	200m	01:54.34 30,57	
Mathijs Verdonck 2001 (+36)	250m	02:21.91 27,57	
Mathijs Verdonck 2001 (+36)	300m	02:53.25 31,34	
Rick Bulman 2001 (+43)	350m	03:20.41 27,16	
Rick Bulman 2001 (+43)	400m	03:48.71 28,30	
6. Dedemsvaart-AC			03:54.72
Leon van den Hof 2002 (+81)	50m	00:27.29 27,29	
Leon van den Hof 2002 (+81)	100m	00:57.01 29,72	
Jesse Zweers 2001 (+40)	150m	01:23.72 26,71	
Jesse Zweers 2001 (+40)	200m	01:54.14 30,42	
Robin Bruins 2001 (+46)	250m	02:24.70 30,56	
Robin Bruins 2001 (+46)	300m	02:58.92 34,22	
Stijn Boertien 2001 (+40)	350m	03:25.55 26,63	
Stijn Boertien 2001 (+40)	400m	03:54.72 29,17	
7. De Dinkel			03:55.49
Dennis Kamps 2000 (+83)	50m	00:27.38 27,38	
Dennis Kamps 2000 (+83)	100m	00:56.60 29,22	
Milan van Dieren 2001 (+44)	150m	01:24.41 27,81	
Milan van Dieren 2001 (+44)	200m	01:55.35 30,94	
Noël Derks 2001 (+53)	250m	02:24.32 28,97	
Noël Derks 2001 (+53)	300m	02:56.60 32,28	
Jurre Hanstede 2002 (+57)	350m	03:24.90 28,30	
Jurre Hanstede 2002 (+57)	400m	03:55.49 30,59	

8. The Hague Swimming (SG) [S15]			03:55.64
Doran Paap 2000 (+67)	50m	00:29.11 29,11	
Doran Paap 2000 (+67)	100m	01:00.97 31,86	
Stijn Lafontaine 2000 (+25)	150m	01:28.92 27,95	
Stijn Lafontaine 2000 (+25)	200m	02:00.19 31,27	
Freek Hollander 2001 (+12)	250m	02:28.45 28,26	
Freek Hollander 2001 (+12)	300m	02:59.17 30,72	
Marc Botter 2000 (+41)	350m	03:26.27 27,10	
Marc Botter 2000 (+41)	400m	03:55.64 29,37	
9. ZPC AMERSFOORT			03:58.11
Rijk Dragstra 2001 (+71)	50m	00:27.86 27,86	
Rijk Dragstra 2001 (+71)	100m	00:59.03 31,17	
Mats van de Weerd 2001 (+27)	150m	01:28.82 29,79	
Mats van de Weerd 2001 (+27)	200m	02:01.72 32,90	
Milan ten Broek 2000 (+35)	250m	02:28.64 26,92	
Milan ten Broek 2000 (+35)	300m	02:58.49 29,85	
Kirill Hrabcuns 2002 (+45)	350m	03:26.46 27,97	
Kirill Hrabcuns 2002 (+45)	400m	03:58.11 31,65	
10. WVZ			04:00.06
Matthijs Arnoldus 2000 (+76)	50m	00:29.68 29,68	
Matthijs Arnoldus 2000 (+76)	100m	01:02.96 33,28	
Jasper Breugem 2000 (+39)	150m	01:31.63 28,67	
Jasper Breugem 2000 (+39)	200m	02:02.85 31,22	
Max Visser 2001 (+37)	250m	02:31.32 28,47	
Max Visser 2001 (+37)	300m	03:02.76 31,44	
Adriaan Provó Kluit 2002 (+41)	350m	03:30.06 27,30	
Adriaan Provó Kluit 2002 (+41)	400m	04:00.06 30,00	
11. Aqua-Novio'94			04:01.44
Bjarne Langkamp 2000 (+83)	50m	00:28.19 28,19	
Bjarne Langkamp 2000 (+83)	100m	00:59.26 31,07	
Jarno Koster 2002 (+69)	150m	01:28.50 29,24	
Jarno Koster 2002 (+69)	200m	02:02.03 33,53	
Patrick Habeck 2001 (+35)	250m	02:30.32 28,29	
Patrick Habeck 2001 (+35)	300m	03:03.22 32,90	
Jelle Smid 2001 (+43)	350m	03:30.82 27,60	
Jelle Smid 2001 (+43)	400m	04:01.44 30,62	
DIS. De Dolfijn			00:00.00
Franklin Paassen 2000 ()	400m	00:00.00 0,00	
154. 4x100m vrije slag dames Junioren			
11 - 15 jaar (Jeugd 2 en later)			
1. PSV			03:54.58
Marit de Lau 2001 (+71)	50m	00:28.61 28,61	
Marit de Lau 2001 (+71)	100m	00:59.15 30,54	
Sarah Scholten 2000 (+34)	150m	01:27.61 28,46	
Sarah Scholten 2000 (+34)	200m	01:58.29 30,68	
Julia van Leeuwen 2000 (+39)	250m	02:25.73 27,44	
Julia van Leeuwen 2000 (+39)	300m	02:56.93 31,20	
Sam van Nunen 2001 (+35)	350m	03:24.53 27,60	
Sam van Nunen 2001 (+35)	400m	03:54.58 30,05	
2. WVZ			03:56.52
Claire Verkijk 2001 (+74)	50m	00:28.14 28,14	
Claire Verkijk 2001 (+74)	100m	00:58.52 30,38	
Chefanja Nunes 2001 (+50)	150m	01:27.45 28,93	
Chefanja Nunes 2001 (+50)	200m	01:57.91 30,46	
Inge Vieveen 2001 (+44)	250m	02:26.29 28,38	
Inge Vieveen 2001 (+44)	300m	02:57.65 31,36	
Jasmijn Boon 2000 (+28)	350m	03:25.66 28,01	
Jasmijn Boon 2000 (+28)	400m	03:56.52 30,86	
3. De Dinkel			04:04.61
Romée Spin 2000 (+87)	50m	00:29.50 29,50	
Romée Spin 2000 (+87)	100m	01:01.72 32,22	

Mathilde Stolmeijer 2001 (+96)	150m	01:32.00	30,28	
Mathilde Stolmeijer 2001 (+96)	200m	02:04.19	32,19	
Kiki Koopman 2002 (+21)	250m	02:33.43	29,24	
Kiki Koopman 2002 (+21)	300m	03:04.91	31,48	
Janneke Lenderink 2001 (+49)	350m	03:33.84	28,93	
Janneke Lenderink 2001 (+49)	400m	04:04.61	30,77	
4. ZPC Hoogeveen				04:06.75
Kyra Wooldrik 2001 (+82)	50m	00:30.39	30,39	
Kyra Wooldrik 2001 (+82)	100m	01:02.58	32,19	
Jill Blide 2000 (+48)	150m	01:32.04	29,46	
Jill Blide 2000 (+48)	200m	02:03.72	31,68	
Anique Coelingh 2000 (+34)	250m	02:33.76	30,04	
Anique Coelingh 2000 (+34)	300m	03:07.56	33,80	
Alinda Dingshoff 2000 (+31)	350m	03:35.74	28,18	
Alinda Dingshoff 2000 (+31)	400m	04:06.75	31,01	
5. Hellas-Glana				04:06.76
Nikki Douma 2001 (+70)	50m	00:30.42	30,42	
Nikki Douma 2001 (+70)	100m	01:02.83	32,41	
Kim Rebergen 2001 (+38)	150m	01:32.53	29,70	
Kim Rebergen 2001 (+38)	200m	02:05.10	32,57	
Loes Gelissen 2001 (+49)	250m	02:34.41	29,31	
Loes Gelissen 2001 (+49)	300m	03:07.22	32,81	
Britt Cornelissens 2000 (+42)	350m	03:35.23	28,01	
Britt Cornelissens 2000 (+42)	400m	04:06.76	31,53	
6. Orca				04:07.82
Lize Janna de Vries 2001 (+81)	50m	00:29.69	29,69	
Lize Janna de Vries 2001 (+81)	100m	01:01.44	31,75	
Janneke Weiland 2001 (+36)	150m	01:31.54	30,10	
Janneke Weiland 2001 (+36)	200m	02:03.81	32,27	
Danieke van der Kooi 2000 (+32)	250m	02:33.06	29,25	
Danieke van der Kooi 2000 (+32)	300m	03:05.10	32,04	
Eva Willebrands 2001 (+52)	350m	03:34.70	29,60	
Eva Willebrands 2001 (+52)	400m	04:07.82	33,12	
7. Dedemsvaart-AC				04:09.56
Tara van Bree 2001 (+83)	50m	00:30.38	30,38	
Tara van Bree 2001 (+83)	100m	01:03.66	33,28	
Lotte Rougoor 2000 (+19)	150m	01:33.46	29,80	
Lotte Rougoor 2000 (+19)	200m	02:06.40	32,94	
Michelle Zomerdijk 2000 (+32)	250m	02:36.18	29,78	
Michelle Zomerdijk 2000 (+32)	300m	03:09.03	32,85	
Manon Compagner 2001 (+46)	350m	03:37.91	28,88	
Manon Compagner 2001 (+46)	400m	04:09.56	31,65	
8. Nova				04:10.70
Laura Setz 2000 (+83)	50m	00:28.27	28,27	
Laura Setz 2000 (+83)	100m	00:59.00	30,73	
Jolien Wind 2001 (+40)	150m	01:29.02	30,02	
Jolien Wind 2001 (+40)	200m	02:03.38	34,36	
Elin Manning 2002 (+42)	250m	02:34.31	30,93	
Elin Manning 2002 (+42)	300m	03:08.02	33,71	
Fleur Vialle 2001 (+26)	350m	03:37.64	29,62	
Fleur Vialle 2001 (+26)	400m	04:10.70	33,06	
9. PSV				04:11.86
Manon Kampman 2000 (+76)	50m	00:30.42	30,42	
Manon Kampman 2000 (+76)	100m	01:02.88	32,46	
Fleur Donker 2000 (+28)	150m	01:33.60	30,72	
Fleur Donker 2000 (+28)	200m	02:05.37	31,77	
Esmee Venner 2000 (+46)	250m	02:35.78	30,41	
Esmee Venner 2000 (+46)	300m	03:09.61	33,83	
Lonneke Kampman 2001 (+31)	350m	03:39.77	30,16	
Lonneke Kampman 2001 (+31)	400m	04:11.86	32,09	
10. VZC E&P				04:12.61
Silke Molendijk 2001 (+75)	50m	00:31.02	31,02	

Silke Molendijk 2001 (+75)	100m	01:04.20	33,18	
Gaia Sterre Mirotti 2003 (+1)	150m	01:34.13	29,93	
Gaia Sterre Mirotti 2003 (+1)	200m	02:07.15	33,02	
Babet Kruger 2000 (+42)	250m	02:37.52	30,37	
Babet Kruger 2000 (+42)	300m	03:10.98	33,46	
Femke Spiering 2002 (+62)	350m	03:40.58	29,60	
Femke Spiering 2002 (+62)	400m	04:12.61	32,03	
11. Aqua-Novio'94				04:13.48
Marleen Ankersmit 2000 (+78)	50m	00:30.36	30,36	
Marleen Ankersmit 2000 (+78)	100m	01:03.14	32,78	
Anne van Blitterswijk 2001 (+64)	150m	01:32.91	29,77	
Anne van Blitterswijk 2001 (+64)	200m	02:05.75	32,84	
Noa de Vries 2001 (+47)	250m	02:37.08	31,33	
Noa de Vries 2001 (+47)	300m	03:11.08	34,00	
Sophia Gerrits 2001 (+51)	350m	03:40.47	29,39	
Sophia Gerrits 2001 (+51)	400m	04:13.48	33,01	
12. De Columbiaan				04:13.52
Lianne Bouwmeester 2000 (+74)	50m	00:30.32	30,32	
Lianne Bouwmeester 2000 (+74)	100m	01:03.42	33,10	
Sophie t Hart 2000 (+45)	150m	01:33.79	30,37	
Sophie t Hart 2000 (+45)	200m	02:07.55	33,76	
Megan van Beelen 2001 (+50)	250m	02:36.96	29,41	
Megan van Beelen 2001 (+50)	300m	03:09.86	32,90	
Giulia Corsi 2001 (+48)	350m	03:39.82	29,96	
Giulia Corsi 2001 (+48)	400m	04:13.52	33,70	
13. ZV De Zaan				04:16.56
Hannah Bervoets 2000 (+88)	50m	00:30.02	30,02	
Hannah Bervoets 2000 (+88)	100m	01:03.89	33,87	
Rachel Jahn 2001 (+41)	150m	01:34.40	30,51	
Rachel Jahn 2001 (+41)	200m	02:09.15	34,75	
Esmeralda Duarte de Pina 2003 (+55)	250m	02:39.21	30,06	
Esmeralda Duarte de Pina 2003 (+55)	300m	03:14.03	34,82	
Jennifer Tuijp 2000 (+45)	350m	03:43.71	29,68	
Jennifer Tuijp 2000 (+45)	400m	04:16.56	32,85	
14. PSV				04:18.71
Amy Verhouden 2001 (+70)	50m	00:31.02	31,02	
Amy Verhouden 2001 (+70)	100m	01:04.50	33,48	
Floor Ketting 2001 (+34)	150m	01:35.89	31,39	
Floor Ketting 2001 (+34)	200m	02:10.00	34,11	
Lisa de Beijer 2000 (+34)	250m	02:41.43	31,43	
Lisa de Beijer 2000 (+34)	300m	03:14.65	33,22	
Serina Damen 2001 (+8)	350m	03:44.82	30,17	
Serina Damen 2001 (+8)	400m	04:18.71	33,89	
15. Arethusa				04:18.81
Luca van Gemert 2001 (+73)	50m	00:31.51	31,51	
Luca van Gemert 2001 (+73)	100m	01:05.19	33,68	
Meral Bakker 2002 (+14)	150m	01:37.18	31,99	
Meral Bakker 2002 (+14)	200m	02:12.28	35,10	
Isabel van Hees 2000 (+25)	250m	02:42.67	30,39	
Isabel van Hees 2000 (+25)	300m	03:15.97	33,30	
Sterre van de Goor 2001 (+56)	350m	03:46.27	30,30	
Sterre van de Goor 2001 (+56)	400m	04:18.81	32,54	
16. Dedemsvaart-AC				04:19.51
Tessa van de Belt 2001 (+80)	50m	00:31.90	31,90	
Tessa van de Belt 2001 (+80)	100m	01:06.97	35,07	
Linde Kolkman 2000 (+36)	150m	01:36.81	29,84	
Linde Kolkman 2000 (+36)	200m	02:09.39	32,58	
Lotte Breukelman 2000 (+58)	250m	02:40.69	31,30	
Lotte Breukelman 2000 (+58)	300m	03:14.76	34,07	
Sanne Berg 2000 (+54)	350m	03:45.94	31,18	
Sanne Berg 2000 (+54)	400m	04:19.51	33,57	
17. Aquarijn				04:21.56

	Jonna Wieling 2002 (+76)	50m	00:31.37	31,37	
	Jonna Wieling 2002 (+76)	100m	01:06.17	34,80	
	Sanne Barten 2001 (+45)	150m	01:38.37	32,20	
	Sanne Barten 2001 (+45)	200m	02:13.53	35,16	
	Quinty Jansen 2000 (+51)	250m	02:43.92	30,39	
	Quinty Jansen 2000 (+51)	300m	03:17.35	33,43	
	Claudia Schouten 2000 (+53)	350m	03:47.92	30,57	
	Claudia Schouten 2000 (+53)	400m	04:21.56	33,64	
18.	De Kikker				04:21.85
	Chaira Brinks 2000 (+77)	50m	00:30.04	30,04	
	Chaira Brinks 2000 (+77)	100m	01:02.84	32,80	
	Daphne Rockers 2000 (+44)	150m	01:33.35	30,51	
	Daphne Rockers 2000 (+44)	200m	02:09.39	36,04	
	Joske Sanders 2002 (+41)	250m	02:41.23	31,84	
	Joske Sanders 2002 (+41)	300m	03:17.44	36,21	
	Britt Gerdes 2002 (+45)	350m	03:48.40	30,96	
	Britt Gerdes 2002 (+45)	400m	04:21.85	33,45	
19.	Hieronymus				04:22.04
	Valesca van den Bogert 2001 (+74)	50m	00:31.57	31,57	
	Valesca van den Bogert 2001 (+74)	100m	01:04.61	33,04	
	Roos Englebert 2002 (+33)	150m	01:35.48	30,87	
	Roos Englebert 2002 (+33)	200m	02:10.69	35,21	
	Sarah Uuldriks 2000 (+26)	250m	02:42.52	31,83	
	Sarah Uuldriks 2000 (+26)	300m	03:18.24	35,72	
	Christel Brugmans 2000 (+47)	350m	03:48.41	30,17	
	Christel Brugmans 2000 (+47)	400m	04:22.04	33,63	
20.	ZPC De Hof				04:22.09
	Myrthe Kappert 2000 (+81)	50m	00:31.74	31,74	
	Myrthe Kappert 2000 (+81)	100m	01:06.56	34,82	
	Naomi Geerdink 2001 (+35)	150m	01:38.82	32,26	
	Naomi Geerdink 2001 (+35)	200m	02:15.99	37,17	
	Jocelyn Horbeek 2003 (+5)	250m	02:46.58	30,59	
	Jocelyn Horbeek 2003 (+5)	300m	03:20.75	34,17	
	Elisa Haverkate 2002 (+49)	350m	03:50.20	29,45	
	Elisa Haverkate 2002 (+49)	400m	04:22.09	31,89	
21.	Nuenen				04:22.79
	Merel Phaff 2001 (+76)	50m	00:31.49	31,49	
	Merel Phaff 2001 (+76)	100m	01:04.78	33,29	
	Robin Goossens 2000 (+25)	150m	01:36.00	31,22	
	Robin Goossens 2000 (+25)	200m	02:10.12	34,12	
	Lot Sauren 2000 (+34)	250m	02:41.83	31,71	
	Lot Sauren 2000 (+34)	300m	03:16.14	34,31	
	Loes Kolenberg 2001 (+20)	350m	03:48.00	31,86	
	Loes Kolenberg 2001 (+20)	400m	04:22.79	34,79	
22.	RZC				04:24.15
	Iris Taling 2001 (+79)	50m	00:31.61	31,61	
	Iris Taling 2001 (+79)	100m	01:06.17	34,56	
	Janneke Zweers 2001 (+56)	150m	01:39.43	33,26	
	Janneke Zweers 2001 (+56)	200m	02:16.58	37,15	
	Anna Janssen 2000 (+49)	250m	02:46.57	29,99	
	Anna Janssen 2000 (+49)	300m	03:19.87	33,30	
	Linde van Duinhoven 2001 (+58)	350m	03:50.26	30,39	
	Linde van Duinhoven 2001 (+58)	400m	04:24.15	33,89	
23.	Borger				04:24.80
	Benthe Knol 2001 (+75)	50m	00:31.27	31,27	
	Benthe Knol 2001 (+75)	100m	01:05.98	34,71	
	Brenda Beijering 2003 (+58)	150m	01:38.61	32,63	
	Brenda Beijering 2003 (+58)	200m	02:14.42	35,81	
	Dyan Rothschild 2003 (+28)	250m	02:46.54	32,12	
	Dyan Rothschild 2003 (+28)	300m	03:22.47	35,93	
	Dionne Salomons 2002 (+52)	350m	03:52.39	29,92	
	Dionne Salomons 2002 (+52)	400m	04:24.80	32,41	

24. LZ 1886			04:24.97
Sanne Heemskerk 2001 (+77)	50m	00:29.45 29,45	
Sanne Heemskerk 2001 (+77)	100m	01:01.63 32,18	
Anisa Groeneschey 2003 (+53)	150m	01:32.75 31,12	
Anisa Groeneschey 2003 (+53)	200m	02:06.39 33,64	
Anique Star 2004 (+55)	250m	02:40.38 33,99	
Anique Star 2004 (+55)	300m	03:17.65 37,27	
Savannah v.d. Kroft 2001 (+37)	350m	03:49.49 31,84	
Savannah v.d. Kroft 2001 (+37)	400m	04:24.97 35,48	
25. OEZA			04:27.75
Danae Kingma 2000 (+80)	50m	00:28.38 28,38	
Danae Kingma 2000 (+80)	100m	01:00.03 31,65	
Shira de Haan 2000 (+62)	150m	01:32.71 32,68	
Shira de Haan 2000 (+62)	200m	02:09.01 36,30	
Eline Hoekstra 2003 (+60)	250m	02:41.59 32,58	
Eline Hoekstra 2003 (+60)	300m	03:18.89 37,30	
Naomi Buur 2001 (+51)	350m	03:50.84 31,95	
Naomi Buur 2001 (+51)	400m	04:27.75 36,91	
DIS. TriVia			00:00.00
Annemarie Hoving 2000 (+77)	50m	00:30.30 30,30	
Annemarie Hoving 2000 (+77)	100m	01:02.71 32,41	
Esra Erer 2000 (-8)	400m	00:00.00 -62,71	
11 - 13 jaar (Junioren 3 en later)			
1. WVZ			04:10.48
Christy Geurts 2002 (+77)	50m	00:30.61 30,61	
Christy Geurts 2002 (+77)	100m	01:00.67 30,06	
Sanne van Ruijven 2002 (+58)	150m	01:31.48 30,81	
Sanne van Ruijven 2002 (+58)	200m	02:04.67 33,19	
Grace Anderson 2002 (+45)	250m	02:35.56 30,89	
Grace Anderson 2002 (+45)	300m	03:10.03 34,47	
Sophie de Jonge 2002 (+56)	350m	03:39.07 29,04	
Sophie de Jonge 2002 (+56)	400m	04:10.48 31,41	
2. De Dolfijn			04:11.24
Céline Fouzaï 2002 (+68)	50m	00:31.28 31,28	
Céline Fouzaï 2002 (+68)	100m	01:04.01 32,73	
Sarah el Bacha 2002 (+25)	150m	01:34.69 30,68	
Sarah el Bacha 2002 (+25)	200m	02:08.39 33,70	
Amber Celie 2003 (+36)	250m	02:37.92 29,53	
Amber Celie 2003 (+36)	300m	03:10.56 32,64	
Amy de Sain 2003 (+38)	350m	03:39.96 29,40	
Amy de Sain 2003 (+38)	400m	04:11.24 31,28	
3. PSV			04:11.77
Gabriela Topfer 2003 (+89)	50m	00:30.33 30,33	
Gabriela Topfer 2003 (+89)	100m	01:03.45 33,12	
Hannah Franssen 2002 (+34)	150m	01:34.12 30,67	
Hannah Franssen 2002 (+34)	200m	02:07.39 33,27	
Mila Maas 2003 (+19)	250m	02:36.59 29,20	
Mila Maas 2003 (+19)	300m	03:09.16 32,57	
Jessica Herbst 2002 (+52)	350m	03:38.77 29,61	
Jessica Herbst 2002 (+52)	400m	04:11.77 33,00	
4. NIMO			04:13.03
Nikki Smeets 2002 (+65)	50m	00:30.75 30,75	
Nikki Smeets 2002 (+65)	100m	01:04.74 33,99	
Iris Dijkstra 2002 (+40)	150m	01:35.20 30,46	
Iris Dijkstra 2002 (+40)	200m	02:08.63 33,43	
Imke Beekman 2003 (+61)	250m	02:38.51 29,88	
Imke Beekman 2003 (+61)	300m	03:10.95 32,44	
Carolien Beckers 2002 (+67)	350m	03:40.59 29,64	
Carolien Beckers 2002 (+67)	400m	04:13.03 32,44	
5. WS Twente			04:14.89
Isabelle Elsweier 2003 (+95)	50m	00:32.07 32,07	
Isabelle Elsweier 2003 (+95)	100m	01:07.27 35,20	

Lieke Oude Lenferink 2002 (+54)	150m	01:37.07	29,80	
Lieke Oude Lenferink 2002 (+54)	200m	02:10.15	33,08	
Carlijn Hansté 2002 (+54)	250m	02:40.01	29,86	
Carlijn Hansté 2002 (+54)	300m	03:12.96	32,95	
Lynn Joor 2003 (+46)	350m	03:42.09	29,13	
Lynn Joor 2003 (+46)	400m	04:14.89	32,80	
6. Hellas-Glana				04:15.02
Judith Houtvast 2003 (+76)	50m	00:31.03	31,03	
Judith Houtvast 2003 (+76)	100m	01:04.38	33,35	
Muriël Blok 2003 (+36)	150m	01:35.32	30,94	
Muriël Blok 2003 (+36)	200m	02:11.28	35,96	
Bo Souhoka 2002 (+30)	250m	02:40.03	28,75	
Bo Souhoka 2002 (+30)	300m	03:13.14	33,11	
Isabel Dijkstra 2002 (+49)	350m	03:42.55	29,41	
Isabel Dijkstra 2002 (+49)	400m	04:15.02	32,47	
7. Dedemsvaart-AC				04:16.79
Hanne te Velthuis 2002 (+83)	50m	00:30.20	30,20	
Hanne te Velthuis 2002 (+83)	100m	01:03.13	32,93	
Amy Lynn Zweers 2003 (+51)	150m	01:33.99	30,86	
Amy Lynn Zweers 2003 (+51)	200m	02:07.85	33,86	
Ismay Lichtendonk 2004 (+57)	250m	02:39.03	31,18	
Ismay Lichtendonk 2004 (+57)	300m	03:12.95	33,92	
Maud Kuipers 2002 (+42)	350m	03:43.19	30,24	
Maud Kuipers 2002 (+42)	400m	04:16.79	33,60	
8. Arethusa				04:19.46
Mandy van Rossum 2002 (+79)	50m	00:32.43	32,43	
Mandy van Rossum 2002 (+79)	100m	01:08.45	36,02	
Kemi van de Wetering 2002 (+37)	150m	01:39.22	30,77	
Kemi van de Wetering 2002 (+37)	200m	02:13.30	34,08	
Sasya van Hamersveld 2002 (+34)	250m	02:44.14	30,84	
Sasya van Hamersveld 2002 (+34)	300m	03:18.10	33,96	
Famke Slabbers 2002 (+42)	350m	03:47.37	29,27	
Famke Slabbers 2002 (+42)	400m	04:19.46	32,09	
9. De Dinkel				04:20.04
Joy van Dieren 2003 (+80)	50m	00:30.63	30,63	
Joy van Dieren 2003 (+80)	100m	01:04.56	33,93	
Puck Koopman 2004 (+67)	150m	01:35.14	30,58	
Puck Koopman 2004 (+67)	200m	02:08.83	33,69	
Soraya Rakers 2003 (+66)	250m	02:40.80	31,97	
Soraya Rakers 2003 (+66)	300m	03:16.02	35,22	
Mayke Westerhof 2002 (+23)	350m	03:46.47	30,45	
Mayke Westerhof 2002 (+23)	400m	04:20.04	33,57	
10. De Schotejil				04:20.30
Lieske Zijlstra 2002 (+79)	50m	00:32.01	32,01	
Lieske Zijlstra 2002 (+79)	100m	01:06.67	34,66	
Lotte Tillema 2002 (+53)	150m	01:38.20	31,53	
Lotte Tillema 2002 (+53)	200m	02:12.85	34,65	
Tamara de Ruiter 2002 (+49)	250m	02:45.36	32,51	
Tamara de Ruiter 2002 (+49)	300m	03:20.84	35,48	
Elise Tanis 2002 (+12)	350m	03:48.84	28,00	
Elise Tanis 2002 (+12)	400m	04:20.30	31,46	
11. ESCA Zwemmen				04:22.33
Yentle Muller 2002 (+88)	50m	00:29.67	29,67	
Yentle Muller 2002 (+88)	100m	01:02.08	32,41	
Romy de Weijer 2003 (+15)	150m	01:33.27	31,19	
Romy de Weijer 2003 (+15)	200m	02:08.53	35,26	
Nienke Lammers 2002 (+39)	250m	02:40.46	31,93	
Nienke Lammers 2002 (+39)	300m	03:15.18	34,72	
Marijn Jonathans 2002 (+5)	350m	03:46.45	31,27	
Marijn Jonathans 2002 (+5)	400m	04:22.33	35,88	
12. PSV				04:22.86
Isa van der Meijden 2002 (+72)	50m	00:31.08	31,08	

Isa van der Meijden 2002 (+72)	100m	01:04.63	33,55	
Kim Jansen van Galen 2002 (+60)	150m	01:37.06	32,43	
Kim Jansen van Galen 2002 (+60)	200m	02:12.05	34,99	
Ilse Verhoef 2003 (+27)	250m	02:44.33	32,28	
Ilse Verhoef 2003 (+27)	300m	03:18.38	34,05	
Meike Simons 2002 (+35)	350m	03:49.26	30,88	
Meike Simons 2002 (+35)	400m	04:22.86	33,60	
13. HZ&PC Heerenveen				04:23.98
Lois Jalving 2004 (+79)	50m	00:35.21	35,21	
Lois Jalving 2004 (+79)	100m	01:13.36	38,15	
Sanne Abma 2002 (+29)	150m	01:44.52	31,16	
Sanne Abma 2002 (+29)	200m	02:19.21	34,69	
Leonie van Wier 2002 (+38)	250m	02:48.29	29,08	
Leonie van Wier 2002 (+38)	300m	03:21.62	33,33	
Lianne van Wier 2002 (+36)	350m	03:51.49	29,87	
Lianne van Wier 2002 (+36)	400m	04:23.98	32,49	
14. ZPC De Zeeuwse Kust				04:24.66
Janice Provoost 2003 (+72)	50m	00:32.06	32,06	
Janice Provoost 2003 (+72)	100m	01:05.88	33,82	
Babet de Voogd 2003 (+19)	150m	01:36.26	30,38	
Babet de Voogd 2003 (+19)	200m	02:10.06	33,80	
Esther Tiemersma 2002 (+59)	250m	02:41.93	31,87	
Esther Tiemersma 2002 (+59)	300m	03:17.16	35,23	
Irina de Ridder 2003 (+76)	350m	03:49.72	32,56	
Irina de Ridder 2003 (+76)	400m	04:24.66	34,94	
15. ZPC AMERSFOORT				04:24.95
Lieke Nijmeijer 2003 (+73)	50m	00:30.72	30,72	
Lieke Nijmeijer 2003 (+73)	100m	01:04.41	33,69	
Joëlla Bruins 2003 (+38)	150m	01:35.28	30,87	
Joëlla Bruins 2003 (+38)	200m	02:10.49	35,21	
Nienke Snel 2004 (+66)	250m	02:43.05	32,56	
Nienke Snel 2004 (+66)	300m	03:19.13	36,08	
Ymke Dragstra 2003 (+35)	350m	03:50.42	31,29	
Ymke Dragstra 2003 (+35)	400m	04:24.95	34,53	
16. Aqua-Novio'94				04:24.97
Eline Gros 2003 (+199)	50m	00:31.67	31,67	
Eline Gros 2003 (+199)	100m	01:07.38	35,71	
Luna de Vries 2004 (+46)	150m	01:39.47	32,09	
Luna de Vries 2004 (+46)	200m	02:15.27	35,80	
Zanthe Janssen 2002 (+42)	250m	02:46.09	30,82	
Zanthe Janssen 2002 (+42)	300m	03:21.33	35,24	
Kim van Dongen 2004 (+50)	350m	03:51.56	30,23	
Kim van Dongen 2004 (+50)	400m	04:24.97	33,41	
17. De Columbiaan				04:26.00
Marbel Diderik 2002 (+73)	50m	00:31.04	31,04	
Marbel Diderik 2002 (+73)	100m	01:05.41	34,37	
Anouk Vis 2002 (+16)	150m	01:37.36	31,95	
Anouk Vis 2002 (+16)	200m	02:13.23	35,87	
Amy Koelman 2003 (+45)	250m	02:45.13	31,90	
Amy Koelman 2003 (+45)	300m	03:18.51	33,38	
Britt van Bommel 2003 (+31)	350m	03:50.14	31,63	
Britt van Bommel 2003 (+31)	400m	04:26.00	35,86	
18. De Lansingh				04:26.26
Roma Vrijhof 2002 (+75)	50m	00:31.20	31,20	
Roma Vrijhof 2002 (+75)	100m	01:05.96	34,76	
Emma Schurink 2003 (+36)	150m	01:39.26	33,30	
Emma Schurink 2003 (+36)	200m	02:15.61	36,35	
Esther Reinders 2003 (+52)	250m	02:48.56	32,95	
Esther Reinders 2003 (+52)	300m	03:25.48	36,92	
Britta Koehorst 2003 (+39)	350m	03:54.49	29,01	
Britta Koehorst 2003 (+39)	400m	04:26.26	31,77	
19. HZPC				04:26.75

Anna van Kuijk 2003 (+80)	50m	00:32.49	32,49
Anna van Kuijk 2003 (+80)	100m	01:07.97	35,48
Pleun van den Bergh 2002 (+36)	150m	01:39.97	32,00
Pleun van den Bergh 2002 (+36)	200m	02:14.30	34,33
Ilse Swinkels 2002 (+49)	250m	02:45.94	31,64
Ilse Swinkels 2002 (+49)	300m	03:20.53	34,59
Manon van der Wielen 2002 (+56)	350m	03:51.85	31,32
Manon van der Wielen 2002 (+56)	400m	04:26.75	34,90

20. DWK

04:33.65

Ilse Volkers 2003 (+83)	50m	00:32.31	32,31
Ilse Volkers 2003 (+83)	100m	01:09.17	36,86
Lena Minderaa 2003 (+13)	150m	01:41.83	32,66
Lena Minderaa 2003 (+13)	200m	02:19.79	37,96
Thirza van de Kraats 2002 (+34)	250m	02:52.03	32,24
Thirza van de Kraats 2002 (+34)	300m	03:28.87	36,84
Vera Renshof 2003 (+15)	350m	04:00.42	31,55
Vera Renshof 2003 (+15)	400m	04:33.65	33,23

21. De Forel

04:34.91

Chantal van Willegen 2003 (+76)	50m	00:32.56	32,56
Chantal van Willegen 2003 (+76)	100m	01:09.96	37,40
Anna Tinga 2003 (+57)	150m	01:42.28	32,32
Anna Tinga 2003 (+57)	200m	02:17.11	34,83
Sigrid Hoogland 2003 (+63)	250m	02:51.75	34,64
Sigrid Hoogland 2003 (+63)	300m	03:31.72	39,97
Zana Udo 2002 (+40)	350m	04:01.35	29,63
Zana Udo 2002 (+40)	400m	04:34.91	33,56

NJJK lange baan 2016 sessie 8 - zondag 19 juni 2016 om 16:00u (50 m)

Aanvangstijd juryvergadering: 15:00u

133. 400m wisselslag - Dames

155. 400m wisselslag - Dames

12 - 12 jaar (Junioren 2)

1. Merel Hijink (PSV, 200304732)

05:20.59(+70)

50m	00:33.61	33,61	150m	01:53.22	40,46	250m	03:22.08	49,20	350m	04:46.96	35,58
100m	01:12.76	39,15	200m	02:32.88	39,66	300m	04:11.38	49,30			

2. Eva Geilenkirchen (The Hague Swimming (SG), 200302834)

05:22.55(+78)

50m	00:31.91	31,91	150m	01:51.58	41,03	250m	03:21.07	47,83	350m	04:46.80	38,13
100m	01:10.55	38,64	200m	02:33.24	41,66	300m	04:08.67	47,60			

3. Joy van Dieren (De Dinkel, 200300182)

05:28.41(+79)

50m	00:33.44	33,44	150m	01:56.89	40,96	250m	03:27.15	50,41	350m	04:53.21	36,90
100m	01:15.93	42,49	200m	02:36.74	39,85	300m	04:16.31	49,16			

4. Maaïke Issard (De Houtrib, 200300022)

05:28.77(+76)

50m	00:34.30	34,30	150m	01:57.30	40,88	250m	03:27.27	49,01	350m	04:53.22	37,80
100m	01:16.42	42,12	200m	02:38.26	40,96	300m	04:15.42	48,15			

5. Amber Celie (De Dolfijn, 200300756)

05:28.90(+83)

50m	00:34.35	34,35	150m	01:57.83	42,88	250m	03:27.79	48,38	350m	04:53.73	37,82
100m	01:14.95	40,60	200m	02:39.41	41,58	300m	04:15.91	48,12			

6. Amy de Sain (De Dolfijn, 200304690)

05:33.25(+84)

50m	00:33.18	33,18	150m	01:57.87	44,22	250m	03:29.58	48,57	350m	04:58.25	39,38
100m	01:13.65	40,47	200m	02:41.01	43,14	300m	04:18.87	49,29			

7. Suze Kuipers (Orca, 200301714)

05:37.18(+96)

50m	00:36.01	36,01	150m	02:00.58	40,92	250m	03:30.26	50,94	350m	04:59.86	39,53
100m	01:19.66	43,65	200m	02:39.32	38,74	300m	04:20.33	50,07			

8. Demi van Hulst (Kimbria, 200300140)

05:41.89(+71)

50m	00:34.65	34,65	150m	02:00.02	42,24	250m	03:32.70	49,50	350m	05:02.36	39,64
100m	01:17.78	43,13	200m	02:43.20	43,18	300m	04:22.72	50,02			

9. Kim Zwinkels (ZPCH, 200300422)

05:43.34(+84)

	50m 00:36.18 36,18	150m 02:02.22 44,20	250m 03:36.51 52,45	350m 05:06.96 38,84	
	100m 01:18.02 41,84	200m 02:44.06 41,84	300m 04:28.12 51,61		
10. Irina de Ridder (ZPC De Zeeuwse Kust, 200301224)					05:45.31(+78)
	50m 00:34.52 34,52	150m 02:02.89 45,78	250m 03:36.65 49,28	350m 05:07.72 39,66	
	100m 01:17.11 42,59	200m 02:47.37 44,48	300m 04:28.06 51,41		
11. Milou ten Koppel (Deltasteur, 200302572)					05:45.43(+104)
	50m 00:35.62 35,62	150m 02:04.38 44,80	250m 03:37.08 49,79	350m 05:08.87 40,34	
	100m 01:19.58 43,96	200m 02:47.29 42,91	300m 04:28.53 51,45		
12. Gabriela Topfer (PSV, 200301764)					05:46.28(+80)
	50m 00:34.12 34,12	150m 02:01.14 45,14	250m 03:34.05 49,45	350m 05:08.72 42,12	
	100m 01:16.00 41,88	200m 02:44.60 43,46	300m 04:26.60 52,55		
13. Kim de Jong (LZ 1886, 200301026)					05:49.23(+80)
	50m 00:36.57 36,57	150m 02:08.43 46,74	250m 03:40.82 47,93	350m 05:09.40 40,50	
	100m 01:21.69 45,12	200m 02:52.89 44,46	300m 04:28.90 48,08		
14. Nora Brouwer (Aquapoldro, 200300480)					05:49.57(+77)
	50m 00:36.05 36,05	150m 02:04.63 45,96	250m 03:38.44 50,04	350m 05:10.34 41,67	
	100m 01:18.67 42,62	200m 02:48.40 43,77	300m 04:28.67 50,23		
15. Kyanie Blom (NIMO, 200301866)					05:52.90(+79)
	50m 00:37.30 37,30	150m 02:05.74 45,77	250m 03:40.26 49,45	350m 05:12.51 43,01	
	100m 01:19.97 42,67	200m 02:50.81 45,07	300m 04:29.50 49,24		
16. Anna Tinga (De Forel, 200302734)					05:55.95(+75)
	50m 00:37.27 37,27	150m 02:06.52 44,86	250m 03:46.47 55,58	350m 05:19.12 38,38	
	100m 01:21.66 44,39	200m 02:50.89 44,37	300m 04:40.74 54,27		
17. Quinty Rouschop (NIMO, 200300208)					05:55.99(+86)
	50m 00:40.38 40,38	150m 02:13.06 42,88	250m 03:45.74 49,11	350m 05:16.84 41,56	
	100m 01:30.18 49,80	200m 02:56.63 43,57	300m 04:35.28 49,54		
18. Ellen Altena (TriVia, 200300266)					05:56.52(+91)
	50m 00:36.54 36,54	150m 02:07.03 45,70	250m 03:38.68 47,23	350m 05:13.83 45,12	
	100m 01:21.33 44,79	200m 02:51.45 44,42	300m 04:28.71 50,03		
19. Annemiek Huijsmans (De Rijn, 200300028)					06:09.58(+87)
	50m 00:38.09 38,09	150m 02:13.88 46,81	250m 03:51.98 53,41	350m 05:29.16 44,09	
	100m 01:27.07 48,98	200m 02:58.57 44,69	300m 04:45.07 53,09		
20. Emma Sies (TriVia, 200300732)					06:11.86(+80)
	50m 00:39.57 39,57	150m 02:17.66 48,16	250m 03:54.41 50,36	350m 05:28.74 44,27	
	100m 01:29.50 49,93	200m 03:04.05 46,39	300m 04:44.47 50,06		
DIS. Sigrid Hoogland (De Forel, 200301976)					00:00.00
156. 400m wisselslag - Dames					
13 - 13 jaar (Junioren 3)					
1. Birgit van Buiten (Aquapoldro, 200200498)					05:12.85(+87)
	50m 00:34.32 34,32	150m 01:53.73 39,21	250m 03:16.76 44,47	350m 04:38.25 36,98	
	100m 01:14.52 40,20	200m 02:32.29 38,56	300m 04:01.27 44,51		
2. Imani de Jong (ZPCH, 200200464)					05:15.24(+81)
	50m 00:33.54 33,54	150m 01:53.15 41,02	250m 03:18.77 45,62	350m 04:40.70 35,81	
	100m 01:12.13 38,59	200m 02:33.15 40,00	300m 04:04.89 46,12		
3. Lotte Hosper (De Fuut, 200201414)					05:15.44(+80)
	50m 00:31.47 31,47	150m 01:51.01 41,48	250m 03:15.77 45,03	350m 04:39.43 37,71	
	100m 01:09.53 38,06	200m 02:30.74 39,73	300m 04:01.72 45,95		
4. Femke Spiering (VZC E&P, 200204514)					05:19.36(+82)
	50m 00:31.32 31,32	150m 01:50.15 41,88	250m 03:19.37 49,75	350m 04:44.56 35,73	
	100m 01:08.27 36,95	200m 02:29.62 39,47	300m 04:08.83 49,46		
5. Nienke Jonk (Hieronymus, 200203000)					05:25.12(+76)
	50m 00:30.54 30,54	150m 01:50.99 42,57	250m 03:20.99 49,00	350m 04:49.04 37,26	
	100m 01:08.42 37,88	200m 02:31.99 41,00	300m 04:11.78 50,79		

6. Ilse Kraaijeveld (MNC Dordrecht, 200202190)					05:30.34(+75)
50m	00:33.78 33,78	150m 01:58.35 43,18	250m 03:28.30 47,77	350m 04:54.19 37,40	
100m	01:15.17 41,39	200m 02:40.53 42,18	300m 04:16.79 48,49		
7. Samantha van Vuure (ZPCH, 200200230)					05:34.07(+74)
50m	00:35.04 35,04	150m 01:57.94 41,37	250m 03:32.03 53,89	350m 04:59.56 35,69	
100m	01:16.57 41,53	200m 02:38.14 40,20	300m 04:23.87 51,84		
8. Tessa Kooi (Nova, 200201386)					05:36.75(+97)
50m	00:33.11 33,11	150m 01:57.64 43,04	250m 03:29.84 50,28	350m 04:59.00 37,96	
100m	01:14.60 41,49	200m 02:39.56 41,92	300m 04:21.04 51,20		
9. Christy Geurts (RTC - WVZ, 200203734)					05:37.28(+80)
50m	00:35.54 35,54	150m 02:00.94 44,54	250m 03:33.63 49,96	350m 05:01.27 38,28	
100m	01:16.40 40,86	200m 02:43.67 42,73	300m 04:22.99 49,36		
10. Mariëlle Dolfijn (TriVia, 200201640)					05:41.94(+81)
50m	00:34.52 34,52	150m 02:01.40 44,85	250m 03:34.47 50,15	350m 05:03.63 38,94	
100m	01:16.55 42,03	200m 02:44.32 42,92	300m 04:24.69 50,22		
11. Meike Simons (PSV, 200201184)					05:42.08(+93)
50m	00:36.27 36,27	150m 02:05.72 45,45	250m 03:37.02 47,43	350m 05:04.28 38,80	
100m	01:20.27 44,00	200m 02:49.59 43,87	300m 04:25.48 48,46		
12. Zana Udo (De Forel, 200202686)					05:46.38(+78)
50m	00:36.15 36,15	150m 02:04.42 45,20	250m 03:41.54 53,33	350m 05:10.48 37,37	
100m	01:19.22 43,07	200m 02:48.21 43,79	300m 04:33.11 51,57		
13. Roos Englebert (Hieronymus, 200200606)					05:47.81(+75)
50m	00:36.68 36,68	150m 02:05.94 44,32	250m 03:39.41 49,98	350m 05:12.00 40,12	
100m	01:21.62 44,94	200m 02:49.43 43,49	300m 04:31.88 52,47		
14. Maud Kuipers (Dedemsvaart-AC, 200201894)					05:49.24(+86)
50m	00:36.46 36,46	150m 02:06.28 45,51	250m 03:41.47 49,59	350m 05:12.81 39,76	
100m	01:20.77 44,31	200m 02:51.88 45,60	300m 04:33.05 51,58		
15. Ylsa Dijkstra (Bolsward-Workum (SG), 200200728)					06:00.43(+75)
50m	00:40.52 40,52	150m 02:13.95 42,14	250m 03:48.62 54,48	350m 05:21.88 40,61	
100m	01:31.81 51,29	200m 02:54.14 40,19	300m 04:41.27 52,65		
128. 400m wisselslag - Heren					
136. 200m vrije slag - Dames					
14 - 15 jaar (Jeugd 1 en 2)					
1. Laura van Engelen (RTC - AquAmigos, 200000350)					02:02.76(+81)
50m	00:28.36 28,36	100m 00:59.30 30,94	150m 01:31.48 32,18		
2. Marij van der Mast (RTC - PSV, 200000676)					02:05.42(+72)
50m	00:29.53 29,53	100m 01:01.39 31,86	150m 01:33.18 31,79		
3. Claire Verkijk (RTC - WVZ, 200100240)					02:06.75(+79)
50m	00:29.68 29,68	100m 01:02.31 32,63	150m 01:35.44 33,13		
4. Laura Setz (Nova, 200000130)					02:07.03(+96)
50m	00:29.49 29,49	100m 01:01.67 32,18	150m 01:34.82 33,15		
5. Silke Holkenborg (Montferland, 200100292)					02:08.62(+79)
50m	00:29.88 29,88	100m 01:02.21 32,33	150m 01:35.70 33,49		
6. Alinda Dingshoff (ZPC Hoogeveen, 200000928)					02:11.00(+78)
50m	00:30.60 30,60	100m 01:03.86 33,26	150m 01:37.25 33,39		
7. Ya'elle Lucht (RTC - De Houtrib, 200104628)					02:11.74(+78)
50m	00:29.54 29,54	100m 01:02.51 32,97	150m 01:37.17 34,66		
8. Danieke van der Kooi (Orca, 200000552)					02:12.89(+78)
50m	00:30.21 30,21	100m 01:03.64 33,43	150m 01:38.33 34,69		
2137. 200m vrije slag - Dames					
11 - 15 jaar (Jeugd 2 en later)					
1. Liesette Bruinsma (NTC PARA-HZ&PC Heerenveen, 200004346) [S11]					02:32.34(+88)
50m	00:37.59 37,59	100m 01:14.92 37,33	150m 01:53.96 39,04		

2. Lisa Kruger (NTC PARA-ZPC AMERSFOORT, 200005304) [S10]	02:17.44(+78)
50m 00:31.53 31,53 100m 01:06.99 35,46 150m 01:42.82 35,83	
3. Chantalle Zijderveld (NTC PARA-ZZ&PC De Devel, 200000702) [S10]	02:19.56(+72)
50m 00:31.26 31,26 100m 01:06.78 35,52 150m 01:43.04 36,26	
4. Inge Belfor (NTC PARA-De Columbiaan, 200100578) [S10]	02:29.95(+87)
50m 00:34.43 34,43 100m 01:12.57 38,14 150m 01:52.15 39,58	
5. Jonne Moleman (AZC, 200006264) [S10]	02:31.84(+97)
50m 00:34.50 34,50 100m 01:13.59 39,09 150m 01:53.46 39,87	
6. Sanne Hofman (NTC PARA-ZPC Hoogeveen, 200102154) [S13]	02:32.08(+80)
50m 00:34.49 34,49 100m 01:13.46 38,97 150m 01:53.34 39,88	
7. Amber van der Kruk (MSV-Zeemacht, 200102730) [S14]	02:34.13
50m 00:32.31 32,31 100m 01:11.46 39,15 150m 01:52.89 41,43	
8. Feija de Bruin (WVZ, 200400106) [S10]	02:44.54(+94)
50m 00:37.28 37,28 100m 01:17.82 40,54 150m 02:00.78 42,96	
157. 200m vrije slag - Heren	
12 - 12 jaar (Junioren 1)	
1. Tim Korstanje (Aqua-Novio'94, 200300053)	02:09.16(+65)
50m 00:30.49 30,49 100m 01:04.28 33,79 150m 01:38.80 34,52	
2. Mike Gerritsen (Platella, 200304013)	02:10.15(+75)
50m 00:30.30 30,30 100m 01:04.48 34,18 150m 01:38.72 34,24	
3. Lucas Peters (PSV, 200301325)	02:12.61(+63)
50m 00:29.84 29,84 100m 01:02.92 33,08 150m 01:38.13 35,21	
4. Matias Jansen (ZIGNEA, 200300199)	02:12.75(+67)
50m 00:30.42 30,42 100m 01:04.73 34,31 150m 01:39.33 34,60	
5. Luuk Hulleman (ZVV, 200300189)	02:14.87(+72)
50m 00:30.25 30,25 100m 01:04.55 34,30 150m 01:41.12 36,57	
6. Rijk Heere (ZPC AMERSFOORT, 200300897)	02:15.49(+76)
50m 00:31.32 31,32 100m 01:06.88 35,56 150m 01:42.45 35,57	
7. Esper Schreurs (ZEPS, 200300433)	02:15.70(+81)
50m 00:30.29 30,29 100m 01:04.66 34,37 150m 01:39.99 35,33	
8. Rens van Beek (Aqua-Novio'94, 200300537)	02:16.30(+66)
50m 00:30.29 30,29 100m 01:05.16 34,87 150m 01:41.56 36,40	
9. Wesley Zulver (ZVVS, 200301319)	02:16.45(+71)
50m 00:31.36 31,36 100m 01:06.13 34,77 150m 01:41.90 35,77	
10. Senna Mooldijk (De Kempvis, 200301147)	02:17.66(+69)
50m 00:31.03 31,03 100m 01:05.15 34,12 150m 01:41.70 36,55	
11. Sjors Lemmers (Merlet, 200300555)	02:18.74(+68)
50m 00:32.28 32,28 100m 01:07.73 35,45 150m 01:44.11 36,38	
11. Ruben de Vriend (ZV Haerlem, 200300981)	02:18.74(+79)
50m 00:32.25 32,25 100m 01:07.44 35,19 150m 01:44.00 36,56	
13. Freek Gabriels (TRB-RES, 200301407)	02:18.92(+78)
50m 00:31.82 31,82 100m 01:06.27 34,45 150m 01:42.70 36,43	
14. Thomas Swartjes (Aqua-Novio'94, 200302825)	02:19.01(+70)
50m 00:30.32 30,32 100m 01:05.88 35,56 150m 01:42.65 36,77	
15. Ster van 't Land (ZPC AMERSFOORT, 200302015)	02:19.23(+76)
50m 00:31.30 31,30 100m 01:07.00 35,70 150m 01:44.01 37,01	
16. Thijs Bosma (De Dolfijn, 200302443)	02:19.24(+74)
50m 00:31.08 31,08 100m 01:05.63 34,55 150m 01:42.54 36,91	
17. Yorick Visser (ZPC De Zeeuwse Kust, 200301957)	02:19.55(+75)

	50m 00:32.43 32,43	100m 01:08.24 35,81	150m 01:44.68 36,44	
18. Joey de Groot (De Aalscholver, 200303587)	50m 00:30.50 30,50	100m 01:05.57 35,07	150m 01:43.50 37,93	02:19.96(+68)
19. Keanu Streefland (The Hague Swimming (SG), 200302445)	50m 00:31.50 31,50	100m 01:07.72 36,22	150m 01:44.49 36,77	02:20.02(+62)
20. Niels Kragt (Dedemsvaart-AC, 200300155)	50m 00:32.55 32,55	100m 01:08.79 36,24	150m 01:45.19 36,40	02:20.17(+71)
21. Kylian Heederik (Deltasteur, 200300353)	50m 00:32.11 32,11	100m 01:08.32 36,21	150m 01:44.40 36,08	02:20.26(+69)
22. Pepijn Verschoor (RZC, 200300231)	50m 00:32.25 32,25	100m 01:07.87 35,62	150m 01:44.59 36,72	02:20.41(+68)
23. Luuk Bos (VZ&PC, 200300151)	50m 00:31.46 31,46	100m 01:08.43 36,97	150m 01:46.79 38,36	02:20.55(+77)
24. Daan Hogerhuis (Alkemade, 200300317)	50m 00:32.22 32,22	100m 01:08.12 35,90	150m 01:45.02 36,90	02:20.80(+75)
25. Milan Hamel (The Hague Swimming (SG), 200302125)	50m 00:33.05 33,05	100m 01:09.22 36,17	150m 01:45.51 36,29	02:20.83(+67)
26. Perry Laarhoven (ZPC Numansdorp, 200301321)	50m 00:31.94 31,94	100m 01:08.36 36,42	150m 01:45.09 36,73	02:20.89(+73)
27. Sam van der Stroom (PSV, 200304409)	50m 00:32.42 32,42	100m 01:07.95 35,53	150m 01:45.20 37,25	02:21.36(+62)
28. Jeffrey Huynh (VZC E&P, 200300145)	50m 00:32.23 32,23	100m 01:08.03 35,80	150m 01:45.26 37,23	02:21.70(+85)
29. Stan de Swart (PSV, 200300535)	50m 00:32.55 32,55	100m 01:08.24 35,69	150m 01:46.28 38,04	02:21.86(+67)
30. Bram Daalman (ZV Haerlem, 200300629)	50m 00:31.57 31,57	100m 01:07.76 36,19	150m 01:45.31 37,55	02:21.98(+93)
31. Nils Mulder (MNC Dordrecht, 200300049)	50m 00:32.18 32,18	100m 01:08.67 36,49	150m 01:45.69 37,02	02:22.07(+70)
32. Stijn van den Berg (ZVV, 200300373)	50m 00:31.85 31,85	100m 01:08.90 37,05	150m 01:46.27 37,37	02:22.22(+68)
33. Milan van Aken (De Fuut, 200303307)	50m 00:32.36 32,36	100m 01:09.05 36,69	150m 01:46.32 37,27	02:22.49(+84)
34. Ivo Kroes (Zwem en Polo Club Appingedam, 200300079)	50m 00:32.74 32,74	100m 01:09.75 37,01	150m 01:47.92 38,17	02:24.10(+71)
35. Lukas Binnekamp (WS Twente, 200300107)	50m 00:32.33 32,33	100m 01:09.62 37,29	150m 01:47.74 38,12	02:24.69(+78)
36. Bram Schaafsma (VZC E&P, 200302159)	50m 00:31.96 31,96	100m 01:09.12 37,16	150m 01:47.59 38,47	02:24.84(+66)
37. Dillon van den Berg (Poseidon'56, 200300023)	50m 00:32.65 32,65	100m 01:09.78 37,13	150m 01:48.74 38,96	02:25.03(+81)
38. Ruben Kooi (Nova, 200300829)	50m 00:32.20 32,20	100m 01:09.16 36,96	150m 01:47.99 38,83	02:25.23(+74)
39. Job van Wanroij (Zwemclub Eijsden, 200301307)	50m 00:33.38 33,38	100m 01:09.75 36,37	150m 01:47.15 37,40	02:25.52(+76)
40. Thijn Damen (De Warande, 200300973)	50m 00:33.90 33,90	100m 01:11.45 37,55	150m 01:49.63 38,18	02:25.58(+73)
41. Tyrese Sitania (Aqua-Novio'94, 200301999)	50m 00:31.42 31,42	100m 01:07.93 36,51	150m 01:47.07 39,14	02:25.76(+68)

42. Sam van der Drift (VZC E&P, 200301485)				02:26.19(+84)	
50m	00:33.75 33,75	100m	01:11.75 38,00	150m	01:49.83 38,08
43. Jelle Bon (Zwemvereniging Westland, 200301077)				02:26.53(+77)	
50m	00:32.84 32,84	100m	01:10.23 37,39	150m	01:49.34 39,11
44. Thomas Tolisma (SBC2000, 200300613)				02:26.67(+73)	
50m	00:33.58 33,58	100m	01:11.79 38,21	150m	01:50.36 38,57
45. Joris Janssen (Aqua-Novio'94, 200301311)				02:26.70(+77)	
50m	00:33.53 33,53	100m	01:11.11 37,58	150m	01:49.53 38,42
46. Tycho Wannet (De Ward, 200303413)				02:26.86(+86)	
50m	00:33.84 33,84	100m	01:12.02 38,18	150m	01:50.66 38,64
47. Kieran de Heer (De Veene, 200301009)				02:27.36(+75)	
50m	00:32.10 32,10	100m	01:10.48 38,38	150m	01:50.86 40,38
48. Jarno Bijsterbosch (Octopus, 200300081)				02:27.62(+69)	
50m	00:31.88 31,88	100m	01:09.93 38,05	150m	01:48.89 38,96
49. Frederik Adema (De Granaet, 200300253)				02:27.94(+72)	
50m	00:32.84 32,84	100m	01:11.14 38,30	150m	01:50.32 39,18
50. Rick Offringa (OEZA, 200300979)				02:28.61(+72)	
50m	00:33.01 33,01	100m	01:11.06 38,05	150m	01:50.42 39,36
51. Tygo Stoffels (AZC, 200303243)				02:29.16(+85)	
50m	00:33.28 33,28	100m	01:10.92 37,64	150m	01:50.67 39,75
52. Kenan Coruz (DWT, 200300357)				02:30.52(+68)	
50m	00:34.16 34,16	100m	01:13.11 38,95	150m	01:52.66 39,55
53. Ivan Brummelman (De Berkelduikers, 200301167)				02:30.97(+67)	
50m	00:32.36 32,36	100m	01:10.12 37,76	150m	01:50.88 40,76
54. Dion Fuijkschot (De Meeuwen Diemen, 200302399)				02:31.44(+74)	
50m	00:33.58 33,58	100m	01:12.25 38,67	150m	01:52.50 40,25
55. Carlos Bakker-Noguer (The Hague Swimming (SG), 200304119)				02:31.49(+68)	
50m	00:33.43 33,43	100m	01:12.29 38,86	150m	01:52.30 40,01
DIS. Timo Zittersteijn (De Rijn, 200300025)				00:00.00	
158. 200m vrije slag - Heren					
<i>13 - 13 jaar (Junioren 2)</i>					
1. Bryan Agterdenbos (MNC Dordrecht, 200200003)				02:00.30(+76)	
50m	00:28.26 28,26	100m	01:00.02 31,76	150m	01:31.05 31,03
2. Bjorn van Doesburg (Aquarijn, 200201867)				02:05.05(+68)	
50m	00:28.49 28,49	100m	01:00.53 32,04	150m	01:32.75 32,22
3. Leon van den Hof (Dedemsvaart-AC, 200203269)				02:07.28(+77)	
50m	00:28.85 28,85	100m	01:01.67 32,82	150m	01:34.99 33,32
4. Maurice Pater (TriVia, 200200909)				02:07.48(+86)	
50m	00:29.81 29,81	100m	01:02.55 32,74	150m	01:35.57 33,02
5. Adriaan Provó Kluit (RTC - WVZ, 200204397)				02:07.52(+70)	
50m	00:29.14 29,14	100m	01:01.46 32,32	150m	01:35.02 33,56
6. Thomas Weening (De Dolfijn, 200200523)				02:08.95(+76)	
50m	00:29.13 29,13	100m	01:02.70 33,57	150m	01:37.23 34,53
7. Timo Spaans (PSV, 200201087)				02:09.50(+69)	
50m	00:29.84 29,84	100m	01:03.17 33,33	150m	01:37.01 33,84
8. Max Langerveld (Ed-Vo, 200203435)				02:09.71(+71)	
50m	00:31.35 31,35	100m	01:05.27 33,92	150m	01:38.47 33,20
9. Sean Niewold (TriVia, 200204699)				02:10.65(+69)	
50m	00:30.41 30,41	100m	01:04.78 34,37	150m	01:39.09 34,31

10. Luc van Eijndhoven (Argo, 200200139)	50m 00:31.26 31,26	100m 01:05.39 34,13	150m 01:38.81 33,42	02:10.75(+77)
11. Dylan Donkersteeg (DWK, 200202217)	50m 00:29.97 29,97	100m 01:04.98 35,01	150m 01:40.13 35,15	02:10.78(+82)
12. Tycho Atanasov (De Kikker, 200201133)	50m 00:30.42 30,42	100m 01:04.28 33,86	150m 01:39.04 34,76	02:10.82(+73)
13. Jurre Hanstede (De Dinkel, 200201019)	50m 00:29.86 29,86	100m 01:03.56 33,70	150m 01:37.77 34,21	02:10.89(+77)
14. Tristan Scholten (ZV 44, 200201683)	50m 00:29.88 29,88	100m 01:03.76 33,88	150m 01:38.61 34,85	02:11.99(+70)
15. Justin Slootweg (SBC2000, 200201407)	50m 00:29.32 29,32	100m 01:03.93 34,61	150m 01:39.20 35,27	02:12.60(+68)
16. Bobby van Dijk (DBD, 200200153)	50m 00:30.37 30,37	100m 01:04.90 34,53	150m 01:39.59 34,69	02:12.72(+70)
17. Brandon van den Berg (Poseidon'56, 200200669)	50m 00:29.28 29,28	100m 01:03.64 34,36	150m 01:39.31 35,67	02:12.75(+74)
18. Lars Verhalle (De Vrije Slag, 200200019)	50m 00:30.78 30,78	100m 01:04.08 33,30	150m 01:39.94 35,86	02:12.78(+80)
19. Milan Meurs (Nuenen, 200202079)	50m 00:30.74 30,74	100m 01:05.11 34,37	150m 01:40.32 35,21	02:13.20(+72)
20. Maquinho Vorst (De Mors, 200204179)	50m 00:31.00 31,00	100m 01:05.48 34,48	150m 01:40.77 35,29	02:13.30(+82)
21. Nikhom Westphal (SCOM/De Zeehond'73 (SG), 200203329)	50m 00:31.28 31,28	100m 01:06.47 35,19	150m 01:40.20 33,73	02:13.52(+85)
22. Bram Zwetsloot (Nuenen, 200202117)	50m 00:31.61 31,61	100m 01:05.67 34,06	150m 01:40.66 34,99	02:13.80(+68)
23. Finn Vos (De Dolfijn, 200200665)	50m 00:31.06 31,06	100m 01:05.80 34,74	150m 01:40.59 34,79	02:14.45(+71)
24. IJsbrand Buijnsters (ZC AquaDream, 200200375)	50m 00:31.68 31,68	100m 01:06.37 34,69	150m 01:41.37 35,00	02:14.47(+78)
25. Luuk Einhaus (WS Twente, 200200537)	50m 00:30.20 30,20	100m 01:04.25 34,05	150m 01:39.77 35,52	02:14.56(+78)
26. Gjalt Panjer (Aquapoldro, 200201943)	50m 00:30.90 30,90	100m 01:06.09 35,19	150m 01:40.75 34,66	02:14.78(+86)
27. Dushan de Bruijn (De Forel, 200201273)	50m 00:31.02 31,02	100m 01:05.13 34,11	150m 01:40.23 35,10	02:14.87(+77)
28. Léon van der Geest (WS Twente, 200201005)	50m 00:31.52 31,52	100m 01:06.66 35,14	150m 01:41.62 34,96	02:15.14(+66)
29. Robin Kamps (OZ&PC, 200200211)	50m 00:31.17 31,17	100m 01:05.56 34,39	150m 01:40.99 35,43	02:15.86(+71)
30. Tom Blankestijn (ZPC AMERSFOORT, 200201185)	50m 00:30.96 30,96	100m 01:05.27 34,31	150m 01:41.50 36,23	02:16.28(+79)
31. Gilles Cuijpers (Zwemclub Eijsden, 200202003)	50m 00:30.68 30,68	100m 01:05.32 34,64	150m 01:41.63 36,31	02:16.52(+71)
32. Anthony Huynh (VZC E&P, 200200605)	50m 00:30.43 30,43	100m 01:05.07 34,64	150m 01:41.57 36,50	02:16.73(+73)
33. Lars Arends (TriVia, 200204101)	50m 00:30.75 30,75	100m 01:05.44 34,69	150m 01:41.74 36,30	02:17.58(+70)
34. Wessel Stupers (PSV, 200203541)				02:17.84(+69)

	50m 00:31.53 31,53	100m 01:06.76 35,23	150m 01:42.64 35,88	
35. Scott Jansen (WVZ, 200202455)	50m 00:30.47 30,47	100m 01:05.54 35,07	150m 01:42.32 36,78	02:18.25(+77)
36. Elroy Schot (DAW, 200200689)	50m 00:31.55 31,55	100m 01:06.70 35,15	150m 01:43.65 36,95	02:18.67(+66)
37. Viktor Koets (LZ 1886, 200201677)	50m 00:30.83 30,83	100m 01:05.70 34,87	150m 01:42.14 36,44	02:18.68(+78)
38. Rik Stahlie (TriVia, 200201915)	50m 00:31.73 31,73	100m 01:08.06 36,33	150m 01:45.26 37,20	02:20.08(+65)
39. Robert Speksnijder (ZPB H&L Productions, 200200429)	50m 00:31.69 31,69	100m 01:07.91 36,22	150m 01:44.96 37,05	02:20.62(+80)
40. Luc Mul (DAW, 200201025)	50m 00:31.54 31,54	100m 01:07.25 35,71	150m 01:44.89 37,64	02:21.01(+71)
159. 200m vrije slag - Heren				
14 - 14 jaar (Junioren 3)				
1. Luc Kroon (RTC - DAW, 200100697)	50m 00:28.48 28,48	100m 00:59.20 30,72	150m 01:30.23 31,03	01:58.46(+80)
2. Caspar Corbeau (ZPC AMERSFOORT, 200105099)	50m 00:28.52 28,52	100m 00:59.68 31,16	150m 01:30.32 30,64	01:59.86(+72)
3. Austin Namesnik (ZPC AMERSFOORT, 200101817)	50m 00:28.35 28,35	100m 00:59.50 31,15	150m 01:30.23 30,73	01:59.91(+63)
4. Sander Crooijmans (VZC E&P, 200100383)	50m 00:28.36 28,36	100m 00:59.54 31,18	150m 01:30.27 30,73	02:00.64(+75)
5. Daniël Claasen (ZPC AMERSFOORT, 200100787)	50m 00:28.56 28,56	100m 00:59.64 31,08	150m 01:31.35 31,71	02:00.78(+70)
6. Vincent Crooijmans (VZC E&P, 200100381)	50m 00:28.23 28,23	100m 00:59.36 31,13	150m 01:30.72 31,36	02:01.34(+76)
7. Bas Morelissen (ZPC AMERSFOORT, 200100861)	50m 00:28.85 28,85	100m 01:00.52 31,67	150m 01:31.74 31,22	02:01.77(+72)
8. David Anthonio (De Kikker, 200102551)	50m 00:28.60 28,60	100m 01:00.42 31,82	150m 01:32.57 32,15	02:03.36(+82)
9. Ivo Stolk (SCOM/De Zeehond'73 (SG), 200100615)	50m 00:28.55 28,55	100m 01:00.36 31,81	150m 01:31.92 31,56	02:03.65(+72)
10. Dave van der Voet (Zwemvereniging Hoorn, 200102783)	50m 00:28.57 28,57	100m 01:00.93 32,36	150m 01:33.34 32,41	02:04.58(+85)
11. Rick Bulman (PSV, 200101899)	50m 00:28.79 28,79	100m 01:00.99 32,20	150m 01:33.44 32,45	02:04.68(+70)
12. Jeroen Aerssens (Scheldestroom, 200100061)	50m 00:28.11 28,11	100m 01:00.07 31,96	150m 01:33.19 33,12	02:06.12(+76)
13. Jylano Nahr (NIMO, 200102593)	50m 00:28.34 28,34	100m 01:00.54 32,20	150m 01:34.38 33,84	02:06.24(+71)
14. Mart Niehoff (De Zwoer, 200100759)	50m 00:27.83 27,83	100m 01:00.17 32,34	150m 01:33.67 33,50	02:06.40(+61)
15. Daen Spoor (VZC E&P, 200101117)	50m 00:29.40 29,40	100m 01:01.72 32,32	150m 01:34.45 32,73	02:06.42(+67)
16. Quinn van den Heuvel (ZPC Numansdorp, 200100297)	50m 00:28.82 28,82	100m 01:01.88 33,06	150m 01:35.27 33,39	02:06.64(+68)
17. Tygo van Hassel (WVZ, 200101479)	50m 00:29.12 29,12	100m 01:01.73 32,61	150m 01:34.96 33,23	02:07.22(+73)

18. Rohan Vazirani (The Hague Swimming (SG), 200104499)	50m 00:29.25 29,25	100m 01:01.47 32,22	150m 01:34.53 33,06	02:07.26(+65)
19. Jelle Smid (Aqua-Novio'94, 200100627)	50m 00:28.88 28,88	100m 01:01.23 32,35	150m 01:34.80 33,57	02:07.61(+65)
20. Klaas Pit (De Forel, 200104519)	50m 00:29.99 29,99	100m 01:02.95 32,96	150m 01:35.64 32,69	02:08.03(+75)
21. Stijn Boertien (Dedemsvaart-AC, 200100719)	50m 00:28.09 28,09	100m 01:00.38 32,29	150m 01:34.87 34,49	02:08.08(+81)
22. Owen Peek (ZPC Hoogeveen, 200100765)	50m 00:29.91 29,91	100m 01:02.72 32,81	150m 01:35.95 33,23	02:08.63(+77)
23. Mathijs Verdonck (PSV, 200101685)	50m 00:29.66 29,66	100m 01:02.27 32,61	150m 01:36.43 34,16	02:08.69(+76)
24. Christiaan Smit (De Fuut, 200102463)	50m 00:29.14 29,14	100m 01:01.89 32,75	150m 01:35.58 33,69	02:08.79(+69)
25. Jan-Willem Topfer (PSV, 200101825)	50m 00:29.50 29,50	100m 01:01.95 32,45	150m 01:35.91 33,96	02:08.86(+73)
26. Remco Dijkstra (HZ&PC Heerenveen, 200100789)	50m 00:29.32 29,32	100m 01:02.84 33,52	150m 01:36.48 33,64	02:09.11(+82)
27. Roel Gaal (OEZA, 200101173)	50m 00:29.86 29,86	100m 01:04.35 34,49	150m 01:38.51 34,16	02:09.17(+78)
28. Swen van Elteren (Aquarijn, 200103331)	50m 00:29.64 29,64	100m 01:03.09 33,45	150m 01:37.99 34,90	02:09.27(+69)
29. Jelmar Koopman (De Forel, 200100249)	50m 00:30.10 30,10	100m 01:03.58 33,48	150m 01:36.71 33,13	02:09.31(+79)
30. Raf Hendriks (Hellas-Glana, 200100879)	50m 00:29.64 29,64	100m 01:03.27 33,63	150m 01:36.79 33,52	02:09.32(+74)
31. Melle van Gemert (ZPC De Zeeuwse Kust, 200100687)	50m 00:29.35 29,35	100m 01:03.00 33,65	150m 01:36.94 33,94	02:09.35(+68)
32. Freek Hollander (The Hague Swimming (SG), 200103815)	50m 00:30.32 30,32	100m 01:03.55 33,23	150m 01:36.96 33,41	02:10.08(+78)
33. Emile Dost (Borger, 200100731)	50m 00:29.92 29,92	100m 01:03.18 33,26	150m 01:37.91 34,73	02:10.56(+77)
34. Max Huige (SCOM/De Zeehond'73 (SG), 200104355)	50m 00:29.69 29,69	100m 01:03.52 33,83	150m 01:37.56 34,04	02:10.57(+76)
35. Rijk Dragstra (ZPC AMERSFOORT, 200102473)	50m 00:30.01 30,01	100m 01:03.17 33,16	150m 01:37.13 33,96	02:10.60(+79)
36. Max van Marum (Zwemclub Eijdsen, 200103501)	50m 00:29.17 29,17	100m 01:02.59 33,42	150m 01:36.99 34,40	02:10.82(+67)
37. Leendert Paans (De Biesboschzwemmers, 200102805)	50m 00:29.44 29,44	100m 01:03.14 33,70	150m 01:37.65 34,51	02:10.91(+77)
38. Janne Englebert (Hieronymus, 200101561)	50m 00:29.97 29,97	100m 01:03.30 33,33	150m 01:38.40 35,10	02:11.38(+77)
38. Max Visser (WVZ, 200100077)	50m 00:29.98 29,98	100m 01:03.97 33,99	150m 01:38.15 34,18	02:11.38(+73)
40. Peer van Bemmelen (De Dolfijn, 200102667)	50m 00:30.30 30,30	100m 01:03.69 33,39	150m 01:38.15 34,46	02:11.41(+72)
41. Stefan Waalkens (De Houtrib, 200100611)	50m 00:30.45 30,45	100m 01:03.79 33,34	150m 01:38.45 34,66	02:11.88(+69)
42. Jarno de Jonge (ZPC De Zeeuwse Kust, 200100753)	50m 00:29.59 29,59	100m 01:03.90 34,31	150m 01:39.00 35,10	02:11.92(+71)

43. Milan van Dieren (De Dinkel, 200100493)	50m 00:29.49 29,49	100m 01:02.57 33,08	150m 01:37.54 34,97	02:12.17(+78)
44. Jochem de Bat (De Schelde, 200102709)	50m 00:29.62 29,62	100m 01:03.74 34,12	150m 01:38.04 34,30	02:12.19(+74)
45. Boyd Wijkman (MSV-Zeemacht, 200104759)	50m 00:28.73 28,73	100m 01:01.88 33,15	150m 01:36.65 34,77	02:12.34(+70)
46. Jarmo van den Blink (De Houtrib, 200100585)	50m 00:29.86 29,86	100m 01:03.47 33,61	150m 01:38.67 35,20	02:12.51(+79)
47. Bart Muselaers (Octopus, 200100865)	50m 00:29.96 29,96	100m 01:04.37 34,41	150m 01:40.01 35,64	02:12.68(+69)
48. Kjell Dieker (ZVV, 200103489)	50m 00:30.70 30,70	100m 01:05.46 34,76	150m 01:40.21 34,75	02:13.29(+70)
49. Taro Nishimura (WZ010/ACZ (SG), 200105049)	50m 00:30.22 30,22	100m 01:03.73 33,51	150m 01:38.97 35,24	02:13.34(+60)
50. Rick Theunissen (Wijchen, 200101257)	50m 00:30.19 30,19	100m 01:03.55 33,36	150m 01:38.96 35,41	02:13.55(+84)
51. Marc Hoogeveen (Aqua'68, 200101585)	50m 00:30.51 30,51	100m 01:04.75 34,24	150m 01:39.94 35,19	02:14.05(+72)
52. Tjeerd van Stein (LZ 1886, 200101439)	50m 00:30.94 30,94	100m 01:04.95 34,01	150m 01:39.48 34,53	02:14.22(+80)
53. Matthijs Westmijze (ESCA Zwemmen, 200101195)	50m 00:29.95 29,95	100m 01:03.85 33,90	150m 01:39.49 35,64	02:15.12(+78)
54. Sam van Niersen (ZVV, 200102579)	50m 00:29.48 29,48	100m 01:02.53 33,05	150m 01:38.83 36,30	02:20.01(+78)
55. Wesley Scheepbouwer (Wiekslag, 200101959)	50m 00:31.00 31,00	100m 01:07.12 36,12	150m 01:46.46 39,34	02:21.16(+58)
160. 200m vrije slag - Heren				
<i>15 - 15 jaar (Junioren 4)</i>				
1. Niels Hofmeijer (WS Twente, 200000699)	50m 00:27.02 27,02	100m 00:56.76 29,74	150m 01:27.38 30,62	01:56.25(+78)
2. Jari Groenhart (RTC - TriVia, 200000271)	50m 00:27.27 27,27	100m 00:57.08 29,81	150m 01:27.46 30,38	01:56.37(+77)
3. Jelle Betten (RTC - DZ&PC, 200001535)	50m 00:27.45 27,45	100m 00:57.15 29,70	150m 01:27.85 30,70	01:57.49(+73)
4. Ruden de Ridder (RTC - ZPC De Zeeuwse Kust, 200001587)	50m 00:27.47 27,47	100m 00:57.74 30,27	150m 01:27.63 29,89	01:57.92(+76)
5. Sten Postma (VZC E&P, 200000011)	50m 00:27.33 27,33	100m 00:57.53 30,20	150m 01:28.69 31,16	01:59.15(+71)
6. Anne Schuurmans (RTC - WVZ, 200003919)	50m 00:27.88 27,88	100m 00:58.58 30,70	150m 01:29.38 30,80	01:59.23(+81)
7. Chad Michau (DWK, 200005653)	50m 00:28.56 28,56	100m 01:00.32 31,76	150m 01:32.43 32,11	02:02.55(+76)
8. Olivier Jans (De Fuut, 200001815)	50m 00:29.10 29,10	100m 01:00.83 31,73	150m 01:32.76 31,93	02:03.58(+75)
9. Dennis Kamps (De Dinkel, 200000191)	50m 00:28.36 28,36	100m 00:59.42 31,06	150m 01:32.02 32,60	02:03.61(+83)
10. Vincent de Munter (NIMO, 200000181)	50m 00:28.61 28,61	100m 01:00.48 31,87	150m 01:32.89 32,41	02:03.93(+78)
11. Tim Hooqerwerf (DWK, 200005587)				02:04.04(+71)

	50m 00:28.40	28,40	100m 01:00.29	31,89	150m 01:32.17	31,88	
12. Thom Delno (RTC- VZC E&P, 200000013)							02:04.17(+73)
	50m 00:28.96	28,96	100m 01:00.49	31,53	150m 01:32.56	32,07	
13. Anton Jansen (MNC Dordrecht, 200003621)							02:04.27(+71)
	50m 00:28.57	28,57	100m 01:00.78	32,21	150m 01:33.31	32,53	
14. Darren Chen (De Kikker, 200001149)							02:04.33(+67)
	50m 00:28.19	28,19	100m 01:00.07	31,88	150m 01:32.94	32,87	
15. Wouter Schmit (PSV, 200004895)							02:05.12(+67)
	50m 00:27.96	27,96	100m 00:59.51	31,55	150m 01:32.00	32,49	
16. Steef Warmerdam (Arethusa, 200003915)							02:06.94(+81)
	50m 00:30.05	30,05	100m 01:02.93	32,88	150m 01:35.38	32,45	
17. Nick van der Woude (ZV Haerlem, 200001391)							02:06.98(+70)
	50m 00:28.95	28,95	100m 01:01.72	32,77	150m 01:35.07	33,35	
18. Aaron Hendriksen of Hendriks (De Haaien, 200002711)							02:07.59(+67)
	50m 00:29.03	29,03	100m 01:00.92	31,89	150m 01:34.63	33,71	
19. Joost Geerdink (De Waalstroom, 200002467)							02:08.07(+73)
	50m 00:29.62	29,62	100m 01:02.64	33,02	150m 01:36.18	33,54	
20. Bjarne Langkamp (Aqua-Novio'94, 200002723)							02:12.67(+75)
	50m 00:29.48	29,48	100m 01:02.89	33,41	150m 01:37.67	34,78	
21. Joel Pinkster (Aqua'68, 200000611)							02:13.72(+73)
	50m 00:28.83	28,83	100m 01:01.26	32,43	150m 01:36.93	35,67	
134. 200m vrije slag - Heren							
16 - 17 jaar (Jeugd 1 en 2)							
1. Frank Roovers (RTC - PSV, 199800219)							01:52.24(+73)
	50m 00:26.39	26,39	100m 00:54.87	28,48	150m 01:23.27	28,40	
2. Berjen Mellema (RTC - Nova, 199800615)							01:54.54(+75)
	50m 00:26.78	26,78	100m 00:56.50	29,72	150m 01:26.28	29,78	
3. Nyls Korstanje (RTC - Aqua Novio '94, 199901941)							01:54.76(+67)
	50m 00:26.39	26,39	100m 00:55.66	29,27	150m 01:25.28	29,62	
4. Floris Kotterink (Albion, 199800199)							01:55.13(+59)
	50m 00:26.73	26,73	100m 00:56.70	29,97	150m 01:26.55	29,85	
5. Jens Krijgsman (RTC - De Columbiaan, 199901429)							01:55.26(+70)
	50m 00:26.71	26,71	100m 00:56.15	29,44	150m 01:25.88	29,73	
6. Dario van Hulst (Kimbria, 199903169)							01:59.35(+73)
	50m 00:27.09	27,09	100m 00:56.82	29,73	150m 01:27.95	31,13	
7. Jonne Schaafsma (RTC - Racing Club, 199800745)							01:59.55(+71)
	50m 00:27.93	27,93	100m 00:58.11	30,18	150m 01:28.74	30,63	
8. Bart Sommeling (De Dolfijn, 199800765)							02:03.22(+58)
	50m 00:26.55	26,55	100m 00:57.46	30,91	150m 01:30.13	32,67	
2135. 200m vrije slag - Heren							
12 - 17 jaar							
1. Rogier Dorsman (NTC PARA-ZZ&PC De Devel, 199900211) [S12]							02:11.97(+65)
	50m 00:30.01	30,01	100m 01:03.89	33,88	150m 01:38.08	34,19	
2. Tim van Duuren (NTC PARA-WIDEX GZC Donk, 199802255) [S9]							02:14.63(+66)
	50m 00:30.15	30,15	100m 01:04.03	33,88	150m 01:39.73	35,70	
3. Duncan van Haaren (NTC PARA-WIDEX GZC Donk, 200000681) [S10]							02:10.18(+70)
	50m 00:30.12	30,12	100m 01:03.55	33,43	150m 01:37.96	34,41	
4. Bastian Renshoff (Octopus, 200001261) [S10]							02:10.30(+89)
	50m 00:29.41	29,41	100m 01:02.42	33,01	150m 01:36.27	33,85	

5. Sebastiaan Broere (Hieronymus, 199803687) [S14]	50m 00:30.87 30,87	100m 01:05.00 34,13	150m 01:40.24 35,24	02:15.25(+80)
6. Querijn Hensen (De Duinkickers, 200102121) [S10]	50m 00:30.39 30,39	100m 01:05.35 34,96	150m 01:41.48 36,13	02:17.29(+70)
7. Sam Janmaat (De Duinkickers, 200203017) [S10]	50m 00:32.71 32,71	100m 01:08.42 35,71	150m 01:45.14 36,72	02:20.85(+78)
146. 200m schoolslag - Dames				
14 - 15 jaar (Jeugd 1 en 2)				
1. Kim Vos (SBC2000, 200000990)	50m 00:36.10 36,10	100m 01:16.95 40,85	150m 01:58.57 41,62	02:38.16(+80)
2. Madelijne Schothans (De Veene, 200002416)	50m 00:36.89 36,89	100m 01:18.36 41,47	150m 01:59.99 41,63	02:40.74(+85)
3. Rosey Metz (RTC - WVZ, 200101786)	50m 00:36.89 36,89	100m 01:18.00 41,11	150m 01:59.70 41,70	02:40.86(+83)
4. Tes Schouten (RTC - WVZ, 200003120)	50m 00:35.13 35,13	100m 01:16.19 41,06	150m 01:58.32 42,13	02:41.11(+75)
5. Sanne Busch (MNC Dordrecht, 200101486)	50m 00:37.14 37,14	100m 01:20.10 42,96	150m 02:01.64 41,54	02:43.56(+71)
6. Joyce Kuipers (Orca, 200103426)	50m 00:36.74 36,74	100m 01:18.86 42,12	150m 02:01.34 42,48	02:44.33(+78)
7. Claudia Schouten (Aquarijn, 200000812)	50m 00:37.65 37,65	100m 01:20.84 43,19	150m 02:04.73 43,89	02:47.32(+80)
8. Robin Goossens (Nuenen, 200003128)	50m 00:38.33 38,33	100m 01:21.07 42,74	150m 02:06.03 44,96	02:51.01(+79)
161. 200m schoolslag - Dames				
11 - 11 jaar (Junioren 1)				
1. Anna van Droffelaar (ZVVS, 200400258)	50m 00:38.16 38,16	100m 01:22.78 44,62	150m 02:08.76 45,98	02:54.12(+63)
2. Sterre Hendriks (PSV, 200401288)	50m 00:40.38 40,38	100m 01:26.54 46,16	150m 02:12.63 46,09	02:57.00(+79)
3. Myrthe Natzijl (De Kikker, 200400076)	50m 00:39.94 39,94	100m 01:25.56 45,62	150m 02:12.28 46,72	02:58.31(+81)
4. Irma van der Wulp (WVZ, 200401950)	50m 00:41.19 41,19	100m 01:27.76 46,57	150m 02:14.31 46,55	02:58.98(+78)
5. Rinske Bouman (ZZ&PC De Devel, 200400578)	50m 00:41.21 41,21	100m 01:27.26 46,05	150m 02:15.53 48,27	03:03.28(+83)
6. Anna Tiemersma (ZPC De Zeeuwse Kust, 200400686)	50m 00:41.20 41,20	100m 01:27.93 46,73	150m 02:16.52 48,59	03:03.63(+79)
7. Lois van Oijen (ESCA Zwemmen, 200402054)	50m 00:41.78 41,78	100m 01:28.25 46,47	150m 02:16.43 48,18	03:04.45(+79)
8. Tess Wolbert (De Dinkel, 200400538)	50m 00:40.08 40,08	100m 01:28.24 48,16	150m 02:16.38 48,14	03:05.15(+67)
9. Luna de Vries (Aqua-Novio'94, 200400516)	50m 00:41.47 41,47	100m 01:28.68 47,21	150m 02:17.55 48,87	03:06.31(+81)
10. Veerle Nieborg (TriVia, 200400428)	50m 00:42.53 42,53	100m 01:29.87 47,34	150m 02:18.52 48,65	03:06.61(+84)
11. Jetske Moot (De Houtrib, 200400230)	50m 00:42.14 42,14	100m 01:29.38 47,24	150m 02:17.86 48,48	03:06.69(+84)
12. Luna Hofmeijer (WS Twente, 200400006)	50m 00:42.61 42,61	100m 01:30.37 47,76	150m 02:19.50 49,13	03:07.99(+85)

	50m 00:36.47 36,47	100m 01:19.83 43,36	150m 02:05.45 45,62	
5. Mirthe Schenkel (ZPC Hoogeveen, 200300666)	50m 00:40.14 40,14	100m 01:25.59 45,45	150m 02:09.62 44,03	02:52.85(+89)
6. Britta Koehorst (RTC - De Lansingh, 200300246)	50m 00:38.77 38,77	100m 01:21.94 43,17	150m 02:07.25 45,31	02:52.89(+74)
7. Silke Huisman (De Vikings, 200301182)	50m 00:39.05 39,05	100m 01:24.43 45,38	150m 02:10.17 45,74	02:55.78(+83)
8. Lieke Bastiaansen (MNC Dordrecht, 200301368)	50m 00:39.98 39,98	100m 01:25.49 45,51	150m 02:10.65 45,16	02:56.13(+75)
9. Ilse Verhoef (PSV, 200302288)	50m 00:40.19 40,19	100m 01:25.66 45,47	150m 02:12.95 47,29	02:58.81(+72)
10. Kim de Jong (LZ 1886, 200301026)	50m 00:40.22 40,22	100m 01:26.12 45,90	150m 02:12.68 46,56	02:58.95(+86)
11. Ellen Altena (TriVia, 200300266)	50m 00:40.05 40,05	100m 01:25.42 45,37	150m 02:12.02 46,60	02:59.64(+80)
12. Britt Steunenbergh (Aquarijn, 200302588)	50m 00:41.42 41,42	100m 01:27.85 46,43	150m 02:16.17 48,32	03:02.02(+62)
13. Maaïke Issard (De Houtrib, 200300022)	50m 00:41.82 41,82	100m 01:29.17 47,35	150m 02:16.72 47,55	03:03.38(+76)
14. Debbie Bruijgoms (MNC Dordrecht, 200301672)	50m 00:41.21 41,21	100m 01:29.16 47,95	150m 02:16.89 47,73	03:03.46(+83)
15. Daniëlle Meinema (ZVV, 200300534)	50m 00:40.59 40,59	100m 01:27.01 46,42	150m 02:15.87 48,86	03:03.49(+78)
16. Quinty Rouschop (NIMO, 200300208)	50m 00:42.48 42,48	100m 01:30.18 47,70	150m 02:17.33 47,15	03:03.88(+88)
17. Emma Sies (TriVia, 200300732)	50m 00:42.34 42,34	100m 01:29.17 46,83	150m 02:17.02 47,85	03:04.05(+85)
18. Ymke Vermeulen (EZPC, 200303688)	50m 00:42.52 42,52	100m 01:29.27 46,75	150m 02:16.60 47,33	03:04.40(+84)
19. Nicole Akkermans Castro (The Hague Swimming (SG), 200304942)	50m 00:42.68 42,68	100m 01:30.93 48,25	150m 02:19.24 48,31	03:05.20(+75)
20. Wendy ten Wolde (Wiekslag, 200302658)	50m 00:41.80 41,80	100m 01:28.72 46,92	150m 02:17.67 48,95	03:05.72(+82)
21. Marlijn Zwart (HZPC, 200300972)	50m 00:42.41 42,41	100m 01:30.04 47,63	150m 02:17.59 47,55	03:05.79(+75)
22. Lotte Pieterman (Swol 1894, 200301838)	50m 00:41.15 41,15	100m 01:28.87 47,72	150m 02:17.78 48,91	03:05.80(+68)
23. Amy Koelman (De Columbiaan, 200300922)	50m 00:42.35 42,35	100m 01:31.24 48,89	150m 02:19.82 48,58	03:07.06(+71)
24. Nora Brouwer (Aquapoldro, 200300480)	50m 00:43.10 43,10	100m 01:31.19 48,09	150m 02:20.78 49,59	03:10.60(+81)
163. 200m schoolslag - Dames				
13 - 13 jaar (Junioren 3)				
1. Sophie de Jonge (RTC - WVZ, 200200118)	50m 00:36.42 36,42	100m 01:17.67 41,25	150m 02:00.51 42,84	02:43.66(+75)
2. Birgit van Buiten (Aquapoldro, 200200498)	50m 00:37.42 37,42	100m 01:19.64 42,22	150m 02:02.52 42,88	02:44.98(+71)
3. Lotte Hosper (De Fuut, 200201414)	50m 00:39.02 39,02	100m 01:22.86 43,84	150m 02:07.60 44,74	02:52.15(+79)

4. Esther Tiemersma (ZPC De Zeeuwse Kust, 200202962)	50m 00:38.84 38,84	100m 01:22.28 43,44	150m 02:07.27 44,99	02:52.63(+75)
5. Amber Koning (Zwem en Polo Club Appingedam, 200202842)	50m 00:39.26 39,26	100m 01:23.88 44,62	150m 02:09.25 45,37	02:53.14(+88)
6. Imani de Jong (ZPCH, 200200464)	50m 00:39.26 39,26	100m 01:23.67 44,41	150m 02:08.99 45,32	02:54.03(+83)
7. Jule Franken (AquAmigos, 200204024)	50m 00:40.32 40,32	100m 01:25.24 44,92	150m 02:10.93 45,69	02:55.46(+75)
8. Lieske Zijlstra (De Schoteijl, 200200996)	50m 00:39.99 39,99	100m 01:24.99 45,00	150m 02:10.30 45,31	02:55.80(+81)
9. Lisanne Boets (Stadskanaal, 200200346)	50m 00:39.57 39,57	100m 01:25.46 45,89	150m 02:11.77 46,31	02:57.83(+87)
10. Nikki Smeets (NIMO, 200200080)	50m 00:40.37 40,37	100m 01:25.43 45,06	150m 02:11.73 46,30	02:57.89(+68)
11. Sarah el Bacha (De Dolfijn, 200201104)	50m 00:40.23 40,23	100m 01:25.93 45,70	150m 02:12.28 46,35	02:58.32(+70)
12. Kemi van de Wetering (Arethusa, 200201456)	50m 00:39.56 39,56	100m 01:25.53 45,97	150m 02:12.58 47,05	02:58.90(+74)
13. Anne Paulusse (De Warande, 200200834)	50m 00:39.49 39,49	100m 01:24.45 44,96	150m 02:11.90 47,45	03:00.84(+87)
14. Grace Anderson (WVZ, 200200578)	50m 00:40.82 40,82	100m 01:27.45 46,63	150m 02:15.41 47,96	03:01.11(+74)
15. Isa Boom (MNC Dordrecht, 200200186)	50m 00:41.39 41,39	100m 01:27.79 46,40	150m 02:14.30 46,51	03:02.08(+73)
16. Carolien Beckers (NIMO, 200200078)	50m 00:40.56 40,56	100m 01:27.29 46,73	150m 02:15.92 48,63	03:05.01(+96)
141. 200m rugslag - Heren				
16 - 17 jaar (Jeugd 1 en 2)				
1. Tom Donker (PSV, 199805711)	50m 00:29.37 29,37	100m 01:01.95 32,58	150m 01:35.79 33,84	02:07.45(+60)
2. Ruben Griffioen (De Columbiaan, 199900771)	50m 00:30.73 30,73	100m 01:04.26 33,53	150m 01:38.34 34,08	02:11.40(+59)
3. Sam Haring (DAW, 199901491)	50m 00:30.31 30,31	100m 01:04.10 33,79	150m 01:39.16 35,06	02:11.92(+82)
4. Thijs Molendijk (VZC E&P, 199900477)	50m 00:31.12 31,12	100m 01:04.70 33,58	150m 01:38.99 34,29	02:12.18(+58)
5. Gauke Eilander (ZPC Hoogeveen, 199800603)	50m 00:30.56 30,56	100m 01:04.24 33,68	150m 01:39.05 34,81	02:13.74(+66)
6. Koen Brummelaar (De Dinkel, 199900047)	50m 00:32.03 32,03	100m 01:07.05 35,02	150m 01:42.45 35,40	02:17.75(+74)
7. Dave Jansen (Albion, 199805299)	50m 00:32.15 32,15	100m 01:07.21 35,06	150m 01:43.62 36,41	02:18.54(+55)
8. Torben Lammerdink (WS Twente, 199900745)	50m 00:31.54 31,54	100m 01:07.20 35,66	150m 01:43.71 36,51	02:20.11(+77)
149. 50m vlinderslag - Dames				
14 - 15 jaar (Jeugd 1 en 2)				
1. Chefanja Nunes (RTC - WVZ, 200104750)				00:27.93(+67)
2. Manon Compagner (Dedemsvaart-AC, 200101710)				00:28.07(+76)
3. Jasmijn Boon (RTC - WVZ, 200001280)				00:28.18(+70)

4. LouLou Janssen (RTC - De Columbiaan, 200100132)	00:28.60(+74)
5. Alinda Dingshoff (ZPC Hoogeveen, 200000928)	00:28.64(+73)
6. Frouke Beeksma (TriVia, 200000346)	00:28.68(+72)
7. Indy Jongman (RTC - PSV, 200100528)	00:29.50(+76)
8. Eva van den Adel (De Otters Het Gooi, 200102892)	00:29.56(+69)
2150. 50m vlinderslag - Dames	
<i>11 - 15 jaar (Jeugd 2 en later)</i>	
1. Liesette Bruinsma (NTC PARA-HZ&PC Heerenveen, 200004346) [S11]	00:36.06(+74)
2. Chantalle Zijderveld (NTC PARA-ZZ&PC De Devel, 200000702) [S10]	00:31.28(+68)
3. Lisa Kruger (NTC PARA-ZPC AMERSFOORT, 200005304) [S10]	00:31.75(+76)
4. Sterre Veerman (Ed-Vo, 200003544) [S13]	00:36.91(+76)
5. Sanne Hofman (NTC PARA-ZPC Hoogeveen, 200102154) [S13]	00:37.83(+81)
6. Inge Belfor (NTC PARA-De Columbiaan, 200100578) [S10]	00:36.25(+83)
7. Deborah Visser (De Duinkickers, 200102666) [S10]	00:37.75(+72)
147. 50m vlinderslag - Heren	
<i>16 - 17 jaar (Jeugd 1 en 2)</i>	
1. Nyls Korstanje (RTC - Aqua Novio '94, 199901941)	00:24.65(+67)
2. Floris Kotterink (Albion, 199800199)	00:25.08(+59)
3. Ruben Stam (Albion, 199800331)	00:25.14(+63)
4. Jens Krijgsman (RTC - De Columbiaan, 199901429)	00:25.94(+70)
5. Wilco Nijenhuis (De Berkelduikers, 199802463)	00:26.38(+70)
6. Jesse van Dijk (De Houtrib, 199903259)	00:26.50(+68)
7. Gauke Eilander (ZPC Hoogeveen, 199800603)	00:26.68(+70)
8. Tom Donker (PSV, 199805711)	00:27.55(+67)
2148. 50m vlinderslag - Heren	
<i>12 - 17 jaar</i>	
1. Rogier Dorsman (NTC PARA-ZZ&PC De Devel, 199900211) [S12]	00:29.12(+70)
2. Tim van Duuren (NTC PARA-WIDEX GZC Donk, 199802255) [S9]	00:30.27(+61)
3. Duncan van Haaren (NTC PARA-WIDEX GZC Donk, 200000681) [S10]	00:29.28(+72)
4. Sebastiaan Broere (Hieronymus, 199803687) [S14]	00:31.40(+85)
5. Bas Takken (NTC PARA-ZV Hoorn, 199901643) [S10]	00:29.77(+71)
6. Bastian Renshoff (Octopus, 200001261) [S10]	00:31.83(+90)
7. Querijn Hensen (De Duinkickers, 200102121) [S10]	00:32.45(+68)
DIS. Nathan van Wees (De Houtrib, 200101427) [S10]	00:00.00
164. 50m vlinderslag - Heren	
<i>12 - 12 jaar (Junioren 1)</i>	
1. Tim Korstanje (Aqua-Novio'94, 200300053)	00:28.44(+63)
2. Mike Gerritsen (Platella, 200304013)	00:29.64(+77)
3. Esper Schreurs (ZEPS, 200300433)	00:30.47(+79)
4. Lucas Peters (PSV, 200301325)	00:30.55(+64)
5. Matias Jansen (ZIGNEA, 200300199)	00:30.58(+69)

6. Dylan Jansen (WVZ, 200300817)	00:30.82(+72)
7. Milan Hamel (The Hague Swimming (SG), 200302125)	00:30.98(+61)
8. Timo Zittersteijn (De Rijn, 200300025)	00:31.13(+73)
9. Nils Mulder (MNC Dordrecht, 200300049)	00:31.34(+71)
10. Michael Smink (Aquarijn, 200302169)	00:32.49(+81)
165. 50m vlinderslag - Heren	
<i>13 - 13 jaar (Junioren 2)</i>	
1. Bjorn van Doesburg (Aquarijn, 200201867)	00:27.39(+73)
2. Thomas Weening (De Dolfijn, 200200523)	00:27.98(+76)
3. Maurice Pater (TriVia, 200200909)	00:28.05(+78)
4. Nikhom Westphal (SCOM/De Zeehond'73 (SG), 200203329)	00:28.69(+72)
5. Joep Hoogerwerf (DWK, 200204527)	00:29.49(+82)
6. Jarno Koster (Aqua-Novio'94, 200200637)	00:30.26(+73)
7. Daniël Rykov (ZPC AMERSFOORT, 200200447)	00:30.56(+69)
8. Tom Blankestijn (ZPC AMERSFOORT, 200201185)	00:31.38(+82)
9. Sweeder Braakman (De IJsel, 200200397)	00:31.71(+70)
10. Guus Hoogduin (LZ 1886, 200201069)	00:33.39(+69)
166. 50m vlinderslag - Heren	
<i>14 - 14 jaar (Junioren 3)</i>	
1. Luc Kroon (RTC - DAW, 200100697)	00:26.61(+77)
2. Rick Bulman (PSV, 200101899)	00:27.04(+71)
3. Gerard Willighagen (Poseidon'56, 200103663)	00:27.69(+69)
4. Dave van der Voet (Zwemvereniging Hoorn, 200102783)	00:27.71(+76)
5. Ivo Stolk (SCOM/De Zeehond'73 (SG), 200100615)	00:28.41(+73)
6. Marcel Delfstra (Orca, 200100037)	00:28.55(+66)
7. Swen van Elteren (Aquarijn, 200103331)	00:28.77(+71)
8. Bas Morelissen (ZPC AMERSFOORT, 200100861)	00:28.95(+74)
9. Freek Hollander (The Hague Swimming (SG), 200103815)	00:29.82(+78)
167. 50m vlinderslag - Heren	
<i>15 - 15 jaar (Junioren 4)</i>	
1. Junior de Bruin (ZPC Hoogeveen, 200000839)	00:25.74(+71)
2. Ruden de Ridder (RTC - ZPC De Zeeuwse Kust, 200001587)	00:25.93(+161)
3. Vincent de Munter (NIMO, 200000181)	00:26.54(+71)
4. Tim Hoogerwerf (DWK, 200005587)	00:26.75(+69)
5. Wouter Schmit (PSV, 200004895)	00:27.17(+69)
6. Noah Legerstee (WVZ, 200003593)	00:27.56(+70)
7. Dennis Kamps (De Dinkel, 200000191)	00:27.72(+79)
154. 4x100m vrije slag dames	
153. 4x100m vrije slag heren	