

Nederlandse Junioren & Jeugd Kampioenschappen kb dec. 2017



KNZB i.s.m. Nuenen

Eindhoven 14-12-2017 t/m 17-12-2017

NJJK korte baan dec. 2017 sessie 1 - donderdag 14 december 2017 om 16:00u (25 m)

Aanvangstijd juryvergadering: 15:00u

1. 800m vrije slag - Dames

14 - 15 jaar (Jeugd 1 en 2)

1. Niamh Hofland (PSV, 200205118)					08:44.31(+65)
50m 00:29.45 29,45	250m 02:39.60 32,85	450m 04:52.19 33,54	650m 07:05.08 33,39		
100m 01:01.49 32,04	300m 03:12.39 32,79	500m 05:25.38 33,19	700m 07:38.51 33,43		
150m 01:34.03 32,54	350m 03:45.73 33,34	550m 05:58.50 33,12	750m 08:12.04 33,53		
200m 02:06.75 32,72	400m 04:18.65 32,92	600m 06:31.69 33,19			
2. Imani de Jong (RTC-ZPCH, 200200464)					08:50.30(+72)
50m 00:28.79 28,79	250m 02:38.67 32,56	450m 04:51.18 33,50	650m 07:07.50 34,23		
100m 01:00.98 32,19	300m 03:11.52 32,85	500m 05:25.25 34,07	700m 07:42.04 34,54		
150m 01:33.56 32,58	350m 03:44.48 32,96	550m 05:58.94 33,69	750m 08:16.50 34,46		
200m 02:06.11 32,55	400m 04:17.68 33,20	600m 06:33.27 34,33			
3. Nienke Jonk (RTC-Hieronymus, 200203000)					09:08.60(+69)
50m 00:29.63 29,63	250m 02:43.68 34,71	450m 05:04.06 35,45	650m 07:24.95 35,13		
100m 01:01.96 32,33	300m 03:18.25 34,57	500m 05:39.59 35,53	700m 08:00.30 35,35		
150m 01:35.27 33,31	350m 03:53.31 35,06	550m 06:14.61 35,02	750m 08:35.28 34,98		
200m 02:08.97 33,70	400m 04:28.61 35,30	600m 06:49.82 35,21			
4. Lotte Hosper (RTC-Racing Club, 200201414)					09:11.32(+82)
50m 00:29.76 29,76	250m 02:44.29 34,48	450m 05:05.85 35,48	650m 07:27.78 35,30		
100m 01:02.37 32,61	300m 03:19.16 34,87	500m 05:41.46 35,61	700m 08:03.17 35,39		
150m 01:36.09 33,72	350m 03:54.72 35,56	550m 06:17.01 35,55	750m 08:37.59 34,42		
200m 02:09.81 33,72	400m 04:30.37 35,65	600m 06:52.48 35,47			
5. Gaia Sterre Mirotti (VZC, 200305158)					09:13.81(+63)
50m 00:30.31 30,31	250m 02:45.99 34,18	450m 05:05.67 35,03	650m 07:27.64 35,87		
100m 01:03.57 33,26	300m 03:20.60 34,61	500m 05:40.78 35,11	700m 08:03.54 35,90		
150m 01:37.52 33,95	350m 03:55.63 35,03	550m 06:16.22 35,44	750m 08:39.11 35,57		
200m 02:11.81 34,29	400m 04:30.64 35,01	600m 06:51.77 35,55			
6. Almudena Visser Velez (The Hague Swimming (SG), 200205904)					09:26.89(+71)
50m 00:31.33 31,33	250m 02:52.09 35,67	450m 05:16.26 35,91	650m 07:41.08 36,22		
100m 01:05.76 34,43	300m 03:28.32 36,23	500m 05:52.29 36,03	700m 08:17.32 36,24		
150m 01:40.93 35,17	350m 04:04.26 35,94	550m 06:28.68 36,39	750m 08:53.07 35,75		
200m 02:16.42 35,49	400m 04:40.35 36,09	600m 07:04.86 36,18			
7. Carolien Beckers (Zwemsport Parkstad (SG), 200200078)					09:27.09(+71)
50m 00:31.37 31,37	250m 02:51.78 35,57	450m 05:15.38 35,44	650m 07:40.85 36,31		
100m 01:05.61 34,24	300m 03:27.71 35,93	500m 05:51.56 36,18	700m 08:17.03 36,18		
150m 01:40.70 35,09	350m 04:03.58 35,87	550m 06:27.81 36,25	750m 08:53.13 36,10		
200m 02:16.21 35,51	400m 04:39.94 36,36	600m 07:04.54 36,73			
8. Carlijn Hansté (WS Twente, 200201082)					09:28.57(+77)
50m 00:29.94 29,94	250m 02:49.12 35,71	450m 05:13.86 36,83	650m 07:40.84 36,54		
100m 01:03.70 33,76	300m 03:24.83 35,71	500m 05:50.55 36,69	700m 08:17.14 36,30		
150m 01:38.14 34,44	350m 04:00.78 35,95	550m 06:27.24 36,69	750m 08:53.27 36,13		
200m 02:13.41 35,27	400m 04:37.03 36,25	600m 07:04.30 37,06			
9. Femke Spiering (RTC-VZC, 200204514)					09:30.73(+74)
50m 00:29.42 29,42	250m 02:41.64 33,93	450m 05:02.32 35,86	650m 07:33.59 41,03		
100m 01:01.76 32,34	300m 03:15.90 34,26	500m 05:38.54 36,22	700m 08:13.78 40,19		
150m 01:34.52 32,76	350m 03:50.84 34,94	550m 06:14.90 36,36	750m 08:52.69 38,91		

	200m 02:07.71 33,19	400m 04:26.46 35,62	600m 06:52.56 37,66		
10. Imke Beekman (Hellas-Glana, 200301950)					09:34.89(+84)
	50m 00:31.53 31,53	250m 02:54.75 36,36	450m 05:21.38 36,59	650m 07:47.77 36,04	
	100m 01:05.88 34,35	300m 03:31.28 36,53	500m 05:57.98 36,60	700m 08:24.25 36,48	
	150m 01:41.90 36,02	350m 04:08.23 36,95	550m 06:34.70 36,72	750m 09:00.50 36,25	
	200m 02:18.39 36,49	400m 04:44.79 36,56	600m 07:11.73 37,03		
11. Zante Janssen (Aqua-Novio'94, 200201786)					09:37.12(+79)
	50m 00:31.35 31,35	250m 02:55.90 35,01	450m 05:21.82 36,00	650m 07:49.67 36,55	
	100m 01:06.85 35,50	300m 03:32.07 36,17	500m 05:58.40 36,58	700m 08:26.73 37,06	
	150m 01:43.57 36,72	350m 04:08.84 36,77	550m 06:35.61 37,21	750m 09:03.05 36,32	
	200m 02:20.89 37,32	400m 04:45.82 36,98	600m 07:13.12 37,51		
12. Lindsey Berghuis (ZV 44, 200300104)					09:37.43(+72)
	50m 00:29.78 29,78	250m 02:50.84 35,95	450m 05:17.99 37,44	650m 07:48.69 37,43	
	100m 01:04.23 34,45	300m 03:27.13 36,29	500m 05:55.82 37,83	700m 08:26.62 37,93	
	150m 01:39.39 35,16	350m 04:03.81 36,68	550m 06:33.71 37,89	750m 09:03.52 36,90	
	200m 02:14.89 35,50	400m 04:40.55 36,74	600m 07:11.26 37,55		
13. Babet de Voogd (ZPC De Zeeuwse Kust, 200301362)					09:41.39(+70)
	50m 00:32.29 32,29	250m 02:59.02 37,04	450m 05:27.00 36,73	650m 07:55.27 36,71	
	100m 01:08.30 36,01	300m 03:35.85 36,83	500m 06:04.30 37,30	700m 08:31.86 36,59	
	150m 01:45.05 36,75	350m 04:13.01 37,16	550m 06:41.58 37,28	750m 09:07.79 35,93	
	200m 02:21.98 36,93	400m 04:50.27 37,26	600m 07:18.56 36,98		
14. Ilse Kraaijeveld (The Hague Swimming (SG), 200202190)					09:41.42(+69)
	50m 00:31.78 31,78	250m 02:58.07 37,28	450m 05:27.17 37,32	650m 07:54.20 36,98	
	100m 01:07.37 35,59	300m 03:35.61 37,54	500m 06:03.84 36,67	700m 08:31.11 36,91	
	150m 01:43.90 36,53	350m 04:12.65 37,04	550m 06:40.55 36,71	750m 09:07.57 36,46	
	200m 02:20.79 36,89	400m 04:49.85 37,20	600m 07:17.22 36,67		
15. Inge Dekker (TriVia, 200200476)					09:41.57(+77)
	50m 00:31.52 31,52	250m 02:57.58 36,77	450m 05:25.56 37,04	650m 07:53.32 37,10	
	100m 01:07.19 35,67	300m 03:34.42 36,84	500m 06:02.62 37,06	700m 08:30.06 36,74	
	150m 01:43.89 36,70	350m 04:11.38 36,96	550m 06:39.37 36,75	750m 09:06.65 36,59	
	200m 02:20.81 36,92	400m 04:48.52 37,14	600m 07:16.22 36,85		
16. Silke Huisman (Orca, 200301182)					09:42.06(+72)
	50m 00:30.84 30,84	250m 02:56.82 36,56	450m 05:26.42 37,86	650m 07:56.45 37,53	
	100m 01:06.12 35,28	300m 03:34.68 37,86	500m 06:03.31 36,89	700m 08:33.37 36,92	
	150m 01:43.04 36,92	350m 04:11.38 36,70	550m 06:41.31 38,00	750m 09:08.34 34,97	
	200m 02:20.26 37,22	400m 04:48.56 37,18	600m 07:18.92 37,61		
17. Hanne te Velthuis (Dedemsvaart-AC, 200201324)					09:43.07(+76)
	50m 00:30.66 30,66	250m 02:55.49 37,06	450m 05:25.33 37,64	650m 07:54.16 37,39	
	100m 01:05.40 34,74	300m 03:32.73 37,24	500m 06:02.75 37,42	700m 08:31.11 36,95	
	150m 01:41.67 36,27	350m 04:10.26 37,53	550m 06:39.93 37,18	750m 09:08.13 37,02	
	200m 02:18.43 36,76	400m 04:47.69 37,43	600m 07:16.77 36,84		
18. Anne Paulusse (De Warande, 200200834)					09:43.49(+83)
	50m 00:32.55 32,55	250m 02:56.24 36,13	450m 05:22.64 36,82	650m 07:52.98 37,83	
	100m 01:08.07 35,52	300m 03:32.62 36,38	500m 05:59.88 37,24	700m 08:30.50 37,52	
	150m 01:44.04 35,97	350m 04:09.03 36,41	550m 06:37.28 37,40	750m 09:07.82 37,32	
	200m 02:20.11 36,07	400m 04:45.82 36,79	600m 07:15.15 37,87		
19. Josse Bergman (VZC, 200305146)					09:43.54(+68)
	50m 00:32.59 32,59	250m 02:58.80 36,91	450m 05:27.44 36,87	650m 07:55.99 37,14	
	100m 01:08.85 36,26	300m 03:35.99 37,19	500m 06:04.57 37,13	700m 08:32.50 36,51	
	150m 01:45.21 36,36	350m 04:13.63 37,64	550m 06:41.61 37,04	750m 09:08.89 36,39	
	200m 02:21.89 36,68	400m 04:50.57 36,94	600m 07:18.85 37,24		
20. Ymke Dragstra (ZPC AMERSFOORT, 200300930)					09:43.77(+80)
	50m 00:31.84 31,84	250m 02:58.20 36,98	450m 05:26.28 36,61	650m 07:54.92 36,79	
	100m 01:07.26 35,42	300m 03:35.33 37,13	500m 06:03.35 37,07	700m 08:32.12 37,20	
	150m 01:43.90 36,64	350m 04:12.56 37,23	550m 06:40.96 37,61	750m 09:08.95 36,83	
	200m 02:21.22 37,32	400m 04:49.67 37,11	600m 07:18.13 37,17		
21. Famke Slabbers (Aqua-Novio'94, 200200100)					09:44.35(+78)
	50m 00:32.24 32,24	250m 02:57.87 36,83	450m 05:25.77 37,05	650m 07:54.30 37,34	

100m	01:07.79	35,55	300m	03:34.83	36,96	500m	06:02.84	37,07	700m	08:31.50	37,20
150m	01:44.08	36,29	350m	04:11.69	36,86	550m	06:40.05	37,21	750m	09:08.39	36,89
200m	02:21.04	36,96	400m	04:48.72	37,03	600m	07:16.96	36,91			
22. Mirthe Schenkel (ZPC Hoogeveen, 200300666) 09:47.49(+79)											
50m	00:31.77	31,77	250m	02:56.40	36,69	450m	05:25.79	37,38	650m	07:55.14	37,08
100m	01:06.93	35,16	300m	03:33.66	37,26	500m	06:03.32	37,53	700m	08:32.79	37,65
150m	01:43.45	36,52	350m	04:11.00	37,34	550m	06:40.45	37,13	750m	09:10.69	37,90
200m	02:19.71	36,26	400m	04:48.41	37,41	600m	07:18.06	37,61			
23. Denise van der Burgt (Zeester-Meerval, 200201812) 09:47.53(+75)											
50m	00:32.76	32,76	250m	03:00.93	37,47	450m	05:28.30	36,85	650m	07:56.88	37,00
100m	01:09.25	36,49	300m	03:37.75	36,82	500m	06:05.44	37,14	700m	08:33.97	37,09
150m	01:46.19	36,94	350m	04:14.65	36,90	550m	06:42.58	37,14	750m	09:11.26	37,29
200m	02:23.46	37,27	400m	04:51.45	36,80	600m	07:19.88	37,30			
24. Kim de Jong (LinK, 200301026) 09:48.87(+77)											
50m	00:32.07	32,07	250m	02:58.29	37,29	450m	05:26.99	37,43	650m	07:58.55	37,85
100m	01:07.62	35,55	300m	03:35.16	36,87	500m	06:04.65	37,66	700m	08:36.27	37,72
150m	01:43.96	36,34	350m	04:12.51	37,35	550m	06:42.53	37,88	750m	09:13.26	36,99
200m	02:21.00	37,04	400m	04:49.56	37,05	600m	07:20.70	38,17			
25. Eline Gros (Aqua-Novio'94, 200302700) 09:49.87(+78)											
50m	00:32.50	32,50	250m	03:00.15	37,35	450m	05:30.28	37,84	650m	08:00.19	37,40
100m	01:08.86	36,36	300m	03:37.36	37,21	500m	06:08.00	37,72	700m	08:37.29	37,10
150m	01:45.81	36,95	350m	04:15.32	37,96	550m	06:45.34	37,34	750m	09:14.21	36,92
200m	02:22.80	36,99	400m	04:52.44	37,12	600m	07:22.79	37,45			
26. Denice Koolman (ZV 44, 200200132) 09:54.67(+72)											
50m	00:31.24	31,24	250m	02:58.61	37,40	450m	05:31.05	38,50	650m	08:03.98	37,89
100m	01:07.09	35,85	300m	03:36.14	37,53	500m	06:09.59	38,54	700m	08:42.27	38,29
150m	01:43.57	36,48	350m	04:14.43	38,29	550m	06:47.61	38,02	750m	09:19.89	37,62
200m	02:21.21	37,64	400m	04:52.55	38,12	600m	07:26.09	38,48			
27. Roos Englebert (Hieronymus, 200200606) 09:55.90(+82)											
50m	00:33.04	33,04	250m	03:01.65	37,87	450m	05:32.26	38,19	650m	08:04.19	37,99
100m	01:09.21	36,17	300m	03:38.75	37,10	500m	06:10.22	37,96	700m	08:41.93	37,74
150m	01:46.29	37,08	350m	04:16.43	37,68	550m	06:48.17	37,95	750m	09:20.03	38,10
200m	02:23.78	37,49	400m	04:54.07	37,64	600m	07:26.20	38,03			
28. Megan de Hoog (SCOM/De Zeehond'73 (SG), 200300214) 10:01.49(+75)											
50m	00:32.15	32,15	250m	02:56.45	36,62	450m	05:25.88	37,83	650m	08:03.50	38,94
100m	01:07.59	35,44	300m	03:33.19	36,74	500m	06:04.77	38,89	700m	08:43.41	39,91
150m	01:43.59	36,00	350m	04:10.38	37,19	550m	06:44.41	39,64	750m	09:22.24	38,83
200m	02:19.83	36,24	400m	04:48.05	37,67	600m	07:24.56	40,15			
29. Tessa Takken (De Dolfijn, 200301692) 10:08.09(+82)											
50m	00:32.42	32,42	250m	03:01.57	38,29	450m	05:35.35	38,60	650m	08:12.54	39,01
100m	01:08.91	36,49	300m	03:39.96	38,39	500m	06:14.80	39,45	700m	08:51.42	38,88
150m	01:45.74	36,83	350m	04:18.54	38,58	550m	06:54.25	39,45	750m	09:30.40	38,98
200m	02:23.28	37,54	400m	04:56.75	38,21	600m	07:33.53	39,28			
30. Naomi Polinder (ZV 44, 200300020) 10:14.75(+67)											
50m	00:33.03	33,03	250m	03:04.98	38,59	450m	05:40.76	39,31	650m	08:17.68	39,00
100m	01:09.93	36,90	300m	03:43.95	38,97	500m	06:20.69	39,93	700m	08:57.76	40,08
150m	01:48.07	38,14	350m	04:22.64	38,69	550m	06:59.30	38,61	750m	09:36.98	39,22
200m	02:26.39	38,32	400m	05:01.45	38,81	600m	07:38.68	39,38			
2. 1500m vrije slag - Heren											
16 - 17 jaar (Jeugd 1 en 2)											
1. Thomas Jansen (RTC-WVZ, 200100143) 15:46.70(+74)											
50m	00:28.01	28,01	450m	04:39.55	31,81	800m	08:22.72	32,21	1150m	12:06.10	32,03
100m	00:58.92	30,91	500m	05:11.27	31,72	850m	08:54.34	31,62	1200m	12:38.14	32,04
150m	01:30.31	31,39	550m	05:43.17	31,90	900m	09:26.32	31,98	1250m	13:10.04	31,90
200m	02:01.82	31,51	600m	06:14.81	31,64	950m	09:58.21	31,89	1300m	13:41.80	31,76
250m	02:33.16	31,34	650m	06:46.44	31,63	1000m	10:30.19	31,98	1350m	14:13.71	31,91
300m	03:04.47	31,31	700m	07:18.45	32,01	1050m	11:02.24	32,05	1400m	14:45.95	32,24
350m	03:36.31	31,84	750m	07:50.51	32,06	1100m	11:34.07	31,83	1450m	15:17.65	31,70
400m	04:07.74	31,43	800m	08:22.72	32,21	1150m	12:06.10	32,03			

2. Vincent Crooijmans (RTC-VZC, 200100381)				15:47.50(+75)							
50m	00:28.04	28,04	450m	04:39.35	31,56	800m	08:21.66	32,15	1150m	12:06.62	32,20
100m	00:59.05	31,01	500m	05:10.97	31,62	850m	08:53.79	32,13	1200m	12:38.42	31,80
150m	01:30.22	31,17	550m	05:42.51	31,54	900m	09:26.29	32,50	1250m	13:10.43	32,01
200m	02:01.72	31,50	600m	06:13.73	31,22	950m	09:58.59	32,30	1300m	13:42.60	32,17
250m	02:33.21	31,49	650m	06:45.57	31,84	1000m	10:30.36	31,77	1350m	14:14.64	32,04
300m	03:04.57	31,36	700m	07:17.22	31,65	1050m	11:02.25	31,89	1400m	14:46.58	31,94
350m	03:35.97	31,40	750m	07:49.51	32,29	1100m	11:34.42	32,17	1450m	15:18.54	31,96
400m	04:07.79	31,82	800m	08:21.66	32,15	1150m	12:06.62	32,20			
3. Sander Crooijmans (RTC-VZC, 200100383)				15:56.81(+83)							
50m	00:27.99	27,99	450m	04:39.70	31,57	800m	08:24.31	32,66	1150m	12:11.77	32,49
100m	00:58.90	30,91	500m	05:11.55	31,85	850m	08:56.77	32,46	1200m	12:44.87	33,10
150m	01:30.13	31,23	550m	05:43.44	31,89	900m	09:29.66	32,89	1250m	13:17.61	32,74
200m	02:01.81	31,68	600m	06:15.21	31,77	950m	10:02.00	32,34	1300m	13:49.85	32,24
250m	02:33.23	31,42	650m	06:47.07	31,86	1000m	10:34.75	32,75	1350m	14:22.28	32,43
300m	03:04.77	31,54	700m	07:19.14	32,07	1050m	11:07.44	32,69	1400m	14:55.39	33,11
350m	03:36.31	31,54	750m	07:51.65	32,51	1100m	11:39.28	31,84	1450m	15:26.92	31,53
400m	04:08.13	31,82	800m	08:24.31	32,66	1150m	12:11.77	32,49			
4. David Kuipers (Orca, 200003633)				15:56.93(+77)							
50m	00:28.83	28,83	450m	04:41.55	31,94	800m	08:28.69	32,41	1150m	12:15.24	32,52
100m	00:59.89	31,06	500m	05:13.99	32,44	850m	09:00.94	32,25	1200m	12:47.65	32,41
150m	01:31.09	31,20	550m	05:46.09	32,10	900m	09:33.38	32,44	1250m	13:20.35	32,70
200m	02:02.54	31,45	600m	06:18.55	32,46	950m	10:05.66	32,28	1300m	13:52.64	32,29
250m	02:34.20	31,66	650m	06:51.06	32,51	1000m	10:37.86	32,20	1350m	14:25.04	32,40
300m	03:05.74	31,54	700m	07:23.89	32,83	1050m	11:10.31	32,45	1400m	14:56.95	31,91
350m	03:37.76	32,02	750m	07:56.28	32,39	1100m	11:42.72	32,41	1450m	15:27.88	30,93
400m	04:09.61	31,85	800m	08:28.69	32,41	1150m	12:15.24	32,52			
5. Floris de Leeuw (The Hague Swimming (SG), 200105317)				16:34.34(+73)							
50m	00:29.11	29,11	450m	04:52.98	33,05	800m	08:46.62	33,34	1150m	12:41.65	33,83
100m	01:01.34	32,23	500m	05:26.11	33,13	850m	09:20.11	33,49	1200m	13:15.07	33,42
150m	01:34.33	32,99	550m	05:59.48	33,37	900m	09:53.45	33,34	1250m	13:48.71	33,64
200m	02:07.34	33,01	600m	06:32.93	33,45	950m	10:26.83	33,38	1300m	14:22.05	33,34
250m	02:40.66	33,32	650m	07:06.40	33,47	1000m	11:00.44	33,61	1350m	14:55.76	33,71
300m	03:13.67	33,01	700m	07:39.73	33,33	1050m	11:34.11	33,67	1400m	15:28.89	33,13
350m	03:46.74	33,07	750m	08:13.28	33,55	1100m	12:07.82	33,71	1450m	16:02.45	33,56
400m	04:19.93	33,19	800m	08:46.62	33,34	1150m	12:41.65	33,83			
6. Max Visser (WVZ, 200100077)				16:35.38(+78)							
50m	00:29.00	29,00	450m	04:52.68	33,27	800m	08:46.78	33,50	1150m	12:42.02	33,57
100m	01:01.17	32,17	500m	05:25.85	33,17	850m	09:20.12	33,34	1200m	13:15.92	33,90
150m	01:33.95	32,78	550m	05:59.37	33,52	900m	09:53.92	33,80	1250m	13:49.91	33,99
200m	02:06.60	32,65	600m	06:32.63	33,26	950m	10:27.49	33,57	1300m	14:23.08	33,17
250m	02:39.61	33,01	650m	07:06.25	33,62	1000m	11:01.19	33,70	1350m	14:56.91	33,83
300m	03:12.82	33,21	700m	07:39.87	33,62	1050m	11:34.70	33,51	1400m	15:30.47	33,56
350m	03:46.12	33,30	750m	08:13.28	33,41	1100m	12:08.45	33,75	1450m	16:03.73	33,26
400m	04:19.41	33,29	800m	08:46.78	33,50	1150m	12:42.02	33,57			
7. Dennis Kamps (De Dinkel, 200000191)				16:43.41(+74)							
50m	00:28.85	28,85	450m	04:53.16	34,12	800m	08:52.52	33,89	1150m	12:49.25	33,58
100m	01:00.31	31,46	500m	05:27.20	34,04	850m	09:26.39	33,87	1200m	13:22.51	33,26
150m	01:32.51	32,20	550m	06:01.80	34,60	900m	09:59.87	33,48	1250m	13:56.27	33,76
200m	02:05.45	32,94	600m	06:36.20	34,40	950m	10:34.24	34,37	1300m	14:30.31	34,04
250m	02:38.28	32,83	650m	07:10.23	34,03	1000m	11:07.89	33,65	1350m	15:04.22	33,91
300m	03:11.49	33,21	700m	07:44.58	34,35	1050m	11:41.81	33,92	1400m	15:38.46	34,24
350m	03:45.23	33,74	750m	08:18.63	34,05	1100m	12:15.67	33,86	1450m	16:11.79	33,33
400m	04:19.04	33,81	800m	08:52.52	33,89	1150m	12:49.25	33,58			
8. Owen Peeks (ZPC Hoogeveen, 200100765)				16:48.98(+86)							
50m	00:30.74	30,74	450m	04:56.46	33,68	800m	08:51.11	33,99	1150m	12:50.00	34,77
100m	01:03.84	33,10	500m	05:29.51	33,05	850m	09:24.85	33,74	1200m	13:24.06	34,06
150m	01:37.07	33,23	550m	06:02.77	33,26	900m	09:59.12	34,27	1250m	13:58.53	34,47
200m	02:10.08	33,01	600m	06:36.33	33,56	950m	10:32.77	33,65	1300m	14:33.37	34,84
250m	02:43.34	33,26	650m	07:09.81	33,48	1000m	11:06.59	33,82	1350m	15:07.68	34,31
300m	03:16.56	33,22	700m	07:43.55	33,74	1050m	11:40.64	34,05	1400m	15:42.16	34,48
350m	03:49.58	33,02	750m	08:17.12	33,57	1100m	12:15.23	34,59	1450m	16:16.35	34,19
400m	04:22.78	33,20	800m	08:51.11	33,99	1150m	12:50.00	34,77			

9. Jasper Breugem (WVZ, 200000303)				16:54.03(+72)			
50m	00:28.98 28,98	450m	04:56.81 33,90	800m	08:54.02 34,08	1150m	12:54.46 34,57
100m	01:02.16 33,18	500m	05:30.35 33,54	850m	09:28.29 34,27	1200m	13:29.28 34,82
150m	01:35.19 33,03	550m	06:03.85 33,50	900m	10:02.54 34,25	1250m	14:03.69 34,41
200m	02:08.74 33,55	600m	06:37.74 33,89	950m	10:36.57 34,03	1300m	14:38.34 34,65
250m	02:42.32 33,58	650m	07:11.67 33,93	1000m	11:11.03 34,46	1350m	15:12.95 34,61
300m	03:15.84 33,52	700m	07:45.81 34,14	1050m	11:45.78 34,75	1400m	15:47.49 34,54
350m	03:49.25 33,41	750m	08:19.94 34,13	1100m	12:19.89 34,11	1450m	16:22.09 34,60
400m	04:22.91 33,66	800m	08:54.02 34,08	1150m	12:54.46 34,57		
10. Christiaan Smit (The Hague Swimming (SG), 200102463)				16:54.97(+69)			
50m	00:29.20 29,20	450m	04:54.18 33,79	800m	08:53.08 34,44	1150m	12:55.04 34,86
100m	01:00.99 31,79	500m	05:27.73 33,55	850m	09:27.66 34,58	1200m	13:29.80 34,76
150m	01:33.59 32,60	550m	06:01.40 33,67	900m	10:02.25 34,59	1250m	14:04.33 34,53
200m	02:06.76 33,17	600m	06:35.21 33,81	950m	10:36.39 34,14	1300m	14:39.17 34,84
250m	02:39.88 33,12	650m	07:09.46 34,25	1000m	11:11.21 34,82	1350m	15:13.51 34,34
300m	03:13.09 33,21	700m	07:44.05 34,59	1050m	11:45.89 34,68	1400m	15:47.80 34,29
350m	03:46.67 33,58	750m	08:18.64 34,59	1100m	12:20.18 34,29	1450m	16:21.57 33,77
400m	04:20.39 33,72	800m	08:53.08 34,44	1150m	12:55.04 34,86		
11. Tom Balsen Versteeg (De Warande, 200005673)				17:15.28(+61)			
50m	00:29.44 29,44	450m	04:56.21 33,93	800m	09:00.80 35,65	1150m	13:10.33 36,12
100m	01:01.68 32,24	500m	05:30.51 34,30	850m	09:36.13 35,33	1200m	13:45.69 35,36
150m	01:34.96 33,28	550m	06:04.45 33,94	900m	10:12.23 36,10	1250m	14:21.53 35,84
200m	02:08.37 33,41	600m	06:38.91 34,46	950m	10:47.29 35,06	1300m	14:56.78 35,25
250m	02:41.49 33,12	650m	07:14.07 35,16	1000m	11:23.24 35,95	1350m	15:31.47 34,69
300m	03:14.55 33,06	700m	07:49.31 35,24	1050m	11:58.68 35,44	1400m	16:06.49 35,02
350m	03:48.24 33,69	750m	08:25.15 35,84	1100m	12:34.21 35,53	1450m	16:41.46 34,97
400m	04:22.28 34,04	800m	09:00.80 35,65	1150m	13:10.33 36,12		
12. Sven Elfferich (De Dolfijn, 200100529)				17:19.58(+66)			
50m	00:29.59 29,59	450m	05:04.38 34,78	800m	09:10.51 35,11	1150m	13:17.31 35,37
100m	01:02.80 33,21	500m	05:39.42 35,04	850m	09:46.04 35,53	1200m	13:52.80 35,49
150m	01:36.48 33,68	550m	06:14.79 35,37	900m	10:20.81 34,77	1250m	14:27.26 34,46
200m	02:10.83 34,35	600m	06:49.88 35,09	950m	10:56.52 35,71	1300m	15:02.73 35,47
250m	02:45.01 34,18	650m	07:24.84 34,96	1000m	11:31.51 34,99	1350m	15:37.57 34,84
300m	03:19.42 34,41	700m	08:00.62 35,78	1050m	12:06.68 35,17	1400m	16:12.20 34,63
350m	03:54.20 34,78	750m	08:35.40 34,78	1100m	12:41.94 35,26	1450m	16:46.54 34,34
400m	04:29.60 35,40	800m	09:10.51 35,11	1150m	13:17.31 35,37		
13. Jacob Mackloet (De Schotejil, 200001171)				17:20.91(+74)			
50m	00:30.24 30,24	450m	05:08.52 35,00	800m	09:14.15 34,89	1150m	13:19.69 35,01
100m	01:04.36 34,12	500m	05:43.45 34,93	850m	09:49.26 35,11	1200m	13:54.87 35,18
150m	01:39.10 34,74	550m	06:18.54 35,09	900m	10:24.36 35,10	1250m	14:30.00 35,13
200m	02:13.83 34,73	600m	06:53.77 35,23	950m	10:59.62 35,26	1300m	15:04.58 34,58
250m	02:48.64 34,81	650m	07:28.74 34,97	1000m	11:34.57 34,95	1350m	15:39.52 34,94
300m	03:23.59 34,95	700m	08:03.85 35,11	1050m	12:09.63 35,06	1400m	16:14.05 34,53
350m	03:58.64 35,05	750m	08:39.26 35,41	1100m	12:44.68 35,05	1450m	16:48.14 34,09
400m	04:33.52 34,88	800m	09:14.15 34,89	1150m	13:19.69 35,01		
14. David Anthonio (KSN (SG), 200102551)				17:27.15(+84)			
50m	00:29.70 29,70	450m	04:58.33 34,43	800m	09:05.01 36,19	1150m	13:18.73 36,39
100m	01:02.79 33,09	500m	05:33.03 34,70	850m	09:41.43 36,42	1200m	13:55.60 36,87
150m	01:36.15 33,36	550m	06:07.68 34,65	900m	10:17.30 35,87	1250m	14:31.73 36,13
200m	02:09.66 33,51	600m	06:42.61 34,93	950m	10:53.93 36,63	1300m	15:06.98 35,25
250m	02:43.29 33,63	650m	07:17.82 35,21	1000m	11:29.52 35,59	1350m	15:42.64 35,66
300m	03:16.70 33,41	700m	07:53.55 35,73	1050m	12:06.34 36,82	1400m	16:20.06 37,42
350m	03:50.19 33,49	750m	08:28.82 35,27	1100m	12:42.34 36,00	1450m	16:55.43 35,37
400m	04:23.90 33,71	800m	09:05.01 36,19	1150m	13:18.73 36,39		
15. Tjeerd van Stein (Link, 200101439)				17:29.46(+78)			
50m	00:30.72 30,72	450m	05:07.07 35,14	800m	09:14.34 35,24	1150m	13:22.47 35,62
100m	01:04.59 33,87	500m	05:42.26 35,19	850m	09:49.52 35,18	1200m	13:58.09 35,62
150m	01:38.95 34,36	550m	06:17.54 35,28	900m	10:24.96 35,44	1250m	14:33.36 35,27
200m	02:13.16 34,21	600m	06:53.32 35,78	950m	11:00.53 35,57	1300m	15:08.81 35,45
250m	02:47.55 34,39	650m	07:28.38 35,06	1000m	11:36.28 35,75	1350m	15:44.79 35,98
300m	03:22.41 34,86	700m	08:03.77 35,39	1050m	12:11.62 35,34	1400m	16:20.27 35,48
350m	03:57.29 34,88	750m	08:39.10 35,33	1100m	12:46.85 35,23	1450m	16:55.64 35,37

400m 04:31.93 34,64 800m 09:14.34 35,24 1150m 13:22.47 35,62

16. Arjan Dekker (ReVeLie Swim Team, 200000499) 17:30.31(+61)
50m 00:29.93 29,93 450m 05:04.82 34,98 800m 09:12.46 35,73 1150m 13:23.01 35,71
100m 01:03.04 33,11 500m 05:40.01 35,19 850m 09:48.80 36,34 1200m 13:58.88 35,87
150m 01:36.39 33,35 550m 06:15.08 35,07 900m 10:24.23 35,43 1250m 14:34.77 35,89
200m 02:10.93 34,54 600m 06:50.10 35,02 950m 10:59.58 35,35 1300m 15:10.41 35,64
250m 02:45.46 34,53 650m 07:25.69 35,59 1000m 11:35.63 36,05 1350m 15:45.99 35,58
300m 03:20.08 34,62 700m 08:01.42 35,73 1050m 12:11.26 35,63 1400m 16:21.52 35,53
350m 03:54.93 34,85 750m 08:36.73 35,31 1100m 12:47.30 36,04 1450m 16:56.74 35,22
400m 04:29.84 34,91 800m 09:12.46 35,73 1150m 13:23.01 35,71

17. Dave van der Voet (De Dolfijn, 200102783) 17:36.22(+73)
50m 00:30.94 30,94 450m 05:06.17 34,63 800m 09:17.90 35,56 1150m 13:28.90 35,76
100m 01:04.35 33,41 500m 05:41.98 35,81 850m 09:53.60 35,70 1200m 14:05.21 36,31
150m 01:39.02 34,67 550m 06:17.83 35,85 900m 10:29.30 35,70 1250m 14:41.12 35,91
200m 02:13.51 34,49 600m 06:54.01 36,18 950m 11:05.18 35,88 1300m 15:17.30 36,18
250m 02:48.00 34,49 650m 07:29.95 35,94 1000m 11:41.54 36,36 1350m 15:53.26 35,96
300m 03:21.93 33,93 700m 08:06.09 36,14 1050m 12:17.22 35,68 1400m 16:29.60 36,34
350m 03:56.37 34,44 750m 08:42.34 36,25 1100m 12:53.14 35,92 1450m 17:04.89 35,29
400m 04:31.54 35,17 800m 09:17.90 35,56 1150m 13:28.90 35,76

18. Janne Englebort (Hieronymus, 200101561) 17:36.30(+74)
50m 00:31.17 31,17 450m 05:11.11 35,94 800m 09:17.30 35,20 1150m 13:28.52 35,98
100m 01:04.93 33,76 500m 05:46.71 35,60 850m 09:53.36 36,06 1200m 14:05.13 36,61
150m 01:39.12 34,19 550m 06:22.47 35,76 900m 10:28.58 35,22 1250m 14:41.13 36,00
200m 02:14.00 34,88 600m 06:57.66 35,19 950m 11:04.59 36,01 1300m 15:17.13 36,00
250m 02:49.24 35,24 650m 07:32.68 35,02 1000m 11:41.05 36,46 1350m 15:53.09 35,96
300m 03:24.46 35,22 700m 08:07.38 34,70 1050m 12:16.81 35,76 1400m 16:29.23 36,14
350m 03:59.66 35,20 750m 08:42.10 34,72 1100m 12:52.54 35,73 1450m 17:04.80 35,57
400m 04:35.17 35,51 800m 09:17.30 35,20 1150m 13:28.52 35,98

NJK korte baan dec. 2017 sessie 2 - vrijdag 15 december 2017 om 08:30u (25 m)

Aanvangstijd juryvergadering: 07:30u

3. 200m schoolslag - Dames

14 - 15 jaar (Jeugd 1 en 2)

1. Lynn Joor (WS Twente, 200300550) 02:35.39(+71)
50m 00:33.51 33,51 100m 01:13.16 39,65 150m 01:53.94 40,78

2. Birgit van Buiten (DWK, 200200498) 02:35.77(+73)
50m 00:35.46 35,46 100m 01:15.02 39,56 150m 01:55.37 40,35

3. Silke Huisman (Orca, 200301182) 02:38.47(+74)
50m 00:33.83 33,83 100m 01:13.62 39,79 150m 01:55.93 42,31

4. Mirthe Schenkel (ZPC Hoozevee, 200300666) 02:38.67(+81)
50m 00:35.55 35,55 100m 01:15.89 40,34 150m 01:57.31 41,42

5. Zante Janssen (Aqua-Novio'94, 200201786) 02:39.54(+76)
50m 00:35.56 35,56 100m 01:16.63 41,07 150m 01:57.30 40,67

6. Mandy van Rossum (Aqua-Novio'94, 200204904) 02:40.94(+75)
50m 00:35.26 35,26 100m 01:15.61 40,35 150m 01:57.80 42,19

7. Lotte Hosper (RTC-Racing Club, 200201414) 02:40.96(+83)
50m 00:35.75 35,75 100m 01:15.94 40,19 150m 01:58.00 42,06

8. Kim de Jong (LinK, 200301026) 02:41.31(+79)
50m 00:35.90 35,90 100m 01:16.60 40,70 150m 01:58.53 41,93

9. Niamh Hofland (PSV, 200205118) 02:42.78(+66)
50m 00:37.20 37,20 100m 01:18.30 41,10 150m 02:00.61 42,31

10. Esther Tiemersma (ZPC De Zeeuwse Kust, 200202962) 02:43.41(+71)
50m 00:37.15 37,15 100m 01:18.87 41,72 150m 02:01.00 42,13

11. Grace Anderson (WVZ, 200200578) 02:44.87(+75)
50m 00:36.23 36,23 100m 01:16.86 40,63 150m 01:59.99 43,13

12. Quinty Rouschop (Zwemsport Parkstad (SG), 200300208)	50m 00:36.80 36,80	100m 01:18.67 41,87	150m 02:01.91 43,24	02:45.62(+72)
13. Jule Franken (PSV, 200204024)	50m 00:36.70 36,70	100m 01:18.24 41,54	150m 02:02.31 44,07	02:46.09(+70)
14. Lisanne Boets (Nova, 200200346)	50m 00:36.54 36,54	100m 01:18.62 42,08	150m 02:02.04 43,42	02:47.27(+83)
15. Josse Bergman (VZC, 200305146)	50m 00:37.05 37,05	100m 01:18.86 41,81	150m 02:02.90 44,04	02:47.86(+67)
16. Lotte Pieterman (ZV 44, 200301838)	50m 00:36.26 36,26	100m 01:19.21 42,95	150m 02:04.45 45,24	02:48.67(+73)
17. Silke Bliet (Hellas-Glana, 200301948)	50m 00:37.10 37,10	100m 01:19.47 42,37	150m 02:03.66 44,19	02:49.66(+78)
18. Kemi van de Wetering (Aqua-Novio'94, 200201456)	50m 00:38.03 38,03	100m 01:22.00 43,97	150m 02:07.39 45,39	02:53.23(+69)
19. Britt Steunenbergh (The Hague Swimming (SG), 200302588)	50m 00:38.26 38,26	100m 01:22.98 44,72	150m 02:08.41 45,43	02:54.48(+68)
20. Rozemarijn van Haaff (ZOB'66, 200201852)	50m 00:38.23 38,23	100m 01:21.83 43,60	150m 02:07.65 45,82	02:54.67(+72)
4. 200m schoolslag - Dames				
11 - 11 jaar (Junioren 1)				
1. Elydiah van der Heul (Van Vliet-Barracuda, 200602180)	50m 00:39.23 39,23	100m 01:25.07 45,84	150m 02:11.55 46,48	02:56.76(+69)
2. Veerle Riezebos (ZV 44, 200600712)	50m 00:41.03 41,03	100m 01:28.47 47,44	150m 02:16.37 47,90	03:03.27(+79)
3. Shanna Joppe (ZPC De Zeeuwse Kust, 200601186)	50m 00:40.58 40,58	100m 01:26.96 46,38	150m 02:15.56 48,60	03:04.41(+76)
4. Sophie Faveaux (ZPC AMERSFOORT, 200600286)	50m 00:40.88 40,88	100m 01:28.35 47,47	150m 02:17.23 48,88	03:06.15(+79)
5. Megan Jonkman (The Hague Swimming (SG), 200600508)	50m 00:42.30 42,30	100m 01:30.50 48,20	150m 02:19.16 48,66	03:07.31(+80)
6. Isis van der Stroom (PSV, 200604342)	50m 00:43.33 43,33	100m 01:31.73 48,40	150m 02:20.51 48,78	03:09.34(+67)
7. Avery Collins (The Hague Swimming (SG), 200603622)	50m 00:42.92 42,92	100m 01:31.81 48,89	150m 02:21.92 50,11	03:10.76(+73)
8. Djanilla Brink (DAW, 200600988)	50m 00:41.34 41,34	100m 01:30.49 49,15	150m 02:22.25 51,76	03:11.91(+82)
9. Kim Oudendijk (KZC, 200600964)	50m 00:42.51 42,51	100m 01:31.34 48,83	150m 02:23.54 52,20	03:15.07(+76)
10. Charley Bliet (ZPC Hoogeveen, 200600164)	50m 00:42.71 42,71	100m 01:33.42 50,71	150m 02:25.36 51,94	03:15.76(+75)
5. 200m schoolslag - Dames				
12 - 12 jaar (Junioren 2)				
1. Bridget Vermeer (VZC, 200501766)	50m 00:38.47 38,47	100m 01:23.18 44,71	150m 02:08.17 44,99	02:51.66(+75)
2. Niké Telkamp (The Hague Swimming (SG), 200501088)	50m 00:37.86 37,86	100m 01:21.20 43,34	150m 02:06.71 45,51	02:52.44(+75)
3. Lianne Beekman (ZVV, 200500124)	50m 00:38.51 38,51	100m 01:23.68 45,17	150m 02:09.97 46,29	02:55.14(+77)
4. Jelsie van Ruijven (WVZ, 200500282)	50m 00:39.41 39,41	100m 01:24.85 45,44	150m 02:11.45 46,60	02:57.49(+70)

5. Aniek van den Brink (De Dolfijn, 200500090)	50m 00:40.00 40,00	100m 01:25.05 45,05	150m 02:11.87 46,82	02:58.56(+71)
6. Elise Vink (De Columbiaan, 200502588)	50m 00:39.25 39,25	100m 01:24.34 45,09	150m 02:11.30 46,96	02:59.48(+80)
7. Kim Westerink (Octopus, 200501078)	50m 00:40.67 40,67	100m 01:26.38 45,71	150m 02:13.09 46,71	02:59.60(+95)
8. Anastasia Romano (MNC Dordrecht, 200501076)	50m 00:40.11 40,11	100m 01:25.61 45,50	150m 02:12.52 46,91	03:00.15(+88)
9. Myrthe Dorgelo (ZVZ, 200500068)	50m 00:41.21 41,21	100m 01:27.47 46,26	150m 02:14.82 47,35	03:00.85(+76)
10. Dion Boeijen (Aqua-Novio'94, 200500008)	50m 00:38.79 38,79	100m 01:23.31 44,52	150m 02:11.32 48,01	03:00.86(+76)
11. Arianne Meijer (HZ&PC Heerenveen, 200500304)	50m 00:40.31 40,31	100m 01:27.28 46,97	150m 02:15.49 48,21	03:01.24(+73)
12. Miron Schimmelpenning (ZPC Hoogeveen, 200500426)	50m 00:40.12 40,12	100m 01:25.78 45,66	150m 02:14.75 48,97	03:02.19(+88)
13. Kelly Dijkstra (WZ&PC Purmerend, 200500252)	50m 00:40.65 40,65	100m 01:27.74 47,09	150m 02:15.20 47,46	03:02.31(+71)
14. Loa Driessen (ESCA Zwemmen, 200500940)	50m 00:40.35 40,35	100m 01:26.75 46,40	150m 02:15.37 48,62	03:04.39(+86)
6. 200m schoolslag - Dames				
<i>13 - 13 jaar (Junioren 3)</i>				
1. Anna van Droffelaar (RTC-ZVVS, 200400258)	50m 00:34.73 34,73	100m 01:14.87 40,14	150m 01:56.59 41,72	02:38.31(+68)
2. Sterre Hendriks (PSV, 200401288)	50m 00:37.05 37,05	100m 01:19.28 42,23	150m 02:02.03 42,75	02:44.22(+73)
3. Jill Nai Chung Tong (ZVVS, 200404272)	50m 00:35.99 35,99	100m 01:18.05 42,06	150m 02:01.14 43,09	02:44.47(+84)
4. Emma Hofstee (TriVia, 200401282)	50m 00:36.24 36,24	100m 01:17.73 41,49	150m 02:01.12 43,39	02:44.73(+73)
5. Iris Nieuwhof (TriVia, 200401944)	50m 00:36.61 36,61	100m 01:20.36 43,75	150m 02:03.98 43,62	02:46.19(+80)
6. Luna de Vries (Aqua-Novio'94, 200400516)	50m 00:37.47 37,47	100m 01:19.79 42,32	150m 02:03.81 44,02	02:48.07(+70)
7. Lois van Oijen (ESCA Zwemmen, 200402054)	50m 00:37.22 37,22	100m 01:19.78 42,56	150m 02:03.75 43,97	02:48.96(+81)
8. Ismay Lichtendonk (Dedemsvaart-AC, 200400622)	50m 00:38.06 38,06	100m 01:20.08 42,02	150m 02:04.70 44,62	02:49.05(+74)
9. Sanne Lukken (PSV, 200400030)	50m 00:37.49 37,49	100m 01:20.26 42,77	150m 02:05.86 45,60	02:52.89(+79)
10. Nora Weerman (ZV 44, 200400620)	50m 00:37.58 37,58	100m 01:20.47 42,89	150m 02:05.82 45,35	02:53.05(+71)
11. Irma van der Wulp (WVZ, 200401950)	50m 00:40.41 40,41	100m 01:25.73 45,32	150m 02:10.50 44,77	02:54.02(+78)
12. Yvette Buis (De Dolfijn, 200401830)	50m 00:38.83 38,83	100m 01:23.43 44,60	150m 02:09.02 45,59	02:54.04(+73)
13. Rinske Bouman (ZZ&PC De Devel, 200400578)	50m 00:37.96 37,96	100m 01:21.50 43,54	150m 02:07.84 46,34	02:54.41(+81)
14. Daniëlle Vis (De Columbiaan, 200401044)				02:54.57(+74)

	50m 00:39.08 39,08	100m 01:23.29 44,21	150m 02:08.56 45,27	
15. Audrey Pieck (Zeester-Meerval, 200401378)	50m 00:39.88 39,88	100m 01:25.25 45,37	150m 02:10.84 45,59	02:55.86(+64)
16. Tess Wolbert (De Dinkel, 200400538)	50m 00:39.89 39,89	100m 01:26.36 46,47	150m 02:13.23 46,87	03:00.42(+76)
7. 200m schoolslag - Heren 16 - 17 jaar (Jeugd 1 en 2)				
1. Sten Postma (VZC, 200000011)	50m 00:30.36 30,36	100m 01:04.26 33,90	150m 01:39.65 35,39	02:16.57(+69)
2. Quinn van den Heuvel (RTC-WVZ, 200100297)	50m 00:30.97 30,97	100m 01:05.92 34,95	150m 01:42.06 36,14	02:17.59(+73)
3. Thom Delno (VZC, 200000013)	50m 00:30.37 30,37	100m 01:05.07 34,70	150m 01:41.21 36,14	02:18.10(+76)
4. Juri Dijkstra (RTC-TriVia, 200002119)	50m 00:31.05 31,05	100m 01:06.72 35,67	150m 01:42.71 35,99	02:19.05(+71)
5. Stijn Boertien (Dedemsvaart-AC, 200100719)	50m 00:31.35 31,35	100m 01:06.77 35,42	150m 01:43.71 36,94	02:20.59(+79)
6. Joost de Roy van Zuydewijn (WVZ, 200000255)	50m 00:31.22 31,22	100m 01:06.98 35,76	150m 01:44.01 37,03	02:21.76(+68)
7. Olivier Jans (The Hague Swimming (SG), 200001815)	50m 00:32.25 32,25	100m 01:08.55 36,30	150m 01:45.40 36,85	02:22.48(+76)
8. Emile Dost (Borger, 200100731)	50m 00:32.42 32,42	100m 01:09.21 36,79	150m 01:46.70 37,49	02:24.31(+86)
9. Sander Crooijmans (RTC-VZC, 200100383)	50m 00:32.39 32,39	100m 01:09.57 37,18	150m 01:48.01 38,44	02:26.21(+79)
10. Vincent Crooijmans (RTC-VZC, 200100381)	50m 00:32.29 32,29	100m 01:09.43 37,14	150m 01:48.26 38,83	02:26.68(+73)
11. Martin Ruiters (Batavia Swim, 200001309)	50m 00:31.25 31,25	100m 01:07.70 36,45	150m 01:46.29 38,59	02:26.90(+68)
12. Marcel Delfstra (Wetterwille, 200100037)	50m 00:33.21 33,21	100m 01:10.69 37,48	150m 01:49.14 38,45	02:27.29(+72)
13. Rijk Dragstra (ZPC AMERSFOORT, 200102473)	50m 00:32.51 32,51	100m 01:10.33 37,82	150m 01:48.65 38,32	02:28.08(+73)
14. Daen Spoor (VZC, 200101117)	50m 00:32.28 32,28	100m 01:10.26 37,98	150m 01:49.67 39,41	02:29.31(+73)
15. David Anthonio (KSN (SG), 200102551)	50m 00:33.12 33,12	100m 01:11.45 38,33	150m 01:50.74 39,29	02:30.10(+80)
16. Gijsbert Pelleboer (De Dinkel, 200000327)	50m 00:32.75 32,75	100m 01:10.96 38,21	150m 01:50.84 39,88	02:30.25(+78)
17. Ian Sanders (Hellas-Glana, 200100373)	50m 00:33.59 33,59	100m 01:12.21 38,62	150m 01:51.54 39,33	02:30.58(+67)
18. Dave van den Nieuwendijk (De Columbiaan, 200100475)	50m 00:33.41 33,41	100m 01:11.69 38,28	150m 01:50.99 39,30	02:31.23(+76)
8. 100m vrije slag - Dames 14 - 15 jaar (Jeugd 1 en 2)				
1. Imani de Jong (RTC-ZPCH, 200200464)	50m 00:26.54 26,54			00:55.61(+69)
2. Femke Spiering (RTC-VZC, 200204514)	50m 00:26.61 26,61			00:55.96(+77)

3. Nienke Jonk (RTC-Hieronymus, 200203000) 50m 00:27.33 27,33	00:56.50(+69)
4. Elise Tanis (RTC-De Schoteijl, 200200120) 50m 00:27.35 27,35	00:57.08(+75)
5. Britta Koehorst (RTC-De Lansingh, 200300246) 50m 00:27.15 27,15	00:57.15(+74)
6. Silke Huisman (Orca, 200301182) 50m 00:27.75 27,75	00:58.49(+73)
7. Christy Geurts (RTC-WVZ, 200203734) 50m 00:27.91 27,91	00:58.53(+77)
8. Yara van Kalmthout (Nova, 200200984) 50m 00:28.28 28,28	00:58.75(+81)
9. Lieke Oude Lenferink (WS Twente, 200200068) 50m 00:28.22 28,22	00:58.93(+69)
10. Femke Hoppenbrouwer (The Hague Swimming (SG), 200301124) 50m 00:28.12 28,12	00:58.99(+78)
11. Vera Renshof (DWK, 200301582) 50m 00:28.77 28,77	00:59.08(+69)
12. Lindsey Berghuis (ZV 44, 200300104) 50m 00:28.32 28,32	00:59.10(+75)
13. Leonie van Wier (HZ&PC Heerenveen, 200200436) 50m 00:28.68 28,68	00:59.27(+71)
14. Jonna Wieling (Aquarijn, 200205266) 50m 00:28.86 28,86	00:59.36(+80)
15. Elisa Haverkate (ZPC De Hof, 200200266) 50m 00:28.65 28,65	00:59.41(+78)
16. Amy de Sain (De Dolfijn, 200304690) 50m 00:28.68 28,68	00:59.77(+73)
17. Tessa Kooi (Nova, 200201386) 50m 00:28.84 28,84	00:59.78(+91)
18. Kiki Koopman (De Dinkel, 200200232) 50m 00:28.37 28,37	00:59.83(+77)
19. Jule Franken (PSV, 200204024) 50m 00:28.55 28,55	00:59.84(+73)
20. Lynn Joor (WS Twente, 200300550) 50m 00:27.77 27,77	00:59.96(+71)
21. Amber Koning (Azuro, 200202842) 50m 00:29.36 29,36	01:00.00(+85)
21. Gabriela Töpfer (PSV, 200301764) 50m 00:28.91 28,91	01:00.00(+69)
23. Tessa Giele (SCOM/De Zeehond'73 (SG), 200203124) 50m 00:28.78 28,78	01:00.02(+64)
24. Lize van den Nieuwenhuijzen (PSV, 200304454) 50m 00:28.90 28,90	01:00.06(+75)
25. Amber Celie (De Dolfijn, 200300756) 50m 00:29.41 29,41	01:00.08(+78)
26. Gaia Sterre Mirotti (VZC, 200305158) 50m 00:29.07 29,07	01:00.10(+66)
27. Judith Houtvast (Hellas-Glana, 200300714) 50m 00:28.39 28,39	01:00.11(+79)

28. Michelle van Wijk (Groenlose Zwemvereniging, 200204746) 50m 00:29.47 29,47	01:00.22(+87)
29. Zante Janssen (Aqua-Novio'94, 200201786) 50m 00:28.69 28,69	01:00.30(+71)
30. Jocelyn Horbeek (ZPC De Hof, 200300302) 50m 00:29.63 29,63	01:00.40(+76)
31. Mila Maas (PSV, 200302966) 50m 00:28.93 28,93	01:00.45(+77)
31. Mariëlle Dolfijn (TriVia, 200201640) 50m 00:28.90 28,90	01:00.45(+81)
33. Lianne van Wier (HZ&PC Heerenveen, 200200438) 50m 00:29.30 29,30	01:00.47(+70)
34. Sasya van Hamersveld (Aqua-Novio'94, 200201454) 50m 00:28.92 28,92	01:00.72(+78)
35. Danique Bernard (Ed-Vo, 200200224) 50m 00:29.08 29,08	01:00.78(+60)
36. Megan de Hoog (SCOM/De Zeehond'73 (SG), 200300214) 50m 00:29.41 29,41	01:00.79(+75)
37. Denice Koolman (ZV 44, 200200132) 50m 00:29.44 29,44	01:00.88(+73)
38. Anastasia Renssen (TRB-RES, 200202588) 50m 00:29.05 29,05	01:00.90(+59)
39. Carlijn Hansté (WS Twente, 200201082) 50m 00:29.15 29,15	01:01.03(+75)
40. Joy van Dieren (De Dinkel, 200300182) 50m 00:29.27 29,27	01:01.12(+71)
41. Inge Dekker (TriVia, 200200476) 50m 00:29.86 29,86	01:01.31(+72)
42. Dionne Salomons (Borger, 200200504) 50m 00:29.56 29,56	01:01.33(+82)
43. Famke Slabbers (Aqua-Novio'94, 200200100) 50m 00:29.47 29,47	01:01.41(+81)
44. Yentle Muller (ESCA Zwemmen, 200200704) 50m 00:29.14 29,14	01:01.52(+77)
45. Roma Vrijhof (De Lansingh, 200201306) 50m 00:29.53 29,53	01:01.59(+72)
46. Eline Gros (Aqua-Novio'94, 200302700) 50m 00:28.99 28,99	01:01.60(+74)
46. Maaïke Broersma (BZ&PC, 200201522) 50m 00:28.92 28,92	01:01.60(+74)
48. Amy Lynn Zweers (Dedemsvaart-AC, 200300390) 50m 00:29.44 29,44	01:01.69(+76)
49. Ilona Venema (ReVeLie Swim Team, 200200050) [S10] 50m 00:29.48 29,48	01:01.76(+75)
50. Denise van der Burgt (Zeester-Meerval, 200201812) 50m 00:29.68 29,68	01:01.90(+73)
51. Zana Udo (De Forel, 200202686) 50m 00:29.40 29,40	01:01.95(+73)

52. Melina Carrillo Moreno (ZV De Zaan, 200300880) 50m 00:29.47 29,47	01:02.01(+73)
53. Ilse Kraaijeveld (The Hague Swimming (SG), 200202190) 50m 00:29.90 29,90	01:02.14(+74)
54. Lindsey de Harde (De Rijn, 200200098) 50m 00:29.70 29,70	01:02.16(+75)
55. Lisanne Boets (Nova, 200200346) 50m 00:30.04 30,04	01:02.30(+81)
56. Maudé Lesscher (De Veene, 200300018) 50m 00:29.41 29,41	01:02.91(+62)
57. Sade Simons (De Dolfijn, 200305544) 50m 00:30.73 30,73	01:03.38(+74)
58. Lotus van Geemen (VZC, 200201124) 50m 00:30.34 30,34	01:03.82(+70)
59. Isa v.d. Meijden (PSV, 200201980) 50m 00:30.98 30,98	01:04.17(+75)
DIS. Niamh Hofland (PSV, 200205118)	00:00.00
209. 100m vrije slag - Dames	
11 - 15 jaar (Jeugd 2 en later)	
1. Ilona Venema (ReVeLie Swim Team, 200200050) [S10] 50m 00:29.48 29,48	01:01.76(+75)
2. Feija de Bruin (WVZ, 200400106) [S10] 50m 00:33.68 33,68	01:10.23(+81)
3. Milou van Winkel (AZC, 200402296) [S14] 50m 00:35.51 35,51	01:15.93(+92)
4. Iris Onnink (De Vrije Slag, 200301836) [S10] 50m 00:36.05 36,05	01:16.39(+75)
5. Milena Keurentjes (NDD, 200404434) [S10] 50m 00:36.43 36,43	01:17.85(+68)
6. Rosalie van Druenen (BZV, 200305066) [S10] 50m 00:38.86 38,86	01:20.92(+78)
6. Mara de Bruin (DWK, 200303268) [S9] 50m 00:39.54 39,54	01:23.54(+85)
8. Diede Struijk (Nuenen, 200403824) [S12] 50m 00:40.62 40,62	01:24.06(+84)
10. 100m vrije slag - Heren	
12 - 12 jaar (Junioren 1)	
1. Colin Bes (Zwemclub Polaris, 200500201) 50m 00:28.95 28,95	01:00.51(+73)
2. Teye Chan (De Dommelbaarzen, 200501941) 50m 00:28.99 28,99	01:00.56(+69)
3. Niels Jansen (Aqua-Novio'94, 200501019) 50m 00:28.69 28,69	01:01.36(+68)
4. Emiel van Oord (The Hague Swimming (SG), 200503707) 50m 00:29.32 29,32	01:01.75(+64)
5. Domingo Kuipers (Orca, 200501787) 50m 00:29.98 29,98	01:02.60(+63)
6. Nick Buitendijk (Triton, 200500389) 50m 00:29.93 29,93	01:02.69(+80)

7. Sem Agterdenbos (MNC Dordrecht, 200500049)	01:02.70(+69)
50m 00:30.17 30,17	
8. Sven Klink (ZV 44, 200500349)	01:02.89(+70)
50m 00:29.69 29,69	
9. Rolf ter Keurs (De Veene, 200500137)	01:02.99(+79)
50m 00:29.84 29,84	
10. Edvin Hodzic (De Dommelbaarzen, 200501289)	01:03.24(+74)
50m 00:30.33 30,33	
11. Luka Geraerds (Hellas-Glana, 200502077)	01:03.25(+73)
50m 00:30.25 30,25	
12. Steijn Louter (ZC Aquadream, 200500793)	01:03.60(+69)
50m 00:30.99 30,99	
13. Menno Wieringa (De Lansingh, 200500927)	01:03.81(+73)
50m 00:30.23 30,23	
14. Yardan Taya (Zwemlust-den Hommel, 200501343)	01:04.13(+71)
50m 00:30.88 30,88	
15. Mats Meyer (Nova, 200500095)	01:05.06(+84)
50m 00:31.07 31,07	
16. Miles Steenvoorden (De Dolfijn, 200501637)	01:05.14(+82)
50m 00:31.66 31,66	
17. Sigsten Jonkman (ZPC De Zeeuwse Kust, 200500523)	01:05.72(+65)
50m 00:31.04 31,04	
18. Jasper Camphuijnder (OEZA, 200502367)	01:05.90(+90)
50m 00:31.34 31,34	
19. Rens Stijf (NDD, 200501419)	01:06.41(+61)
50m 00:31.60 31,60	
20. Jeremy Willemsen (Wijchen, 200500875)	01:06.63(+94)
50m 00:31.93 31,93	
21. Wouter Sies (TriVia, 200500369)	01:07.63(+75)
50m 00:32.00 32,00	
BM. Andrei Enache (The Hague Swimming (SG), 200503831)	BM
50m 00:29.94 29,94	
DIS. Lars Minnaert (VZV Njord, 200502355)	00:00.00
11. 100m vrije slag - Heren	
13 - 13 jaar (Junioren 2)	
1. Simon Claasen (ZPC AMERSFOORT, 200400231)	00:55.02(+73)
50m 00:26.21 26,21	
2. Stephan De Freitas Steverink (PSV, 200404481)	00:55.41(+66)
50m 00:26.45 26,45	
3. Merlin Belmon (De Dolfijn, 200403191)	00:55.61(+76)
50m 00:26.49 26,49	
4. Pieter Wisse (PSV, 200400779)	00:56.40(+77)
50m 00:27.50 27,50	
5. Jacco Nijland (ZPC De Hof, 200400081)	00:57.10(+80)
50m 00:27.56 27,56	
6. Jay de Vries (ZZ&PC De Devel, 200400669)	00:57.44(+72)
50m 00:27.63 27,63	
7. Kai Zwerver (FZC'54-De Vikings (SG), 200401175)	00:57.48(+74)
50m 00:27.60 27,60	

8. Hendrik van der Leest (FZC'54-De Vikings (SG), 200404339)	00:57.64(+74)
50m 00:27.75 27,75	
9. Hessel Broekstra (FZC'54-De Vikings (SG), 200400253)	00:57.75(+75)
50m 00:27.37 27,37	
10. Timo Kock (ZZ&PC De Devel, 200400387)	00:57.85(+78)
50m 00:28.01 28,01	
11. Michael van der Wal (MSV-Zeemacht, 200403151)	00:57.91(+60)
50m 00:28.13 28,13	
12. Jort van der Vlag (WS Twente, 200400335)	00:58.19(+71)
50m 00:28.10 28,10	
13. Robin van den Berg (ZV 44, 200400699)	00:58.37(+71)
50m 00:28.10 28,10	
14. Bram Verkuijlen (PSV, 200401381)	00:58.48(+76)
50m 00:27.94 27,94	
15. Ruben Claasen (ZPC AMERSFOORT, 200400229)	00:58.57(+61)
50m 00:27.82 27,82	
16. Chris van der Hout (The Hague Swimming (SG), 200401355)	00:58.80(+77)
50m 00:27.80 27,80	
17. Luca Janssen (Mosa-Regio, 200403237)	00:58.93(+73)
50m 00:28.58 28,58	
18. Daan Trinh (Hieronymus, 200401267)	00:59.02(+69)
50m 00:28.07 28,07	
19. Koen de Groot (Zwemclub Eijsden, 200401059)	00:59.72(+78)
50m 00:28.31 28,31	
20. Abel te Riele (WVZ, 200402317)	00:59.75(+76)
50m 00:28.94 28,94	
21. Damian Waas (De Warande, 200402285)	00:59.78(+76)
50m 00:28.91 28,91	
22. Julien Tanis (De Schotejil, 200401045)	00:59.95(+65)
50m 00:29.12 29,12	
23. Sem Lazeroms (Hieronymus, 200402921)	01:00.00(+76)
50m 00:28.42 28,42	
24. Teun van der Schrier (Hieronymus, 200403627)	01:00.02(+75)
50m 00:29.16 29,16	
24. Ruben van Veenen (ZCNF'34, 200400425)	01:00.02(+66)
50m 00:28.87 28,87	
26. Pepijn van Egmond (WVZ, 200402309)	01:00.07(+75)
50m 00:29.16 29,16	
27. David Groenewegen (PSV, 200400469)	01:00.27(+85)
50m 00:29.10 29,10	
28. Thijm Kruit (De Columbiaan, 200401339)	01:00.28(+71)
50m 00:29.16 29,16	
29. Serge Knops (Hellas-Glana, 200403867)	01:00.46(+70)
50m 00:27.77 27,77	
30. Nick Hendrickx (ReSet (SG), 200401025)	01:00.56(+76)
50m 00:29.57 29,57	
31. Mac Peeks (ZPC Hoogeveen, 200400153)	01:00.71(+73)
50m 00:28.72 28,72	
32. Chris Verhoeven (PSV, 200400593)	01:00.90(+75)
50m 00:29.13 29,13	

33. Jason van den Berg (Rotterdam Swimming (SG), 200400009) 50m 00:29.31 29,31	01:01.06(+67)
34. Yorrick Romeijn (De IJsselmeeuwen, 200402641) 50m 00:30.02 30,02	01:01.89(+80)
35. Raphaël Dessart (ZV De Zaan, 200401335) 50m 00:29.20 29,20	01:01.93(+77)
36. Olivier Reef (Zwemvereniging Woestduin, 200402905) 50m 00:29.13 29,13	01:01.96(+70)
37. Erik Oldenkamp (De Lansingh, 200400597) 50m 00:29.66 29,66	01:02.01(+73)
38. Bart Pardon (WVZ, 200400639) 50m 00:29.15 29,15	01:02.31(+67)
39. Anders van Norden (ZPC AMERSFOORT, 200400039) 50m 00:29.86 29,86	01:02.38(+79)
40. Floris Sonneveld (Nuenen, 200402953) 50m 00:30.77 30,77	01:02.65(+75)
12. 100m vrije slag - Heren 14 - 14 jaar (Junioren 3)	
1. Tim Korstanje (Aqua-Novio'94, 200300053) 50m 00:25.01 25,01	00:52.54(+69)
2. Esper Schreurs (ZEPS, 200300433) 50m 00:26.56 26,56	00:54.64(+81)
3. Luuk Bos (VZ&PC, 200300151) 50m 00:26.26 26,26	00:54.72(+66)
4. Lucas Peters (PSV, 200301325) 50m 00:26.63 26,63	00:54.94(+62)
5. Mike Gerritsen (Platella, 200304013) 50m 00:26.58 26,58	00:55.19(+72)
6. Wesley Zulver (ZVVS, 200301319) 50m 00:27.30 27,30	00:56.36(+70)
7. Rijk Heere (ZPC AMERSFOORT, 200300897) 50m 00:27.27 27,27	00:56.38(+70)
8. Yorick Visser (ZPC De Zeeuwse Kust, 200301957) 50m 00:26.93 26,93	00:56.47(+69)
9. Matej Danis (DWK, 200304745) 50m 00:26.69 26,69	00:56.48(+77)
10. Luuk Hulleman (ZVV, 200300189) 50m 00:26.92 26,92	00:56.60(+77)
11. Zev Bulk (WIDEX GZC DONK, 200304021) 50m 00:27.68 27,68	00:56.70(+61)
12. Stijn van den Berg (ZVV, 200300373) 50m 00:27.14 27,14	00:57.07(+68)
13. Thijs Bosma (De Dolfijn, 200302443) 50m 00:27.38 27,38	00:57.21(+65)
14. Freek Gabriels (TRB-RES, 200301407) 50m 00:27.86 27,86	00:57.71(+70)
15. Jarno Bijsterbosch (Octopus, 200300081) 50m 00:27.15 27,15	00:57.90(+64)
16. Jelle Bon (ZVVS, 200301077)	00:57.99(+71)

	50m 00:27.64 27,64	
17.	Thomas Tolsma (SBC2000, 200300613) 50m 00:28.06 28,06	00:58.15(+66)
18.	Thomas Swartjes (Aqua-Novio'94, 200302825) 50m 00:27.63 27,63	00:58.69(+75)
	DIS. Evano Ticoalu (Aqua-Novio'94, 200304751)	00:00.00
13.	100m vrije slag - Heren 15 - 15 jaar (Junioren 4)	
1.	Bjorn van Doesburg (Aquarijn, 200201867) 50m 00:24.75 24,75	00:51.16(+71)
2.	Sean Niewold (WVZ, 200204699) 50m 00:25.44 25,44	00:52.19(+73)
3.	Bryan Agterdenbos (MNC Dordrecht, 200200003) 50m 00:25.73 25,73	00:52.39(+67)
4.	Leon van den Hof (Dedemsvaart-AC, 200203269) 50m 00:25.67 25,67	00:53.40(+71)
5.	Lars Verhalle (VZC, 200200019) 50m 00:25.34 25,34	00:53.51(+76)
6.	Bram Zwetsloot (Nuenen, 200202117) 50m 00:25.88 25,88	00:53.69(+62)
7.	Adriaan Prové Kluit (RTC-WVZ, 200204397) 50m 00:26.04 26,04	00:53.85(+73)
8.	Brandon van den Berg (The Hague Swimming (SG), 200200669) 50m 00:26.04 26,04	00:53.89(+64)
9.	Elroy Schot (De Dolfijn, 200200689) 50m 00:25.71 25,71	00:53.93(+62)
10.	Sem Zijl (De Dolfijn, 200204757) 50m 00:26.06 26,06	00:54.21(+66)
11.	Nikhom Westphal (SCOM/De Zeehond'73 (SG), 200203329) 50m 00:26.64 26,64	00:54.37(+72)
12.	Milan Meurs (Nuenen, 200202079) 50m 00:26.04 26,04	00:54.73(+73)
13.	Tycho Atanasov (KSN (SG), 200201133) 50m 00:26.54 26,54	00:54.98(+70)
14.	Léon van der Geest (WS Twente, 200201005) 50m 00:26.09 26,09	00:55.05(+65)
15.	Jasper Thomas (Zwemsport Parkstad (SG), 200200427) 50m 00:26.93 26,93	00:55.11(+66)
16.	Tristan Scholten (Dedemsvaart-AC, 200201683) 50m 00:26.53 26,53	00:55.63(+68)
17.	Finn Vos (De Dolfijn, 200200665) 50m 00:27.30 27,30	00:55.89(+70)
14.	100m vrije slag - Heren 16 - 17 jaar (Jeugd 1 en 2)	
1.	Luc Kroon (RTC-Ed-Vo, 200100697) 50m 00:23.91 23,91	00:49.59(+75)
2.	Jelle Betten (RTC-DZ&PC, 200001535) 50m 00:24.87 24,87	00:50.94(+72)
3.	Austin Namesnik (ZPC AMERSFOORT, 200101817)	00:51.00(+61)

50m 00:24.47 24,47

4. Kenzo Simons (De Dolfijn, 200105415) 00:51.55(+68)
50m 00:24.67 24,67
5. Jylano Nahr (RTC-Zwemsport Parkstad (SG), 200102593) 00:52.25(+75)
50m 00:25.00 25,00
6. Sten Postma (VZC, 200000011) 00:52.34(+71)
50m 00:25.13 25,13
7. David Kuipers (Orca, 200003633) 00:52.94(+82)
50m 00:25.81 25,81
8. Jesse Zweers (Dedemsvaart-AC, 200100399) 00:53.11(+76)
50m 00:25.12 25,12
9. Sander Crooijmans (RTC-VZC, 200100383) 00:53.13(+79)
50m 00:25.56 25,56
10. Jelle Smid (Aqua-Novio'94, 200100627) 00:53.15(+64)
50m 00:25.51 25,51
11. Bas Morelissen (ZPC AMERSFOORT, 200100861) 00:53.27(+64)
50m 00:25.33 25,33
12. Anton Jansen (PSV, 200003621) 00:53.46(+69)
50m 00:25.68 25,68
13. Daniël Claasen (ZPC AMERSFOORT, 200100787) 00:53.50(+68)
50m 00:25.47 25,47
14. Darren Chen (KSN (SG), 200001149) 00:53.51(+65)
50m 00:25.96 25,96
15. Mart Niehoff (ZPC AMERSFOORT, 200100759) 00:53.64(+63)
50m 00:25.19 25,19
16. Vincent Crooijmans (RTC-VZC, 200100381) 00:53.86(+69)
50m 00:25.84 25,84
17. Sebastiaan Rottier (TriVia, 200000147) 00:53.87(+72)
50m 00:25.85 25,85
18. Renger Bootsma (Octopus, 200002563) 00:53.89(+81)
50m 00:25.95 25,95
19. Quinn van den Heuvel (RTC-WVZ, 200100297) 00:53.91(+74)
50m 00:26.19 26,19
20. Hendrik Broekema (Bubble, 200002205) 00:54.05(+65)
50m 00:26.00 26,00
21. Floris de Leeuw (The Hague Swimming (SG), 200105317) 00:54.13(+71)
50m 00:26.40 26,40
22. Jeroen Aerssens (Scheldestroom, 200100061) 00:54.21(+66)
50m 00:25.77 25,77
22. Nick van der Woude (ZV Haerlem, 200001391) 00:54.21(+77)
50m 00:26.17 26,17
24. Marc Botter (The Hague Swimming (SG), 200000329) 00:54.31(+62)
50m 00:25.98 25,98
25. Dave van der Voet (De Dolfijn, 200102783) 00:54.35(+73)
50m 00:26.10 26,10
26. David Anthonio (KSN (SG), 200102551) 00:54.89(+85)
50m 00:26.61 26,61
27. Bart Muselaers (Octopus, 200100865) 00:54.94(+69)
50m 00:26.29 26,29

28. Wouter Schmit (PSV, 200004895) 50m 00:27.19 27,19	00:56.86(+65)
DIS. Tyrese Wilson (ZPC AMERSFOORT, 200000223)	00:00.00
215. 100m vrije slag - Heren 12 - 17 jaar	
1. Duncan van Haaren (NTC PARA-WIDEX GZC DONK, 200000681) [S10] 50m 00:26.53 26,53	00:55.75(+70)
2. Sam Janmaat (ZPC AMERSFOORT, 200203017) [S10] 50m 00:26.89 26,89	00:55.78(+71)
3. Querijn Hensen (The Hague Swimming (SG), 200102121) [S10] 50m 00:26.75 26,75	00:56.22(+70)
4. Nathan Wees (ZPC AMERSFOORT, 200101427) [S10] 50m 00:27.75 27,75	00:58.63(+63)
5. Thomas van Wanrooij (NTC PARA-Poseidon '56, 200201473) [S13] 50m 00:27.61 27,61	00:58.88(+85)
6. Yanu van Leeuwen (TZC-Vahalis, 200500509) [S9] 50m 00:35.26 35,26	01:14.93(+81)
7. Daan Waterlander (HZ&PC Heerenveen, 200203405) [S9] 50m 00:39.28 39,28	01:21.78(+94)
8. Nick Selten (Merlet, 200403275) [S9] 50m 00:40.56 40,56	01:23.37(+88)
9. Josh Renkema (De Otters Het Gooi, 200402537) [S7] 50m 00:51.10 51,10	01:44.41(+64)
16. 100m vlinderslag - Dames 14 - 15 jaar (Jeugd 1 en 2)	
1. Nienke Jonk (RTC-Hieronymus, 200203000) 50m 00:28.59 28,59	01:01.12(+76)
2. Elise Tanis (RTC-De Schoteijl, 200200120) 50m 00:29.03 29,03	01:02.29(+71)
3. Femke Spiering (RTC-VZC, 200204514) 50m 00:29.34 29,34	01:02.99(+76)
4. Lotte Hosper (RTC-Racing Club, 200201414) 50m 00:29.79 29,79	01:03.60(+82)
5. Tessa Giele (SCOM/De Zeehond'73 (SG), 200203124) 50m 00:30.05 30,05	01:03.78(+64)
6. Britta Koehorst (RTC-De Lansingh, 200300246) 50m 00:30.27 30,27	01:04.44(+74)
7. Lynn Joor (WS Twente, 200300550) 50m 00:30.12 30,12	01:04.49(+71)
8. Amy de Sain (De Dolfijn, 200304690) 50m 00:30.17 30,17	01:04.66(+74)
9. Imani de Jong (RTC-ZPCH, 200200464) 50m 00:30.24 30,24	01:05.25(+72)
10. Nikki Smeets (Hellas-Glana, 200200080) 50m 00:29.99 29,99	01:05.50(+70)
11. Gabriela Töpfer (PSV, 200301764) 50m 00:30.69 30,69	01:06.14(+73)
12. Judith Houtvast (Hellas-Glana, 200300714) 50m 00:30.60 30,60	01:06.33(+77)

13. Amber Koning (Azuro, 200202842) 50m 00:31.43 31,43	01:06.79(+89)
14. Jonna Wieling (Aquarijn, 200205266) 50m 00:31.25 31,25	01:06.97(+75)
15. Sade Simons (De Dolfijn, 200305544) 50m 00:31.82 31,82	01:07.01(+73)
16. Christy Geurts (RTC-WVZ, 200203734) 50m 00:31.52 31,52	01:07.31(+76)
17. Maaïke Issard (The Hague Swimming (SG), 200300022) 50m 00:30.77 30,77	01:07.93(+76)
18. Amber Celie (De Dolfijn, 200300756) 50m 00:31.30 31,30	01:07.97(+73)
19. Irina de Ridder (ZPC De Zeeuwse Kust, 200301224) 50m 00:32.22 32,22	01:08.84(+75)
20. Lieke Oude Lenferink (WS Twente, 200200068) 50m 00:31.44 31,44	01:08.91(+71)
21. Femke van Boheemen (LZ&PC De Haaien, 200201506) 50m 00:31.78 31,78	01:08.99(+69)
22. Ilona Venema (ReVeLie Swim Team, 200200050) [S10] 50m 00:32.10 32,10	01:09.00(+73)
23. Kim Zwinkels (ZPCH, 200300422) 50m 00:31.87 31,87	01:09.02(+77)
24. Danique Bernard (Ed-Vo, 200200224) 50m 00:31.83 31,83	01:09.51(+64)
25. Tessa Kooi (Nova, 200201386) 50m 00:31.96 31,96	01:09.69(+90)
26. Lionne Klarenbeek (ZPC De Hof, 200300108) 50m 00:32.30 32,30	01:09.71(+77)
27. Lize van den Nieuwenhuijzen (PSV, 200304454) 50m 00:32.72 32,72	01:09.74(+77)
28. Masha Polushkina (ReVeLie Swim Team, 200203064) 50m 00:32.25 32,25	01:09.79(+88)
29. Manon van der Wielen (HZPC, 200200550) 50m 00:32.39 32,39	01:09.91(+78)
30. Maaïke Broersma (BZ&PC, 200201522) 50m 00:31.73 31,73	01:10.01(+75)
31. Lena Minderaa (DWK, 200300252) 50m 00:32.38 32,38	01:10.12(+76)
31. Elisa Haverkate (ZPC De Hof, 200200266) 50m 00:32.21 32,21	01:10.12(+77)
33. Jocelyn Horbeek (ZPC De Hof, 200300302) 50m 00:33.10 33,10	01:10.34(+75)
34. Maudé Lesscher (De Veene, 200300018) 50m 00:31.66 31,66	01:10.38(+65)
35. Lindsey de Harde (De Rijn, 200200098) 50m 00:32.32 32,32	01:10.99(+75)
36. Amy Lynn Zweers (Dedemsvaart-AC, 200300390) 50m 00:32.35 32,35	01:11.56(+77)
37. Kemi van de Wetering (Aqua-Novio'94, 200201456) 50m 00:33.02 33,02	01:11.88(+74)

38. Lianne van Wier (HZ&PC Heerenveen, 200200438)	01:17.56(+73)
50m 00:32.85 32,85	
17. 100m vlinderslag - Dames	
11 - 11 jaar (Junioren 1)	
1. Pippa van 't Land (ZPC AMERSFOORT, 200600426)	01:10.83(+76)
50m 00:32.29 32,29	
2. Valerie van der Velden (PSV, 200600860)	01:14.81(+78)
50m 00:34.20 34,20	
3. Jade van der Maas (WVZ, 200600408)	01:15.26(+79)
50m 00:34.96 34,96	
4. Estelle van Wijngaarden (ZPB H&L Productions, 200601020)	01:15.71(+73)
50m 00:34.69 34,69	
5. Melissa Odemis (ZV Haerlem, 200602422)	01:19.86(+76)
50m 00:35.87 35,87	
6. Mara Tims (Van Vliet-Barracuda, 200601136)	01:20.82(+79)
50m 00:36.76 36,76	
7. Kimberly Ruiter (De Columbiaan, 200600492)	01:20.90(+76)
50m 00:36.17 36,17	
8. Djanilla Brink (DAW, 200600988)	01:21.45(+85)
50m 00:35.77 35,77	
9. Sienna Albers (De Dolfijn, 200601342)	01:21.60(+76)
50m 00:35.96 35,96	
10. Monique Tienstra (TriVia, 200600354)	01:23.54(+74)
50m 00:40.16 40,16	
18. 100m vlinderslag - Dames	
12 - 12 jaar (Junioren 2)	
1. Thera Janssen (Aqua-Novio'94, 200500270)	01:08.72(+73)
50m 00:31.57 31,57	
2. Noa Teuben (FZC'54-De Vikings (SG), 200500254)	01:10.35(+68)
50m 00:33.75 33,75	
3. Nienke Bakker (TriVia, 200501178)	01:13.40(+76)
50m 00:34.15 34,15	
4. Francesca Coppo (De Dolfijn, 200501242)	01:13.89(+73)
50m 00:34.51 34,51	
5. Lianne Beekman (ZVV, 200500124)	01:15.58(+74)
50m 00:34.18 34,18	
6. Jelsie van Ruijven (WVZ, 200500282)	01:15.69(+72)
50m 00:34.47 34,47	
7. Nurlaylah Kartosentiko (ZVVS, 200501256)	01:16.42(+71)
50m 00:33.76 33,76	
19. 100m vlinderslag - Dames	
13 - 13 jaar (Junioren 3)	
1. Anna van Droffelaar (RTC-ZVVS, 200400258)	01:06.98(+68)
50m 00:31.12 31,12	
2. Veerle Nieborg (TriVia, 200400428)	01:07.18(+74)
50m 00:31.47 31,47	
3. Ismay Lichtendonk (Dedemsvaart-AC, 200400622)	01:07.45(+74)
50m 00:31.90 31,90	
4. Emma Hofstee (TriVia, 200401282)	01:08.06(+76)

50m 00:32.02 32,02	
5. Sterre Hendriks (PSV, 200401288) 50m 00:32.01 32,01	01:08.17(+83)
6. Rinske Bouman (ZZ&PC De Devel, 200400578) 50m 00:32.70 32,70	01:10.40(+81)
7. Kirsten Verhalle (VZC, 200400210) 50m 00:32.31 32,31	01:10.68(+84)
8. Nora van der Steen (LinK, 200403458) 50m 00:33.41 33,41	01:11.13(+76)
9. Puck Koopman (De Dinkel, 200400038) 50m 00:32.44 32,44	01:11.62(+82)
10. Britt van den Boom (Zwemsport Parkstad (SG), 200401178) 50m 00:32.94 32,94	01:13.48(+78)
11. Lize van Stigt (LinK, 200401510) 50m 00:33.66 33,66	01:13.63(+65)
DIS: Amber Jacobs (NDD, 200403412)	00:00.00
220. 100m vlinderslag - Dames 11 - 15 jaar (Jeugd 2 en later)	
1. Ilona Venema (ReVeLie Swim Team, 200200050) [S10] 50m 00:32.10 32,10	01:09.00(+73)
2. Feija de Bruin (WVZ, 200400106) [S10] 50m 00:37.56 37,56	01:23.63(+87)
3. Milou van Winkel (AZC, 200402296) [S14] 50m 00:45.22 45,22	01:42.69(+84)
21. 100m vlinderslag - Heren 16 - 17 jaar (Jeugd 1 en 2)	
1. Jylano Nahr (RTC-Zwemsport Parkstad (SG), 200102593) 50m 00:25.59 25,59	00:55.54(+79)
2. Austin Namesnik (ZPC AMERSFOORT, 200101817) 50m 00:25.78 25,78	00:55.76(+61)
3. Junior de Bruin (ZPC Hoogeveen, 200000839) 50m 00:25.80 25,80	00:55.78(+70)
4. Tim Hoogerwerf (DWK, 200005587) 50m 00:26.35 26,35	00:56.75(+76)
5. Jari Groenhart (RTC-TriVia, 200000271) 50m 00:26.60 26,60	00:57.28(+74)
6. Dennis Kamps (De Dinkel, 200000191) 50m 00:26.37 26,37	00:57.31(+74)
7. Niels de Boer (Eurode KZC, 200001977) 50m 00:26.99 26,99	00:58.31(+74)
8. Gerard Willighagen (Poseidon'56, 200103663) 50m 00:27.37 27,37	00:58.52(+69)
9. Bernardus De Freitas Steverink (PSV, 200105427) 50m 00:27.43 27,43	00:58.73(+61)
10. Brent Günther (VZC, 200000447) 50m 00:28.08 28,08	00:59.31(+63)
11. Max Visser (WVZ, 200100077) 50m 00:27.77 27,77	00:59.58(+76)
12. Bas Morelissen (ZPC AMERSFOORT, 200100861)	00:59.90(+70)

	50m 00:28.02 28,02	
13.	Mart Niehoff (ZPC AMERSFOORT, 200100759) 50m 00:28.34 28,34	01:00.72(+62)
14.	Marcel Delfstra (Wetterwille, 200100037) 50m 00:28.69 28,69	01:01.22(+71)
15.	Raf Hendriks (Hellas-Glana, 200100879) 50m 00:28.53 28,53	01:01.28(+81)
16.	Dave van der Voet (De Dolfijn, 200102783) 50m 00:28.99 28,99	01:01.60(+74)
17.	Anton Jansen (PSV, 200003621) 50m 00:29.03 29,03	01:01.66(+70)
18.	Daen Spoor (VZC, 200101117) 50m 00:28.45 28,45	01:02.08(+72)
19.	Wouter Schmit (PSV, 200004895) 50m 00:28.97 28,97	01:02.70(+66)
20.	Rick Bulman (PSV, 200101899) 50m 00:29.26 29,26	01:03.50(+69)
222.	100m vlinderslag - Heren 12 - 17 jaar	
1.	Bastian Renshoff (Octopus, 200001261) [S10] 50m 00:29.78 29,78	01:04.88(+76)
2.	Nathan Wees (ZPC AMERSFOORT, 200101427) [S10] 50m 00:31.75 31,75	01:08.93(+71)
3.	Yanu van Leeuwen (TZC-Vahalis, 200500509) [S9] 50m 00:39.68 39,68	01:26.21(+81)
23.	50m schoolslag - Dames 14 - 15 jaar (Jeugd 1 en 2)	
1.	Britta Koehorst (RTC-De Lansingh, 200300246)	00:32.61(+70)
2.	Jule Franken (PSV, 200204024)	00:33.05(+73)
3.	Lynn Joor (WS Twente, 200300550)	00:33.23(+71)
4.	Tessa Loos (ZC Aquadream, 200200608)	00:33.39(+60)
5.	Birgit van Buiten (DWK, 200200498)	00:33.57(+74)
6.	Silke Huisman (Orca, 200301182)	00:33.70(+73)
7.	Mandy van Rossum (Aqua-Novio'94, 200204904)	00:33.75(+73)
8.	Lotte Pieterman (ZV 44, 200301838)	00:33.96(+68)
9.	Mirthe Schenkel (ZPC Hoogeveen, 200300666)	00:34.15(+77)
10.	Zanthe Janssen (Aqua-Novio'94, 200201786)	00:34.49(+81)
11.	Kim de Jong (LinK, 200301026)	00:34.78(+79)
12.	Kemi van de Wetering (Aqua-Novio'94, 200201456)	00:34.94(+73)
13.	Amy de Sain (De Dolfijn, 200304690)	00:34.98(+75)
14.	Isabelle Elsweier (WS Twente, 200303614)	00:35.03(+86)
15.	Kim Jansen van Galen (PSV, 200201594)	00:35.06(+79)
16.	Josse Bergman (VZC, 200305146)	00:35.09(+71)
17.	Lieke Oude Lenferink (WS Twente, 200200068)	00:35.33(+70)
17.	Grace Anderson (WVZ, 200200578)	00:35.33(+74)

19. Isa Boom (MNC Dordrecht, 200200186)	00:35.39(+68)
19. Lisanne Boets (Nova, 200200346)	00:35.39(+83)
21. Anastasia Renssen (TRB-RES, 200202588)	00:35.45(+62)
22. Fleur Dijkhuizen (De Otters Het Gooi, 200201554)	00:35.48(+74)
23. Esther Tiemersma (ZPC De Zeeuwse Kust, 200202962)	00:35.64(+68)
24. Sarah el Bacha (De Dolfijn, 200201104)	00:35.83(+70)
25. Amber Koning (Azuro, 200202842)	00:35.88(+84)
26. Rozemarijn van Haaff (ZOB'66, 200201852)	00:35.96(+70)
27. Silke Bliet (Hellas-Glana, 200301948)	00:36.03(+74)
28. Quinty Rouschop (Zwemsport Parkstad (SG), 200300208)	00:36.06(+75)
29. Britt Steunenbergh (The Hague Swimming (SG), 200302588)	00:36.14(+66)
30. Jade Hoppenbrouwers (WZV, 200301690)	00:36.21(+71)
31. Judith Houtvast (Hellas-Glana, 200300714)	00:36.31(+74)
32. Nienke Mierop (De Schotelij, 200203294)	00:36.36(+76)
33. Leonie van Wier (HZ&PC Heerenveen, 200200436)	00:36.58(+72)
34. Kim Becx (Hieronymus, 200302766)	00:36.62(+72)
35. Indy te Molder (Livo, 200301380)	00:36.69(+84)
36. Solenn Hoeben (Nederweert, 200303606)	00:36.75(+79)
37. Lianne van Wier (HZ&PC Heerenveen, 200200438)	00:37.03(+71)
38. Lotte Koornneef (The Hague Swimming (SG), 200303584)	00:37.20(+78)
224. 50m schoolslag - Dames <i>11 - 15 jaar (Jeugd 2 en later)</i>	
1. Iris Onnink (De Vrije Slag, 200301836) [SB9]	00:44.23(+73)
2. Milena Keurentjes (NDD, 200404434) [SB9]	00:45.25(+68)
3. Rosalie van Druenen (BZV, 200305066) [SB9]	00:46.40(+82)
4. Mayke van Tintelen (OZ&PC, 200200688) [SB14]	00:46.59(+85)
4. Feija de Bruin (WVZ, 200400106) [SB9]	00:46.73(+88)
6. Mara de Bruin (DWK, 200303268) [SB8]	00:52.23(+81)
25. 50m schoolslag - Heren <i>12 - 12 jaar (Junioren 1)</i>	
1. Emiel van Oord (The Hague Swimming (SG), 200503707)	00:34.59(+66)
2. Tijn van Kuijk (HZPC, 200501087)	00:34.79(+73)
3. Miles Steenvoorden (De Dolfijn, 200501637)	00:35.08(+75)
4. Yardan Taya (Zwemlust-den Hommel, 200501343)	00:35.41(+66)
5. Teye Chan (De Dommelbaarzen, 200501941)	00:35.94(+71)
6. Rolf ter Keurs (De Veene, 200500137)	00:36.04(+83)
6. Domingo Kuipers (Orca, 200501787)	00:36.04(+64)
8. Steijn Louter (ZC Aquadream, 200500793)	00:36.20(+67)
9. Edvin Hodzic (De Dommelbaarzen, 200501289)	00:36.92(+69)

10. River Streefland (The Hague Swimming (SG), 200502253)	00:37.64(+76)
11. Mika Bongers (ESCA Zwemmen, 200502683)	00:37.75(+50)
12. Luc Smithuis (Wijchen, 200502649)	00:37.93(+79)
13. Yanieck Frijstein (Deltasteur, 200500329)	00:38.49(+72)
26. 50m schoolslag - Heren <i>13 - 13 jaar (Junioren 2)</i>	
1. Hessel Broekstra (FZC'54-De Vikings (SG), 200400253)	00:31.99(+74)
2. Ruben Claasen (ZPC AMERSFOORT, 200400229)	00:32.07(+64)
3. Pieter Wisse (PSV, 200400779)	00:32.52(+79)
4. Merlin Belmon (De Dolfijn, 200403191)	00:33.25(+72)
5. Serge Knops (Hellas-Glana, 200403867)	00:33.28(+67)
6. Bart Pardon (WVZ, 200400639)	00:33.97(+65)
7. Timo Wouters (MNC Dordrecht, 200401363)	00:34.07(+71)
8. Jelle Kockx (Mosa-Regio, 200401697)	00:34.29(+66)
9. Koen de Groot (Zwemclub Eijsden, 200401059)	00:34.30(+73)
10. Luuk van Rooij (PSV, 200400581)	00:34.67(+72)
10. Timo Kock (ZZ&PC De Devel, 200400387)	00:34.67(+81)
12. Jason van den Berg (Rotterdam Swimming (SG), 200400009)	00:34.73(+64)
13. Anders van Norden (ZPC AMERSFOORT, 200400039)	00:34.82(+76)
14. Niek Lammertink (ZPC De Hof, 200400079)	00:35.13(+73)
15. Julien Tanis (De Schotegil, 200401045)	00:35.45(+69)
16. Finn Reijnders (Kimbria, 200400223)	00:35.56(+66)
17. Robin van den Berg (ZV 44, 200400699)	00:35.63(+72)
18. Olivier Reef (Zwemvereniging Woestduin, 200402905)	00:35.71(+66)
19. Amun Majidzada (Zwemlust-den Hommel, 200401391)	00:35.98(+64)
20. Danny Brown (ZV 44, 200401511)	00:36.02(+80)
21. Erik Oldenkamp (De Lansingh, 200400597)	00:36.53(+68)
27. 50m schoolslag - Heren <i>14 - 14 jaar (Junioren 3)</i>	
1. Tim Korstanje (Aqua-Novio'94, 200300053)	00:29.55(+70)
2. Wesley Zulver (ZVVS, 200301319)	00:30.85(+70)
3. Esper Schreurs (ZEPS, 200300433)	00:30.89(+75)
4. Luuk Bos (VZ&PC, 200300151)	00:31.55(+64)
5. Tyrese Sitania (Aqua-Novio'94, 200301999)	00:31.75(+68)
6. Kylian Heederik (Deltasteur, 200300353)	00:31.86(+71)
7. Ivo Kroes (Azuro, 200300079)	00:32.69(+76)
7. Rijk Heere (ZPC AMERSFOORT, 200300897)	00:32.69(+70)
9. Thomas Swartjes (Aqua-Novio'94, 200302825)	00:32.73(+73)
10. Sam van der Stroom (PSV, 200304409)	00:32.83(+70)
11. Kieran de Heer (De Veene, 200301009)	00:32.93(+66)

12. Antwan Prins (De Hardenberg, 200300209)	00:33.01(+75)
13. Tristan Beugelsdijk (De Hardenberg, 200300783)	00:33.26(+72)
14. Milan Hamel (The Hague Swimming (SG), 200302125)	00:33.27(+69)
15. Xander Vis (De Schotejil, 200300173)	00:33.36(+70)
16. Lucas Pfaff (ZPC Woerden, 200303391)	00:33.40(+75)
17. Tim Tielkemeijer (Zwemvereniging Hoogland, 200301393)	00:33.60(+60)
18. Mel van Gemert (PSV, 200300323)	00:34.35(+77)
28. 50m schoolslag - Heren <i>15 - 15 jaar (Junioren 4)</i>	
1. Bram Zwetsloot (Nuenen, 200202117)	00:29.87(+63)
2. Timo Spaans (PSV, 200201087)	00:30.23(+71)
3. Guido Brink (ZPC De Zeeuwse Kust, 200200199)	00:30.90(+63)
4. Lars Verhalle (VZC, 200200019)	00:31.08(+73)
5. Jurre Hanstede (De Dinkel, 200201019)	00:31.40(+78)
6. Elroy Schot (De Dolfijn, 200200689)	00:31.44(+64)
7. Scott Jansen (WVZ, 200202455)	00:32.24(+76)
8. Devin Servais (De Dommelbaarzen, 200202285)	00:32.61(+71)
DIS. Sean Niewold (WVZ, 200204699)	00:00.00
29. 50m schoolslag - Heren <i>16 - 17 jaar (Jeugd 1 en 2)</i>	
1. Juri Dijkstra (RTC-TriVia, 200002119)	00:27.99(+69)
2. Stijn Boertien (Dedemsvaart-AC, 200100719)	00:28.82(+74)
3. Thom Delno (VZC, 200000013)	00:29.21(+71)
4. Martin Ruiter (Batavia Swim, 200001309)	00:29.24(+64)
5. Rick Bulman (PSV, 200101899)	00:29.33(+70)
6. Quinn van den Heuvel (RTC-WVZ, 200100297)	00:29.43(+71)
7. Jesse Zweers (Dedemsvaart-AC, 200100399)	00:29.77(+73)
8. Derk Beemer (PSV, 200002901)	00:30.17(+69)
9. Milan ten Broek (ZPC AMERSFOORT, 200000229)	00:30.25(+65)
10. Gijsbert Pelleboer (De Dinkel, 200000327)	00:30.27(+84)
11. Tyrese Wilson (ZPC AMERSFOORT, 200000223)	00:30.30(+63)
12. Joost de Roy van Zuydewijn (WVZ, 200000255)	00:30.35(+70)
13. Emile Dost (Borger, 200100731)	00:30.44(+73)
13. Jylano Nahr (RTC-Zwemsport Parkstad (SG), 200102593)	00:30.44(+75)
15. Duncan van Haaren (NTC PARA-WIDEX GZC DONK, 200000681) [SB9]	00:30.50(+71)
16. Nick van der Woude (ZV Haerlem, 200001391)	00:30.57(+72)
17. Olivier Jans (The Hague Swimming (SG), 200001815)	00:30.63(+72)
18. Rijk Dragstra (ZPC AMERSFOORT, 200102473)	00:30.84(+76)
19. Dave van den Nieuwendijk (De Columbiaan, 200100475)	00:30.91(+76)
20. Daen Spoor (VZC, 200101117)	00:30.95(+70)

21. Anton Jansen (PSV, 200003621)	00:30.99(+68)
22. Bjarne Langkamp (Aqua-Novio'94, 200002723)	00:31.23(+75)
23. Nick Stikkelman (DAW, 200100593)	00:31.93(+63)
24. Matthijs Westmijze (ESCA Zwemmen, 200101195)	00:32.04(+79)
25. Ian Sanders (Hellas-Glana, 200100373)	00:32.08(+68)
26. Junior Vermeulen (De Bevelanders, 200103363)	00:32.12(+67)
27. Guy Hungens (Tempo, 200101697)	00:32.14(+70)
28. Stefan Tomicic (RZ, 200101271)	00:32.15(+72)
230. 50m schoolslag - Heren	
<i>12 - 17 jaar</i>	
1. Duncan van Haaren (NTC PARA-WIDEX GZC DONK, 200000681) [SB9]	00:30.50(+71)
2. Bastian Renshoff (Octopus, 200001261) [SB9]	00:33.46(+75)
3. Sam Janmaat (ZPC AMERSFOORT, 200203017) [SB9]	00:33.65(+70)
4. Querijn Hensen (The Hague Swimming (SG), 200102121) [SB9]	00:33.84(+71)
5. Thomas van Wanrooij (NTC PARA-Poseidon '56, 200201473) [SB13]	00:36.31(+81)
6. Yanu van Leeuwen (TZC-Vahalis, 200500509) [SB8]	00:44.79(+80)
7. Willem Poortinga (Wetterwille, 200105093) [SB9]	00:42.13(+78)
8. Josh Renkema (De Otters Het Gooi, 200402537) [SB6]	01:07.21(+67)
31. 400m vrije slag - Dames	
<i>11 - 11 jaar (Junioren 1)</i>	
1. Lobke Arts (Aqua-Novio'94, 200600622)	05:08.52(+86)
50m 00:34.76 34,76 150m 01:52.78 39,27 250m 03:11.77 39,18 350m 04:31.25 39,50	
100m 01:13.51 38,75 200m 02:32.59 39,81 300m 03:51.75 39,98	
2. Megan Jonkman (The Hague Swimming (SG), 200600508)	05:09.29(+76)
50m 00:34.81 34,81 150m 01:53.76 39,60 250m 03:13.08 39,64 350m 04:31.96 39,82	
100m 01:14.16 39,35 200m 02:33.44 39,68 300m 03:52.14 39,06	
3. Robyn Hulleman (ZVV, 200600890)	05:09.79(+75)
50m 00:34.80 34,80 150m 01:52.92 39,72 250m 03:12.55 40,03 350m 04:32.88 40,39	
100m 01:13.20 38,40 200m 02:32.52 39,60 300m 03:52.49 39,94	
4. Charley Blide (ZPC Hoogeveen, 200600164)	05:12.17(+83)
50m 00:34.11 34,11 150m 01:51.93 39,67 250m 03:12.17 40,19 350m 04:32.63 40,45	
100m 01:12.26 38,15 200m 02:31.98 40,05 300m 03:52.18 40,01	
5. Leyla Oversluizen (De Schotegil, 200602730)	05:15.35(+65)
50m 00:34.70 34,70 150m 01:54.18 40,15 250m 03:16.82 41,72 350m 04:38.62 40,65	
100m 01:14.03 39,33 200m 02:35.10 40,92 300m 03:57.97 41,15	
6. Kim Oudendijk (KZC, 200600964)	05:16.50(+74)
50m 00:35.84 35,84 150m 01:54.98 39,52 250m 03:16.43 40,57 350m 04:37.77 40,97	
100m 01:15.46 39,62 200m 02:35.86 40,88 300m 03:56.80 40,37	
7. Sara Korthuis (TriVia, 200600494)	05:17.16(+74)
50m 00:34.07 34,07 150m 01:53.89 39,91 250m 03:16.33 41,61 350m 04:38.51 40,83	
100m 01:13.98 39,91 200m 02:34.72 40,83 300m 03:57.68 41,35	
8. Jade van der Maas (WVZ, 200600408)	05:17.38(+79)
50m 00:35.65 35,65 150m 01:56.04 40,72 250m 03:18.24 41,11 350m 04:39.36 39,91	
100m 01:15.32 39,67 200m 02:37.13 41,09 300m 03:59.45 41,21	
9. Evy Rozeboom (WZ&PC Purmerend, 200601338)	05:17.49(+79)
50m 00:35.92 35,92 150m 01:58.18 41,48 250m 03:19.36 40,50 350m 04:39.03 40,71	
100m 01:16.70 40,78 200m 02:38.86 40,68 300m 03:58.32 38,96	

10. Aniek Ausema (De Hardenberg, 200602084)					05:20.38(+98)
50m	00:37.27 37,27	150m 01:56.77 40,16	250m 03:18.90 40,26	350m 04:41.46 41,47	
100m	01:16.61 39,34	200m 02:38.64 41,87	300m 03:59.99 41,09		
11. Avery Collins (The Hague Swimming (SG), 200603622)					05:21.27(+71)
50m	00:36.36 36,36	150m 01:58.81 41,77	250m 03:20.15 39,55	350m 04:42.68 41,14	
100m	01:17.04 40,68	200m 02:40.60 41,79	300m 04:01.54 41,39		
12. Djanilla Brink (DAW, 200600988)					05:22.78(+90)
50m	00:36.45 36,45	150m 01:55.54 39,68	250m 03:16.94 39,68	350m 04:42.74 42,83	
100m	01:15.86 39,41	200m 02:37.26 41,72	300m 03:59.91 42,97		
13. Joëlle de Does (Ed-Vo, 200600008)					05:29.76(+76)
50m	00:36.28 36,28	150m 01:59.43 41,73	250m 03:23.15 42,11	350m 04:47.98 42,54	
100m	01:17.70 41,42	200m 02:41.04 41,61	300m 04:05.44 42,29		
14. Karuna Meirmans (KZC, 200601682)					05:32.96(+116)
50m	00:36.73 36,73	150m 01:57.19 40,33	250m 03:21.43 42,27	350m 04:48.72 44,82	
100m	01:16.86 40,13	200m 02:39.16 41,97	300m 04:03.90 42,47		
15. Valerie van der Velden (PSV, 200600860)					05:35.48(+79)
50m	00:35.43 35,43	150m 01:58.34 42,08	250m 03:24.14 43,43	350m 04:52.62 44,29	
100m	01:16.26 40,83	200m 02:40.71 42,37	300m 04:08.33 44,19		
16. Linde van Wijngaarden (De Dolfijn, 200601372)					05:41.66(+83)
50m	00:35.82 35,82	150m 02:00.16 42,95	250m 03:27.38 44,26	350m 04:57.99 45,72	
100m	01:17.21 41,39	200m 02:43.12 42,96	300m 04:12.27 44,89		
32. 400m vrije slag - Dames					
12 - 12 jaar (Junioren 2)					
1. Thera Janssen (Aqua-Novio'94, 200500270)					04:40.99(+85)
50m	00:31.73 31,73	150m 01:42.41 35,36	250m 02:55.14 36,27	350m 04:07.04 36,15	
100m	01:07.05 35,32	200m 02:18.87 36,46	300m 03:30.89 35,75		
2. Yke Groener (De Dinkel, 200500772)					04:41.10(+78)
50m	00:32.03 32,03	150m 01:42.55 35,68	250m 02:54.57 35,84	350m 04:07.68 36,36	
100m	01:06.87 34,84	200m 02:18.73 36,18	300m 03:31.32 36,75		
3. Sophia van Droffelaar (ZVVS, 200500330)					04:50.40(+69)
50m	00:32.47 32,47	150m 01:45.83 37,21	250m 03:01.61 37,94	350m 04:15.83 36,61	
100m	01:08.62 36,15	200m 02:23.67 37,84	300m 03:39.22 37,61		
4. Bridget Vermeer (VZC, 200501766)					04:50.82(+81)
50m	00:31.57 31,57	150m 01:44.57 37,14	250m 03:00.25 37,82	350m 04:14.73 37,00	
100m	01:07.43 35,86	200m 02:22.43 37,86	300m 03:37.73 37,48		
5. Jennifer Veldhuisen (Kon AZ 1870, 200502500)					04:54.53(+71)
50m	00:32.47 32,47	150m 01:43.98 35,82	250m 02:59.09 37,84	350m 04:15.83 38,39	
100m	01:08.16 35,69	200m 02:21.25 37,27	300m 03:37.44 38,35		
6. Merel Schravendijk (The Hague Swimming (SG), 200503382)					04:55.18(+78)
50m	00:31.86 31,86	150m 01:46.32 37,66	250m 03:01.98 37,87	350m 04:16.25 37,33	
100m	01:08.66 36,80	200m 02:24.11 37,79	300m 03:38.92 36,94		
7. Emma Riemers (MSV-Zeemacht, 200500748)					04:57.95(+73)
50m	00:32.39 32,39	150m 01:45.74 37,14	250m 03:02.76 38,91	350m 04:20.70 39,11	
100m	01:08.60 36,21	200m 02:23.85 38,11	300m 03:41.59 38,83		
8. Marin Wieling (Aquarijn, 200501220)					04:59.98(+81)
50m	00:33.14 33,14	150m 01:49.22 38,41	250m 03:06.94 38,84	350m 04:25.03 39,33	
100m	01:10.81 37,67	200m 02:28.10 38,88	300m 03:45.70 38,76		
9. Liz Veltman (De Ward, 200503668)					05:01.08(+75)
50m	00:33.84 33,84	150m 01:49.86 38,05	250m 03:07.33 38,98	350m 04:25.23 38,99	
100m	01:11.81 37,97	200m 02:28.35 38,49	300m 03:46.24 38,91		
10. Marte Hieke van der Kamp (FZC'54-De Vikings (SG), 200500218)					05:01.53(+86)
50m	00:32.61 32,61	150m 01:49.31 39,45	250m 03:07.64 39,37	350m 04:25.33 38,06	
100m	01:09.86 37,25	200m 02:28.27 38,96	300m 03:47.27 39,63		
11. Asha van Lobbergt (ZZ&PC De Devel, 200500088)					05:01.91(+68)

	50m 00:32.17 32,17	150m 01:46.58 37,88	250m 03:03.28 38,62	350m 04:22.37 39,79	
	100m 01:08.70 36,53	200m 02:24.66 38,08	300m 03:42.58 39,30		
12. Isa Maes (ZZ&PC De Devel, 200500110)					05:02.40(+74)
	50m 00:33.12 33,12	150m 01:50.21 38,75	250m 03:09.27 39,90	350m 04:27.17 38,24	
	100m 01:11.46 38,34	200m 02:29.37 39,16	300m 03:48.93 39,66		
13. Jasmijn van Genderen (ZV De Zaan, 200500656)					05:03.84(+79)
	50m 00:34.70 34,70	150m 01:50.20 38,30	250m 03:08.36 38,98	350m 04:26.78 39,23	
	100m 01:11.90 37,20	200m 02:29.38 39,18	300m 03:47.55 39,19		
14. Emma Verkuijl (Van Vliet-Barracuda, 200500826)					05:05.79(+83)
	50m 00:35.15 35,15	150m 01:52.41 39,27	250m 03:11.16 39,19	350m 04:29.32 38,92	
	100m 01:13.14 37,99	200m 02:31.97 39,56	300m 03:50.40 39,24		
15. Emma van Leeuwen (DAW, 200500200)					05:07.19(+80)
	50m 00:33.78 33,78	150m 01:51.58 39,27	250m 03:11.56 40,09	350m 04:30.59 38,84	
	100m 01:12.31 38,53	200m 02:31.47 39,89	300m 03:51.75 40,19		
16. Feline Slijkhuis (ZVV, 200501042)					05:07.22(+90)
	50m 00:33.41 33,41	150m 01:50.88 40,08	250m 03:11.30 40,32	350m 04:31.61 39,35	
	100m 01:10.80 37,39	200m 02:30.98 40,10	300m 03:52.26 40,96		
17. Julia van Sloun (Hellas-Glana, 200500478)					05:12.13(+84)
	50m 00:35.09 35,09	150m 01:52.66 39,42	250m 03:13.44 40,18	350m 04:33.32 39,46	
	100m 01:13.24 38,15	200m 02:33.26 40,60	300m 03:53.86 40,42		
33. 400m vrije slag - Dames					
13 - 13 jaar (Junioren 3)					
1. Janna van Kooten (TriVia, 200404584)					04:40.77(+77)
	50m 00:31.15 31,15	150m 01:42.36 36,13	250m 02:54.91 36,24	350m 04:06.04 34,99	
	100m 01:06.23 35,08	200m 02:18.67 36,31	300m 03:31.05 36,14		
2. Charlotte Wilbers (ZPC Hoogeveen, 200400312)					04:41.88(+73)
	50m 00:31.85 31,85	150m 01:42.73 35,62	250m 02:55.37 36,51	350m 04:07.68 35,77	
	100m 01:07.11 35,26	200m 02:18.86 36,13	300m 03:31.91 36,54		
3. Ismay Lichtendonk (Dedemsvaart-AC, 200400622)					04:42.05(+74)
	50m 00:31.53 31,53	150m 01:42.10 35,81	250m 02:54.93 36,42	350m 04:07.31 35,59	
	100m 01:06.29 34,76	200m 02:18.51 36,41	300m 03:31.72 36,79		
4. Bridget de Bat (ZPC De Zeeuwse Kust, 200400382)					04:43.38(+73)
	50m 00:30.76 30,76	150m 01:41.28 35,93	250m 02:53.82 36,42	350m 04:07.46 36,92	
	100m 01:05.35 34,59	200m 02:17.40 36,12	300m 03:30.54 36,72		
5. Amy Tebben (Eurode KZC, 200400108)					04:47.81(+81)
	50m 00:32.28 32,28	150m 01:44.40 36,59	250m 02:58.06 36,66	350m 04:12.71 37,33	
	100m 01:07.81 35,53	200m 02:21.40 37,00	300m 03:35.38 37,32		
6. Marieke Lenderink (De Dinkel, 200400778)					04:48.10(+81)
	50m 00:32.04 32,04	150m 01:43.54 36,41	250m 02:58.99 37,67	350m 04:13.52 36,90	
	100m 01:07.13 35,09	200m 02:21.32 37,78	300m 03:36.62 37,63		
7. Luna de Vries (Aqua-Novio'94, 200400516)					04:48.37(+73)
	50m 00:30.97 30,97	150m 01:42.67 36,52	250m 02:57.43 37,36	350m 04:12.49 37,14	
	100m 01:06.15 35,18	200m 02:20.07 37,40	300m 03:35.35 37,92		
8. Myrthe Natzijl (KSN (SG), 200400076)					04:48.71(+77)
	50m 00:31.84 31,84	150m 01:44.32 36,83	250m 02:59.09 37,53	350m 04:14.06 37,36	
	100m 01:07.49 35,65	200m 02:21.56 37,24	300m 03:36.70 37,61		
9. Kirsten Verhalle (VZC, 200400210)					04:51.17(+83)
	50m 00:33.45 33,45	150m 01:47.51 37,21	250m 03:02.28 37,36	350m 04:15.72 36,38	
	100m 01:10.30 36,85	200m 02:24.92 37,41	300m 03:39.34 37,06		
10. Lorena Dreschers (Hellas-Glana, 200401364)					04:53.04(+73)
	50m 00:32.56 32,56	150m 01:45.16 36,80	250m 02:59.98 37,52	350m 04:16.07 38,11	
	100m 01:08.36 35,80	200m 02:22.46 37,30	300m 03:37.96 37,98		
11. Veerle Nieborg (TriVia, 200400428)					05:02.75(+76)
	50m 00:33.61 33,61	150m 01:49.35 38,03	250m 03:05.74 38,58	350m 04:23.40 39,29	

	100m 01:11.32 37,71	200m 02:27.16 37,81	300m 03:44.11 38,37		
12. Rinske Bouman (ZZ&PC De Devel, 200400578)				05:04.65(+83)	
	50m 00:32.35 32,35	150m 01:47.74 38,60	250m 03:06.48 39,33	350m 04:25.67 39,36	
	100m 01:09.14 36,79	200m 02:27.15 39,41	300m 03:46.31 39,83		
34. 400m vrije slag - Dames					
14 - 15 jaar (Jeugd 1 en 2)					
1. Niamh Hofland (PSV, 200205118)				04:15.23(+67)	
	50m 00:29.28 29,28	150m 01:33.33 32,23	250m 02:38.52 32,61	350m 03:44.15 32,67	
	100m 01:01.10 31,82	200m 02:05.91 32,58	300m 03:11.48 32,96		
2. Imani de Jong (RTC-ZPCH, 200200464)				04:16.09(+72)	
	50m 00:28.80 28,80	150m 01:33.08 32,34	250m 02:38.46 32,65	350m 03:44.32 33,08	
	100m 01:00.74 31,94	200m 02:05.81 32,73	300m 03:11.24 32,78		
3. Femke Spiering (RTC-VZC, 200204514)				04:19.16(+80)	
	50m 00:29.62 29,62	150m 01:34.34 32,58	250m 02:40.76 32,92	350m 03:47.25 33,10	
	100m 01:01.76 32,14	200m 02:07.84 33,50	300m 03:14.15 33,39		
4. Nienke Jonk (RTC-Hieronymus, 200203000)				04:23.42(+73)	
	50m 00:28.73 28,73	150m 01:33.84 32,74	250m 02:41.33 33,64	350m 03:49.59 34,17	
	100m 01:01.10 32,37	200m 02:07.69 33,85	300m 03:15.42 34,09		
5. Gaia Sterre Mirotti (VZC, 200305158)				04:29.70(+67)	
	50m 00:30.51 30,51	150m 01:37.51 33,78	250m 02:46.15 34,48	350m 03:55.85 34,67	
	100m 01:03.73 33,22	200m 02:11.67 34,16	300m 03:21.18 35,03		
6. Lize van den Nieuwenhuijzen (PSV, 200304454)				04:32.61(+80)	
	50m 00:30.06 30,06	150m 01:38.12 34,89	250m 02:47.74 34,66	350m 03:58.69 35,57	
	100m 01:03.23 33,17	200m 02:13.08 34,96	300m 03:23.12 35,38		
7. Yara van Kalmthout (Nova, 200200984)				04:34.23(+87)	
	50m 00:30.36 30,36	150m 01:39.44 34,86	250m 02:49.50 34,70	350m 03:59.88 35,18	
	100m 01:04.58 34,22	200m 02:14.80 35,36	300m 03:24.70 35,20		
8. Carlijn Hansté (WS Twente, 200201082)				04:34.86(+82)	
	50m 00:30.08 30,08	150m 01:38.37 34,76	250m 02:49.02 35,38	350m 04:00.29 35,70	
	100m 01:03.61 33,53	200m 02:13.64 35,27	300m 03:24.59 35,57		
9. Amber Celie (De Dolfijn, 200300756)				04:34.98(+76)	
	50m 00:30.71 30,71	150m 01:38.83 34,57	250m 02:48.87 35,01	350m 04:00.53 35,99	
	100m 01:04.26 33,55	200m 02:13.86 35,03	300m 03:24.54 35,67		
9. Vera Renshof (DWK, 200301582)				04:34.98(+69)	
	50m 00:30.38 30,38	150m 01:40.75 35,94	250m 02:52.33 35,57	350m 04:02.52 34,76	
	100m 01:04.81 34,43	200m 02:16.76 36,01	300m 03:27.76 35,43		
11. Carolien Beckers (Zwemsport Parkstad (SG), 200200078)				04:36.88(+76)	
	50m 00:29.57 29,57	150m 01:36.95 34,49	250m 02:48.76 36,01	350m 04:01.18 36,27	
	100m 01:02.46 32,89	200m 02:12.75 35,80	300m 03:24.91 36,15		
12. Lindsey Berghuis (ZV 44, 200300104)				04:37.51(+65)	
	50m 00:29.91 29,91	150m 01:40.02 35,69	250m 02:51.69 35,68	350m 04:02.84 35,49	
	100m 01:04.33 34,42	200m 02:16.01 35,99	300m 03:27.35 35,66		
13. Almudena Visser Velez (The Hague Swimming (SG), 200205904)				04:39.25(+70)	
	50m 00:30.59 30,59	150m 01:40.15 35,35	250m 02:52.66 36,20	350m 04:04.97 36,00	
	100m 01:04.80 34,21	200m 02:16.46 36,31	300m 03:28.97 36,31		
14. Ilse Kraaijeveld (The Hague Swimming (SG), 200202190)				04:39.54(+70)	
	50m 00:31.13 31,13	150m 01:42.08 36,01	250m 02:54.37 36,16	350m 04:05.74 35,62	
	100m 01:06.07 34,94	200m 02:18.21 36,13	300m 03:30.12 35,75		
15. Megan de Hoog (SCOM/De Zeehond'73 (SG), 200300214)				04:39.85(+73)	
	50m 00:31.45 31,45	150m 01:41.96 35,70	250m 02:53.71 35,90	350m 04:05.65 35,71	
	100m 01:06.26 34,81	200m 02:17.81 35,85	300m 03:29.94 36,23		
16. Femke Hoppenbrouwer (The Hague Swimming (SG), 200301124)				04:41.15(+80)	
	50m 00:30.14 30,14	150m 01:39.41 35,45	250m 02:52.52 36,38	350m 04:06.09 35,97	
	100m 01:03.96 33,82	200m 02:16.14 36,73	300m 03:30.12 37,60		

17. Joy van Dieren (De Dinkel, 200300182)					04:41.20(+79)
50m	00:31.49 31,49	150m 01:42.40 35,90	250m 02:55.38 36,65	350m 04:07.20 35,16	
100m	01:06.50 35,01	200m 02:18.73 36,33	300m 03:32.04 36,66		
18. Babet de Voogd (ZPC De Zeeuwse Kust, 200301362)					04:41.65(+68)
50m	00:31.46 31,46	150m 01:42.64 36,35	250m 02:55.43 36,39	350m 04:07.37 35,94	
100m	01:06.29 34,83	200m 02:19.04 36,40	300m 03:31.43 36,00		
19. Ymke Dragstra (ZPC AMERSFOORT, 200300930)					04:41.68(+87)
50m	00:31.79 31,79	150m 01:43.42 36,22	250m 02:55.27 35,80	350m 04:06.97 35,88	
100m	01:07.20 35,41	200m 02:19.47 36,05	300m 03:31.09 35,82		
20. Hanne te Velthuis (Dedemsvaart-AC, 200201324)					04:41.75(+79)
50m	00:30.23 30,23	150m 01:40.24 35,58	250m 02:53.22 36,45	350m 04:06.90 37,14	
100m	01:04.66 34,43	200m 02:16.77 36,53	300m 03:29.76 36,54		
21. Mariëlle Dolfijn (TriVia, 200201640)					04:41.92(+82)
50m	00:31.44 31,44	150m 01:41.23 35,02	250m 02:52.33 35,79	350m 04:05.25 36,38	
100m	01:06.21 34,77	200m 02:16.54 35,31	300m 03:28.87 36,54		
22. Jocelyn Horbeek (ZPC De Hof, 200300302)					04:41.97(+81)
50m	00:32.61 32,61	150m 01:43.96 35,89	250m 02:56.07 36,16	350m 04:08.84 36,53	
100m	01:08.07 35,46	200m 02:19.91 35,95	300m 03:32.31 36,24		
23. Denice Koolman (ZV 44, 200200132)					04:42.32(+75)
50m	00:30.75 30,75	150m 01:42.06 36,32	250m 02:55.39 36,96	350m 04:08.02 36,06	
100m	01:05.74 34,99	200m 02:18.43 36,37	300m 03:31.96 36,57		
24. Amy de Sain (De Dolfijn, 200304690)					04:42.58(+75)
50m	00:30.17 30,17	150m 01:40.11 35,78	250m 02:53.45 36,97	350m 04:07.06 36,90	
100m	01:04.33 34,16	200m 02:16.48 36,37	300m 03:30.16 36,71		
25. Famke Slabbers (Aqua-Novio'94, 200200100)					04:42.69(+80)
50m	00:30.77 30,77	150m 01:41.82 36,22	250m 02:55.20 36,92	350m 04:07.81 36,08	
100m	01:05.60 34,83	200m 02:18.28 36,46	300m 03:31.73 36,53		
26. Mila Maas (PSV, 200302966)					04:43.30(+81)
50m	00:31.21 31,21	150m 01:42.65 36,36	250m 02:55.22 36,04	350m 04:06.10 34,94	
100m	01:06.29 35,08	200m 02:19.18 36,53	300m 03:31.16 35,94		
27. Denise van der Burgt (Zeester-Meerval, 200201812)					04:43.93(+74)
50m	00:32.31 32,31	150m 01:44.29 36,07	250m 02:56.71 35,99	350m 04:08.62 35,79	
100m	01:08.22 35,91	200m 02:20.72 36,43	300m 03:32.83 36,12		
28. Kiki Koopman (De Dinkel, 200200232)					04:44.45(+75)
50m	00:30.96 30,96	150m 01:41.51 35,63	250m 02:53.83 36,23	350m 04:07.88 37,03	
100m	01:05.88 34,92	200m 02:17.60 36,09	300m 03:30.85 37,02		
29. Sasya van Hamersveld (Aqua-Novio'94, 200201454)					04:44.59(+88)
50m	00:31.59 31,59	150m 01:41.88 35,80	250m 02:54.79 36,52	350m 04:08.19 36,71	
100m	01:06.08 34,49	200m 02:18.27 36,39	300m 03:31.48 36,69		
30. Leonie van Wier (HZ&PC Heerenveen, 200200436)					04:44.71(+73)
50m	00:31.36 31,36	150m 01:41.83 35,61	250m 02:54.47 36,50	350m 04:08.67 36,91	
100m	01:06.22 34,86	200m 02:17.97 36,14	300m 03:31.76 37,29		
31. Inge Dekker (TriVia, 200200476)					04:45.77(+74)
50m	00:31.45 31,45	150m 01:43.50 36,51	250m 02:56.78 36,74	350m 04:10.26 36,81	
100m	01:06.99 35,54	200m 02:20.04 36,54	300m 03:33.45 36,67		
32. Kim de Jong (LinK, 200301026)					04:46.09(+82)
50m	00:32.18 32,18	150m 01:43.86 36,08	250m 02:57.04 36,83	350m 04:10.74 36,65	
100m	01:07.78 35,60	200m 02:20.21 36,35	300m 03:34.09 37,05		
33. Imke Beekman (Hellas-Glana, 200301950)					04:46.39(+81)
50m	00:31.18 31,18	150m 01:42.06 36,10	250m 02:54.85 36,44	350m 04:09.73 37,69	
100m	01:05.96 34,78	200m 02:18.41 36,35	300m 03:32.04 37,19		
34. Pleun van den Bergh (HZPC, 200201952)					04:47.54(+88)
50m	00:32.96 32,96	150m 01:44.32 35,98	250m 02:57.11 36,55	350m 04:11.16 37,20	
100m	01:08.34 35,38	200m 02:20.56 36,24	300m 03:33.96 36,85		

35. Eline Gros (Aqua-Novio'94, 200302700)					04:48.58(+78)
50m	00:31.41 31,41	150m 01:43.26 35,76	250m 02:57.66 37,37	350m 04:12.42 37,32	
100m	01:07.50 36,09	200m 02:20.29 37,03	300m 03:35.10 37,44		
36. Lieke Nijmeijer (ZPC AMERSFOORT, 200300124)					04:51.57(+78)
50m	00:33.03 33,03	150m 01:46.27 36,92	250m 03:01.13 37,34	350m 04:15.37 36,97	
100m	01:09.35 36,32	200m 02:23.79 37,52	300m 03:38.40 37,27		
37. Isabelle Elsweier (WS Twente, 200303614)					04:54.78(+86)
50m	00:31.88 31,88	150m 01:45.23 37,21	250m 03:00.64 38,05	350m 04:17.80 38,99	
100m	01:08.02 36,14	200m 02:22.59 37,36	300m 03:38.81 38,17		
38. Tessa Takken (De Dolfijn, 200301692)					04:54.84(+82)
50m	00:32.15 32,15	150m 01:45.11 37,21	250m 03:01.99 38,71	350m 04:17.96 37,79	
100m	01:07.90 35,75	200m 02:23.28 38,17	300m 03:40.17 38,18		
39. Naomi Polinder (ZV 44, 200300020)					04:55.05(+67)
50m	00:31.43 31,43	150m 01:45.10 37,40	250m 03:02.22 38,41	350m 04:18.65 38,10	
100m	01:07.70 36,27	200m 02:23.81 38,71	300m 03:40.55 38,33		
40. Daniëlle Meinema (ZV 44, 200300534)					04:58.81(+75)
50m	00:32.15 32,15	150m 01:46.87 38,28	250m 03:03.60 38,57	350m 04:21.22 39,02	
100m	01:08.59 36,44	200m 02:25.03 38,16	300m 03:42.20 38,60		
235. 400m vrije slag - Dames					
11 - 15 jaar (Jeugd 2 en later)					
1. Feija de Bruin (WVZ, 200400106) [S10]					05:16.15(+91)
50m	00:35.72 35,72	150m 01:55.47 40,16	250m 03:15.97 40,26	350m 04:36.41 40,12	
100m	01:15.31 39,59	200m 02:35.71 40,24	300m 03:56.29 40,32		
2. Iris Onnink (De Vrije Slag, 200301836) [S10]					06:04.23(+75)
50m	00:38.61 38,61	150m 02:10.13 46,30	250m 03:45.28 47,53	350m 05:19.61 46,54	
100m	01:23.83 45,22	200m 02:57.75 47,62	300m 04:33.07 47,79		
3. Diede Struijk (Nuenen, 200403824) [S12]					06:17.73(+76)
50m	00:42.66 42,66	150m 02:19.84 48,71	250m 03:57.90 49,47	350m 05:33.30 47,20	
100m	01:31.13 48,47	200m 03:08.43 48,59	300m 04:46.10 48,20		
36. 400m vrije slag - Heren					
16 - 17 jaar (Jeugd 1 en 2)					
1. Luc Kroon (RTC-Ed-Vo, 200100697)					03:49.26(+79)
50m	00:25.67 25,67	150m 01:23.36 28,86	250m 02:21.75 29,31	350m 03:20.79 29,49	
100m	00:54.50 28,83	200m 01:52.44 29,08	300m 02:51.30 29,55		
2. Tim Hoogerwerf (DWK, 200005587)					03:56.31(+76)
50m	00:27.23 27,23	150m 01:27.71 30,47	250m 02:28.19 29,96	350m 03:28.29 29,90	
100m	00:57.24 30,01	200m 01:58.23 30,52	300m 02:58.39 30,20		
3. Jari Groenhart (RTC-TriVia, 200000271)					03:56.39(+77)
50m	00:26.29 26,29	150m 01:25.81 30,19	250m 02:26.73 30,60	350m 03:27.74 30,14	
100m	00:55.62 29,33	200m 01:56.13 30,32	300m 02:57.60 30,87		
4. Vincent Crooijmans (RTC-VZC, 200100381)					03:57.68(+75)
50m	00:26.98 26,98	150m 01:26.47 30,26	250m 02:27.42 30,47	350m 03:28.19 30,30	
100m	00:56.21 29,23	200m 01:56.95 30,48	300m 02:57.89 30,47		
5. Sander Crooijmans (RTC-VZC, 200100383)					04:00.48(+81)
50m	00:26.96 26,96	150m 01:26.54 30,39	250m 02:27.91 30,83	350m 03:29.44 30,93	
100m	00:56.15 29,19	200m 01:57.08 30,54	300m 02:58.51 30,60		
6. Thomas Jansen (RTC-WVZ, 200100143)					04:00.79(+78)
50m	00:27.20 27,20	150m 01:28.09 30,33	250m 02:29.58 30,57	350m 03:31.64 31,11	
100m	00:57.76 30,56	200m 01:59.01 30,92	300m 03:00.53 30,95		
7. David Kuipers (Orca, 200003633)					04:00.81(+78)
50m	00:27.56 27,56	150m 01:27.74 30,32	250m 02:28.61 30,49	350m 03:30.30 31,09	
100m	00:57.42 29,86	200m 01:58.12 30,38	300m 02:59.21 30,60		
8. Olivier Jans (The Hague Swimming (SG), 200001815)					04:09.18(+77)
50m	00:28.45 28,45	150m 01:30.68 31,48	250m 02:34.20 31,84	350m 03:38.61 32,23	

	100m 00:59.20 30,75	200m 02:02.36 31,68	300m 03:06.38 32,18	
9. Jelle Smid (Aqua-Novio'94, 200100627)				04:10.67(+66)
	50m 00:27.40 27,40	150m 01:29.87 31,65	250m 02:34.50 32,41	350m 03:39.86 32,57
	100m 00:58.22 30,82	200m 02:02.09 32,22	300m 03:07.29 32,79	
10. Bas Morelissen (ZPC AMERSFOORT, 200100861)				04:10.99(+67)
	50m 00:28.03 28,03	150m 01:28.47 30,86	250m 02:33.61 33,01	350m 03:39.50 32,87
	100m 00:57.61 29,58	200m 02:00.60 32,13	300m 03:06.63 33,02	
11. David Anthonio (KSN (SG), 200102551)				04:11.01(+79)
	50m 00:28.47 28,47	150m 01:31.68 31,93	250m 02:36.54 32,20	350m 03:40.42 31,56
	100m 00:59.75 31,28	200m 02:04.34 32,66	300m 03:08.86 32,32	
12. Bernardus De Freitas Steverink (PSV, 200105427)				04:12.33(+64)
	50m 00:28.80 28,80	150m 01:31.57 31,44	250m 02:36.88 32,71	350m 03:41.56 32,00
	100m 01:00.13 31,33	200m 02:04.17 32,60	300m 03:09.56 32,68	
13. Dennis Kamps (De Dinkel, 200000191)				04:12.53(+75)
	50m 00:28.20 28,20	150m 01:31.58 32,15	250m 02:36.44 32,20	350m 03:41.03 32,53
	100m 00:59.43 31,23	200m 02:04.24 32,66	300m 03:08.50 32,06	
14. Floris de Leeuw (The Hague Swimming (SG), 200105317)				04:12.68(+70)
	50m 00:28.91 28,91	150m 01:33.11 32,37	250m 02:37.70 32,00	350m 03:42.04 32,03
	100m 01:00.74 31,83	200m 02:05.70 32,59	300m 03:10.01 32,31	
15. Raf Hendriks (Hellas-Glana, 200100879)				04:13.05(+80)
	50m 00:28.31 28,31	150m 01:31.85 31,73	250m 02:36.36 32,31	350m 03:41.49 32,22
	100m 01:00.12 31,81	200m 02:04.05 32,20	300m 03:09.27 32,91	
16. Christiaan Smit (The Hague Swimming (SG), 200102463)				04:13.89(+71)
	50m 00:28.77 28,77	150m 01:32.69 31,92	250m 02:37.83 32,62	350m 03:42.70 32,23
	100m 01:00.77 32,00	200m 02:05.21 32,52	300m 03:10.47 32,64	
17. Ivo Stolk (RTC-De Zeehond '73, 200100615)				04:14.17(+74)
	50m 00:28.20 28,20	150m 01:31.81 32,40	250m 02:36.54 32,65	350m 03:42.11 32,48
	100m 00:59.41 31,21	200m 02:03.89 32,08	300m 03:09.63 33,09	
18. Owen Peekes (ZPC Hoogeveen, 200100765)				04:14.71(+81)
	50m 00:28.17 28,17	150m 01:32.84 32,87	250m 02:38.38 32,72	350m 03:43.50 32,62
	100m 00:59.97 31,80	200m 02:05.66 32,82	300m 03:10.88 32,50	
19. Max Visser (WVZ, 200100077)				04:15.17(+75)
	50m 00:28.52 28,52	150m 01:32.68 32,65	250m 02:38.28 32,65	350m 03:43.50 32,36
	100m 01:00.03 31,51	200m 02:05.63 32,95	300m 03:11.14 32,86	
20. Rijk Dragstra (ZPC AMERSFOORT, 200102473)				04:15.44(+81)
	50m 00:28.43 28,43	150m 01:32.19 32,56	250m 02:38.16 33,15	350m 03:44.98 33,11
	100m 00:59.63 31,20	200m 02:05.01 32,82	300m 03:11.87 33,71	
21. Tom Balsen Versteeg (De Warande, 200005673)				04:16.08(+62)
	50m 00:28.01 28,01	150m 01:31.42 32,12	250m 02:37.43 33,22	350m 03:43.95 32,99
	100m 00:59.30 31,29	200m 02:04.21 32,79	300m 03:10.96 33,53	
22. Dave van der Voet (De Dolfijn, 200102783)				04:19.86(+72)
	50m 00:28.95 28,95	150m 01:34.43 32,95	250m 02:40.59 33,45	350m 03:48.42 33,77
	100m 01:01.48 32,53	200m 02:07.14 32,71	300m 03:14.65 34,06	
23. Daniël Claasen (ZPC AMERSFOORT, 200100787)				04:20.50(+72)
	50m 00:28.27 28,27	150m 01:31.54 31,84	250m 02:38.33 33,61	350m 03:47.14 34,64
	100m 00:59.70 31,43	200m 02:04.72 33,18	300m 03:12.50 34,17	
24. Freek Hollander (The Hague Swimming (SG), 200103815)				04:21.15(+76)
	50m 00:29.46 29,46	150m 01:35.54 33,40	250m 02:41.29 32,56	350m 03:48.29 33,68
	100m 01:02.14 32,68	200m 02:08.73 33,19	300m 03:14.61 33,32	
237. 400m vrije slag - Heren				
12 - 17 jaar				
1. Sam Janmaat (ZPC AMERSFOORT, 200203017) [S10]				04:16.99(+67)
	50m 00:28.36 28,36	150m 01:32.04 32,16	250m 02:37.59 32,87	350m 03:44.03 33,41
	100m 00:59.88 31,52	200m 02:04.72 32,68	300m 03:10.62 33,03	

2. Bastian Renshoff (Octopus, 200001261) [S10]						04:23.90(+82)					
50m	00:30.35	30,35	150m	01:35.65	32,66	250m	02:41.78	33,02	350m	03:50.19	34,34
100m	01:02.99	32,64	200m	02:08.76	33,11	300m	03:15.85	34,07			
3. Nathan Wees (ZPC AMERSFOORT, 200101427) [S10]						04:33.47(+68)					
50m	00:29.72	29,72	150m	01:38.85	35,37	250m	02:49.23	35,07	350m	03:59.55	34,86
100m	01:03.48	33,76	200m	02:14.16	35,31	300m	03:24.69	35,46			
4. Thomas van Wanrooij (NTC PARA-Poseidon '56, 200201473) [S13]						04:40.88(+78)					
50m	00:32.01	32,01	150m	01:42.95	35,98	250m	02:55.44	36,53	350m	04:08.32	36,01
100m	01:06.97	34,96	200m	02:18.91	35,96	300m	03:32.31	36,87			
5. Yanu van Leeuwen (TZC-Vahalis, 200500509) [S9]						06:04.97(+83)					
50m	00:40.04	40,04	150m	02:12.65	47,47	250m	03:47.83	47,34	350m	05:21.33	45,26
100m	01:25.18	45,14	200m	03:00.49	47,84	300m	04:36.07	48,24			
6. Nick Selten (Merlet, 200403275) [S9]						06:17.71(+88)					
50m	00:42.42	42,42	100m	01:30.63	48,21	200m	03:10.16	99,53			
38. 4x100m wisselslag dames Junioren											
11 - 15 jaar (Jeugd 2 en later)											
1. WS Twente						04:22.53					
Carlijn Hansté 2002 (+60)	50m	00:31.44	31,44								
Carlijn Hansté 2002 (+60)	100m	01:05.01	33,57								
Lynn Joor 2003 (+41)	150m	01:37.55	32,54								
Lynn Joor 2003 (+41)	200m	02:15.11	37,56								
Lieke Oude Lenferink 2002 (+48)	250m	02:45.11	30,00								
Lieke Oude Lenferink 2002 (+48)	300m	03:21.06	35,95								
Isabelle Elsweier 2003 (+57)	350m	03:50.08	29,02								
Isabelle Elsweier 2003 (+57)	400m	04:22.53	32,45								
2. DWK						04:25.13					
Ilse Volkers 2003 (+65)	50m	00:31.87	31,87								
Ilse Volkers 2003 (+65)	100m	01:05.94	34,07								
Birgit van Buiten 2002 (+35)	150m	01:39.82	33,88								
Birgit van Buiten 2002 (+35)	200m	02:18.24	38,42								
Lena Minderaa 2003 (+45)	250m	02:49.88	31,64								
Lena Minderaa 2003 (+45)	300m	03:27.38	37,50								
Vera Renshof 2003 (+40)	350m	03:55.22	27,84								
Vera Renshof 2003 (+40)	400m	04:25.13	29,91								
3. VZC						04:26.44					
Gaia Sterre Mirotti 2003 (+67)	50m	00:32.90	32,90								
Gaia Sterre Mirotti 2003 (+67)	100m	01:09.00	36,10								
Josse Bergman 2003 (+26)	150m	01:43.69	34,69								
Josse Bergman 2003 (+26)	200m	02:23.64	39,95								
Femke Spiering 2002 (+40)	250m	02:51.93	28,29								
Femke Spiering 2002 (+40)	300m	03:24.98	33,05								
Lotus van Geemen 2002 (+30)	350m	03:54.48	29,50								
Lotus van Geemen 2002 (+30)	400m	04:26.44	31,96								
4. The Hague Swimming (SG)						04:26.64					
Maike Issard 2003 (+80)	50m	00:32.01	32,01								
Maike Issard 2003 (+80)	100m	01:06.79	34,78								
Britt Steunenber 2003 (+17)	150m	01:42.62	35,83								
Britt Steunenber 2003 (+17)	200m	02:24.25	41,63								
Lotte Hosper 2002 (+35)	250m	02:53.43	29,18								
Lotte Hosper 2002 (+35)	300m	03:27.87	34,44								
Femke Hoppenbrouwer 2003 (+22)	350m	03:55.38	27,51								
Femke Hoppenbrouwer 2003 (+22)	400m	04:26.64	31,26								
5. De Dolfijn						04:28.59					
Tessa Takken 2003 (+55)	50m	00:33.16	33,16								
Tessa Takken 2003 (+55)	100m	01:08.78	35,62								
Amy de Sain 2003 (+41)	150m	01:44.16	35,38								
Amy de Sain 2003 (+41)	200m	02:24.17	40,01								
Sade Simons 2003 (+42)	250m	02:54.20	30,03								
Sade Simons 2003 (+42)	300m	03:30.30	36,10								
Amber Celie 2003 (+24)	350m	03:58.01	27,71								

Amber Celie 2003 (+24) 400m 04:28.59 30,58

6. Aqua-Novio'94

04:29.31

Zanthe Janssen 2002 (+71) 50m 00:32.89 32,89
Zanthe Janssen 2002 (+71) 100m 01:09.01 36,12
Mandy van Rossum 2002 (+30) 150m 01:42.55 33,54
Mandy van Rossum 2002 (+30) 200m 02:21.90 39,35
Kemi van de Wetering 2002 (+18) 250m 02:52.17 30,27
Kemi van de Wetering 2002 (+18) 300m 03:28.97 36,80
Famke Slabbers 2002 (+21) 350m 03:57.39 28,42
Famke Slabbers 2002 (+21) 400m 04:29.31 31,92

7. Hellas-Glana

04:30.06

Nikki Smeets 2002 (+60) 50m 00:30.93 30,93
Nikki Smeets 2002 (+60) 100m 01:04.21 33,28
Silke Bliet 2003 (+37) 150m 01:39.83 35,62
Silke Bliet 2003 (+37) 200m 02:21.92 42,09
Judith Houtvast 2003 (+48) 250m 02:52.48 30,56
Judith Houtvast 2003 (+48) 300m 03:29.44 36,96
Imke Beekman 2003 (-3) 350m 03:58.31 28,87
Imke Beekman 2003 (-3) 400m 04:30.06 31,75

8. PSV

04:32.94

Gabriela Töpfer 2003 (+56) 50m 00:32.62 32,62
Gabriela Töpfer 2003 (+56) 100m 01:08.43 35,81
Jule Franken 2002 (+48) 150m 01:43.27 34,84
Jule Franken 2002 (+48) 200m 02:23.35 40,08
Sterre Hendriks 2004 (+23) 250m 02:55.04 31,69
Sterre Hendriks 2004 (+23) 300m 03:33.46 38,42
Lize van den Nieuwenhuijzen 2003 (+47) 350m 04:02.14 28,68
Lize van den Nieuwenhuijzen 2003 (+47) 400m 04:32.94 30,80

9. ZPC De Zeeuwse Kust

04:34.33

Bridget de Bat 2004 (+57) 50m 00:32.57 32,57
Bridget de Bat 2004 (+57) 100m 01:08.24 35,67
Janice Provoost 2003 (+17) 150m 01:43.88 35,64
Janice Provoost 2003 (+17) 200m 02:25.47 41,59
Irina de Ridder 2003 (+32) 250m 02:57.14 31,67
Irina de Ridder 2003 (+32) 300m 03:33.13 35,99
Babet de Voogd 2003 (+21) 350m 04:02.03 28,90
Babet de Voogd 2003 (+21) 400m 04:34.33 32,30

10. Zwemsport Parkstad (SG)

04:35.55

Demi van Hulst 2003 (+59) 50m 00:32.78 32,78
Demi van Hulst 2003 (+59) 100m 01:07.99 35,21
Quinty Rouschop 2003 (+69) 150m 01:43.52 35,53
Quinty Rouschop 2003 (+69) 200m 02:24.33 40,81
Carolien Beckers 2002 (+55) 250m 02:54.91 30,58
Carolien Beckers 2002 (+55) 300m 03:31.94 37,03
Britt van den Boom 2004 (+46) 350m 04:01.97 30,03
Britt van den Boom 2004 (+46) 400m 04:35.55 33,58

11. ZV 44

04:35.82

Lotte Pieterman 2003 (+69) 50m 00:32.24 32,24
Lotte Pieterman 2003 (+69) 100m 01:07.04 34,80
Nora Weerman 2004 (+41) 150m 01:42.99 35,95
Nora Weerman 2004 (+41) 200m 02:24.36 41,37
Lindsey Berghuis 2003 (+44) 250m 02:55.20 30,84
Lindsey Berghuis 2003 (+44) 300m 03:34.41 39,21
Denice Koolman 2002 (+21) 350m 04:03.77 29,36
Denice Koolman 2002 (+21) 400m 04:35.82 32,05

12. TriVia

04:36.20

Inge Dekker 2002 (+78) 50m 00:33.19 33,19
Inge Dekker 2002 (+78) 100m 01:07.82 34,63
Iris Nieuwhof 2004 (+51) 150m 01:43.23 35,41
Iris Nieuwhof 2004 (+51) 200m 02:25.00 41,77
Olena Dijkstra 2002 (+29) 250m 02:56.76 31,76
Olena Dijkstra 2002 (+29) 300m 03:36.27 39,51

Mariëlle Dolfijn 2002 (+43)	350m	04:05.00	28,73	
Mariëlle Dolfijn 2002 (+43)	400m	04:36.20	31,20	
13. De Dinkel				04:36.37
Joy van Dieren 2003 (+66)	50m	00:32.29	32,29	
Joy van Dieren 2003 (+66)	100m	01:06.32	34,03	
Soraya Rakers 2003 (+55)	150m	01:42.88	36,56	
Soraya Rakers 2003 (+55)	200m	02:25.08	42,20	
Quinty Setlight 2002 (+8)	250m	02:55.83	30,75	
Quinty Setlight 2002 (+8)	300m	03:37.03	41,20	
Kiki Koopman 2002 (+25)	350m	04:05.31	28,28	
Kiki Koopman 2002 (+25)	400m	04:36.37	31,06	
14. Dedemsvaart-AC				04:36.98
Ismay Lichtendonk 2004 (+68)	50m	00:32.22	32,22	
Ismay Lichtendonk 2004 (+68)	100m	01:06.82	34,60	
Tessa Sportel 2004 (+77)	150m	01:44.56	37,74	
Tessa Sportel 2004 (+77)	200m	02:27.99	43,43	
Amy Lynn Zweers 2003 (+52)	250m	02:58.64	30,65	
Amy Lynn Zweers 2003 (+52)	300m	03:37.19	38,55	
Hanne te Velthuis 2002 (+49)	350m	04:05.08	27,89	
Hanne te Velthuis 2002 (+49)	400m	04:36.98	31,90	
15. PSV				04:43.47
Merel Musters 2003 (+54)	50m	00:34.21	34,21	
Merel Musters 2003 (+54)	100m	01:11.80	37,59	
Kim Jansen van Galen 2002 (+47)	150m	01:48.12	36,32	
Kim Jansen van Galen 2002 (+47)	200m	02:30.85	42,73	
Isa v.d. Meijden 2002 (+8)	250m	03:03.25	32,40	
Isa v.d. Meijden 2002 (+8)	300m	03:43.08	39,83	
Mila Maas 2003 (+41)	350m	04:12.02	28,94	
Mila Maas 2003 (+41)	400m	04:43.47	31,45	
16. ZPC De Hof				04:44.71
Jocelyn Horbeek 2003 (+73)	50m	00:34.80	34,80	
Jocelyn Horbeek 2003 (+73)	100m	01:11.01	36,21	
Lionne Klarenbeek 2003 (+29)	150m	01:48.94	37,93	
Lionne Klarenbeek 2003 (+29)	200m	02:31.44	42,50	
Tahnee Slinkman 2003 (+62)	250m	03:05.93	34,49	
Tahnee Slinkman 2003 (+62)	300m	03:45.62	39,69	
Elisa Haverkate 2002 (+45)	350m	04:14.14	28,52	
Elisa Haverkate 2002 (+45)	400m	04:44.71	30,57	
17. ReVeLie Swim Team [S10]				04:46.06
Ilna Venema 2002 (+78)	50m	00:33.46	33,46	
Ilna Venema 2002 (+78)	100m	01:09.94	36,48	
Lise Kleinbekman 2005 (+34)	150m	01:48.49	38,55	
Lise Kleinbekman 2005 (+34)	200m	02:32.30	43,81	
Masha Polushkina 2002 (+45)	250m	03:04.57	32,27	
Masha Polushkina 2002 (+45)	300m	03:42.68	38,11	
Amé Hullemans 2002 (+50)	350m	04:12.23	29,55	
Amé Hullemans 2002 (+50)	400m	04:46.06	33,83	
18. ZPCH				04:47.12
Isa Maarleveld 2004 (+72)	50m	00:34.56	34,56	
Isa Maarleveld 2004 (+72)	100m	01:09.59	35,03	
Sanne Homan 2002 (+53)	150m	01:47.19	37,60	
Sanne Homan 2002 (+53)	200m	02:31.24	44,05	
Kim Zwinkels 2003 (+77)	250m	03:03.18	31,94	
Kim Zwinkels 2003 (+77)	300m	03:41.17	37,99	
Ivana Momcilovic 2003 (+67)	350m	04:12.51	31,34	
Ivana Momcilovic 2003 (+67)	400m	04:47.12	34,61	
19. LinK				04:47.62
Lize van Stigt 2004 (+57)	50m	00:36.01	36,01	
Lize van Stigt 2004 (+57)	100m	01:14.99	38,98	
Kim de Jong 2003 (+27)	150m	01:50.68	35,69	
Kim de Jong 2003 (+27)	200m	02:31.82	41,14	
Nora van der Steen 2004 (+53)	250m	03:04.41	32,59	

Nora van der Steen 2004 (+53)	300m	03:42.42	38,01	
Marije de Jager 2003 (+34)	350m	04:13.28	30,86	
Marije de Jager 2003 (+34)	400m	04:47.62	34,34	
20. HZPC				04:48.33
Isa Curvers 2002 (+71)	50m	00:35.04	35,04	
Isa Curvers 2002 (+71)	100m	01:12.12	37,08	
Ilse Swinkels 2002 (+30)	150m	01:49.72	37,60	
Ilse Swinkels 2002 (+30)	200m	02:34.63	44,91	
Manon van der Wielen 2002 (+71)	250m	03:07.20	32,57	
Manon van der Wielen 2002 (+71)	300m	03:45.46	38,26	
Pleun van den Bergh 2002 (+44)	350m	04:15.68	30,22	
Pleun van den Bergh 2002 (+44)	400m	04:48.33	32,65	
21. ESCA Zwemmen				04:49.72
Romy de Weijer 2003 (+71)	50m	00:34.75	34,75	
Romy de Weijer 2003 (+71)	100m	01:11.43	36,68	
Lois van Oijen 2004 (+30)	150m	01:47.94	36,51	
Lois van Oijen 2004 (+30)	200m	02:30.48	42,54	
Jonna Muntjewerff 2004 (+54)	250m	03:06.52	36,04	
Jonna Muntjewerff 2004 (+54)	300m	03:49.02	42,50	
Yentle Muller 2002 (+45)	350m	04:17.79	28,77	
Yentle Muller 2002 (+45)	400m	04:49.72	31,93	
22. De Schotejil				04:52.89
Tamara de Ruiter 2002 (+75)	50m	00:35.68	35,68	
Tamara de Ruiter 2002 (+75)	100m	01:12.61	36,93	
Lieske Zijlstra 2002 (+70)	150m	01:50.50	37,89	
Lieske Zijlstra 2002 (+70)	200m	02:32.74	42,24	
Bibi Middelbos 2002 (+43)	250m	03:06.57	33,83	
Bibi Middelbos 2002 (+43)	300m	03:49.65	43,08	
Lotte Tillema 2002 (+45)	350m	04:19.58	29,93	
Lotte Tillema 2002 (+45)	400m	04:52.89	33,31	
23. WVZ				04:53.77
Noria Yousufi 2002 (+68)	50m	00:36.61	36,61	
Noria Yousufi 2002 (+68)	100m	01:15.25	38,64	
Grace Anderson 2002 (+45)	150m	01:50.92	35,67	
Grace Anderson 2002 (+45)	200m	02:31.79	40,87	
Irma van der Wulp 2004 (+50)	250m	03:06.68	34,89	
Irma van der Wulp 2004 (+50)	300m	03:50.68	44,00	
Sanne van Ruijven 2002 (+21)	350m	04:20.71	30,03	
Sanne van Ruijven 2002 (+21)	400m	04:53.77	33,06	
24. ZV 44				04:55.06
Jolijn Liezen 2005 (+76)	50m	00:36.35	36,35	
Jolijn Liezen 2005 (+76)	100m	01:14.54	38,19	
Daniëlle Meinema 2003 (+51)	150m	01:52.31	37,77	
Daniëlle Meinema 2003 (+51)	200m	02:37.90	45,59	
Michelle van den Hoofdakker 2003 (+59)	250m	03:10.29	32,39	
Michelle van den Hoofdakker 2003 (+59)	300m	03:50.89	40,60	
Naomi Polinder 2003 (+43)	350m	04:20.97	30,08	
Naomi Polinder 2003 (+43)	400m	04:55.06	34,09	
25. De Columbiaan				04:56.40
Anouk Vis 2002 (+55)	50m	00:35.47	35,47	
Anouk Vis 2002 (+55)	100m	01:13.30	37,83	
Amy Koelman 2003 (+48)	150m	01:53.42	40,12	
Amy Koelman 2003 (+48)	200m	02:39.48	46,06	
Julia Notenboom 2003 (+44)	250m	03:12.22	32,74	
Julia Notenboom 2003 (+44)	300m	03:52.09	39,87	
Marbel Diderik 2002 (+37)	350m	04:22.35	30,26	
Marbel Diderik 2002 (+37)	400m	04:56.40	34,05	
26. HZ&PC Heerenveen				05:04.27
Leonie van Wier 2002 (+69)	50m	00:35.50	35,50	
Leonie van Wier 2002 (+69)	100m	01:13.49	37,99	
Arianne Meijer 2005 (+79)	150m	01:54.62	41,13	
Arianne Meijer 2005 (+79)	200m	02:41.73	47,11	

Chantal van Willegen 2003 (+55)	250m	03:18.81	37,08
Chantal van Willegen 2003 (+55)	300m	04:02.39	43,58
Lianne van Wier 2002 (+21)	350m	04:31.67	29,28
Lianne van Wier 2002 (+21)	400m	05:04.27	32,60

11 - 13 jaar (Junioren 3 en later)

1. TriVia

04:30.69

Danique Slaper 2004 (+65)	50m	00:33.25	33,25
Danique Slaper 2004 (+65)	100m	01:09.05	35,80
Emma Hofstee 2004 (+54)	150m	01:43.67	34,62
Emma Hofstee 2004 (+54)	200m	02:23.74	40,07
Veerle Nieborg 2004 (+19)	250m	02:54.64	30,90
Veerle Nieborg 2004 (+19)	300m	03:30.38	35,74
Janna van Kooten 2004 (+29)	350m	03:58.85	28,47
Janna van Kooten 2004 (+29)	400m	04:30.69	31,84

2. VZC

04:40.11

Aniek van de Weerd 2004 (+69)	50m	00:32.53	32,53
Aniek van de Weerd 2004 (+69)	100m	01:06.14	33,61
Kelly Patricia 2004 (+18)	150m	01:43.55	37,41
Kelly Patricia 2004 (+18)	200m	02:26.02	42,47
Kirsten Verhalle 2004 (+60)	250m	02:58.14	32,12
Kirsten Verhalle 2004 (+60)	300m	03:36.64	38,50
Bridget Vermeer 2005 (+63)	350m	04:06.70	30,06
Bridget Vermeer 2005 (+63)	400m	04:40.11	33,41

3. Aqua-Novio'94

04:41.19

Kim van Dongen 2004 (+70)	50m	00:32.51	32,51
Kim van Dongen 2004 (+70)	100m	01:08.42	35,91
Louise Gepkens 2004 (+59)	150m	01:45.51	37,09
Louise Gepkens 2004 (+59)	200m	02:29.64	44,13
Thera Janssen 2005 (+43)	250m	03:01.36	31,72
Thera Janssen 2005 (+43)	300m	03:39.83	38,47
Luna de Vries 2004 (+68)	350m	04:08.98	29,15
Luna de Vries 2004 (+68)	400m	04:41.19	32,21

4. ZPC AMERSFOORT

04:45.23

Jetske Moot 2004 (+79)	50m	00:32.32	32,32
Jetske Moot 2004 (+79)	100m	01:06.36	34,04
Sophie Faveaux 2006 (+66)	150m	01:44.98	38,62
Sophie Faveaux 2006 (+66)	200m	02:31.05	46,07
Pippa van 't Land 2006 (+16)	250m	03:02.75	31,70
Pippa van 't Land 2006 (+16)	300m	03:41.47	38,72
Nienke Snel 2004 (+28)	350m	04:11.70	30,23
Nienke Snel 2004 (+28)	400m	04:45.23	33,53

5. De Dinkel

04:47.49

Yke Groener 2005 (+71)	50m	00:34.66	34,66
Yke Groener 2005 (+71)	100m	01:12.32	37,66
Tess Wolbert 2004 (+49)	150m	01:50.37	38,05
Tess Wolbert 2004 (+49)	200m	02:34.64	44,27
Marieke Lenderink 2004 (+31)	250m	03:07.25	32,61
Marieke Lenderink 2004 (+31)	300m	03:47.38	40,13
Puck Koopman 2004 (+32)	350m	04:16.01	28,63
Puck Koopman 2004 (+32)	400m	04:47.49	31,48

6. WS Twente

04:55.60

Maud van Buuren 2004 (+85)	50m	00:36.42	36,42
Maud van Buuren 2004 (+85)	100m	01:17.04	40,62
Luna Hofmeijer 2004 (+37)	150m	01:54.67	37,63
Luna Hofmeijer 2004 (+37)	200m	02:38.04	43,37
Loes Sotthewes 2004 (+44)	250m	03:11.04	33,00
Loes Sotthewes 2004 (+44)	300m	03:49.42	38,38
Daniëlle van der Voort 2004 (+26)	350m	04:20.79	31,37
Daniëlle van der Voort 2004 (+26)	400m	04:55.60	34,81

7. De Dolfijn

04:57.43

Zoe Matthijssen 2004 (+75)	50m	00:35.65	35,65
Zoe Matthijssen 2004 (+75)	100m	01:14.52	38,87

Yvette Buis 2004 (+55)	150m	01:52.03	37,51
Yvette Buis 2004 (+55)	200m	02:35.45	43,42
Francesca Coppo 2005 (+63)	250m	03:10.09	34,64
Francesca Coppo 2005 (+63)	300m	03:50.81	40,72
Aniek van den Brink 2005 (+44)	350m	04:21.99	31,18
Aniek van den Brink 2005 (+44)	400m	04:57.43	35,44

8. De Columbiaan

04:59.43

Robine Boer 2004 (+75)	50m	00:36.74	36,74
Robine Boer 2004 (+75)	100m	01:15.37	38,63
Daniëlle Vis 2004 (+33)	150m	01:52.75	37,38
Daniëlle Vis 2004 (+33)	200m	02:36.20	43,45
Anique Star 2004 (+60)	250m	03:10.48	34,28
Anique Star 2004 (+60)	300m	03:52.02	41,54
Mar Stoel 2005 (+38)	350m	04:23.63	31,61
Mar Stoel 2005 (+38)	400m	04:59.43	35,80

9. Hellas-Glana

04:59.88

Lorena Dreschers 2004 (+62)	50m	00:33.98	33,98
Lorena Dreschers 2004 (+62)	100m	01:10.14	36,16
Anouk van Hattum 2006 (+67)	150m	01:50.14	40,00
Anouk van Hattum 2006 (+67)	200m	02:36.76	46,62
Cynthia Kugler 2004 (+81)	250m	03:10.68	33,92
Cynthia Kugler 2004 (+81)	300m	03:54.07	43,39
Julia van Sloun 2005 (+58)	350m	04:25.53	31,46
Julia van Sloun 2005 (+58)	400m	04:59.88	34,35

39. 4x100m wisselslag heren Junioren

11 - 17 jaar (Jeugd 2 en later)

1. TriVia

03:49.77

Jari Groenhart 2000 (+69)	50m	00:27.23	27,23
Jari Groenhart 2000 (+69)	100m	00:55.64	28,41
Juri Dijkstra 2000 (+23)	150m	01:24.03	28,39
Juri Dijkstra 2000 (+23)	200m	01:56.69	32,66
Maurice Pater 2002 (+63)	250m	02:24.04	27,35
Maurice Pater 2002 (+63)	300m	02:56.44	32,40
Sebastiaan Rottier 2000 (+19)	350m	03:21.04	24,60
Sebastiaan Rottier 2000 (+19)	400m	03:49.77	28,73

2. VZC

03:52.93

Vincent Crooijmans 2001 (+66)	50m	00:28.93	28,93
Vincent Crooijmans 2001 (+66)	100m	00:59.54	30,61
Thom Delno 2000 (+44)	150m	01:28.93	29,39
Thom Delno 2000 (+44)	200m	02:03.15	34,22
Sten Postma 2000 (+26)	250m	02:29.52	26,37
Sten Postma 2000 (+26)	300m	03:01.00	31,48
Sander Crooijmans 2001 (+21)	350m	03:25.57	24,57
Sander Crooijmans 2001 (+21)	400m	03:52.93	27,36

3. ZPC AMERSFOORT

03:53.21

Mart Niehoff 2001 (+64)	50m	00:28.61	28,61
Mart Niehoff 2001 (+64)	100m	00:59.66	31,05
Milan ten Broek 2000 (+43)	150m	01:29.86	30,20
Milan ten Broek 2000 (+43)	200m	02:05.38	35,52
Austin Namesnik 2001 (+4)	250m	02:30.57	25,19
Austin Namesnik 2001 (+4)	300m	03:00.72	30,15
Daniël Claasen 2001 (+28)	350m	03:25.92	25,20
Daniël Claasen 2001 (+28)	400m	03:53.21	27,29

4. WVZ

03:56.00

Thomas Jansen 2001 (+61)	50m	00:28.38	28,38
Thomas Jansen 2001 (+61)	100m	00:58.95	30,57
Joost de Roy van Zuydewijn 2000 (+40)	150m	01:29.63	30,68
Joost de Roy van Zuydewijn 2000 (+40)	200m	02:04.05	34,42
Max Visser 2001 (+48)	250m	02:31.08	27,03
Max Visser 2001 (+48)	300m	03:03.39	32,31
Quinn van den Heuvel 2001 (+44)	350m	03:28.48	25,09
Quinn van den Heuvel 2001 (+44)	400m	03:56.00	27,52

5. PSV			03:56.27
Ruden de Ridder 2000 (+73)	50m	00:27.35 27,35	
Ruden de Ridder 2000 (+73)	100m	00:58.19 30,84	
Derk Beemer 2000 (+38)	150m	01:29.05 30,86	
Derk Beemer 2000 (+38)	200m	02:05.35 36,30	
Rick Bulman 2001 (+39)	250m	02:31.60 26,25	
Rick Bulman 2001 (+39)	300m	03:03.14 31,54	
Anton Jansen 2000 (+43)	350m	03:28.46 25,32	
Anton Jansen 2000 (+43)	400m	03:56.27 27,81	
6. De Dolfijn			03:59.89
Kenzo Simons 2001 (+61)	50m	00:26.77 26,77	
Kenzo Simons 2001 (+61)	100m	00:56.33 29,56	
Ivar Oldenhof 2000 (+37)	150m	01:27.14 30,81	
Ivar Oldenhof 2000 (+37)	200m	02:04.94 37,80	
Dave van der Voet 2001 (+74)	250m	02:32.19 27,25	
Dave van der Voet 2001 (+74)	300m	03:04.14 31,95	
Franklin Paassen 2000 (+38)	350m	03:30.79 26,65	
Franklin Paassen 2000 (+38)	400m	03:59.89 29,10	
7. De Dinkel			04:05.89
Milan van Dieren 2001 (+82)	50m	00:30.73 30,73	
Milan van Dieren 2001 (+82)	100m	01:03.74 33,01	
Gijsbert Pelleboer 2000 (+58)	150m	01:35.04 31,30	
Gijsbert Pelleboer 2000 (+58)	200m	02:11.52 36,48	
Dennis Kamps 2000 (+40)	250m	02:38.32 26,80	
Dennis Kamps 2000 (+40)	300m	03:10.62 32,30	
Bart Kooiker 2001 (+44)	350m	03:36.44 25,82	
Bart Kooiker 2001 (+44)	400m	04:05.89 29,45	
8. VZC			04:07.63
Daen Spoor 2001 (+73)	50m	00:30.03 30,03	
Daen Spoor 2001 (+73)	100m	01:02.66 32,63	
Lars Verhalle 2002 (+39)	150m	01:33.94 31,28	
Lars Verhalle 2002 (+39)	200m	02:09.84 35,90	
Brent Günther 2000 (+31)	250m	02:37.14 27,30	
Brent Günther 2000 (+31)	300m	03:08.82 31,68	
Bram Schaafsma 2003 (+44)	350m	03:36.73 27,91	
Bram Schaafsma 2003 (+44)	400m	04:07.63 30,90	
9. WIDEX GZC DONK			04:16.25
Wessel Bonkestoter 2001 (+64)	50m	00:33.52 33,52	
Wessel Bonkestoter 2001 (+64)	100m	01:08.76 35,24	
Duncan van Haaren 2000 (+33)	150m	01:39.30 30,54	
Duncan van Haaren 2000 (+33)	200m	02:14.37 35,07	
Zev Bulk 2003 (+58)	250m	02:44.19 29,82	
Zev Bulk 2003 (+58)	300m	03:18.45 34,26	
Joris de Gier 2001 (+9)	350m	03:45.52 27,07	
Joris de Gier 2001 (+9)	400m	04:16.25 30,73	
DIS. DWK			00:00.00
Joep Hoogerwerf 2002 (+71)	50m	00:29.12 29,12	
Joep Hoogerwerf 2002 (+71)	100m	00:59.65 30,53	
Raphael Mennen 2001 (+18)	150m	01:32.40 32,75	
Raphael Mennen 2001 (+18)	200m	02:11.05 38,65	
Tim Hoogerwerf 2000 (-7)	400m	00:00.00 -131,05	
11 - 15 jaar (Junioren 4 en later)			
1. PSV			04:02.11
Wessel Stupers 2002 (+70)	50m	00:29.19 29,19	
Wessel Stupers 2002 (+70)	100m	01:02.03 32,84	
Timo Spaans 2002 ()	150m	01:32.70 30,67	
Timo Spaans 2002 ()	200m	02:07.16 34,46	
Stephan De Freitas Steverink 2004 ()	250m	02:35.74 28,58	
Stephan De Freitas Steverink 2004 ()	300m	03:08.06 32,32	
Lucas Peters 2003 ()	350m	03:33.80 25,74	
Lucas Peters 2003 ()	400m	04:02.11 28,31	
2. Aqua-Novio'94			04:03.16

Tyrese Sitania 2003 (+55)	50m	00:29.50	29,50	
Tyrese Sitania 2003 (+55)	100m	01:02.51	33,01	
Tim Korstanje 2003 ()	150m	01:33.17	30,66	
Tim Korstanje 2003 ()	200m	02:07.54	34,37	
Jarno Koster 2002 ()	250m	02:34.79	27,25	
Jarno Koster 2002 ()	300m	03:06.51	31,72	
Evano Ticoalu 2003 ()	350m	03:33.26	26,75	
Evano Ticoalu 2003 ()	400m	04:03.16	29,90	
3. ZPC AMERSFOORT [S10]				04:04.46
Sam Janmaat 2002 (+63)	50m	00:30.31	30,31	
Sam Janmaat 2002 (+63)	100m	01:02.56	32,25	
Ruben Claasen 2004 ()	150m	01:35.42	32,86	
Ruben Claasen 2004 ()	200m	02:12.53	37,11	
Kirill Hrabcuns 2002 ()	250m	02:38.86	26,33	
Kirill Hrabcuns 2002 ()	300m	03:09.89	31,03	
Simon Claasen 2004 ()	350m	03:35.71	25,82	
Simon Claasen 2004 ()	400m	04:04.46	28,75	
4. De Dolfijn				04:10.93
Elroy Schot 2002 (+68)	50m	00:29.92	29,92	
Elroy Schot 2002 (+68)	100m	01:02.25	32,33	
Finn Vos 2002 ()	150m	01:35.00	32,75	
Finn Vos 2002 ()	200m	02:12.74	37,74	
Sem Zijl 2002 ()	250m	02:41.44	28,70	
Sem Zijl 2002 ()	300m	03:14.58	33,14	
Merlin Belmon 2004 ()	350m	03:41.28	26,70	
Merlin Belmon 2004 ()	400m	04:10.93	29,65	
5. The Hague Swimming (SG)				04:11.01
Keanu Streefland 2003 (+74)	50m	00:29.40	29,40	
Keanu Streefland 2003 (+74)	100m	01:01.43	32,03	
Milan Hamel 2003 ()	150m	01:34.67	33,24	
Milan Hamel 2003 ()	200m	02:13.19	38,52	
Michael Smink 2003 ()	250m	02:42.25	29,06	
Michael Smink 2003 ()	300m	03:17.05	34,80	
Brandon van den Berg 2002 ()	350m	03:43.00	25,95	
Brandon van den Berg 2002 ()	400m	04:11.01	28,01	
6. WVZ				04:12.49
Adriaan Provó Kluit 2002 (+66)	50m	00:29.12	29,12	
Adriaan Provó Kluit 2002 (+66)	100m	01:00.15	31,03	
Scott Jansen 2002 ()	150m	01:33.83	33,68	
Scott Jansen 2002 ()	200m	02:12.58	38,75	
Sean Niewold 2002 ()	250m	02:40.43	27,85	
Sean Niewold 2002 ()	300m	03:12.45	32,02	
Abel te Riele 2004 ()	350m	03:40.95	28,50	
Abel te Riele 2004 ()	400m	04:12.49	31,54	
7. Dedemsvaart-AC				04:14.74
Leon van den Hof 2002 (+66)	50m	00:28.33	28,33	
Leon van den Hof 2002 (+66)	100m	00:58.86	30,53	
Chiel Kootstra 2003 ()	150m	01:34.22	35,36	
Chiel Kootstra 2003 ()	200m	02:15.60	41,38	
Niels Kragt 2003 ()	250m	02:45.20	29,60	
Niels Kragt 2003 ()	300m	03:19.79	34,59	
Tristan Scholten 2002 ()	350m	03:45.53	25,74	
Tristan Scholten 2002 ()	400m	04:14.74	29,21	
8. De Dinkel				04:14.97
Lukas Binnekamp 2003 (+65)	50m	00:30.18	30,18	
Lukas Binnekamp 2003 (+65)	100m	01:02.76	32,58	
Jurre Hanstede 2002 ()	150m	01:33.87	31,11	
Jurre Hanstede 2002 ()	200m	02:09.77	35,90	
Jordi Kamps 2002 ()	250m	02:40.24	30,47	
Jordi Kamps 2002 ()	300m	03:16.71	36,47	
Robin Kamps 2002 ()	350m	03:44.28	27,57	
Robin Kamps 2002 ()	400m	04:14.97	30,69	

9. WS Twente

04:19.28

Léon van der Geest 2002 (+69)	50m	00:28.79	28,79
Léon van der Geest 2002 (+69)	100m	01:00.58	31,79
Luuk Einhaus 2002 ()	150m	01:33.69	33,11
Luuk Einhaus 2002 ()	200m	02:12.23	38,54
Sem de Goei 2002 ()	250m	02:41.95	29,72
Sem de Goei 2002 ()	300m	03:20.36	38,41
Jort van der Vlag 2004 ()	350m	03:48.29	27,93
Jort van der Vlag 2004 ()	400m	04:19.28	30,99

NJJK korte baan dec. 2017 sessie 3 - vrijdag 15 december 2017 om 16:00u (25 m)

Aanvangstijd juryvergadering: 15:00u

3. 200m schoolslag - Dames

14 - 15 jaar (Jeugd 1 en 2)

1. Lynn Joor (WS Twente, 200300550)	50m	00:33.30	33,30	100m	01:11.60	38,30	150m	01:51.59	39,99	02:33.00(+70)
2. Zante Janssen (Aqua-Novio'94, 200201786)	50m	00:34.91	34,91	100m	01:14.43	39,52	150m	01:53.97	39,54	02:33.86(+83)
3. Birgit van Buiten (DWK, 200200498)	50m	00:34.86	34,86	100m	01:14.20	39,34	150m	01:54.30	40,10	02:34.04(+74)
4. Silke Huisman (Orca, 200301182)	50m	00:34.51	34,51	100m	01:13.89	39,38	150m	01:54.66	40,77	02:36.00(+74)
5. Mirthe Schenkel (ZPC Hoogeveen, 200300666)	50m	00:35.97	35,97	100m	01:16.21	40,24	150m	01:56.50	40,29	02:37.27(+81)
6. Lotte Hosper (RTC-Racing Club, 200201414)	50m	00:36.27	36,27	100m	01:16.32	40,05	150m	01:57.34	41,02	02:38.97(+79)
7. Mandy van Rossum (Aqua-Novio'94, 200204904)	50m	00:35.02	35,02	100m	01:15.90	40,88	150m	01:56.87	40,97	02:39.22(+74)
8. Niamh Hofland (PSV, 200205118)	50m	00:37.08	37,08	100m	01:17.52	40,44	150m	01:59.14	41,62	02:40.42(+68)
9. Kim de Jong (LinK, 200301026)	50m	00:36.80	36,80	100m	01:18.75	41,95	150m	02:01.46	42,71	02:43.48(+80)
10. Esther Tiemersma (ZPC De Zeeuwse Kust, 200202962)	50m	00:37.11	37,11	100m	01:18.88	41,77	150m	02:01.08	42,20	02:43.81(+68)

40. 200m schoolslag - Heren

12 - 12 jaar (Junioren 1)

1. Emiel van Oord (The Hague Swimming (SG), 200503707)	50m	00:35.70	35,70	100m	01:16.79	41,09	150m	01:59.64	42,85	02:42.86(+67)
2. Miles Steenvoorden (De Dolfijn, 200501637)	50m	00:37.26	37,26	100m	01:20.15	42,89	150m	02:04.77	44,62	02:48.63(+79)
3. Tijn van Kuijk (HZPC, 200501087)	50m	00:38.22	38,22	100m	01:22.11	43,89	150m	02:07.35	45,24	02:50.39(+75)
4. Cas Verstegen (HZPC, 200500891)	50m	00:39.62	39,62	100m	01:24.05	44,43	150m	02:08.81	44,76	02:52.02(+67)
5. Yanieck Frijstein (Deltasteur, 200500329)	50m	00:39.54	39,54	100m	01:24.01	44,47	150m	02:08.07	44,06	02:52.46(+68)
6. Domingo Kuipers (Orca, 200501787)	50m	00:40.32	40,32	100m	01:24.80	44,48	150m	02:09.30	44,50	02:52.52(+61)
7. Yordan Taya (Zwemlust-den Hommel, 200501343)	50m	00:38.95	38,95	100m	01:24.39	45,44	150m	02:10.86	46,47	02:54.26(+71)
8. River Streefland (The Hague Swimming (SG), 200502253)	50m	00:39.78	39,78	100m	01:25.05	45,27	150m	02:10.64	45,59	02:54.56(+79)

9. Colin Bes (Zwemclub Polaris, 200500201)	50m 00:37.31 37,31	100m 01:21.82 44,51	150m 02:09.53 47,71	02:57.68(+79)
10. Rolf ter Keurs (De Veene, 200500137)	50m 00:38.43 38,43	100m 01:24.36 45,93	150m 02:12.85 48,49	02:59.65(+82)
11. Daan Hoogendoorn (ZPC Woerden, 200500113)	50m 00:41.25 41,25	100m 01:27.50 46,25	150m 02:14.04 46,54	02:59.67(+70)
12. Mika Bongers (ESCA Zwemmen, 200502683)	50m 00:39.48 39,48	100m 01:25.31 45,83	150m 02:13.32 48,01	02:59.92(+71)
13. Timo Kaanen (Hellas-Glana, 200500053)	50m 00:39.99 39,99	100m 01:26.83 46,84	150m 02:14.75 47,92	03:01.52(+82)
14. Wouter Sies (TriVia, 200500369)	50m 00:41.04 41,04	100m 01:27.25 46,21	150m 02:14.58 47,33	03:01.92(+72)
15. Aaike de Tender (De Geul, 200502189)	50m 00:41.43 41,43	100m 01:28.12 46,69	150m 02:15.04 46,92	03:02.12(+74)
16. Luc Smithuis (Wijchen, 200502649)	50m 00:40.15 40,15	100m 01:27.42 47,27	150m 02:16.11 48,69	03:04.02(+80)
17. Milan Lucas (De Dinkel, 200500085)	50m 00:40.85 40,85	100m 01:27.63 46,78	150m 02:16.72 49,09	03:04.72(+70)
BM. Andrei Enache (The Hague Swimming (SG), 200503831)	50m 00:38.20 38,20	100m 01:22.90 44,70	150m 02:09.19 46,29	BM
41. 200m schoolslag - Heren				
13 - 13 jaar (Junioren 2)				
1. Stephan De Freitas Steverink (PSV, 200404481)	50m 00:32.01 32,01	100m 01:09.23 37,22	150m 01:47.44 38,21	02:25.93(+68)
2. Ruben Claasen (ZPC AMERSFOORT, 200400229)	50m 00:35.27 35,27	100m 01:15.42 40,15	150m 01:54.87 39,45	02:31.83(+67)
3. Luca Janssen (Mosa-Regio, 200403237)	50m 00:34.92 34,92	100m 01:13.68 38,76	150m 01:53.07 39,39	02:32.01(+76)
4. Hessel Broekstra (FZC'54-De Vikings (SG), 200400253)	50m 00:35.23 35,23	100m 01:15.77 40,54	150m 01:56.89 41,12	02:37.78(+78)
5. Pieter Wisse (PSV, 200400779)	50m 00:36.43 36,43	100m 01:17.77 41,34	150m 01:59.93 42,16	02:42.25(+78)
6. Anders van Norden (ZPC AMERSFOORT, 200400039)	50m 00:37.45 37,45	100m 01:20.20 42,75	150m 02:03.00 42,80	02:43.92(+77)
7. Jason van den Berg (Rotterdam Swimming (SG), 200400009)	50m 00:36.74 36,74	100m 01:18.90 42,16	150m 02:02.28 43,38	02:44.85(+70)
8. Luuk van Rooij (PSV, 200400581)	50m 00:36.60 36,60	100m 01:18.38 41,78	150m 02:01.16 42,78	02:45.03(+76)
9. Julien Tanis (De Schotelij, 200401045)	50m 00:37.28 37,28	100m 01:19.69 42,41	150m 02:03.06 43,37	02:45.16(+68)
10. Jelle Kockx (Mosa-Regio, 200401697)	50m 00:36.06 36,06	100m 01:18.30 42,24	150m 02:01.90 43,60	02:45.25(+67)
11. Nathan Janssen (MNC Dordrecht, 200401565)	50m 00:38.35 38,35	100m 01:20.77 42,42	150m 02:03.73 42,96	02:46.07(+64)
12. Tim Haimé (The Hague Swimming (SG), 200403567)	50m 00:38.40 38,40	100m 01:20.00 41,60	150m 02:02.31 42,31	02:46.35(+80)
13. Abel te Riele (WVZ, 200402317)	50m 00:37.62 37,62	100m 01:20.78 43,16	150m 02:04.15 43,37	02:47.20(+73)
14. Serge Knops (Hellas-Glana, 200403867)				02:48.47(+69)

50m 00:35.84 35,84 100m 01:18.53 42,69 150m 02:02.90 44,37

15. Niek Lammertink (ZPC De Hof, 200400079)	50m 00:38.11 38,11	100m 01:20.89 42,78	150m 02:04.84 43,95	02:49.67(+74)
16. Timo Wouters (MNC Dordrecht, 200401363)	50m 00:38.29 38,29	100m 01:21.86 43,57	150m 02:05.69 43,83	02:49.85(+71)
17. Amun Majidzada (Zwemlust-den Hommel, 200401391)	50m 00:38.05 38,05	100m 01:21.97 43,92	150m 02:07.07 45,10	02:51.40(+65)
18. Erik Oldenkamp (De Lansingh, 200400597)	50m 00:37.84 37,84	100m 01:21.09 43,25	150m 02:06.10 45,01	02:51.95(+73)
19. Danny Brown (ZV 44, 200401511)	50m 00:38.68 38,68	100m 01:22.94 44,26	150m 02:09.51 46,57	02:55.71(+80)
42. 200m schoolslag - Heren				
14 - 14 jaar (Junioren 3)				
1. Esper Schreurs (ZEPS, 200300433)	50m 00:33.28 33,28	100m 01:10.70 37,42	150m 01:47.81 37,11	02:25.82(+83)
2. Kylian Heederik (Deltasteur, 200300353)	50m 00:33.21 33,21	100m 01:11.17 37,96	150m 01:49.68 38,51	02:28.71(+70)
3. Wesley Zulver (ZVVS, 200301319)	50m 00:33.34 33,34	100m 01:10.65 37,31	150m 01:49.36 38,71	02:28.84(+69)
4. Sam van der Stroom (PSV, 200304409)	50m 00:34.34 34,34	100m 01:12.95 38,61	150m 01:51.97 39,02	02:31.73(+73)
5. Rijk Heere (ZPC AMERSFOORT, 200300897)	50m 00:35.14 35,14	100m 01:14.82 39,68	150m 01:55.16 40,34	02:34.83(+75)
6. Xander Vis (De Schotejil, 200300173)	50m 00:34.49 34,49	100m 01:13.58 39,09	150m 01:54.26 40,68	02:34.93(+71)
7. Ivo Kroes (Azuro, 200300079)	50m 00:34.62 34,62	100m 01:14.35 39,73	150m 01:55.03 40,68	02:35.10(+81)
8. Frederik Adema (De Granaet, 200300253)	50m 00:35.77 35,77	100m 01:16.69 40,92	150m 01:58.03 41,34	02:39.79(+70)
9. Antwan Prins (De Hardenberg, 200300209)	50m 00:36.75 36,75	100m 01:18.08 41,33	150m 02:00.04 41,96	02:39.91(+72)
10. Thomas Swartjes (Aqua-Novio'94, 200302825)	50m 00:35.34 35,34	100m 01:16.19 40,85	150m 01:58.59 42,40	02:39.94(+81)
11. Milan Hamel (The Hague Swimming (SG), 200302125)	50m 00:36.68 36,68	100m 01:18.52 41,84	150m 01:59.43 40,91	02:40.01(+73)
12. Perry Laarhoven (ZPC Numansdorp, 200301321)	50m 00:35.01 35,01	100m 01:15.15 40,14	150m 01:57.37 42,22	02:40.02(+78)
13. Mel van Gemert (PSV, 200300323)	50m 00:36.50 36,50	100m 01:18.09 41,59	150m 01:59.90 41,81	02:40.22(+81)
14. Tristan Beugelsdijk (De Hardenberg, 200300783)	50m 00:35.71 35,71	100m 01:16.54 40,83	150m 01:58.54 42,00	02:40.85(+78)
15. Noa Burgstra (TriVia, 200300557)	50m 00:35.44 35,44	100m 01:15.82 40,38	150m 01:58.60 42,78	02:41.02(+80)
16. Kieran de Heer (De Veene, 200301009)	50m 00:34.89 34,89	100m 01:15.65 40,76	150m 01:58.55 42,90	02:41.03(+64)
17. Lars Meijer (ZPC De Hof, 200301497)	50m 00:35.58 35,58	100m 01:16.69 41,11	150m 01:59.09 42,40	02:43.18(+80)
18. Lucas Pfaff (ZPC Woerden, 200303391)	50m 00:35.99 35,99	100m 01:17.45 41,46	150m 02:01.36 43,91	02:44.39(+74)

43. 200m schoolslag - Heren

15 - 15 jaar (Junioren 4)

1. Timo Spaans (PSV, 200201087)	02:24.80(+69)
50m 00:32.23 32,23 100m 01:10.57 38,34 150m 01:49.15 38,58	
2. Bram Zwetsloot (Nuenen, 200202117)	02:25.09(+64)
50m 00:31.21 31,21 100m 01:08.10 36,89 150m 01:46.20 38,10	
3. Guido Brink (ZPC De Zeeuwse Kust, 200200199)	02:25.28(+63)
50m 00:32.50 32,50 100m 01:09.69 37,19 150m 01:47.76 38,07	
4. Jurre Hanstede (De Dinkel, 200201019)	02:25.98(+78)
50m 00:33.48 33,48 100m 01:10.57 37,09 150m 01:48.24 37,67	
5. Sean Niewold (WVZ, 200204699)	02:28.06(+75)
50m 00:33.15 33,15 100m 01:10.82 37,67 150m 01:49.51 38,69	
6. Elroy Schot (De Dolfijn, 200200689)	02:28.29(+64)
50m 00:32.79 32,79 100m 01:10.46 37,67 150m 01:49.43 38,97	
7. Lars Verhalle (VZC, 200200019)	02:28.91(+75)
50m 00:32.71 32,71 100m 01:10.08 37,37 150m 01:49.86 39,78	
8. Brandon van den Berg (The Hague Swimming (SG), 200200669)	02:31.13(+67)
50m 00:33.44 33,44 100m 01:11.54 38,10 150m 01:51.45 39,91	
9. Scott Jansen (WVZ, 200202455)	02:34.12(+76)
50m 00:33.89 33,89 100m 01:12.47 38,58 150m 01:52.67 40,20	
10. Devin Servais (De Dommelbaarzen, 200202285)	02:34.42(+77)
50m 00:34.18 34,18 100m 01:13.06 38,88 150m 01:53.52 40,46	

7. 200m schoolslag - Heren

16 - 17 jaar (Jeugd 1 en 2)

1. Sten Postma (VZC, 200000011)	02:14.86(+69)
50m 00:30.35 30,35 100m 01:04.78 34,43 150m 01:39.79 35,01	
2. Juri Dijkstra (RTC-TriVia, 200002119)	02:16.66(+72)
50m 00:30.78 30,78 100m 01:05.90 35,12 150m 01:42.10 36,20	
3. Thom Delno (VZC, 200000013)	02:16.91(+72)
50m 00:30.82 30,82 100m 01:05.52 34,70 150m 01:41.00 35,48	
4. Quinn van den Heuvel (RTC-WVZ, 200100297)	02:17.12(+74)
50m 00:31.04 31,04 100m 01:06.02 34,98 150m 01:41.74 35,72	
5. Stijn Boertien (Dedemsvaart-AC, 200100719)	02:19.60(+77)
50m 00:31.57 31,57 100m 01:07.30 35,73 150m 01:43.18 35,88	
6. Olivier Jans (The Hague Swimming (SG), 200001815)	02:22.09(+74)
50m 00:32.14 32,14 100m 01:08.10 35,96 150m 01:44.97 36,87	
7. Joost de Roy van Zuydewijn (WVZ, 200000255)	02:22.30(+71)
50m 00:31.55 31,55 100m 01:07.88 36,33 150m 01:44.81 36,93	
8. Emile Dost (Borger, 200100731)	02:23.03(+78)
50m 00:32.06 32,06 100m 01:08.44 36,38 150m 01:45.63 37,19	
9. Rijk Dragstra (ZPC AMERSFOORT, 200102473)	02:26.09(+68)
50m 00:32.27 32,27 100m 01:09.65 37,38 150m 01:47.50 37,85	
10. Marcel Delfstra (Wetterwille, 200100037)	02:28.68(+73)
50m 00:33.91 33,91 100m 01:11.89 37,98 150m 01:50.16 38,27	

8. 100m vrije slag - Dames

14 - 15 jaar (Jeugd 1 en 2)

1. Imani de Jong (RTC-ZPCH, 200200464)	00:55.39(+69)
50m 00:26.38 26,38	
2. Nienke Jonk (RTC-Hieronymus, 200203000)	00:55.65(+71)
50m 00:27.05 27,05	

3. Femke Spiering (RTC-VZC, 200204514) 50m 00:26.89 26,89	00:55.81 (+76)
4. Elise Tanis (RTC-De Schoteijl, 200200120) 50m 00:27.18 27,18	00:56.07 (+72)
5. Britta Koehorst (RTC-De Lansingh, 200300246) 50m 00:26.99 26,99	00:56.18 (+71)
6. Silke Huisman (Orca, 200301182) 50m 00:27.77 27,77	00:57.45 (+74)
7. Christy Geurts (RTC-WVZ, 200203734) 50m 00:28.30 28,30	00:58.62 (+80)
8. Femke Hoppenbrouwer (The Hague Swimming (SG), 200301124) 50m 00:27.89 27,89	00:58.88 (+77)
9. Yara van Kalmthout (Nova, 200200984) 50m 00:28.40 28,40	00:59.33 (+86)
10. Lieke Oude Lenferink (WS Twente, 200200068) 50m 00:28.40 28,40	00:59.35 (+70)
44. 100m vrije slag - Dames 11 - 11 jaar (Junioren 1)	
1. Pippa van 't Land (ZPC AMERSFOORT, 200600426) 50m 00:30.10 30,10	01:03.39 (+75)
2. Charley Blide (ZPC Hoogeveen, 200600164) 50m 00:30.78 30,78	01:05.36 (+81)
3. Elydjah van der Heul (Van Vliet-Barracuda, 200602180) 50m 00:32.16 32,16	01:05.63 (+68)
4. Kimberly Ruiten (De Columbiaan, 200600492) 50m 00:30.69 30,69	01:05.68 (+74)
5. Anouk van Hattum (Hellas-Glana, 200600738) 50m 00:31.61 31,61	01:05.74 (+73)
6. Estelle van Wijngaarden (ZPB H&L Productions, 200601020) 50m 00:32.63 32,63	01:06.20 (+79)
7. Melissa Odemis (ZV Haerlem, 200602422) 50m 00:32.22 32,22	01:06.62 (+80)
8. Robyn Hulleman (ZVV, 200600890) 50m 00:31.97 31,97	01:06.69 (+78)
9. Leyla Oversluizen (De Schoteijl, 200602730) 50m 00:32.75 32,75	01:07.26 (+65)
10. Djanilla Brink (DAW, 200600988) 50m 00:33.15 33,15	01:07.47 (+82)
11. Kim Oudendijk (KZC, 200600964) 50m 00:32.75 32,75	01:07.80 (+75)
12. Sophie Faveaux (ZPC AMERSFOORT, 200600286) 50m 00:32.70 32,70	01:07.94 (+81)
13. Joëlle de Does (Ed-Vo, 200600008) 50m 00:32.82 32,82	01:07.97 (+71)
14. Jade van der Maas (WVZ, 200600408) 50m 00:32.61 32,61	01:08.07 (+78)
15. Valerie van der Velden (PSV, 200600860) 50m 00:32.21 32,21	01:08.35 (+74)
16. Sara Korthuis (TriVia, 200600494) 50m 00:32.86 32,86	01:09.41 (+69)

17. Anouk van Dongen (Aqua-Novio'94, 200600084) 50m 00:33.03 33,03	01:09.99(+78)
18. Ilse Oosterbaan (ZV De Zaan, 200601178) 50m 00:33.70 33,70	01:10.13(+90)
19. Linde van Wijngaarden (De Dolfijn, 200601372) 50m 00:33.46 33,46	01:10.15(+69)
20. Lieke Rossel (KSN (SG), 200603070) 50m 00:33.42 33,42	01:10.67(+78)
45. 100m vrije slag - Dames 12 - 12 jaar (Junioren 2)	
1. Noa Teuben (FZC'54-De Vikings (SG), 200500254) 50m 00:29.22 29,22	01:00.02(+65)
2. Thera Janssen (Aqua-Novio'94, 200500270) 50m 00:29.27 29,27	01:01.08(+80)
3. Yke Groener (De Dinkel, 200500772) 50m 00:29.87 29,87	01:02.58(+76)
4. Lianne Beekman (ZVV, 200500124) 50m 00:30.24 30,24	01:02.66(+73)
5. Sophia van Droffelaar (ZVVS, 200500330) 50m 00:30.48 30,48	01:03.24(+69)
6. Annelieke Stegink (Batavia Swim, 200500570) 50m 00:30.68 30,68	01:03.64(+74)
7. Iris Timmermans (Het Ravijn, 200500172) 50m 00:30.55 30,55	01:03.71(+73)
8. Lynn Reitsma (Swol 1894, 200502750) 50m 00:30.46 30,46	01:03.79(+81)
9. Aniek van den Brink (De Dolfijn, 200500090) 50m 00:31.30 31,30	01:04.34(+72)
10. Bridget Vermeer (VZC, 200501766) 50m 00:30.76 30,76	01:04.38(+77)
11. Emma Riemers (MSV-Zeemacht, 200500748) 50m 00:31.25 31,25	01:04.90(+80)
12. Jennifer Veldhuisen (Kon AZ 1870, 200502500) 50m 00:31.49 31,49	01:05.03(+70)
13. Liz Veltman (De Ward, 200503668) 50m 00:31.09 31,09	01:05.13(+81)
14. Marin Wieling (Aquarijn, 200501220) 50m 00:31.23 31,23	01:05.19(+75)
15. Asha van Lobberegt (ZZ&PC De Devel, 200500088) 50m 00:31.05 31,05	01:05.73(+68)
16. Marte Hieke van der Kamp (FZC'54-De Vikings (SG), 200500218) 50m 00:31.83 31,83	01:05.78(+83)
17. Francesca Coppo (De Dolfijn, 200501242) 50m 00:32.76 32,76	01:06.04(+76)
18. Elise Bams (Zwemclub Eijdsden, 200500834) 50m 00:31.79 31,79	01:06.11(+82)
19. Kim Westerink (Octopus, 200501078) 50m 00:32.06 32,06	01:06.17(+65)
20. Julia van Sloun (Hellas-Glana, 200500478)	01:06.29(+83)

50m 00:32.15 32,15

21. Romée Veldt (Oceanus, 200500164) 50m 00:32.24 32,24	01:06.73(+68)
22. Colinda van der Zanden (Noord-Limburg (SG), 200502618) 50m 00:31.51 31,51	01:06.78(+67)
23. Evelyn Liket (ZVVS, 200503118) 50m 00:31.50 31,50	01:06.85(+86)
24. Anastasia Romano (MNC Dordrecht, 200501076) 50m 00:32.50 32,50	01:08.05(+76)
46. 100m vrije slag - Dames 13 - 13 jaar (Junioren 3)	
1. Anna van Droffelaar (RTC-ZVVS, 200400258) 50m 00:27.92 27,92	00:58.35(+67)
2. Jetske Moot (ZPC AMERSFOORT, 200400230) 50m 00:28.92 28,92	00:59.65(+79)
3. Janna van Kooten (TriVia, 200404584) 50m 00:28.66 28,66	00:59.76(+75)
4. Sterre Hendriks (PSV, 200401288) 50m 00:28.67 28,67	01:00.11(+77)
5. Puck Koopman (De Dinkel, 200400038) 50m 00:28.96 28,96	01:00.90(+81)
6. Milou van Wijk (MNC Dordrecht, 200404948) 50m 00:28.91 28,91	01:00.91(+76)
7. Ismay Lichtendonk (Dedemsvaart-AC, 200400622) 50m 00:29.78 29,78	01:01.67(+75)
8. Jill Nai Chung Tong (ZVVS, 200404272) 50m 00:29.49 29,49	01:01.68(+81)
9. Janne Slegers (Tempo, 200404090) 50m 00:29.23 29,23	01:01.69(+75)
10. Kim van Dongen (Aqua-Novio'94, 200400140) 50m 00:29.23 29,23	01:01.79(+76)
11. Bridget de Bat (ZPC De Zeeuwse Kust, 200400382) 50m 00:29.42 29,42	01:02.03(+78)
12. Nora Weerman (ZV 44, 200400620) 50m 00:30.06 30,06	01:02.71(+71)
13. Charlotte Wilbers (ZPC Hoogeveen, 200400312) 50m 00:30.19 30,19	01:02.82(+76)
14. Marieke Lenderink (De Dinkel, 200400778) 50m 00:30.32 30,32	01:02.86(+78)
15. Kirsten Verhale (VZC, 200400210) 50m 00:30.42 30,42	01:02.88(+79)
16. Rinske Bouman (ZZ&PC De Devel, 200400578) 50m 00:30.49 30,49	01:03.08(+78)
17. Sterre-Marit Drok (Stadskanaal, 200400880) 50m 00:30.61 30,61	01:03.13(+73)
18. Zara Govaers (De IJsselmeeuwen, 200401272) 50m 00:30.35 30,35	01:03.15(+81)
19. Sanne Temmen (De Dinkel, 200400682) 50m 00:30.48 30,48	01:03.16(+81)

20. Myrthe Natzijl (KSN (SG), 200400076) 50m 00:30.65 30,65	01:03.22(+78)
21. Veerle Nieborg (TriVia, 200400428) 50m 00:30.74 30,74	01:03.48(+76)
22. Amber Jacobs (NDD, 200403412) 50m 00:31.39 31,39	01:03.73(+77)
23. Femke van Wijk (Groenlose Zwemvereniging, 200403434) 50m 00:31.05 31,05	01:03.87(+88)
24. Luna de Vries (Aqua-Novio'94, 200400516) 50m 00:30.63 30,63	01:03.88(+71)
25. Nienke Snel (ZPC AMERSFOORT, 200400094) 50m 00:30.60 30,60	01:04.03(+85)
26. Daniëlle Vis (De Columbiaan, 200401044) 50m 00:30.82 30,82	01:04.06(+77)
27. Sophie Stekelenburg (Zwemlust-den Hommel, 200400166) 50m 00:30.04 30,04	01:04.07(+70)
28. Dyonne Klomp (Nederweert, 200400642) 50m 00:30.06 30,06	01:04.15(+86)
29. Iris Nieuwhof (TriVia, 200401944) 50m 00:30.59 30,59	01:04.23(+82)
30. Lorena Dreschers (Hellas-Glana, 200401364) 50m 00:30.96 30,96	01:04.50(+66)
209. 100m vrije slag - Dames	
11 - 15 jaar (<i>Jeugd 2 en later</i>)	
1. Ilona Venema (ReVeLie Swim Team, 200200050) [S10] 50m 00:29.18 29,18	01:00.93(+77)
2. Feija de Bruin (WVZ, 200400106) [S10] 50m 00:34.17 34,17	01:11.06(+86)
3. Iris Onnink (De Vrije Slag, 200301836) [S10] 50m 00:35.62 35,62	01:15.31(+74)
4. Milena Keurentjes (NDD, 200404434) [S10] 50m 00:35.71 35,71	01:16.18(+70)
5. Milou van Winkel (AZC, 200402296) [S14] 50m 00:36.29 36,29	01:18.43(+92)
6. Mara de Bruin (DWK, 200303268) [S9] 50m 00:39.31 39,31	01:22.55(+85)
7. Rosalie van Druenen (BZV, 200305066) [S10] 50m 00:38.90 38,90	01:20.62(+76)
8. Diede Struijk (Nuenen, 200403824) [S12] 50m 00:39.18 39,18	01:21.13(+82)
14. 100m vrije slag - Heren	
16 - 17 jaar (<i>Jeugd 1 en 2</i>)	
1. Luc Kroon (RTC-Ed-Vo, 200100697) 50m 00:23.69 23,69	00:48.77(+76)
2. Jelle Betten (RTC-DZ&PC, 200001535) 50m 00:24.50 24,50	00:50.38(+81)
3. Austin Namesnik (ZPC AMERSFOORT, 200101817) 50m 00:24.39 24,39	00:50.78(+62)
4. Kenzo Simons (De Dolfijn, 200105415) 50m 00:24.31 24,31	00:50.98(+68)

5. David Kuipers (Orca, 200003633) 50m 00:25.74 25,74	00:52.99(+77)
6. Jelle Smid (Aqua-Novio'94, 200100627) 50m 00:25.36 25,36	00:53.00(+65)
7. Jesse Zweers (Dedemsvaart-AC, 200100399) 50m 00:25.15 25,15	00:53.06(+72)
8. Anton Jansen (PSV, 200003621) 50m 00:25.67 25,67	00:53.07(+68)
9. Sten Postma (VZC, 200000011) 50m 00:25.14 25,14	00:53.14(+69)
10. Bas Morelissen (ZPC AMERSFOORT, 200100861) 50m 00:25.74 25,74	00:53.27(+67)
215. 100m vrije slag - Heren	
<i>12 - 17 jaar</i>	
1. Sam Janmaat (ZPC AMERSFOORT, 200203017) [S10] 50m 00:26.52 26,52	00:54.78(+69)
2. Duncan van Haaren (NTC PARA-WIDEX GZC DONK, 200000681) [S10] 50m 00:26.51 26,51	00:55.36(+71)
3. Querijn Hensen (The Hague Swimming (SG), 200102121) [S10] 50m 00:26.64 26,64	00:55.87(+71)
4. Thomas van Wanrooij (NTC PARA-Poseidon '56, 200201473) [S13] 50m 00:27.15 27,15	00:56.60(+82)
5. Nathan Wees (ZPC AMERSFOORT, 200101427) [S10] 50m 00:27.65 27,65	00:57.09(+65)
6. Yanu van Leeuwen (TZC-Vahalis, 200500509) [S9] 50m 00:35.91 35,91	01:15.45(+74)
7. Daan Waterlander (HZ&PC Heerenveen, 200203405) [S9] 50m 00:38.50 38,50	01:20.29(+87)
8. Nick Selten (Merlet, 200403275) [S9] 50m 00:39.85 39,85	01:21.86(+81)
9. Josh Renkema (De Otters Het Gooi, 200402537) [S7] 50m 00:51.39 51,39	01:45.78(+62)
16. 100m vlinderslag - Dames	
<i>14 - 15 jaar (Jeugd 1 en 2)</i>	
1. Nienke Jonk (RTC-Hieronymus, 200203000) 50m 00:27.93 27,93	00:59.89(+71)
2. Elise Tanis (RTC-De Schoteijl, 200200120) 50m 00:28.79 28,79	01:01.49(+71)
3. Femke Splering (RTC-VZC, 200204514) 50m 00:28.88 28,88	01:01.60(+76)
4. Britta Koehorst (RTC-De Lansingh, 200300246) 50m 00:29.28 29,28	01:03.06(+73)
5. Tessa Giele (SCOM/De Zeehond'73 (SG), 200203124) 50m 00:30.04 30,04	01:03.77(+64)
6. Nikki Smeets (Hellas-Glana, 200200080) 50m 00:29.41 29,41	01:03.88(+66)
7. Amy de Sain (De Dolfijn, 200304690) 50m 00:29.72 29,72	01:04.17(+74)
8. Lotte Hosper (RTC-Racing Club, 200201414)	01:04.18(+79)

	50m 00:29.93 29,93	
9.	Imani de Jong (RTC-ZPCH, 200200464) 50m 00:30.37 30,37	01:05.54(+71)
10.	Lynn Joor (WS Twente, 200300550) 50m 00:30.34 30,34	01:08.08(+75)
220.	100m vlinderslag - Dames 11 - 15 jaar (Jeugd 2 en later)	
1.	Ilona Venema (ReVeLie Swim Team, 200200050) [S10] 50m 00:31.83 31,83	01:07.55(+74)
2.	Feija de Bruin (WVZ, 200400106) [S10] 50m 00:39.41 39,41	01:26.23(+95)
3.	Milou van Winkel (AZC, 200402296) [S14] 50m 00:45.47 45,47	01:39.90(+93)
47.	100m vlinderslag - Heren 12 - 12 jaar (Junioren 1)	
1.	Cas Verstegen (HZPC, 200500891) 50m 00:32.24 32,24	01:08.77(+71)
2.	Tijn van Kuijk (HZPC, 200501087) 50m 00:31.96 31,96	01:09.79(+75)
3.	Gabriel Been (The Hague Swimming (SG), 200501467) 50m 00:32.57 32,57	01:10.12(+74)
4.	Mats Meyer (Nova, 200500095) 50m 00:32.96 32,96	01:11.11(+81)
5.	Teye Chan (De Dommelbaarzen, 200501941) 50m 00:33.62 33,62	01:11.24(+70)
6.	Nick Buitendijk (Triton, 200500389) 50m 00:31.97 31,97	01:11.50(+77)
7.	Sven Klink (ZV 44, 200500349) 50m 00:33.05 33,05	01:13.58(+70)
8.	Émile Fouzaï (The Hague Swimming (SG), 200500263) 50m 00:34.63 34,63	01:13.75(+66)
9.	Sven ten Hove (Hieronymus, 200500273) 50m 00:33.92 33,92	01:15.27(+63)
10.	Jasper Camphuijnder (OEZA, 200502367) 50m 00:35.46 35,46	01:20.23(+85)
48.	100m vlinderslag - Heren 13 - 13 jaar (Junioren 2)	
1.	Simon Claasen (ZPC AMERSFOORT, 200400231) 50m 00:28.20 28,20	01:01.38(+71)
2.	Merlin Belmon (De Dolfijn, 200403191) 50m 00:29.37 29,37	01:03.35(+74)
3.	Hendrik van der Leest (FZC'54-De Vikings (SG), 200404339) 50m 00:29.14 29,14	01:04.38(+73)
4.	Jay de Vries (ZZ&PC De Devel, 200400669) 50m 00:29.82 29,82	01:05.41(+75)
5.	Damian Waas (De Warande, 200402285) 50m 00:29.95 29,95	01:05.47(+72)
6.	Sijbren Beeksma (TriVia, 200400133) 50m 00:29.83 29,83	01:05.69(+65)
7.	Kai Zwerver (FZC'54-De Vikings (SG), 200401175)	01:06.64(+74)

50m 00:30.55 30,55	
8. Timo Kock (ZZ&PC De Devel, 200400387) 50m 00:31.37 31,37	01:06.80(+84)
9. Luca Janssen (Mosa-Regio, 200403237) 50m 00:31.13 31,13	01:06.92(+77)
10. Pepijn van Egmond (WVZ, 200402309) 50m 00:30.85 30,85	01:07.54(+74)
11. Teun van der Schrier (Hieronymus, 200403627) 50m 00:31.31 31,31	01:07.67(+81)
12. David Groenewegen (PSV, 200400469) 50m 00:31.83 31,83	01:07.77(+77)
13. Thijm Kruit (De Columbiaan, 200401339) 50m 00:30.98 30,98	01:07.81(+74)
14. Chris van der Hout (The Hague Swimming (SG), 200401355) 50m 00:31.28 31,28	01:07.88(+75)
15. Jort van der Vlag (WS Twente, 200400335) 50m 00:31.40 31,40	01:08.37(+67)
16. Olivier Krayenbuhl (The Hague Swimming (SG), 200403215) 50m 00:31.52 31,52	01:08.98(+77)
17. Tim Haimé (The Hague Swimming (SG), 200403567) 50m 00:33.60 33,60	01:09.30(+79)
18. Luuk van Rooij (PSV, 200400581) 50m 00:32.10 32,10	01:09.79(+75)
19. Ruben Claasen (ZPC AMERSFOORT, 200400229) 50m 00:32.56 32,56	01:11.19(+64)
49. 100m vlinderslag - Heren 14 - 14 jaar (Junioren 3)	
1. Tim Korstanje (Aqua-Novio'94, 200300053) 50m 00:27.18 27,18	00:58.56(+71)
2. Luuk Bos (VZ&PC, 200300151) 50m 00:28.07 28,07	01:01.68(+65)
3. Keanu Streefland (RTC-Racing Club, 200302445) 50m 00:28.82 28,82	01:02.38(+72)
4. Zev Bulk (WIDEX GZC DONK, 200304021) 50m 00:29.78 29,78	01:02.90(+65)
5. Evano Ticoalu (Aqua-Novio'94, 200304751) 50m 00:29.61 29,61	01:02.96(+72)
6. Sjors Lemmers (Merlet, 200300555) 50m 00:29.21 29,21	01:03.27(+71)
50. 100m vlinderslag - Heren 15 - 15 jaar (Junioren 4)	
1. Bjorn van Doesburg (Aquarijn, 200201867) 50m 00:26.20 26,20	00:57.29(+75)
2. Kirill Hrabcuns (ZPC AMERSFOORT, 200201221) 50m 00:27.11 27,11	00:58.03(+66)
3. Nikhom Westphal (SCOM/De Zeehond'73 (SG), 200203329) 50m 00:26.88 26,88	00:58.12(+79)
4. Sean Niewold (WVZ, 200204699) 50m 00:27.49 27,49	00:58.88(+77)

5. Timo Spaans (PSV, 200201087)	00:59.55(+71)
50m 00:28.05 28,05	
6. Maquinho Vorst (ZPC De Hof, 200204179)	01:00.42(+80)
50m 00:27.56 27,56	
7. Lars Verhalle (VZC, 200200019)	01:00.50(+77)
50m 00:28.05 28,05	
8. Maurice Pater (TriVia, 200200909)	01:00.68(+78)
50m 00:27.84 27,84	
9. Sem Zijl (De Dolfijn, 200204757)	01:00.92(+65)
50m 00:28.45 28,45	
21. 100m vlinderslag - Heren	
16 - 17 jaar (Jeugd 1 en 2)	
1. Jylano Nahr (RTC-Zwemsport Parkstad (SG), 200102593)	00:54.65(+75)
50m 00:25.62 25,62	
2. Junior de Bruin (ZPC Hoogeveen, 200000839)	00:54.81(+71)
50m 00:25.85 25,85	
3. Austin Namesnik (ZPC AMERSFOORT, 200101817)	00:55.35(+62)
50m 00:25.45 25,45	
4. Tim Hoogerwerf (DWK, 200005587)	00:56.54(+72)
50m 00:26.39 26,39	
5. Jari Groenhart (RTC-TriVia, 200000271)	00:57.46(+74)
50m 00:26.95 26,95	
6. Dennis Kamps (De Dinkel, 200000191)	00:57.76(+75)
50m 00:26.78 26,78	
7. Niels de Boer (Eurode KZC, 200001977)	00:58.31(+71)
50m 00:26.82 26,82	
8. Brent Günther (VZC, 200000447)	00:58.92(+62)
50m 00:27.68 27,68	
9. Gerard Willighagen (Poseidon'56, 200103663)	00:59.10(+67)
50m 00:27.48 27,48	
10. Bernardus De Freitas Steverink (PSV, 200105427)	00:59.45(+65)
50m 00:27.80 27,80	
222. 100m vlinderslag - Heren	
12 - 17 jaar	
1. Bastian Renshoff (Octopus, 200001261) [S10]	01:05.39(+86)
50m 00:29.98 29,98	
2. Nathan Wees (ZPC AMERSFOORT, 200101427) [S10]	01:08.79(+69)
50m 00:31.46 31,46	
3. Yanu van Leeuwen (TZC-Vahalis, 200500509) [S9]	01:27.22(+77)
50m 00:39.40 39,40	
23. 50m schoolslag - Dames	
14 - 15 jaar (Jeugd 1 en 2)	
1. Britta Koehorst (RTC-De Lansingh, 200300246)	00:32.47(+70)
2. Lynn Joor (WS Twente, 200300550)	00:32.93(+72)
3. Jule Franken (PSV, 200204024)	00:33.06(+73)
4. Tessa Loos (ZC Aquadream, 200200608)	00:33.08(+50)
5. Mandy van Rossum (Aqua-Novio'94, 200204904)	00:33.55(+72)
5. Birgit van Buiten (DWK, 200200498)	00:33.55(+72)

7. Silke Huisman (Orca, 200301182)	00:33.72(+74)
8. Mirthe Schenkel (ZPC Hoogeveen, 200300666)	00:34.04(+76)
9. Zanze Janssen (Aqua-Novio'94, 200201786)	00:34.27(+71)
10. Lotte Pieterman (ZV 44, 200301838)	00:34.39(+68)
51. 50m schoolslag - Dames	
<i>11 - 11 jaar (Junioren 1)</i>	
1. Elydjah van der Heul (Van Vliet-Barracuda, 200602180)	00:35.97(+67)
2. Sophie Faveaux (ZPC AMERSFOORT, 200600286)	00:38.29(+79)
3. Veerle Riezebos (ZV 44, 200600712)	00:38.97(+81)
4. Anouk van Hattum (Hellas-Glana, 200600738)	00:39.04(+73)
5. Kimberly Ruiter (De Columbiaan, 200600492)	00:39.19(+74)
6. Megan Jonkman (The Hague Swimming (SG), 200600508)	00:40.52(+74)
52. 50m schoolslag - Dames	
<i>12 - 12 jaar (Junioren 2)</i>	
1. Noa Teuben (FZC'54-De Vikings (SG), 200500254)	00:35.79(+68)
2. Bridget Vermeer (VZC, 200501766)	00:36.06(+81)
3. Lianne Beekman (ZVV, 200500124)	00:36.29(+73)
4. Jelsie van Ruijven (WVZ, 200500282)	00:37.13(+70)
5. Aniek van den Brink (De Dolfijn, 200500090)	00:37.56(+76)
6. Dion Boeijen (Aqua-Novio'94, 200500008)	00:37.64(+76)
7. Niké Telkamp (The Hague Swimming (SG), 200501088)	00:37.66(+77)
8. Anastasia Romano (MNC Dordrecht, 200501076)	00:37.82(+74)
9. Kelly Dijst (WZ&PC Purmerend, 200500252)	00:37.91(+74)
10. Myrthe Dorgelo (ZVZ, 200500068)	00:38.04(+75)
11. Francesca Coppo (De Dolfijn, 200501242)	00:38.15(+74)
12. Arianne Meijer (HZ&PC Heerenveen, 200500304)	00:38.50(+73)
53. 50m schoolslag - Dames	
<i>13 - 13 jaar (Junioren 3)</i>	
1. Anna van Droffelaar (RTC-ZVVS, 200400258)	00:32.51(+67)
2. Jill Nai Chung Tong (ZVVS, 200404272)	00:34.43(+82)
3. Emma Hofstee (TriVia, 200401282)	00:34.50(+80)
4. Sterre Hendriks (PSV, 200401288)	00:34.99(+76)
5. Daniëlle Vis (De Columbiaan, 200401044)	00:35.16(+77)
6. Iris Nieuwhof (TriVia, 200401944)	00:35.33(+77)
7. Ismay Lichtendonk (Dedemsvaart-AC, 200400622)	00:35.67(+72)
8. Britt van den Boom (Zwemsport Parkstad (SG), 200401178)	00:35.97(+74)
9. Nora Weerman (ZV 44, 200400620)	00:36.04(+73)
10. Yvette Buis (De Dolfijn, 200401830)	00:36.31(+66)
224. 50m schoolslag - Dames	
<i>11 - 15 jaar (Jeugd 2 en later)</i>	
1. Milena Keurentjes (NDD, 200404434) [SB9]	00:43.70(+70)

2. Iris Onnink (De Vrije Slag, 200301836) [SB9]	00:44.26(+81)
3. Mayke van Tintelen (OZ&PC, 200200688) [SB14]	00:45.62(+77)
4. Rosalie van Druenen (BZV, 200305066) [SB9]	00:46.44(+77)
5. Feija de Bruin (WVZ, 200400106) [SB9]	00:46.58(+84)
6. Mara de Bruin (DWK, 200303268) [SB8]	00:54.69(+89)
29. 50m schoolslag - Heren	
<i>16 - 17 jaar (Jeugd 1 en 2)</i>	
1. Juri Dijkstra (RTC-TriVia, 200002119)	00:27.72(+70)
2. Stijn Boertien (Dedemsvaart-AC, 200100719)	00:28.88(+77)
3. Martin Ruiten (Batavia Swim, 200001309)	00:29.01(+68)
4. Thom Delno (VZC, 200000013)	00:29.06(+69)
5. Quinn van den Heuvel (RTC-WVZ, 200100297)	00:29.34(+73)
6. Rick Bulman (PSV, 200101899)	00:29.48(+68)
7. Jesse Zweers (Dedemsvaart-AC, 200100399)	00:29.89(+74)
8. Derk Beemer (PSV, 200002901)	00:30.08(+68)
9. Gijsbert Pelleboer (De Dinkel, 200000327)	00:30.32(+81)
10. Milan ten Broek (ZPC AMERSFOORT, 200000229)	00:30.36(+66)
230. 50m schoolslag - Heren	
<i>12 - 17 jaar</i>	
1. Duncan van Haaren (NTC PARA-WIDEX GZC DONK, 200000681) [SB9]	00:30.10(+70)
2. Bastian Renshoff (Octopus, 200001261) [SB9]	00:33.47(+83)
3. Querijn Hensen (The Hague Swimming (SG), 200102121) [SB9]	00:33.91(+72)
4. Sam Janmaat (ZPC AMERSFOORT, 200203017) [SB9]	00:34.06(+71)
5. Thomas van Wanrooij (NTC PARA-Poseidon '56, 200201473) [SB13]	00:35.46(+80)
6. Yanu van Leeuwen (TZC-Vahalis, 200500509) [SB8]	00:44.37(+76)
7. Willem Poortinga (Wetterwille, 200105093) [SB9]	00:42.24(+78)
8. Josh Renkema (De Otters Het Gooi, 200402537) [SB6]	01:03.45(+61)
34. 400m vrije slag - Dames	
54. 400m vrije slag - Heren	
<i>12 - 12 jaar (Junioren 1)</i>	
1. Niels Jansen (Aqua-Novio'94, 200501019)	04:45.07(+70)
50m 00:30.29 30,29 150m 01:41.10 36,07 250m 02:54.73 36,95 350m 04:08.91 37,41	
100m 01:05.03 34,74 200m 02:17.78 36,68 300m 03:31.50 36,77	
2. Gabriel Been (The Hague Swimming (SG), 200501467)	04:47.37(+79)
50m 00:31.96 31,96 150m 01:45.59 37,34 250m 02:59.91 37,10 350m 04:12.99 36,44	
100m 01:08.25 36,29 200m 02:22.81 37,22 300m 03:36.55 36,64	
3. Steijn Louter (ZC Aquadream, 200500793)	04:51.63(+66)
50m 00:32.26 32,26 150m 01:45.26 36,97 250m 03:01.22 38,12 350m 04:16.90 37,48	
100m 01:08.29 36,03 200m 02:23.10 37,84 300m 03:39.42 38,20	
4. Emiel van Oord (The Hague Swimming (SG), 200503707)	04:52.43(+67)
50m 00:31.49 31,49 150m 01:45.56 37,82 250m 03:01.26 37,94 350m 04:17.07 37,23	
100m 01:07.74 36,25 200m 02:23.32 37,76 300m 03:39.84 38,58	
5. Sven Klink (ZV 44, 200500349)	04:52.66(+70)
50m 00:31.02 31,02 150m 01:44.15 37,60 250m 03:01.51 38,85 350m 04:15.81 37,28	
100m 01:06.55 35,53 200m 02:22.66 38,51 300m 03:38.53 37,02	

6. Luka Geraerds (Hellas-Glana, 200502077)				04:52.67(+74)
50m	00:33.06 33,06	150m 01:48.44 38,19	250m 03:04.82 38,32	350m 04:19.73 36,83
100m	01:10.25 37,19	200m 02:26.50 38,06	300m 03:42.90 38,08	
7. Sven ten Hove (Hieronymus, 200500273)				04:55.86(+67)
50m	00:33.48 33,48	150m 01:48.50 37,98	250m 03:04.42 38,09	350m 04:20.14 37,25
100m	01:10.52 37,04	200m 02:26.33 37,83	300m 03:42.89 38,47	
8. Sem Agterdenbos (MNC Dordrecht, 200500049)				04:57.77(+72)
50m	00:31.82 31,82	150m 01:45.66 37,61	250m 03:02.07 38,40	350m 04:20.03 38,92
100m	01:08.05 36,23	200m 02:23.67 38,01	300m 03:41.11 39,04	
9. Björn Verkaik (The Hague Swimming (SG), 200500411)				05:00.62(+71)
50m	00:32.10 32,10	150m 01:47.33 38,70	250m 03:04.94 38,41	350m 04:22.85 39,05
100m	01:08.63 36,53	200m 02:26.53 39,20	300m 03:43.80 38,86	
10. Sigsten Jonkman (ZPC De Zeeuwse Kust, 200500523)				05:05.87(+68)
50m	00:32.81 32,81	150m 01:49.04 38,75	250m 03:07.88 39,61	350m 04:27.49 39,87
100m	01:10.29 37,48	200m 02:28.27 39,23	300m 03:47.62 39,74	
11. Mika Bongers (ESCA Zwemmen, 200502683)				05:07.29(+72)
50m	00:34.20 34,20	150m 01:52.43 39,40	250m 03:11.88 39,90	350m 04:31.33 39,43
100m	01:13.03 38,83	200m 02:31.98 39,55	300m 03:51.90 40,02	
12. David da Silva Miranda (FZC'54-De Vikings (SG), 200500019)				05:07.33(+77)
50m	00:33.62 33,62	150m 01:51.59 39,70	250m 03:11.51 40,22	350m 04:31.25 39,75
100m	01:11.89 38,27	200m 02:31.29 39,70	300m 03:51.50 39,99	
13. Yordan Taya (Zwemlust-den Hommel, 200501343)				05:07.40(+75)
50m	00:34.27 34,27	150m 01:52.15 39,43	250m 03:11.77 39,71	350m 04:31.06 39,16
100m	01:12.72 38,45	200m 02:32.06 39,91	300m 03:51.90 40,13	
14. Rens Stijf (NDD, 200501419)				05:07.62(+65)
50m	00:32.57 32,57	150m 01:49.80 39,40	250m 03:09.77 39,96	350m 04:29.90 39,85
100m	01:10.40 37,83	200m 02:29.81 40,01	300m 03:50.05 40,28	
15. Wouter Sies (TriVia, 200500369)				05:10.41(+82)
50m	00:33.66 33,66	150m 01:51.27 39,12	250m 03:11.75 40,56	350m 04:31.29 39,19
100m	01:12.15 38,49	200m 02:31.19 39,92	300m 03:52.10 40,35	
16. Casper Hoogervorst (De Columbiaan, 200500183)				05:13.20(+71)
50m	00:34.69 34,69	150m 01:54.58 40,25	250m 03:14.35 39,97	350m 04:34.97 40,29
100m	01:14.33 39,64	200m 02:34.38 39,80	300m 03:54.68 40,33	
BM. Andrei Enache (The Hague Swimming (SG), 200503831)				BM
50m	00:30.66 30,66	150m 01:40.98 35,80	250m 02:53.13 35,99	350m 04:03.69 35,26
100m	01:05.18 34,52	200m 02:17.14 36,16	300m 03:28.43 35,30	
55. 400m vrije slag - Heren				
13 - 13 jaar (Junioren 2)				
1. Stephan De Freitas Steverink (PSV, 200404481)				04:12.56(+67)
50m	00:28.24 28,24	150m 01:31.55 31,80	250m 02:36.34 32,07	350m 03:41.23 32,45
100m	00:59.75 31,51	200m 02:04.27 32,72	300m 03:08.78 32,44	
2. David Groenewegen (PSV, 200400469)				04:24.72(+83)
50m	00:29.41 29,41	150m 01:35.31 33,70	250m 02:44.49 35,01	350m 03:52.97 34,22
100m	01:01.61 32,20	200m 02:09.48 34,17	300m 03:18.75 34,26	
3. Simon Claasen (ZPC AMERSFOORT, 200400231)				04:25.81(+73)
50m	00:29.73 29,73	150m 01:37.31 34,28	250m 02:47.14 34,69	350m 03:55.96 34,20
100m	01:03.03 33,30	200m 02:12.45 35,14	300m 03:21.76 34,62	
4. Merlin Belmon (De Dolfijn, 200403191)				04:26.61(+74)
50m	00:29.09 29,09	150m 01:35.34 33,72	250m 02:44.78 35,00	350m 03:54.08 34,58
100m	01:01.62 32,53	200m 02:09.78 34,44	300m 03:19.50 34,72	
5. Timo Kock (ZZ&PC De Devel, 200400387)				04:26.71(+75)
50m	00:28.87 28,87	150m 01:34.73 33,50	250m 02:44.47 34,90	350m 03:53.95 34,65
100m	01:01.23 32,36	200m 02:09.57 34,84	300m 03:19.30 34,83	
6. Hendrik van der Leest (FZC'54-De Vikings (SG), 200404339)				04:29.53(+75)

	50m 00:29.31 29,31	150m 01:36.96 34,07	250m 02:46.28 34,80	350m 03:56.19 35,21	
	100m 01:02.89 33,58	200m 02:11.48 34,52	300m 03:20.98 34,70		
7. Abel te Riele (WVZ, 200402317)					04:29.71(+78)
	50m 00:30.48 30,48	150m 01:39.11 34,68	250m 02:48.53 34,67	350m 03:56.97 33,65	
	100m 01:04.43 33,95	200m 02:13.86 34,75	300m 03:23.32 34,79		
8. Kai Zwerver (FZC'54-De Vikings (SG), 200401175)					04:33.50(+75)
	50m 00:29.24 29,24	150m 01:37.16 34,79	250m 02:48.22 35,73	350m 03:59.45 35,53	
	100m 01:02.37 33,13	200m 02:12.49 35,33	300m 03:23.92 35,70		
9. Jacco Nijland (ZPC De Hof, 200400081)					04:34.32(+86)
	50m 00:30.09 30,09	150m 01:39.27 35,62	250m 02:49.64 34,69	350m 04:00.39 34,75	
	100m 01:03.65 33,56	200m 02:14.95 35,68	300m 03:25.64 36,00		
10. Teun van der Schrier (Hieronymus, 200403627)					04:35.38(+81)
	50m 00:30.76 30,76	150m 01:39.92 35,08	250m 02:50.31 35,21	350m 04:01.82 35,56	
	100m 01:04.84 34,08	200m 02:15.10 35,18	300m 03:26.26 35,95		
11. Robin van den Berg (ZV 44, 200400699)					04:35.83(+73)
	50m 00:29.94 29,94	150m 01:38.97 35,40	250m 02:50.24 35,92	350m 04:02.75 36,22	
	100m 01:03.57 33,63	200m 02:14.32 35,35	300m 03:26.53 36,29		
12. Luuk van Rooij (PSV, 200400581)					04:36.29(+82)
	50m 00:30.41 30,41	150m 01:38.08 34,19	250m 02:48.19 34,96	350m 03:59.81 35,99	
	100m 01:03.89 33,48	200m 02:13.23 35,15	300m 03:23.82 35,63		
13. Jay de Vries (ZZ&PC De Devel, 200400669)					04:36.32(+78)
	50m 00:30.90 30,90	150m 01:41.53 35,97	250m 02:52.45 35,43	350m 04:03.21 35,48	
	100m 01:05.56 34,66	200m 02:17.02 35,49	300m 03:27.73 35,28		
14. Erik Oldenkamp (De Lansingh, 200400597)					04:36.64(+72)
	50m 00:30.28 30,28	150m 01:39.85 35,53	250m 02:50.89 35,79	350m 04:02.48 35,43	
	100m 01:04.32 34,04	200m 02:15.10 35,25	300m 03:27.05 36,16		
15. Chris Verhoeven (PSV, 200400593)					04:36.96(+78)
	50m 00:30.47 30,47	150m 01:39.29 34,83	250m 02:50.52 35,57	350m 04:02.80 36,49	
	100m 01:04.46 33,99	200m 02:14.95 35,66	300m 03:26.31 35,79		
16. Pieter Wisse (PSV, 200400779)					04:37.56(+79)
	50m 00:30.70 30,70	150m 01:40.83 35,68	250m 02:52.20 35,54	350m 04:03.48 35,31	
	100m 01:05.15 34,45	200m 02:16.66 35,83	300m 03:28.17 35,97		
17. Nathan Janssen (MNC Dordrecht, 200401565)					04:39.75(+65)
	50m 00:31.99 31,99	150m 01:41.74 35,19	250m 02:53.64 36,36	350m 04:05.43 35,90	
	100m 01:06.55 34,56	200m 02:17.28 35,54	300m 03:29.53 35,89		
18. Jason van den Berg (Rotterdam Swimming (SG), 200400009)					04:41.19(+69)
	50m 00:30.28 30,28	150m 01:40.55 35,68	250m 02:52.65 35,94	350m 04:05.98 36,97	
	100m 01:04.87 34,59	200m 02:16.71 36,16	300m 03:29.01 36,36		
19. Bram Verkuijlen (PSV, 200401381)					04:41.39(+67)
	50m 00:29.62 29,62	150m 01:41.43 36,27	250m 02:53.51 36,38	350m 04:06.75 36,41	
	100m 01:05.16 35,54	200m 02:17.13 35,70	300m 03:30.34 36,83		
20. Jort van der Vlag (WS Twente, 200400335)					04:42.24(+77)
	50m 00:31.36 31,36	150m 01:41.63 35,45	250m 02:54.11 36,39	350m 04:07.18 36,45	
	100m 01:06.18 34,82	200m 02:17.72 36,09	300m 03:30.73 36,62		
21. Thijm Kruit (De Columbiaan, 200401339)					04:43.49(+72)
	50m 00:30.00 30,00	150m 01:39.92 35,73	250m 02:54.39 37,64	350m 04:09.03 37,38	
	100m 01:04.19 34,19	200m 02:16.75 36,83	300m 03:31.65 37,26		
22. Tycho de Jonge (KZC, 200400411)					04:43.86(+73)
	50m 00:31.49 31,49	150m 01:43.71 36,74	250m 02:57.49 36,99	350m 04:10.50 36,08	
	100m 01:06.97 35,48	200m 02:20.50 36,79	300m 03:34.42 36,93		
23. Pepijn van Egmond (WVZ, 200402309)					04:44.76(+77)
	50m 00:31.79 31,79	150m 01:44.13 36,66	250m 02:58.39 37,38	350m 04:11.05 36,03	
	100m 01:07.47 35,68	200m 02:21.01 36,88	300m 03:35.02 36,63		
24. Mac Peeks (ZPC Hoogeveen, 200400153)					04:46.02(+73)

	50m 00:30.98 30,98	150m 01:43.64 36,74	250m 02:58.18 37,29	350m 04:11.70 36,50	
	100m 01:06.90 35,92	200m 02:20.89 37,25	300m 03:35.20 37,02		
25. Collin Schouten (MSV-Zeemacht, 200400697)					04:47.88(+74)
	50m 00:31.74 31,74	150m 01:42.89 36,14	250m 02:56.62 37,21	350m 04:11.55 37,18	
	100m 01:06.75 35,01	200m 02:19.41 36,52	300m 03:34.37 37,75		
26. Floris Sonneveld (Nuenen, 200402953)					04:48.33(+72)
	50m 00:31.44 31,44	150m 01:43.81 36,77	250m 02:58.21 37,57	350m 04:12.63 36,80	
	100m 01:07.04 35,60	200m 02:20.64 36,83	300m 03:35.83 37,62		
27. Meindert Dekkinga (HZ&PC Heerenveen, 200400377)					04:48.92(+80)
	50m 00:31.00 31,00	150m 01:43.13 36,52	250m 02:59.25 37,98	350m 04:13.86 37,47	
	100m 01:06.61 35,61	200m 02:21.27 38,14	300m 03:36.39 37,14		
28. Juiliano Soliani (DAW, 200400353)					04:50.37(+81)
	50m 00:32.33 32,33	150m 01:45.19 36,45	250m 03:00.19 37,32	350m 04:14.84 37,29	
	100m 01:08.74 36,41	200m 02:22.87 37,68	300m 03:37.55 37,36		
29. Wouter Zijlstra (De Forel, 200401545)					04:50.38(+67)
	50m 00:31.23 31,23	150m 01:43.31 36,82	250m 02:58.18 37,23	350m 04:13.94 38,02	
	100m 01:06.49 35,26	200m 02:20.95 37,64	300m 03:35.92 37,74		
30. Joost Schuurmans (Hellas-Glana, 200400543)					04:50.66(+76)
	50m 00:32.45 32,45	150m 01:44.04 36,32	250m 02:59.50 37,77	350m 04:15.03 37,86	
	100m 01:07.72 35,27	200m 02:21.73 37,69	300m 03:37.17 37,67		
56. 400m vrije slag - Heren					
14 - 14 jaar (Junioren 3)					
1. Mike Gerritsen (Platella, 200304013)					04:12.45(+80)
	50m 00:29.06 29,06	150m 01:33.38 32,37	250m 02:37.80 32,06	350m 03:41.38 31,71	
	100m 01:01.01 31,95	200m 02:05.74 32,36	300m 03:09.67 31,87		
2. Lucas Peters (PSV, 200301325)					04:15.48(+67)
	50m 00:29.42 29,42	150m 01:33.80 32,29	250m 02:39.28 32,59	350m 03:44.37 32,24	
	100m 01:01.51 32,09	200m 02:06.69 32,89	300m 03:12.13 32,85		
3. Yorick Visser (ZPC De Zeeuwse Kust, 200301957)					04:16.43(+70)
	50m 00:29.31 29,31	150m 01:34.39 32,85	250m 02:39.86 32,62	350m 03:45.48 32,24	
	100m 01:01.54 32,23	200m 02:07.24 32,85	300m 03:13.24 33,38		
4. Esper Schreurs (ZEPS, 200300433)					04:16.70(+89)
	50m 00:29.25 29,25	150m 01:34.62 32,73	250m 02:41.14 33,15	350m 03:45.47 31,06	
	100m 01:01.89 32,64	200m 02:07.99 33,37	300m 03:14.41 33,27		
5. Sam van der Stroom (PSV, 200304409)					04:25.46(+79)
	50m 00:29.97 29,97	150m 01:35.88 32,99	250m 02:43.05 33,68	350m 03:51.80 34,80	
	100m 01:02.89 32,92	200m 02:09.37 33,49	300m 03:17.00 33,95		
6. Bram Schaafsma (VZC, 200302159)					04:26.00(+69)
	50m 00:30.17 30,17	150m 01:37.22 33,91	250m 02:46.25 34,24	350m 03:54.81 34,11	
	100m 01:03.31 33,14	200m 02:12.01 34,79	300m 03:20.70 34,45		
7. Luuk Hulleman (ZVV, 200300189)					04:26.41(+78)
	50m 00:29.68 29,68	150m 01:37.08 34,04	250m 02:45.75 34,46	350m 03:53.84 33,44	
	100m 01:03.04 33,36	200m 02:11.29 34,21	300m 03:20.40 34,65		
8. Thijs Bosma (De Dolfijn, 200302443)					04:29.52(+67)
	50m 00:29.95 29,95	150m 01:37.62 33,99	250m 02:46.96 34,93	350m 03:56.50 34,19	
	100m 01:03.63 33,68	200m 02:12.03 34,41	300m 03:22.31 35,35		
9. Niels Kragt (Dedemsvaart-AC, 200300155)					04:30.71(+71)
	50m 00:29.27 29,27	150m 01:37.84 34,93	250m 02:47.68 34,96	350m 03:57.37 34,92	
	100m 01:02.91 33,64	200m 02:12.72 34,88	300m 03:22.45 34,77		
10. Matej Danis (DWK, 200304745)					04:31.03(+72)
	50m 00:29.83 29,83	150m 01:38.06 34,55	250m 02:47.82 34,69	350m 03:58.38 35,49	
	100m 01:03.51 33,68	200m 02:13.13 35,07	300m 03:22.89 35,07		
11. Rijk Heere (ZPC AMERSFOORT, 200300897)					04:32.03(+78)
	50m 00:29.62 29,62	150m 01:38.24 35,09	250m 02:50.32 36,17	350m 04:00.31 34,48	

	100m 01:03.15 33,53	200m 02:14.15 35,91	300m 03:25.83 35,51		
12. Jelle Bon (ZVVS, 200301077)					04:32.21(+72)
	50m 00:28.90 28,90	150m 01:34.91 33,82	250m 02:44.88 35,12	350m 03:56.85 36,23	
	100m 01:01.09 32,19	200m 02:09.76 34,85	300m 03:20.62 35,74		
13. Milan Hamel (The Hague Swimming (SG), 200302125)					04:35.89(+69)
	50m 00:30.55 30,55	150m 01:39.85 35,34	250m 02:52.32 36,24	350m 04:02.71 34,23	
	100m 01:04.51 33,96	200m 02:16.08 36,23	300m 03:28.48 36,16		
14. Rens van Beek (Aqua-Novio'94, 200300537)					04:36.56(+78)
	50m 00:29.84 29,84	150m 01:39.26 35,37	250m 02:50.14 35,73	350m 04:01.79 35,77	
	100m 01:03.89 34,05	200m 02:14.41 35,15	300m 03:26.02 35,88		
15. Mika Heskamp (De Dinkel, 200300339)					04:36.77(+82)
	50m 00:30.37 30,37	150m 01:40.43 35,55	250m 02:51.72 35,34	350m 04:02.77 35,70	
	100m 01:04.88 34,51	200m 02:16.38 35,95	300m 03:27.07 35,35		
16. Daan Hogerhuis (LinK, 200300317)					04:37.12(+76)
	50m 00:31.17 31,17	150m 01:40.27 35,09	250m 02:51.58 35,83	350m 04:03.27 35,56	
	100m 01:05.18 34,01	200m 02:15.75 35,48	300m 03:27.71 36,13		
17. Stan de Swart (PSV, 200300535)					04:37.23(+74)
	50m 00:30.03 30,03	150m 01:38.50 35,34	250m 02:50.05 36,10	350m 04:02.44 36,03	
	100m 01:03.16 33,13	200m 02:13.95 35,45	300m 03:26.41 36,36		
18. Thijn Damen (De Warande, 200300973)					04:39.79(+72)
	50m 00:31.34 31,34	150m 01:40.90 35,10	250m 02:52.52 35,55	350m 04:04.93 36,32	
	100m 01:05.80 34,46	200m 02:16.97 36,07	300m 03:28.61 36,09		
57. 400m vrije slag - Heren					
15 - 15 jaar (Junioren 4)					
1. Bryan Agterdenbos (MNC Dordrecht, 200200003)					04:02.65(+69)
	50m 00:27.39 27,39	150m 01:28.05 30,43	250m 02:30.51 31,35	350m 03:33.52 31,50	
	100m 00:57.62 30,23	200m 01:59.16 31,11	300m 03:02.02 31,51		
2. Jarno Koster (Aqua-Novio'94, 200200637)					04:09.64(+75)
	50m 00:28.04 28,04	150m 01:30.47 31,90	250m 02:34.51 31,55	350m 03:37.93 31,89	
	100m 00:58.57 30,53	200m 02:02.96 32,49	300m 03:06.04 31,53		
3. Elroy Schot (De Dolfijn, 200200689)					04:11.01(+64)
	50m 00:27.87 27,87	150m 01:31.00 32,23	250m 02:36.45 32,85	350m 03:41.37 32,41	
	100m 00:58.77 30,90	200m 02:03.60 32,60	300m 03:08.96 32,51		
4. Joep Hoogerwerf (DWK, 200204527)					04:11.87(+75)
	50m 00:27.71 27,71	150m 01:30.36 31,71	250m 02:34.93 32,37	350m 03:40.63 32,90	
	100m 00:58.65 30,94	200m 02:02.56 32,20	300m 03:07.73 32,80		
5. Finn Vos (De Dolfijn, 200200665)					04:11.91(+66)
	50m 00:28.43 28,43	150m 01:31.33 31,77	250m 02:36.42 32,71	350m 03:40.99 32,21	
	100m 00:59.56 31,13	200m 02:03.71 32,38	300m 03:08.78 32,36		
6. Bram Zwetsloot (Nuenen, 200202117)					04:14.37(+67)
	50m 00:27.83 27,83	150m 01:30.54 32,09	250m 02:36.18 33,02	350m 03:42.52 33,23	
	100m 00:58.45 30,62	200m 02:03.16 32,62	300m 03:09.29 33,11		
7. Sem Zijl (De Dolfijn, 200204757)					04:16.10(+65)
	50m 00:28.63 28,63	150m 01:32.36 32,31	250m 02:38.18 33,15	350m 03:43.99 32,47	
	100m 01:00.05 31,42	200m 02:05.03 32,67	300m 03:11.52 33,34		
8. Luc van Eijndhoven (De Warande, 200200139)					04:20.02(+82)
	50m 00:28.78 28,78	150m 01:33.74 32,70	250m 02:39.80 33,16	350m 03:46.97 33,63	
	100m 01:01.04 32,26	200m 02:06.64 32,90	300m 03:13.34 33,54		
9. Niels Dijkshoorn (Zwemvereniging Westland, 200203079)					04:21.73(+69)
	50m 00:28.83 28,83	150m 01:32.83 32,81	250m 02:40.02 33,81	350m 03:48.12 33,99	
	100m 01:00.02 31,19	200m 02:06.21 33,38	300m 03:14.13 34,11		
10. Scott Jansen (WVZ, 200202455)					04:22.52(+78)
	50m 00:28.61 28,61	150m 01:34.08 33,12	250m 02:42.12 34,32	350m 03:50.35 33,59	
	100m 01:00.96 32,35	200m 02:07.80 33,72	300m 03:16.76 34,64		

- 36. 400m vrije slag - Heren
- 38. 4x100m wisselslag dames
- 39. 4x100m wisselslag heren

NJJK korte baan dec. 2017 sessie 4 - zaterdag 16 december 2017 om 08:30u (25 m)

Aanvangstijd juryvergadering: 07:30u

58. 200m vrije slag - Dames

14 - 15 jaar (Jeugd 1 en 2)

1. Imani de Jong (RTC-ZPCH, 200200464)		02:01.82(+67)
50m 00:28.26 28,26	100m 00:59.16 30,90	150m 01:30.82 31,66
2. Nienke Jonk (RTC-Hieronymus, 200203000)		02:04.09(+69)
50m 00:28.65 28,65	100m 00:59.94 31,29	150m 01:32.43 32,49
3. Femke Spiering (RTC-VZC, 200204514)		02:04.16(+76)
50m 00:29.29 29,29	100m 01:00.88 31,59	150m 01:32.89 32,01
4. Niamh Hofland (PSV, 200205118)		02:04.67(+63)
50m 00:29.17 29,17	100m 01:01.09 31,92	150m 01:33.20 32,11
5. Lotte Hosper (RTC-Racing Club, 200201414)		02:06.70(+78)
50m 00:29.45 29,45	100m 01:01.41 31,96	150m 01:34.07 32,66
6. Britta Koehorst (RTC-De Lansingh, 200300246)		02:06.82(+69)
50m 00:28.82 28,82	100m 01:00.80 31,98	150m 01:33.40 32,60
7. Gaia Sterre Mirotti (VZC, 200305158)		02:07.77(+66)
50m 00:29.93 29,93	100m 01:02.32 32,39	150m 01:35.32 33,00
8. Lize van den Nieuwenhuijzen (PSV, 200304454)		02:08.83(+79)
50m 00:29.71 29,71	100m 01:02.05 32,34	150m 01:35.49 33,44
9. Jonna Wieling (Aquarijn, 200205266)		02:09.27(+75)
50m 00:30.40 30,40	100m 01:03.80 33,40	150m 01:37.31 33,51
10. Yara van Kalmthout (Nova, 200200984)		02:09.49(+90)
50m 00:30.03 30,03	100m 01:02.75 32,72	150m 01:36.25 33,50
11. Carolien Beckers (Zwemsport Parkstad (SG), 200200078)		02:09.80(+76)
50m 00:29.05 29,05	100m 01:01.23 32,18	150m 01:35.73 34,50
12. Vera Renshof (DWK, 200301582)		02:09.90(+70)
50m 00:29.97 29,97	100m 01:03.21 33,24	150m 01:37.58 34,37
13. Christy Geurts (RTC-WVZ, 200203734)		02:09.94(+81)
50m 00:30.30 30,30	100m 01:03.31 33,01	150m 01:36.84 33,53
14. Silke Huisman (Orca, 200301182)		02:09.99(+76)
50m 00:29.46 29,46	100m 01:02.45 32,99	150m 01:36.49 34,04
15. Leonie van Wier (HZ&PC Heerenveen, 200200436)		02:10.14(+77)
50m 00:30.42 30,42	100m 01:04.01 33,59	150m 01:37.81 33,80
16. Carlijn Hansté (WS Twente, 200201082)		02:10.43(+77)
50m 00:29.74 29,74	100m 01:02.39 32,65	150m 01:36.42 34,03
17. Mila Maas (PSV, 200302966)		02:10.53(+78)
50m 00:30.06 30,06	100m 01:03.32 33,26	150m 01:37.61 34,29
18. Megan de Hoog (SCOM/De Zeehond'73 (SG), 200300214)		02:10.65(+74)
50m 00:30.39 30,39	100m 01:03.71 33,32	150m 01:37.35 33,64
19. Tessa Kooi (Nova, 200201386)		02:10.70(+91)
50m 00:30.30 30,30	100m 01:03.60 33,30	150m 01:37.39 33,79
20. Amber Celie (De Dolfijn, 200300756)		02:10.76(+76)
50m 00:30.61 30,61	100m 01:04.27 33,66	150m 01:38.30 34,03
21. Amber Koning (Azuro, 200202842)		02:11.11(+83)

	50m 00:30.70 30,70	100m 01:03.88 33,18	150m 01:38.35 34,47	
22. Femke Hoppenbrouwer (The Hague Swimming (SG), 200301124)	50m 00:29.93 29,93	100m 01:03.34 33,41	150m 01:37.69 34,35	02:11.16(+83)
23. Mariëlle Dolfijn (TriVia, 200201640)	50m 00:30.49 30,49	100m 01:03.56 33,07	150m 01:37.25 33,69	02:11.82(+80)
24. Lindsey Berghuis (ZV 44, 200300104)	50m 00:29.52 29,52	100m 01:02.90 33,38	150m 01:38.17 35,27	02:12.26(+73)
25. Imke Beekman (Hellas-Glana, 200301950)	50m 00:30.70 30,70	100m 01:04.51 33,81	150m 01:38.93 34,42	02:12.33(+84)
26. Hanne te Velthuis (Dedemsvaart-AC, 200201324)	50m 00:30.21 30,21	100m 01:03.85 33,64	150m 01:38.38 34,53	02:12.69(+78)
27. Jocelyn Horbeek (ZPC De Hof, 200300302)	50m 00:31.47 31,47	100m 01:05.11 33,64	150m 01:39.45 34,34	02:12.98(+78)
28. Almudena Visser Velez (The Hague Swimming (SG), 200205904)	50m 00:30.74 30,74	100m 01:04.67 33,93	150m 01:39.58 34,91	02:13.18(+77)
29. Eline Gros (Aqua-Novio'94, 200302700)	50m 00:29.47 29,47	100m 01:03.34 33,87	150m 01:38.03 34,69	02:13.31(+77)
29. Denice Koolman (ZV 44, 200200132)	50m 00:30.84 30,84	100m 01:05.14 34,30	150m 01:40.14 35,00	02:13.31(+73)
31. Gabriela Töpfer (PSV, 200301764)	50m 00:30.09 30,09	100m 01:03.27 33,18	150m 01:38.26 34,99	02:13.39(+68)
32. Ymke Dragstra (ZPC AMERSFOORT, 200300930)	50m 00:30.63 30,63	100m 01:04.78 34,15	150m 01:39.51 34,73	02:13.75(+84)
33. Babet de Voogd (ZPC De Zeeuwse Kust, 200301362)	50m 00:31.30 31,30	100m 01:05.17 33,87	150m 01:39.69 34,52	02:14.02(+70)
34. Sasya van Hamersveld (Aqua-Novio'94, 200201454)	50m 00:30.56 30,56	100m 01:04.04 33,48	150m 01:38.51 34,47	02:14.16(+83)
34. Denise van der Burgt (Zeester-Meerval, 200201812)	50m 00:30.87 30,87	100m 01:04.67 33,80	150m 01:39.38 34,71	02:14.16(+76)
36. Ilona Venema (ReVeLie Swim Team, 200200050) [S10]	50m 00:30.01 30,01	100m 01:03.62 33,61	150m 01:39.20 35,58	02:14.32(+73)
37. Anastasia Renssen (TRB-RES, 200202588)	50m 00:30.88 30,88	100m 01:05.00 34,12	150m 01:40.09 35,09	02:14.60(+59)
38. Josse Bergman (VZC, 200305146)	50m 00:30.48 30,48	100m 01:04.65 34,17	150m 01:39.86 35,21	02:14.69(+72)
39. Lionne Klarenbeek (ZPC De Hof, 200300108)	50m 00:32.10 32,10	100m 01:06.78 34,68	150m 01:41.61 34,83	02:14.81(+76)
40. Amy de Sain (De Dolfijn, 200304690)	50m 00:30.79 30,79	100m 01:04.81 34,02	150m 01:39.81 35,00	02:15.00(+77)
41. Ilse Kraaijeveld (The Hague Swimming (SG), 200202190)	50m 00:30.55 30,55	100m 01:04.79 34,24	150m 01:40.31 35,52	02:15.13(+69)
42. Inge Dekker (TriVia, 200200476)	50m 00:30.95 30,95	100m 01:05.37 34,42	150m 01:40.74 35,37	02:15.19(+74)
43. Famke Slabbers (Aqua-Novio'94, 200200100)	50m 00:31.10 31,10	100m 01:05.50 34,40	150m 01:40.77 35,27	02:15.20(+80)
44. Judith Houtvast (Hellas-Glana, 200300714)	50m 00:32.03 32,03	100m 01:06.88 34,85	150m 01:42.86 35,98	02:15.34(+75)
45. Roma Vrijhof (De Lansingh, 200201306)	50m 00:31.35 31,35	100m 01:06.81 35,46	150m 01:42.69 35,88	02:18.20(+79)

46. Lianne van Wier (HZ&PC Heerenveen, 200200438)	50m 00:30.99 30,99	100m 01:05.02 34,03	150m 01:41.57 36,55	02:18.95(+72)
47. Mandy van Rossum (Aqua-Novio'94, 200204904)	50m 00:32.13 32,13	100m 01:07.60 35,47	150m 01:43.92 36,32	02:19.68(+75)
48. Naomi Polinder (ZV 44, 200300020)	50m 00:31.94 31,94	100m 01:07.60 35,66	150m 01:44.22 36,62	02:19.98(+66)
49. Amy Lynn Zweers (Dedemsvaart-AC, 200300390)	50m 00:31.14 31,14	100m 01:06.79 35,65	150m 01:44.00 37,21	02:21.39(+77)
50. Lotus van Geemen (VZC, 200201124)	50m 00:31.85 31,85	100m 01:07.97 36,12	150m 01:44.99 37,02	02:22.50(+75)
59. 200m vrije slag - Dames				
11 - 11 jaar (Junioren 1)				
1. Pippa van 't Land (ZPC AMERSFOORT, 200600426)	50m 00:32.33 32,33	100m 01:09.37 37,04	150m 01:47.85 38,48	02:22.94(+78)
2. Anouk van Hattum (Hellas-Glana, 200600738)	50m 00:33.95 33,95	100m 01:11.67 37,72	150m 01:50.15 38,48	02:25.53(+77)
3. Robyn Hulleman (ZVV, 200600890)	50m 00:33.46 33,46	100m 01:11.39 37,93	150m 01:49.28 37,89	02:25.75(+77)
4. Sara Korthuis (TriVia, 200600494)	50m 00:33.94 33,94	100m 01:11.70 37,76	150m 01:50.13 38,43	02:27.83(+83)
5. Kim Oudendijk (KZC, 200600964)	50m 00:33.84 33,84	100m 01:11.84 38,00	150m 01:50.45 38,61	02:28.34(+76)
6. Estelle van Wijngaarden (ZPB H&L Productions, 200601020)	50m 00:33.65 33,65	100m 01:11.57 37,92	150m 01:51.55 39,98	02:28.61(+76)
7. Leyla Oversluizen (De Schotejil, 200602730)	50m 00:34.01 34,01	100m 01:12.09 38,08	150m 01:51.11 39,02	02:28.75(+67)
8. Melissa Odemis (ZV Haerlem, 200602422)	50m 00:34.34 34,34	100m 01:12.31 37,97	150m 01:51.29 38,98	02:28.89(+74)
9. Djanilla Brink (DAW, 200600988)	50m 00:35.58 35,58	100m 01:14.38 38,80	150m 01:53.55 39,17	02:29.14(+90)
10. Evy Rozeboom (WZ&PC Purmerend, 200601338)	50m 00:34.74 34,74	100m 01:13.62 38,88	150m 01:52.50 38,88	02:29.47(+76)
11. Charley Bliede (ZPC Hoogeveen, 200600164)	50m 00:33.93 33,93	100m 01:11.67 37,74	150m 01:51.36 39,69	02:29.65(+78)
12. Lobke Arts (Aqua-Novio'94, 200600622)	50m 00:34.25 34,25	100m 01:12.23 37,98	150m 01:52.22 39,99	02:30.47(+85)
13. Valerie van der Velden (PSV, 200600860)	50m 00:35.27 35,27	100m 01:14.09 38,82	150m 01:53.74 39,65	02:31.87(+64)
14. Sophie Faveaux (ZPC AMERSFOORT, 200600286)	50m 00:35.67 35,67	100m 01:15.98 40,31	150m 01:56.78 40,80	02:33.79(+85)
15. Karuna Meirmans (KZC, 200601682)	50m 00:35.17 35,17	100m 01:13.96 38,79	150m 01:54.07 40,11	02:33.89(+88)
16. Shanna Joppe (ZPC De Zeeuwse Kust, 200601186)	50m 00:35.33 35,33	100m 01:14.59 39,26	150m 01:55.64 41,05	02:34.14(+76)
17. Linde van Wijngaarden (De Dolfijn, 200601372)	50m 00:35.66 35,66	100m 01:15.90 40,24	150m 01:57.43 41,53	02:34.83(+80)
18. Sienna Albers (De Dolfijn, 200601342)	50m 00:35.29 35,29	100m 01:14.28 38,99	150m 01:55.79 41,51	02:35.31(+76)
19. Lieke Rossel (KSN (SG), 200603070)	50m 00:35.69 35,69	100m 01:15.54 39,85	150m 01:56.01 40,47	02:36.78(+79)

20. Félinn van Lienden (Hieronymus, 200602038)				02:36.85(+68)
50m	00:34.24	34,24	100m 01:13.98	39,74
150m	01:56.24	42,26		
60. 200m vrije slag - Dames				
12 - 12 jaar (Junioren 2)				
1. Thera Janssen (Aqua-Novio'94, 200500270)				02:13.53(+76)
50m	00:30.34	30,34	100m 01:04.44	34,10
150m	01:39.10	34,66		
2. Yke Groener (De Dinkel, 200500772)				02:16.00(+73)
50m	00:30.97	30,97	100m 01:05.46	34,49
150m	01:40.79	35,33		
3. Sophia van Droffelaar (ZVVS, 200500330)				02:17.05(+65)
50m	00:31.50	31,50	100m 01:06.72	35,22
150m	01:42.41	35,69		
4. Noa Teuben (FZC'54-De Vikings (SG), 200500254)				02:17.69(+70)
50m	00:32.35	32,35	100m 01:07.99	35,64
150m	01:44.51	36,52		
5. Emma Riemers (MSV-Zeemacht, 200500748)				02:18.92(+75)
50m	00:31.98	31,98	100m 01:07.57	35,59
150m	01:44.30	36,73		
6. Liz Veltman (De Ward, 200503668)				02:19.08(+79)
50m	00:31.59	31,59	100m 01:06.93	35,34
150m	01:44.32	37,39		
7. Asha van Lobberegt (ZZ&PC De Devel, 200500088)				02:19.67(+66)
50m	00:31.48	31,48	100m 01:06.47	34,99
150m	01:43.14	36,67		
8. Lianne Beekman (ZVV, 200500124)				02:19.70(+75)
50m	00:31.35	31,35	100m 01:07.60	36,25
150m	01:44.33	36,73		
9. Iris Timmermans (Het Ravijn, 200500172)				02:19.96(+74)
50m	00:30.81	30,81	100m 01:07.54	36,73
150m	01:45.29	37,75		
10. Bridget Vermeer (VZC, 200501766)				02:20.02(+79)
50m	00:31.76	31,76	100m 01:07.42	35,66
150m	01:44.22	36,80		
11. Jennifer Veldhuisen (Kon AZ 1870, 200502500)				02:20.90(+73)
50m	00:31.97	31,97	100m 01:07.09	35,12
150m	01:43.05	35,96		
12. Marte Hieke van der Kamp (FZC'54-De Vikings (SG), 200500218)				02:22.06(+86)
50m	00:32.67	32,67	100m 01:09.31	36,64
150m	01:46.91	37,60		
13. Lynn Reitsma (Swol 1894, 200502750)				02:22.31(+73)
50m	00:32.42	32,42	100m 01:08.74	36,32
150m	01:45.99	37,25		
14. Merel Schravendijk (The Hague Swimming (SG), 200503382)				02:22.36(+73)
50m	00:32.75	32,75	100m 01:09.11	36,36
150m	01:46.79	37,68		
15. Marin Wieling (Aquarijn, 200501220)				02:22.67(+77)
50m	00:32.16	32,16	100m 01:07.67	35,51
150m	01:46.09	38,42		
16. Julia van Sloun (Hellas-Glana, 200500478)				02:23.80(+83)
50m	00:32.99	32,99	100m 01:09.28	36,29
150m	01:47.04	37,76		
17. Annelieke Stegink (Batavia Swim, 200500570)				02:25.57(+89)
50m	00:32.73	32,73	100m 01:09.84	37,11
150m	01:48.56	38,72		
18. Emma van Leeuwen (DAW, 200500200)				02:26.48(+81)
50m	00:33.82	33,82	100m 01:11.66	37,84
150m	01:50.42	38,76		
19. Aniek van den Brink (De Dolfijn, 200500090)				02:27.11(+71)
50m	00:33.51	33,51	100m 01:11.08	37,57
150m	01:49.30	38,22		
20. Evelyn Liket (ZVVS, 200503118)				02:29.20(+76)
50m	00:33.16	33,16	100m 01:10.42	37,26
150m	01:49.85	39,43		
21. Francesca Coppo (De Dolfijn, 200501242)				02:29.92(+70)
50m	00:34.36	34,36	100m 01:13.25	38,89
150m	01:53.44	40,19		
61. 200m vrije slag - Dames				
13 - 13 jaar (Junioren 3)				
1. Anna van Droffelaar (RTC-ZVVS, 200400258)				02:08.69(+67)

	50m 00:29.44 29,44	100m 01:02.71 33,27	150m 01:36.04 33,33	
2. Janna van Kooten (TriVia, 200404584)	50m 00:29.90 29,90	100m 01:03.33 33,43	150m 01:37.44 34,11	02:10.39(+77)
3. Ismay Lichtendonk (Dedemsvaart-AC, 200400622)	50m 00:30.47 30,47	100m 01:04.16 33,69	150m 01:39.69 35,53	02:13.11(+73)
4. Charlotte Wilbers (ZPC Hoogeveen, 200400312)	50m 00:31.44 31,44	100m 01:05.63 34,19	150m 01:40.60 34,97	02:14.40(+77)
5. Puck Koopman (De Dinkel, 200400038)	50m 00:30.72 30,72	100m 01:05.23 34,51	150m 01:41.09 35,86	02:16.17(+80)
6. Rinske Bouman (ZZ&PC De Devel, 200400578)	50m 00:30.89 30,89	100m 01:04.82 33,93	150m 01:40.64 35,82	02:16.36(+79)
7. Sterre Hendriks (PSV, 200401288)	50m 00:31.20 31,20	100m 01:05.57 34,37	150m 01:41.31 35,74	02:16.62(+82)
8. Kirsten Verhalle (VZC, 200400210)	50m 00:31.17 31,17	100m 01:06.32 35,15	150m 01:42.65 36,33	02:17.01(+78)
9. Amy Tebben (Eurode KZC, 200400108)	50m 00:31.97 31,97	100m 01:07.40 35,43	150m 01:43.15 35,75	02:18.08(+80)
10. Marieke Lenderink (De Dinkel, 200400778)	50m 00:31.75 31,75	100m 01:07.26 35,51	150m 01:42.86 35,60	02:18.20(+72)
11. Lorena Dreschers (Hellas-Glana, 200401364)	50m 00:31.92 31,92	100m 01:06.72 34,80	150m 01:42.70 35,98	02:18.41(+70)
12. Nora Weerman (ZV 44, 200400620)	50m 00:31.42 31,42	100m 01:06.37 34,95	150m 01:42.70 36,33	02:18.60(+72)
13. Milou van Wijk (MNC Dordrecht, 200404948)	50m 00:31.28 31,28	100m 01:06.22 34,94	150m 01:42.57 36,35	02:18.88(+80)
14. Myrthe Natzijl (KSN (SG), 200400076)	50m 00:31.91 31,91	100m 01:07.45 35,54	150m 01:44.03 36,58	02:19.38(+75)
15. Irma van der Wulp (WVZ, 200401950)	50m 00:32.23 32,23	100m 01:08.21 35,98	150m 01:44.62 36,41	02:19.78(+75)
16. Kim van Dongen (Aqua-Novio'94, 200400140)	50m 00:31.41 31,41	100m 01:05.67 34,26	150m 01:42.54 36,87	02:20.35(+79)
17. Sanne Temmen (De Dinkel, 200400682)	50m 00:30.72 30,72	100m 01:05.82 35,10	150m 01:43.48 37,66	02:21.13(+82)
18. Zara Govaers (De IJsselmeeuwen, 200401272)	50m 00:31.81 31,81	100m 01:07.98 36,17	150m 01:45.46 37,48	02:22.33(+70)
19. Iris Nieuwhof (TriVia, 200401944)	50m 00:32.91 32,91	100m 01:10.52 37,61	150m 01:48.70 38,18	02:25.10(+76)
20. Dyonne Klomp (Nederweert, 200400642)	50m 00:32.72 32,72	100m 01:10.52 37,80	150m 01:50.90 40,38	02:31.18(+82)
262. 200m vrije slag - Dames				
11 - 15 jaar (Jeugd 2 en later)				
1. Ilona Venema (ReVeLie Swim Team, 200200050) [S10]	50m 00:30.01 30,01	100m 01:03.62 33,61	150m 01:39.20 35,58	02:14.32(+73)
2. Feija de Bruin (WVZ, 200400106) [S10]	50m 00:34.35 34,35	100m 01:11.90 37,55	150m 01:50.40 38,50	02:29.12(+93)
3. Iris Onnink (De Vrije Slag, 200301836) [S10]	50m 00:36.98 36,98	100m 01:19.66 42,68	150m 02:04.76 45,10	02:50.23(+80)
4. Rosalie van Druenen (BZV, 200305066) [S10]	50m 00:39.25 39,25	100m 01:25.02 45,77	150m 02:12.34 47,32	02:56.69(+81)

5. Diede Struijk (Nuenen, 200403824) [S12]	50m 00:42.43 42,43	100m 01:28.68 46,25	150m 02:15.00 46,32	02:58.52(+81)
6. Mara de Bruin (DWK, 200303268) [S9]	50m 00:42.74 42,74	100m 01:28.50 45,76	150m 02:15.99 47,49	03:01.01(+88)
63. 200m vrije slag - Heren				
16 - 17 jaar (Jeugd 1 en 2)				
1. Luc Kroon (RTC-Ed-Vo, 200100697)	50m 00:25.17 25,17	100m 00:52.37 27,20	150m 01:20.53 28,16	01:48.35(+78)
2. Jari Groenhart (RTC-TriVia, 200000271)	50m 00:26.17 26,17	100m 00:54.86 28,69	150m 01:23.67 28,81	01:52.39(+74)
3. Tim Hoogerwerf (DWK, 200005587)	50m 00:25.99 25,99	100m 00:55.47 29,48	150m 01:24.84 29,37	01:54.01(+76)
4. Sander Crooijmans (RTC-VZC, 200100383)	50m 00:26.23 26,23	100m 00:55.08 28,85	150m 01:24.82 29,74	01:54.14(+81)
5. Vincent Crooijmans (RTC-VZC, 200100381)	50m 00:26.52 26,52	100m 00:55.24 28,72	150m 01:24.89 29,65	01:54.39(+72)
6. David Kuipers (Orca, 200003633)	50m 00:27.02 27,02	100m 00:56.19 29,17	150m 01:25.85 29,66	01:54.69(+80)
7. Dennis Kamps (De Dinkel, 200000191)	50m 00:27.33 27,33	100m 00:56.98 29,65	150m 01:26.92 29,94	01:56.67(+75)
8. Daniël Claasen (ZPC AMERSFOORT, 200100787)	50m 00:26.94 26,94	100m 00:56.63 29,69	150m 01:26.98 30,35	01:57.01(+73)
9. Floris de Leeuw (The Hague Swimming (SG), 200105317)	50m 00:27.59 27,59	100m 00:57.13 29,54	150m 01:27.60 30,47	01:57.30(+72)
9. Bas Morelissen (ZPC AMERSFOORT, 200100861)	50m 00:27.16 27,16	100m 00:55.72 28,56	150m 01:25.96 30,24	01:57.30(+69)
11. Ivo Stolk (RTC-De Zeehond '73, 200100615)	50m 00:27.59 27,59	100m 00:57.52 29,93	150m 01:27.85 30,33	01:57.34(+75)
12. David Anthonio (KSN (SG), 200102551)	50m 00:26.98 26,98	100m 00:56.22 29,24	150m 01:26.38 30,16	01:57.43(+79)
13. Thom Delno (VZC, 200000013)	50m 00:26.80 26,80	100m 00:56.00 29,20	150m 01:26.74 30,74	01:57.83(+71)
14. Quinn van den Heuvel (RTC-WVZ, 200100297)	50m 00:27.09 27,09	100m 00:57.36 30,27	150m 01:27.99 30,63	01:58.15(+73)
15. Darren Chen (KSN (SG), 200001149)	50m 00:27.59 27,59	100m 00:57.35 29,76	150m 01:28.12 30,77	01:58.37(+64)
16. Gerard Willighagen (Poseidon'56, 200103663)	50m 00:27.45 27,45	100m 00:57.74 30,29	150m 01:28.31 30,57	01:58.58(+70)
17. Owen Peeks (ZPC Hoogeveen, 200100765)	50m 00:27.71 27,71	100m 00:57.82 30,11	150m 01:28.74 30,92	01:58.87(+87)
18. Nick van der Woude (ZV Haerlem, 200001391)	50m 00:27.62 27,62	100m 00:58.14 30,52	150m 01:28.88 30,74	01:58.94(+70)
19. Tyrese Wilson (ZPC AMERSFOORT, 200000223)	50m 00:27.24 27,24	100m 00:56.97 29,73	150m 01:27.87 30,90	01:59.64(+65)
20. Ruben van Vierzen (Oceanus, 200000803)	50m 00:27.49 27,49	100m 00:57.91 30,42	150m 01:29.01 31,10	01:59.65(+74)
21. Jasper Breugem (WVZ, 200000303)	50m 00:27.38 27,38	100m 00:57.91 30,53	150m 01:29.19 31,28	01:59.89(+74)
22. Thijs Manders (PSV, 200002731)	50m 00:27.47 27,47	100m 00:57.68 30,21	150m 01:28.87 31,19	02:00.16(+70)

23. Milan van Dieren (De Dinkel, 200100493)				02:00.24(+76)	
50m	00:27.04 27,04	100m	00:56.72 29,68	150m	01:27.95 31,23
24. Mart Niehoff (ZPC AMERSFOORT, 200100759)				02:00.26(+66)	
50m	00:27.28 27,28	100m	00:57.70 30,42	150m	01:29.44 31,74
25. Tom Balsen Versteeg (De Warande, 200005673)				02:00.40(+64)	
50m	00:27.81 27,81	100m	00:58.19 30,38	150m	01:29.51 31,32
26. Gijsbert Pelleboer (De Dinkel, 200000327)				02:00.42(+83)	
50m	00:27.49 27,49	100m	00:57.67 30,18	150m	01:29.34 31,67
27. Anton Jansen (PSV, 200003621)				02:00.47(+70)	
50m	00:28.04 28,04	100m	00:58.95 30,91	150m	01:30.82 31,87
28. Hendrik Broekema (Bubble, 200002205)				02:00.71(+68)	
50m	00:26.84 26,84	100m	00:56.96 30,12	150m	01:28.46 31,50
29. Arjan Dekker (ReVeLie Swim Team, 200000499)				02:01.03(+69)	
50m	00:27.61 27,61	100m	00:58.59 30,98	150m	01:30.25 31,66
30. Rijk Dragstra (ZPC AMERSFOORT, 200102473)				02:01.45(+74)	
50m	00:28.24 28,24	100m	00:58.78 30,54	150m	01:30.35 31,57
31. Bart Muselaers (Octopus, 200100865)				02:01.48(+72)	
50m	00:27.52 27,52	100m	00:58.88 31,36	150m	01:30.59 31,71
32. Dave van der Voet (De Dolfijn, 200102783)				02:02.16(+75)	
50m	00:27.71 27,71	100m	00:58.63 30,92	150m	01:30.66 32,03
33. Freek Hollander (The Hague Swimming (SG), 200103815)				02:03.21(+77)	
50m	00:28.12 28,12	100m	00:59.22 31,10	150m	01:30.73 31,51
34. Jeroen Aerssens (Scheldestroom, 200100061)				02:03.81(+71)	
50m	00:28.54 28,54	100m	00:59.77 31,23	150m	01:31.61 31,84
35. Wouter Schmit (PSV, 200004895)				02:04.50(+65)	
50m	00:28.19 28,19	100m	00:59.33 31,14	150m	01:32.28 32,95
36. Remco Dijkstra (HZ&PC Heerenveen, 200100789)				02:05.01(+78)	
50m	00:27.02 27,02	100m	00:59.73 32,71	150m	01:32.57 32,84
37. Fayssal Lantema (De Fuut, 200101379)				02:05.28(+76)	
50m	00:29.04 29,04	100m	01:01.08 32,04	150m	01:33.22 32,14
38. Janne Englebert (Hieronymus, 200101561)				02:05.72(+79)	
50m	00:28.17 28,17	100m	00:59.86 31,69	150m	01:33.26 33,40
264. 200m vrije slag - Heren					
12 - 17 jaar					
1. Sam Janmaat (ZPC AMERSFOORT, 200203017) [S10]				02:01.74(+68)	
50m	00:27.63 27,63	100m	00:58.20 30,57	150m	01:29.69 31,49
2. Bastian Renshoff (Octopus, 200001261) [S10]				02:04.99(+84)	
50m	00:29.09 29,09	100m	01:00.72 31,63	150m	01:32.78 32,06
3. Thomas van Wanrooij (NTC PARA-Poseidon '56, 200201473) [S13]				02:09.66(+80)	
50m	00:29.71 29,71	100m	01:03.14 33,43	150m	01:37.42 34,28
4. Duncan van Haaren (NTC PARA-WIDEX GZC DONK, 200000681) [S10]				02:08.27(+73)	
50m	00:28.36 28,36	100m	01:00.97 32,61	150m	01:35.47 34,50
5. Nathan Wees (ZPC AMERSFOORT, 200101427) [S10]				02:12.47(+72)	
50m	00:30.27 30,27	100m	01:04.23 33,96	150m	01:38.92 34,69
6. Willem Poortinga (Wetterwille, 200105093) [S10]				02:37.89(+81)	
50m	00:34.43 34,43	100m	01:13.67 39,24	150m	01:56.13 42,46
7. Nick Selten (Merlet, 200403275) [S9]				02:57.51(+97)	
50m	00:41.75 41,75	100m	01:27.43 45,68	150m	02:13.79 46,36
8. Josh Renkema (De Otters Het Gooi, 200402537) [S7]				03:39.42(+65)	

50m 00:51.19 51,19 100m 01:47.08 55,89 150m 02:43.50 56,42

65. 200m rugslag - Dames

14 - 15 jaar (Jeugd 1 en 2)

1. Niamh Hofland (PSV, 200205118)

50m 00:31.73 31,73 100m 01:06.75 35,02 150m 01:41.67 34,92

02:15.50(+66)

2. Birgit van Buiten (DWK, 200200498)

50m 00:32.43 32,43 100m 01:07.20 34,77 150m 01:43.00 35,80

02:17.96(+59)

3. Joy van Dieren (De Dinkel, 200300182)

50m 00:31.62 31,62 100m 01:06.97 35,35 150m 01:43.58 36,61

02:18.87(+63)

4. Carlijn Hansté (WS Twente, 200201082)

50m 00:32.03 32,03 100m 01:07.15 35,12 150m 01:43.41 36,26

02:19.32(+63)

5. Lieke Oude Lenferink (WS Twente, 200200068)

50m 00:32.26 32,26 100m 01:07.41 35,15 150m 01:43.73 36,32

02:20.01(+61)

6. Nikki Smeets (Hellas-Glana, 200200080)

50m 00:32.08 32,08 100m 01:07.18 35,10 150m 01:44.12 36,94

02:21.11(+63)

7. Elise Tanis (RTC-De Schoteijl, 200200120)

50m 00:32.20 32,20 100m 01:07.90 35,70 150m 01:44.51 36,61

02:21.19(+61)

8. Amber Celie (De Dolfijn, 200300756)

50m 00:33.68 33,68 100m 01:09.97 36,29 150m 01:46.74 36,77

02:22.82(+73)

9. Ilse Volkers (DWK, 200301580)

50m 00:33.50 33,50 100m 01:10.42 36,92 150m 01:47.43 37,01

02:23.37(+68)

10. Tessa Kooi (Nova, 200201386)

50m 00:33.81 33,81 100m 01:10.58 36,77 150m 01:48.03 37,45

02:25.21(+71)

11. Dionne Salomons (Borger, 200200504)

50m 00:33.77 33,77 100m 01:10.29 36,52 150m 01:48.37 38,08

02:25.27(+66)

12. Maaike Issard (The Hague Swimming (SG), 200300022)

50m 00:33.67 33,67 100m 01:10.48 36,81 150m 01:48.20 37,72

02:25.78(+84)

13. Danique Bernard (Ed-Vo, 200200224)

50m 00:34.31 34,31 100m 01:10.84 36,53 150m 01:48.63 37,79

02:25.92(+58)

14. Kiki Koopman (De Dinkel, 200200232)

50m 00:33.44 33,44 100m 01:09.51 36,07 150m 01:47.64 38,13

02:26.02(+72)

15. Lynn Joor (WS Twente, 200300550)

50m 00:32.14 32,14 100m 01:07.50 35,36 150m 01:46.38 38,88

02:26.30(+80)

16. Josse Bergman (VZC, 200305146)

50m 00:35.08 35,08 100m 01:12.64 37,56 150m 01:51.10 38,46

02:29.36(+72)

17. Roma Vrijhof (De Lansingh, 200201306)

50m 00:34.67 34,67 100m 01:12.14 37,47 150m 01:50.71 38,57

02:29.80(+80)

18. Demi van Hulst (Zwemsport Parkstad (SG), 200300140)

50m 00:34.12 34,12 100m 01:11.82 37,70 150m 01:51.27 39,45

02:30.48(+60)

19. Tessa Takken (De Dolfijn, 200301692)

50m 00:34.49 34,49 100m 01:12.45 37,96 150m 01:52.33 39,88

02:31.50(+56)

20. Gabriela Töpfer (PSV, 200301764)

50m 00:35.82 35,82 100m 01:14.25 38,43 150m 01:53.80 39,55

02:32.10(+55)

66. 200m rugslag - Heren

12 - 12 jaar (Junioren 1)

1. Niels Jansen (Aqua-Novio'94, 200501019)

50m 00:33.46 33,46 100m 01:10.47 37,01 150m 01:48.27 37,80

02:24.73(+65)

2. Luka Geraerds (Hellas-Glana, 200502077)

50m 00:34.35 34,35 100m 01:11.96 37,61 150m 01:50.75 38,79

02:28.30(+68)

3. Colin Bes (Zwemclub Polaris, 200500201)				02:28.32(+60)
50m	00:33.72	33,72	100m 01:10.85	37,13
150m	01:49.93	39,08		
4. Tijn van Kuijk (HZPC, 200501087)				02:29.66(+72)
50m	00:35.50	35,50	100m 01:13.43	37,93
150m	01:51.90	38,47		
5. Domingo Kuipers (Orca, 200501787)				02:32.64(+62)
50m	00:35.52	35,52	100m 01:14.82	39,30
150m	01:54.55	39,73		
6. Yanieck Frijstein (Deltasteur, 200500329)				02:34.25(+68)
50m	00:36.99	36,99	100m 01:16.09	39,10
150m	01:55.36	39,27		
7. Steijn Louter (ZC Aquadream, 200500793)				02:35.31(+68)
50m	00:36.28	36,28	100m 01:15.65	39,37
150m	01:56.13	40,48		
8. Luca Nguyen-Tri (Rotterdam Swimming (SG), 200500781)				02:37.13(+71)
50m	00:37.14	37,14	100m 01:17.34	40,20
150m	01:57.98	40,64		
9. Cas Verstegen (HZPC, 200500891)				02:37.26(+66)
50m	00:36.68	36,68	100m 01:16.61	39,93
150m	01:57.65	41,04		
10. Jasper Camphuijnder (OEZA, 200502367)				02:37.37(+73)
50m	00:36.59	36,59	100m 01:16.15	39,56
150m	01:57.21	41,06		
11. Menno Wieringa (De Lansingh, 200500927)				02:38.98(+71)
50m	00:35.17	35,17	100m 01:16.20	41,03
150m	01:58.41	42,21		
12. Mika Bongers (ESCA Zwemmen, 200502683)				02:39.34(+60)
50m	00:36.64	36,64	100m 01:17.06	40,42
150m	01:58.21	41,15		
13. Sven ten Hove (Hieronymus, 200500273)				02:39.65(+75)
50m	00:38.21	38,21	100m 01:18.89	40,68
150m	01:59.81	40,92		
14. Björn Verkaik (The Hague Swimming (SG), 200500411)				02:40.38(+67)
50m	00:36.85	36,85	100m 01:17.75	40,90
150m	01:59.62	41,87		
15. River Streefland (The Hague Swimming (SG), 200502253)				02:47.96(+67)
50m	00:39.99	39,99	100m 01:23.09	43,10
150m	02:06.04	42,95		
BM. Andrei Enache (The Hague Swimming (SG), 200503831)				BM
50m	00:33.83	33,83	100m 01:10.74	36,91
150m	01:49.05	38,31		
67. 200m rugslag - Heren				
13 - 13 jaar (Junioren 2)				
1. Hendrik van der Leest (FZC'54-De Vikings (SG), 200404339)				02:14.77(+74)
50m	00:31.42	31,42	100m 01:05.62	34,20
150m	01:40.48	34,86		
2. Hessel Broekstra (FZC'54-De Vikings (SG), 200400253)				02:15.16(+75)
50m	00:31.67	31,67	100m 01:05.54	33,87
150m	01:40.41	34,87		
3. Bram Verkuijlen (PSV, 200401381)				02:18.33(+71)
50m	00:32.38	32,38	100m 01:07.38	35,00
150m	01:43.53	36,15		
4. Luuk van Rooij (PSV, 200400581)				02:19.24(+60)
50m	00:32.14	32,14	100m 01:07.43	35,29
150m	01:43.84	36,41		
5. Kai Zwerver (FZC'54-De Vikings (SG), 200401175)				02:21.76(+66)
50m	00:33.23	33,23	100m 01:09.46	36,23
150m	01:46.56	37,10		
6. Simon Claasen (ZPC AMERSFOORT, 200400231)				02:22.40(+68)
50m	00:32.00	32,00	100m 01:09.46	37,46
150m	01:47.12	37,66		
7. Jay de Vries (ZZ&PC De Devel, 200400669)				02:22.65(+69)
50m	00:32.67	32,67	100m 01:09.22	36,55
150m	01:46.38	37,16		
8. Michael van der Wal (MSV-Zeemacht, 200403151)				02:22.73(+52)
50m	00:33.61	33,61	100m 01:10.47	36,86
150m	01:46.91	36,44		
9. Jort van der Vlag (WS Twente, 200400335)				02:22.74(+66)
50m	00:33.11	33,11	100m 01:08.78	35,67
150m	01:46.59	37,81		
10. Timo Kock (ZZ&PC De Devel, 200400387)				02:23.15(+66)
50m	00:33.90	33,90	100m 01:10.10	36,20
150m	01:47.32	37,22		

11. Mac Peeks (ZPC Hoogeveen, 200400153)	50m 00:33.43 33,43	100m 01:09.47 36,04	150m 01:46.48 37,01	02:23.35(+71)
12. Abel te Riele (WVZ, 200402317)	50m 00:33.30 33,30	100m 01:10.28 36,98	150m 01:48.13 37,85	02:23.77(+66)
13. Teun van der Schrier (Hieronymus, 200403627)	50m 00:34.71 34,71	100m 01:11.37 36,66	150m 01:48.78 37,41	02:25.15(+61)
14. Robin van den Berg (ZV 44, 200400699)	50m 00:33.68 33,68	100m 01:10.06 36,38	150m 01:48.29 38,23	02:25.76(+95)
15. Ruben Claasen (ZPC AMERSFOORT, 200400229)	50m 00:35.06 35,06	100m 01:12.20 37,14	150m 01:50.01 37,81	02:25.82(+64)
16. Chris van der Hout (The Hague Swimming (SG), 200401355)	50m 00:34.36 34,36	100m 01:11.07 36,71	150m 01:49.17 38,10	02:25.93(+68)
17. Julliano Soliani (DAW, 200400353)	50m 00:34.58 34,58	100m 01:11.28 36,70	150m 01:49.38 38,10	02:26.79(+72)
18. Jason van den Berg (Rotterdam Swimming (SG), 200400009)	50m 00:33.75 33,75	100m 01:11.18 37,43	150m 01:50.29 39,11	02:27.33(+64)
19. Serge Knops (Hellas-Glana, 200403867)	50m 00:33.31 33,31	100m 01:10.35 37,04	150m 01:49.44 39,09	02:27.55(+60)
20. Collin Schouten (MSV-Zeemacht, 200400697)	50m 00:35.50 35,50	100m 01:13.13 37,63	150m 01:50.84 37,71	02:27.82(+75)
21. Chris Verhoeven (PSV, 200400593)	50m 00:33.94 33,94	100m 01:11.14 37,20	150m 01:50.15 39,01	02:28.31(+65)
22. Julien Tanis (De Schotepijl, 200401045)	50m 00:35.10 35,10	100m 01:13.21 38,11	150m 01:51.90 38,69	02:28.43(+65)
23. Daan Trinh (Hieronymus, 200401267)	50m 00:33.85 33,85	100m 01:11.06 37,21	150m 01:50.56 39,50	02:28.93(+55)
24. Meindert Dekkinga (HZ&PC Heerenveen, 200400377)	50m 00:34.70 34,70	100m 01:12.09 37,39	150m 01:51.26 39,17	02:29.18(+79)
25. Thomas Burgmeijer (Batavia Swim, 200400739)	50m 00:33.82 33,82	100m 01:11.71 37,89	150m 01:51.43 39,72	02:29.76(+64)
26. Sijbren Beeksma (TriVia, 200400133)	50m 00:35.48 35,48	100m 01:14.52 39,04	150m 01:54.33 39,81	02:29.88(+58)
27. Sem Verberg (The Hague Swimming (SG), 200402105)	50m 00:35.64 35,64	100m 01:13.95 38,31	150m 01:52.55 38,60	02:30.18(+81)
28. Diederik Colombijn (De Krabben, 200403025)	50m 00:34.53 34,53	100m 01:12.30 37,77	150m 01:51.85 39,55	02:30.19(+70)
29. Pepijn van Egmond (WVZ, 200402309)	50m 00:35.39 35,39	100m 01:13.38 37,99	150m 01:52.51 39,13	02:31.68(+77)
30. Jon de Wit (De Ward, 200401969)	50m 00:34.91 34,91	100m 01:13.59 38,68	150m 01:53.77 40,18	02:32.70(+63)
68. 200m rugslag - Heren 14 - 14 jaar (Junioren 3)				
1. Keanu Streefland (RTC-Racing Club, 200302445)	50m 00:31.32 31,32	100m 01:05.09 33,77	150m 01:38.75 33,66	02:11.79(+77)
2. Esper Schreurs (ZEPS, 200300433)	50m 00:32.12 32,12	100m 01:05.99 33,87	150m 01:39.66 33,67	02:13.51(+81)
3. Luuk Bos (VZ&PC, 200300151)	50m 00:29.17 29,17	100m 01:02.91 33,74	150m 01:38.89 35,98	02:13.71(+52)
4. Mike Gerritsen (Platella, 200304013)				02:14.14(+69)

	50m 00:30.81 30,81	100m 01:04.45 33,64	150m 01:39.60 35,15	
5. Lukas Binnekamp (De Dinkel, 200300107)	50m 00:30.75 30,75	100m 01:04.93 34,18	150m 01:40.51 35,58	02:15.19(+69)
6. Matej Danis (DWK, 200304745)	50m 00:32.47 32,47	100m 01:07.42 34,95	150m 01:42.30 34,88	02:17.47(+63)
7. Kylian Heederik (Deltasteur, 200300353)	50m 00:31.51 31,51	100m 01:06.61 35,10	150m 01:43.32 36,71	02:18.51(+71)
8. Sjors Lemmers (Merlet, 200300555)	50m 00:32.17 32,17	100m 01:07.27 35,10	150m 01:43.21 35,94	02:19.40(+76)
9. Jelle Bon (ZVVS, 200301077)	50m 00:31.48 31,48	100m 01:06.25 34,77	150m 01:43.08 36,83	02:19.49(+66)
10. Tyrese Sitania (Aqua-Novio'94, 200301999)	50m 00:29.94 29,94	100m 01:04.33 34,39	150m 01:41.23 36,90	02:19.63(+54)
11. Thomas Tolsma (SBC2000, 200300613)	50m 00:32.23 32,23	100m 01:07.75 35,52	150m 01:44.54 36,79	02:21.35(+67)
12. Luuk Hulleman (ZVV, 200300189)	50m 00:32.54 32,54	100m 01:08.66 36,12	150m 01:45.83 37,17	02:21.58(+72)
13. Stan de Swart (PSV, 200300535)	50m 00:33.30 33,30	100m 01:09.28 35,98	150m 01:46.45 37,17	02:22.09(+55)
14. Dylan Jansen (WVZ, 200300817)	50m 00:33.01 33,01	100m 01:09.52 36,51	150m 01:46.73 37,21	02:22.16(+61)
15. Rens van Beek (Aqua-Novio'94, 200300537)	50m 00:32.90 32,90	100m 01:08.95 36,05	150m 01:46.17 37,22	02:22.78(+71)
16. Jarno Bijsterbosch (Octopus, 200300081)	50m 00:32.07 32,07	100m 01:08.00 35,93	150m 01:45.59 37,59	02:23.14(+68)
17. Daan Hogerhuis (Link, 200300317)	50m 00:33.76 33,76	100m 01:10.16 36,40	150m 01:47.24 37,08	02:23.30(+70)
18. Perry Laarhoven (ZPC Numansdorp, 200301321)	50m 00:33.12 33,12	100m 01:09.42 36,30	150m 01:46.74 37,32	02:23.97(+69)
19. Bjarne Buijs (The Hague Swimming (SG), 200301089)	50m 00:34.00 34,00	100m 01:10.74 36,74	150m 01:47.87 37,13	02:24.56(+76)
69. 200m rugslag - Heren				
15 - 15 jaar (Junioren 4)				
1. Joep Hoogerwerf (DWK, 200204527)	50m 00:29.46 29,46	100m 01:01.58 32,12	150m 01:33.72 32,14	02:05.16(+73)
2. Niels Dijkshoorn (Zwemvereniging Westland, 200203079)	50m 00:30.33 30,33	100m 01:02.53 32,20	150m 01:35.54 33,01	02:08.79(+69)
3. Tycho Atanasov (KSN (SG), 200201133)	50m 00:30.64 30,64	100m 01:03.82 33,18	150m 01:37.49 33,67	02:09.99(+74)
4. Leon van den Hof (Dedemsvaart-AC, 200203269)	50m 00:30.91 30,91	100m 01:04.73 33,82	150m 01:38.44 33,71	02:11.42(+66)
4. Kirill Hrabcuns (ZPC AMERSFOORT, 200201221)	50m 00:30.46 30,46	100m 01:02.97 32,51	150m 01:36.97 34,00	02:11.42(+70)
6. Max Langerveld (Ed-Vo, 200203435)	50m 00:30.91 30,91	100m 01:03.82 32,91	150m 01:38.35 34,53	02:11.81(+64)
7. Nikhom Westphal (SCOM/De Zeehond'73 (SG), 200203329)	50m 00:31.32 31,32	100m 01:05.06 33,74	150m 01:39.97 34,91	02:12.55(+68)
8. Milan Meurs (Nuenen, 200202079)	50m 00:30.84 30,84	100m 01:04.70 33,86	150m 01:39.28 34,58	02:13.52(+57)

9. Lars Verhalle (VZC, 200200019)	50m 00:31.27 31,27	100m 01:05.25 33,98	150m 01:40.32 35,07	02:13.62(+74)
10. Léon van der Geest (WS Twente, 200201005)	50m 00:30.31 30,31	100m 01:04.26 33,95	150m 01:38.60 34,34	02:14.06(+70)
11. Luc van Eijndhoven (De Warande, 200200139)	50m 00:31.70 31,70	100m 01:05.53 33,83	150m 01:40.29 34,76	02:14.85(+67)
12. Adriaan Provó Kluit (RTC-WVZ, 200204397)	50m 00:29.84 29,84	100m 01:01.98 32,14	150m 01:37.91 35,93	02:15.61(+69)
13. Raoul Witten (ZPC Hoogeveen, 200200231)	50m 00:31.40 31,40	100m 01:05.44 34,04	150m 01:41.15 35,71	02:16.68(+64)
14. Timo Spaans (PSV, 200201087)	50m 00:31.41 31,41	100m 01:07.78 36,37	150m 01:44.32 36,54	02:17.14(+64)
15. Elroy Schot (De Dolfijn, 200200689)	50m 00:31.32 31,32	100m 01:06.67 35,35	150m 01:42.71 36,04	02:17.86(+68)
16. Bobby van Dijk (DBD, 200200153)	50m 00:30.79 30,79	100m 01:06.78 35,99	150m 01:43.53 36,75	02:18.06(+67)
17. Makai van Haren (De Forel, 200200627)	50m 00:33.14 33,14	100m 01:07.91 34,77	150m 01:43.15 35,24	02:18.27(+81)
18. Viktor Koets (De Columbiaan, 200201677)	50m 00:30.93 30,93	100m 01:05.60 34,67	150m 01:41.93 36,33	02:18.82(+66)
19. Wessel Stupers (PSV, 200203541)	50m 00:31.25 31,25	100m 01:05.70 34,45	150m 01:43.14 37,44	02:24.15(+76)
70. 200m rugslag - Heren				
<i>16 - 17 jaar (Jeugd 1 en 2)</i>				
1. Jelle Betten (RTC-DZ&PC, 200001535)	50m 00:28.24 28,24	100m 00:58.67 30,43	150m 01:30.10 31,43	02:01.36(+61)
2. Jari Groenhart (RTC-TriVia, 200000271)	50m 00:28.17 28,17	100m 00:59.41 31,24	150m 01:31.27 31,86	02:02.27(+67)
3. Austin Namesnik (ZPC AMERSFOORT, 200101817)	50m 00:28.64 28,64	100m 01:00.08 31,44	150m 01:32.20 32,12	02:04.24(+55)
4. Dennis Kamps (De Dinkel, 200000191)	50m 00:29.18 29,18	100m 01:00.33 31,15	150m 01:32.35 32,02	02:04.26(+80)
5. Thomas Jansen (RTC-WVZ, 200100143)	50m 00:29.24 29,24	100m 01:01.08 31,84	150m 01:32.97 31,89	02:04.79(+62)
6. Jelle Smid (Aqua-Novio'94, 200100627)	50m 00:29.22 29,22	100m 01:00.81 31,59	150m 01:33.97 33,16	02:06.94(+71)
7. Moritz Hoogers (Octopus, 200104865)	50m 00:29.63 29,63	100m 01:01.91 32,28	150m 01:34.89 32,98	02:08.05(+63)
8. Raf Hendriks (Hellas-Glana, 200100879)	50m 00:30.19 30,19	100m 01:02.75 32,56	150m 01:36.45 33,70	02:08.78(+62)
9. Ivo Stolk (RTC-De Zeehond '73, 200100615)	50m 00:30.61 30,61	100m 01:03.51 32,90	150m 01:36.36 32,85	02:09.02(+77)
10. Vincent Crooijmans (RTC-VZC, 200100381)	50m 00:30.46 30,46	100m 01:03.31 32,85	150m 01:36.66 33,35	02:09.16(+70)
11. Mart Niehoff (ZPC AMERSFOORT, 200100759)	50m 00:30.24 30,24	100m 01:03.14 32,90	150m 01:36.70 33,56	02:10.43(+66)
12. Max Visser (WVZ, 200100077)	50m 00:30.39 30,39	100m 01:03.58 33,19	150m 01:37.36 33,78	02:10.89(+77)
13. Coen de Lang (ZPC Hoogeveen, 200100067)	50m 00:30.48 30,48	100m 01:03.82 33,34	150m 01:37.58 33,76	02:11.40(+64)

14. Martin Ruiter (Batavia Swim, 200001309)				02:11.53(+68)			
50m	00:29.78 29,78	100m	01:03.31 33,53	150m	01:37.17 33,86		
14. Olivier Jans (The Hague Swimming (SG), 200001815)				02:11.53(+76)			
50m	00:31.24 31,24	100m	01:04.29 33,05	150m	01:38.26 33,97		
16. Arjan Dekker (ReVeLie Swim Team, 200000499)				02:12.14(+70)			
50m	00:30.82 30,82	100m	01:05.19 34,37	150m	01:39.04 33,85		
17. Niels de Boer (Eurode KZC, 200001977)				02:12.16(+73)			
50m	00:29.74 29,74	100m	01:03.28 33,54	150m	01:37.86 34,58		
18. Jasper Breugem (WVZ, 200000303)				02:12.21(+66)			
50m	00:31.10 31,10	100m	01:04.41 33,31	150m	01:38.49 34,08		
19. Melle van Gemert (ZPC De Zeeuwse Kust, 200100687)				02:13.08(+60)			
50m	00:29.96 29,96	100m	01:03.97 34,01	150m	01:38.70 34,73		
20. Stefan Tomicic (RZ, 200101271)				02:14.10(+56)			
50m	00:30.30 30,30	100m	01:03.60 33,30	150m	01:38.81 35,21		
21. Luuk Smits (Tempo, 200001015)				02:14.55(+69)			
50m	00:30.56 30,56	100m	01:04.16 33,60	150m	01:39.58 35,42		
22. Marcel Delfstra (Wetterwille, 200100037)				02:14.74(+63)			
50m	00:30.79 30,79	100m	01:05.27 34,48	150m	01:39.97 34,70		
23. Dave van der Voet (De Dolfijn, 200102783)				02:15.00(+70)			
50m	00:31.27 31,27	100m	01:05.06 33,79	150m	01:40.06 35,00		
24. Daen Spoor (VZC, 200101117)				02:15.23(+71)			
50m	00:30.91 30,91	100m	01:04.61 33,70	150m	01:39.51 34,90		
25. Sander Crooijmans (RTC-VZC, 200100383)				02:15.41(+75)			
50m	00:31.45 31,45	100m	01:05.57 34,12	150m	01:40.69 35,12		
26. Tjeerd van Stein (LinK, 200101439)				02:15.80(+79)			
50m	00:31.64 31,64	100m	01:05.69 34,05	150m	01:40.48 34,79		
27. Bas Morelissen (ZPC AMERSFOORT, 200100861)				02:15.88(+75)			
50m	00:31.77 31,77	100m	01:05.97 34,20	150m	01:41.20 35,23		
28. Joas Groeneveld (DWK, 200102669)				02:16.33(+66)			
50m	00:31.24 31,24	100m	01:05.03 33,79	150m	01:40.33 35,30		
29. Sander Iuga (Poseidon'56, 200101389)				02:17.65(+64)			
50m	00:31.67 31,67	100m	01:06.63 34,96	150m	01:42.05 35,42		
30. Boyd Wijkman (MSV-Zeemacht, 200104759)				02:19.23(+59)			
50m	00:32.39 32,39	100m	01:08.05 35,66	150m	01:43.92 35,87		
71. 400m wisselslag - Dames							
14 - 15 jaar (Jeugd 1 en 2)							
1. Niamh Hofland (PSV, 200205118)				04:45.49(+67)			
50m	00:30.46 30,46	150m	01:42.41 36,66	250m	02:59.67 41,36	350m	04:13.98 33,21
100m	01:05.75 35,29	200m	02:18.31 35,90	300m	03:40.77 41,10		
2. Lotte Hosper (RTC-Racing Club, 200201414)				04:54.04(+77)			
50m	00:30.58 30,58	150m	01:42.53 37,05	250m	03:02.04 42,39	350m	04:19.90 34,74
100m	01:05.48 34,90	200m	02:19.65 37,12	300m	03:45.16 43,12		
3. Femke Spiering (RTC-VZC, 200204514)				04:55.24(+79)			
50m	00:30.26 30,26	150m	01:43.96 38,11	250m	03:06.12 45,59	350m	04:23.92 33,47
100m	01:05.85 35,59	200m	02:20.53 36,57	300m	03:50.45 44,33		
4. Imani de Jong (RTC-ZPCH, 200200464)				04:59.23(+73)			
50m	00:31.07 31,07	150m	01:45.48 37,71	250m	03:07.54 43,56	350m	04:26.27 33,54
100m	01:07.77 36,70	200m	02:23.98 38,50	300m	03:52.73 45,19		
5. Silke Huisman (Orca, 200301182)				05:06.25(+72)			
50m	00:32.08 32,08	150m	01:49.04 38,87	250m	03:10.04 42,35	350m	04:30.89 37,81

	100m 01:10.17	38,09	200m 02:27.69	38,65	300m 03:53.08	43,04		
6. Amber Celie (De Dolfijn, 200300756)							05:07.03(+79)	
	50m 00:32.66	32,66	150m 01:50.19	38,80	250m 03:12.66	45,20	350m 04:34.08	35,78
	100m 01:11.39	38,73	200m 02:27.46	37,27	300m 03:58.30	45,64		
7. Zanthé Janssen (Aqua-Novio'94, 200201786)							05:07.58(+77)	
	50m 00:32.27	32,27	150m 01:52.67	40,72	250m 03:13.82	41,77	350m 04:33.37	37,17
	100m 01:11.95	39,68	200m 02:32.05	39,38	300m 03:56.20	42,38		
8. Birgit van Buiten (DWK, 200200498)							05:10.93(+76)	
	50m 00:33.99	33,99	150m 01:52.87	38,90	250m 03:15.15	44,04	350m 04:36.04	37,48
	100m 01:13.97	39,98	200m 02:31.11	38,24	300m 03:58.56	43,41		
9. Carlijn Hansté (WS Twente, 200201082)							05:15.85(+84)	
	50m 00:33.17	33,17	150m 01:53.17	40,46	250m 03:19.32	47,49	350m 04:41.66	35,14
	100m 01:12.71	39,54	200m 02:31.83	38,66	300m 04:06.52	47,20		
10. Kim de Jong (LinK, 200301026)							05:17.37(+80)	
	50m 00:33.49	33,49	150m 01:54.69	41,21	250m 03:18.77	43,57	350m 04:41.49	38,32
	100m 01:13.48	39,99	200m 02:35.20	40,51	300m 04:03.17	44,40		
11. Almudena Visser Velez (The Hague Swimming (SG), 200205904)							05:17.71(+74)	
	50m 00:32.65	32,65	150m 01:52.13	40,88	250m 03:18.16	47,39	350m 04:43.61	37,81
	100m 01:11.25	38,60	200m 02:30.77	38,64	300m 04:05.80	47,64		
12. Quinty Rouschop (Zwemsport Parkstad (SG), 200300208)							05:20.12(+79)	
	50m 00:34.02	34,02	150m 01:56.95	42,41	250m 03:21.68	43,52	350m 04:44.33	38,21
	100m 01:14.54	40,52	200m 02:38.16	41,21	300m 04:06.12	44,44		
13. Anne Paulusse (De Warande, 200200834)							05:20.66(+83)	
	50m 00:35.31	35,31	150m 01:55.99	39,67	250m 03:21.00	45,59	350m 04:45.13	38,47
	100m 01:16.32	41,01	200m 02:35.41	39,42	300m 04:06.66	45,66		
14. Grace Anderson (WVZ, 200200578)							05:21.42(+75)	
	50m 00:34.32	34,32	150m 01:56.20	41,10	250m 03:21.43	44,28	350m 04:45.78	39,04
	100m 01:15.10	40,78	200m 02:37.15	40,95	300m 04:06.74	45,31		
15. Josse Bergman (VZC, 200305146)							05:22.40(+72)	
	50m 00:34.63	34,63	150m 01:56.95	41,28	250m 03:21.96	45,60	350m 04:46.28	38,19
	100m 01:15.67	41,04	200m 02:36.36	39,41	300m 04:08.09	46,13		
16. Jocelyn Horbeek (ZPC De Hof, 200300302)							05:23.67(+75)	
	50m 00:34.33	34,33	150m 01:56.00	41,87	250m 03:21.83	45,71	350m 04:47.03	38,53
	100m 01:14.13	39,80	200m 02:36.12	40,12	300m 04:08.50	46,67		
17. Lionne Klarenbeek (ZPC De Hof, 200300108)							05:23.84(+78)	
	50m 00:33.44	33,44	150m 01:54.90	42,00	250m 03:23.96	47,77	350m 04:50.04	37,23
	100m 01:12.90	39,46	200m 02:36.19	41,29	300m 04:12.81	48,85		
18. Ilse Volkers (DWK, 200301580)							05:23.87(+80)	
	50m 00:34.50	34,50	150m 01:56.19	40,82	250m 03:23.34	47,61	350m 04:48.84	37,55
	100m 01:15.37	40,87	200m 02:35.73	39,54	300m 04:11.29	47,95		
19. Kim Zwinkels (ZPCH, 200300422)							05:25.08(+80)	
	50m 00:33.22	33,22	150m 01:55.43	42,42	250m 03:24.69	48,43	350m 04:49.31	36,86
	100m 01:13.01	39,79	200m 02:36.26	40,83	300m 04:12.45	47,76		
20. Esther Tiemersma (ZPC De Zeeuwse Kust, 200202962)							05:28.43(+70)	
	50m 00:35.20	35,20	150m 02:01.31	44,85	250m 03:28.29	43,57	350m 04:51.50	39,40
	100m 01:16.46	41,26	200m 02:44.72	43,41	300m 04:12.10	43,81		
21. Milou ten Koppel (Deltasteur, 200302572)							05:30.13(+93)	
	50m 00:35.59	35,59	150m 01:59.91	41,62	250m 03:25.49	46,24	350m 04:54.97	40,81
	100m 01:18.29	42,70	200m 02:39.25	39,34	300m 04:14.16	48,67		
22. Pleun van den Bergh (HZPC, 200201952)							05:30.85(+81)	
	50m 00:35.86	35,86	150m 02:00.99	42,71	250m 03:30.56	47,89	350m 04:56.04	37,20
	100m 01:18.28	42,42	200m 02:42.67	41,68	300m 04:18.84	48,28		
23. Denice Koolman (ZV 44, 200200132)							05:32.19(+74)	
	50m 00:37.24	37,24	150m 02:06.91	41,92	250m 03:35.26	47,50	350m 04:58.43	36,34

	100m 01:24.99	47,75	200m 02:47.76	40,85	300m 04:22.09	46,83		
24. Soraya Rakers (De Dinkel, 200300818)							05:32.38(+86)	
	50m 00:36.05	36,05	150m 02:03.25	40,31	250m 03:30.70	47,27	350m 04:56.90	38,12
	100m 01:22.94	46,89	200m 02:43.43	40,18	300m 04:18.78	48,08		
25. Anastasia Renssen (TRB-RES, 200202588)							05:33.39(+65)	
	50m 00:34.64	34,64	150m 01:59.00	42,90	250m 03:30.13	47,61	350m 04:57.22	38,87
	100m 01:16.10	41,46	200m 02:42.52	43,52	300m 04:18.35	48,22		
26. Denise van der Burgt (Zeester-Meerval, 200201812)							05:33.41(+75)	
	50m 00:34.99	34,99	150m 01:59.34	41,97	250m 03:28.59	48,31	350m 04:56.04	38,64
	100m 01:17.37	42,38	200m 02:40.28	40,94	300m 04:17.40	48,81		
27. Daniëlle Meinema (ZV 44, 200300534)							05:36.26(+68)	
	50m 00:35.08	35,08	150m 01:59.68	42,25	250m 03:29.90	47,98	350m 04:58.61	39,41
	100m 01:17.43	42,35	200m 02:41.92	42,24	300m 04:19.20	49,30		
28. Nora Brouwer (Aquapoldro, 200300480)							05:37.12(+77)	
	50m 00:34.76	34,76	150m 01:57.94	42,32	250m 03:29.41	49,04	350m 04:58.74	40,41
	100m 01:15.62	40,86	200m 02:40.37	42,43	300m 04:18.33	48,92		
29. Roos Englebert (Hieronymus, 200200606)							05:37.14(+84)	
	50m 00:35.15	35,15	150m 01:59.91	41,85	250m 03:30.33	49,04	350m 04:59.74	39,11
	100m 01:18.06	42,91	200m 02:41.29	41,38	300m 04:20.63	50,30		
72. 400m wisselslag - Dames								
11 - 11 jaar (Junioren 1)								
1. Robyn Hulleman (ZVV, 200600890)							06:01.87(+80)	
	50m 00:39.39	39,39	150m 02:09.25	43,81	250m 03:47.03	54,78	350m 05:23.79	42,04
	100m 01:25.44	46,05	200m 02:52.25	43,00	300m 04:41.75	54,72		
2. Lobke Arts (Aqua-Novio'94, 200600622)							06:05.24(+95)	
	50m 00:42.48	42,48	150m 02:18.84	46,44	250m 03:56.20	51,88	350m 05:28.31	40,48
	100m 01:32.40	49,92	200m 03:04.32	45,48	300m 04:47.83	51,63		
3. Anouk van Dongen (Aqua-Novio'94, 200600084)							06:06.78(+76)	
	50m 00:37.27	37,27	150m 02:11.66	47,01	250m 03:51.20	53,09	350m 05:27.59	42,18
	100m 01:24.65	47,38	200m 02:58.11	46,45	300m 04:45.41	54,21		
73. 400m wisselslag - Dames								
12 - 12 jaar (Junioren 2)								
1. Thera Janssen (Aqua-Novio'94, 200500270)							05:25.17(+84)	
	50m 00:33.38	33,38	150m 01:54.06	39,50	250m 03:21.62	47,67	350m 04:48.85	38,34
	100m 01:14.56	41,18	200m 02:33.95	39,89	300m 04:10.51	48,89		
2. Lianne Beekman (ZVV, 200500124)							05:28.87(+77)	
	50m 00:33.97	33,97	150m 01:56.71	41,04	250m 03:23.86	46,75	350m 04:51.73	39,26
	100m 01:15.67	41,70	200m 02:37.11	40,40	300m 04:12.47	48,61		
3. Jelsie van Ruijven (WVZ, 200500282)							05:33.87(+71)	
	50m 00:35.48	35,48	150m 02:01.88	42,21	250m 03:29.21	46,08	350m 04:56.06	40,19
	100m 01:19.67	44,19	200m 02:43.13	41,25	300m 04:15.87	46,66		
4. Yke Groener (De Dinkel, 200500772)							05:35.14(+73)	
	50m 00:34.64	34,64	150m 02:03.37	42,44	250m 03:33.76	49,43	350m 05:00.79	36,98
	100m 01:20.93	46,29	200m 02:44.33	40,96	300m 04:23.81	50,05		
5. Merel Schravendijk (The Hague Swimming (SG), 200503382)							05:36.84(+79)	
	50m 00:38.96	38,96	150m 02:08.38	42,91	250m 03:37.06	46,57	350m 05:02.02	38,50
	100m 01:25.47	46,51	200m 02:50.49	42,11	300m 04:23.52	46,46		
6. Sophia van Droffelaar (ZVVS, 200500330)							05:36.96(+66)	
	50m 00:36.86	36,86	150m 02:08.06	44,82	250m 03:37.27	46,74	350m 05:03.78	37,93
	100m 01:23.24	46,38	200m 02:50.53	42,47	300m 04:25.85	48,58		
7. Bridget Vermeer (VZC, 200501766)							05:37.05(+81)	
	50m 00:36.41	36,41	150m 02:07.11	43,58	250m 03:34.94	46,17	350m 05:00.81	38,52
	100m 01:23.53	47,12	200m 02:48.77	41,66	300m 04:22.29	47,35		
8. Jennifer Veldhuisen (Kon AZ 1870, 200502500)							05:40.85(+73)	

	50m 00:35.93 35,93	150m 02:02.59 43,72	250m 03:35.71 50,25	350m 05:04.73 38,06	
	100m 01:18.87 42,94	200m 02:45.46 42,87	300m 04:26.67 50,96		
9. Feline Slijkhuis (ZVV, 200501042)					05:44.56(+86)
	50m 00:38.21 38,21	150m 02:09.27 43,99	250m 03:39.90 48,37	350m 05:08.26 39,76	
	100m 01:25.28 47,07	200m 02:51.53 42,26	300m 04:28.50 48,60		
10. Marte Hieke van der Kamp (FZC'54-De Vikings (SG), 200500218)					05:47.03(+89)
	50m 00:37.79 37,79	150m 02:08.20 43,23	250m 03:42.59 52,19	350m 05:11.56 37,57	
	100m 01:24.97 47,18	200m 02:50.40 42,20	300m 04:33.99 51,40		
11. Aniek van den Brink (De Dolfijn, 200500090)					05:47.69(+70)
	50m 00:38.17 38,17	150m 02:09.41 43,95	250m 03:41.02 48,16	350m 05:09.91 39,34	
	100m 01:25.46 47,29	200m 02:52.86 43,45	300m 04:30.57 49,55		
12. Emma van Leeuwen (DAW, 200500200)					05:48.26(+88)
	50m 00:38.93 38,93	150m 02:11.65 43,03	250m 03:43.87 49,74	350m 05:12.30 39,24	
	100m 01:28.62 49,69	200m 02:54.13 42,48	300m 04:33.06 49,19		
13. Nienke Bakker (TriVia, 200501178)					05:50.90(+79)
	50m 00:35.99 35,99	150m 02:04.05 45,11	250m 03:40.36 51,90	350m 05:12.17 39,60	
	100m 01:18.94 42,95	200m 02:48.46 44,41	300m 04:32.57 52,21		
14. Vivianne Woltjes (The Hague Swimming (SG), 200501524)					05:51.69(+73)
	50m 00:37.18 37,18	150m 02:07.30 45,67	250m 03:39.92 48,50	350m 05:12.77 43,23	
	100m 01:21.63 44,45	200m 02:51.42 44,12	300m 04:29.54 49,62		
15. Isa Maes (ZZ&PC De Devel, 200500110)					05:51.80(+71)
	50m 00:38.29 38,29	150m 02:11.72 44,63	250m 03:45.23 49,91	350m 05:15.33 38,60	
	100m 01:27.09 48,80	200m 02:55.32 43,60	300m 04:36.73 51,50		
16. Asha van Lobberegt (ZZ&PC De Devel, 200500088)					05:52.51(+67)
	50m 00:37.86 37,86	150m 02:08.81 43,75	250m 03:41.51 49,20	350m 05:12.11 39,76	
	100m 01:25.06 47,20	200m 02:52.31 43,50	300m 04:32.35 50,84		
17. Niké Telkamp (The Hague Swimming (SG), 200501088)					05:57.23(+83)
	50m 00:37.10 37,10	150m 02:15.04 47,95	250m 03:47.82 47,15	350m 05:18.28 41,39	
	100m 01:27.09 49,99	200m 03:00.67 45,63	300m 04:36.89 49,07		
18. Colinda van der Zanden (Noord-Limburg (SG), 200502618)					06:02.52(+70)
	50m 00:38.35 38,35	150m 02:15.33 47,35	250m 03:51.18 49,94	350m 05:24.63 41,59	
	100m 01:27.98 49,63	200m 03:01.24 45,91	300m 04:43.04 51,86		
DIS. Liz Veltman (De Ward, 200503668)					00:00.00
74. 400m wisselslag - Dames					
13 - 13 jaar (Junioren 3)					
1. Veerle Nieborg (TriVia, 200400428)					05:14.04(+74)
	50m 00:33.09 33,09	150m 01:52.38 40,68	250m 03:16.81 44,51	350m 04:38.27 36,91	
	100m 01:11.70 38,61	200m 02:32.30 39,92	300m 04:01.36 44,55		
2. Luna de Vries (Aqua-Novio'94, 200400516)					05:16.13(+74)
	50m 00:33.05 33,05	150m 01:55.31 41,78	250m 03:20.68 45,76	350m 04:42.06 35,78	
	100m 01:13.53 40,48	200m 02:34.92 39,61	300m 04:06.28 45,60		
3. Ismay Lichtendonk (Dedemsvaart-AC, 200400622)					05:16.15(+74)
	50m 00:32.62 32,62	150m 01:51.44 39,30	250m 03:16.63 46,82	350m 04:42.72 37,78	
	100m 01:12.14 39,52	200m 02:29.81 38,37	300m 04:04.94 48,31		
4. Bridget de Bat (ZPC De Zeeuwse Kust, 200400382)					05:18.46(+75)
	50m 00:33.40 33,40	150m 01:51.79 38,18	250m 03:17.78 47,66	350m 04:43.34 36,70	
	100m 01:13.61 40,21	200m 02:30.12 38,33	300m 04:06.64 48,86		
5. Emma Hofstee (TriVia, 200401282)					05:20.26(+81)
	50m 00:32.53 32,53	150m 01:53.93 42,44	250m 03:19.38 43,96	350m 04:43.08 38,95	
	100m 01:11.49 38,96	200m 02:35.42 41,49	300m 04:04.13 44,75		
6. Jill Nai Chung Tong (ZVVS, 200404272)					05:28.57(+85)
	50m 00:34.01 34,01	150m 01:56.72 40,49	250m 03:22.22 44,70	350m 04:49.31 40,67	
	100m 01:16.23 42,22	200m 02:37.52 40,80	300m 04:08.64 46,42		

7. Nora Weerman (ZV 44, 200400620)					05:30.14(+70)
50m	00:34.67 34,67	150m	01:59.68 43,79	250m	03:28.43 45,42
100m	01:15.89 41,22	200m	02:43.01 43,33	300m	04:15.33 46,90
350m	04:53.83 38,50				
8. Tessa Sportel (Dedemsvaart-AC, 200401644)					05:30.80(+71)
50m	00:34.96 34,96	150m	02:00.01 41,08	250m	03:27.97 47,25
100m	01:18.93 43,97	200m	02:40.72 40,71	300m	04:15.45 47,48
350m	04:54.05 38,60				
9. Kirsten Verhale (VZC, 200400210)					05:32.41(+75)
50m	00:34.03 34,03	150m	01:58.97 42,81	250m	03:28.23 46,81
100m	01:16.16 42,13	200m	02:41.42 42,45	300m	04:16.63 48,40
350m	04:55.41 38,78				
10. Rinske Bouman (ZZ&PC De Devel, 200400578)					05:33.22(+82)
50m	00:33.62 33,62	150m	02:01.26 45,67	250m	03:31.61 45,41
100m	01:15.59 41,97	200m	02:46.20 44,94	300m	04:18.27 46,66
350m	04:56.26 37,99				
11. Aniek van de Weerd (VZC, 200404136)					05:33.26(+77)
50m	00:33.04 33,04	150m	01:55.63 41,48	250m	03:25.38 49,92
100m	01:14.15 41,11	200m	02:35.46 39,83	300m	04:15.74 50,36
350m	04:55.52 39,78				
12. Charlotte Wilbers (ZPC Hoogeveen, 200400312)					05:34.53(+83)
50m	00:37.30 37,30	150m	02:02.49 39,57	250m	03:32.39 50,56
100m	01:22.92 45,62	200m	02:41.83 39,34	300m	04:23.70 51,31
350m	04:59.96 36,26				
13. Amy Tebben (Eurode KZC, 200400108)					05:34.85(+78)
50m	00:35.63 35,63	150m	02:02.00 42,53	250m	03:31.48 47,84
100m	01:19.47 43,84	200m	02:43.64 41,64	300m	04:20.30 48,82
350m	04:58.26 37,96				
14. Sanne Temmen (De Dinkel, 200400682)					05:35.05(+80)
50m	00:36.00 36,00	150m	02:04.17 44,19	250m	03:34.17 47,41
100m	01:19.98 43,98	200m	02:46.76 42,59	300m	04:22.01 47,84
350m	04:59.12 37,11				
15. Luna Hofmeijer (WS Twente, 200400006)					05:35.08(+78)
50m	00:35.86 35,86	150m	02:05.07 44,18	250m	03:32.06 45,57
100m	01:20.89 45,03	200m	02:46.49 41,42	300m	04:19.73 47,67
350m	04:58.84 39,11				
16. Irma van der Wulp (WVZ, 200401950)					05:37.18(+76)
50m	00:38.31 38,31	150m	02:07.24 43,14	250m	03:35.63 45,93
100m	01:24.10 45,79	200m	02:49.70 42,46	300m	04:22.51 46,88
350m	05:01.40 38,89				
17. Lize van Stigt (LinK, 200401510)					05:38.21(+66)
50m	00:34.98 34,98	150m	01:57.91 42,48	250m	03:31.21 50,26
100m	01:15.43 40,45	200m	02:40.95 43,04	300m	04:21.12 49,91
350m	05:00.04 38,92				
18. Marieke Lenderink (De Dinkel, 200400778)					05:40.27(+79)
50m	00:34.85 34,85	150m	02:05.63 45,41	250m	03:36.96 49,69
100m	01:20.22 45,37	200m	02:47.27 41,64	300m	04:26.24 49,28
350m	05:04.73 38,49				
19. Sanne Lukken (PSV, 200400030)					05:48.23(+77)
50m	00:35.53 35,53	150m	02:07.37 45,42	250m	03:39.02 46,96
100m	01:21.95 46,42	200m	02:52.06 44,69	300m	04:27.78 48,76
350m	05:08.33 40,55				
DIS. Daniëlle Vis (De Columbiaan, 200401044)					00:00.00
75. 400m wisselslag - Heren					
16 - 17 jaar (Jeugd 1 en 2)					
1. Jari Groenhart (RTC-TriVia, 200000271)					04:19.84(+78)
50m	00:27.85 27,85	150m	01:34.13 33,61	250m	02:43.53 37,02
100m	01:00.52 32,67	200m	02:06.51 32,38	300m	03:20.47 36,94
350m	03:50.92 30,45				
2. Sten Postma (VZC, 200000011)					04:27.58(+71)
50m	00:28.68 28,68	150m	01:37.70 35,81	250m	02:49.49 36,57
100m	01:01.89 33,21	200m	02:12.92 35,22	300m	03:26.87 37,38
350m	03:58.35 31,48				
3. Olivier Jans (The Hague Swimming (SG), 200001815)					04:29.58(+74)
50m	00:29.06 29,06	150m	01:37.49 35,20	250m	02:48.68 37,23
100m	01:02.29 33,23	200m	02:11.45 33,96	300m	03:26.88 38,20
350m	03:59.33 32,45				
4. David Kuipers (Orca, 200003633)					04:34.34(+75)
50m	00:29.23 29,23	150m	01:38.64 36,12	250m	02:54.00 39,36
100m	01:02.52 33,29	200m	02:14.64 36,00	300m	03:34.68 40,68
350m	04:05.91 31,23				

5. Thomas Jansen (RTC-WVZ, 200100143)					04:34.46(+79)
50m	00:29.43 29,43	150m 01:39.08 35,28	250m 02:53.35 40,23	350m 04:06.16 31,81	
100m	01:03.80 34,37	200m 02:13.12 34,04	300m 03:34.35 41,00		
6. Emile Dost (Borger, 200100731)					04:34.68(+77)
50m	00:29.05 29,05	150m 01:39.12 35,33	250m 02:52.80 38,37	350m 04:03.88 32,01	
100m	01:03.79 34,74	200m 02:14.43 35,31	300m 03:31.87 39,07		
7. Sander Crooijmans (RTC-VZC, 200100383)					04:35.82(+81)
50m	00:29.32 29,32	150m 01:39.65 36,08	250m 02:54.86 39,95	350m 04:06.37 31,38	
100m	01:03.57 34,25	200m 02:14.91 35,26	300m 03:34.99 40,13		
8. Vincent Crooijmans (RTC-VZC, 200100381)					04:36.32(+76)
50m	00:29.83 29,83	150m 01:40.06 35,05	250m 02:53.83 40,05	350m 04:05.67 31,88	
100m	01:05.01 35,18	200m 02:13.78 33,72	300m 03:33.79 39,96		
9. Aaron Hendriksen of Hendriks (LZ&PC De Haaien, 200002711)					04:42.87(+64)
50m	00:28.71 28,71	150m 01:40.22 37,16	250m 02:57.36 40,80	350m 04:11.56 32,77	
100m	01:03.06 34,35	200m 02:16.56 36,34	300m 03:38.79 41,43		
10. Bernardus De Freitas Steverink (PSV, 200105427)					04:44.88(+59)
50m	00:28.44 28,44	150m 01:39.34 38,35	250m 02:57.45 41,24	350m 04:12.20 33,87	
100m	01:00.99 32,55	200m 02:16.21 36,87	300m 03:38.33 40,88		
11. David Anthonio (KSN (SG), 200102551)					04:45.04(+78)
50m	00:30.10 30,10	150m 01:42.43 36,90	250m 02:59.45 40,50	350m 04:14.82 33,01	
100m	01:05.53 35,43	200m 02:18.95 36,52	300m 03:41.81 42,36		
12. Christiaan Smit (The Hague Swimming (SG), 200102463)					04:45.56(+70)
50m	00:29.73 29,73	150m 01:40.55 35,72	250m 02:58.20 41,71	350m 04:14.28 33,06	
100m	01:04.83 35,10	200m 02:16.49 35,94	300m 03:41.22 43,02		
13. Marcel Delfstra (Wetterwille, 200100037)					04:46.77(+70)
50m	00:29.35 29,35	150m 01:41.23 37,28	250m 02:57.33 40,30	350m 04:13.09 34,95	
100m	01:03.95 34,60	200m 02:17.03 35,80	300m 03:38.14 40,81		
14. Freek Hollander (The Hague Swimming (SG), 200103815)					04:49.24(+76)
50m	00:29.48 29,48	150m 01:42.06 37,50	250m 03:00.62 42,00	350m 04:17.81 33,78	
100m	01:04.56 35,08	200m 02:18.62 36,56	300m 03:44.03 43,41		
15. Owen Peek (ZPC Hoogeveen, 200100765)					04:49.37(+83)
50m	00:31.65 31,65	150m 01:44.35 35,77	250m 03:01.60 42,33	350m 04:18.47 33,54	
100m	01:08.58 36,93	200m 02:19.27 34,92	300m 03:44.93 43,33		
16. Max Visser (WVZ, 200100077)					04:49.69(+83)
50m	00:29.96 29,96	150m 01:42.28 36,78	250m 03:00.43 42,14	350m 04:17.79 33,98	
100m	01:05.50 35,54	200m 02:18.29 36,01	300m 03:43.81 43,38		
17. Coen de Lang (ZPC Hoogeveen, 200100067)					04:51.01(+74)
50m	00:30.24 30,24	150m 01:42.48 35,18	250m 03:00.33 42,39	350m 04:18.16 35,03	
100m	01:07.30 37,06	200m 02:17.94 35,46	300m 03:43.13 42,80		
18. Tom Balsen Versteeg (De Warande, 200005673)					04:51.51(+65)
50m	00:30.72 30,72	150m 01:44.70 37,93	250m 03:03.00 41,79	350m 04:19.15 33,73	
100m	01:06.77 36,05	200m 02:21.21 36,51	300m 03:45.42 42,42		
19. Tjeerd van Stein (LinK, 200101439)					04:56.58(+80)
50m	00:31.91 31,91	150m 01:46.91 36,34	250m 03:05.64 42,79	350m 04:23.57 34,16	
100m	01:10.57 38,66	200m 02:22.85 35,94	300m 03:49.41 43,77		
76. 50m vrije slag - Dames					
14 - 15 jaar (Jeugd 1 en 2)					
1. Nienke Jonk (RTC-Hieronymus, 200203000)					00:25.95(+70)
2. Britta Koehorst (RTC-De Lansingh, 200300246)					00:25.99(+69)
2. Imani de Jong (RTC-ZPCH, 200200464)					00:25.99(+69)
4. Femke Spiering (RTC-VZC, 200204514)					00:26.14(+77)
5. Elise Tanis (RTC-De Schoteijl, 200200120)					00:26.26(+71)

6. Silke Huisman (Orca, 200301182)	00:26.29(+71)
7. Lynn Joor (WS Twente, 200300550)	00:26.64(+72)
8. Femke Hoppenbrouwer (The Hague Swimming (SG), 200301124)	00:26.80(+77)
9. Jonna Wieling (Aquarijn, 200205266)	00:26.85(+71)
10. Christy Geurts (RTC-WVZ, 200203734)	00:26.90(+78)
11. Lotte Pieterman (ZV 44, 200301838)	00:26.97(+68)
12. Tessa Giele (SCOM/De Zeehond'73 (SG), 200203124)	00:26.99(+65)
13. Lianne van Wier (HZ&PC Heerenveen, 200200438)	00:27.00(+69)
14. Jule Franken (PSV, 200204024)	00:27.17(+74)
15. Leonie van Wier (HZ&PC Heerenveen, 200200436)	00:27.24(+70)
16. Yara van Kalmthout (Nova, 200200984)	00:27.30(+83)
17. Tessa Loos (ZC Aquadream, 200200608)	00:27.31(+63)
18. Amy Lynn Zweers (Dedemsvaart-AC, 200300390)	00:27.32(+73)
18. Gabriela Töpfer (PSV, 200301764)	00:27.32(+66)
20. Lieke Oude Lenferink (WS Twente, 200200068)	00:27.36(+70)
20. Elisa Haverkate (ZPC De Hof, 200200266)	00:27.36(+75)
22. Zante Janssen (Aqua-Novio'94, 200201786)	00:27.40(+73)
22. Amy de Sain (De Dolfijn, 200304690)	00:27.40(+71)
24. Danique Bernard (Ed-Vo, 200200224)	00:27.42(+60)
25. Ilse Verheij (De Rog, 200300456)	00:27.43(+68)
26. Maaïke Issard (The Hague Swimming (SG), 200300022)	00:27.47(+76)
27. Judith Houtvast (Hellas-Glana, 200300714)	00:27.48(+74)
27. Mila Maas (PSV, 200302966)	00:27.48(+77)
29. Maaïke Broersma (BZ&PC, 200201522)	00:27.58(+74)
30. Kiki Koopman (De Dinkel, 200200232)	00:27.59(+72)
31. Ilse Kraaijeveld (The Hague Swimming (SG), 200202190)	00:27.60(+68)
32. Gaia Sterre Mirotti (VZC, 200305158)	00:27.61(+65)
33. Melina Carrillo Moreno (ZV De Zaan, 200300880)	00:27.62(+76)
34. Lindsey Berghuis (ZV 44, 200300104)	00:27.66(+74)
35. Tessa Kooi (Nova, 200201386)	00:27.75(+86)
36. Lize van den Nieuwenhuijzen (PSV, 200304454)	00:27.79(+74)
37. Vera Renshof (DWK, 200301582)	00:27.81(+70)
38. Hanne te Velthuis (Dedemsvaart-AC, 200201324)	00:27.89(+74)
39. Zana Udo (De Forel, 200202686)	00:27.93(+69)
39. Mariëlle Dolfijn (TriVia, 200201640)	00:27.93(+78)
41. Eline Gros (Aqua-Novio'94, 200302700)	00:27.97(+73)
42. Isa Boom (MNC Dordrecht, 200200186)	00:28.04(+70)
43. Maudé Lesscher (De Veene, 200300018)	00:28.08(+63)
44. Kim Jansen van Galen (PSV, 200201594)	00:28.11(+73)

45. Dionne Salomons (Borger, 200200504)	00:28.25(+80)
46. Olena Dijkstra (TriVia, 200202624)	00:28.32(+72)
47. Sade Simons (De Dolfijn, 200305544)	00:28.43(+72)
48. Imke Beekman (Hellas-Glana, 200301950)	00:28.58(+78)
49. Famke Slabbers (Aqua-Novio'94, 200200100)	00:28.64(+77)
50. Jocelyn Horbeek (ZPC De Hof, 200300302)	00:28.69(+77)
277. 50m vrije slag - Dames	
<i>11 - 15 jaar (Jeugd 2 en later)</i>	
1. Ilona Venema (ReVeLie Swim Team, 200200050) [S10]	00:28.32(+72)
2. Feija de Bruin (WVZ, 200400106) [S10]	00:33.30(+83)
3. Milena Keurentjes (NDD, 200404434) [S10]	00:33.89(+72)
4. Iris Onnink (De Vrije Slag, 200301836) [S10]	00:33.99(+72)
5. Rosalie van Druenen (BZV, 200305066) [S10]	00:35.60(+81)
6. Milou van Winkel (AZC, 200402296) [S14]	00:34.93(+87)
7. Mara de Bruin (DWK, 200303268) [S9]	00:37.79(+83)
8. Diede Struijk (Nuenen, 200403824) [S12]	00:36.47(+79)
78. 50m vrije slag - Heren	
<i>12 - 12 jaar (Junioren 1)</i>	
1. Niels Jansen (Aqua-Novio'94, 200501019)	00:27.46(+70)
2. Teye Chan (De Dommelbaarzen, 200501941)	00:27.74(+72)
3. Emiel van Oord (The Hague Swimming (SG), 200503707)	00:28.16(+64)
4. Rolf ter Keurs (De Veene, 200500137)	00:28.18(+82)
4. Sven Klink (ZV 44, 200500349)	00:28.18(+66)
6. Edvin Hodzic (De Dommelbaarzen, 200501289)	00:28.20(+70)
7. Menno Wieringa (De Lansingh, 200500927)	00:28.29(+70)
8. Domingo Kuipers (Orca, 200501787)	00:28.52(+62)
9. Sem Agterdenbos (MNC Dordrecht, 200500049)	00:28.74(+70)
10. Miles Steenvoorden (De Dolfijn, 200501637)	00:28.77(+75)
11. Sigsten Jonkman (ZPC De Zeeuwse Kust, 200500523)	00:29.14(+64)
12. Lars Minnaert (VZV Njord, 200502355)	00:29.24(+60)
13. Steijn Louter (ZC Aquadream, 200500793)	00:29.42(+70)
14. Yardan Taya (Zwemlust-den Hommel, 200501343)	00:29.43(+73)
15. Jasper Camphuijnder (OEZA, 200502367)	00:30.17(+91)
BM. Andrei Enache (The Hague Swimming (SG), 200503831)	BM
79. 50m vrije slag - Heren	
<i>13 - 13 jaar (Junioren 2)</i>	
1. Simon Claasen (ZPC AMERSFOORT, 200400231)	00:25.09(+68)
2. Pieter Wisse (PSV, 200400779)	00:25.62(+73)
3. Michael van der Wal (MSV-Zeemacht, 200403151)	00:25.92(+61)
4. Hessel Broekstra (FZC'54-De Vikings (SG), 200400253)	00:26.00(+79)

5. Hendrik van der Leest (FZC'54-De Vikings (SG), 200404339)	00:26.10(+75)
6. Merlin Belmon (De Dolfijn, 200403191)	00:26.19(+73)
7. Kai Zwerver (FZC'54-De Vikings (SG), 200401175)	00:26.22(+73)
8. Jay de Vries (ZZ&PC De Devel, 200400669)	00:26.30(+71)
9. Bram Verkuijlen (PSV, 200401381)	00:26.36(+73)
10. Jacco Nijland (ZPC De Hof, 200400081)	00:26.47(+79)
11. Jort van der Vlag (WS Twente, 200400335)	00:26.55(+66)
12. Koen de Groot (Zwemclub Eijsden, 200401059)	00:26.61(+72)
13. Timo Kock (ZZ&PC De Devel, 200400387)	00:26.76(+73)
14. Ruben Claasen (ZPC AMERSFOORT, 200400229)	00:26.77(+64)
15. Chris van der Hout (The Hague Swimming (SG), 200401355)	00:26.84(+76)
16. Robin van den Berg (ZV 44, 200400699)	00:26.93(+72)
17. Damian Waas (De Warande, 200402285)	00:27.01(+70)
18. Bart Pardon (WVZ, 200400639)	00:27.14(+67)
19. Daan Trinh (Hieronymus, 200401267)	00:27.19(+71)
20. Thijm Kruit (De Columbiaan, 200401339)	00:27.33(+75)
21. Serge Knops (Hellas-Glana, 200403867)	00:27.37(+66)
22. Teun van der Schrier (Hieronymus, 200403627)	00:27.44(+75)
23. Mac Peeks (ZPC Hoogeveen, 200400153)	00:27.57(+71)
24. Ruben van Veenen (ZCNF'34, 200400425)	00:27.58(+62)
25. Julien Tanis (De Schotejil, 200401045)	00:27.65(+63)
26. Olivier Reef (Zwemvereniging Woestduin, 200402905)	00:27.66(+69)
27. Abel te Riele (WVZ, 200402317)	00:27.69(+76)
28. Pepijn van Egmond (WVZ, 200402309)	00:27.72(+67)
29. Nick Hendrickx (ReSet (SG), 200401025)	00:27.86(+75)
30. Kun Woo Kim (The Hague Swimming (SG), 200401361)	00:28.04(+77)
31. Florian Houwen (Bubble, 200400065)	00:28.07(+66)
32. Yorrick Romeijn (De IJsselmeeuwen, 200402641)	00:28.24(+75)
33. Anders van Norden (ZPC AMERSFOORT, 200400039)	00:28.25(+75)
34. Erik Oldenkamp (De Lansingh, 200400597)	00:28.41(+74)
35. Jason van den Berg (Rotterdam Swimming (SG), 200400009)	00:28.46(+67)
36. Meindert Dekkinga (HZ&PC Heerenveen, 200400377)	00:28.55(+85)
37. Floris Sonneveld (Nuenen, 200402953)	00:28.58(+78)
80. 50m vrije slag - Heren	
<i>14 - 14 jaar (Junioren 3)</i>	
1. Tim Korstanje (Aqua-Novio'94, 200300053)	00:23.70(+66)
2. Luuk Bos (VZ&PC, 200300151)	00:24.80(+66)
3. Matej Danis (DWK, 200304745)	00:24.94(+69)
4. Esper Schreurs (ZEPS, 200300433)	00:25.23(+80)

5. Lucas Peters (PSV, 200301325)	00:25.42(+64)
6. Wesley Zulver (ZVVS, 200301319)	00:25.63(+69)
7. Jarno Bijsterbosch (Octopus, 200300081)	00:25.80(+64)
8. Yorick Visser (ZPC De Zeeuwse Kust, 200301957)	00:25.82(+67)
9. Zev Bulk (WIDEX GZC DONK, 200304021)	00:25.91(+64)
10. Evano Ticoalu (Aqua-Novio'94, 200304751)	00:26.09(+71)
11. Thomas Swartjes (Aqua-Novio'94, 200302825)	00:26.12(+71)
DIS. Stijn van den Berg (ZVV, 200300373)	00:00.00
81. 50m vrije slag - Heren	
<i>15 - 15 jaar (Junioren 4)</i>	
1. Bjorn van Doesburg (Aquarijn, 200201867)	00:23.21(+70)
2. Sean Niewold (WVZ, 200204699)	00:24.02(+77)
3. Bryan Agterdenbos (MNC Dordrecht, 200200003)	00:24.20(+68)
4. Lars Verhalle (VZC, 200200019)	00:24.32(+154)
5. Leon van den Hof (Dedemsvaart-AC, 200203269)	00:24.42(+69)
6. Brandon van den Berg (The Hague Swimming (SG), 200200669)	00:24.55(+65)
7. Bram Zwetsloot (Nuenen, 200202117)	00:24.62(+63)
8. Tycho Atanasov (KSN (SG), 200201133)	00:24.69(+71)
9. Elroy Schot (De Dolfijn, 200200689)	00:24.78(+67)
10. Sem Zijl (De Dolfijn, 200204757)	00:24.95(+64)
11. Maquinho Vorst (ZPC De Hof, 200204179)	00:25.02(+76)
12. Nikhom Westphal (SCOM/De Zeehond'73 (SG), 200203329)	00:25.07(+73)
13. Milan Meurs (Nuenen, 200202079)	00:25.22(+72)
14. Dylan Donkersteeg (DWK, 200202217)	00:25.45(+70)
82. 50m vrije slag - Heren	
<i>16 - 17 jaar (Jeugd 1 en 2)</i>	
1. Kenzo Simons (De Dolfijn, 200105415)	00:22.73(+66)
2. Luc Kroon (RTC-Ed-Vo, 200100697)	00:23.05(+78)
3. Junior de Bruin (ZPC Hoogeveen, 200000839)	00:23.34(+70)
4. Juri Dijkstra (RTC-TriVia, 200002119)	00:23.35(+72)
5. Austin Namesnik (ZPC AMERSFOORT, 200101817)	00:23.44(+63)
6. Sten Postma (VZC, 200000011)	00:23.70(+67)
7. Tyrese Wilson (ZPC AMERSFOORT, 200000223)	00:23.78(+65)
8. Jylano Nahr (RTC-Zwemsport Parkstad (SG), 200102593)	00:23.85(+78)
9. Jelle Smid (Aqua-Novio'94, 200100627)	00:24.08(+67)
10. Jesse Zweers (Dedemsvaart-AC, 200100399)	00:24.14(+72)
11. Hendrik Broekema (Bubble, 200002205)	00:24.18(+68)
12. Quinn van den Heuvel (RTC-WVZ, 200100297)	00:24.20(+72)
13. Stijn Boertien (Dedemsvaart-AC, 200100719)	00:24.28(+73)
14. Marc Botter (The Hague Swimming (SG), 200000329)	00:24.31(+63)

14. Sebastiaan Rottier (TriVia, 200000147)	00:24.31(+70)
16. Daniël Claasen (ZPC AMERSFOORT, 200100787)	00:24.34(+71)
17. Renger Bootsma (Octopus, 200002563)	00:24.47(+78)
18. Mart Niehoff (ZPC AMERSFOORT, 200100759)	00:24.56(+64)
19. Anton Jansen (PSV, 200003621)	00:24.58(+67)
20. Rick Bulman (PSV, 200101899)	00:24.81(+71)
21. Jeroen Aerssens (Scheldestroom, 200100061)	00:24.92(+69)
22. Wouter Schmit (PSV, 200004895)	00:24.95(+65)
23. Thom Delno (VZC, 200000013)	00:24.98(+73)
24. Jean Carlos de la Court (De Aalscholver, 200005539)	00:25.01(+69)
25. Franklin Paassen (De Dolfijn, 200003881)	00:25.02(+61)
26. Gijsbert Pelleboer (De Dinkel, 200000327)	00:25.03(+77)
27. Floris de Leeuw (The Hague Swimming (SG), 200105317)	00:25.06(+70)
28. Dave van der Voet (De Dolfijn, 200102783)	00:25.13(+73)
29. Gerard Willighagen (Poseidon'56, 200103663)	00:25.31(+64)
30. Luuk Smits (Tempo, 200001015)	00:25.39(+70)
283. 50m vrije slag - Heren	
<i>12 - 17 jaar</i>	
1. Querijn Hensen (The Hague Swimming (SG), 200102121) [S10]	00:25.71(+69)
1. Nathan Wees (ZPC AMERSFOORT, 200101427) [S10]	00:25.71(+69)
3. Duncan van Haaren (NTC PARA-WIDEX GZC DONK, 200000681) [S10]	00:25.85(+72)
3. Sam Janmaat (ZPC AMERSFOORT, 200203017) [S10]	00:25.85(+70)
5. Thomas van Wanrooij (NTC PARA-Poseidon '56, 200201473) [S13]	00:26.32(+82)
6. Bastian Renshoff (Octopus, 200001261) [S10]	00:26.60(+76)
7. Willem Poortinga (Wetterwille, 200105093) [S10]	00:32.42(+81)
8. Daan Waterlander (HZ&PC Heerenveen, 200203405) [S9]	00:35.67(+94)
9. Wesley Snijders (Hydra, 200403877) [S10]	00:33.20(+85)
10. Nick Selten (Merlet, 200403275) [S9]	00:36.84(+100)
11. Jesse Bruines (Batavia Swim, 200402413) [S9]	00:42.41(+91)
84. 50m rugslag - Dames	
<i>11 - 11 jaar (Junioren 1)</i>	
1. Jade van der Maas (WVZ, 200600408)	00:34.57(+67)
2. Robyn Hulleman (ZVV, 200600890)	00:34.75(+74)
3. Charley Blide (ZPC Hoogeveen, 200600164)	00:35.22(+76)
85. 50m rugslag - Dames	
<i>12 - 12 jaar (Junioren 2)</i>	
1. Thera Janssen (Aqua-Novio'94, 200500270)	00:30.53(+69)
2. Noa Teuben (FZC'54-De Vikings (SG), 200500254)	00:31.20(+59)
3. Demi Westendorp (Deltasteur, 200500262)	00:32.74(+65)
4. Jelsie van Ruijven (WVZ, 200500282)	00:33.26(+59)

86. 50m rugslag - Dames

13 - 13 jaar (Junioren 3)

1. Anna van Droffelaar (RTC-ZVVS, 200400258)	00:30.28(+64)
2. Jetske Moot (ZPC AMERSFOORT, 200400230)	00:30.36(+72)
3. Ismay Lichtendonk (Dedemsvaart-AC, 200400622)	00:30.71(+70)
4. Bridget de Bat (ZPC De Zeeuwse Kust, 200400382)	00:31.30(+56)
5. Puck Koopman (De Dinkel, 200400038)	00:31.66(+73)
6. Milou van Wijk (MNC Dordrecht, 200404948)	00:31.69(+66)
7. Kim van Dongen (Aqua-Novio'94, 200400140)	00:31.78(+69)
8. Janne Slegers (Tempo, 200404090)	00:31.92(+59)
9. Jill Nai Chung Tong (ZVVS, 200404272)	00:31.95(+71)
10. Myrthe Natzijl (KSN (SG), 200400076)	00:32.00(+67)
11. Lorena Dreschers (Hellas-Glana, 200401364)	00:32.34(+60)

87. 50m rugslag - Dames

14 - 15 jaar (Jeugd 1 en 2)

1. Britta Koehorst (RTC-De Lansingh, 200300246)	00:28.60(+64)
2. Elise Tanis (RTC-De Schoteijl, 200200120)	00:29.25(+59)
3. Nienke Jonk (RTC-Hieronymus, 200203000)	00:29.60(+56)
4. Lieke Oude Lenferink (WS Twente, 200200068)	00:29.74(+61)
5. Imani de Jong (RTC-ZPCH, 200200464)	00:29.93(+56)
6. Tessa Giele (SCOM/De Zeehond'73 (SG), 200203124)	00:30.24(+62)
7. Maaïke Broersma (BZ&PC, 200201522)	00:30.37(+68)
7. Yara van Kalmthout (Nova, 200200984)	00:30.37(+68)
9. Nikki Smeets (Hellas-Glana, 200200080)	00:30.49(+62)
10. Lotte Hosper (RTC-Racing Club, 200201414)	00:30.50(+73)
11. Joy van Dieren (De Dinkel, 200300182)	00:30.69(+64)
12. Amy Lynn Zweers (Dedemsvaart-AC, 200300390)	00:30.83(+72)
13. Maaïke Issard (The Hague Swimming (SG), 200300022)	00:30.85(+81)
14. Lindsey Berghuis (ZV 44, 200300104)	00:30.87(+68)
15. Birgit van Buiten (DWK, 200200498)	00:30.90(+56)
16. Amy de Sain (De Dolfijn, 200304690)	00:30.91(+69)
17. Carlijn Hansté (WS Twente, 200201082)	00:30.94(+60)
18. Lotte Pieterman (ZV 44, 200301838)	00:31.09(+65)
19. Maudé Lesscher (De Veene, 200300018)	00:31.10(+52)
20. Sade Simons (De Dolfijn, 200305544)	00:31.11(+65)
21. Gabriela Töpfer (PSV, 200301764)	00:31.12(+54)
22. Jonna Wieling (Aquarijn, 200205266)	00:31.16(+70)
23. Roma Vrijhof (De Lansingh, 200201306)	00:31.21(+79)
24. Danique Bernard (Ed-Vo, 200200224)	00:31.38(+58)
25. Dionne Salomons (Borger, 200200504)	00:31.51(+63)

26. Demi van Hulst (Zwemsport Parkstad (SG), 200300140)	00:31.68(+61)
27. Inge Dekker (TriVia, 200200476)	00:31.77(+74)
28. Ilse Volkers (DWK, 200301580)	00:32.04(+66)
29. Judith Houtvast (Hellas-Glana, 200300714)	00:32.27(+69)
30. Josse Bergman (VZC, 200305146)	00:32.29(+68)
288. 50m rugslag - Dames	
<i>11 - 15 jaar (Jeugd 2 en later)</i>	
1. Feija de Bruin (WVZ, 200400106) [S10]	00:39.50(+82)
2. Milena Keurentjes (NDD, 200404434) [S10]	00:41.85(+70)
3. Diede Struijk (Nuenen, 200403824) [S12]	00:43.24(+79)
4. Rosalie van Druenen (BZV, 200305066) [S10]	00:43.53(+84)
5. Milou van Winkel (AZC, 200402296) [S14]	00:43.62(+83)
6. Janouk Smeets (ZC Valkenburg, 200400750) [S6]	01:05.29(+97)
89. 50m rugslag - Heren	
<i>16 - 17 jaar (Jeugd 1 en 2)</i>	
1. Kenzo Simons (De Dolfijn, 200105415)	00:25.33(+68)
2. Jelle Betten (RTC-DZ&PC, 200001535)	00:25.78(+61)
3. Austin Namesnik (ZPC AMERSFOORT, 200101817)	00:26.03(+55)
4. Moritz Hoogers (Octopus, 200104865)	00:26.66(+59)
5. Martin Ruiter (Batavia Swim, 200001309)	00:26.74(+67)
6. Juri Dijkstra (RTC-TriVia, 200002119)	00:26.97(+78)
7. Melle van Gemert (ZPC De Zeeuwse Kust, 200100687)	00:26.98(+60)
8. Dennis Kamps (De Dinkel, 200000191)	00:27.21(+84)
8. Jylano Nahr (RTC-Zwemsport Parkstad (SG), 200102593)	00:27.21(+75)
10. Jelle Smid (Aqua-Novio'94, 200100627)	00:27.24(+69)
11. Emile Dost (Borger, 200100731)	00:27.34(+74)
12. Niels de Boer (Eurode KZC, 200001977)	00:27.46(+59)
13. Luuk Smits (Tempo, 200001015)	00:27.54(+72)
14. Mart Niehoff (ZPC AMERSFOORT, 200100759)	00:27.97(+65)
15. Stefan Tomicic (RZ, 200101271)	00:28.10(+55)
16. Raf Hendriks (Hellas-Glana, 200100879)	00:28.47(+59)
17. Marcel Delfstra (Wetterwille, 200100037)	00:28.56(+59)
18. Sander Iuga (Poseidon'56, 200101389)	00:29.21(+62)
19. Jesse Zweers (Dedemsvaart-AC, 200100399)	00:29.25(+68)
290. 50m rugslag - Heren	
<i>12 - 17 jaar</i>	
1. Querijn Hensen (The Hague Swimming (SG), 200102121) [S10]	00:29.07(+65)
2. Sam Janmaat (ZPC AMERSFOORT, 200203017) [S10]	00:29.10(+60)
3. Thomas van Wanrooij (NTC PARA-Poseidon '56, 200201473) [S13]	00:30.91(+73)
4. Nathan Wees (ZPC AMERSFOORT, 200101427) [S10]	00:31.40(+56)

5. Bastian Renshoff (Octopus, 200001261) [S10]				00:32.11(+73)
6. Willem Poortinga (Wetterwille, 200105093) [S10]				00:38.69(+88)
7. Nick Selten (Merlet, 200403275) [S9]				00:41.83(+79)
8. Daan Waterlander (HZ&PC Heerenveen, 200203405) [S9]				00:47.35(+67)
9. Josh Renkema (De Otters Het Gooi, 200402537) [S7]				00:57.56(+121)
91. 4x100m vrije slag dames Junioren				
<i>11 - 15 jaar (Jeugd 2 en later)</i>				
1. The Hague Swimming (SG)				03:55.54
Ilse Kraaijeveld 2002 (+69)	50m	00:28.48	28,48	
Ilse Kraaijeveld 2002 (+69)	100m	00:59.54	31,06	
Maike Issard 2003 (+54)	150m	01:28.13	28,59	
Maike Issard 2003 (+54)	200m	01:59.50	31,37	
Femke Hoppenbrouwer 2003 (+30)	250m	02:26.66	27,16	
Femke Hoppenbrouwer 2003 (+30)	300m	02:57.83	31,17	
Lotte Hosper 2002 (+45)	350m	03:25.39	27,56	
Lotte Hosper 2002 (+45)	400m	03:55.54	30,15	
2. PSV				03:56.30
Jule Franken 2002 (+70)	50m	00:28.13	28,13	
Jule Franken 2002 (+70)	100m	00:59.43	31,30	
Lize van den Nieuwenhuijzen 2003 (+74)	150m	01:28.02	28,59	
Lize van den Nieuwenhuijzen 2003 (+74)	200m	01:58.49	30,47	
Sterre Hendriks 2004 (+35)	250m	02:26.77	28,28	
Sterre Hendriks 2004 (+35)	300m	02:58.22	31,45	
Mila Maas 2003 (+38)	350m	03:25.69	27,47	
Mila Maas 2003 (+38)	400m	03:56.30	30,61	
3. VZC				03:57.73
Gaia Sterre Mirotti 2003 (+64)	50m	00:28.48	28,48	
Gaia Sterre Mirotti 2003 (+64)	100m	00:58.91	30,43	
Josse Bergman 2003 (+54)	150m	01:28.54	29,63	
Josse Bergman 2003 (+54)	200m	02:00.35	31,81	
Lotus van Geemen 2002 (+19)	250m	02:29.86	29,51	
Lotus van Geemen 2002 (+19)	300m	03:02.10	32,24	
Femke Spiering 2002 (+29)	350m	03:28.88	26,78	
Femke Spiering 2002 (+29)	400m	03:57.73	28,85	
4. Aqua-Novio'94				03:58.21
Sasya van Hamersveld 2002 (+78)	50m	00:28.71	28,71	
Sasya van Hamersveld 2002 (+78)	100m	01:00.19	31,48	
Famke Slabbers 2002 (+48)	150m	01:28.98	28,79	
Famke Slabbers 2002 (+48)	200m	02:00.69	31,71	
Eline Gros 2003 (+48)	250m	02:28.83	28,14	
Eline Gros 2003 (+48)	300m	03:00.51	31,68	
Zanthe Janssen 2002 (+44)	350m	03:27.63	27,12	
Zanthe Janssen 2002 (+44)	400m	03:58.21	30,58	
5. WS Twente				04:01.35
Isabelle Elsweier 2003 (+90)	50m	00:29.19	29,19	
Isabelle Elsweier 2003 (+90)	100m	01:02.23	33,04	
Carlijn Hansté 2002 (+63)	150m	01:31.62	29,39	
Carlijn Hansté 2002 (+63)	200m	02:03.43	31,81	
Lieke Oude Lenferink 2002 (+59)	250m	02:31.58	28,15	
Lieke Oude Lenferink 2002 (+59)	300m	03:03.05	31,47	
Lynn Joor 2003 (+51)	350m	03:29.86	26,81	
Lynn Joor 2003 (+51)	400m	04:01.35	31,49	
6. De Dolfijn				04:04.33
Amber Celie 2003 (+81)	50m	00:28.96	28,96	
Amber Celie 2003 (+81)	100m	00:59.52	30,56	
Sade Simons 2003 (+53)	150m	01:28.16	28,64	
Sade Simons 2003 (+53)	200m	02:01.36	33,20	
Céline Fouzai 2002 (+22)	250m	02:31.24	29,88	
Céline Fouzai 2002 (+22)	300m	03:04.64	33,40	
Amy de Sain 2003 (+33)	350m	03:32.89	28,25	

	Amy de Sain 2003 (+33)	400m	04:04.33	31,44	
7. ZV 44					04:05.06
	Lotte Pieterman 2003 (+70)	50m	00:28.48	28,48	
	Lotte Pieterman 2003 (+70)	100m	01:00.56	32,08	
	Denice Koolman 2002 (+32)	150m	01:30.08	29,52	
	Denice Koolman 2002 (+32)	200m	02:02.95	32,87	
	Nora Weerman 2004 (+50)	250m	02:32.71	29,76	
	Nora Weerman 2004 (+50)	300m	03:05.40	32,69	
	Lindsey Berghuis 2003 (+58)	350m	03:33.73	28,33	
	Lindsey Berghuis 2003 (+58)	400m	04:05.06	31,33	
8. TriVia					04:05.39
	Mariëlle Dolfijn 2002 (+78)	50m	00:29.02	29,02	
	Mariëlle Dolfijn 2002 (+78)	100m	00:59.77	30,75	
	Olena Dijkstra 2002 (+38)	150m	01:29.51	29,74	
	Olena Dijkstra 2002 (+38)	200m	02:01.88	32,37	
	Esmee van Peer 2002 (+25)	250m	02:31.74	29,86	
	Esmee van Peer 2002 (+25)	300m	03:04.42	32,68	
	Inge Dekker 2002 (+33)	350m	03:33.68	29,26	
	Inge Dekker 2002 (+33)	400m	04:05.39	31,71	
9. DWK					04:06.91
	Birgit van Buiten 2002 (+79)	50m	00:29.91	29,91	
	Birgit van Buiten 2002 (+79)	100m	01:02.25	32,34	
	Ilse Volkers 2003 (+18)	150m	01:31.96	29,71	
	Ilse Volkers 2003 (+18)	200m	02:05.08	33,12	
	Lena Minderaa 2003 (+30)	250m	02:34.50	29,42	
	Lena Minderaa 2003 (+30)	300m	03:07.56	33,06	
	Vera Renshof 2003 (+47)	350m	03:36.16	28,60	
	Vera Renshof 2003 (+47)	400m	04:06.91	30,75	
10. Dedemsvaart-AC					04:06.94
	Amy Lynn Zweers 2003 (+74)	50m	00:29.15	29,15	
	Amy Lynn Zweers 2003 (+74)	100m	01:01.49	32,34	
	Maud Kuipers 2002 (+19)	150m	01:31.19	29,70	
	Maud Kuipers 2002 (+19)	200m	02:05.40	34,21	
	Ismay Lichtendonk 2004 (+42)	250m	02:34.25	28,85	
	Ismay Lichtendonk 2004 (+42)	300m	03:06.75	32,50	
	Hanne te Velthuis 2002 (+64)	350m	03:35.38	28,63	
	Hanne te Velthuis 2002 (+64)	400m	04:06.94	31,56	
11. De Dinkel					04:07.09
	Joy van Dieren 2003 (+79)	50m	00:29.86	29,86	
	Joy van Dieren 2003 (+79)	100m	01:01.95	32,09	
	Soraya Rakers 2003 (+67)	150m	01:32.21	30,26	
	Soraya Rakers 2003 (+67)	200m	02:05.00	32,79	
	Kiki Koopman 2002 (+31)	250m	02:33.18	28,18	
	Kiki Koopman 2002 (+31)	300m	03:04.49	31,31	
	Mayke Westerhof 2002 (+11)	350m	03:33.87	29,38	
	Mayke Westerhof 2002 (+11)	400m	04:07.09	33,22	
12. ZPC AMERSFOORT					04:09.09
	Ymke Dragstra 2003 (+79)	50m	00:29.42	29,42	
	Ymke Dragstra 2003 (+79)	100m	01:01.58	32,16	
	Lieke Nijmeijer 2003 (+56)	150m	01:31.30	29,72	
	Lieke Nijmeijer 2003 (+56)	200m	02:04.74	33,44	
	Suze Bleeker 2002 (+19)	250m	02:35.61	30,87	
	Suze Bleeker 2002 (+19)	300m	03:09.43	33,82	
	Sterre Veersma 2002 (+26)	350m	03:37.40	27,97	
	Sterre Veersma 2002 (+26)	400m	04:09.09	31,69	
13. ZPC De Hof					04:10.62
	Jocelyn Horbeek 2003 (+77)	50m	00:30.19	30,19	
	Jocelyn Horbeek 2003 (+77)	100m	01:01.20	31,01	
	Tahnee Slinkman 2003 (+63)	150m	01:33.12	31,92	
	Tahnee Slinkman 2003 (+63)	200m	02:07.37	34,25	
	Lionne Klarenbeek 2003 (+50)	250m	02:37.98	30,61	
	Lionne Klarenbeek 2003 (+50)	300m	03:10.97	32,99	

Elisa Haverkate 2002 (+57)	350m	03:39.35	28,38	
Elisa Haverkate 2002 (+57)	400m	04:10.62	31,27	
14. ReVeLie Swim Team				04:11.40
Amé Hulleman 2002 (+76)	50m	00:29.94	29,94	
Amé Hulleman 2002 (+76)	100m	01:03.76	33,82	
Masha Polushkina 2002 (+41)	150m	01:33.38	29,62	
Masha Polushkina 2002 (+41)	200m	02:06.52	33,14	
Roos van Duin 2004 (+15)	250m	02:36.12	29,60	
Roos van Duin 2004 (+15)	300m	03:10.28	34,16	
Iлона Venema 2002 (+51)	350m	03:39.35	29,07	
Iлона Venema 2002 (+51)	400m	04:11.40	32,05	
15. Nova				04:11.99
Tessa Kooi 2002 (+88)	50m	00:28.89	28,89	
Tessa Kooi 2002 (+88)	100m	00:59.71	30,82	
Megan Meinds 2004 (+37)	150m	01:30.25	30,54	
Megan Meinds 2004 (+37)	200m	02:05.20	34,95	
Marieke Wind 2003 (+39)	250m	02:36.06	30,86	
Marieke Wind 2003 (+39)	300m	03:10.43	34,37	
Elin Manning 2002 (+41)	350m	03:39.93	29,50	
Elin Manning 2002 (+41)	400m	04:11.99	32,06	
16. PSV				04:12.38
Gabriela Töpfer 2003 (+71)	50m	00:29.44	29,44	
Gabriela Töpfer 2003 (+71)	100m	01:00.36	30,92	
Kim Jansen van Galen 2002 (+60)	150m	01:30.30	29,94	
Kim Jansen van Galen 2002 (+60)	200m	02:03.88	33,58	
Meral Bakker 2002 (+53)	250m	02:34.07	30,19	
Meral Bakker 2002 (+53)	300m	03:08.10	34,03	
Merel Musters 2003 (-1)	350m	03:38.27	30,17	
Merel Musters 2003 (-1)	400m	04:12.38	34,11	
17. Zwemsport Parkstad (SG)				04:13.73
Britt van den Boom 2004 (+76)	50m	00:30.86	30,86	
Britt van den Boom 2004 (+76)	100m	01:04.99	34,13	
Quinty Rouschop 2003 (+75)	150m	01:35.64	30,65	
Quinty Rouschop 2003 (+75)	200m	02:10.45	34,81	
Demi van Hulst 2003 (+63)	250m	02:41.05	30,60	
Demi van Hulst 2003 (+63)	300m	03:13.08	32,03	
Carolien Beckers 2002 (+51)	350m	03:41.74	28,66	
Carolien Beckers 2002 (+51)	400m	04:13.73	31,99	
18. Hellas-Glana				04:14.16
Nikki Smeets 2002 (+69)	50m	00:28.79	28,79	
Nikki Smeets 2002 (+69)	100m	01:01.22	32,43	
Lianne Kaanen 2003 (+55)	150m	01:33.72	32,50	
Lianne Kaanen 2003 (+55)	200m	02:08.80	35,08	
Imke Beekman 2003 (+8)	250m	02:38.01	29,21	
Imke Beekman 2003 (+8)	300m	03:09.82	31,81	
Judith Houtvast 2003 (+47)	350m	03:39.63	29,81	
Judith Houtvast 2003 (+47)	400m	04:14.16	34,53	
19. HZPC				04:14.36
Ilse Swinkels 2002 (+59)	50m	00:30.84	30,84	
Ilse Swinkels 2002 (+59)	100m	01:03.69	32,85	
Lynn Vallen 2002 (+55)	150m	01:34.85	31,16	
Lynn Vallen 2002 (+55)	200m	02:08.49	33,64	
Pleun van den Bergh 2002 (+54)	250m	02:38.73	30,24	
Pleun van den Bergh 2002 (+54)	300m	03:11.59	32,86	
Manon van der Wielen 2002 (+57)	350m	03:41.73	30,14	
Manon van der Wielen 2002 (+57)	400m	04:14.36	32,63	
20. ZV De Zaan				04:15.43
Yvonne Engel 2003 (+83)	50m	00:30.57	30,57	
Yvonne Engel 2003 (+83)	100m	01:04.35	33,78	
Chimène Breuring 2002 (+30)	150m	01:35.36	31,01	
Chimène Breuring 2002 (+30)	200m	02:09.13	33,77	
Manou ten Hoorn 2002 (+53)	250m	02:39.67	30,54	

Manou ten Hoorn 2002 (+53)	300m	03:14.28	34,61	
Melina Carrillo Moreno 2003 (+50)	350m	03:43.29	29,01	
Melina Carrillo Moreno 2003 (+50)	400m	04:15.43	32,14	
21. HZ&PC Heerenveen				04:16.09
Lois Jalving 2004 (+79)	50m	00:32.57	32,57	
Lois Jalving 2004 (+79)	100m	01:08.38	35,81	
Chantal van Willegen 2003 (+49)	150m	01:39.03	30,65	
Chantal van Willegen 2003 (+49)	200m	02:14.86	35,83	
Lianne van Wier 2002 (+45)	250m	02:44.54	29,68	
Lianne van Wier 2002 (+45)	300m	03:17.16	32,62	
Leonie van Wier 2002 (+38)	350m	03:45.22	28,06	
Leonie van Wier 2002 (+38)	400m	04:16.09	30,87	
22. Ed-Vo				04:18.27
Kim Veerman 2003 (+79)	50m	00:30.46	30,46	
Kim Veerman 2003 (+79)	100m	01:03.63	33,17	
Marit Veerman 2003 (+49)	150m	01:35.46	31,83	
Marit Veerman 2003 (+49)	200m	02:10.71	35,25	
Michelle Jørgensen 2005 (+65)	250m	02:42.76	32,05	
Michelle Jørgensen 2005 (+65)	300m	03:17.94	35,18	
Danique Bernard 2002 (+31)	350m	03:46.87	28,93	
Danique Bernard 2002 (+31)	400m	04:18.27	31,40	
23. WVZ				04:18.64
Sanne van Ruijven 2002 (+74)	50m	00:30.72	30,72	
Sanne van Ruijven 2002 (+74)	100m	01:03.36	32,64	
Noria Yousufi 2002 (+37)	150m	01:34.69	31,33	
Noria Yousufi 2002 (+37)	200m	02:08.14	33,45	
Susanne Roeleveld 2002 (+61)	250m	02:40.90	32,76	
Susanne Roeleveld 2002 (+61)	300m	03:16.64	35,74	
Grace Anderson 2002 (+27)	350m	03:46.18	29,54	
Grace Anderson 2002 (+27)	400m	04:18.64	32,46	
24. ZV 44				04:19.12
Michelle van den Hoofdakker 2003 (+74)	50m	00:29.81	29,81	
Michelle van den Hoofdakker 2003 (+74)	100m	01:03.59	33,78	
Jolijn Liezen 2005 (+25)	150m	01:35.06	31,47	
Jolijn Liezen 2005 (+25)	200m	02:10.57	35,51	
Daniëlle Meinema 2003 (+154)	250m	02:41.02	30,45	
Daniëlle Meinema 2003 (+154)	300m	03:15.41	34,39	
Naomi Polinder 2003 (+44)	350m	03:45.46	30,05	
Naomi Polinder 2003 (+44)	400m	04:19.12	33,66	
25. LinK				04:20.30
Nora van der Steen 2004 (+69)	50m	00:30.94	30,94	
Nora van der Steen 2004 (+69)	100m	01:04.82	33,88	
Marije de Jager 2003 (+11)	150m	01:35.07	30,25	
Marije de Jager 2003 (+11)	200m	02:09.78	34,71	
Lize van Stigt 2004 (+24)	250m	02:42.35	32,57	
Lize van Stigt 2004 (+24)	300m	03:17.74	35,39	
Kim de Jong 2003 (+28)	350m	03:47.11	29,37	
Kim de Jong 2003 (+28)	400m	04:20.30	33,19	
26. De Columbiaan				04:20.80
Marbel Diderik 2002 (+62)	50m	00:30.08	30,08	
Marbel Diderik 2002 (+62)	100m	01:03.55	33,47	
Anouk Vis 2002 (+28)	150m	01:34.78	31,23	
Anouk Vis 2002 (+28)	200m	02:08.27	33,49	
Amy Koelman 2003 (+37)	250m	02:39.86	31,59	
Amy Koelman 2003 (+37)	300m	03:15.27	35,41	
Britt van Bommel 2003 (+70)	350m	03:46.53	31,26	
Britt van Bommel 2003 (+70)	400m	04:20.80	34,27	
27. De IJsselmeeuwen				04:23.71
Welmoed Doornbos 2002 (+70)	50m	00:30.85	30,85	
Welmoed Doornbos 2002 (+70)	100m	01:04.47	33,62	
Katja Bontsema 2003 (+50)	150m	01:36.29	31,82	
Katja Bontsema 2003 (+50)	200m	02:10.53	34,24	

Lisette Schoonen 2002 (+51) 250m 02:43.83 33,30
Lisette Schoonen 2002 (+51) 300m 03:18.35 34,52
Zara Govaers 2004 (+56) 350m 03:49.35 31,00
Zara Govaers 2004 (+56) 400m 04:23.71 34,36

DIS. ESCA Zwemmen

00:00.00

Yentle Muller 2002 (+76) 50m 00:28.94 28,94
Yentle Muller 2002 (+76) 100m 01:01.78 32,84
Romy de Weijer 2003 (+15) 150m 01:32.15 30,37
Romy de Weijer 2003 (+15) 200m 02:05.44 33,29
Nienke Lammers 2002 (+34) 250m 02:36.10 30,66
Nienke Lammers 2002 (+34) 300m 03:11.29 35,19
Marijn Jonathans 2002 (-9) 400m 00:00.00 -191,29

11 - 13 jaar (Junioren 3 en later)

1. TriVia

04:07.15

Janna van Kooten 2004 (+85) 50m 00:28.88 28,88
Janna van Kooten 2004 (+85) 100m 01:00.61 31,73
Emma Hofstee 2004 (+71) 150m 01:30.74 30,13
Emma Hofstee 2004 (+71) 200m 02:03.85 33,11
Iris Nieuwhof 2004 (+51) 250m 02:32.98 29,13
Iris Nieuwhof 2004 (+51) 300m 03:05.74 32,76
Veerle Nieborg 2004 (+28) 350m 03:35.28 29,54
Veerle Nieborg 2004 (+28) 400m 04:07.15 31,87

2. De Dinkel

04:09.79

Sanne Temmen 2004 (+79) 50m 00:29.95 29,95
Sanne Temmen 2004 (+79) 100m 01:02.50 32,55
Yke Groener 2005 (+57) 150m 01:32.63 30,13
Yke Groener 2005 (+57) 200m 02:06.57 33,94
Puck Koopman 2004 (+47) 250m 02:35.49 28,92
Puck Koopman 2004 (+47) 300m 03:07.12 31,63
Marieke Lenderink 2004 (+33) 350m 03:37.55 30,43
Marieke Lenderink 2004 (+33) 400m 04:09.79 32,24

3. Aqua-Novio'94

04:11.88

Kim van Dongen 2004 (+80) 50m 00:29.48 29,48
Kim van Dongen 2004 (+80) 100m 01:01.89 32,41
Louise Gepkens 2004 (+63) 150m 01:32.97 31,08
Louise Gepkens 2004 (+63) 200m 02:08.96 35,99
Luna de Vries 2004 (+69) 250m 02:38.35 29,39
Luna de Vries 2004 (+69) 300m 03:10.71 32,36
Thera Janssen 2005 (+47) 350m 03:39.34 28,63
Thera Janssen 2005 (+47) 400m 04:11.88 32,54

4. VZC

04:12.62

Bridget Vermeer 2005 (+76) 50m 00:30.89 30,89
Bridget Vermeer 2005 (+76) 100m 01:04.36 33,47
Aniek van de Weerd 2004 (+57) 150m 01:34.42 30,06
Aniek van de Weerd 2004 (+57) 200m 02:06.76 32,34
Kelly Patricia 2004 (+36) 250m 02:37.68 30,92
Kelly Patricia 2004 (+36) 300m 03:11.01 33,33
Kirsten Verhalle 2004 (+71) 350m 03:40.83 29,82
Kirsten Verhalle 2004 (+71) 400m 04:12.62 31,79

5. ZPC AMERSFOORT

04:16.81

Pippa van 't Land 2006 (+71) 50m 00:30.50 30,50
Pippa van 't Land 2006 (+71) 100m 01:03.53 33,03
Jetske Moot 2004 (+67) 150m 01:32.99 29,46
Jetske Moot 2004 (+67) 200m 02:04.93 31,94
Sophie Faveaux 2006 (+16) 250m 02:37.17 32,24
Sophie Faveaux 2006 (+16) 300m 03:13.83 36,66
Nienke Snel 2004 (+31) 350m 03:43.44 29,61
Nienke Snel 2004 (+31) 400m 04:16.81 33,37

6. Hellas-Glana

04:20.18

Julia van Sloun 2005 (+83) 50m 00:31.47 31,47
Julia van Sloun 2005 (+83) 100m 01:05.92 34,45
Anouk van Hattum 2006 (+70) 150m 01:37.64 31,72

Anouk van Hattum 2006 (+70)	200m	02:12.18	34,54
Cynthia Kugler 2004 (+59)	250m	02:41.95	29,77
Cynthia Kugler 2004 (+59)	300m	03:17.29	35,34
Lorena Dreschers 2004 (+42)	350m	03:46.99	29,70
Lorena Dreschers 2004 (+42)	400m	04:20.18	33,19

7. De Columbiaan

04:25.80

Daniëlle Vis 2004 (+72)	50m	00:30.73	30,73
Daniëlle Vis 2004 (+72)	100m	01:04.29	33,56
Anique Star 2004 (+45)	150m	01:35.29	31,00
Anique Star 2004 (+45)	200m	02:09.22	33,93
Robine Boer 2004 (+41)	250m	02:40.66	31,44
Robine Boer 2004 (+41)	300m	03:15.81	35,15
Mar Stoel 2005 (+60)	350m	03:48.39	32,58
Mar Stoel 2005 (+60)	400m	04:25.80	37,41

8. De Dolfijn

04:26.78

Francesca Coppo 2005 (+72)	50m	00:32.00	32,00
Francesca Coppo 2005 (+72)	100m	01:05.98	33,98
Yvette Buis 2004 (+37)	150m	01:37.18	31,20
Yvette Buis 2004 (+37)	200m	02:12.87	35,69
Zoe Matthijssen 2004 (+24)	250m	02:44.12	31,25
Zoe Matthijssen 2004 (+24)	300m	03:19.74	35,62
Aniek van den Brink 2005 (+49)	350m	03:51.37	31,63
Aniek van den Brink 2005 (+49)	400m	04:26.78	35,41

92. 4x200m vrije slag heren Junioren

11 - 17 jaar (Jeugd 2 en later)

1. VZC

07:37.00

Sten Postma 2000 (+67)	50m	00:25.83	25,83
Sten Postma 2000 (+67)	100m	00:54.51	28,68
Sten Postma 2000 (+67)	150m	01:23.54	29,03
Sten Postma 2000 (+67)	200m	01:53.00	29,46
Vincent Crooijmans 2001 (+34)	250m	02:18.12	25,12
Vincent Crooijmans 2001 (+34)	300m	02:46.50	28,38
Vincent Crooijmans 2001 (+34)	350m	03:16.36	29,86
Vincent Crooijmans 2001 (+34)	400m	03:46.16	29,80
Thom Delno 2000 (+50)	450m	04:12.14	25,98
Thom Delno 2000 (+50)	500m	04:41.28	29,14
Thom Delno 2000 (+50)	550m	05:11.93	30,65
Thom Delno 2000 (+50)	600m	05:42.93	31,00
Sander Crooijmans 2001 (+25)	650m	06:07.90	24,97
Sander Crooijmans 2001 (+25)	700m	06:36.68	28,78
Sander Crooijmans 2001 (+25)	750m	07:07.01	30,33
Sander Crooijmans 2001 (+25)	800m	07:37.00	29,99

2. ZPC AMERSFOORT

07:48.50

Bas Morelissen 2001 (+72)	50m	00:27.06	27,06
Bas Morelissen 2001 (+72)	100m	00:56.41	29,35
Bas Morelissen 2001 (+72)	150m	01:26.62	30,21
Bas Morelissen 2001 (+72)	200m	01:56.72	30,10
Mart Niehoff 2001 (+27)	250m	02:22.76	26,04
Mart Niehoff 2001 (+27)	300m	02:52.99	30,23
Mart Niehoff 2001 (+27)	350m	03:24.36	31,37
Mart Niehoff 2001 (+27)	400m	03:56.27	31,91
Daniël Claasen 2001 (+38)	450m	04:22.89	26,62
Daniël Claasen 2001 (+38)	500m	04:52.77	29,88
Daniël Claasen 2001 (+38)	550m	05:23.96	31,19
Daniël Claasen 2001 (+38)	600m	05:54.41	30,45
Austin Namesnik 2001 (+22)	650m	06:20.29	25,88
Austin Namesnik 2001 (+22)	700m	06:49.96	29,67
Austin Namesnik 2001 (+22)	750m	07:19.70	29,74
Austin Namesnik 2001 (+22)	800m	07:48.50	28,80

3. PSV

07:50.68

Ruden de Ridder 2000 (+73)	50m	00:26.04	26,04
Ruden de Ridder 2000 (+73)	100m	00:55.24	29,20
Ruden de Ridder 2000 (+73)	150m	01:24.93	29,69

Ruden de Ridder 2000 (+73)	200m	01:53.56	28,63
Rick Bulman 2001 (+29)	250m	02:20.25	26,69
Rick Bulman 2001 (+29)	300m	02:50.23	29,98
Rick Bulman 2001 (+29)	350m	03:21.42	31,19
Rick Bulman 2001 (+29)	400m	03:52.66	31,24
Anton Jansen 2000 (+46)	450m	04:18.43	25,77
Anton Jansen 2000 (+46)	500m	04:48.94	30,51
Anton Jansen 2000 (+46)	550m	05:20.76	31,82
Anton Jansen 2000 (+46)	600m	05:51.70	30,94
Thijs Manders 2000 (+28)	650m	06:18.07	26,37
Thijs Manders 2000 (+28)	700m	06:47.88	29,81
Thijs Manders 2000 (+28)	750m	07:18.95	31,07
Thijs Manders 2000 (+28)	800m	07:50.68	31,73

4. WVZ

07:51.24

Anne Schuurmans 2000 (+76)	50m	00:27.44	27,44
Anne Schuurmans 2000 (+76)	100m	00:57.42	29,98
Anne Schuurmans 2000 (+76)	150m	01:28.40	30,98
Anne Schuurmans 2000 (+76)	200m	01:58.94	30,54
Max Visser 2001 (+50)	250m	02:25.82	26,88
Max Visser 2001 (+50)	300m	02:56.56	30,74
Max Visser 2001 (+50)	350m	03:27.92	31,36
Max Visser 2001 (+50)	400m	03:57.89	29,97
Jasper Breugem 2000 (+37)	450m	04:24.07	26,18
Jasper Breugem 2000 (+37)	500m	04:53.63	29,56
Jasper Breugem 2000 (+37)	550m	05:24.79	31,16
Jasper Breugem 2000 (+37)	600m	05:55.88	31,09
Thomas Jansen 2001 (+36)	650m	06:21.93	26,05
Thomas Jansen 2001 (+36)	700m	06:51.52	29,59
Thomas Jansen 2001 (+36)	750m	07:21.74	30,22
Thomas Jansen 2001 (+36)	800m	07:51.24	29,50

5. The Hague Swimming (SG)

07:52.76

Olivier Jans 2000 (+75)	50m	00:27.26	27,26
Olivier Jans 2000 (+75)	100m	00:56.97	29,71
Olivier Jans 2000 (+75)	150m	01:27.16	30,19
Olivier Jans 2000 (+75)	200m	01:56.89	29,73
Floris de Leeuw 2001 (+19)	250m	02:23.38	26,49
Floris de Leeuw 2001 (+19)	300m	02:52.95	29,57
Floris de Leeuw 2001 (+19)	350m	03:23.47	30,52
Floris de Leeuw 2001 (+19)	400m	03:53.30	29,83
Freek Hollander 2001 (+25)	450m	04:20.06	26,76
Freek Hollander 2001 (+25)	500m	04:50.57	30,51
Freek Hollander 2001 (+25)	550m	05:22.24	31,67
Freek Hollander 2001 (+25)	600m	05:52.92	30,68
Brandon van den Berg 2002 (+45)	650m	06:19.78	26,86
Brandon van den Berg 2002 (+45)	700m	06:50.48	30,70
Brandon van den Berg 2002 (+45)	750m	07:21.94	31,46
Brandon van den Berg 2002 (+45)	800m	07:52.76	30,82

6. KSN (SG)

08:02.27

Darren Chen 2000 (+66)	50m	00:26.85	26,85
Darren Chen 2000 (+66)	100m	00:57.11	30,26
Darren Chen 2000 (+66)	150m	01:28.33	31,22
Darren Chen 2000 (+66)	200m	01:59.60	31,27
Tycho Atanasov 2002 (+46)	250m	02:26.57	26,97
Tycho Atanasov 2002 (+46)	300m	02:57.06	30,49
Tycho Atanasov 2002 (+46)	350m	03:28.69	31,63
Tycho Atanasov 2002 (+46)	400m	03:59.04	30,35
Wouter van Asperen 2000 (+54)	450m	04:26.95	27,91
Wouter van Asperen 2000 (+54)	500m	04:58.69	31,74
Wouter van Asperen 2000 (+54)	550m	05:31.79	33,10
Wouter van Asperen 2000 (+54)	600m	06:04.48	32,69
David Anthonio 2001 (+44)	650m	06:30.91	26,43
David Anthonio 2001 (+44)	700m	07:00.89	29,98
David Anthonio 2001 (+44)	750m	07:32.11	31,22
David Anthonio 2001 (+44)	800m	08:02.27	30,16

7. De Dinkel

08:04.82

Milan van Dieren 2001 (+71)	50m	00:26.79	26,79
Milan van Dieren 2001 (+71)	100m	00:57.23	30,44
Milan van Dieren 2001 (+71)	150m	01:29.03	31,80
Milan van Dieren 2001 (+71)	200m	02:01.57	32,54
Gijsbert Pelleboer 2000 (+65)	250m	02:28.04	26,47
Gijsbert Pelleboer 2000 (+65)	300m	02:58.57	30,53
Gijsbert Pelleboer 2000 (+65)	350m	03:30.91	32,34
Gijsbert Pelleboer 2000 (+65)	400m	04:03.72	32,81
Bart Kooiker 2001 (+38)	450m	04:29.66	25,94
Bart Kooiker 2001 (+38)	500m	05:00.75	31,09
Bart Kooiker 2001 (+38)	550m	05:34.55	33,80
Bart Kooiker 2001 (+38)	600m	06:08.49	33,94
Dennis Kamps 2000 (+43)	650m	06:35.08	26,59
Dennis Kamps 2000 (+43)	700m	07:04.63	29,55
Dennis Kamps 2000 (+43)	750m	07:34.86	30,23
Dennis Kamps 2000 (+43)	800m	08:04.82	29,96

8. DWK

08:06.52

Matej Danis 2003 (+77)	50m	00:28.63	28,63
Matej Danis 2003 (+77)	100m	01:00.59	31,96
Matej Danis 2003 (+77)	150m	01:33.65	33,06
Matej Danis 2003 (+77)	200m	02:06.63	32,98
Joep Hoogerwerf 2002 (+55)	250m	02:33.91	27,28
Joep Hoogerwerf 2002 (+55)	300m	03:05.20	31,29
Joep Hoogerwerf 2002 (+55)	350m	03:37.35	32,15
Joep Hoogerwerf 2002 (+55)	400m	04:08.50	31,15
Luc de Kreek 2001 (+30)	450m	04:36.47	27,97
Luc de Kreek 2001 (+30)	500m	05:08.56	32,09
Luc de Kreek 2001 (+30)	550m	05:41.55	32,99
Luc de Kreek 2001 (+30)	600m	06:14.24	32,69
Tim Hoogerwerf 2000 (+30)	650m	06:39.74	25,50
Tim Hoogerwerf 2000 (+30)	700m	07:08.94	29,20
Tim Hoogerwerf 2000 (+30)	750m	07:38.31	29,37
Tim Hoogerwerf 2000 (+30)	800m	08:06.52	28,21

9. Octopus

08:12.59

Bart Muselaers 2001 (+74)	50m	00:27.45	27,45
Bart Muselaers 2001 (+74)	100m	00:57.31	29,86
Bart Muselaers 2001 (+74)	150m	01:28.58	31,27
Bart Muselaers 2001 (+74)	200m	01:59.57	30,99
Renger Bootsma 2000 (+55)	250m	02:27.65	28,08
Renger Bootsma 2000 (+55)	300m	02:59.32	31,67
Renger Bootsma 2000 (+55)	350m	03:31.99	32,67
Renger Bootsma 2000 (+55)	400m	04:03.49	31,50
Bastian Renshoff 2000 (+55)	450m	04:32.21	28,72
Bastian Renshoff 2000 (+55)	500m	05:04.32	32,11
Bastian Renshoff 2000 (+55)	550m	05:37.43	33,11
Bastian Renshoff 2000 (+55)	600m	06:10.15	32,72
Moritz Hoogers 2001 (+37)	650m	06:37.26	27,11
Moritz Hoogers 2001 (+37)	700m	07:08.93	31,67
Moritz Hoogers 2001 (+37)	750m	07:41.07	32,14
Moritz Hoogers 2001 (+37)	800m	08:12.59	31,52

10. De Dolfijn

08:16.64

Dave van der Voet 2001 (+73)	50m	00:26.91	26,91
Dave van der Voet 2001 (+73)	100m	00:57.09	30,18
Dave van der Voet 2001 (+73)	150m	01:29.51	32,42
Dave van der Voet 2001 (+73)	200m	02:00.44	30,93
Thijs Bosma 2003 (+58)	250m	02:28.79	28,35
Thijs Bosma 2003 (+58)	300m	02:59.99	31,20
Thijs Bosma 2003 (+58)	350m	03:33.42	33,43
Thijs Bosma 2003 (+58)	400m	04:07.03	33,61
Peer van Bemmelen 2001 (+33)	450m	04:35.18	28,15
Peer van Bemmelen 2001 (+33)	500m	05:06.81	31,63
Peer van Bemmelen 2001 (+33)	550m	05:40.01	33,20
Peer van Bemmelen 2001 (+33)	600m	06:13.70	33,69
Sven Elfferich 2001 (+46)	650m	06:41.25	27,55

Sven Elfferich 2001 (+46) 700m 07:12.34 31,09
Sven Elfferich 2001 (+46) 750m 07:45.01 32,67
Sven Elfferich 2001 (+46) 800m 08:16.64 31,63

11. VZC

08:17.61

Daen Spoor 2001 (+71) 50m 00:27.11 27,11
Daen Spoor 2001 (+71) 100m 00:58.18 31,07
Daen Spoor 2001 (+71) 150m 01:29.97 31,79
Daen Spoor 2001 (+71) 200m 02:01.32 31,35
Brent Günther 2000 (+45) 250m 02:30.60 29,28
Brent Günther 2000 (+45) 300m 03:03.18 32,58
Brent Günther 2000 (+45) 350m 03:37.14 33,96
Brent Günther 2000 (+45) 400m 04:10.41 33,27
Bram Schaafsma 2003 (+38) 450m 04:38.88 28,47
Bram Schaafsma 2003 (+38) 500m 05:11.94 33,06
Bram Schaafsma 2003 (+38) 550m 05:45.80 33,86
Bram Schaafsma 2003 (+38) 600m 06:18.13 32,33
Lars Verhalle 2002 (+68) 650m 06:45.44 27,31
Lars Verhalle 2002 (+68) 700m 07:16.55 31,11
Lars Verhalle 2002 (+68) 750m 07:47.74 31,19
Lars Verhalle 2002 (+68) 800m 08:17.61 29,87

12. ZPC De Hof

08:29.06

Maquinho Vorst 2002 (+75) 50m 00:27.58 27,58
Maquinho Vorst 2002 (+75) 100m 00:58.55 30,97
Maquinho Vorst 2002 (+75) 150m 01:30.25 31,70
Maquinho Vorst 2002 (+75) 200m 02:01.32 31,07
Andy Zandvliet 2003 (+30) 250m 02:30.31 28,99
Andy Zandvliet 2003 (+30) 300m 03:03.27 32,96
Andy Zandvliet 2003 (+30) 350m 03:37.89 34,62
Andy Zandvliet 2003 (+30) 400m 04:12.59 34,70
Jacco Nijland 2004 (+47) 450m 04:41.97 29,38
Jacco Nijland 2004 (+47) 500m 05:15.97 34,00
Jacco Nijland 2004 (+47) 550m 05:49.90 33,93
Jacco Nijland 2004 (+47) 600m 06:22.48 32,58
Leon Kloots 2000 (+42) 650m 06:50.82 28,34
Leon Kloots 2000 (+42) 700m 07:23.43 32,61
Leon Kloots 2000 (+42) 750m 07:57.37 33,94
Leon Kloots 2000 (+42) 800m 08:29.06 31,69

13. De Schotejil

08:29.35

Luuk Kieviet 2001 (+65) 50m 00:29.15 29,15
Luuk Kieviet 2001 (+65) 100m 01:01.62 32,47
Luuk Kieviet 2001 (+65) 150m 01:34.24 32,62
Luuk Kieviet 2001 (+65) 200m 02:07.18 32,94
Aron Paasse 2000 (+54) 250m 02:35.58 28,40
Aron Paasse 2000 (+54) 300m 03:08.33 32,75
Aron Paasse 2000 (+54) 350m 03:41.30 32,97
Aron Paasse 2000 (+54) 400m 04:13.51 32,21
Julien Tanis 2004 (+36) 450m 04:44.26 30,75
Julien Tanis 2004 (+36) 500m 05:18.84 34,58
Julien Tanis 2004 (+36) 550m 05:53.82 34,98
Julien Tanis 2004 (+36) 600m 06:28.22 34,40
Jacob Mackloet 2000 (+41) 650m 06:56.43 28,21
Jacob Mackloet 2000 (+41) 700m 07:27.70 31,27
Jacob Mackloet 2000 (+41) 750m 07:58.99 31,29
Jacob Mackloet 2000 (+41) 800m 08:29.35 30,36

14. Hellas-Glana

08:42.10

Lars Kerremans 2001 (+67) 50m 00:27.81 27,81
Lars Kerremans 2001 (+67) 100m 01:01.00 33,19
Lars Kerremans 2001 (+67) 150m 01:37.25 36,25
Lars Kerremans 2001 (+67) 200m 02:12.71 35,46
Lex Carter 2000 (+26) 250m 02:41.82 29,11
Lex Carter 2000 (+26) 300m 03:15.23 33,41
Lex Carter 2000 (+26) 350m 03:50.55 35,32
Lex Carter 2000 (+26) 400m 04:24.98 34,43
Ian Sanders 2001 (+33) 450m 04:54.01 29,03

Ian Sanders 2001 (+33)	500m 05:27.80 33,79
Ian Sanders 2001 (+33)	550m 06:02.07 34,27
Ian Sanders 2001 (+33)	600m 06:35.01 32,94
Raf Hendriks 2001 (+48)	650m 07:03.12 28,11
Raf Hendriks 2001 (+48)	700m 07:36.10 32,98
Raf Hendriks 2001 (+48)	750m 08:09.57 33,47
Raf Hendriks 2001 (+48)	800m 08:42.10 32,53

11 - 15 jaar (Junioren 4 en later)

1. De Dolfijn

07:58.45

Sem Zijl 2002 (+65)	50m 00:27.40 27,40
Sem Zijl 2002 (+65)	100m 00:57.66 30,26
Sem Zijl 2002 (+65)	150m 01:27.87 30,21
Sem Zijl 2002 (+65)	200m 01:57.51 29,64
Finn Vos 2002 (+39)	250m 02:24.59 27,08
Finn Vos 2002 (+39)	300m 02:55.29 30,70
Finn Vos 2002 (+39)	350m 03:26.22 30,93
Finn Vos 2002 (+39)	400m 03:56.75 30,53
Merlin Belmon 2004 (+51)	450m 04:24.38 27,63
Merlin Belmon 2004 (+51)	500m 04:55.84 31,46
Merlin Belmon 2004 (+51)	550m 05:28.57 32,73
Merlin Belmon 2004 (+51)	600m 06:00.40 31,83
Elroy Schot 2002 (+25)	650m 06:26.78 26,38
Elroy Schot 2002 (+25)	700m 06:57.26 30,48
Elroy Schot 2002 (+25)	750m 07:28.61 31,35
Elroy Schot 2002 (+25)	800m 07:58.45 29,84

2. PSV

08:00.25

Stephan De Freitas Steverink 2004 (+66)	50m 00:27.23 27,23
Stephan De Freitas Steverink 2004 (+66)	100m 00:57.07 29,84
Stephan De Freitas Steverink 2004 (+66)	150m 01:27.55 30,48
Stephan De Freitas Steverink 2004 (+66)	200m 01:57.74 30,19
Timo Spaans 2002 (+54)	250m 02:24.54 26,80
Timo Spaans 2002 (+54)	300m 02:55.58 31,04
Timo Spaans 2002 (+54)	350m 03:27.89 32,31
Timo Spaans 2002 (+54)	400m 03:58.11 30,22
Wessel Stupers 2002 (+60)	450m 04:25.73 27,62
Wessel Stupers 2002 (+60)	500m 04:57.36 31,63
Wessel Stupers 2002 (+60)	550m 05:30.83 33,47
Wessel Stupers 2002 (+60)	600m 06:01.50 30,67
Lucas Peters 2003 (+49)	650m 06:28.62 27,12
Lucas Peters 2003 (+49)	700m 06:58.98 30,36
Lucas Peters 2003 (+49)	750m 07:30.01 31,03
Lucas Peters 2003 (+49)	800m 08:00.25 30,24

3. Aqua-Novio'94

08:03.92

Jarno Koster 2002 (+78)	50m 00:27.05 27,05
Jarno Koster 2002 (+78)	100m 00:56.68 29,63
Jarno Koster 2002 (+78)	150m 01:26.98 30,30
Jarno Koster 2002 (+78)	200m 01:57.26 30,28
Thomas Swartjes 2003 (+67)	250m 02:24.59 27,33
Thomas Swartjes 2003 (+67)	300m 02:56.27 31,68
Thomas Swartjes 2003 (+67)	350m 03:29.56 33,29
Thomas Swartjes 2003 (+67)	400m 04:02.70 33,14
Tyrese Sitania 2003 (+45)	450m 04:30.17 27,47
Tyrese Sitania 2003 (+45)	500m 05:02.48 32,31
Tyrese Sitania 2003 (+45)	550m 05:36.18 33,70
Tyrese Sitania 2003 (+45)	600m 06:09.78 33,60
Tim Korstanje 2003 (+57)	650m 06:35.35 25,57
Tim Korstanje 2003 (+57)	700m 07:04.67 29,32
Tim Korstanje 2003 (+57)	750m 07:34.85 30,18
Tim Korstanje 2003 (+57)	800m 08:03.92 29,07

4. ZPC AMERSFOORT [S10]

08:04.65

Sam Janmaat 2002 (+67)	50m 00:27.19 27,19
Sam Janmaat 2002 (+67)	100m 00:57.00 29,81
Sam Janmaat 2002 (+67)	150m 01:28.13 31,13
Sam Janmaat 2002 (+67)	200m 01:59.81 31,68

Rijk Heere 2003 (+44)	250m	02:27.63	27,82
Rijk Heere 2003 (+44)	300m	02:59.61	31,98
Rijk Heere 2003 (+44)	350m	03:32.90	33,29
Rijk Heere 2003 (+44)	400m	04:05.24	32,34
Kirill Hrabcuns 2002 (+24)	450m	04:31.40	26,16
Kirill Hrabcuns 2002 (+24)	500m	05:00.95	29,55
Kirill Hrabcuns 2002 (+24)	550m	05:32.11	31,16
Kirill Hrabcuns 2002 (+24)	600m	06:03.84	31,73
Simon Claasen 2004 (+52)	650m	06:30.70	26,86
Simon Claasen 2004 (+52)	700m	07:01.86	31,16
Simon Claasen 2004 (+52)	750m	07:34.11	32,25
Simon Claasen 2004 (+52)	800m	08:04.65	30,54

5. WS Twente

08:19.85

Luuk Einhaus 2002 (+71)	50m	00:27.40	27,40
Luuk Einhaus 2002 (+71)	100m	00:56.94	29,54
Luuk Einhaus 2002 (+71)	150m	01:28.07	31,13
Luuk Einhaus 2002 (+71)	200m	02:00.48	32,41
Sem de Goei 2002 (+43)	250m	02:28.10	27,62
Sem de Goei 2002 (+43)	300m	03:02.08	33,98
Sem de Goei 2002 (+43)	350m	03:37.05	34,97
Sem de Goei 2002 (+43)	400m	04:11.08	34,03
Jort van der Vlag 2004 (+69)	450m	04:39.79	28,71
Jort van der Vlag 2004 (+69)	500m	05:12.01	32,22
Jort van der Vlag 2004 (+69)	550m	05:46.11	34,10
Jort van der Vlag 2004 (+69)	600m	06:19.46	33,35
Léon van der Geest 2002 (+28)	650m	06:46.55	27,09
Léon van der Geest 2002 (+28)	700m	07:16.97	30,42
Léon van der Geest 2002 (+28)	750m	07:49.03	32,06
Léon van der Geest 2002 (+28)	800m	08:19.85	30,82

6. Dedemsvaart-AC

08:25.96

Tristan Scholten 2002 (+68)	50m	00:27.42	27,42
Tristan Scholten 2002 (+68)	100m	00:58.34	30,92
Tristan Scholten 2002 (+68)	150m	01:30.52	32,18
Tristan Scholten 2002 (+68)	200m	02:03.39	32,87
Niels Kragt 2003 (+37)	250m	02:31.97	28,58
Niels Kragt 2003 (+37)	300m	03:04.74	32,77
Niels Kragt 2003 (+37)	350m	03:38.35	33,61
Niels Kragt 2003 (+37)	400m	04:10.62	32,27
Chiel Kootstra 2003 (+35)	450m	04:40.77	30,15
Chiel Kootstra 2003 (+35)	500m	05:15.52	34,75
Chiel Kootstra 2003 (+35)	550m	05:51.31	35,79
Chiel Kootstra 2003 (+35)	600m	06:26.97	35,66
Leon van den Hof 2002 (+36)	650m	06:52.78	25,81
Leon van den Hof 2002 (+36)	700m	07:22.60	29,82
Leon van den Hof 2002 (+36)	750m	07:53.93	31,33
Leon van den Hof 2002 (+36)	800m	08:25.96	32,03

7. De Dinkel

08:26.53

Jurre Hanstede 2002 (+76)	50m	00:27.72	27,72
Jurre Hanstede 2002 (+76)	100m	00:57.89	30,17
Jurre Hanstede 2002 (+76)	150m	01:28.18	30,29
Jurre Hanstede 2002 (+76)	200m	01:59.52	31,34
Lukas Binnekamp 2003 (+48)	250m	02:28.15	28,63
Lukas Binnekamp 2003 (+48)	300m	03:00.53	32,38
Lukas Binnekamp 2003 (+48)	350m	03:34.16	33,63
Lukas Binnekamp 2003 (+48)	400m	04:07.35	33,19
Kevin Lucas 2003 (+61)	450m	04:37.24	29,89
Kevin Lucas 2003 (+61)	500m	05:10.51	33,27
Kevin Lucas 2003 (+61)	550m	05:44.97	34,46
Kevin Lucas 2003 (+61)	600m	06:18.15	33,18
Robin Kamps 2002 (+31)	650m	06:46.68	28,53
Robin Kamps 2002 (+31)	700m	07:19.02	32,34
Robin Kamps 2002 (+31)	750m	07:52.57	33,55
Robin Kamps 2002 (+31)	800m	08:26.53	33,96

8. De Warande

08:30.21

Luc van Eijndhoven 2002 (+78)	50m	00:28.22	28,22
Luc van Eijndhoven 2002 (+78)	100m	00:59.25	31,03
Luc van Eijndhoven 2002 (+78)	150m	01:31.48	32,23
Luc van Eijndhoven 2002 (+78)	200m	02:03.25	31,77
Thijn Damen 2003 (+51)	250m	02:32.73	29,48
Thijn Damen 2003 (+51)	300m	03:05.59	32,86
Thijn Damen 2003 (+51)	350m	03:39.55	33,96
Thijn Damen 2003 (+51)	400m	04:12.75	33,20
Damian Waas 2004 (+36)	450m	04:41.58	28,83
Damian Waas 2004 (+36)	500m	05:14.37	32,79
Damian Waas 2004 (+36)	550m	05:49.39	35,02
Damian Waas 2004 (+36)	600m	06:23.80	34,41
IJsbrand Buijnsters 2002 (+45)	650m	06:51.62	27,82
IJsbrand Buijnsters 2002 (+45)	700m	07:23.54	31,92
IJsbrand Buijnsters 2002 (+45)	750m	07:57.19	33,65
IJsbrand Buijnsters 2002 (+45)	800m	08:30.21	33,02

9. WVZ

08:31.59

Scott Jansen 2002 (+79)	50m	00:27.80	27,80
Scott Jansen 2002 (+79)	100m	00:59.01	31,21
Scott Jansen 2002 (+79)	150m	01:31.54	32,53
Scott Jansen 2002 (+79)	200m	02:03.39	31,85
Abel te Riele 2004 (+46)	250m	02:33.30	29,91
Abel te Riele 2004 (+46)	300m	03:07.86	34,56
Abel te Riele 2004 (+46)	350m	03:42.29	34,43
Abel te Riele 2004 (+46)	400m	04:15.89	33,60
Dylan Jansen 2003 (+48)	450m	04:45.79	29,90
Dylan Jansen 2003 (+48)	500m	05:19.35	33,56
Dylan Jansen 2003 (+48)	550m	05:53.92	34,57
Dylan Jansen 2003 (+48)	600m	06:28.01	34,09
Sean Niewold 2002 (+51)	650m	06:55.70	27,69
Sean Niewold 2002 (+51)	700m	07:26.45	30,75
Sean Niewold 2002 (+51)	750m	07:59.46	33,01
Sean Niewold 2002 (+51)	800m	08:31.59	32,13

NJJK korte baan dec. 2017 sessie 5 - zaterdag 16 december 2017 om 16:00u (25 m)

Aanvangstijd juryvergadering: 15:00u

58. 200m vrije slag - Dames

14 - 15 jaar (Jeugd 1 en 2)

1. Nienke Jonk (RTC-Hieronymus, 200203000)	02:00.28(+72)
50m 00:27.89	27,89
100m 00:58.61	30,72
150m 01:30.03	31,42
2. Imani de Jong (RTC-ZPCH, 200200464)	02:00.77(+70)
50m 00:27.70	27,70
100m 00:58.37	30,67
150m 01:29.80	31,43
3. Femke Spiering (RTC-VZC, 200204514)	02:02.45(+76)
50m 00:28.03	28,03
100m 00:58.88	30,85
150m 01:30.77	31,89
4. Niamh Hofland (PSV, 200205118)	02:04.12(+65)
50m 00:28.98	28,98
100m 01:00.46	31,48
150m 01:32.63	32,17
5. Britta Koehorst (RTC-De Lansingh, 200300246)	02:05.02(+68)
50m 00:28.56	28,56
100m 01:00.02	31,46
150m 01:32.45	32,43
6. Lize van den Nieuwenhuijzen (PSV, 200304454)	02:06.54(+79)
50m 00:29.25	29,25
100m 01:01.03	31,78
150m 01:34.05	33,02
7. Jonna Wieling (Aquarijn, 200205266)	02:07.39(+75)
50m 00:29.86	29,86
100m 01:02.44	32,58
150m 01:35.77	33,33
8. Gaia Sterre Mirotti (VZC, 200305158)	02:07.50(+66)
50m 00:29.31	29,31
100m 01:01.59	32,28
150m 01:34.78	33,19
9. Yara van Kalmthout (Nova, 200200984)	02:09.69(+89)
50m 00:30.33	30,33
100m 01:02.87	32,54
150m 01:36.36	33,49
10. Carolien Beckers (Zwemsport Parkstad (SG), 200200078)	02:10.66(+72)

50m 00:29.57 29,57 100m 01:02.20 32,63 150m 01:36.19 33,99

262. 200m vrije slag - Dames

11 - 15 jaar (Jeugd 2 en later)

1. Ilona Venema (ReVeLie Swim Team, 200200050) [S10] 02:15.63(+75)
50m 00:30.28 30,28 100m 01:04.70 34,42 150m 01:40.50 35,80
2. Feija de Bruin (WVZ, 200400106) [S10] 02:30.05(+85)
50m 00:34.45 34,45 100m 01:12.08 37,63 150m 01:51.09 39,01
3. Iris Onnink (De Vrije Slag, 200301836) [S10] 02:49.96(+80)
50m 00:37.38 37,38 100m 01:20.95 43,57 150m 02:06.10 45,15
4. Rosalie van Druenen (BZV, 200305066) [S10] 02:54.03(+85)
50m 00:38.16 38,16 100m 01:22.33 44,17 150m 02:10.07 47,74
5. Diede Struijk (Nuenen, 200403824) [S12] 02:56.16(+85)
50m 00:41.29 41,29 100m 01:26.80 45,51 150m 02:12.53 45,73
6. Mara de Bruin (DWK, 200303268) [S9] 03:05.11(+84)
50m 00:41.58 41,58 100m 01:28.65 47,07 150m 02:18.28 49,63

93. 200m vrije slag - Heren

12 - 12 jaar (Junioren 1)

1. Niels Jansen (Aqua-Novio'94, 200501019) 02:11.52(+73)
50m 00:30.31 30,31 100m 01:03.46 33,15 150m 01:37.55 34,09
2. Colin Bes (Zwemclub Polaris, 200500201) 02:13.44(+74)
50m 00:29.82 29,82 100m 01:03.58 33,76 150m 01:38.71 35,13
3. Emiel van Oord (The Hague Swimming (SG), 200503707) 02:14.48(+67)
50m 00:31.19 31,19 100m 01:06.35 35,16 150m 01:40.64 34,29
4. Sven Klink (ZV 44, 200500349) 02:16.50(+66)
50m 00:30.14 30,14 100m 01:04.59 34,45 150m 01:40.85 36,26
5. Teye Chan (De Dommelbaarzen, 200501941) 02:16.67(+68)
50m 00:31.96 31,96 100m 01:07.39 35,43 150m 01:43.93 36,54
6. Nick Buitendijk (Triton, 200500389) 02:16.82(+75)
50m 00:31.30 31,30 100m 01:06.61 35,31 150m 01:42.68 36,07
7. Domingo Kuipers (Orca, 200501787) 02:18.28(+64)
50m 00:31.30 31,30 100m 01:07.35 36,05 150m 01:43.63 36,28
7. Yardan Taya (Zwemlust-den Hommel, 200501343) 02:18.28(+71)
50m 00:31.26 31,26 100m 01:06.24 34,98 150m 01:42.91 36,67
9. Sigsten Jonkman (ZPC De Zeeuwse Kust, 200500523) 02:18.78(+68)
50m 00:31.56 31,56 100m 01:07.85 36,29 150m 01:44.84 36,99
10. Steijn Louter (ZC Aquadream, 200500793) 02:19.82(+68)
50m 00:31.99 31,99 100m 01:07.83 35,84 150m 01:44.64 36,81
11. Luka Geraerds (Hellas-Glana, 200502077) 02:19.87(+76)
50m 00:31.97 31,97 100m 01:08.15 36,18 150m 01:45.09 36,94
12. Sven ten Hove (Hieronymus, 200500273) 02:20.02(+63)
50m 00:32.03 32,03 100m 01:07.52 35,49 150m 01:44.06 36,54
13. Sem Agterdenbos (MNC Dordrecht, 200500049) 02:20.36(+72)
50m 00:31.32 31,32 100m 01:07.65 36,33 150m 01:44.60 36,95
14. Cas Verstegen (HZPC, 200500891) 02:20.60(+71)
50m 00:32.29 32,29 100m 01:08.41 36,12 150m 01:45.27 36,86
15. Menno Wieringa (De Lansingh, 200500927) 02:23.47(+77)
50m 00:30.41 30,41 100m 01:06.12 35,71 150m 01:45.44 39,32
16. Björn Verkaik (The Hague Swimming (SG), 200500411) 02:24.51(+74)
50m 00:32.90 32,90 100m 01:09.84 36,94 150m 01:47.57 37,73

17. David da Silva Miranda (FZC'54-De Vikings (SG), 200500019)	02:24.92(+89)
50m 00:32.89 32,89 100m 01:09.34 36,45 150m 01:47.51 38,17	
18. Rolf ter Keurs (De Veene, 200500137)	02:25.14(+84)
50m 00:31.72 31,72 100m 01:08.49 36,77 150m 01:47.41 38,92	
19. Mats Meyer (Nova, 200500095)	02:25.54(+83)
50m 00:32.14 32,14 100m 01:09.74 37,60 150m 01:48.69 38,95	
20. Miles Steenvoorden (De Dolfijn, 200501637)	02:25.68(+78)
50m 00:33.15 33,15 100m 01:10.84 37,69 150m 01:49.64 38,80	
21. Rens Stijf (NDD, 200501419)	02:25.72(+47)
50m 00:32.61 32,61 100m 01:10.36 37,75 150m 01:49.16 38,80	
22. Timo Kaanen (Hellas-Glana, 200500053)	02:26.48(+73)
50m 00:34.39 34,39 100m 01:12.07 37,68 150m 01:50.54 38,47	
23. Jasper Camphuijnder (OEZA, 200502367)	02:27.58(+83)
50m 00:32.68 32,68 100m 01:10.40 37,72 150m 01:50.10 39,70	
24. Alex Neuteboom Spijker (Aquapoldro, 200500429)	02:28.50(+77)
50m 00:32.70 32,70 100m 01:09.94 37,24 150m 01:50.00 40,06	
25. Casper Hoogervorst (De Columbiaan, 200500183)	02:29.52(+72)
50m 00:34.62 34,62 100m 01:13.51 38,89 150m 01:52.74 39,23	
26. Wouter Sies (TriVia, 200500369)	02:35.93(+82)
50m 00:33.30 33,30 100m 01:12.94 39,64 150m 01:54.61 41,67	
BM. Andrei Enache (The Hague Swimming (SG), 200503831)	BM
50m 00:30.53 30,53 100m 01:04.17 33,64 150m 01:39.14 34,97	
94. 200m vrije slag - Heren	
13 - 13 jaar (Junioren 2)	
1. Stephan De Freitas Steverink (PSV, 200404481)	02:00.09(+64)
50m 00:27.98 27,98 100m 00:58.74 30,76 150m 01:29.97 31,23	
2. Simon Claasen (ZPC AMERSFOORT, 200400231)	02:01.80(+74)
50m 00:28.12 28,12 100m 01:00.15 32,03 150m 01:32.32 32,17	
3. Merlin Belmon (De Dolfijn, 200403191)	02:01.83(+74)
50m 00:27.76 27,76 100m 00:59.25 31,49 150m 01:31.34 32,09	
4. Hendrik van der Leest (FZC'54-De Vikings (SG), 200404339)	02:03.53(+76)
50m 00:27.99 27,99 100m 00:59.59 31,60 150m 01:32.37 32,78	
5. Pieter Wisse (PSV, 200400779)	02:04.64(+77)
50m 00:28.53 28,53 100m 01:00.31 31,78 150m 01:33.31 33,00	
6. Timo Kock (ZZ&PC De Devel, 200400387)	02:04.69(+74)
50m 00:28.69 28,69 100m 01:00.31 31,62 150m 01:32.75 32,44	
7. Kai Zwerver (FZC'54-De Vikings (SG), 200401175)	02:04.81(+74)
50m 00:28.58 28,58 100m 01:00.09 31,51 150m 01:33.40 33,31	
8. Jort van der Vlag (WS Twente, 200400335)	02:04.82(+75)
50m 00:29.28 29,28 100m 01:01.31 32,03 150m 01:33.78 32,47	
9. Robin van den Berg (ZV 44, 200400699)	02:05.58(+71)
50m 00:28.67 28,67 100m 01:00.63 31,96 150m 01:33.29 32,66	
10. Jacco Nijland (ZPC De Hof, 200400081)	02:05.82(+92)
50m 00:30.34 30,34 100m 01:02.82 32,48 150m 01:35.27 32,45	
11. Hessel Broekstra (FZC'54-De Vikings (SG), 200400253)	02:06.68(+83)
50m 00:28.60 28,60 100m 01:01.04 32,44 150m 01:34.52 33,48	
12. David Groenewegen (PSV, 200400469)	02:06.88(+79)
50m 00:29.48 29,48 100m 01:01.57 32,09 150m 01:34.55 32,98	
13. Jay de Vries (ZZ&PC De Devel, 200400669)	02:08.53(+75)
50m 00:29.28 29,28 100m 01:02.31 33,03 150m 01:36.07 33,76	

14. Luuk van Rooij (PSV, 200400581)				02:08.64(+77)	
50m	00:29.10	100m	01:01.68	150m	01:35.88
15. Teun van der Schrier (Hieronymus, 200403627)				02:09.15(+77)	
50m	00:29.87	100m	01:02.61	150m	01:35.97
16. Ruben Claasen (ZPC AMERSFOORT, 200400229)				02:09.98(+63)	
50m	00:29.60	100m	01:03.10	150m	01:37.45
17. Chris van der Hout (The Hague Swimming (SG), 200401355)				02:10.29(+77)	
50m	00:29.46	100m	01:02.49	150m	01:37.03
18. Bram Verkuijlen (PSV, 200401381)				02:10.64(+80)	
50m	00:28.83	100m	01:02.64	150m	01:37.38
19. Damian Waas (De Warande, 200402285)				02:10.86(+78)	
50m	00:30.06	100m	01:03.23	150m	01:37.75
20. Thijm Kruit (De Columbiaan, 200401339)				02:10.96(+70)	
50m	00:29.26	100m	01:02.80	150m	01:37.53
21. Anders van Norden (ZPC AMERSFOORT, 200400039)				02:11.03(+77)	
50m	00:31.05	100m	01:04.40	150m	01:38.43
22. Chris Verhoeven (PSV, 200400593)				02:11.19(+74)	
50m	00:29.91	100m	01:03.34	150m	01:37.84
23. Michael van der Wal (MSV-Zeemacht, 200403151)				02:11.35(+61)	
50m	00:29.50	100m	01:02.68	150m	01:37.53
24. Pepijn van Egmond (WVZ, 200402309)				02:11.47(+72)	
50m	00:30.62	100m	01:03.71	150m	01:37.73
25. Julien Tanis (De Schotejil, 200401045)				02:11.78(+65)	
50m	00:29.74	100m	01:03.19	150m	01:37.83
26. Sem Lazeroms (Hieronymus, 200402921)				02:11.81(+77)	
50m	00:29.76	100m	01:03.39	150m	01:38.42
27. Ruben van Veenen (ZCNF'34, 200400425)				02:12.38(+64)	
50m	00:30.16	100m	01:04.32	150m	01:39.32
28. Mac Peeks (ZPC Hoogeveen, 200400153)				02:12.59(+73)	
50m	00:29.89	100m	01:03.54	150m	01:39.03
29. Serge Knops (Hellas-Glana, 200403867)				02:13.51(+67)	
50m	00:30.91	100m	01:05.62	150m	01:40.85
30. Daan Trinh (Hieronymus, 200401267)				02:14.12(+74)	
50m	00:31.27	100m	01:06.09	150m	01:40.89
31. Niels van der Mast (ZPC Numansdorp, 200401917)				02:14.71(+63)	
50m	00:30.87	100m	01:05.87	150m	01:41.28
32. Collin Schouten (MSV-Zeemacht, 200400697)				02:15.21(+74)	
50m	00:31.14	100m	01:05.84	150m	01:41.02
33. Tycho de Jonge (KZC, 200400411)				02:15.57(+75)	
50m	00:31.05	100m	01:05.96	150m	01:41.35
34. Yorrick Romeijn (De IJsselmeeuwen, 200402641)				02:15.89(+78)	
50m	00:31.30	100m	01:06.08	150m	01:41.71
35. Florian Houwen (Bubble, 200400065)				02:15.95(+72)	
50m	00:31.07	100m	01:05.86	150m	01:41.34
36. Bart Pardon (WVZ, 200400639)				02:16.08(+70)	
50m	00:31.15	100m	01:06.89	150m	01:41.83
37. Wouter Zijlstra (De Forel, 200401545)				02:16.28(+68)	
50m	00:31.32	100m	01:06.49	150m	01:41.86
37. Joost Schuurmans (Hellas-Glana, 200400543)				02:16.28(+76)	

50m 00:31.34 31,34 100m 01:06.21 34,87 150m 01:42.08 35,87

39. Meindert Dekkinga (HZ&PC Heerenveen, 200400377)	50m 00:31.01 31,01	100m 01:04.40 33,39	150m 01:40.57 36,17	02:16.42(+88)
40. Wen-Ye Chen (Rotterdam Swimming (SG), 200402859)	50m 00:30.75 30,75	100m 01:06.22 35,47	150m 01:42.49 36,27	02:16.47(+65)
41. Floris Sonneveld (Nuenen, 200402953)	50m 00:31.46 31,46	100m 01:07.04 35,58	150m 01:42.74 35,70	02:16.68(+79)
42. Diederik Colombijn (De Krabben, 200403025)	50m 00:31.13 31,13	100m 01:06.50 35,37	150m 01:42.52 36,02	02:16.98(+72)
43. Jelle Kockx (Mosa-Regio, 200401697)	50m 00:30.69 30,69	100m 01:05.66 34,97	150m 01:41.94 36,28	02:17.04(+69)
44. Joren Oldenhof (De Dolfijn, 200400045)	50m 00:31.56 31,56	100m 01:07.32 35,76	150m 01:43.97 36,65	02:20.49(+65)
45. Kun Woo Kim (The Hague Swimming (SG), 200401361)	50m 00:31.02 31,02	100m 01:06.46 35,44	150m 01:43.03 36,57	02:20.90(+74)
46. Julliano Soliani (DAW, 200400353)	50m 00:32.35 32,35	100m 01:08.07 35,72	150m 01:44.63 36,56	02:21.17(+83)
95. 200m vrije slag - Heren				
14 - 14 jaar (Junioren 3)				
1. Tim Korstanje (Aqua-Novio'94, 200300053)	50m 00:27.14 27,14	100m 00:56.37 29,23	150m 01:26.76 30,39	01:56.42(+73)
2. Mike Gerritsen (Platella, 200304013)	50m 00:27.25 27,25	100m 00:57.59 30,34	150m 01:28.36 30,77	01:57.93(+73)
3. Lucas Peters (PSV, 200301325)	50m 00:27.56 27,56	100m 00:57.99 30,43	150m 01:29.23 31,24	01:59.07(+67)
4. Esper Schreurs (ZEPS, 200300433)	50m 00:27.97 27,97	100m 00:58.71 30,74	150m 01:29.21 30,50	01:59.16(+90)
5. Yorick Visser (ZPC De Zeeuwse Kust, 200301957)	50m 00:28.25 28,25	100m 00:58.97 30,72	150m 01:30.51 31,54	02:01.40(+73)
6. Thijs Bosma (De Dolfijn, 200302443)	50m 00:28.61 28,61	100m 01:00.59 31,98	150m 01:32.68 32,09	02:04.44(+65)
7. Rijk Heere (ZPC AMERSFOORT, 200300897)	50m 00:28.86 28,86	100m 01:00.65 31,79	150m 01:32.96 32,31	02:04.67(+73)
8. Luuk Bos (VZ&PC, 200300151)	50m 00:27.79 27,79	100m 00:59.42 31,63	150m 01:32.52 33,10	02:04.73(+63)
9. Matej Danis (DWK, 200304745)	50m 00:28.85 28,85	100m 01:01.59 32,74	150m 01:33.19 31,60	02:05.19(+72)
10. Jelle Bon (ZVVS, 200301077)	50m 00:28.68 28,68	100m 01:00.33 31,65	150m 01:33.11 32,78	02:05.33(+69)
11. Zev Bulk (WIDEX GZC DONK, 200304021)	50m 00:29.15 29,15	100m 01:01.58 32,43	150m 01:35.24 33,66	02:05.51(+63)
12. Thomas Tolisma (SBC2000, 200300613)	50m 00:28.89 28,89	100m 01:01.01 32,12	150m 01:33.89 32,88	02:05.92(+61)
13. Stijn van den Berg (ZVV, 200300373)	50m 00:28.65 28,65	100m 01:00.59 31,94	150m 01:33.20 32,61	02:06.61(+70)
14. Bram Schaafsma (VZC, 200302159)	50m 00:29.02 29,02	100m 01:01.32 32,30	150m 01:34.15 32,83	02:06.80(+63)
15. Niels Kragt (Dedemsvaart-AC, 200300155)	50m 00:28.86 28,86	100m 01:01.12 32,26	150m 01:34.53 33,41	02:07.88(+71)

16. Freek Gabriels (TRB-RES, 200301407)				02:08.14(+71)	
50m	00:29.49 29,49	100m	01:02.10 32,61	150m	01:35.27 33,17
17. Jarno Bijsterbosch (Octopus, 200300081)				02:08.15(+71)	
50m	00:29.25 29,25	100m	01:02.73 33,48	150m	01:36.74 34,01
18. Senna Mooldijk (De Kempvis, 200301147)				02:08.35(+68)	
50m	00:29.42 29,42	100m	01:02.75 33,33	150m	01:36.32 33,57
19. Stan de Swart (PSV, 200300535)				02:08.48(+74)	
50m	00:30.34 30,34	100m	01:02.95 32,61	150m	01:36.19 33,24
20. Bram Daalman (ZV Haerlem, 200300629)				02:08.51(+89)	
50m	00:29.03 29,03	100m	01:01.70 32,67	150m	01:35.51 33,81
21. Thomas Swartjes (Aqua-Novio'94, 200302825)				02:08.62(+78)	
50m	00:28.81 28,81	100m	01:01.56 32,75	150m	01:35.43 33,87
22. Perry Laarhoven (ZPC Numansdorp, 200301321)				02:08.63(+80)	
50m	00:28.90 28,90	100m	01:02.20 33,30	150m	01:36.31 34,11
23. Milan Hamel (The Hague Swimming (SG), 200302125)				02:08.82(+69)	
50m	00:30.77 30,77	100m	01:03.14 32,37	150m	01:36.70 33,56
24. Lukas Binnekamp (De Dinkel, 200300107)				02:09.08(+86)	
50m	00:29.09 29,09	100m	01:01.49 32,40	150m	01:35.33 33,84
25. Thijn Damen (De Warande, 200300973)				02:09.52(+74)	
50m	00:30.58 30,58	100m	01:04.04 33,46	150m	01:37.73 33,69
26. Kevin Lucas (De Dinkel, 200300545)				02:09.75(+82)	
50m	00:30.00 30,00	100m	01:03.46 33,46	150m	01:37.11 33,65
27. Andy Zandvliet (ZPC De Hof, 200300381)				02:10.78(+75)	
50m	00:30.14 30,14	100m	01:03.28 33,14	150m	01:36.17 32,89
28. Frederik Adema (De Granaet, 200300253)				02:10.80(+72)	
50m	00:29.54 29,54	100m	01:03.19 33,65	150m	01:37.19 34,00
29. Joey de Groot (De Aalscholver, 200303587)				02:15.25(+75)	
50m	00:30.29 30,29	100m	01:04.07 33,78	150m	01:39.78 35,71
96. 200m vrije slag - Heren					
15 - 15 jaar (Junioren 4)					
1. Bjorn van Doesburg (Aquarijn, 200201867)				01:51.31(+70)	
50m	00:25.96 25,96	100m	00:54.81 28,85	150m	01:23.20 28,39
2. Bryan Agterdenbos (MNC Dordrecht, 200200003)				01:55.57(+67)	
50m	00:26.83 26,83	100m	00:56.32 29,49	150m	01:26.16 29,84
3. Sean Niewold (WVZ, 200204699)				01:56.66(+77)	
50m	00:27.67 27,67	100m	00:57.94 30,27	150m	01:28.22 30,28
4. Sem Zijl (De Dolfijn, 200204757)				01:56.97(+63)	
50m	00:27.44 27,44	100m	00:57.28 29,84	150m	01:27.45 30,17
5. Bram Zwetsloot (Nuenen, 200202117)				01:57.83(+64)	
50m	00:27.21 27,21	100m	00:56.93 29,72	150m	01:27.66 30,73
6. Elroy Schot (De Dolfijn, 200200689)				01:58.16(+66)	
50m	00:27.48 27,48	100m	00:58.06 30,58	150m	01:29.28 31,22
7. Tycho Atanasov (KSN (SG), 200201133)				01:59.19(+71)	
50m	00:27.92 27,92	100m	00:58.44 30,52	150m	01:29.41 30,97
8. Leon van den Hof (Dedemsvaart-AC, 200203269)				01:59.34(+66)	
50m	00:27.48 27,48	100m	00:58.65 31,17	150m	01:29.35 30,70
9. Finn Vos (De Dolfijn, 200200665)				01:59.60(+67)	
50m	00:28.20 28,20	100m	00:58.67 30,47	150m	01:29.35 30,68
10. Milan Meurs (Nuenen, 200202079)				02:00.52(+73)	
50m	00:27.82 27,82	100m	00:58.77 30,95	150m	01:29.93 31,16

11. Niels Dijkshoorn (Zwemvereniging Westland, 200203079)	02:00.93(+69)
50m 00:28.20 28,20 100m 00:58.81 30,61 150m 01:30.34 31,53	
12. Maquinho Vorst (ZPC De Hof, 200204179)	02:00.94(+77)
50m 00:27.59 27,59 100m 00:58.10 30,51 150m 01:29.74 31,64	
13. Nikhom Westphal (SCOM/De Zeehond'73 (SG), 200203329)	02:01.09(+70)
50m 00:28.15 28,15 100m 00:59.46 31,31 150m 01:30.85 31,39	
14. Brandon van den Berg (The Hague Swimming (SG), 200200669)	02:01.30(+67)
50m 00:27.21 27,21 100m 00:58.18 30,97 150m 01:30.15 31,97	
15. Jasper Thomas (Zwemsport Parkstad (SG), 200200427)	02:01.55(+65)
50m 00:27.73 27,73 100m 00:58.73 31,00 150m 01:30.64 31,91	
16. Maurice Pater (TriVia, 200200909)	02:02.00(+79)
50m 00:26.88 26,88 100m 00:57.33 30,45 150m 01:29.60 32,27	
17. Dushan de Bruijn (De Forel, 200201273)	02:06.15(+78)
50m 00:28.68 28,68 100m 01:00.30 31,62 150m 01:32.91 32,61	
18. Dylan Donkersteeg (DWK, 200202217)	02:06.79(+75)
50m 00:28.33 28,33 100m 00:59.96 31,63 150m 01:33.13 33,17	
19. Pepijn Lahaije (GoSwim, 200204045)	02:06.82(+76)
50m 00:28.27 28,27 100m 01:00.73 32,46 150m 01:33.85 33,12	
63. 200m vrije slag - Heren	
16 - 17 jaar (Jeugd 1 en 2)	
1. Luc Kroon (RTC-Ed-Vo, 200100697)	01:47.61(+77)
50m 00:25.26 25,26 100m 00:52.34 27,08 150m 01:20.17 27,83	
2. Jari Groenhart (RTC-TriVia, 200000271)	01:51.42(+74)
50m 00:26.13 26,13 100m 00:54.69 28,56 150m 01:23.69 29,00	
3. Tim Hoogerwerf (DWK, 200005587)	01:51.71(+72)
50m 00:26.49 26,49 100m 00:55.50 29,01 150m 01:24.10 28,60	
4. David Kuipers (Orca, 200003633)	01:53.14(+75)
50m 00:26.94 26,94 100m 00:55.94 29,00 150m 01:25.35 29,41	
5. Sander Croijmans (RTC-VZC, 200100383)	01:53.51(+80)
50m 00:26.44 26,44 100m 00:55.29 28,85 150m 01:24.78 29,49	
6. Vincent Croijmans (RTC-VZC, 200100381)	01:54.21(+74)
50m 00:26.57 26,57 100m 00:55.88 29,31 150m 01:25.16 29,28	
7. Ivo Stolk (RTC-De Zeehond '73, 200100615)	01:56.12(+72)
50m 00:27.09 27,09 100m 00:56.83 29,74 150m 01:26.66 29,83	
8. Bas Morelissen (ZPC AMERSFOORT, 200100861)	01:56.16(+70)
50m 00:27.29 27,29 100m 00:56.48 29,19 150m 01:26.71 30,23	
9. Floris de Leeuw (The Hague Swimming (SG), 200105317)	01:56.39(+72)
50m 00:27.25 27,25 100m 00:56.86 29,61 150m 01:26.82 29,96	
10. Daniël Claasen (ZPC AMERSFOORT, 200100787)	01:57.32(+72)
50m 00:27.21 27,21 100m 00:57.11 29,90 150m 01:27.78 30,67	
264. 200m vrije slag - Heren	
12 - 17 jaar	
1. Sam Janmaat (ZPC AMERSFOORT, 200203017) [S10]	01:59.04(+70)
50m 00:27.11 27,11 100m 00:56.89 29,78 150m 01:27.98 31,09	
2. Thomas van Wanrooij (NTC PARA-Poseidon '56, 200201473) [S13]	02:05.46(+81)
50m 00:29.27 29,27 100m 01:01.15 31,88 150m 01:33.83 32,68	
3. Bastian Renshoff (Octopus, 200001261) [S10]	02:04.51(+79)
50m 00:28.93 28,93 100m 01:00.34 31,41 150m 01:32.29 31,95	
4. Nathan Wees (ZPC AMERSFOORT, 200101427) [S10]	02:08.29(+68)

	50m 00:29.10 29,10	100m 01:01.68 32,58	150m 01:35.26 33,58	
5. Willem Poortinga (Wetterwille, 200105093) [S10]	50m 00:35.74 35,74	100m 01:15.43 39,69	150m 01:57.60 42,17	02:39.55(+82)
6. Nick Selten (Merlet, 200403275) [S9]	50m 00:41.76 41,76	100m 01:26.56 44,80	150m 02:12.58 46,02	02:55.66(+78)
7. Josh Renkema (De Otters Het Gooi, 200402537) [S7]	50m 00:50.97 50,97	100m 01:45.98 55,01	150m 02:43.50 57,52	03:38.62(+64)
65. 200m rugslag - Dames				
14 - 15 jaar (Jeugd 1 en 2)				
1. Birgit van Buiten (DWK, 200200498)	50m 00:32.00 32,00	100m 01:06.12 34,12	150m 01:41.04 34,92	02:16.03(+56)
2. Elise Tanis (RTC-De Schoteijl, 200200120)	50m 00:31.74 31,74	100m 01:06.86 35,12	150m 01:42.99 36,13	02:18.15(+58)
3. Nikki Smeets (Hellas-Glana, 200200080)	50m 00:31.80 31,80	100m 01:06.08 34,28	150m 01:42.60 36,52	02:19.04(+61)
4. Joy van Dieren (De Dinkel, 200300182)	50m 00:31.50 31,50	100m 01:06.55 35,05	150m 01:43.72 37,17	02:20.17(+60)
5. Amber Celie (De Dolfijn, 200300756)	50m 00:33.29 33,29	100m 01:08.59 35,30	150m 01:45.01 36,42	02:20.73(+69)
6. Carlijn Hansté (WS Twente, 200201082)	50m 00:32.07 32,07	100m 01:06.84 34,77	150m 01:43.75 36,91	02:20.74(+63)
7. Lieke Oude Lenferink (WS Twente, 200200068)	50m 00:31.73 31,73	100m 01:07.11 35,38	150m 01:44.80 37,69	02:23.11(+62)
8. Ilse Volkers (DWK, 200301580)	50m 00:32.94 32,94	100m 01:08.99 36,05	150m 01:46.55 37,56	02:24.01(+69)
9. Dionne Salomons (Borger, 200200504)	50m 00:33.58 33,58	100m 01:10.00 36,42	150m 01:47.35 37,35	02:24.61(+60)
10. Tessa Kooi (Nova, 200201386)	50m 00:33.95 33,95	100m 01:10.59 36,64	150m 01:48.65 38,06	02:26.58(+71)
97. 200m rugslag - Dames				
11 - 11 jaar (Junioren 1)				
1. Charley Blide (ZPC Hoogeveen, 200600164)	50m 00:36.10 36,10	100m 01:16.26 40,16	150m 01:57.86 41,60	02:37.93(+85)
2. Robyn Hulleman (ZVV, 200600890)	50m 00:38.03 38,03	100m 01:18.60 40,57	150m 01:59.64 41,04	02:38.57(+70)
3. Jade van der Maas (WVZ, 200600408)	50m 00:37.83 37,83	100m 01:19.53 41,70	150m 02:01.32 41,79	02:40.16(+67)
4. Evy Rozeboom (WZ&PC Purmerend, 200601338)	50m 00:38.71 38,71	100m 01:21.56 42,85	150m 02:04.27 42,71	02:43.56(+69)
5. Estelle van Wijngaarden (ZPB H&L Productions, 200601020)	50m 00:37.94 37,94	100m 01:20.01 42,07	150m 02:03.01 43,00	02:44.13(+62)
6. Myrte van Mook (HZ&PC Heerenveen, 200600610)	50m 00:38.58 38,58	100m 01:20.01 41,43	150m 02:03.18 43,17	02:44.30(+66)
7. Anouk van Dongen (Aqua-Novio'94, 200600084)	50m 00:38.65 38,65	100m 01:21.39 42,74	150m 02:03.95 42,56	02:44.37(+62)
8. Sanne Lam (WZ&PC Purmerend, 200600524)	50m 00:38.24 38,24	100m 01:19.91 41,67	150m 02:03.28 43,37	02:45.00(+62)
9. Joëlle de Does (Ed-Vo, 200600008)	50m 00:38.67 38,67	100m 01:19.99 41,32	150m 02:02.89 42,90	02:45.90(+67)

10. Sara Korthuis (TriVia, 200600494)				02:45.91(+67)
50m	00:39.06	39,06	100m 01:21.34	42,28
150m	02:04.73	43,39		
11. Sienna Albers (De Dolfijn, 200601342)				02:47.29(+62)
50m	00:38.28	38,28	100m 01:20.30	42,02
150m	02:03.67	43,37		
12. Kim Boer (ZV De Zaan, 200600034)				02:48.83(+64)
50m	00:38.44	38,44	100m 01:20.17	41,73
150m	02:04.34	44,17		
13. Leyla Oversluizen (De Schotejil, 200602730)				02:48.93(+60)
50m	00:38.39	38,39	100m 01:22.07	43,68
150m	02:06.09	44,02		
14. Julia van den Bosch (Deltasteur, 200600232)				02:49.87(+65)
50m	00:39.61	39,61	100m 01:22.84	43,23
150m	02:07.44	44,60		
15. Fiene Nijkamp (Aqua-Novio'94, 200600570)				02:52.27(+75)
50m	00:39.19	39,19	100m 01:23.48	44,29
150m	02:08.60	45,12		
DIS. Megan Jonkman (The Hague Swimming (SG), 200600508)				00:00.00
98. 200m rugslag - Dames				
<i>12 - 12 jaar (Junioren 2)</i>				
1. Thera Janssen (Aqua-Novio'94, 200500270)				02:26.60(+69)
50m	00:33.37	33,37	100m 01:11.45	38,08
150m	01:50.50	39,05		
2. Lianne Beekman (ZVV, 200500124)				02:32.79(+60)
50m	00:35.74	35,74	100m 01:15.20	39,46
150m	01:54.70	39,50		
3. Yke Groener (De Dinkel, 200500772)				02:34.44(+73)
50m	00:35.80	35,80	100m 01:16.03	40,23
150m	01:56.08	40,05		
4. Noa Teuben (FZC'54-De Vikings (SG), 200500254)				02:35.51(+60)
50m	00:36.83	36,83	100m 01:17.21	40,38
150m	01:58.37	41,16		
5. Merel Schravendijk (The Hague Swimming (SG), 200503382)				02:38.29(+70)
50m	00:37.70	37,70	100m 01:18.13	40,43
150m	01:59.14	41,01		
6. Emma Riemers (MSV-Zeemacht, 200500748)				02:39.28(+79)
50m	00:37.02	37,02	100m 01:17.96	40,94
150m	01:59.46	41,50		
7. Jolijn Liezen (ZV 44, 200500518)				02:39.55(+71)
50m	00:37.16	37,16	100m 01:17.77	40,61
150m	01:59.36	41,59		
8. Demi Westendorp (Deltasteur, 200500262)				02:41.74(+78)
50m	00:38.34	38,34	100m 01:19.71	41,37
150m	02:01.10	41,39		
9. Evelyn Liket (ZVVS, 200503118)				02:42.32(+76)
50m	00:37.00	37,00	100m 01:17.80	40,80
150m	02:00.49	42,69		
10. Jelsie van Ruijven (WVZ, 200500282)				02:42.51(+59)
50m	00:35.91	35,91	100m 01:16.63	40,72
150m	01:59.61	42,98		
99. 200m rugslag - Dames				
<i>13 - 13 jaar (Junioren 3)</i>				
1. Ismay Lichtendonk (Dedemsvaart-AC, 200400622)				02:20.00(+68)
50m	00:32.64	32,64	100m 01:07.94	35,30
150m	01:45.03	37,09		
2. Jetske Moot (ZPC AMERSFOORT, 200400230)				02:20.14(+74)
50m	00:33.05	33,05	100m 01:08.65	35,60
150m	01:45.64	36,99		
3. Bridget de Bat (ZPC De Zeeuwse Kust, 200400382)				02:22.69(+59)
50m	00:32.82	32,82	100m 01:08.98	36,16
150m	01:46.36	37,38		
4. Aniek van de Weerd (VZC, 200404136)				02:24.63(+62)
50m	00:33.66	33,66	100m 01:10.13	36,47
150m	01:47.86	37,73		
5. Anna van Droffelaar (RTC-ZVVS, 200400258)				02:24.85(+70)
50m	00:33.57	33,57	100m 01:10.15	36,58
150m	01:48.13	37,98		
6. Charlotte Wilbers (ZPC Hoogeveen, 200400312)				02:28.47(+68)
50m	00:34.27	34,27	100m 01:11.68	37,41
150m	01:50.18	38,50		

7. Janne Slegers (Tempo, 200404090)	50m 00:34.74 34,74	100m 01:13.15 38,41	150m 01:52.86 39,71	02:30.63(+62)				
8. Myrthe Natzijs (KSN (SG), 200400076)	50m 00:34.80 34,80	100m 01:12.90 38,10	150m 01:52.08 39,18	02:30.64(+67)				
9. Kim van Dongen (Aqua-Novio'94, 200400140)	50m 00:33.96 33,96	100m 01:11.41 37,45	150m 01:51.02 39,61	02:30.85(+75)				
10. Lorena Dreschers (Hellas-Glana, 200401364)	50m 00:33.95 33,95	100m 01:11.57 37,62	150m 01:51.70 40,13	02:31.26(+57)				
11. Danique Slaper (TriVia, 200401914)	50m 00:35.51 35,51	100m 01:14.45 38,94	150m 01:54.49 40,04	02:31.96(+65)				
12. Tessa Sportel (Dedemsvaart-AC, 200401644)	50m 00:34.56 34,56	100m 01:13.79 39,23	150m 01:54.46 40,67	02:33.09(+62)				
13. Manon Tiggelaar (ZPC Hoogeveen, 200400394)	50m 00:35.87 35,87	100m 01:14.80 38,93	150m 01:54.79 39,99	02:33.41(+92)				
14. Senna van der Veen (ZPC Hoogeveen, 200400072)	50m 00:34.71 34,71	100m 01:13.47 38,76	150m 01:54.29 40,82	02:35.00(+69)				
15. Lize van Stigt (LinK, 200401510)	50m 00:36.69 36,69	100m 01:16.60 39,91	150m 01:58.04 41,44	02:38.32(+60)				
70. 200m rugslag - Heren								
<i>16 - 17 jaar (Jeugd 1 en 2)</i>								
1. Jari Groenhart (RTC-TriVia, 200000271)	50m 00:27.70 27,70	100m 00:57.32 29,62	150m 01:27.81 30,49	01:57.72(+69)				
2. Jelle Betten (RTC-DZ&PC, 200001535)	50m 00:28.42 28,42	100m 00:59.18 30,76	150m 01:30.75 31,57	02:01.40(+56)				
3. Austin Namesnik (ZPC AMERSFOORT, 200101817)	50m 00:29.01 29,01	100m 01:00.78 31,77	150m 01:32.60 31,82	02:03.62(+55)				
4. Dennis Kamps (De Dinkel, 200000191)	50m 00:28.76 28,76	100m 01:00.34 31,58	150m 01:32.14 31,80	02:03.63(+76)				
5. Thomas Jansen (RTC-WVZ, 200100143)	50m 00:29.35 29,35	100m 01:01.45 32,10	150m 01:33.90 32,45	02:05.59(+68)				
6. Jelle Smid (Aqua-Novio'94, 200100627)	50m 00:28.94 28,94	100m 01:00.57 31,63	150m 01:33.83 33,26	02:06.69(+70)				
7. Moritz Hoogers (Octopus, 200104865)	50m 00:29.10 29,10	100m 01:01.46 32,36	150m 01:34.53 33,07	02:06.98(+60)				
8. Raf Hendriks (Hellas-Glana, 200100879)	50m 00:30.20 30,20	100m 01:02.93 32,73	150m 01:36.24 33,31	02:08.74(+54)				
9. Ivo Stolk (RTC-De Zeehond '73, 200100615)	50m 00:30.45 30,45	100m 01:04.18 33,73	150m 01:38.34 34,16	02:11.41(+75)				
10. Mart Niehoff (ZPC AMERSFOORT, 200100759)	50m 00:30.37 30,37	100m 01:03.86 33,49	150m 01:38.47 34,61	02:14.05(+64)				
71. 400m wisselslag - Dames								
100. 400m wisselslag - Heren								
<i>12 - 12 jaar (Junioren 1)</i>								
1. Tijn van Kuijk (HZPC, 200501087)	50m 00:34.58 34,58	100m 01:15.94 41,36	150m 01:57.32 41,38	200m 02:37.32 40,00	250m 03:22.58 45,26	300m 04:09.74 47,16	350m 04:48.68 38,94	05:23.69(+68)
2. Gabriel Been (The Hague Swimming (SG), 200501467)	50m 00:33.32 33,32	100m 01:12.23 38,91	150m 01:55.89 43,66	200m 02:38.19 42,30	250m 03:26.63 48,44	300m 04:16.95 50,32	350m 04:54.86 37,91	05:30.38(+74)
3. Björn Verkaik (The Hague Swimming (SG), 200500411)	50m 00:36.44 36,44	100m 01:12.23 38,91	150m 02:04.05 43,26	200m 02:38.19 42,30	250m 03:39.74 53,23	300m 04:16.95 50,32	350m 05:11.44 38,85	05:49.76(+73)

	100m 01:20.79	44,35	200m 02:46.51	42,46	300m 04:32.59	52,85		
4. Casper Hoogervorst (De Columbiaan, 200500183)							06:01.41(+72)	
	50m 00:39.18	39,18	150m 02:12.59	46,99	250m 03:49.21	51,07	350m 05:22.28	41,24
	100m 01:25.60	46,42	200m 02:58.14	45,55	300m 04:41.04	51,83		
DIS. Sven Klink (ZV 44, 200500349)							00:00.00	
101. 400m wisselslag - Heren								
13 - 13 jaar (Junioren 2)								
1. Stephan De Freitas Steverink (PSV, 200404481)							04:41.11(+65)	
	50m 00:29.97	29,97	150m 01:42.69	38,72	250m 02:58.55	39,25	350m 04:10.61	32,97
	100m 01:03.97	34,00	200m 02:19.30	36,61	300m 03:37.64	39,09		
2. Simon Claasen (ZPC AMERSFOORT, 200400231)							04:58.04(+73)	
	50m 00:30.72	30,72	150m 01:46.07	38,72	250m 03:08.57	43,29	350m 04:26.40	33,31
	100m 01:07.35	36,63	200m 02:25.28	39,21	300m 03:53.09	44,52		
3. Merlin Belmon (De Dolfijn, 200403191)							05:00.67(+74)	
	50m 00:30.67	30,67	150m 01:49.72	39,79	250m 03:09.83	42,12	350m 04:27.92	35,31
	100m 01:09.93	39,26	200m 02:27.71	37,99	300m 03:52.61	42,78		
4. Luca Janssen (Mosa-Regio, 200403237)							05:03.51(+79)	
	50m 00:31.69	31,69	150m 01:48.27	40,40	250m 03:09.00	41,16	350m 04:28.69	37,92
	100m 01:07.87	36,18	200m 02:27.84	39,57	300m 03:50.77	41,77		
5. David Groenewegen (PSV, 200400469)							05:04.40(+81)	
	50m 00:32.56	32,56	150m 01:51.04	40,63	250m 03:13.15	42,83	350m 04:32.06	34,40
	100m 01:10.41	37,85	200m 02:30.32	39,28	300m 03:57.66	44,51		
6. Abel te Riele (WVZ, 200402317)							05:07.26(+76)	
	50m 00:33.54	33,54	150m 01:52.45	39,24	250m 03:14.03	43,69	350m 04:34.35	35,77
	100m 01:13.21	39,67	200m 02:30.34	37,89	300m 03:58.58	44,55		
7. Jort van der Vlag (WS Twente, 200400335)							05:10.71(+77)	
	50m 00:33.15	33,15	150m 01:52.59	38,72	250m 03:17.75	47,96	350m 04:38.73	33,89
	100m 01:13.87	40,72	200m 02:29.79	37,20	300m 04:04.84	47,09		
8. Luuk van Rooij (PSV, 200400581)							05:12.32(+75)	
	50m 00:33.19	33,19	150m 01:54.01	39,69	250m 03:17.91	45,46	350m 04:38.84	35,09
	100m 01:14.32	41,13	200m 02:32.45	38,44	300m 04:03.75	45,84		
9. Timo Kock (ZZ&PC De Devel, 200400387)							05:12.50(+75)	
	50m 00:33.50	33,50	150m 01:53.99	41,78	250m 03:18.50	44,03	350m 04:39.61	36,44
	100m 01:12.21	38,71	200m 02:34.47	40,48	300m 04:03.17	44,67		
10. Jason van den Berg (Rotterdam Swimming (SG), 200400009)							05:12.91(+74)	
	50m 00:33.53	33,53	150m 01:55.19	40,46	250m 03:18.56	44,10	350m 04:39.16	35,66
	100m 01:14.73	41,20	200m 02:34.46	39,27	300m 04:03.50	44,94		
11. Pieter Wisse (PSV, 200400779)							05:13.83(+78)	
	50m 00:33.49	33,49	150m 01:56.13	41,94	250m 03:21.06	44,84	350m 04:41.15	35,50
	100m 01:14.19	40,70	200m 02:36.22	40,09	300m 04:05.65	44,59		
12. Nathan Janssen (MNC Dordrecht, 200401565)							05:17.50(+67)	
	50m 00:35.66	35,66	150m 01:59.02	43,75	250m 03:23.93	44,29	350m 04:43.54	35,17
	100m 01:15.27	39,61	200m 02:39.64	40,62	300m 04:08.37	44,44		
13. Robin van den Berg (ZV 44, 200400699)							05:18.32(+74)	
	50m 00:34.36	34,36	150m 01:57.34	41,20	250m 03:24.42	46,81	350m 04:45.79	34,82
	100m 01:16.14	41,78	200m 02:37.61	40,27	300m 04:10.97	46,55		
14. Chris Verhoeven (PSV, 200400593)							05:18.59(+79)	
	50m 00:34.17	34,17	150m 01:56.09	41,34	250m 03:22.51	45,35	350m 04:44.80	35,99
	100m 01:14.75	40,58	200m 02:37.16	41,07	300m 04:08.81	46,30		
15. Teun van der Schrier (Hieronymus, 200403627)							05:19.05(+71)	
	50m 00:32.32	32,32	150m 01:52.32	41,00	250m 03:18.88	46,25	350m 04:43.57	37,45
	100m 01:11.32	39,00	200m 02:32.63	40,31	300m 04:06.12	47,24		
16. Wouter Zijlstra (De Forel, 200401545)							05:19.90(+64)	

	50m 00:34.44 34,44	150m 01:56.51 41,20	250m 03:21.85 44,95	350m 04:43.88 36,84	
	100m 01:15.31 40,87	200m 02:36.90 40,39	300m 04:07.04 45,19		
17. Collin Schouten (MSV-Zeemacht, 200400697)					05:21.82(+78)
	50m 00:34.70 34,70	150m 01:55.40 40,16	250m 03:22.21 47,81	350m 04:46.60 36,97	
	100m 01:15.24 40,54	200m 02:34.40 39,00	300m 04:09.63 47,42		
18. Erik Oldenkamp (De Lansingh, 200400597)					05:25.53(+75)
	50m 00:33.57 33,57	150m 01:58.25 42,83	250m 03:25.81 45,61	350m 04:49.97 37,32	
	100m 01:15.42 41,85	200m 02:40.20 41,95	300m 04:12.65 46,84		
19. Meindert Dekkinga (HZ&PC Heerenveen, 200400377)					05:28.24(+82)
	50m 00:34.80 34,80	150m 01:57.57 40,56	250m 03:24.62 47,38	350m 04:52.03 39,01	
	100m 01:17.01 42,21	200m 02:37.24 39,67	300m 04:13.02 48,40		
20. Wen-Ye Chen (Rotterdam Swimming (SG), 200402859)					05:29.85(+68)
	50m 00:34.95 34,95	150m 01:58.55 42,72	250m 03:26.74 46,27	350m 04:53.24 39,59	
	100m 01:15.83 40,88	200m 02:40.47 41,92	300m 04:13.65 46,91		
21. Jelle Kockx (Mosa-Regio, 200401697)					05:31.03(+68)
	50m 00:36.81 36,81	150m 02:04.66 41,92	250m 03:31.46 44,21	350m 04:55.65 38,72	
	100m 01:22.74 45,93	200m 02:47.25 42,59	300m 04:16.93 45,47		
22. Joost Schuurmans (Hellas-Glana, 200400543)					05:32.06(+76)
	50m 00:35.45 35,45	150m 02:02.45 44,33	250m 03:32.00 46,91	350m 04:57.10 37,43	
	100m 01:18.12 42,67	200m 02:45.09 42,64	300m 04:19.67 47,67		
23. Diederik Colombijn (De Krabben, 200403025)					05:33.79(+75)
	50m 00:35.47 35,47	150m 02:00.37 41,68	250m 03:30.46 49,61	350m 04:57.72 37,87	
	100m 01:18.69 43,22	200m 02:40.85 40,48	300m 04:19.85 49,39		
102. 400m wisselslag - Heren					
14 - 14 jaar (Junioren 3)					
1. Esper Schreurs (ZEPS, 200300433)					04:49.70(+84)
	50m 00:31.36 31,36	150m 01:46.06 38,10	250m 03:03.38 39,87	350m 04:17.10 33,39	
	100m 01:07.96 36,60	200m 02:23.51 37,45	300m 03:43.71 40,33		
2. Kylian Heederik (Deltasteur, 200300353)					04:52.65(+77)
	50m 00:32.05 32,05	150m 01:47.63 38,56	250m 03:05.03 40,49	350m 04:20.91 34,93	
	100m 01:09.07 37,02	200m 02:24.54 36,91	300m 03:45.98 40,95		
3. Sam van der Stroom (PSV, 200304409)					04:57.16(+79)
	50m 00:32.17 32,17	150m 01:48.00 39,00	250m 03:07.65 41,11	350m 04:24.84 34,83	
	100m 01:09.00 36,83	200m 02:26.54 38,54	300m 03:50.01 42,36		
4. Wesley Zulver (ZVVS, 200301319)					04:59.40(+67)
	50m 00:31.33 31,33	150m 01:47.12 38,19	250m 03:06.60 40,84	350m 04:25.09 35,88	
	100m 01:08.93 37,60	200m 02:25.76 38,64	300m 03:49.21 42,61		
5. Yorick Visser (ZPC De Zeeuwse Kust, 200301957)					05:01.29(+76)
	50m 00:31.84 31,84	150m 01:50.01 40,45	250m 03:10.74 42,46	350m 04:29.42 34,13	
	100m 01:09.56 37,72	200m 02:28.28 38,27	300m 03:55.29 44,55		
6. Lucas Peters (PSV, 200301325)					05:01.84(+67)
	50m 00:32.26 32,26	150m 01:49.23 40,63	250m 03:11.96 43,89	350m 04:29.47 33,96	
	100m 01:08.60 36,34	200m 02:28.07 38,84	300m 03:55.51 43,55		
7. Michael Smink (The Hague Swimming (SG), 200302169)					05:06.54(+79)
	50m 00:30.05 30,05	150m 01:47.52 40,81	250m 03:12.03 44,75	350m 04:33.37 35,41	
	100m 01:06.71 36,66	200m 02:27.28 39,76	300m 03:57.96 45,93		
8. Sjors Lemmers (Merlet, 200300555)					05:06.74(+74)
	50m 00:32.27 32,27	150m 01:49.40 40,09	250m 03:10.97 43,17	350m 04:32.29 36,65	
	100m 01:09.31 37,04	200m 02:27.80 38,40	300m 03:55.64 44,67		
9. Luuk Hulleman (ZVV, 200300189)					05:06.97(+83)
	50m 00:30.75 30,75	150m 01:46.81 39,64	250m 03:09.92 44,81	350m 04:32.36 36,25	
	100m 01:07.17 36,42	200m 02:25.11 38,30	300m 03:56.11 46,19		
10. Bjarne Buijs (The Hague Swimming (SG), 200301089)					05:07.10(+75)
	50m 00:32.45 32,45	150m 01:49.52 39,07	250m 03:12.30 43,91	350m 04:33.71 37,41	

	100m 01:10.45	200m 02:28.39	300m 03:56.30	400m 04:44.00	
11. Milan Hamel (The Hague Swimming (SG), 200302125)					05:07.92(+70)
	50m 00:30.59	150m 01:50.05	250m 03:15.11	350m 04:36.11	
	100m 01:06.53	200m 02:31.30	300m 03:58.96	400m 04:37.15	
12. Daan Hogerhuis (LinK, 200300317)					05:11.72(+77)
	50m 00:32.93	150m 01:51.01	250m 03:14.48	350m 04:36.55	
	100m 01:10.85	200m 02:29.88	300m 03:59.66	400m 04:36.89	
13. Rens van Beek (Aqua-Novio'94, 200300537)					05:13.27(+83)
	50m 00:31.78	150m 01:51.04	250m 03:15.84	350m 04:39.42	
	100m 01:11.76	200m 02:28.70	300m 04:03.99	400m 04:35.43	
14. Tom Thijssen (NDD, 200301521)					05:13.60(+77)
	50m 00:30.31	150m 01:48.43	250m 03:12.27	350m 04:36.32	
	100m 01:08.11	200m 02:27.69	300m 03:57.67	400m 04:38.65	
15. Niels Kragt (Dedemsvaart-AC, 200300155)					05:16.18(+75)
	50m 00:32.09	150m 01:50.96	250m 03:17.55	350m 04:40.71	
	100m 01:09.37	200m 02:31.39	300m 04:04.29	400m 04:36.42	
DIS. Stan de Swart (PSV, 200300535)					00:00.00
103. 400m wisselslag - Heren					
15 - 15 jaar (Junioren 4)					
1. Jarno Koster (Aqua-Novio'94, 200200637)					04:34.95(+79)
	50m 00:28.77	150m 01:37.20	250m 02:50.58	350m 04:02.79	
	100m 01:02.27	200m 02:11.85	300m 03:29.97	400m 04:32.82	
2. Joep Hoogerwerf (DWK, 200204527)					04:41.12(+76)
	50m 00:29.62	150m 01:39.38	250m 02:54.91	350m 04:10.13	
	100m 01:04.44	200m 02:12.92	300m 03:37.26	400m 04:32.87	
3. Lars Verhalle (VZC, 200200019)					04:43.58(+76)
	50m 00:28.81	150m 01:40.82	250m 02:57.38	350m 04:12.60	
	100m 01:03.10	200m 02:16.24	300m 03:38.69	400m 04:33.91	
4. Jurre Hanstede (De Dinkel, 200201019)					04:47.63(+78)
	50m 00:31.13	150m 01:45.15	250m 03:02.97	350m 04:17.45	
	100m 01:07.57	200m 02:22.56	300m 03:44.63	400m 04:32.82	
5. Sean Niewold (WVZ, 200204699)					04:47.71(+82)
	50m 00:30.29	150m 01:45.18	250m 03:03.28	350m 04:17.21	
	100m 01:05.67	200m 02:22.92	300m 03:44.07	400m 04:33.14	
6. Timo Spaans (PSV, 200201087)					04:51.40(+74)
	50m 00:29.70	150m 01:42.47	250m 03:02.79	350m 04:22.00	
	100m 01:04.49	200m 02:20.33	300m 03:46.02	400m 04:35.98	
7. Brandon van den Berg (The Hague Swimming (SG), 200200669)					04:53.10(+70)
	50m 00:30.06	150m 01:43.28	250m 03:02.68	350m 04:20.04	
	100m 01:05.66	200m 02:20.19	300m 03:45.71	400m 04:34.33	
8. Scott Jansen (WVZ, 200202455)					04:54.30(+77)
	50m 00:31.81	150m 01:47.63	250m 03:05.96	350m 04:22.17	
	100m 01:09.72	200m 02:24.14	300m 03:47.85	400m 04:34.32	
9. Maurice Pater (TriVia, 200200909)					04:54.74(+78)
	50m 00:29.53	150m 01:43.20	250m 03:04.69	350m 04:22.45	
	100m 01:04.38	200m 02:21.13	300m 03:48.97	400m 04:33.48	
10. Finn Vos (De Dolfijn, 200200665)					04:54.96(+68)
	50m 00:30.78	150m 01:47.41	250m 03:06.94	350m 04:23.20	
	100m 01:06.91	200m 02:26.34	300m 03:48.78	400m 04:34.42	
11. Luc van Eijndhoven (De Warande, 200200139)					04:55.43(+80)
	50m 00:30.50	150m 01:44.52	250m 03:05.09	350m 04:23.28	
	100m 01:06.25	200m 02:21.38	300m 03:49.77	400m 04:33.51	
12. Viktor Koets (De Columbiaan, 200201677)					04:57.62(+81)

50m 00:30.16 30,16 150m 01:43.19 36,85 250m 03:03.96 43,54 350m 04:24.23 35,49
100m 01:06.34 36,18 200m 02:20.42 37,23 300m 03:48.74 44,78

13. Guus Hoogduin (LZ 1886, 200201069) 04:57.76(+68)
50m 00:30.25 30,25 150m 01:43.89 38,53 250m 03:04.31 43,96 350m 04:24.25 36,12
100m 01:05.36 35,11 200m 02:20.35 36,46 300m 03:48.13 43,82

14. Dushan de Bruijn (De Forel, 200201273) 05:03.76(+80)
50m 00:32.76 32,76 150m 01:50.54 39,27 250m 03:11.41 42,80 350m 04:29.64 35,56
100m 01:11.27 38,51 200m 02:28.61 38,07 300m 03:54.08 42,67

75. 400m wisselslag - Heren

76. 50m vrije slag - Dames

14 - 15 jaar (Jeugd 1 en 2)

1. Imani de Jong (RTC-ZPCH, 200200464) 00:25.72(+69)
2. Britta Koehorst (RTC-De Lansingh, 200300246) 00:25.74(+66)
3. Nienke Jonk (RTC-Hieronymus, 200203000) 00:25.76(+71)
4. Silke Huisman (Orca, 200301182) 00:25.88(+74)
5. Elise Tanis (RTC-De Schoteijl, 200200120) 00:26.16(+71)
6. Femke Spiering (RTC-VZC, 200204514) 00:26.25(+75)
7. Lynn Joor (WS Twente, 200300550) 00:26.86(+75)
8. Femke Hoppenbrouwer (The Hague Swimming (SG), 200301124) 00:26.93(+76)
9. Christy Geurts (RTC-WVZ, 200203734) 00:26.97(+76)
10. Jonna Wieling (Aquarijn, 200205266) 00:27.08(+73)

104. 50m vrije slag - Dames

11 - 11 jaar (Junioren 1)

1. Pippa van 't Land (ZPC AMERSFOORT, 200600426) 00:28.46(+71)
2. Kimberly Ruiter (De Columbiaan, 200600492) 00:28.85(+74)
3. Charley Blide (ZPC Hoogeveen, 200600164) 00:29.70(+77)
4. Valerie van der Velden (PSV, 200600860) 00:30.05(+75)
5. Anouk van Hattum (Hellas-Glana, 200600738) 00:30.10(+74)
6. Robyn Hulleman (ZVV, 200600890) 00:30.45(+75)
7. Estelle van Wijngaarden (ZPB H&L Productions, 200601020) 00:30.55(+73)
8. Sara Korthuis (TriVia, 200600494) 00:30.68(+70)
9. Ilse Oosterbaan (ZV De Zaan, 200601178) 00:30.75(+79)
10. Jade van der Maas (WVZ, 200600408) 00:30.80(+75)
11. Melissa Odemis (ZV Haerlem, 200602422) 00:31.00(+71)
12. Joëlle de Does (Ed-Vo, 200600008) 00:31.09(+70)
13. Anouk van Dongen (Aqua-Novio'94, 200600084) 00:31.23(+75)
14. Lieke Rossel (KSN (SG), 200603070) 00:31.50(+78)
15. Sophie Faveaux (ZPC AMERSFOORT, 200600286) 00:31.59(+73)
16. Djanilla Brink (DAW, 200600988) 00:31.63(+72)
17. Félinn van Lienden (Hieronymus, 200602038) 00:31.85(+69)

105. 50m vrije slag - Dames

12 - 12 jaar (Junioren 2)

1. Noa Teuben (FZC'54-De Vikings (SG), 200500254) 00:27.08(+68)

2. Thera Janssen (Aqua-Novio'94, 200500270)	00:28.16(+73)
2. Iris Timmermans (Het Ravijn, 200500172)	00:28.16(+72)
4. Annelieke Stegink (Batavia Swim, 200500570)	00:28.32(+67)
5. Yke Groener (De Dinkel, 200500772)	00:28.53(+74)
6. Lianne Beekman (ZVV, 200500124)	00:28.62(+70)
7. Francesca Coppo (De Dolfijn, 200501242)	00:28.74(+70)
8. Aniek van den Brink (De Dolfijn, 200500090)	00:29.23(+70)
9. Sophia van Droffelaar (ZVVS, 200500330)	00:29.30(+61)
10. Evelyn Liket (ZVVS, 200503118)	00:29.35(+75)
11. Bridget Vermeer (VZC, 200501766)	00:29.56(+72)
12. Liz Veltman (De Ward, 200503668)	00:29.87(+81)
13. Emma Riemers (MSV-Zeemacht, 200500748)	00:29.95(+74)
14. Marin Wieling (Aquarijn, 200501220)	00:29.98(+81)
15. Anastasia Romano (MNC Dordrecht, 200501076)	00:30.14(+73)
16. Marte Hieke van der Kamp (FZC'54-De Vikings (SG), 200500218)	00:30.23(+80)
DIS. Lynn Reitsma (Swol 1894, 200502750)	00:00.00
106. 50m vrije slag - Dames	
<i>13 - 13 jaar (Junioren 3)</i>	
1. Anna van Droffelaar (RTC-ZVVS, 200400258)	00:26.19(+65)
2. Milou van Wijk (MNC Dordrecht, 200404948)	00:27.33(+79)
3. Sterre Hendriks (PSV, 200401288)	00:27.44(+75)
4. Janna van Kooten (TriVia, 200404584)	00:27.46(+71)
5. Puck Koopman (De Dinkel, 200400038)	00:27.52(+80)
6. Jetske Moot (ZPC AMERSFOORT, 200400230)	00:27.70(+73)
7. Bridget de Bat (ZPC De Zeeuwse Kust, 200400382)	00:27.89(+75)
8. Janne Slegers (Tempo, 200404090)	00:27.94(+68)
9. Jill Nai Chung Tong (ZVVS, 200404272)	00:27.96(+77)
10. Ismay Lichtendonk (Dedemsvaart-AC, 200400622)	00:28.21(+71)
11. Kim van Dongen (Aqua-Novio'94, 200400140)	00:28.33(+76)
277. 50m vrije slag - Dames	
<i>11 - 15 jaar (Jeugd 2 en later)</i>	
1. Ilona Venema (ReVeLie Swim Team, 200200050) [S10]	00:27.90(+72)
2. Feija de Bruin (WVZ, 200400106) [S10]	00:32.93(+86)
3. Milena Keurentjes (NDD, 200404434) [S10]	00:33.57(+70)
4. Iris Onnink (De Vrije Slag, 200301836) [S10]	00:33.71(+73)
5. Milou van Winkel (AZC, 200402296) [S14]	00:34.09(+91)
6. Mara de Bruin (DWK, 200303268) [S9]	00:37.27(+85)
7. Rosalie van Druenen (BZV, 200305066) [S10]	00:35.94(+83)
8. Diede Struijk (Nuenen, 200403824) [S12]	00:36.98(+78)
82. 50m vrije slag - Heren	

16 - 17 jaar (Jeugd 1 en 2)

1. Kenzo Simons (De Dolfijn, 200105415)	00:22.52(+65)
2. Luc Kroon (RTC-Ed-Vo, 200100697)	00:22.67(+82)
3. Junior de Bruin (ZPC Hoogeveen, 200000839)	00:23.01(+70)
4. Juri Dijkstra (RTC-TriVia, 200002119)	00:23.35(+70)
5. Austin Namesnik (ZPC AMERSFOORT, 200101817)	00:23.40(+60)
6. Jylano Nahr (RTC-Zwemsport Parkstad (SG), 200102593)	00:23.70(+74)
7. Sten Postma (VZC, 200000011)	00:23.81(+67)
8. Tyrese Wilson (ZPC AMERSFOORT, 200000223)	00:23.85(+65)
9. Jesse Zweers (Dedemsvaart-AC, 200100399)	00:24.07(+72)
10. Jelle Smid (Aqua-Novio'94, 200100627)	00:24.18(+66)

283. 50m vrije slag - Heren

12 - 17 jaar

1. Duncan van Haaren (NTC PARA-WIDEX GZC DONK, 200000681) [S10]	00:25.51(+70)
2. Sam Janmaat (ZPC AMERSFOORT, 200203017) [S10]	00:25.65(+69)
3. Nathan Wees (ZPC AMERSFOORT, 200101427) [S10]	00:25.66(+67)
4. Querijn Hensen (The Hague Swimming (SG), 200102121) [S10]	00:25.84(+70)
5. Thomas van Wanrooij (NTC PARA-Poseidon '56, 200201473) [S13]	00:26.82(+80)
6. Bastian Renshoff (Octopus, 200001261) [S10]	00:27.10(+74)
7. Willem Poortinga (Wetterwille, 200105093) [S10]	00:31.87(+70)
8. Daan Waterlander (HZ&PC Heerenveen, 200203405) [S9]	00:36.30(+105)
9. Nick Selten (Merlet, 200403275) [S9]	00:37.10(+84)

87. 50m rugslag - Dames

14 - 15 jaar (Jeugd 1 en 2)

1. Britta Koehorst (RTC-De Lansingh, 200300246)	00:28.47(+63)
2. Elise Tanis (RTC-De Schoteijl, 200200120)	00:28.92(+57)
3. Lieke Oude Lenferink (WS Twente, 200200068)	00:29.45(+61)
4. Imani de Jong (RTC-ZPCH, 200200464)	00:29.57(+67)
5. Nienke Jonk (RTC-Hieronymus, 200203000)	00:29.64(+55)
6. Nikki Smeets (Hellas-Glana, 200200080)	00:30.14(+63)
7. Tessa Giele (SCOM/De Zeehond'73 (SG), 200203124)	00:30.19(+61)
8. Maaïke Broersma (BZ&PC, 200201522)	00:30.34(+69)
9. Yara van Kalmthout (Nova, 200200984)	00:30.39(+64)
10. Lotte Hesper (RTC-Racing Club, 200201414)	00:30.53(+74)

288. 50m rugslag - Dames

11 - 15 jaar (Jeugd 2 en later)

1. Feija de Bruin (WVZ, 200400106) [S10]	00:38.83(+76)
2. Diede Struijk (Nuenen, 200403824) [S12]	00:41.42(+80)
3. Milena Keurentjes (NDD, 200404434) [S10]	00:41.48(+66)
4. Rosalie van Druenen (BZV, 200305066) [S10]	00:41.81(+91)
5. Milou van Winkel (AZC, 200402296) [S14]	00:42.85(+87)

6. Janouk Smeets (ZC Valkenburg, 200400750) [S6]	01:09.31(+89)
107. 50m rugslag - Heren 12 - 12 jaar (Junioren 1)	
1. Niels Jansen (Aqua-Novio'94, 200501019)	00:30.92(+63)
2. Luka Geraerds (Hellas-Glana, 200502077)	00:31.47(+63)
3. Domingo Kuipers (Orca, 200501787)	00:31.65(+58)
4. Menno Wieringa (De Lansingh, 200500927)	00:31.71(+61)
5. Colin Bes (Zwemclub Polaris, 200500201)	00:32.18(+63)
6. Nick Buitendijk (Triton, 200500389)	00:32.36(+66)
7. Steijn Louter (ZC Aquadream, 200500793)	00:33.59(+62)
108. 50m rugslag - Heren 13 - 13 jaar (Junioren 2)	
1. Simon Claasen (ZPC AMERSFOORT, 200400231)	00:28.75(+67)
2. Hendrik van der Leest (FZC'54-De Vikings (SG), 200404339)	00:28.93(+71)
3. Michael van der Wal (MSV-Zeemacht, 200403151)	00:29.70(+51)
4. Hessel Broekstra (FZC'54-De Vikings (SG), 200400253)	00:29.71(+69)
5. Jay de Vries (ZZ&PC De Devel, 200400669)	00:29.76(+68)
6. Luuk van Rooij (PSV, 200400581)	00:30.17(+62)
7. Jort van der Vlag (WS Twente, 200400335)	00:30.60(+58)
8. Serge Knops (Hellas-Glana, 200403867)	00:30.90(+61)
9. Bram Verkuijlen (PSV, 200401381)	00:31.03(+69)
10. Timo Kock (ZZ&PC De Devel, 200400387)	00:31.29(+65)
109. 50m rugslag - Heren 14 - 14 jaar (Junioren 3)	
1. Keanu Streefland (RTC-Racing Club, 200302445)	00:27.93(+68)
2. Luuk Bos (VZ&PC, 200300151)	00:28.00(+52)
3. Tyrese Sitania (Aqua-Novio'94, 200301999)	00:28.18(+51)
4. Esper Schreurs (ZEPS, 200300433)	00:28.68(+75)
5. Matej Danis (DWK, 200304745)	00:28.91(+62)
6. Lukas Binnekamp (De Dinkel, 200300107)	00:29.30(+65)
7. Mike Gerritsen (Platella, 200304013)	00:29.36(+71)
8. Evano Ticoalu (Aqua-Novio'94, 200304751)	00:29.46(+50)
110. 50m rugslag - Heren 15 - 15 jaar (Junioren 4)	
1. Nikhom Westphal (SCOM/De Zeehond'73 (SG), 200203329)	00:26.93(+65)
2. Elroy Schot (De Dolfijn, 200200689)	00:26.99(+64)
3. Leon van den Hof (Dedemsvaart-AC, 200203269)	00:27.15(+58)
4. Léon van der Geest (WS Twente, 200201005)	00:27.16(+67)
5. Bjorn van Doesburg (Aquarijn, 200201867)	00:27.30(+64)
6. Joep Hoogerwerf (DWK, 200204527)	00:27.39(+70)
7. Bobby van Dijk (DBD, 200200153)	00:27.81(+64)

8. Lars Verhalle (VZC, 200200019)	00:27.95(+72)
9. Milan Meurs (Nuenen, 200202079)	00:28.07(+55)
10. Adriaan Provó Kluit (RTC-WVZ, 200204397)	00:28.24(+65)
11. Tycho Atanasov (KSN (SG), 200201133)	00:28.33(+61)
11. Wessel Stupers (PSV, 200203541)	00:28.33(+67)
89. 50m rugslag - Heren	
<i>16 - 17 jaar (Jeugd 1 en 2)</i>	
1. Kenzo Simons (De Dolfijn, 200105415)	00:25.10(+67)
2. Jelle Betten (RTC-DZ&PC, 200001535)	00:25.52(+62)
3. Austin Namesnik (ZPC AMERSFOORT, 200101817)	00:26.27(+56)
4. Moritz Hoogers (Octopus, 200104865)	00:26.43(+64)
5. Jylano Nahr (RTC-Zwemsport Parkstad (SG), 200102593)	00:26.76(+72)
6. Martin Ruiter (Batavia Swim, 200001309)	00:26.78(+64)
7. Juri Dijkstra (RTC-TriVia, 200002119)	00:26.87(+71)
8. Melle van Gemert (ZPC De Zeeuwse Kust, 200100687)	00:27.09(+64)
9. Jelle Smid (Aqua-Novio'94, 200100627)	00:27.12(+68)
10. Dennis Kamps (De Dinkel, 200000191)	00:27.42(+80)
290. 50m rugslag - Heren	
<i>12 - 17 jaar</i>	
1. Querijn Hensen (The Hague Swimming (SG), 200102121) [S10]	00:28.88(+66)
2. Sam Janmaat (ZPC AMERSFOORT, 200203017) [S10]	00:28.98(+58)
3. Thomas van Wanrooij (NTC PARA-Poseidon '56, 200201473) [S13]	00:30.49(+68)
4. Nathan Wees (ZPC AMERSFOORT, 200101427) [S10]	00:31.14(+63)
5. Bastian Renshoff (Octopus, 200001261) [S10]	00:32.42(+72)
6. Nick Selten (Merlet, 200403275) [S9]	00:40.59(+84)
7. Willem Poortinga (Wetterwille, 200105093) [S10]	00:39.71(+108)
8. Daan Waterlander (HZ&PC Heerenveen, 200203405) [S9]	00:47.82(+81)
9. Josh Renkema (De Otters Het Gooi, 200402537) [S7]	00:56.47(+125)
91. 4x100m vrije slag dames	
92. 4x200m vrije slag heren	

NJJK korte baan dec. 2017 sessie 6 - zondag 17 december 2017 om 08:30u (25 m)

Aanvangstijd juryvergadering: 07:30u

111. 200m vlinderslag - Dames	
<i>14 - 15 jaar (Jeugd 1 en 2)</i>	
1. Nienke Jonk (RTC-Hieronymus, 200203000)	02:18.64(+69)
50m 00:30.60 30,60 100m 01:06.44 35,84 150m 01:42.23 35,79	
2. Femke Splering (RTC-VZC, 200204514)	02:21.17(+81)
50m 00:31.37 31,37 100m 01:07.39 36,02 150m 01:44.04 36,65	
3. Lotte Hosper (RTC-Racing Club, 200201414)	02:23.77(+77)
50m 00:31.71 31,71 100m 01:07.94 36,23 150m 01:45.45 37,51	
4. Tessa Giele (SCOM/De Zeehond'73 (SG), 200203124)	02:24.53(+66)
50m 00:31.79 31,79 100m 01:08.65 36,86 150m 01:46.87 38,22	

5. Jonna Wieling (Aquarijn, 200205266)	50m 00:32.78 32,78	100m 01:10.51 37,73	150m 01:49.75 39,24	02:29.68(+72)
6. Ilona Venema (ReVeLie Swim Team, 200200050) [S10]	50m 00:32.88 32,88	100m 01:10.81 37,93	150m 01:50.70 39,89	02:30.40(+72)
7. Judith Houtvast (Hellas-Glana, 200300714)	50m 00:32.65 32,65	100m 01:12.08 39,43	150m 01:51.94 39,86	02:31.16(+78)
8. Irina de Ridder (ZPC De Zeeuwse Kust, 200301224)	50m 00:33.51 33,51	100m 01:12.27 38,76	150m 01:52.89 40,62	02:32.73(+80)
9. Amber Celie (De Dolfijn, 200300756)	50m 00:33.29 33,29	100m 01:12.03 38,74	150m 01:52.42 40,39	02:32.99(+75)
10. Amy de Sain (De Dolfijn, 200304690)	50m 00:32.77 32,77	100m 01:11.68 38,91	150m 01:52.40 40,72	02:33.46(+64)
11. Maaïke Issard (The Hague Swimming (SG), 200300022)	50m 00:32.73 32,73	100m 01:11.76 39,03	150m 01:53.03 41,27	02:35.66(+76)
12. Kim Zwinkels (ZPCH, 200300422)	50m 00:33.73 33,73	100m 01:13.88 40,15	150m 01:56.70 42,82	02:40.53(+81)
13. Masha Polushkina (ReVeLie Swim Team, 200203064)	50m 00:33.89 33,89	100m 01:14.01 40,12	150m 01:58.45 44,44	02:46.92(+85)
112. 200m vlinderslag - Dames 11 - 11 jaar (Junioren 1)				
1. Jade van der Maas (WVZ, 200600408)	50m 00:38.59 38,59	100m 01:24.83 46,24	150m 02:13.61 48,78	02:58.96(+80)
2. Sara Korthuis (TriVia, 200600494)	50m 00:38.15 38,15	100m 01:26.14 47,99	150m 02:18.41 52,27	03:03.94(+76)
3. Monique Tienstra (TriVia, 200600354)	50m 00:39.50 39,50	100m 01:25.16 45,66	150m 02:12.98 47,82	03:05.72(+73)
4. Mara Tims (Van Vliet-Barracuda, 200601136)	50m 00:38.75 38,75	100m 01:24.67 45,92	150m 02:16.06 51,39	03:08.98(+79)
5. Estelle van Wijngaarden (ZPB H&L Productions, 200601020)	50m 00:36.39 36,39	100m 01:22.42 46,03	150m 02:14.75 52,33	03:12.65(+77)
113. 200m vlinderslag - Dames 12 - 12 jaar (Junioren 2)				
1. Nienke Bakker (TriVia, 200501178)	50m 00:35.64 35,64	100m 01:17.99 42,35	150m 02:00.18 42,19	02:41.92(+74)
2. Jelsie van Ruijven (WVZ, 200500282)	50m 00:36.85 36,85	100m 01:22.33 45,48	150m 02:10.02 47,69	02:57.67(+73)
3. Francesca Coppo (De Dolfijn, 200501242)	50m 00:39.60 39,60	100m 01:29.21 49,61	150m 02:22.66 53,45	03:15.86(+75)
114. 200m vlinderslag - Dames 13 - 13 jaar (Junioren 3)				
1. Veerle Nieborg (TriVia, 200400428)	50m 00:33.57 33,57	100m 01:11.43 37,86	150m 01:49.68 38,25	02:28.93(+77)
2. Emma Hofstee (TriVia, 200401282)	50m 00:34.06 34,06	100m 01:12.80 38,74	150m 01:53.98 41,18	02:35.35(+84)
3. Luna de Vries (Aqua-Novio'94, 200400516)	50m 00:33.61 33,61	100m 01:14.05 40,44	150m 01:56.61 42,56	02:37.99(+74)
4. Nora van der Steen (LinK, 200403458)	50m 00:34.06 34,06	100m 01:13.21 39,15	150m 01:55.52 42,31	02:39.20(+72)
5. Loes Sotthewes (WS Twente, 200401792)	50m 00:33.87 33,87	100m 01:14.19 40,32	150m 01:57.51 43,32	02:39.44(+82)

6. Lize van Stigt (Link, 200401510)				02:45.64(+68)
	50m 00:34.67 34,67	100m 01:15.63 40,96	150m 01:59.82 44,19	
115. 200m vlinderslag - Heren				
16 - 17 jaar (Jeugd 1 en 2)				
1. Tim Hoogerwerf (DWK, 200005587)				02:08.36(+75)
	50m 00:28.19 28,19	100m 01:01.35 33,16	150m 01:35.60 34,25	
2. David Kuipers (Orca, 200003633)				02:08.89(+79)
	50m 00:28.99 28,99	100m 01:01.78 32,79	150m 01:34.81 33,03	
3. Thomas Jansen (RTC-WVZ, 200100143)				02:10.50(+80)
	50m 00:29.66 29,66	100m 01:04.05 34,39	150m 01:38.15 34,10	
4. Niels de Boer (Eurode KZC, 200001977)				02:10.54(+78)
	50m 00:28.61 28,61	100m 01:01.75 33,14	150m 01:36.57 34,82	
5. Junior de Bruin (ZPC Hoogeveen, 200000839)				02:10.63(+71)
	50m 00:29.41 29,41	100m 01:03.81 34,40	150m 01:38.51 34,70	
6. Dennis Kamps (De Dinkel, 200000191)				02:10.86(+75)
	50m 00:29.01 29,01	100m 01:02.51 33,50	150m 01:36.78 34,27	
7. Gerard Willighagen (Poseidon'56, 200103663)				02:11.83(+69)
	50m 00:28.86 28,86	100m 01:02.98 34,12	150m 01:38.12 35,14	
8. Olivier Jans (The Hague Swimming (SG), 200001815)				02:12.62(+78)
	50m 00:29.63 29,63	100m 01:03.49 33,86	150m 01:38.38 34,89	
9. Aaron Hendriksen of Hendriks (LZ&PC De Haaien, 200002711)				02:13.25(+66)
	50m 00:29.29 29,29	100m 01:03.85 34,56	150m 01:38.91 35,06	
10. Brent Günther (VZC, 200000447)				02:13.30(+66)
	50m 00:29.69 29,69	100m 01:04.12 34,43	150m 01:38.73 34,61	
11. Freek Hollander (The Hague Swimming (SG), 200103815)				02:14.79(+77)
	50m 00:29.46 29,46	100m 01:04.53 35,07	150m 01:39.73 35,20	
12. Bas Morelissen (ZPC AMERSFOORT, 200100861)				02:16.16(+67)
	50m 00:29.96 29,96	100m 01:04.34 34,38	150m 01:39.60 35,26	
13. Noah Legerstee (WVZ, 200003593)				02:16.19(+74)
	50m 00:29.96 29,96	100m 01:05.25 35,29	150m 01:40.92 35,67	
14. Sander Crooijmans (RTC-VZC, 200100383)				02:16.37(+81)
	50m 00:29.33 29,33	100m 01:04.24 34,91	150m 01:40.10 35,86	
15. Maikel van der Linden (Kimbria, 200003797)				02:17.38(+70)
	50m 00:29.56 29,56	100m 01:04.17 34,61	150m 01:40.67 36,50	
16. Marcel Delfstra (Wetterwille, 200100037)				02:17.43(+69)
	50m 00:30.02 30,02	100m 01:05.06 35,04	150m 01:41.24 36,18	
17. Max Visser (WVZ, 200100077)				02:19.26(+79)
	50m 00:29.47 29,47	100m 01:04.33 34,86	150m 01:41.33 37,00	
18. Dave van der Voet (De Dolfijn, 200102783)				02:20.98(+75)
	50m 00:31.40 31,40	100m 01:07.15 35,75	150m 01:44.03 36,88	
DIS. Bernardus De Freitas Steverink (PSV, 200105427)				00:00.00
116. 100m schoolslag - Dames				
14 - 15 jaar (Jeugd 1 en 2)				
1. Lynn Joor (WS Twente, 200300550)				01:10.44(+76)
	50m 00:33.27 33,27			
2. Silke Huisman (Orca, 200301182)				01:12.40(+71)
	50m 00:33.94 33,94			
3. Jule Franken (PSV, 200204024)				01:12.54(+70)
	50m 00:34.32 34,32			

4. Mandy van Rossum (Aqua-Novio'94, 200204904) 50m 00:34.00 34,00	01:12.85(+74)
5. Britta Koehorst (RTC-De Lansingh, 200300246) 50m 00:35.05 35,05	01:13.60(+74)
6. Birgit van Buiten (DWK, 200200498) 50m 00:34.81 34,81	01:14.10(+75)
7. Zante Janssen (Aqua-Novio'94, 200201786) 50m 00:35.24 35,24	01:14.29(+79)
8. Mirthe Schenkel (ZPC Hoogeveen, 200300666) 50m 00:35.37 35,37	01:15.00(+81)
9. Grace Anderson (WVZ, 200200578) 50m 00:35.58 35,58	01:15.31(+74)
10. Kim de Jong (LinK, 200301026) 50m 00:35.71 35,71	01:15.42(+81)
10. Lotte Pieterman (ZV 44, 200301838) 50m 00:35.27 35,27	01:15.42(+68)
12. Tessa Loos (ZC Aquadream, 200200608) 50m 00:35.27 35,27	01:15.81(+64)
13. Josse Bergman (VZC, 200305146) 50m 00:35.77 35,77	01:16.01(+72)
14. Amber Koning (Azuro, 200202842) 50m 00:36.02 36,02	01:16.16(+84)
15. Esther Tiemersma (ZPC De Zeeuwse Kust, 200202962) 50m 00:36.37 36,37	01:16.51(+69)
16. Amy de Sain (De Dolfijn, 200304690) 50m 00:35.95 35,95	01:16.52(+72)
17. Kim Jansen van Galen (PSV, 200201594) 50m 00:36.19 36,19	01:16.74(+75)
18. Lisanne Boets (Nova, 200200346) 50m 00:36.17 36,17	01:16.88(+81)
19. Kemi van de Wetering (Aqua-Novio'94, 200201456) 50m 00:36.37 36,37	01:17.27(+69)
20. Britt Steunenbergh (The Hague Swimming (SG), 200302588) 50m 00:36.46 36,46	01:17.61(+67)
21. Anastasia Renssen (TRB-RES, 200202588) 50m 00:36.09 36,09	01:18.23(+64)
22. Quinty Rouschop (Zwemsport Parkstad (SG), 200300208) 50m 00:37.13 37,13	01:18.29(+75)
23. Isa Boom (MNC Dordrecht, 200200186) 50m 00:36.38 36,38	01:18.99(+69)
24. Rozemarijn van Haaff (ZOB'66, 200201852) 50m 00:36.58 36,58	01:19.23(+70)
25. Silke Bliet (Hellas-Glana, 200301948) 50m 00:36.77 36,77	01:19.38(+75)
26. Sarah el Bacha (De Dolfijn, 200201104) 50m 00:36.63 36,63	01:19.64(+71)
27. Lieske Zijlstra (De Schotelijl, 200200996) 50m 00:37.86 37,86	01:20.29(+73)
28. Isabelle Elsweyer (WS Twente, 200303614)	01:20.32(+76)

	50m 00:36.22 36,22	
29. Famke Slabbers (Aqua-Novio'94, 200200100)	50m 00:37.54 37,54	01:20.55(+181)
30. Janice Provoost (ZPC De Zeeuwse Kust, 200303076)	50m 00:38.18 38,18	01:21.40(+76)
2117. 100m schoolslag - Dames		
11 - 15 jaar (<i>Jeugd 2 en later</i>)		
1. Iris Onnink (De Vrije Slag, 200301836) [SB9]	50m 00:45.98 45,98	01:37.08(+77)
2. Feija de Bruin (WVZ, 200400106) [SB9]	50m 00:47.23 47,23	01:39.37(+89)
3. Milena Keurentjes (NDD, 200404434) [SB9]	50m 00:46.23 46,23	01:40.66(+70)
4. Rosalie van Druenen (BZV, 200305066) [SB9]	50m 00:47.61 47,61	01:43.77(+82)
5. Mayke van Tintelen (OZ&PC, 200200688) [SB14]	50m 00:50.83 50,83	01:45.15(+79)
6. Milou van Winkel (AZC, 200402296) [SB14]	50m 00:51.36 51,36	01:49.35(+91)
118. 100m schoolslag - Heren		
12 - 12 jaar (<i>Junioren 1</i>)		
1. Emiel van Oord (The Hague Swimming (SG), 200503707)	50m 00:35.56 35,56	01:16.24(+64)
2. Miles Steenvoorden (De Dolfijn, 200501637)	50m 00:36.36 36,36	01:17.57(+76)
3. Teye Chan (De Dommelbaarzen, 200501941)	50m 00:36.28 36,28	01:18.96(+67)
4. Tijn van Kuijk (HZPC, 200501087)	50m 00:37.40 37,40	01:19.03(+68)
5. Yardan Taya (Zwemlust-den Hommel, 200501343)	50m 00:37.46 37,46	01:20.00(+75)
6. Rolf ter Keurs (De Veene, 200500137)	50m 00:37.50 37,50	01:20.11(+93)
7. Steijn Louter (ZC Aquadream, 200500793)	50m 00:37.98 37,98	01:20.34(+79)
8. Domingo Kuipers (Orca, 200501787)	50m 00:38.88 38,88	01:20.65(+63)
9. River Streefland (The Hague Swimming (SG), 200502253)	50m 00:38.91 38,91	01:22.01(+78)
10. Sven Klink (ZV 44, 200500349)	50m 00:38.34 38,34	01:22.12(+68)
11. Yanieck Frijstein (Deltasteur, 200500329)	50m 00:38.88 38,88	01:22.27(+70)
12. Cas Verstegen (HZPC, 200500891)	50m 00:39.04 39,04	01:22.53(+147)
13. David da Silva Miranda (FZC'54-De Vikings (SG), 200500019)	50m 00:39.72 39,72	01:23.27(+78)
13. Luc Smithuis (Wijchen, 200502649)	50m 00:38.71 38,71	01:23.27(+82)

15. Mika Bongers (ESCA Zwemmen, 200502683) 50m 00:38.89 38,89	01:23.85(+66)
16. Timo Kaanen (Hellas-Glana, 200500053) 50m 00:39.36 39,36	01:24.37(+75)
17. Edvin Hodzic (De Dommelbaarzen, 200501289) 50m 00:38.39 38,39	01:24.85(+71)
18. Luca Nguyen-Tri (Rotterdam Swimming (SG), 200500781) 50m 00:39.91 39,91	01:25.56(+67)
19. Wouter Sies (TriVia, 200500369) 50m 00:41.17 41,17	01:28.14(+78)
20. Tomas Hertogh (Scheldestroom, 200500297) 50m 00:42.17 42,17	01:28.34(+68)
BM. Andrei Enache (The Hague Swimming (SG), 200503831) 50m 00:38.26 38,26	BM
119. 100m schoolslag - Heren 13 - 13 jaar (Junioren 2)	
1. Stephan De Freitas Steverink (PSV, 200404481) 50m 00:32.69 32,69	01:09.01(+66)
2. Ruben Claasen (ZPC AMERSFOORT, 200400229) 50m 00:33.18 33,18	01:09.92(+62)
3. Luca Janssen (Mosa-Regio, 200403237) 50m 00:34.03 34,03	01:11.34(+76)
4. Pieter Wisse (PSV, 200400779) 50m 00:34.20 34,20	01:11.53(+79)
5. Hessel Broekstra (FZC'54-De Vikings (SG), 200400253) 50m 00:33.79 33,79	01:11.73(+79)
6. Merlin Belmon (De Dolfijn, 200403191) 50m 00:34.34 34,34	01:13.87(+74)
7. Jason van den Berg (Rotterdam Swimming (SG), 200400009) 50m 00:35.49 35,49	01:14.37(+68)
8. Serge Knops (Hellas-Glana, 200403867) 50m 00:34.91 34,91	01:14.56(+65)
9. Anders van Norden (ZPC AMERSFOORT, 200400039) 50m 00:36.00 36,00	01:15.25(+77)
10. Jelle Kockx (Mosa-Regio, 200401697) 50m 00:35.72 35,72	01:15.38(+67)
11. Timo Kock (ZZ&PC De Devel, 200400387) 50m 00:35.62 35,62	01:15.79(+70)
12. Julien Tanis (De Schotejil, 200401045) 50m 00:36.04 36,04	01:15.82(+69)
13. Timo Wouters (MNC Dordrecht, 200401363) 50m 00:36.03 36,03	01:16.72(+68)
14. Luuk van Rooij (PSV, 200400581) 50m 00:36.27 36,27	01:17.01(+75)
15. Hendrik van der Leest (FZC'54-De Vikings (SG), 200404339) 50m 00:35.86 35,86	01:17.34(+75)
16. Niek Lammertink (ZPC De Hof, 200400079) 50m 00:36.53 36,53	01:17.50(+78)
17. Robin van den Berg (ZV 44, 200400699) 50m 00:37.35 37,35	01:17.99(+70)

18. Wen-Ye Chen (Rotterdam Swimming (SG), 200402859) 50m 00:36.08 36,08	01:18.37(+61)
19. Koen de Groot (Zwemclub Eijdsen, 200401059) 50m 00:36.43 36,43	01:18.59(+75)
20. Thomas Burgmeijer (Batavia Swim, 200400739) 50m 00:36.27 36,27	01:18.93(+65)
21. Amun Majidzada (Zwemlust-den Hommel, 200401391) 50m 00:36.76 36,76	01:19.21(+67)
22. Bart Pardon (WVZ, 200400639) 50m 00:36.94 36,94	01:19.23(+64)
23. Anthony Kraag (WVZ, 200401973) 50m 00:37.53 37,53	01:19.53(+76)
24. Nathan Janssen (MNC Dordrecht, 200401565) 50m 00:38.30 38,30	01:19.88(+61)
25. Teun van der Schrier (Hieronymus, 200403627) 50m 00:37.54 37,54	01:19.91(+77)
26. Finn Reijnders (Kimbria, 200400223) 50m 00:38.52 38,52	01:20.07(+70)
27. Erik Oldenkamp (De Lansingh, 200400597) 50m 00:37.50 37,50	01:20.44(+72)
28. Danny Brown (ZV 44, 200401511) 50m 00:37.10 37,10	01:20.46(+73)
29. Olivier Reef (Zwemvereniging Woestduin, 200402905) 50m 00:37.11 37,11	01:20.55(+72)
30. Kun Woo Kim (The Hague Swimming (SG), 200401361) 50m 00:36.85 36,85	01:21.31(+81)
120. 100m schoolslag - Heren 14 - 14 jaar (Junioren 3)	
1. Tim Korstanje (Aqua-Novio'94, 200300053) 50m 00:30.64 30,64	01:05.13(+69)
2. Wesley Zulver (ZVVS, 200301319) 50m 00:32.27 32,27	01:08.29(+72)
3. Esper Schreurs (ZEPS, 200300433) 50m 00:32.47 32,47	01:09.17(+80)
4. Kylian Heederik (Deltasteur, 200300353) 50m 00:32.97 32,97	01:09.48(+75)
5. Ivo Kroes (Azuro, 200300079) 50m 00:33.72 33,72	01:11.25(+77)
6. Kieran de Heer (De Veene, 200301009) 50m 00:33.02 33,02	01:11.33(+67)
7. Perry Laarhoven (ZPC Numansdorp, 200301321) 50m 00:33.68 33,68	01:11.99(+80)
8. Xander Vis (De Schotegil, 200300173) 50m 00:34.11 34,11	01:12.11(+68)
9. Sam van der Stroom (PSV, 200304409) 50m 00:33.74 33,74	01:12.27(+70)
10. Milan Hamel (The Hague Swimming (SG), 200302125) 50m 00:33.68 33,68	01:12.30(+71)
11. Thomas Swartjes (Aqua-Novio'94, 200302825)	01:12.41(+75)

	50m 00:33.80 33,80	
12.	Luuk Bos (VZ&PC, 200300151) 50m 00:33.24 33,24	01:12.58(+66)
13.	Rijk Heere (ZPC AMERSFOORT, 200300897) 50m 00:34.47 34,47	01:12.63(+73)
14.	Lucas Pfaff (ZPC Woerden, 200303391) 50m 00:34.20 34,20	01:13.57(+76)
15.	Antwan Prins (De Hardenberg, 200300209) 50m 00:35.02 35,02	01:13.64(+76)
15.	Noa Burgstra (TriVia, 200300557) 50m 00:35.59 35,59	01:13.64(+82)
17.	Tristan Beugelsdijk (De Hardenberg, 200300783) 50m 00:34.29 34,29	01:13.77(+72)
18.	Frederik Adema (De Granaet, 200300253) 50m 00:34.93 34,93	01:13.99(+76)
19.	Mel van Gemert (PSV, 200300323) 50m 00:35.10 35,10	01:14.50(+77)
20.	Stanley Hau (WZ&PC Purmerend, 200300655) 50m 00:35.58 35,58	01:14.61(+75)
21.	Bjarne Buijs (The Hague Swimming (SG), 200301089) 50m 00:35.64 35,64	01:15.02(+73)
22.	Tim Tielkemeijer (Zwemvereniging Hoogland, 200301393) 50m 00:34.75 34,75	01:15.12(+62)
23.	Lars Meijer (ZPC De Hof, 200301497) 50m 00:35.31 35,31	01:15.36(+82)
24.	Tom Thijssen (NDD, 200301521) 50m 00:35.33 35,33	01:15.50(+79)
25.	Kenan Coruz (Albion, 200300357) 50m 00:35.26 35,26	01:16.97(+65)
121.	100m schoolslag - Heren 15 - 15 jaar (Junioren 4)	
1.	Bram Zwetsloot (Nuenen, 200202117) 50m 00:30.84 30,84	01:05.34(+65)
2.	Timo Spaans (PSV, 200201087) 50m 00:31.14 31,14	01:05.77(+73)
3.	Lars Verhalle (VZC, 200200019) 50m 00:31.87 31,87	01:06.99(+74)
4.	Guido Brink (ZPC De Zeeuwse Kust, 200200199) 50m 00:32.75 32,75	01:08.29(+67)
5.	Jurre Hanstede (De Dinkel, 200201019) 50m 00:32.11 32,11	01:08.31(+75)
6.	Sean Niewold (WVZ, 200204699) 50m 00:32.03 32,03	01:08.43(+79)
7.	Elroy Schot (De Dolfijn, 200200689) 50m 00:32.64 32,64	01:09.76(+69)
8.	Brandon van den Berg (The Hague Swimming (SG), 200200669) 50m 00:33.32 33,32	01:09.90(+67)
9.	Scott Jansen (WVZ, 200202455) 50m 00:32.98 32,98	01:09.98(+78)

10. Luke Looymans (De Dommelbaarzen, 200203689)	01:10.13(+69)
50m 00:32.45 32,45	
11. Devin Servais (De Dommelbaarzen, 200202285)	01:10.28(+71)
50m 00:32.74 32,74	
12. Sjoerd Looymans (De Dommelbaarzen, 200203687)	01:10.30(+69)
50m 00:33.07 33,07	
13. Kirill Hrabcuns (ZPC AMERSFOORT, 200201221)	01:10.38(+68)
50m 00:32.67 32,67	
122. 100m schoolslag - Heren	
16 - 17 jaar (Jeugd 1 en 2)	
1. Juri Dijkstra (RTC-TriVia, 200002119)	01:01.03(+72)
50m 00:28.93 28,93	
2. Quinn van den Heuvel (RTC-WVZ, 200100297)	01:03.68(+71)
50m 00:29.96 29,96	
3. Sten Postma (VZC, 200000011)	01:03.83(+68)
50m 00:30.17 30,17	
4. Stijn Boertien (Dedemsvaart-AC, 200100719)	01:04.84(+78)
50m 00:30.66 30,66	
5. Thom Delno (VZC, 200000013)	01:05.30(+73)
50m 00:30.85 30,85	
6. Martin Ruiter (Batavia Swim, 200001309)	01:05.33(+71)
50m 00:29.75 29,75	
7. Rick Bulman (PSV, 200101899)	01:05.36(+69)
50m 00:30.50 30,50	
8. Jesse Zweers (Dedemsvaart-AC, 200100399)	01:05.58(+72)
50m 00:30.81 30,81	
9. Joost de Roy van Zuydewijn (WVZ, 200000255)	01:06.26(+67)
50m 00:30.92 30,92	
10. Gijsbert Pelleboer (De Dinkel, 200000327)	01:06.30(+79)
50m 00:30.73 30,73	
11. Daen Spoor (VZC, 200101117)	01:06.36(+71)
50m 00:31.10 31,10	
12. Emile Dost (Borger, 200100731)	01:06.56(+74)
50m 00:31.20 31,20	
13. Derk Beemer (PSV, 200002901)	01:06.93(+69)
50m 00:31.52 31,52	
14. Nick van der Woude (ZV Haerlem, 200001391)	01:07.21(+73)
50m 00:31.45 31,45	
15. Rijk Dragstra (ZPC AMERSFOORT, 200102473)	01:07.32(+72)
50m 00:31.63 31,63	
16. Milan ten Broek (ZPC AMERSFOORT, 200000229)	01:07.53(+67)
50m 00:31.36 31,36	
17. Ian Sanders (Hellas-Glana, 200100373)	01:08.27(+69)
50m 00:32.56 32,56	
18. Bjarne Langkamp (Aqua-Novio'94, 200002723)	01:08.65(+77)
50m 00:32.04 32,04	
19. Tyrese Wilson (ZPC AMERSFOORT, 200000223)	01:08.77(+63)
50m 00:31.58 31,58	
20. Dave van den Nieuwendijk (De Columbiaan, 200100475)	01:08.90(+73)
50m 00:32.13 32,13	

21. David Anthonio (KSN (SG), 200102551) 50m 00:32.19 32,19	01:08.94(+80)
22. Jeroen Aerssens (Scheldestroom, 200100061) 50m 00:32.19 32,19	01:09.44(+72)
23. Guy Hungens (Tempo, 200101697) 50m 00:32.82 32,82	01:10.35(+70)
24. Anton Jansen (PSV, 200003621) 50m 00:32.77 32,77	01:11.33(+70)
25. Matthijs Westmijze (ESCA Zwemmen, 200101195) 50m 00:32.66 32,66	01:11.66(+87)
2123. 100m schoolslag - Heren 12 - 17 jaar	
1. Sam Janmaat (ZPC AMERSFOORT, 200203017) [SB9] 50m 00:34.27 34,27	01:12.88(+69)
2. Bastian Renshoff (Octopus, 200001261) [SB9] 50m 00:35.04 35,04	01:15.29(+84)
3. Yanu van Leeuwen (TZC-Vahalis, 200500509) [SB8] 50m 00:45.23 45,23	01:36.70(+76)
4. Josh Renkema (De Otters Het Gooi, 200402537) [SB6] 50m 01:04.27 64,27	02:16.60(+64)
124. 100m rugslag - Dames 14 - 15 jaar (Jeugd 1 en 2)	
1. Elise Tanis (RTC-De Schoteijl, 200200120) 50m 00:30.88 30,88	01:03.33(+57)
2. Niamh Hofland (PSV, 200205118) 50m 00:30.70 30,70	01:03.47(+64)
3. Lieke Oude Lenferink (WS Twente, 200200068) 50m 00:30.91 30,91	01:04.12(+62)
4. Britta Koehorst (RTC-De Lansingh, 200300246) 50m 00:30.80 30,80	01:04.65(+63)
5. Imani de Jong (RTC-ZPCH, 200200464) 50m 00:31.09 31,09	01:04.72(+60)
6. Carlijn Hansté (WS Twente, 200201082) 50m 00:31.50 31,50	01:04.96(+62)
7. Nikki Smeets (Hellas-Glana, 200200080) 50m 00:31.31 31,31	01:05.10(+63)
8. Joy van Dieren (De Dinkel, 200300182) 50m 00:32.01 32,01	01:05.65(+62)
9. Yara van Kalmthout (Nova, 200200984) 50m 00:31.69 31,69	01:05.76(+63)
10. Birgit van Buiten (DWK, 200200498) 50m 00:32.37 32,37	01:06.34(+58)
11. Ilse Volkers (DWK, 200301580) 50m 00:32.54 32,54	01:06.67(+65)
12. Dionne Salomons (Borger, 200200504) 50m 00:32.46 32,46	01:06.69(+63)
13. Maaïke Broersma (BZ&PC, 200201522) 50m 00:32.56 32,56	01:06.75(+78)
14. Tessa Kooi (Nova, 200201386)	01:06.76(+68)

	50m 00:32.47 32,47	
15. Maaïke Issard (The Hague Swimming (SG), 200300022)	50m 00:32.19 32,19	01:06.96(+81)
16. Amber Celie (De Dolfijn, 200300756)	50m 00:33.01 33,01	01:06.97(+69)
17. Danique Bernard (Ed-Vo, 200200224)	50m 00:32.49 32,49	01:07.01(+56)
18. Gabriela Töpfer (PSV, 200301764)	50m 00:33.01 33,01	01:07.31(+51)
19. Inge Dekker (TriVia, 200200476)	50m 00:32.73 32,73	01:07.41(+77)
20. Maudé Lesscher (De Veene, 200300018)	50m 00:32.13 32,13	01:07.62(+55)
21. Roma Vrijhof (De Lansingh, 200201306)	50m 00:32.42 32,42	01:07.69(+73)
22. Tessa Takken (De Dolfijn, 200301692)	50m 00:33.43 33,43	01:07.79(+52)
23. Lindsey Berghuis (ZV 44, 200300104)	50m 00:32.34 32,34	01:08.30(+69)
24. Lize van den Nieuwenhuijzen (PSV, 200304454)	50m 00:33.83 33,83	01:09.21(+76)
25. Amy Lynn Zweers (Dedemsvaart-AC, 200300390)	50m 00:33.52 33,52	01:09.50(+71)
125. 100m rugslag - Dames		
11 - 11 jaar (Junioren 1)		
1. Robyn Hulleman (ZVV, 200600890)	50m 00:35.62 35,62	01:13.00(+68)
2. Jade van der Maas (WVZ, 200600408)	50m 00:37.30 37,30	01:15.11(+67)
3. Charley Blide (ZPC Hoogeveen, 200600164)	50m 00:36.31 36,31	01:15.53(+88)
4. Joëlle de Does (Ed-Vo, 200600008)	50m 00:37.51 37,51	01:17.34(+64)
5. Anouk van Dongen (Aqua-Novio'94, 200600084)	50m 00:37.47 37,47	01:17.55(+60)
6. Kimberly Ruiter (De Columbiaan, 200600492)	50m 00:37.74 37,74	01:17.74(+67)
7. Sienna Albers (De Dolfijn, 200601342)	50m 00:37.69 37,69	01:17.83(+60)
8. Sara Korthuis (TriVia, 200600494)	50m 00:37.92 37,92	01:18.43(+66)
9. Megan Jonkman (The Hague Swimming (SG), 200600508)	50m 00:38.25 38,25	01:19.13(+66)
126. 100m rugslag - Dames		
12 - 12 jaar (Junioren 2)		
1. Thera Janssen (Aqua-Novio'94, 200500270)	50m 00:32.25 32,25	01:08.08(+70)
2. Noa Teuben (FZC'54-De Vikings (SG), 200500254)	50m 00:34.27 34,27	01:10.02(+62)

3. Demi Westendorp (Deltasteur, 200500262)	01:10.64(+71)
50m 00:34.53 34,53	
4. Romée Veldt (Oceanus, 200500164)	01:11.56(+66)
50m 00:34.62 34,62	
5. Yke Groener (De Dinkel, 200500772)	01:12.38(+71)
50m 00:34.95 34,95	
6. Liz Veltman (De Ward, 200503668)	01:15.28(+75)
50m 00:36.45 36,45	
127. 100m rugslag - Dames	
13 - 13 jaar (Junioren 3)	
1. Ismay Lichtendonk (Dedemsvaart-AC, 200400622)	01:04.37(+68)
50m 00:31.78 31,78	
2. Anna van Droffelaar (RTC-ZVVS, 200400258)	01:05.11(+71)
50m 00:31.52 31,52	
3. Bridget de Bat (ZPC De Zeeuwse Kust, 200400382)	01:05.80(+63)
50m 00:32.14 32,14	
4. Jetske Moot (ZPC AMERSFOORT, 200400230)	01:05.92(+71)
50m 00:32.36 32,36	
5. Aniek van de Weerd (VZC, 200404136)	01:06.10(+62)
50m 00:32.12 32,12	
6. Jill Nai Chung Tong (ZVVS, 200404272)	01:08.48(+72)
50m 00:32.70 32,70	
7. Myrthe Natzijs (KSN (SG), 200400076)	01:09.06(+69)
50m 00:33.66 33,66	
8. Charlotte Wilbers (ZPC Hoogeveen, 200400312)	01:09.14(+64)
50m 00:33.62 33,62	
9. Tessa Sportel (Dedemsvaart-AC, 200401644)	01:09.19(+63)
50m 00:33.78 33,78	
10. Puck Koopman (De Dinkel, 200400038)	01:09.53(+71)
50m 00:33.93 33,93	
11. Janne Slegers (Tempo, 200404090)	01:09.78(+63)
50m 00:34.12 34,12	
12. Kim van Dongen (Aqua-Novio'94, 200400140)	01:09.84(+72)
50m 00:33.62 33,62	
13. Lorena Dreschers (Hellas-Glana, 200401364)	01:10.32(+60)
50m 00:33.93 33,93	
14. Milou van Wijk (MNC Dordrecht, 200404948)	01:11.03(+67)
50m 00:34.52 34,52	
15. Danique Slaper (TriVia, 200401914)	01:11.24(+64)
50m 00:34.44 34,44	
2128. 100m rugslag - Dames	
11 - 15 jaar (Jeugd 2 en later)	
1. Feija de Bruin (WVZ, 200400106) [S10]	01:22.64(+77)
50m 00:40.31 40,31	
2. Milena Keurentjes (NDD, 200404434) [S10]	01:28.39(+68)
50m 00:42.97 42,97	
3. Diede Struijk (Nuenen, 200403824) [S12]	01:30.12(+73)
50m 00:43.77 43,77	
DIS. Milou van Winkel (AZC, 200402296) [S14]	00:00.00

129. 100m rugslag - Heren		
16 - 17 jaar (Jeugd 1 en 2)		
1. Jelle Betten (RTC-DZ&PC, 200001535)	50m 00:26.83 26,83	00:54.94(+62)
2. Jari Groenhart (RTC-TriVia, 200000271)	50m 00:27.01 27,01	00:55.45(+67)
3. Kenzo Simons (De Dolfijn, 200105415)	50m 00:26.89 26,89	00:55.46(+69)
4. Luc Kroon (RTC-Ed-Vo, 200100697)	50m 00:26.56 26,56	00:55.58(+81)
5. Austin Namesnik (ZPC AMERSFOORT, 200101817)	50m 00:27.17 27,17	00:56.20(+55)
6. Martin Ruiter (Batavia Swim, 200001309)	50m 00:28.02 28,02	00:57.99(+71)
7. Moritz Hoogers (Octopus, 200104865)	50m 00:27.78 27,78	00:58.52(+58)
8. Melle van Gemert (ZPC De Zeeuwse Kust, 200100687)	50m 00:28.86 28,86	00:58.97(+61)
9. Jelle Smid (Aqua-Novio'94, 200100627)	50m 00:28.24 28,24	00:59.18(+68)
10. Dennis Kamps (De Dinkel, 200000191)	50m 00:28.92 28,92	00:59.38(+79)
11. Emile Dost (Borger, 200100731)	50m 00:28.37 28,37	00:59.56(+73)
12. Luuk Smits (Tempo, 200001015)	50m 00:28.80 28,80	00:59.81(+66)
13. Vincent Crooijmans (RTC-VZC, 200100381)	50m 00:29.28 29,28	00:59.98(+64)
14. Stefan Tomicic (RZ, 200101271)	50m 00:29.10 29,10	01:00.11(+52)
15. Raf Hendriks (Hellas-Glana, 200100879)	50m 00:29.66 29,66	01:00.15(+65)
16. Bas Morelissen (ZPC AMERSFOORT, 200100861)	50m 00:29.09 29,09	01:00.34(+74)
17. Mart Niehoff (ZPC AMERSFOORT, 200100759)	50m 00:29.04 29,04	01:00.46(+65)
18. Ivo Stolk (RTC-De Zeehond '73, 200100615)	50m 00:29.46 29,46	01:00.83(+72)
19. Coen de Lang (ZPC Hoogeveen, 200100067)	50m 00:29.08 29,08	01:00.90(+67)
20. Arjan Dekker (ReVeLie Swim Team, 200000499)	50m 00:29.37 29,37	01:01.27(+67)
21. Marcel Delfstra (Wetterwille, 200100037)	50m 00:30.00 30,00	01:01.38(+57)
22. Tyrese Wilson (ZPC AMERSFOORT, 200000223)	50m 00:30.05 30,05	01:01.60(+55)
23. Tjeerd van Stein (Link, 200101439)	50m 00:30.36 30,36	01:02.45(+72)
24. Dave van der Voet (De Dolfijn, 200102783)	50m 00:30.40 30,40	01:02.56(+78)

25. Sander Iuga (Poseidon'56, 200101389) 50m 00:30.58 30,58	01:02.78(+64)
2130. 100m rugslag - Heren 12 - 17 jaar	
1. Querijn Hensen (The Hague Swimming (SG), 200102121) [S10] 50m 00:30.11 30,11	01:02.89(+71)
2. Sam Janmaat (ZPC AMERSFOORT, 200203017) [S10] 50m 00:31.05 31,05	01:03.91(+63)
3. Thomas van Wanrooij (NTC PARA-Poseidon '56, 200201473) [S13] 50m 00:31.57 31,57	01:05.79(+72)
4. Nathan Wees (ZPC AMERSFOORT, 200101427) [S10] 50m 00:33.02 33,02	01:09.28(+57)
5. Nick Selten (Merlet, 200403275) [S9] 50m 00:41.61 41,61	01:25.03(+69)
6. Yanu van Leeuwen (TZC-Vahalis, 200500509) [S9] 50m 00:42.33 42,33	01:28.32(+61)
7. Josh Renkema (De Otters Het Gooi, 200402537) [S7] 50m 00:59.07 59,07	02:00.45(+113)
116. 100m schoolslag - Dames 14 - 15 jaar (Jeugd 1 en 2)	
1. Lotte Pieterman (ZV 44, 200301838) 50m 00:34.93 34,93	01:14.41(+67)
2. Kim de Jong (LinK, 200301026) 50m 00:35.06 35,06	01:14.77(+80)
131. 50m vlinderslag - Dames 14 - 15 jaar (Jeugd 1 en 2)	
1. Nienke Jonk (RTC-Hieronymus, 200203000)	00:27.77(+70)
2. Britta Koehorst (RTC-De Lansingh, 200300246)	00:28.00(+69)
3. Lynn Joor (WS Twente, 200300550)	00:28.26(+74)
4. Judith Houtvast (Hellas-Glana, 200300714)	00:28.87(+73)
5. Jonna Wieling (Aquarijn, 200205266)	00:28.92(+69)
6. Gabriela Töpfer (PSV, 200301764)	00:29.04(+68)
7. Sade Simons (De Dolfijn, 200305544)	00:29.10(+71)
8. Tessa Giele (SCOM/De Zeehond'73 (SG), 200203124)	00:29.18(+66)
9. Amber Koning (Azuro, 200202842)	00:29.32(+79)
10. Amy de Sain (De Dolfijn, 200304690)	00:29.43(+69)
11. Nikki Smeets (Hellas-Glana, 200200080)	00:29.49(+71)
12. Christy Geurts (RTC-WVZ, 200203734)	00:29.61(+75)
13. Zana Udo (De Forel, 200202686)	00:29.65(+69)
14. Zante Janssen (Aqua-Novio'94, 200201786)	00:29.77(+71)
14. Maaïke Broersma (BZ&PC, 200201522)	00:29.77(+72)
16. Elisa Haverkate (ZPC De Hof, 200200266)	00:29.85(+74)
17. Maudé Lesscher (De Veene, 200300018)	00:29.86(+66)
18. Lieke Oude Lenferink (WS Twente, 200200068)	00:29.89(+73)

19. Amy Lynn Zweers (Dedemsvaart-AC, 200300390)	00:29.93(+75)
20. Irina de Ridder (ZPC De Zeeuwse Kust, 200301224)	00:30.30(+72)
21. Tessa Kooi (Nova, 200201386)	00:30.31(+87)
22. Hanne te Velthuis (Dedemsvaart-AC, 200201324)	00:30.46(+74)
23. Lindsey Berghuis (ZV 44, 200300104)	00:30.50(+73)
24. Lindsey de Harde (De Rijn, 200200098)	00:30.56(+76)
25. Isa Boom (MNC Dordrecht, 200200186)	00:30.57(+72)
25. Mariëlle Dolfijn (TriVia, 200201640)	00:30.57(+77)
27. Ilse Kraaijeveld (The Hague Swimming (SG), 200202190)	00:30.61(+65)
28. Ilse Verheij (De Rog, 200300456)	00:30.62(+67)
29. Danique Bernard (Ed-Vo, 200200224)	00:30.63(+61)
30. Femke Hoppenbrouwer (The Hague Swimming (SG), 200301124)	00:30.64(+74)
31. Olena Dijkstra (TriVia, 200202624)	00:30.65(+73)
32. Yara van Kalmthout (Nova, 200200984)	00:30.82(+81)
32. Kim Jansen van Galen (PSV, 200201594)	00:30.82(+75)
32. Ilona Venema (ReVeLie Swim Team, 200200050) [S10]	00:30.82(+70)
35. Manon van der Wielen (HZPC, 200200550)	00:30.83(+74)
36. Femke van Boheemen (LZ&PC De Haaien, 200201506)	00:30.85(+68)
37. Kiki Koopman (De Dinkel, 200200232)	00:30.88(+72)
38. Almudena Visser Velez (The Hague Swimming (SG), 200205904)	00:30.89(+74)
39. Lianne van Wier (HZ&PC Heerenveen, 200200438)	00:30.93(+71)
40. Lena Minderaa (DVK, 200300252)	00:30.94(+72)
41. Eline Gros (Aqua-Novio'94, 200302700)	00:30.95(+82)
42. Kemi van de Wetering (Aqua-Novio'94, 200201456)	00:31.01(+68)
43. Mabel Farenhorst (WZ&PC Purmerend, 200301004)	00:31.13(+65)
44. Masha Polushkina (ReVeLie Swim Team, 200203064)	00:31.32(+85)
45. Lionne Klarenbeek (ZPC De Hof, 200300108)	00:31.43(+76)
46. Quinty Setlight (De Dinkel, 200201018)	00:31.46(+77)
47. Jule Franken (PSV, 200204024)	00:31.48(+72)
48. Isabelle Elsweier (WS Twente, 200303614)	00:31.53(+91)
49. Sarah el Bacha (De Dolfijn, 200201104)	00:31.58(+69)
50. Guusje van Lent (De Gelenberg, 200203898)	00:32.64(+69)
2132. 50m vlinderslag - Dames	
<i>11 - 15 jaar (Jeugd 2 en later)</i>	
1. Ilona Venema (ReVeLie Swim Team, 200200050) [S10]	00:30.82(+70)
2. Feija de Bruin (WVZ, 200400106) [S10]	00:37.82(+80)
3. Iris Onnink (De Vrije Slag, 200301836) [S10]	00:40.60(+75)
4. Diede Struijk (Nuenen, 200403824) [S12]	00:43.06(+75)
5. Milena Keurentjes (NDD, 200404434) [S10]	00:43.47(+71)

133. 50m vlinderslag - Heren

12 - 12 jaar (Junioren 1)

1. Tijn van Kuijk (HZPC, 200501087) 00:30.99(+66)
2. Gabriel Been (The Hague Swimming (SG), 200501467) 00:31.05(+77)
3. Sven Klink (ZV 44, 200500349) 00:31.28(+60)
4. Cas Verstegen (HZPC, 200500891) 00:31.44(+72)
5. Teye Chan (De Dommelbaarzen, 200501941) 00:31.45(+68)
6. Mats Meyer (Nova, 200500095) 00:31.60(+82)
7. Émile Fouzaï (The Hague Swimming (SG), 200500263) 00:33.12(+71)

134. 50m vlinderslag - Heren

13 - 13 jaar (Junioren 2)

1. Simon Claasen (ZPC AMERSFOORT, 200400231) 00:27.61(+70)
2. Merlin Belmon (De Dolfijn, 200403191) 00:28.14(+71)
3. Sijbren Beeksma (TriVia, 200400133) 00:28.52(+64)
4. Hendrik van der Leest (FZC'54-De Vikings (SG), 200404339) 00:28.53(+76)
5. Jay de Vries (ZZ&PC De Devel, 200400669) 00:28.80(+72)
6. Ruben Claasen (ZPC AMERSFOORT, 200400229) 00:28.81(+65)
7. Kai Zwerver (FZC'54-De Vikings (SG), 200401175) 00:29.34(+72)
8. Damian Waas (De Warande, 200402285) 00:29.58(+74)
9. Luuk van Rooij (PSV, 200400581) 00:29.75(+71)
10. Timo Kock (ZZ&PC De Devel, 200400387) 00:29.78(+73)
11. Jort van der Vlag (WS Twente, 200400335) 00:30.07(+69)
12. Teun van der Schrier (Hieronymus, 200403627) 00:30.26(+71)
13. Pepijn van Egmond (WVZ, 200402309) 00:30.34(+73)
14. David Groenewegen (PSV, 200400469) 00:30.84(+78)

135. 50m vlinderslag - Heren

14 - 14 jaar (Junioren 3)

1. Tim Korstanje (Aqua-Novio'94, 200300053) 00:26.13(+68)
2. Luuk Bos (VZ&PC, 200300151) 00:27.20(+68)
3. Zev Bulk (WIDEX GZC DONK, 200304021) 00:27.43(+62)
4. Keanu Streefland (RTC-Racing Club, 200302445) 00:27.79(+69)
5. Lucas Peters (PSV, 200301325) 00:28.11(+65)
6. Michael Smink (The Hague Swimming (SG), 200302169) 00:28.24(+77)
7. Evano Ticoalu (Aqua-Novio'94, 200304751) 00:28.58(+72)

136. 50m vlinderslag - Heren

15 - 15 jaar (Junioren 4)

1. Bjorn van Doesburg (Aquarijn, 200201867) 00:25.34(+70)
2. Sean Niewold (WVZ, 200204699) 00:26.16(+76)
3. Kirill Hrabcuns (ZPC AMERSFOORT, 200201221) 00:26.46(+69)
4. Nikhom Westphal (SCOM/De Zeehond'73 (SG), 200203329) 00:26.66(+73)
5. Maquinho Vorst (ZPC De Hof, 200204179) 00:26.70(+73)

6. Lars Verhalle (VZC, 200200019)	00:26.72(+73)
7. Timo Spaans (PSV, 200201087)	00:26.84(+72)
8. Wessel Stupers (PSV, 200203541)	00:27.01(+70)
9. Sem Zijl (De Dolfijn, 200204757)	00:27.18(+65)
10. Maurice Pater (TriVia, 200200909)	00:27.59(+78)
137. 50m vlinderslag - Heren <i>16 - 17 jaar (Jeugd 1 en 2)</i>	
1. Jylano Nahr (RTC-Zwemsport Parkstad (SG), 200102593)	00:24.90(+74)
2. Junior de Bruin (ZPC Hoogeveen, 200000839)	00:24.92(+70)
3. Kenzo Simons (De Dolfijn, 200105415)	00:25.17(+67)
4. Austin Namesnik (ZPC AMERSFOORT, 200101817)	00:25.65(+67)
5. Niels de Boer (Eurode KZC, 200001977)	00:26.29(+73)
6. Aaron Hendriksen of Hendriks (LZ&PC De Haaien, 200002711)	00:26.61(+66)
7. Dennis Kamps (De Dinkel, 200000191)	00:26.68(+75)
8. Gerard Willighagen (Poseidon'56, 200103663)	00:26.74(+67)
9. Wouter Schmit (PSV, 200004895)	00:26.75(+66)
10. Brent Günther (VZC, 200000447)	00:26.84(+63)
11. Stijn Boertien (Dedemsvaart-AC, 200100719)	00:26.87(+76)
12. Martin Ruiters (Batavia Swim, 200001309)	00:26.89(+66)
13. Anton Jansen (PSV, 200003621)	00:26.90(+71)
14. Jean Carlos de la Court (De Aalscholver, 200005539)	00:26.93(+67)
15. Dave van der Voet (De Dolfijn, 200102783)	00:26.94(+73)
15. Sebastiaan Rottier (TriVia, 200000147)	00:26.94(+71)
17. Daniël Claasen (ZPC AMERSFOORT, 200100787)	00:26.97(+70)
18. Daen Spoor (VZC, 200101117)	00:27.02(+71)
19. Jesse Zweers (Dedemsvaart-AC, 200100399)	00:27.04(+74)
20. Bas Morelissen (ZPC AMERSFOORT, 200100861)	00:27.06(+70)
21. Christiaan Smit (The Hague Swimming (SG), 200102463)	00:27.24(+69)
22. Marcel Delfstra (Wetterwille, 200100037)	00:27.25(+66)
23. Floris de Leeuw (The Hague Swimming (SG), 200105317)	00:27.26(+69)
24. Mart Niehoff (ZPC AMERSFOORT, 200100759)	00:27.34(+62)
25. Noah Legerstee (WVZ, 200003593)	00:27.35(+70)
26. Luuk Smits (Tempo, 200001015)	00:27.39(+71)
27. Jeroen Aerssens (Scheldestroom, 200100061)	00:27.40(+71)
28. Bart Muselaers (Octopus, 200100865)	00:27.43(+72)
28. Melle van Gemert (ZPC De Zeeuwse Kust, 200100687)	00:27.43(+66)
30. Franklin Paassen (De Dolfijn, 200003881)	00:27.45(+63)
31. Alexander Nijst (Nuenen, 200104869)	00:27.57(+63)
32. Julian Siebrand (LZ&PC De Haaien, 200104051)	00:27.63(+63)

33. Joost de Roy van Zuydewijn (WVZ, 200000255)	00:27.68(+72)
34. Tom Balsen Versteeg (De Warande, 200005673)	00:27.83(+62)
35. Nick van Irsel (SBC2000, 200000383)	00:27.96(+68)
36. Bjarne Herben (De Berkelduikers, 200101351)	00:28.12(+84)
37. Sander van Beek (LZ 1886, 200002917)	00:28.19(+66)
38. Raf Hendriks (Hellas-Glana, 200100879)	00:28.53(+81)
2138. 50m vlinderslag - Heren	
12 - 17 jaar	
1. Bastian Renshoff (Octopus, 200001261) [S10]	00:29.18(+76)
2. Nathan Wees (ZPC AMERSFOORT, 200101427) [S10]	00:30.62(+68)
3. Thomas van Wanrooij (NTC PARA-Poseidon '56, 200201473) [S13]	00:30.12(+79)
4. Yanu van Leeuwen (TZC-Vahalis, 200500509) [S9]	00:38.39(+76)
139. 200m wisselslag - Dames	
11 - 11 jaar (Junioren 1)	
1. Pippa van 't Land (ZPC AMERSFOORT, 200600426)	02:39.08(+72)
50m 00:32.43 32,43 100m 01:14.36 41,93 150m 02:02.42 48,06	
2. Anouk van Hattum (Hellas-Glana, 200600738)	02:45.34(+75)
50m 00:36.63 36,63 100m 01:19.91 43,28 150m 02:08.26 48,35	
3. Elydjah van der Heul (Van Vliet-Barracuda, 200602180)	02:45.36(+72)
50m 00:37.77 37,77 100m 01:23.36 45,59 150m 02:07.14 43,78	
4. Jade van der Maas (WVZ, 200600408)	02:45.58(+78)
50m 00:35.87 35,87 100m 01:19.49 43,62 150m 02:08.79 49,30	
5. Melissa Odemis (ZV Haerlem, 200602422)	02:48.47(+73)
50m 00:36.49 36,49 100m 01:20.91 44,42 150m 02:10.36 49,45	
6. Sienna Albers (De Dolfijn, 200601342)	02:48.64(+73)
50m 00:36.57 36,57 100m 01:19.84 43,27 150m 02:10.62 50,78	
7. Robyn Hulleman (ZVV, 200600890)	02:49.22(+83)
50m 00:37.74 37,74 100m 01:18.68 40,94 150m 02:12.16 53,48	
8. Charley Blide (ZPC Hoogeveen, 200600164)	02:49.90(+77)
50m 00:37.54 37,54 100m 01:19.74 42,20 150m 02:11.19 51,45	
9. Avery Collins (The Hague Swimming (SG), 200603622)	02:50.20(+71)
50m 00:39.66 39,66 100m 01:23.47 43,81 150m 02:12.06 48,59	
10. Sophie Faveaux (ZPC AMERSFOORT, 200600286)	02:50.32(+79)
50m 00:38.76 38,76 100m 01:25.02 46,26 150m 02:12.76 47,74	
11. Megan Jonkman (The Hague Swimming (SG), 200600508)	02:50.44(+77)
50m 00:40.23 40,23 100m 01:23.60 43,37 150m 02:12.43 48,83	
12. Kimberly Ruiters (De Columbiaan, 200600492)	02:50.48(+75)
50m 00:36.34 36,34 100m 01:21.81 45,47 150m 02:12.43 50,62	
13. Valerie van der Velden (PSV, 200600860)	02:51.97(+78)
50m 00:35.03 35,03 100m 01:19.76 44,73 150m 02:10.25 50,49	
14. Shanna Joppe (ZPC De Zeeuwse Kust, 200601186)	02:52.30(+80)
50m 00:39.25 39,25 100m 01:24.00 44,75 150m 02:13.17 49,17	
15. Joëlle de Does (Ed-Vo, 200600008)	02:52.81(+71)
50m 00:39.50 39,50 100m 01:21.73 42,23 150m 02:14.44 52,71	
16. Anouk van Dongen (Aqua-Novio'94, 200600084)	02:53.01(+78)
50m 00:37.44 37,44 100m 01:22.47 45,03 150m 02:14.17 51,70	
17. Veerle Riezebos (ZV 44, 200600712)	02:53.33(+75)

	50m 00:38.12 38,12	100m 01:23.57 45,45	150m 02:11.83 48,26	
18. Leyla Oversluizen (De Schotejil, 200602730)	50m 00:38.65 38,65	100m 01:22.99 44,34	150m 02:15.83 52,84	02:53.41(+69)
19. Sara Korthuis (TriVia, 200600494)	50m 00:36.91 36,91	100m 01:21.66 44,75	150m 02:14.99 53,33	02:53.96(+63)
20. Lobke Arts (Aqua-Novio'94, 200600622)	50m 00:40.92 40,92	100m 01:23.85 42,93	150m 02:16.08 52,23	02:54.74(+84)
21. Kim Oudendijk (KZC, 200600964)	50m 00:40.89 40,89	100m 01:25.20 44,31	150m 02:17.07 51,87	02:56.29(+62)
22. Mara Tims (Van Vliet-Barracuda, 200601136)	50m 00:37.53 37,53	100m 01:25.08 47,55	150m 02:17.17 52,09	02:57.59(+85)
23. Joy Willekus (WZ&PC Purmerend, 200602420)	50m 00:41.23 41,23	100m 01:25.22 43,99	150m 02:16.63 51,41	02:58.47(+62)
24. Amber Tiesinga (TriVia, 200600782)	50m 00:42.15 42,15	100m 01:29.04 46,89	150m 02:18.94 49,90	02:59.60(+86)
DIS. Djanilla Brink (DAW, 200600988)				00:00.00
140. 200m wisselslag - Dames				
12 - 12 jaar (Junioren 2)				
1. Thera Janssen (Aqua-Novio'94, 200500270)	50m 00:32.32 32,32	100m 01:09.52 37,20	150m 01:56.12 46,60	02:31.47(+75)
2. Lianne Beekman (ZVV, 200500124)	50m 00:33.27 33,27	100m 01:12.65 39,38	150m 01:57.86 45,21	02:32.90(+71)
3. Yke Groener (De Dinkel, 200500772)	50m 00:32.41 32,41	100m 01:12.12 39,71	150m 02:01.33 49,21	02:35.89(+77)
4. Sophia van Droffelaar (ZVVS, 200500330)	50m 00:34.91 34,91	100m 01:16.08 41,17	150m 02:01.56 45,48	02:36.43(+75)
5. Jelsie van Ruijven (WVZ, 200500282)	50m 00:35.26 35,26	100m 01:16.35 41,09	150m 02:02.40 46,05	02:38.09(+73)
6. Bridget Vermeer (VZC, 200501766)	50m 00:35.16 35,16	100m 01:16.87 41,71	150m 02:02.29 45,42	02:38.36(+76)
7. Merel Schravendijk (The Hague Swimming (SG), 200503382)	50m 00:36.90 36,90	100m 01:17.39 40,49	150m 02:04.29 46,90	02:39.99(+69)
8. Noa Teuben (FZC'54-De Vikings (SG), 200500254)	50m 00:35.06 35,06	100m 01:16.82 41,76	150m 02:04.15 47,33	02:40.57(+71)
9. Kim Westerink (Octopus, 200501078)	50m 00:34.32 34,32	100m 01:13.72 39,40	150m 02:01.06 47,34	02:41.23(+72)
10. Aniek van den Brink (De Dolfijn, 200500090)	50m 00:36.33 36,33	100m 01:17.41 41,08	150m 02:05.20 47,79	02:42.14(+74)
11. Iris Timmermans (Het Ravijn, 200500172)	50m 00:33.85 33,85	100m 01:16.96 43,11	150m 02:07.22 50,26	02:42.97(+71)
12. Nurlaylah Kartosentiko (ZVVS, 200501256)	50m 00:33.56 33,56	100m 01:13.50 39,94	150m 02:04.20 50,70	02:43.12(+70)
13. Feline Slijkhuis (ZVV, 200501042)	50m 00:37.72 37,72	100m 01:18.86 41,14	150m 02:07.06 48,20	02:43.13(+93)
14. Marte Hieke van der Kamp (FZC'54-De Vikings (SG), 200500218)	50m 00:37.27 37,27	100m 01:16.63 39,36	150m 02:07.80 51,17	02:43.22(+77)
15. Asha van Lobberegt (ZZ&PC De Devel, 200500088)	50m 00:36.21 36,21	100m 01:16.67 40,46	150m 02:05.97 49,30	02:43.25(+64)
16. Jennifer Veldhuisen (Kon AZ 1870, 200502500)				02:43.46(+69)

	50m 00:35.51 35,51	100m 01:16.49 40,98	150m 02:07.37 50,88	
17. Marin Wieling (Aquarijn, 200501220)	50m 00:35.73 35,73	100m 01:18.11 42,38	150m 02:05.80 47,69	02:43.79(+76)
18. Vivianne Woltjes (The Hague Swimming (SG), 200501524)	50m 00:35.24 35,24	100m 01:18.43 43,19	150m 02:06.56 48,13	02:45.11(+72)
19. Myrthe Dorgelo (ZVZ, 200500068)	50m 00:35.99 35,99	100m 01:20.64 44,65	150m 02:07.48 46,84	02:45.61(+77)
20. Emma van Leeuwen (DAW, 200500200)	50m 00:38.42 38,42	100m 01:20.36 41,94	150m 02:08.46 48,10	02:45.64(+75)
21. Liz Veltman (De Ward, 200503668)	50m 00:37.75 37,75	100m 01:20.66 42,91	150m 02:10.31 49,65	02:45.73(+84)
22. Evelyn Liket (ZVVS, 200503118)	50m 00:36.42 36,42	100m 01:19.66 43,24	150m 02:07.55 47,89	02:46.35(+85)
23. Niké Telkamp (The Hague Swimming (SG), 200501088)	50m 00:35.95 35,95	100m 01:20.63 44,68	150m 02:08.38 47,75	02:46.44(+81)
24. Yente Bouwmeester (De Columbiaan, 200500340)	50m 00:36.59 36,59	100m 01:19.68 43,09	150m 02:07.25 47,57	02:46.48(+76)
25. Emma Verkuijl (Van Vliet-Barracuda, 200500826)	50m 00:36.26 36,26	100m 01:17.81 41,55	150m 02:09.83 52,02	02:46.76(+83)
26. Isa Maes (ZZ&PC De Devel, 200500110)	50m 00:37.03 37,03	100m 01:20.21 43,18	150m 02:10.97 50,76	02:47.37(+70)
27. Nienke Bakker (TriVia, 200501178)	50m 00:34.85 34,85	100m 01:17.74 42,89	150m 02:09.02 51,28	02:47.89(+80)
28. Colinda van der Zanden (Noord-Limburg (SG), 200502618)	50m 00:37.75 37,75	100m 01:21.94 44,19	150m 02:11.83 49,89	02:50.34(+66)
29. Julia van Sloun (Hellas-Glana, 200500478)	50m 00:38.91 38,91	100m 01:20.06 41,15	150m 02:13.98 53,92	02:51.61(+85)
30. Indy Mels (TRB-RES, 200501354)	50m 00:37.56 37,56	100m 01:22.36 44,80	150m 02:15.80 53,44	02:57.70(+85)
141. 200m wisselslag - Dames				
13 - 13 jaar (Junioren 3)				
1. Anna van Droffelaar (RTC-ZVVS, 200400258)	50m 00:31.37 31,37	100m 01:07.80 36,43	150m 01:50.14 42,34	02:25.12(+65)
2. Ismay Lichtendonk (Dedemsvaart-AC, 200400622)	50m 00:32.26 32,26	100m 01:08.67 36,41	150m 01:54.12 45,45	02:27.86(+70)
3. Sterre Hendriks (PSV, 200401288)	50m 00:31.45 31,45	100m 01:10.26 38,81	150m 01:55.10 44,84	02:29.27(+82)
4. Jill Nai Chung Tong (ZVVS, 200404272)	50m 00:33.30 33,30	100m 01:10.99 37,69	150m 01:54.87 43,88	02:29.73(+81)
5. Emma Hofstee (TriVia, 200401282)	50m 00:32.75 32,75	100m 01:13.11 40,36	150m 01:55.10 41,99	02:30.50(+80)
6. Luna de Vries (Aqua-Novio'94, 200400516)	50m 00:32.82 32,82	100m 01:11.66 38,84	150m 01:57.46 45,80	02:31.76(+72)
7. Veerle Nieborg (TriVia, 200400428)	50m 00:32.93 32,93	100m 01:12.09 39,16	150m 01:56.50 44,41	02:32.13(+74)
8. Bridget de Bat (ZPC De Zeeuwse Kust, 200400382)	50m 00:32.96 32,96	100m 01:10.19 37,23	150m 01:57.63 47,44	02:32.75(+79)
9. Aniek van de Weerd (VZC, 200404136)	50m 00:32.93 32,93	100m 01:10.65 37,72	150m 01:59.00 48,35	02:34.30(+80)

10. Jetske Moot (ZPC AMERSFOORT, 200400230)				02:34.50(+75)
50m	00:33.77	33,77	100m 01:11.83	38,06
150m	01:58.55	46,72		
11. Rinske Bouman (ZZ&PC De Devel, 200400578)				02:34.82(+83)
50m	00:33.29	33,29	100m 01:14.33	41,04
150m	02:00.00	45,67		
12. Puck Koopman (De Dinkel, 200400038)				02:35.47(+82)
50m	00:32.72	32,72	100m 01:12.88	40,16
150m	02:00.89	48,01		
13. Janna van Kooten (TriVia, 200404584)				02:35.48(+77)
50m	00:33.67	33,67	100m 01:14.99	41,32
150m	02:01.52	46,53		
14. Lois van Oijen (ESCA Zwemmen, 200402054)				02:35.83(+80)
50m	00:34.05	34,05	100m 01:12.76	38,71
150m	01:58.51	45,75		
15. Tessa Sportel (Dedemsvaart-AC, 200401644)				02:35.94(+70)
50m	00:35.34	35,34	100m 01:13.61	38,27
150m	02:00.03	46,42		
16. Sterre-Marit Drok (Stadskanaal, 200400880)				02:36.06(+75)
50m	00:33.53	33,53	100m 01:13.79	40,26
150m	01:59.88	46,09		
17. Myrthe Natzijl (KSN (SG), 200400076)				02:36.54(+81)
50m	00:36.32	36,32	100m 01:14.53	38,21
150m	02:00.38	45,85		
18. Iris Nieuwhof (TriVia, 200401944)				02:36.75(+79)
50m	00:34.57	34,57	100m 01:15.87	41,30
150m	01:59.81	43,94		
19. Charlotte Wilbers (ZPC Hoogeveen, 200400312)				02:36.92(+77)
50m	00:35.40	35,40	100m 01:14.51	39,11
150m	02:02.86	48,35		
20. Janne Slegers (Tempo, 200404090)				02:36.97(+71)
50m	00:33.57	33,57	100m 01:13.65	40,08
150m	02:01.87	48,22		
21. Nora Weerman (ZV 44, 200400620)				02:37.15(+71)
50m	00:33.48	33,48	100m 01:14.46	40,98
150m	01:59.20	44,74		
22. Isa Maarleveld (ZPCH, 200402626)				02:37.19(+87)
50m	00:33.78	33,78	100m 01:12.32	38,54
150m	01:59.89	47,57		
23. Kirsten Verhalle (VZC, 200400210)				02:37.36(+72)
50m	00:33.91	33,91	100m 01:13.83	39,92
150m	02:00.00	46,17		
24. Sanne Temmen (De Dinkel, 200400682)				02:38.10(+71)
50m	00:35.15	35,15	100m 01:15.47	40,32
150m	02:02.67	47,20		
25. Tess Wolbert (De Dinkel, 200400538)				02:38.72(+70)
50m	00:34.01	34,01	100m 01:14.96	40,95
150m	02:00.59	45,63		
26. Irma van der Wulp (WVZ, 200401950)				02:39.72(+75)
50m	00:36.19	36,19	100m 01:17.47	41,28
150m	02:03.62	46,15		
27. Daniëlle Vis (De Columbiaan, 200401044)				02:40.15(+71)
50m	00:35.32	35,32	100m 01:16.90	41,58
150m	02:01.64	44,74		
28. Amy Tebben (Eurode KZC, 200400108)				02:40.22(+78)
50m	00:35.77	35,77	100m 01:15.66	39,89
150m	02:03.97	48,31		
29. Britt van den Boom (Zwemsport Parkstad (SG), 200401178)				02:43.19(+74)
50m	00:34.98	34,98	100m 01:18.54	43,56
150m	02:04.86	46,32		
30. Nienke Snel (ZPC AMERSFOORT, 200400094)				02:45.19(+89)
50m	00:35.64	35,64	100m 01:19.55	43,91
150m	02:07.36	47,81		
142. 200m wisselslag - Dames				
14 - 15 jaar (Jeugd 1 en 2)				
1. Imani de Jong (RTC-ZPCH, 200200464)				02:18.89(+67)
50m	00:29.69	29,69	100m 01:04.85	35,16
150m	01:46.85	42,00		
1. Lynn Joor (WS Twente, 200300550)				02:18.89(+72)
50m	00:30.36	30,36	100m 01:06.82	36,46
150m	01:45.79	38,97		
3. Nienke Jonk (RTC-Hieronymus, 200203000)				02:21.62(+71)
50m	00:29.79	29,79	100m 01:06.17	36,38
150m	01:50.00	43,83		

4. Femke Spiering (RTC-VZC, 200204514)				02:21.72(+79)	
50m	00:29.54 29,54	100m	01:05.08 35,54	150m	01:49.70 44,62
5. Lotte Hosper (RTC-Racing Club, 200201414)				02:22.48(+80)	
50m	00:30.29 30,29	100m	01:05.87 35,58	150m	01:48.71 42,84
6. Niamh Hofland (PSV, 200205118)				02:22.98(+65)	
50m	00:30.91 30,91	100m	01:06.97 36,06	150m	01:49.98 43,01
7. Silke Huisman (Orca, 200301182)				02:23.34(+73)	
50m	00:32.09 32,09	100m	01:09.58 37,49	150m	01:50.15 40,57
8. Zanthé Janssen (Aqua-Novio'94, 200201786)				02:24.22(+79)	
50m	00:32.11 32,11	100m	01:10.50 38,39	150m	01:51.10 40,60
9. Elise Tanis (RTC-De Schoteijl, 200200120)				02:25.46(+70)	
50m	00:30.03 30,03	100m	01:07.22 37,19	150m	01:51.22 44,00
10. Amber Koning (Azuro, 200202842)				02:27.58(+86)	
50m	00:31.66 31,66	100m	01:11.14 39,48	150m	01:53.17 42,03
11. Carlijn Hansté (WS Twente, 200201082)				02:27.81(+80)	
50m	00:31.66 31,66	100m	01:07.24 35,58	150m	01:53.46 46,22
12. Christy Geurts (RTC-WVZ, 200203734)				02:28.55(+78)	
50m	00:32.07 32,07	100m	01:12.03 39,96	150m	01:56.18 44,15
13. Amber Celie (De Dolfijn, 200300756)				02:29.07(+77)	
50m	00:33.25 33,25	100m	01:10.95 37,70	150m	01:55.58 44,63
14. Grace Anderson (WVZ, 200200578)				02:29.86(+75)	
50m	00:34.21 34,21	100m	01:12.94 38,73	150m	01:55.44 42,50
15. Joy van Dieren (De Dinkel, 200300182)				02:29.88(+74)	
50m	00:31.64 31,64	100m	01:08.86 37,22	150m	01:54.32 45,46
16. Danique Bernard (Ed-Vo, 200200224)				02:29.99(+64)	
50m	00:31.83 31,83	100m	01:09.22 37,39	150m	01:54.12 44,90
17. Gabriela Töpfer (PSV, 200301764)				02:30.42(+70)	
50m	00:31.10 31,10	100m	01:09.99 38,89	150m	01:55.64 45,65
18. Jocelyn Horbeek (ZPC De Hof, 200300302)				02:30.79(+78)	
50m	00:33.52 33,52	100m	01:11.76 38,24	150m	01:56.33 44,57
19. Almudena Visser Velez (The Hague Swimming (SG), 200205904)				02:30.86(+78)	
50m	00:32.13 32,13	100m	01:10.29 38,16	150m	01:55.49 45,20
20. Lisanne Boets (Nova, 200200346)				02:31.19(+82)	
50m	00:32.76 32,76	100m	01:11.28 38,52	150m	01:55.33 44,05
21. Amy de Sain (De Dolfijn, 200304690)				02:31.23(+69)	
50m	00:31.00 31,00	100m	01:08.78 37,78	150m	01:54.04 45,26
22. Josse Bergman (VZC, 200305146)				02:31.56(+73)	
50m	00:33.44 33,44	100m	01:11.68 38,24	150m	01:55.57 43,89
23. Anne Paulusse (De Warande, 200200834)				02:31.81(+83)	
50m	00:34.28 34,28	100m	01:11.78 37,50	150m	01:56.85 45,07
24. Ilse Volkens (DWK, 200301580)				02:31.87(+72)	
50m	00:33.02 33,02	100m	01:09.39 36,37	150m	01:55.39 46,00
25. Babet de Voogd (ZPC De Zeeuwse Kust, 200301362)				02:32.44(+68)	
50m	00:33.27 33,27	100m	01:10.86 37,59	150m	01:57.40 46,54
26. Kim Jansen van Galen (PSV, 200201594)				02:32.57(+80)	
50m	00:32.41 32,41	100m	01:14.19 41,78	150m	01:57.24 43,05
27. Leonie van Wier (HZ&PC Heerenveen, 200200436)				02:32.66(+79)	
50m	00:34.62 34,62	100m	01:14.58 39,96	150m	02:00.10 45,52
28. Lize van den Nieuwenhuijzen (PSV, 200304454)				02:32.70(+84)	

	50m 00:32.92 32,92	100m 01:12.11 39,19	150m 01:58.16 46,05	
29. Jule Franken (PSV, 200204024)	50m 00:32.62 32,62	100m 01:14.68 42,06	150m 01:57.74 43,06	02:32.71(+69)
30. Eline Gros (Aqua-Novio'94, 200302700)	50m 00:32.98 32,98	100m 01:12.84 39,86	150m 01:59.07 46,23	02:32.82(+81)
31. Esther Tiemersma (ZPC De Zeeuwse Kust, 200202962)	50m 00:33.61 33,61	100m 01:15.01 41,40	150m 01:56.92 41,91	02:32.85(+68)
32. Lieke Oude Lenferink (WS Twente, 200200068)	50m 00:32.28 32,28	100m 01:09.77 37,49	150m 01:57.05 47,28	02:33.11(+74)
33. Tessa Kooi (Nova, 200201386)	50m 00:31.50 31,50	100m 01:09.93 38,43	150m 01:59.06 49,13	02:33.43(+90)
33. Kim Zwinkels (ZPCH, 200300422)	50m 00:31.96 31,96	100m 01:11.27 39,31	150m 01:59.30 48,03	02:33.43(+80)
35. Quinty Rouschop (Zwemsport Parkstad (SG), 200300208)	50m 00:33.51 33,51	100m 01:14.01 40,50	150m 01:57.80 43,79	02:33.44(+76)
36. Femke Hoppenbrouwer (The Hague Swimming (SG), 200301124)	50m 00:32.29 32,29	100m 01:10.60 38,31	150m 01:59.42 48,82	02:33.62(+79)
37. Mandy van Rossum (Aqua-Novio'94, 200204904)	50m 00:33.64 33,64	100m 01:15.62 41,98	150m 01:58.34 42,72	02:33.73(+70)
38. Sasya van Hamersveld (Aqua-Novio'94, 200201454)	50m 00:33.49 33,49	100m 01:12.42 38,93	150m 01:59.80 47,38	02:33.89(+83)
39. Maaïke Issard (The Hague Swimming (SG), 200300022)	50m 00:32.35 32,35	100m 01:13.11 40,76	150m 01:57.92 44,81	02:34.04(+80)
40. Femke van Boheemen (LZ&PC De Haaien, 200201506)	50m 00:32.44 32,44	100m 01:11.28 38,84	150m 01:58.22 46,94	02:34.30(+68)
41. Ilse Kraaijeveld (The Hague Swimming (SG), 200202190)	50m 00:32.16 32,16	100m 01:12.69 40,53	150m 01:59.09 46,40	02:34.31(+68)
42. Britt Steunenbergh (The Hague Swimming (SG), 200302588)	50m 00:32.59 32,59	100m 01:13.54 40,95	150m 01:58.73 45,19	02:34.33(+66)
43. Soraya Rakers (De Dinkel, 200300818)	50m 00:34.94 34,94	100m 01:14.03 39,09	150m 01:58.78 44,75	02:34.45(+84)
44. Lotte Pieterman (ZV 44, 200301838)	50m 00:33.75 33,75	100m 01:15.83 42,08	150m 02:00.29 44,46	02:34.90(+69)
45. Famke Slabbers (Aqua-Novio'94, 200200100)	50m 00:33.86 33,86	100m 01:14.93 41,07	150m 01:59.80 44,87	02:35.20(+80)
46. Nora Brouwer (Aquapoldro, 200300480)	50m 00:33.02 33,02	100m 01:12.61 39,59	150m 01:59.05 46,44	02:35.34(+80)
47. Denise van der Burgt (Zeester-Meerval, 200201812)	50m 00:33.70 33,70	100m 01:12.15 38,45	150m 01:59.77 47,62	02:35.41(+74)
48. Kemi van de Wetering (Aqua-Novio'94, 200201456)	50m 00:33.29 33,29	100m 01:14.06 40,77	150m 01:59.48 45,42	02:35.72(+73)
49. Amy Lynn Zweers (Dedemsvaart-AC, 200300390)	50m 00:32.34 32,34	100m 01:10.18 37,84	150m 01:59.31 49,13	02:35.74(+75)
50. Anastasia Renssen (TRB-RES, 200202588)	50m 00:33.69 33,69	100m 01:13.69 40,00	150m 01:59.45 45,76	02:36.47(+65)
51. Denice Koolman (ZV 44, 200200132)	50m 00:34.38 34,38	100m 01:14.82 40,44	150m 02:00.98 46,16	02:36.74(+74)
52. Janice Provoost (ZPC De Zeeuwse Kust, 200303076)	50m 00:34.47 34,47	100m 01:15.49 41,02	150m 02:00.47 44,98	02:37.65(+73)

53. Vera Renshof (DWK, 200301582)				02:38.32(+72)			
50m	00:35.88	35,88	100m 01:15.15	39,27	150m 02:03.61	48,46	
54. Maud Kuipers (Dedemsvaart-AC, 200201894)				02:38.43(+81)			
50m	00:32.82	32,82	100m 01:11.60	38,78	150m 01:59.79	48,19	
55. Maudé Lesscher (De Veene, 200300018)				02:38.98(+65)			
50m	00:32.56	32,56	100m 01:13.18	40,62	150m 02:01.76	48,58	
56. Isabelle Elsweier (WS Twente, 200303614)				02:39.15(+79)			
50m	00:33.96	33,96	100m 01:14.81	40,85	150m 02:01.50	46,69	
DIS. Kim de Jong (LinK, 200301026)				00:00.00			
2143. 200m wisselslag - Dames							
11 - 15 jaar (Jeugd 2 en later)							
1. Ilona Venema (ReVeLie Swim Team, 200200050) [S10]				02:52.75(+76)			
50m	00:34.60	34,60	100m 01:17.18	42,58	150m 02:11.07	53,89	
2. Feija de Bruin (WVZ, 200400106) [S10]				02:58.78(+84)			
50m	00:39.10	39,10	100m 01:23.75	44,65	150m 02:18.59	54,84	
3. Iris Onnink (De Vrije Slag, 200301836) [S10]				03:12.66(+77)			
50m	00:43.51	43,51	100m 01:33.34	49,83	150m 02:29.12	55,78	
144. 200m wisselslag - Heren							
16 - 17 jaar (Jeugd 1 en 2)							
1. Luc Kroon (RTC-Ed-Vo, 200100697)				02:01.88(+77)			
50m	00:26.75	26,75	100m 00:56.98	30,23	150m 01:33.38	36,40	
2. Sten Postma (VZC, 200000011)				02:07.89(+69)			
50m	00:27.49	27,49	100m 01:00.26	32,77	150m 01:37.25	36,99	
3. Jelle Betten (RTC-DZ&PC, 200001535)				02:08.02(+76)			
50m	00:27.82	27,82	100m 01:00.13	32,31	150m 01:37.13	37,00	
3. Austin Namesnik (ZPC AMERSFOORT, 200101817)				02:08.02(+65)			
50m	00:27.42	27,42	100m 01:00.36	32,94	150m 01:38.99	38,63	
5. Jari Groenhart (RTC-TriVia, 200000271)				02:08.07(+75)			
50m	00:27.98	27,98	100m 01:00.43	32,45	150m 01:37.35	36,92	
6. Olivier Jans (The Hague Swimming (SG), 200001815)				02:08.78(+72)			
50m	00:28.33	28,33	100m 01:01.84	33,51	150m 01:38.80	36,96	
7. Emile Dost (Borger, 200100731)				02:09.15(+74)			
50m	00:28.58	28,58	100m 01:01.74	33,16	150m 01:39.30	37,56	
8. Jelle Smid (Aqua-Novio'94, 200100627)				02:09.51(+69)			
50m	00:28.63	28,63	100m 01:01.04	32,41	150m 01:39.29	38,25	
9. Vincent Crooijmans (RTC-VZC, 200100381)				02:09.84(+75)			
50m	00:29.08	29,08	100m 01:01.67	32,59	150m 01:40.30	38,63	
10. Quinn van den Heuvel (RTC-WVZ, 200100297)				02:10.07(+72)			
50m	00:28.66	28,66	100m 01:02.79	34,13	150m 01:38.97	36,18	
11. Thom Delno (VZC, 200000013)				02:10.45(+73)			
50m	00:27.81	27,81	100m 01:01.51	33,70	150m 01:38.77	37,26	
12. David Kuipers (Orca, 200003633)				02:10.78(+77)			
50m	00:28.60	28,60	100m 01:02.24	33,64	150m 01:41.66	39,42	
13. Thomas Jansen (RTC-WVZ, 200100143)				02:10.92(+79)			
50m	00:28.95	28,95	100m 01:02.49	33,54	150m 01:41.94	39,45	
14. Jesse Zweers (Dedemsvaart-AC, 200100399)				02:11.99(+77)			
50m	00:28.24	28,24	100m 01:02.70	34,46	150m 01:41.14	38,44	
15. Sander Crooijmans (RTC-VZC, 200100383)				02:12.11(+79)			
50m	00:28.53	28,53	100m 01:02.75	34,22	150m 01:42.23	39,48	

16. Marcel Delfstra (Wetterwille, 200100037)				02:13.07(+64)	
50m	00:28.24 28,24	100m	01:02.79 34,55	150m	01:41.80 39,01
17. Martin Ruiters (Batavia Swim, 200001309)				02:13.10(+69)	
50m	00:28.06 28,06	100m	01:01.86 33,80	150m	01:41.34 39,48
18. Nick van der Woude (ZV Haerlem, 200001391)				02:13.73(+72)	
50m	00:28.67 28,67	100m	01:04.50 35,83	150m	01:43.21 38,71
19. Arjan Dekker (ReVeLie Swim Team, 200000499)				02:13.75(+78)	
50m	00:29.87 29,87	100m	01:03.92 34,05	150m	01:42.04 38,12
20. David Anthonio (KSN (SG), 200102551)				02:14.75(+79)	
50m	00:29.52 29,52	100m	01:04.53 35,01	150m	01:43.99 39,46
21. Aaron Hendriksen of Hendriks (LZ&PC De Haaien, 200002711)				02:14.91(+68)	
50m	00:28.63 28,63	100m	01:03.57 34,94	150m	01:44.25 40,68
22. Bas Morelissen (ZPC AMERSFOORT, 200100861)				02:15.18(+65)	
50m	00:28.35 28,35	100m	01:02.60 34,25	150m	01:45.65 43,05
23. Max Visser (WVZ, 200100077)				02:16.12(+76)	
50m	00:27.87 27,87	100m	01:01.84 33,97	150m	01:44.16 42,32
24. Coen de Lang (ZPC Hoogeveen, 200100067)				02:16.55(+75)	
50m	00:28.72 28,72	100m	01:02.48 33,76	150m	01:43.54 41,06
25. Mart Niehoff (ZPC AMERSFOORT, 200100759)				02:16.60(+64)	
50m	00:29.51 29,51	100m	01:04.05 34,54	150m	01:45.44 41,39
26. Joost de Roy van Zuydewijn (WVZ, 200000255)				02:17.45(+71)	
50m	00:29.81 29,81	100m	01:07.05 37,24	150m	01:44.80 37,75
27. Ivo Stolk (RTC-De Zeehond '73, 200100615)				02:17.74(+73)	
50m	00:29.09 29,09	100m	01:02.38 33,29	150m	01:45.55 43,17
28. Luuk Smits (Tempo, 200001015)				02:18.11(+71)	
50m	00:28.61 28,61	100m	01:02.68 34,07	150m	01:44.06 41,38
29. Wouter Schmit (PSV, 200004895)				02:23.08(+71)	
50m	00:29.40 29,40	100m	01:06.68 37,28	150m	01:49.27 42,59
2145. 200m wisselslag - Heren					
12 - 17 jaar					
1. Sam Janmaat (ZPC AMERSFOORT, 200203017) [S10]				02:21.20(+69)	
50m	00:30.74 30,74	100m	01:07.04 36,30	150m	01:47.72 40,68
2. Bastian Renshoff (Octopus, 200001261) [S10]				02:23.88(+80)	
50m	00:30.62 30,62	100m	01:07.58 36,96	150m	01:50.15 42,57
3. Thomas van Wanrooij (NTC PARA-Poseidon '56, 200201473) [S13]				02:25.97(+83)	
50m	00:31.75 31,75	100m	01:09.45 37,70	150m	01:52.49 43,04
4. Nathan Wees (ZPC AMERSFOORT, 200101427) [S10]				02:33.86(+67)	
50m	00:33.06 33,06	100m	01:13.10 40,04	150m	01:59.14 46,04
5. Willem Poortinga (Wetterwille, 200105093) [S10]				02:56.87(+74)	
50m	00:38.04 38,04	100m	01:21.66 43,62	150m	02:14.49 52,83
6. Yanu van Leeuwen (TZC-Vahalis, 200500509) [S9]				03:08.86(+77)	
50m	00:41.81 41,81	100m	01:30.95 49,14	150m	02:25.51 54,56
7. Josh Renkema (De Otters Het Gooi, 200402537) [S7]				04:13.57(+63)	
50m	01:00.10 60,10	100m	02:03.76 63,66	150m	03:17.90 74,14
DIS. Querijn Hensen (The Hague Swimming (SG), 200102121) [S10]				00:00.00	
146. 4x200m vrije slag dames Junioren					
11 - 15 jaar (Jeugd 2 en later)					
1. PSV				08:31.36	
Mila Maas 2003 (+79)		50m	00:29.59 29,59		
Mila Maas 2003 (+79)		100m	01:02.14 32,55		

Mila Maas 2003 (+79)	150m	01:35.68	33,54
Mila Maas 2003 (+79)	200m	02:09.07	33,39
Jule Franken 2002 (+43)	250m	02:37.63	28,56
Jule Franken 2002 (+43)	300m	03:10.36	32,73
Jule Franken 2002 (+43)	350m	03:45.56	35,20
Jule Franken 2002 (+43)	400m	04:20.37	34,81
Lize van den Nieuwenhuijzen 2003 (+62)	450m	04:49.70	29,33
Lize van den Nieuwenhuijzen 2003 (+62)	500m	05:21.93	32,23
Lize van den Nieuwenhuijzen 2003 (+62)	550m	05:55.06	33,13
Lize van den Nieuwenhuijzen 2003 (+62)	600m	06:28.16	33,10
Niamh Hofland 2002 (+46)	650m	06:56.55	28,39
Niamh Hofland 2002 (+46)	700m	07:27.74	31,19
Niamh Hofland 2002 (+46)	750m	07:59.77	32,03
Niamh Hofland 2002 (+46)	800m	08:31.36	31,59

2. The Hague Swimming (SG)

08:37.94

Ilse Kraaijeveld 2002 (+69)	50m	00:29.65	29,65
Ilse Kraaijeveld 2002 (+69)	100m	01:02.81	33,16
Ilse Kraaijeveld 2002 (+69)	150m	01:37.01	34,20
Ilse Kraaijeveld 2002 (+69)	200m	02:10.24	33,23
Maike Issard 2003 (+41)	250m	02:39.63	29,39
Maike Issard 2003 (+41)	300m	03:13.17	33,54
Maike Issard 2003 (+41)	350m	03:48.64	35,47
Maike Issard 2003 (+41)	400m	04:22.89	34,25
Femke Hoppenbrouwer 2003 (+34)	450m	04:51.66	28,77
Femke Hoppenbrouwer 2003 (+34)	500m	05:24.00	32,34
Femke Hoppenbrouwer 2003 (+34)	550m	05:58.38	34,38
Femke Hoppenbrouwer 2003 (+34)	600m	06:32.44	34,06
Lotte Hosper 2002 (+26)	650m	07:00.11	27,67
Lotte Hosper 2002 (+26)	700m	07:31.62	31,51
Lotte Hosper 2002 (+26)	750m	08:04.74	33,12
Lotte Hosper 2002 (+26)	800m	08:37.94	33,20

3. VZC

08:38.70

Gaia Sterre Mirotti 2003 (+65)	50m	00:29.43	29,43
Gaia Sterre Mirotti 2003 (+65)	100m	01:01.77	32,34
Gaia Sterre Mirotti 2003 (+65)	150m	01:34.82	33,05
Gaia Sterre Mirotti 2003 (+65)	200m	02:06.35	31,53
Josse Bergman 2003 (+42)	250m	02:36.61	30,26
Josse Bergman 2003 (+42)	300m	03:10.35	33,74
Josse Bergman 2003 (+42)	350m	03:45.40	35,05
Josse Bergman 2003 (+42)	400m	04:19.89	34,49
Lotus van Geemen 2002 (+28)	450m	04:50.11	30,22
Lotus van Geemen 2002 (+28)	500m	05:24.12	34,01
Lotus van Geemen 2002 (+28)	550m	06:00.01	35,89
Lotus van Geemen 2002 (+28)	600m	06:35.86	35,85
Femke Spiering 2002 (+46)	650m	07:04.07	28,21
Femke Spiering 2002 (+46)	700m	07:35.48	31,41
Femke Spiering 2002 (+46)	750m	08:07.64	32,16
Femke Spiering 2002 (+46)	800m	08:38.70	31,06

4. Aqua-Novio'94

08:44.69

Sasya van Hamersveld 2002 (+82)	50m	00:30.04	30,04
Sasya van Hamersveld 2002 (+82)	100m	01:03.33	33,29
Sasya van Hamersveld 2002 (+82)	150m	01:37.73	34,40
Sasya van Hamersveld 2002 (+82)	200m	02:11.80	34,07
Eline Gros 2003 (+53)	250m	02:41.04	29,24
Eline Gros 2003 (+53)	300m	03:14.18	33,14
Eline Gros 2003 (+53)	350m	03:48.75	34,57
Eline Gros 2003 (+53)	400m	04:23.59	34,84
Famke Slabbers 2002 (+46)	450m	04:53.37	29,78
Famke Slabbers 2002 (+46)	500m	05:27.12	33,75
Famke Slabbers 2002 (+46)	550m	06:02.35	35,23
Famke Slabbers 2002 (+46)	600m	06:36.53	34,18
Zanthe Janssen 2002 (+47)	650m	07:05.25	28,72
Zanthe Janssen 2002 (+47)	700m	07:37.96	32,71
Zanthe Janssen 2002 (+47)	750m	08:11.52	33,56
Zanthe Janssen 2002 (+47)	800m	08:44.69	33,17

5. WS Twente

08:54.62

Carlijn Hansté 2002 (+76)	50m	00:29.72	29,72
Carlijn Hansté 2002 (+76)	100m	01:02.40	32,68
Carlijn Hansté 2002 (+76)	150m	01:36.59	34,19
Carlijn Hansté 2002 (+76)	200m	02:11.44	34,85
Isabelle Elsweier 2003 (+62)	250m	02:41.41	29,97
Isabelle Elsweier 2003 (+62)	300m	03:16.45	35,04
Isabelle Elsweier 2003 (+62)	350m	03:53.54	37,09
Isabelle Elsweier 2003 (+62)	400m	04:29.47	35,93
Lieke Oude Lenferink 2002 (+60)	450m	04:58.85	29,38
Lieke Oude Lenferink 2002 (+60)	500m	05:33.15	34,30
Lieke Oude Lenferink 2002 (+60)	550m	06:09.08	35,93
Lieke Oude Lenferink 2002 (+60)	600m	06:44.81	35,73
Lynn Joor 2003 (+49)	650m	07:13.98	29,17
Lynn Joor 2003 (+49)	700m	07:47.26	33,28
Lynn Joor 2003 (+49)	750m	08:22.03	34,77
Lynn Joor 2003 (+49)	800m	08:54.62	32,59

6. De Dolfijn

08:55.59

Amber Celie 2003 (+74)	50m	00:29.95	29,95
Amber Celie 2003 (+74)	100m	01:03.08	33,13
Amber Celie 2003 (+74)	150m	01:37.46	34,38
Amber Celie 2003 (+74)	200m	02:10.29	32,83
Tessa Takken 2003 (+33)	250m	02:41.46	31,17
Tessa Takken 2003 (+33)	300m	03:16.06	34,60
Tessa Takken 2003 (+33)	350m	03:51.84	35,78
Tessa Takken 2003 (+33)	400m	04:27.16	35,32
Céline Fouzaï 2002 (+33)	450m	04:58.67	31,51
Céline Fouzaï 2002 (+33)	500m	05:34.20	35,53
Céline Fouzaï 2002 (+33)	550m	06:10.21	36,01
Céline Fouzaï 2002 (+33)	600m	06:45.36	35,15
Amy de Sain 2003 (+23)	650m	07:13.97	28,61
Amy de Sain 2003 (+23)	700m	07:47.29	33,32
Amy de Sain 2003 (+23)	750m	08:22.19	34,90
Amy de Sain 2003 (+23)	800m	08:55.59	33,40

7. De Dinkel

08:59.30

Joy van Dieren 2003 (+78)	50m	00:30.32	30,32
Joy van Dieren 2003 (+78)	100m	01:03.79	33,47
Joy van Dieren 2003 (+78)	150m	01:38.59	34,80
Joy van Dieren 2003 (+78)	200m	02:12.52	33,93
Soraya Rakers 2003 (+55)	250m	02:44.03	31,51
Soraya Rakers 2003 (+55)	300m	03:19.27	35,24
Soraya Rakers 2003 (+55)	350m	03:55.07	35,80
Soraya Rakers 2003 (+55)	400m	04:30.16	35,09
Mayke Westerhof 2002 (+46)	450m	05:00.68	30,52
Mayke Westerhof 2002 (+46)	500m	05:36.15	35,47
Mayke Westerhof 2002 (+46)	550m	06:12.63	36,48
Mayke Westerhof 2002 (+46)	600m	06:49.84	37,21
Kiki Koopman 2002 (+31)	650m	07:19.32	29,48
Kiki Koopman 2002 (+31)	700m	07:52.25	32,93
Kiki Koopman 2002 (+31)	750m	08:26.13	33,88
Kiki Koopman 2002 (+31)	800m	08:59.30	33,17

8. Dedemsvaart-AC

09:00.19

Hanne te Velthuis 2002 (+78)	50m	00:29.83	29,83
Hanne te Velthuis 2002 (+78)	100m	01:03.02	33,19
Hanne te Velthuis 2002 (+78)	150m	01:37.35	34,33
Hanne te Velthuis 2002 (+78)	200m	02:11.79	34,44
Amy Lynn Zweers 2003 (+38)	250m	02:41.71	29,92
Amy Lynn Zweers 2003 (+38)	300m	03:16.47	34,76
Amy Lynn Zweers 2003 (+38)	350m	03:52.61	36,14
Amy Lynn Zweers 2003 (+38)	400m	04:27.37	34,76
Maud Kuipers 2002 (+37)	450m	04:58.53	31,16
Maud Kuipers 2002 (+37)	500m	05:34.34	35,81
Maud Kuipers 2002 (+37)	550m	06:11.95	37,61
Maud Kuipers 2002 (+37)	600m	06:48.94	36,99
Ismay Lichtendonk 2004 (+41)	650m	07:17.97	29,03

Ismay Lichtendonk 2004 (+41) 700m 07:51.17 33,20
Ismay Lichtendonk 2004 (+41) 750m 08:26.37 35,20
Ismay Lichtendonk 2004 (+41) 800m 09:00.19 33,82

9. TriVia

09:05.28

Mariëlle Dolfijn 2002 (+78) 50m 00:30.40 30,40
Mariëlle Dolfijn 2002 (+78) 100m 01:03.71 33,31
Mariëlle Dolfijn 2002 (+78) 150m 01:37.43 33,72
Mariëlle Dolfijn 2002 (+78) 200m 02:11.55 34,12
Chantal Tiesinga 2003 (+43) 250m 02:43.68 32,13
Chantal Tiesinga 2003 (+43) 300m 03:18.81 35,13
Chantal Tiesinga 2003 (+43) 350m 03:55.49 36,68
Chantal Tiesinga 2003 (+43) 400m 04:31.86 36,37
Inge Dekker 2002 (+33) 450m 05:01.93 30,07
Inge Dekker 2002 (+33) 500m 05:35.96 34,03
Inge Dekker 2002 (+33) 550m 06:10.98 35,02
Inge Dekker 2002 (+33) 600m 06:45.23 34,25
Esmee van Peer 2002 (+44) 650m 07:16.61 31,38
Esmee van Peer 2002 (+44) 700m 07:51.67 35,06
Esmee van Peer 2002 (+44) 750m 08:28.62 36,95
Esmee van Peer 2002 (+44) 800m 09:05.28 36,66

10. ZV 44

09:06.23

Naomi Polinder 2003 (+69) 50m 00:30.53 30,53
Naomi Polinder 2003 (+69) 100m 01:05.63 35,10
Naomi Polinder 2003 (+69) 150m 01:42.83 37,20
Naomi Polinder 2003 (+69) 200m 02:19.14 36,31
Denice Koolman 2002 (+64) 250m 02:49.83 30,69
Denice Koolman 2002 (+64) 300m 03:25.04 35,21
Denice Koolman 2002 (+64) 350m 04:02.18 37,14
Denice Koolman 2002 (+64) 400m 04:36.47 34,29
Michelle van den Hoofdakker 2003 (+59) 450m 05:07.59 31,12
Michelle van den Hoofdakker 2003 (+59) 500m 05:44.23 36,64
Michelle van den Hoofdakker 2003 (+59) 550m 06:21.78 37,55
Michelle van den Hoofdakker 2003 (+59) 600m 06:56.01 34,23
Lindsey Berghuis 2003 (+48) 650m 07:24.59 28,58
Lindsey Berghuis 2003 (+48) 700m 07:57.45 32,86
Lindsey Berghuis 2003 (+48) 750m 08:32.03 34,58
Lindsey Berghuis 2003 (+48) 800m 09:06.23 34,20

11. ZPC De Zeeuwse Kust

09:06.86

Bridget de Bat 2004 (+71) 50m 00:29.53 29,53
Bridget de Bat 2004 (+71) 100m 01:04.05 34,52
Bridget de Bat 2004 (+71) 150m 01:40.33 36,28
Bridget de Bat 2004 (+71) 200m 02:17.54 37,21
Irina de Ridder 2003 (+60) 250m 02:49.35 31,81
Irina de Ridder 2003 (+60) 300m 03:25.10 35,75
Irina de Ridder 2003 (+60) 350m 04:01.26 36,16
Irina de Ridder 2003 (+60) 400m 04:36.76 35,50
Janice Provoost 2003 (+40) 450m 05:07.48 30,72
Janice Provoost 2003 (+40) 500m 05:41.59 34,11
Janice Provoost 2003 (+40) 550m 06:17.25 35,66
Janice Provoost 2003 (+40) 600m 06:52.69 35,44
Babet de Voogd 2003 (+7) 650m 07:22.21 29,52
Babet de Voogd 2003 (+7) 700m 07:55.97 33,76
Babet de Voogd 2003 (+7) 750m 08:31.50 35,53
Babet de Voogd 2003 (+7) 800m 09:06.86 35,36

12. ZPC AMERSFOORT

09:07.84

Lieke Nijmeijer 2003 (+72) 50m 00:31.22 31,22
Lieke Nijmeijer 2003 (+72) 100m 01:05.92 34,70
Lieke Nijmeijer 2003 (+72) 150m 01:41.97 36,05
Lieke Nijmeijer 2003 (+72) 200m 02:17.87 35,90
Ymke Dragstra 2003 (+53) 250m 02:48.87 31,00
Ymke Dragstra 2003 (+53) 300m 03:22.94 34,07
Ymke Dragstra 2003 (+53) 350m 03:58.09 35,15
Ymke Dragstra 2003 (+53) 400m 04:32.66 34,57
Jetske Moot 2004 (+43) 450m 05:02.50 29,84

Jetske Moot 2004 (+43) 500m 05:36.59 34,09
Jetske Moot 2004 (+43) 550m 06:12.07 35,48
Jetske Moot 2004 (+43) 600m 06:46.87 34,80
Pippa van 't Land 2006 (+36) 650m 07:17.59 30,72
Pippa van 't Land 2006 (+36) 700m 07:52.95 35,36
Pippa van 't Land 2006 (+36) 750m 08:30.82 37,87
Pippa van 't Land 2006 (+36) 800m 09:07.84 37,02

13. ZPC De Hof

09:08.95

Tahnee Slinkman 2003 (+84) 50m 00:33.33 33,33
Tahnee Slinkman 2003 (+84) 100m 01:09.72 36,39
Tahnee Slinkman 2003 (+84) 150m 01:47.74 38,02
Tahnee Slinkman 2003 (+84) 200m 02:24.97 37,23
Lionne Klarenbeek 2003 (+39) 250m 02:56.53 31,56
Lionne Klarenbeek 2003 (+39) 300m 03:31.00 34,47
Lionne Klarenbeek 2003 (+39) 350m 04:06.50 35,50
Lionne Klarenbeek 2003 (+39) 400m 04:39.73 33,23
Jocelyn Horbeek 2003 (+47) 450m 05:11.84 32,11
Jocelyn Horbeek 2003 (+47) 500m 05:46.60 34,76
Jocelyn Horbeek 2003 (+47) 550m 06:21.74 35,14
Jocelyn Horbeek 2003 (+47) 600m 06:55.91 34,17
Elisa Haverkate 2002 (+22) 650m 07:24.98 29,07
Elisa Haverkate 2002 (+22) 700m 07:58.42 33,44
Elisa Haverkate 2002 (+22) 750m 08:33.80 35,38
Elisa Haverkate 2002 (+22) 800m 09:08.95 35,15

14. HZPC

09:14.20

Isa Curvers 2002 (+74) 50m 00:31.80 31,80
Isa Curvers 2002 (+74) 100m 01:06.58 34,78
Isa Curvers 2002 (+74) 150m 01:42.98 36,40
Isa Curvers 2002 (+74) 200m 02:19.34 36,36
Ilse Swinkels 2002 (+16) 250m 02:50.30 30,96
Ilse Swinkels 2002 (+16) 300m 03:25.53 35,23
Ilse Swinkels 2002 (+16) 350m 04:01.61 36,08
Ilse Swinkels 2002 (+16) 400m 04:37.65 36,04
Manon van der Wielen 2002 (+52) 450m 05:09.92 32,27
Manon van der Wielen 2002 (+52) 500m 05:46.03 36,11
Manon van der Wielen 2002 (+52) 550m 06:22.43 36,40
Manon van der Wielen 2002 (+52) 600m 06:58.36 35,93
Pleun van den Bergh 2002 (+50) 650m 07:29.10 30,74
Pleun van den Bergh 2002 (+50) 700m 08:03.13 34,03
Pleun van den Bergh 2002 (+50) 750m 08:38.71 35,58
Pleun van den Bergh 2002 (+50) 800m 09:14.20 35,49

15. De Schotejil

09:23.32

Nienke Mierop 2002 (+75) 50m 00:32.14 32,14
Nienke Mierop 2002 (+75) 100m 01:08.65 36,51
Nienke Mierop 2002 (+75) 150m 01:46.73 38,08
Nienke Mierop 2002 (+75) 200m 02:24.70 37,97
Lotte Tillema 2002 (+61) 250m 02:55.87 31,17
Lotte Tillema 2002 (+61) 300m 03:30.58 34,71
Lotte Tillema 2002 (+61) 350m 04:06.85 36,27
Lotte Tillema 2002 (+61) 400m 04:42.56 35,71
Lieske Zijlstra 2002 (+57) 450m 05:14.57 32,01
Lieske Zijlstra 2002 (+57) 500m 05:50.49 35,92
Lieske Zijlstra 2002 (+57) 550m 06:26.41 35,92
Lieske Zijlstra 2002 (+57) 600m 07:02.08 35,67
Tamara de Ruiten 2002 (+44) 650m 07:34.92 32,84
Tamara de Ruiten 2002 (+44) 700m 08:11.40 36,48
Tamara de Ruiten 2002 (+44) 750m 08:47.70 36,30
Tamara de Ruiten 2002 (+44) 800m 09:23.32 35,62

16. ESCA Zwemmen

09:23.50

Yentle Muller 2002 (+83) 50m 00:31.23 31,23
Yentle Muller 2002 (+83) 100m 01:05.71 34,48
Yentle Muller 2002 (+83) 150m 01:40.22 34,51
Yentle Muller 2002 (+83) 200m 02:16.53 36,31
Romy de Weijer 2003 (+24) 250m 02:48.74 32,21

Romy de Weijer 2003 (+24)	300m	03:24.92	36,18
Romy de Weijer 2003 (+24)	350m	04:02.41	37,49
Romy de Weijer 2003 (+24)	400m	04:37.65	35,24
Nienke Lammers 2002 (+36)	450m	05:10.87	33,22
Nienke Lammers 2002 (+36)	500m	05:47.46	36,59
Nienke Lammers 2002 (+36)	550m	06:25.39	37,93
Nienke Lammers 2002 (+36)	600m	07:03.60	38,21
Lois van Oijen 2004 (+17)	650m	07:35.17	31,57
Lois van Oijen 2004 (+17)	700m	08:10.58	35,41
Lois van Oijen 2004 (+17)	750m	08:46.90	36,32
Lois van Oijen 2004 (+17)	800m	09:23.50	36,60

17. Ed-Vo

09:27.70

Michelle Jørgensen 2005 (+78)	50m	00:33.01	33,01
Michelle Jørgensen 2005 (+78)	100m	01:09.41	36,40
Michelle Jørgensen 2005 (+78)	150m	01:46.96	37,55
Michelle Jørgensen 2005 (+78)	200m	02:23.37	36,41
Marit Veerman 2003 (+41)	250m	02:56.80	33,43
Marit Veerman 2003 (+41)	300m	03:33.71	36,91
Marit Veerman 2003 (+41)	350m	04:12.09	38,38
Marit Veerman 2003 (+41)	400m	04:49.84	37,75
Kim Veerman 2003 (+68)	450m	05:22.55	32,71
Kim Veerman 2003 (+68)	500m	05:59.10	36,55
Kim Veerman 2003 (+68)	550m	06:36.27	37,17
Kim Veerman 2003 (+68)	600m	07:12.66	36,39
Daniqne Bernard 2002 (+24)	650m	07:43.22	30,56
Daniqne Bernard 2002 (+24)	700m	08:18.00	34,78
Daniqne Bernard 2002 (+24)	750m	08:53.44	35,44
Daniqne Bernard 2002 (+24)	800m	09:27.70	34,26

18. ZV 44

09:28.02

Daniëlle Meinema 2003 (+73)	50m	00:31.79	31,79
Daniëlle Meinema 2003 (+73)	100m	01:07.42	35,63
Daniëlle Meinema 2003 (+73)	150m	01:45.14	37,72
Daniëlle Meinema 2003 (+73)	200m	02:20.02	34,88
Nora Weerman 2004 (+34)	250m	02:51.55	31,53
Nora Weerman 2004 (+34)	300m	03:27.28	35,73
Nora Weerman 2004 (+34)	350m	04:04.88	37,60
Nora Weerman 2004 (+34)	400m	04:40.58	35,70
Jolijn Liezen 2005 (+39)	450m	05:12.73	32,15
Jolijn Liezen 2005 (+39)	500m	05:50.19	37,46
Jolijn Liezen 2005 (+39)	550m	06:28.81	38,62
Jolijn Liezen 2005 (+39)	600m	07:07.19	38,38
Lotte Pieterman 2003 (+27)	650m	07:37.33	30,14
Lotte Pieterman 2003 (+27)	700m	08:14.15	36,82
Lotte Pieterman 2003 (+27)	750m	08:52.34	38,19
Lotte Pieterman 2003 (+27)	800m	09:28.02	35,68

19. De Columbiaan

09:32.14

Marbel Diderik 2002 (+62)	50m	00:31.98	31,98
Marbel Diderik 2002 (+62)	100m	01:08.61	36,63
Marbel Diderik 2002 (+62)	150m	01:45.65	37,04
Marbel Diderik 2002 (+62)	200m	02:23.03	37,38
Anouk Vis 2002 (+34)	250m	02:55.88	32,85
Anouk Vis 2002 (+34)	300m	03:31.97	36,09
Anouk Vis 2002 (+34)	350m	04:08.84	36,87
Anouk Vis 2002 (+34)	400m	04:45.83	36,99
Amy Koelman 2003 (+45)	450m	05:19.36	33,53
Amy Koelman 2003 (+45)	500m	05:56.77	37,41
Amy Koelman 2003 (+45)	550m	06:34.17	37,40
Amy Koelman 2003 (+45)	600m	07:09.35	35,18
Daniëlle Vis 2004 (+33)	650m	07:42.24	32,89
Daniëlle Vis 2004 (+33)	700m	08:19.45	37,21
Daniëlle Vis 2004 (+33)	750m	08:56.62	37,17
Daniëlle Vis 2004 (+33)	800m	09:32.14	35,52

11 - 13 jaar (Junioren 3 en later)

1. TriVia

08:59.69

Janna van Kooten 2004 (+77)	50m	00:29.26	29,26
Janna van Kooten 2004 (+77)	100m	01:02.55	33,29
Janna van Kooten 2004 (+77)	150m	01:37.51	34,96
Janna van Kooten 2004 (+77)	200m	02:12.57	35,06
Emma Hofstee 2004 (+50)	250m	02:43.18	30,61
Emma Hofstee 2004 (+50)	300m	03:17.88	34,70
Emma Hofstee 2004 (+50)	350m	03:54.20	36,32
Emma Hofstee 2004 (+50)	400m	04:29.30	35,10
Iris Nieuwhof 2004 (+40)	450m	04:59.75	30,45
Iris Nieuwhof 2004 (+40)	500m	05:34.97	35,22
Iris Nieuwhof 2004 (+40)	550m	06:11.75	36,78
Iris Nieuwhof 2004 (+40)	600m	06:46.13	34,38
Veerle Nieborg 2004 (+25)	650m	07:16.24	30,11
Veerle Nieborg 2004 (+25)	700m	07:49.60	33,36
Veerle Nieborg 2004 (+25)	750m	08:24.42	34,82
Veerle Nieborg 2004 (+25)	800m	08:59.69	35,27

2. De Dinkel

09:03.90

Yke Groener 2005 (+78)	50m	00:30.57	30,57
Yke Groener 2005 (+78)	100m	01:05.16	34,59
Yke Groener 2005 (+78)	150m	01:41.75	36,59
Yke Groener 2005 (+78)	200m	02:17.66	35,91
Sanne Temmen 2004 (+35)	250m	02:47.80	30,14
Sanne Temmen 2004 (+35)	300m	03:22.80	35,00
Sanne Temmen 2004 (+35)	350m	03:58.56	35,76
Sanne Temmen 2004 (+35)	400m	04:34.19	35,63
Puck Koopman 2004 (+51)	450m	05:04.21	30,02
Puck Koopman 2004 (+51)	500m	05:38.47	34,26
Puck Koopman 2004 (+51)	550m	06:13.63	35,16
Puck Koopman 2004 (+51)	600m	06:47.59	33,96
Marieke Lenderink 2004 (+40)	650m	07:18.26	30,67
Marieke Lenderink 2004 (+40)	700m	07:53.03	34,77
Marieke Lenderink 2004 (+40)	750m	08:28.87	35,84
Marieke Lenderink 2004 (+40)	800m	09:03.90	35,03

3. VZC

09:12.36

Aniek van de Weerd 2004 (+77)	50m	00:31.17	31,17
Aniek van de Weerd 2004 (+77)	100m	01:05.57	34,40
Aniek van de Weerd 2004 (+77)	150m	01:41.08	35,51
Aniek van de Weerd 2004 (+77)	200m	02:15.99	34,91
Bridget Vermeer 2005 (+86)	250m	02:47.60	31,61
Bridget Vermeer 2005 (+86)	300m	03:23.02	35,42
Bridget Vermeer 2005 (+86)	350m	03:59.42	36,40
Bridget Vermeer 2005 (+86)	400m	04:34.50	35,08
Kelly Patricia 2004 (+21)	450m	05:07.07	32,57
Kelly Patricia 2004 (+21)	500m	05:43.50	36,43
Kelly Patricia 2004 (+21)	550m	06:20.43	36,93
Kelly Patricia 2004 (+21)	600m	06:57.74	37,31
Kirsten Verhalle 2004 (+71)	650m	07:28.01	30,27
Kirsten Verhalle 2004 (+71)	700m	08:02.49	34,48
Kirsten Verhalle 2004 (+71)	750m	08:38.40	35,91
Kirsten Verhalle 2004 (+71)	800m	09:12.36	33,96

4. Aqua-Novio'94

09:12.70

Kim van Dongen 2004 (+78)	50m	00:30.60	30,60
Kim van Dongen 2004 (+78)	100m	01:04.50	33,90
Kim van Dongen 2004 (+78)	150m	01:40.66	36,16
Kim van Dongen 2004 (+78)	200m	02:16.95	36,29
Lobke Arts 2006 (+47)	250m	02:49.57	32,62
Lobke Arts 2006 (+47)	300m	03:28.05	38,48
Lobke Arts 2006 (+47)	350m	04:08.22	40,17
Lobke Arts 2006 (+47)	400m	04:47.23	39,01
Luna de Vries 2004 (+56)	450m	05:17.94	30,71
Luna de Vries 2004 (+56)	500m	05:52.36	34,42
Luna de Vries 2004 (+56)	550m	06:27.30	34,94
Luna de Vries 2004 (+56)	600m	07:01.99	34,69
Thera Janssen 2005 (+62)	650m	07:31.35	29,36
Thera Janssen 2005 (+62)	700m	08:05.33	33,98

Thera Janssen 2005 (+62) 750m 08:39.95 34,62
Thera Janssen 2005 (+62) 800m 09:12.70 32,75

5. ZPC Hoogeveen

09:28.34

Leah Anakotta 2004 (+71) 50m 00:32.46 32,46
Leah Anakotta 2004 (+71) 100m 01:08.88 36,42
Leah Anakotta 2004 (+71) 150m 01:47.54 38,66
Leah Anakotta 2004 (+71) 200m 02:26.95 39,41
Charlotte Wilbers 2004 (+36) 250m 02:57.22 30,27
Charlotte Wilbers 2004 (+36) 300m 03:31.20 33,98
Charlotte Wilbers 2004 (+36) 350m 04:06.40 35,20
Charlotte Wilbers 2004 (+36) 400m 04:41.43 35,03
Senna van der Veen 2004 (+45) 450m 05:14.50 33,07
Senna van der Veen 2004 (+45) 500m 05:51.42 36,92
Senna van der Veen 2004 (+45) 550m 06:29.77 38,35
Senna van der Veen 2004 (+45) 600m 07:07.76 37,99
Dominique Dingshoff 2004 (+38) 650m 07:39.93 32,17
Dominique Dingshoff 2004 (+38) 700m 08:16.07 36,14
Dominique Dingshoff 2004 (+38) 750m 08:52.95 36,88
Dominique Dingshoff 2004 (+38) 800m 09:28.34 35,39

6. Hellas-Glana

09:34.84

Julia van Sloun 2005 (+80) 50m 00:32.60 32,60
Julia van Sloun 2005 (+80) 100m 01:08.84 36,24
Julia van Sloun 2005 (+80) 150m 01:47.04 38,20
Julia van Sloun 2005 (+80) 200m 02:24.86 37,82
Anouk van Hattum 2006 (+71) 250m 02:58.12 33,26
Anouk van Hattum 2006 (+71) 300m 03:34.54 36,42
Anouk van Hattum 2006 (+71) 350m 04:13.33 38,79
Anouk van Hattum 2006 (+71) 400m 04:48.93 35,60
Cynthia Kugler 2004 (+74) 450m 05:21.31 32,38
Cynthia Kugler 2004 (+74) 500m 05:58.25 36,94
Cynthia Kugler 2004 (+74) 550m 06:37.37 39,12
Cynthia Kugler 2004 (+74) 600m 07:16.64 39,27
Lorena Dreschers 2004 (+38) 650m 07:47.73 31,09
Lorena Dreschers 2004 (+38) 700m 08:22.77 35,04
Lorena Dreschers 2004 (+38) 750m 08:58.82 36,05
Lorena Dreschers 2004 (+38) 800m 09:34.84 36,02

DIS. WS Twente

00:00.00

Luna Hofmeijer 2004 (+82) 50m 00:30.61 30,61
Luna Hofmeijer 2004 (+82) 100m 01:05.15 34,54
Luna Hofmeijer 2004 (+82) 150m 01:42.16 37,01
Luna Hofmeijer 2004 (+82) 200m 02:18.98 36,82
Maud van Buuren 2004 (-17) 800m 00:00.00 -138,98

147. 4x100m vrije slag heren Junioren

11 - 17 jaar (Jeugd 2 en later)

1. ZPC AMERSFOORT

03:28.73

Mart Niehoff 2001 (+64) 50m 00:25.21 25,21
Mart Niehoff 2001 (+64) 100m 00:53.45 28,24
Austin Namesnik 2001 (+14) 150m 01:17.49 24,04
Austin Namesnik 2001 (+14) 200m 01:44.11 26,62
Tyrese Wilson 2000 (+54) 250m 02:09.31 25,20
Tyrese Wilson 2000 (+54) 300m 02:36.72 27,41
Daniël Claasen 2001 (+30) 350m 03:01.45 24,73
Daniël Claasen 2001 (+30) 400m 03:28.73 27,28

2. VZC

03:31.17

Sander Crooijmans 2001 (+82) 50m 00:25.49 25,49
Sander Crooijmans 2001 (+82) 100m 00:53.46 27,97
Vincent Crooijmans 2001 (+46) 150m 01:18.52 25,06
Vincent Crooijmans 2001 (+46) 200m 01:46.16 27,64
Thom Delno 2000 (+35) 250m 02:11.09 24,93
Thom Delno 2000 (+35) 300m 02:39.38 28,29
Sten Postma 2000 (+20) 350m 03:03.90 24,52
Sten Postma 2000 (+20) 400m 03:31.17 27,27

3. PSV				03:32.30
	Anton Jansen 2000 (+69)	50m	00:25.61 25,61	
	Anton Jansen 2000 (+69)	100m	00:53.47 27,86	
	Thijs Manders 2000 (+31)	150m	01:19.36 25,89	
	Thijs Manders 2000 (+31)	200m	01:47.86 28,50	
	Bernardus De Freitas Steverink 2001 (+21)	250m	02:13.43 25,57	
	Bernardus De Freitas Steverink 2001 (+21)	300m	02:41.56 28,13	
	Ruden de Ridder 2000 (+36)	350m	03:05.63 24,07	
	Ruden de Ridder 2000 (+36)	400m	03:32.30 26,67	
4. WVZ				03:32.92
	Anne Schuurmans 2000 (+71)	50m	00:25.76 25,76	
	Anne Schuurmans 2000 (+71)	100m	00:53.78 28,02	
	Quinn van den Heuvel 2001 (+51)	150m	01:19.23 25,45	
	Quinn van den Heuvel 2001 (+51)	200m	01:46.58 27,35	
	Thomas Jansen 2001 (+37)	250m	02:12.12 25,54	
	Thomas Jansen 2001 (+37)	300m	02:39.70 27,58	
	Max Visser 2001 (+38)	350m	03:04.97 25,27	
	Max Visser 2001 (+38)	400m	03:32.92 27,95	
5. Dedemsvaart-AC				03:33.30
	Leon van den Hof 2002 (+68)	50m	00:25.46 25,46	
	Leon van den Hof 2002 (+68)	100m	00:53.80 28,34	
	Jesse Zweers 2001 (+30)	150m	01:18.66 24,86	
	Jesse Zweers 2001 (+30)	200m	01:46.48 27,82	
	Tristan Scholten 2002 (+32)	250m	02:11.93 25,45	
	Tristan Scholten 2002 (+32)	300m	02:40.83 28,90	
	Stijn Boertien 2001 (+52)	350m	03:05.81 24,98	
	Stijn Boertien 2001 (+52)	400m	03:33.30 27,49	
6. The Hague Swimming (SG)				03:35.76
	Floris de Leeuw 2001 (+69)	50m	00:26.17 26,17	
	Floris de Leeuw 2001 (+69)	100m	00:53.77 27,60	
	Marc Botter 2000 (+47)	150m	01:19.41 25,64	
	Marc Botter 2000 (+47)	200m	01:47.80 28,39	
	Brandon van den Berg 2002 (+53)	250m	02:14.00 26,20	
	Brandon van den Berg 2002 (+53)	300m	02:42.21 28,21	
	Olivier Jans 2000 (+40)	350m	03:08.18 25,97	
	Olivier Jans 2000 (+40)	400m	03:35.76 27,58	
7. KSN (SG)				03:36.24
	Darren Chen 2000 (+63)	50m	00:25.85 25,85	
	Darren Chen 2000 (+63)	100m	00:54.28 28,43	
	Wouter van Asperen 2000 (+38)	150m	01:19.65 25,37	
	Wouter van Asperen 2000 (+38)	200m	01:48.23 28,58	
	Tycho Atanasov 2002 (+32)	250m	02:14.16 25,93	
	Tycho Atanasov 2002 (+32)	300m	02:42.49 28,33	
	David Anthonio 2001 (+33)	350m	03:08.07 25,58	
	David Anthonio 2001 (+33)	400m	03:36.24 28,17	
8. De Dinkel				03:37.56
	Bart Kooiker 2001 (+80)	50m	00:26.20 26,20	
	Bart Kooiker 2001 (+80)	100m	00:55.58 29,38	
	Gijsbert Pelleboer 2000 (+38)	150m	01:21.34 25,76	
	Gijsbert Pelleboer 2000 (+38)	200m	01:49.91 28,57	
	Milan van Dieren 2001 (+47)	250m	02:15.38 25,47	
	Milan van Dieren 2001 (+47)	300m	02:43.55 28,17	
	Dennis Kamps 2000 (+48)	350m	03:09.70 26,15	
	Dennis Kamps 2000 (+48)	400m	03:37.56 27,86	
9. De Dolfijn				03:37.59
	Kenzo Simons 2001 (+70)	50m	00:24.59 24,59	
	Kenzo Simons 2001 (+70)	100m	00:51.70 27,11	
	Dave van der Voet 2001 (+75)	150m	01:17.33 25,63	
	Dave van der Voet 2001 (+75)	200m	01:45.36 28,03	
	Peer van Bemmelen 2001 (+24)	250m	02:12.21 26,85	
	Peer van Bemmelen 2001 (+24)	300m	02:41.88 29,67	
	Franklin Paassen 2000 (+34)	350m	03:08.76 26,88	
	Franklin Paassen 2000 (+34)	400m	03:37.59 28,83	

10. DWK			03:39.71
	Matej Danis 2003 (+72)	50m 00:26.38 26,38	
	Matej Danis 2003 (+72)	100m 00:55.99 29,61	
	Joas Groeneveld 2001 (+44)	150m 01:23.11 27,12	
	Joas Groeneveld 2001 (+44)	200m 01:53.18 30,07	
	Joep Hoogerwerf 2002 (+49)	250m 02:19.73 26,55	
	Joep Hoogerwerf 2002 (+49)	300m 02:48.64 28,91	
	Tim Hoogerwerf 2000 (+26)	350m 03:12.92 24,28	
	Tim Hoogerwerf 2000 (+26)	400m 03:39.71 26,79	
11. Octopus			03:39.96
	Renger Bootsma 2000 (+78)	50m 00:26.00 26,00	
	Renger Bootsma 2000 (+78)	100m 00:53.63 27,63	
	Jarno Bijsterbosch 2003 (+40)	150m 01:20.46 26,83	
	Jarno Bijsterbosch 2003 (+40)	200m 01:50.40 29,94	
	Moritz Hoogers 2001 (+39)	250m 02:16.65 26,25	
	Moritz Hoogers 2001 (+39)	300m 02:45.94 29,29	
	Bart Muselaers 2001 (+49)	350m 03:11.73 25,79	
	Bart Muselaers 2001 (+49)	400m 03:39.96 28,23	
12. VZC			03:42.46
	Daen Spoor 2001 (+78)	50m 00:26.21 26,21	
	Daen Spoor 2001 (+78)	100m 00:54.78 28,57	
	Brent Günther 2000 (+35)	150m 01:21.17 26,39	
	Brent Günther 2000 (+35)	200m 01:50.67 29,50	
	Bram Schaafsma 2003 (+41)	250m 02:18.57 27,90	
	Bram Schaafsma 2003 (+41)	300m 02:49.09 30,52	
	Lars Verhalle 2002 (+45)	350m 03:14.45 25,36	
	Lars Verhalle 2002 (+45)	400m 03:42.46 28,01	
13. Nuenen			03:44.71
	Milan Meurs 2002 (+74)	50m 00:26.45 26,45	
	Milan Meurs 2002 (+74)	100m 00:54.81 28,36	
	Alexander Nijst 2001 (+17)	150m 01:21.49 26,68	
	Alexander Nijst 2001 (+17)	200m 01:50.76 29,27	
	Maurits Vincent 2000 (+48)	250m 02:18.97 28,21	
	Maurits Vincent 2000 (+48)	300m 02:49.61 30,64	
	Bram Zwetsloot 2002 (+32)	350m 03:16.51 26,90	
	Bram Zwetsloot 2002 (+32)	400m 03:44.71 28,20	
14. SBC2000			03:47.89
	Thomas Tolsma 2003 (+66)	50m 00:27.78 27,78	
	Thomas Tolsma 2003 (+66)	100m 00:57.92 30,14	
	Florian van Esch 2000 (+42)	150m 01:24.77 26,85	
	Florian van Esch 2000 (+42)	200m 01:54.66 29,89	
	Justin Slootweg 2002 (+64)	250m 02:21.71 27,05	
	Justin Slootweg 2002 (+64)	300m 02:51.49 29,78	
	Nick van Irsel 2000 (+49)	350m 03:18.39 26,90	
	Nick van Irsel 2000 (+49)	400m 03:47.89 29,50	
15. ZPC De Hof			03:48.53
	Maquinho Vorst 2002 (+74)	50m 00:26.25 26,25	
	Maquinho Vorst 2002 (+74)	100m 00:54.56 28,31	
	Andy Zandvliet 2003 (+22)	150m 01:22.88 28,32	
	Andy Zandvliet 2003 (+22)	200m 01:53.94 31,06	
	Leon Kloots 2000 (+35)	250m 02:21.39 27,45	
	Leon Kloots 2000 (+35)	300m 02:51.88 30,49	
	Jacco Nijland 2004 (+42)	350m 03:18.90 27,02	
	Jacco Nijland 2004 (+42)	400m 03:48.53 29,63	
16. Hellas-Glana			03:49.84
	Lars Kerremans 2001 (+69)	50m 00:26.93 26,93	
	Lars Kerremans 2001 (+69)	100m 00:55.51 28,58	
	Lex Carter 2000 (+44)	150m 01:24.01 28,50	
	Lex Carter 2000 (+44)	200m 01:55.57 31,56	
	Ian Sanders 2001 (+30)	250m 02:23.52 27,95	
	Ian Sanders 2001 (+30)	300m 02:53.85 30,33	
	Raf Hendriks 2001 (+33)	350m 03:20.16 26,31	

Raf Hendriks 2001 (+33)

400m 03:49.84 29,68

11 - 15 jaar (Junioren 4 en later)

1. ZPC AMERSFOORT

03:37.55

Simon Claasen 2004 (+69)	50m	00:25.83 25,83
Simon Claasen 2004 (+69)	100m	00:54.37 28,54
Kirill Hrabcuns 2002 (+47)	150m	01:19.51 25,14
Kirill Hrabcuns 2002 (+47)	200m	01:47.37 27,86
Rijk Heere 2003 (+54)	250m	02:14.54 27,17
Rijk Heere 2003 (+54)	300m	02:43.20 28,66
Sam Janmaat 2002 (+35)	350m	03:09.32 26,12
Sam Janmaat 2002 (+35)	400m	03:37.55 28,23

2. De Dolfijn

03:38.71

Elroy Schot 2002 (+65)	50m	00:26.09 26,09
Elroy Schot 2002 (+65)	100m	00:54.25 28,16
Finn Vos 2002 (+37)	150m	01:20.44 26,19
Finn Vos 2002 (+37)	200m	01:48.94 28,50
Merlin Belmon 2004 (+51)	250m	02:15.90 26,96
Merlin Belmon 2004 (+51)	300m	02:45.26 29,36
Sem Zijl 2002 (+36)	350m	03:11.03 25,77
Sem Zijl 2002 (+36)	400m	03:38.71 27,68

3. Aqua-Novio'94

03:40.43

Jarno Koster 2002 (+75)	50m	00:26.05 26,05
Jarno Koster 2002 (+75)	100m	00:54.73 28,68
Thomas Swartjes 2003 (+63)	150m	01:21.59 26,86
Thomas Swartjes 2003 (+63)	200m	01:51.17 29,58
Evano Ticoalu 2003 (+62)	250m	02:18.40 27,23
Evano Ticoalu 2003 (+62)	300m	02:47.96 29,56
Tim Korstanje 2003 (+63)	350m	03:12.93 24,97
Tim Korstanje 2003 (+63)	400m	03:40.43 27,50

4. PSV

03:42.10

Timo Spaans 2002 (+73)	50m	00:26.70 26,70
Timo Spaans 2002 (+73)	100m	00:55.10 28,40
Stephan De Freitas Steverink 2004 (+58)	150m	01:21.64 26,54
Stephan De Freitas Steverink 2004 (+58)	200m	01:50.73 29,09
Pieter Wisse 2004 (+40)	250m	02:17.32 26,59
Pieter Wisse 2004 (+40)	300m	02:46.93 29,61
Lucas Peters 2003 (+55)	350m	03:13.48 26,55
Lucas Peters 2003 (+55)	400m	03:42.10 28,62

5. WVZ

03:42.11

Adriaan Provó Kluit 2002 (+74)	50m	00:25.74 25,74
Adriaan Provó Kluit 2002 (+74)	100m	00:53.62 27,88
Scott Jansen 2002 (+71)	150m	01:20.02 26,40
Scott Jansen 2002 (+71)	200m	01:48.95 28,93
Abel te Riele 2004 (+54)	250m	02:17.89 28,94
Abel te Riele 2004 (+54)	300m	02:49.86 31,97
Sean Niewold 2002 (+48)	350m	03:15.01 25,15
Sean Niewold 2002 (+48)	400m	03:42.11 27,10

6. WS Twente

03:45.38

Léon van der Geest 2002 (+66)	50m	00:25.17 25,17
Léon van der Geest 2002 (+66)	100m	00:53.84 28,67
Sem de Goei 2002 (+47)	150m	01:21.24 27,40
Sem de Goei 2002 (+47)	200m	01:52.91 31,67
Jort van der Vlag 2004 (+50)	250m	02:21.10 28,19
Jort van der Vlag 2004 (+50)	300m	02:50.93 29,83
Luuk Einhaus 2002 (+53)	350m	03:16.81 25,88
Luuk Einhaus 2002 (+53)	400m	03:45.38 28,57

7. De Dinkel

03:52.38

Jurre Hanstede 2002 (+78)	50m	00:26.70 26,70
Jurre Hanstede 2002 (+78)	100m	00:55.39 28,69
Lukas Binnekamp 2003 (+60)	150m	01:23.48 28,09
Lukas Binnekamp 2003 (+60)	200m	01:54.19 30,71
Jordi Kamps 2002 (+58)	250m	02:22.54 28,35

Jordi Kamps 2002 (+58)	300m 02:53.99	31,45
Robin Kamps 2002 (+33)	350m 03:21.66	27,67
Robin Kamps 2002 (+33)	400m 03:52.38	30,72

8. De Warande

03:53.25

IJsbrand Buijnsters 2002 (+78)	50m 00:27.64	27,64
IJsbrand Buijnsters 2002 (+78)	100m 00:57.00	29,36
Thijn Damen 2003 (+55)	150m 01:26.05	29,05
Thijn Damen 2003 (+55)	200m 01:57.84	31,79
Damian Waas 2004 (+27)	250m 02:25.94	28,10
Damian Waas 2004 (+27)	300m 02:56.81	30,87
Luc van Eijndhoven 2002 (+52)	350m 03:23.67	26,86
Luc van Eijndhoven 2002 (+52)	400m 03:53.25	29,58

9. PSV

03:58.90

Wessel Stupers 2002 (+68)	50m 00:27.27	27,27
Wessel Stupers 2002 (+68)	100m 00:57.59	30,32
Chris Verhoeven 2004 (+13)	150m 01:26.16	28,57
Chris Verhoeven 2004 (+13)	200m 01:58.36	32,20
Bram Verkuijlen 2004 (+81)	250m 02:26.25	27,89
Bram Verkuijlen 2004 (+81)	300m 02:59.06	32,81
Jochem Kampman 2002 (+8)	350m 03:26.82	27,76
Jochem Kampman 2002 (+8)	400m 03:58.90	32,08

NJJK korte baan dec. 2017 sessie 7 - zondag 17 december 2017 om 16:00u (25 m)

Aanvangstijd juryvergadering: 15:00u

111. 200m vlinderslag - Dames

14 - 15 jaar (Jeugd 1 en 2)

1. Femke Spiering (RTC-VZC, 200204514)	50m 00:29.87	29,87	100m 01:04.48	34,61	150m 01:40.14	35,66	02:15.02(+78)
2. Nienke Jonk (RTC-Hieronymus, 200203000)	50m 00:30.13	30,13	100m 01:04.38	34,25	150m 01:39.87	35,49	02:16.49(+73)
3. Tessa Giele (SCOM/De Zeehond'73 (SG), 200203124)	50m 00:31.51	31,51	100m 01:06.39	34,88	150m 01:42.12	35,73	02:18.18(+67)
4. Lotte Hosper (RTC-Racing Club, 200201414)	50m 00:30.77	30,77	100m 01:05.70	34,93	150m 01:41.96	36,26	02:19.41(+79)
5. Jonna Wieling (Aquarijn, 200205266)	50m 00:32.56	32,56	100m 01:09.70	37,14	150m 01:49.02	39,32	02:27.55(+76)
6. Ilona Venema (ReVeLie Swim Team, 200200050) [S10]	50m 00:32.67	32,67	100m 01:10.17	37,50	150m 01:49.91	39,74	02:29.46(+78)
7. Amber Celie (De Dolfijn, 200300756)	50m 00:32.82	32,82	100m 01:11.19	38,37	150m 01:50.79	39,60	02:30.21(+78)
8. Irina de Ridder (ZPC De Zeeuwse Kust, 200301224)	50m 00:33.56	33,56	100m 01:12.52	38,96	150m 01:52.68	40,16	02:30.49(+78)
9. Maaïke Issard (The Hague Swimming (SG), 200300022)	50m 00:33.45	33,45	100m 01:13.35	39,90	150m 01:54.93	41,58	02:37.56(+79)
10. Masha Polushkina (ReVeLie Swim Team, 200203064)	50m 00:34.97	34,97	100m 01:15.23	40,26	150m 01:58.26	43,03	02:42.18(+88)

148. 200m vlinderslag - Heren

12 - 12 jaar (Junioren 1)

1. Gabriel Been (The Hague Swimming (SG), 200501467)	50m 00:34.20	34,20	100m 01:14.77	40,57	150m 01:56.87	42,10	02:38.15(+77)
2. Cas Verstegen (HZPC, 200500891)	50m 00:35.08	35,08	100m 01:14.55	39,47	150m 01:57.20	42,65	02:38.28(+71)
3. Émile Fouzaï (The Hague Swimming (SG), 200500263)	50m 00:34.20	34,20	100m 01:15.40	41,20	150m 01:58.18	42,78	02:38.62(+67)

4. Sven ten Hove (Hieronymus, 200500273)				02:41.10(+67)	
50m	00:34.53	34,53	100m 01:15.87	41,34 150m 01:58.63	42,76
5. Mats Meyer (Nova, 200500095)				02:42.06(+87)	
50m	00:34.87	34,87	100m 01:16.33	41,46 150m 01:59.27	42,94
6. Teye Chan (De Dommelbaarzen, 200501941)				02:42.44(+66)	
50m	00:34.68	34,68	100m 01:16.75	42,07 150m 02:00.19	43,44
149. 200m vlinderslag - Heren					
13 - 13 jaar (Junioren 2)					
1. Stephan De Freitas Steverink (PSV, 200404481)				02:14.46(+68)	
50m	00:29.77	29,77	100m 01:04.37	34,60 150m 01:39.45	35,08
2. Simon Claasen (ZPC AMERSFOORT, 200400231)				02:24.97(+68)	
50m	00:31.26	31,26	100m 01:08.41	37,15 150m 01:47.31	38,90
3. Jay de Vries (ZZ&PC De Devel, 200400669)				02:25.29(+76)	
50m	00:31.78	31,78	100m 01:08.98	37,20 150m 01:46.93	37,95
4. Luca Janssen (Mosa-Regio, 200403237)				02:27.84(+80)	
50m	00:32.23	32,23	100m 01:09.67	37,44 150m 01:47.76	38,09
5. David Groenewegen (PSV, 200400469)				02:29.69(+81)	
50m	00:32.34	32,34	100m 01:09.80	37,46 150m 01:49.85	40,05
6. Teun van der Schrier (Hieronymus, 200403627)				02:33.19(+81)	
50m	00:33.14	33,14	100m 01:11.84	38,70 150m 01:52.17	40,33
7. Jort van der Vlag (WS Twente, 200400335)				02:34.44(+78)	
50m	00:33.45	33,45	100m 01:13.74	40,29 150m 01:54.91	41,17
8. Chris van der Hout (The Hague Swimming (SG), 200401355)				02:34.53(+78)	
50m	00:32.43	32,43	100m 01:11.53	39,10 150m 01:53.01	41,48
9. Merlin Belmon (De Dolfijn, 200403191)				02:35.24(+75)	
50m	00:31.58	31,58	100m 01:10.48	38,90 150m 01:52.00	41,52
10. Thijm Kruit (De Columbiaan, 200401339)				02:36.54(+75)	
50m	00:33.41	33,41	100m 01:11.71	38,30 150m 01:52.85	41,14
150. 200m vlinderslag - Heren					
14 - 14 jaar (Junioren 3)					
1. Tim Korstanje (Aqua-Novio'94, 200300053)				02:12.16(+70)	
50m	00:29.12	29,12	100m 01:03.20	34,08 150m 01:37.38	34,18
2. Lucas Peters (PSV, 200301325)				02:18.17(+67)	
50m	00:31.41	31,41	100m 01:07.33	35,92 150m 01:43.30	35,97
3. Zev Bulk (WIDEX GZC DONK, 200304021)				02:19.59(+61)	
50m	00:30.89	30,89	100m 01:08.34	37,45 150m 01:45.93	37,59
4. Michael Smink (The Hague Swimming (SG), 200302169)				02:19.93(+83)	
50m	00:30.12	30,12	100m 01:05.82	35,70 150m 01:44.02	38,20
5. Sjors Lemmers (Merlet, 200300555)				02:26.05(+76)	
50m	00:32.12	32,12	100m 01:08.30	36,18 150m 01:46.06	37,76
6. Sam van der Stroom (PSV, 200304409)				02:27.91(+76)	
50m	00:31.96	31,96	100m 01:09.51	37,55 150m 01:48.13	38,62
7. Niels Kragt (Dedemsvaart-AC, 200300155)				02:28.05(+77)	
50m	00:31.90	31,90	100m 01:09.57	37,67 150m 01:48.53	38,96
151. 200m vlinderslag - Heren					
15 - 15 jaar (Junioren 4)					
1. Jarno Koster (Aqua-Novio'94, 200200637)				02:09.29(+78)	
50m	00:28.59	28,59	100m 01:00.86	32,27 150m 01:34.29	33,43
2. Nikhom Westphal (SCOM/De Zeehond'73 (SG), 200203329)				02:15.50(+75)	
50m	00:29.92	29,92	100m 01:04.13	34,21 150m 01:40.08	35,95

3. Wessel Stupers (PSV, 200203541)	50m 00:29.28 29,28	100m 01:04.69 35,41	150m 01:41.05 36,36	02:17.16(+70)
4. Maurice Pater (TriVia, 200200909)	50m 00:29.87 29,87	100m 01:04.77 34,90	150m 01:41.69 36,92	02:17.68(+89)
5. Daniël Rykov (ZPC AMERSFOORT, 200200447)	50m 00:31.20 31,20	100m 01:06.86 35,66	150m 01:43.12 36,26	02:19.79(+62)
6. Guus Hoogduin (LZ 1886, 200201069)	50m 00:30.54 30,54	100m 01:05.57 35,03	150m 01:43.02 37,45	02:20.42(+69)
7. Tom Blankestijn (ZPC AMERSFOORT, 200201185)	50m 00:31.29 31,29	100m 01:07.16 35,87	150m 01:44.26 37,10	02:21.84(+75)
8. Maquinho Vorst (ZPC De Hof, 200204179)	50m 00:31.68 31,68	100m 01:08.33 36,65	150m 01:47.26 38,93	02:26.56(+73)
115. 200m vlinderslag - Heren				
<i>16 - 17 jaar (Jeugd 1 en 2)</i>				
1. Tim Hoogerwerf (DWK, 200005587)	50m 00:27.50 27,50	100m 00:59.18 31,68	150m 01:31.24 32,06	02:02.67(+76)
2. Junior de Bruin (ZPC Hoogeveen, 200000839)	50m 00:29.15 29,15	100m 01:01.56 32,41	150m 01:34.62 33,06	02:05.70(+70)
3. Niels de Boer (Eurode KZC, 200001977)	50m 00:27.58 27,58	100m 00:59.91 32,33	150m 01:34.08 34,17	02:08.09(+73)
4. Thomas Jansen (RTC-WVZ, 200100143)	50m 00:28.73 28,73	100m 01:01.85 33,12	150m 01:35.52 33,67	02:08.75(+79)
5. David Kuipers (Orca, 200003633)	50m 00:28.76 28,76	100m 01:00.74 31,98	150m 01:33.42 32,68	02:08.86(+81)
6. Olivier Jans (The Hague Swimming (SG), 200001815)	50m 00:29.11 29,11	100m 01:02.11 33,00	150m 01:35.73 33,62	02:09.17(+75)
7. Gerard Willighagen (Poseidon'56, 200103663)	50m 00:28.27 28,27	100m 01:01.17 32,90	150m 01:36.10 34,93	02:10.52(+67)
8. Brent Günther (VZC, 200000447)	50m 00:29.03 29,03	100m 01:02.46 33,43	150m 01:37.41 34,95	02:12.89(+64)
9. Freek Hollander (The Hague Swimming (SG), 200103815)	50m 00:29.39 29,39	100m 01:03.53 34,14	150m 01:38.81 35,28	02:14.17(+80)
10. Dennis Kamps (De Dinkel, 200000191)	50m 00:28.89 28,89	100m 01:02.38 33,49	150m 01:38.49 36,11	02:16.24(+73)
116. 100m schoolslag - Dames				
<i>14 - 15 jaar (Jeugd 1 en 2)</i>				
1. Lynn Joor (WS Twente, 200300550)	50m 00:32.79 32,79			01:10.22(+75)
2. Britta Koehorst (RTC-De Lansingh, 200300246)	50m 00:33.38 33,38			01:11.72(+71)
3. Silke Huisman (Orca, 200301182)	50m 00:33.69 33,69			01:11.76(+74)
4. Birgit van Buiten (DWK, 200200498)	50m 00:34.22 34,22			01:12.16(+78)
5. Jule Franken (PSV, 200204024)	50m 00:33.83 33,83			01:12.36(+73)
6. Mandy van Rossum (Aqua-Novio'94, 200204904)	50m 00:34.04 34,04			01:12.47(+75)
7. Mirthe Schenkel (ZPC Hoogeveen, 200300666)				01:13.36(+86)

	50m 00:34.73 34,73	
8. Zanthe Janssen (Aqua-Novio'94, 200201786)	50m 00:34.82 34,82	01:14.17(+73)
9. Grace Anderson (WVZ, 200200578)	50m 00:35.47 35,47	01:15.50(+75)
10. Lotte Pieterman (ZV 44, 200301838)	50m 00:35.34 35,34	01:16.21(+69)
152. 100m schoolslag - Dames		
<i>11 - 11 jaar (Junioren 1)</i>		
1. Elydjah van der Heul (Van Vliet-Barracuda, 200602180)	50m 00:38.03 38,03	01:19.34(+71)
2. Veerle Riezebos (ZV 44, 200600712)	50m 00:39.23 39,23	01:23.25(+78)
3. Sophie Faveaux (ZPC AMERSFOORT, 200600286)	50m 00:40.10 40,10	01:24.95(+82)
4. Shanna Joppe (ZPC De Zeeuwse Kust, 200601186)	50m 00:40.68 40,68	01:24.96(+73)
5. Avery Collins (The Hague Swimming (SG), 200603622)	50m 00:41.32 41,32	01:26.29(+70)
6. Anouk van Hattum (Hellas-Glana, 200600738)	50m 00:41.02 41,02	01:26.34(+77)
7. Djanilla Brink (DAW, 200600988)	50m 00:41.26 41,26	01:26.86(+83)
8. Kimberly Ruiten (De Columbiaan, 200600492)	50m 00:40.05 40,05	01:27.42(+76)
9. Charley Blide (ZPC Hoogeveen, 200600164)	50m 00:41.90 41,90	01:30.11(+76)
10. Lobke Arts (Aqua-Novio'94, 200600622)	50m 00:42.02 42,02	01:30.37(+81)
153. 100m schoolslag - Dames		
<i>12 - 12 jaar (Junioren 2)</i>		
1. Lianne Beekman (ZVV, 200500124)	50m 00:37.22 37,22	01:19.38(+68)
2. Bridget Vermeer (VZC, 200501766)	50m 00:36.94 36,94	01:20.09(+75)
3. Niké Telkamp (The Hague Swimming (SG), 200501088)	50m 00:38.35 38,35	01:20.96(+81)
4. Noa Teuben (FZC'54-De Vikings (SG), 200500254)	50m 00:38.64 38,64	01:21.22(+68)
5. Aniek van den Brink (De Dolfijn, 200500090)	50m 00:38.27 38,27	01:21.90(+70)
6. Dion Boeijen (Aqua-Novio'94, 200500008)	50m 00:38.31 38,31	01:21.97(+76)
6. Kelly Dijst (WZ&PC Purmerend, 200500252)	50m 00:38.37 38,37	01:21.97(+69)
8. Elise Vink (De Columbiaan, 200502588)	50m 00:38.04 38,04	01:22.07(+77)
9. Anastasia Romano (MNC Dordrecht, 200501076)	50m 00:38.79 38,79	01:22.34(+81)

10. Lise Kleinbekman (ReVeLie Swim Team, 200502870) 50m 00:38.48 38,48	01:22.42(+74)
11. Francesca Coppo (De Dolfijn, 200501242) 50m 00:38.59 38,59	01:23.08(+70)
12. Kim Westerink (Octopus, 200501078) 50m 00:38.73 38,73	01:23.35(+69)
13. Arianne Meijer (HZ&PC Heerenveen, 200500304) 50m 00:38.90 38,90	01:23.36(+75)
14. Myrthe Dorgelo (ZVZ, 200500068) 50m 00:39.79 39,79	01:23.69(+79)
15. Miron Schimmelpenning (ZPC Hoogeveen, 200500426) 50m 00:39.29 39,29	01:24.02(+88)
16. Loa Driessen (ESCA Zwemmen, 200500940) 50m 00:39.49 39,49	01:24.88(+82)
17. Jelsie van Ruijven (WVZ, 200500282) 50m 00:39.56 39,56	01:25.14(+71)
18. Asha van Lobberegt (ZZ&PC De Devel, 200500088) 50m 00:40.09 40,09	01:25.69(+67)
19. Indy Mels (TRB-RES, 200501354) 50m 00:40.52 40,52	01:27.23(+80)
154. 100m schoolslag - Dames 13 - 13 jaar (Junioren 3)	
1. Anna van Droffelaar (RTC-ZVVS, 200400258) 50m 00:34.13 34,13	01:13.02(+66)
2. Emma Hofstee (TriVia, 200401282) 50m 00:34.79 34,79	01:14.51(+81)
3. Jill Nai Chung Tong (ZVVS, 200404272) 50m 00:35.07 35,07	01:15.97(+79)
4. Sterre Hendriks (PSV, 200401288) 50m 00:36.21 36,21	01:16.54(+80)
5. Iris Nieuwhof (TriVia, 200401944) 50m 00:36.17 36,17	01:17.42(+72)
6. Nora Weerman (ZV 44, 200400620) 50m 00:36.29 36,29	01:17.58(+72)
7. Daniëlle Vis (De Columbiaan, 200401044) 50m 00:37.07 37,07	01:17.61(+75)
8. Rinske Bouman (ZZ&PC De Devel, 200400578) 50m 00:36.90 36,90	01:17.80(+82)
9. Yvette Buis (De Dolfijn, 200401830) 50m 00:37.16 37,16	01:19.16(+72)
10. Tessa Sportel (Dedemsvaart-AC, 200401644) 50m 00:36.89 36,89	01:19.50(+71)
11. Ismay Lichtendonk (Dedemsvaart-AC, 200400622) 50m 00:37.87 37,87	01:19.79(+65)
12. Sanne Lukken (PSV, 200400030) 50m 00:37.11 37,11	01:20.10(+79)
13. Irma van der Wulp (WVZ, 200401950) 50m 00:38.50 38,50	01:21.20(+77)
14. Luna de Vries (Aqua-Novio'94, 200400516) 50m 00:38.27 38,27	01:21.41(+73)

14. Britt van den Boom (Zwemsport Parkstad (SG), 200401178) 50m 00:37.73 37,73	01:21.41(+74)
16. Audrey Pieck (Zeester-Meerval, 200401378) 50m 00:37.85 37,85	01:21.65(+67)
17. Puck Koopman (De Dinkel, 200400038) 50m 00:38.93 38,93	01:22.60(+77)
2117. 100m schoolslag - Dames 11 - 15 jaar (Jeugd 2 en later)	
1. Iris Onnink (De Vrije Slag, 200301836) [SB9] 50m 00:44.92 44,92	01:35.34(+78)
2. Feija de Bruin (WVZ, 200400106) [SB9] 50m 00:46.37 46,37	01:37.76(+86)
3. Milena Keurentjes (NDD, 200404434) [SB9] 50m 00:46.71 46,71	01:40.97(+69)
4. Mayke van Tintelen (OZ&PC, 200200688) [SB14] 50m 00:47.34 47,34	01:38.78(+80)
5. Rosalie van Druenen (BZV, 200305066) [SB9] 50m 00:47.30 47,30	01:43.96(+81)
DIS. Milou van Winkel (AZC, 200402296) [SB14]	00:00.00
122. 100m schoolslag - Heren 16 - 17 jaar (Jeugd 1 en 2)	
1. Juri Dijkstra (RTC-TriVia, 200002119) 50m 00:28.63 28,63	01:00.87(+69)
2. Sten Postma (VZC, 200000011) 50m 00:29.61 29,61	01:02.77(+69)
3. Stijn Boertien (Dedemsvaart-AC, 200100719) 50m 00:29.57 29,57	01:03.30(+76)
4. Quinn van den Heuvel (RTC-WVZ, 200100297) 50m 00:29.87 29,87	01:03.59(+72)
5. Thom Delno (VZC, 200000013) 50m 00:30.16 30,16	01:04.34(+71)
6. Martin Ruiter (Batavia Swim, 200001309) 50m 00:29.92 29,92	01:05.24(+69)
7. Daen Spoor (VZC, 200101117) 50m 00:30.49 30,49	01:06.13(+70)
7. Joost de Roy van Zuydewijn (WVZ, 200000255) 50m 00:31.23 31,23	01:06.13(+68)
9. Jesse Zweers (Dedemsvaart-AC, 200100399) 50m 00:31.17 31,17	01:06.26(+75)
10. Gijsbert Pelleboer (De Dinkel, 200000327) 50m 00:31.28 31,28	01:06.80(+84)
2123. 100m schoolslag - Heren 12 - 17 jaar	
1. Sam Janmaat (ZPC AMERSFOORT, 200203017) [SB9] 50m 00:34.39 34,39	01:13.16(+73)
2. Bastian Renshoff (Octopus, 200001261) [SB9] 50m 00:35.52 35,52	01:16.34(+86)
3. Yanu van Leeuwen (TZC-Vahalis, 200500509) [SB8] 50m 00:45.49 45,49	01:37.35(+71)

4. Josh Renkema (De Otters Het Gooi, 200402537) [SB6] 50m 01:03.88 63,88	02:15.03(+64)
124. 100m rugslag - Dames 14 - 15 jaar (Jeugd 1 en 2)	
1. Elise Tanis (RTC-De Schoteijl, 200200120) 50m 00:30.29 30,29	01:02.01(+60)
2. Britta Koehorst (RTC-De Lansingh, 200300246) 50m 00:29.91 29,91	01:03.01(+66)
3. Niamh Hofland (PSV, 200205118) 50m 00:30.62 30,62	01:03.07(+63)
4. Lieke Oude Lenferink (WS Twente, 200200068) 50m 00:30.75 30,75	01:03.28(+59)
5. Imani de Jong (RTC-ZPCH, 200200464) 50m 00:30.59 30,59	01:04.34(+56)
6. Joy van Dieren (De Dinkel, 200300182) 50m 00:31.63 31,63	01:05.04(+61)
7. Nikki Smeets (Hellas-Glana, 200200080) 50m 00:31.20 31,20	01:05.16(+61)
8. Birgit van Buiten (DWK, 200200498) 50m 00:32.27 32,27	01:05.29(+61)
9. Carlijn Hansté (WS Twente, 200201082) 50m 00:31.95 31,95	01:05.50(+64)
10. Yara van Kalmthout (Nova, 200200984) 50m 00:31.54 31,54	01:06.04(+70)
2128. 100m rugslag - Dames 11 - 15 jaar (Jeugd 2 en later)	
1. Feija de Bruin (WVZ, 200400106) [S10] 50m 00:40.39 40,39	01:22.60(+77)
2. Diede Struijk (Nuenen, 200403824) [S12] 50m 00:43.45 43,45	01:29.09(+79)
3. Milena Keurentjes (NDD, 200404434) [S10] 50m 00:44.47 44,47	01:30.47(+68)
155. 100m rugslag - Heren 12 - 12 jaar (Junioren 1)	
1. Niels Jansen (Aqua-Novio'94, 200501019) 50m 00:32.36 32,36	01:07.08(+65)
2. Luka Geraerds (Hellas-Glana, 200502077) 50m 00:32.94 32,94	01:08.01(+66)
3. Colin Bes (Zwemclub Polaris, 200500201) 50m 00:33.74 33,74	01:09.37(+58)
4. Domingo Kuipers (Orca, 200501787) 50m 00:33.64 33,64	01:09.76(+60)
5. Nick Buitendijk (Triton, 200500389) 50m 00:34.16 34,16	01:10.52(+66)
6. Menno Wieringa (De Lansingh, 200500927) 50m 00:33.12 33,12	01:10.63(+67)
7. Steijn Louter (ZC Aquadream, 200500793) 50m 00:34.91 34,91	01:11.39(+61)
8. Sven Klink (ZV 44, 200500349) 50m 00:35.42 35,42	01:12.62(+74)

DIS. Andrei Enache (The Hague Swimming (SG), 200503831)	00:00.00
156. 100m rugslag - Heren 13 - 13 jaar (Junioren 2)	
1. Hendrik van der Leest (FZC'54-De Vikings (SG), 200404339) 50m 00:30.60 30,60	01:02.48(+62)
2. Hessel Broekstra (FZC'54-De Vikings (SG), 200400253) 50m 00:30.22 30,22	01:02.64(+70)
3. Jay de Vries (ZZ&PC De Devel, 200400669) 50m 00:31.06 31,06	01:04.39(+77)
4. Luuk van Rooij (PSV, 200400581) 50m 00:31.69 31,69	01:05.09(+66)
5. Kai Zwerver (FZC'54-De Vikings (SG), 200401175) 50m 00:31.74 31,74	01:05.20(+73)
6. Jort van der Vlag (WS Twente, 200400335) 50m 00:31.41 31,41	01:05.22(+67)
7. Bram Verkuijlen (PSV, 200401381) 50m 00:32.35 32,35	01:05.43(+70)
8. Michael van der Wal (MSV-Zeemacht, 200403151) 50m 00:32.38 32,38	01:05.54(+53)
9. Sijbren Beeksmā (TriVia, 200400133) 50m 00:31.78 31,78	01:05.85(+61)
10. Serge Knops (Hellas-Glana, 200403867) 50m 00:32.47 32,47	01:06.45(+61)
11. Timo Kock (ZZ&PC De Devel, 200400387) 50m 00:32.23 32,23	01:06.51(+67)
12. Mac Peeks (ZPC Hoogeveen, 200400153) 50m 00:32.28 32,28	01:06.95(+62)
13. Abel te Riele (WVZ, 200402317) 50m 00:32.67 32,67	01:07.57(+72)
14. Julien Tanis (De Schotepil, 200401045) 50m 00:32.62 32,62	01:07.59(+59)
15. Chris van der Hout (The Hague Swimming (SG), 200401355) 50m 00:33.07 33,07	01:07.65(+70)
16. Robin van den Berg (ZV 44, 200400699) 50m 00:33.01 33,01	01:07.78(+87)
17. Jason van den Berg (Rotterdam Swimming (SG), 200400009) 50m 00:33.10 33,10	01:08.64(+62)
18. Meindert Dekkinga (HZ&PC Heerenveen, 200400377) 50m 00:34.23 34,23	01:10.69(+73)
157. 100m rugslag - Heren 14 - 14 jaar (Junioren 3)	
1. Keanu Streefland (RTC-Racing Club, 200302445) 50m 00:29.62 29,62	01:00.21(+71)
2. Luuk Bos (VZ&PC, 200300151) 50m 00:28.94 28,94	01:00.77(+51)
3. Tyrese Sitania (Aqua-Novio'94, 200301999) 50m 00:29.52 29,52	01:01.90(+53)
4. Esper Schreurs (ZEPS, 200300433) 50m 00:30.04 30,04	01:02.04(+73)

5. Kylian Heederik (Deltasteur, 200300353) 50m 00:30.89 30,89	01:02.63(+72)
6. Mike Gerritsen (Platella, 200304013) 50m 00:30.09 30,09	01:02.80(+71)
7. Matej Danis (DWK, 200304745) 50m 00:29.90 29,90	01:03.01(+60)
8. Lukas Binnekamp (De Dinkel, 200300107) 50m 00:30.59 30,59	01:03.33(+66)
9. Evano Ticoalu (Aqua-Novio'94, 200304751) 50m 00:30.93 30,93	01:03.80(+55)
10. Jarno Bijsterbosch (Octopus, 200300081) 50m 00:30.78 30,78	01:04.35(+63)
11. Jelle Bon (ZVVS, 200301077) 50m 00:30.50 30,50	01:04.50(+64)
12. Dylan Jansen (WVZ, 200300817) 50m 00:31.58 31,58	01:04.83(+68)
13. Thomas Tolsma (SBC2000, 200300613) 50m 00:31.62 31,62	01:05.51(+67)
158. 100m rugslag - Heren 15 - 15 jaar (Junioren 4)	
1. Joep Hoogerwerf (DWK, 200204527) 50m 00:28.75 28,75	00:58.54(+72)
2. Leon van den Hof (Dedemsvaart-AC, 200203269) 50m 00:28.08 28,08	00:58.89(+62)
3. Nikhom Westphal (SCOM/De Zeehond'73 (SG), 200203329) 50m 00:29.20 29,20	00:58.91(+67)
4. Kirill Hrabcuns (ZPC AMERSFOORT, 200201221) 50m 00:28.99 28,99	00:59.37(+69)
5. Tycho Atanasov (KSN (SG), 200201133) 50m 00:29.02 29,02	00:59.50(+62)
6. Léon van der Geest (WS Twente, 200201005) 50m 00:28.18 28,18	00:59.86(+66)
7. Elroy Schot (De Dolfijn, 200200689) 50m 00:28.91 28,91	01:00.35(+64)
8. Max Langerveld (Ed-Vo, 200203435) 50m 00:29.64 29,64	01:00.72(+62)
9. Niels Dijkshoorn (Zwemvereniging Westland, 200203079) 50m 00:29.46 29,46	01:00.84(+68)
10. Adriaan Provo Kluit (RTC-WVZ, 200204397) 50m 00:29.01 29,01	01:01.12(+71)
11. Bobby van Dijk (DBD, 200200153) 50m 00:29.56 29,56	01:01.33(+65)
12. Milan Meurs (Nuenen, 200202079) 50m 00:29.39 29,39	01:01.37(+56)
13. Viktor Koets (De Columbiaan, 200201677) 50m 00:29.58 29,58	01:02.07(+72)
14. Timo Spaans (PSV, 200201087) 50m 00:30.65 30,65	01:02.60(+65)
15. Jarno Verbeek (Zoetermeer, 200200931) 50m 00:30.38 30,38	01:02.80(+60)

16. Raoul Witten (ZPC Hoogeveen, 200200231)	01:02.90(+63)
50m 00:30.30 30,30	
129. 100m rugslag - Heren	
16 - 17 jaar (Jeugd 1 en 2)	
1. Jelle Betten (RTC-DZ&PC, 200001535)	00:54.59(+59)
50m 00:26.73 26,73	
2. Luc Kroon (RTC-Ed-Vo, 200100697)	00:55.01(+80)
50m 00:26.87 26,87	
3. Jari Groenhart (RTC-TriVia, 200000271)	00:55.09(+75)
50m 00:27.07 27,07	
4. Kenzo Simons (De Dolfijn, 200105415)	00:55.10(+70)
50m 00:26.50 26,50	
5. Austin Namesnik (ZPC AMERSFOORT, 200101817)	00:55.92(+55)
50m 00:27.18 27,18	
6. Moritz Hoogers (Octopus, 200104865)	00:58.26(+60)
50m 00:28.04 28,04	
7. Martin Ruiter (Batavia Swim, 200001309)	00:58.70(+68)
50m 00:27.80 27,80	
8. Melle van Gemert (ZPC De Zeeuwse Kust, 200100687)	00:58.94(+63)
50m 00:28.68 28,68	
9. Jelle Smid (Aqua-Novio'94, 200100627)	00:59.20(+69)
50m 00:28.29 28,29	
10. Luuk Smits (Tempo, 200001015)	01:00.00(+67)
50m 00:28.68 28,68	
2130. 100m rugslag - Heren	
12 - 17 jaar	
1. Sam Janmaat (ZPC AMERSFOORT, 200203017) [S10]	01:02.22(+59)
50m 00:30.04 30,04	
2. Querijn Hensen (The Hague Swimming (SG), 200102121) [S10]	01:02.69(+67)
50m 00:29.87 29,87	
3. Thomas van Wanrooij (NTC PARA-Poseidon '56, 200201473) [S13]	01:04.95(+69)
50m 00:31.46 31,46	
4. Nick Selten (Merlet, 200403275) [S9]	01:24.67(+74)
50m 00:42.53 42,53	
5. Yanu van Leeuwen (TZC-Vahalis, 200500509) [S9]	01:33.34(+66)
50m 00:45.49 45,49	
6. Josh Renkema (De Otters Het Gooi, 200402537) [S7]	02:00.37(+117)
50m 00:58.91 58,91	
131. 50m vlinderslag - Dames	
14 - 15 jaar (Jeugd 1 en 2)	
1. Nienke Jonk (RTC-Hieronymus, 200203000)	00:27.37(+71)
2. Britta Koehorst (RTC-De Lansingh, 200300246)	00:27.57(+71)
3. Lynn Joor (WS Twente, 200300550)	00:28.40(+72)
4. Sade Simons (De Dolfijn, 200305544)	00:28.78(+70)
5. Tessa Giele (SCOM/De Zeehond'73 (SG), 200203124)	00:28.82(+72)
6. Jonna Wieling (Aquarijn, 200205266)	00:28.98(+74)
7. Judith Houtvast (Hellas-Glana, 200300714)	00:29.20(+74)

8. Gabriela Töpfer (PSV, 200301764)	00:29.21(+70)
9. Amy de Sain (De Dolfijn, 200304690)	00:29.41(+73)
10. Nikki Smeets (Hellas-Glana, 200200080)	00:29.46(+69)
159. 50m vlinderslag - Dames	
<i>11 - 11 jaar (Junioren 1)</i>	
1. Pippa van 't Land (ZPC AMERSFOORT, 200600426)	00:31.24(+69)
2. Kimberly Ruiter (De Columbiaan, 200600492)	00:32.06(+73)
3. Valerie van der Velden (PSV, 200600860)	00:32.23(+79)
4. Estelle van Wijngaarden (ZPB H&L Productions, 200601020)	00:32.67(+73)
5. Sienna Albers (De Dolfijn, 200601342)	00:33.93(+68)
6. Mara Tims (Van Vliet-Barracuda, 200601136)	00:34.33(+75)
7. Djanilla Brink (DAW, 200600988)	00:34.62(+94)
8. Melissa Odemis (ZV Haerlem, 200602422)	00:34.66(+75)
9. Monique Tienstra (TriVia, 200600354)	00:35.89(+74)
160. 50m vlinderslag - Dames	
<i>12 - 12 jaar (Junioren 2)</i>	
1. Thera Janssen (Aqua-Novio'94, 200500270)	00:29.67(+74)
2. Noa Teuben (FZC'54-De Vikings (SG), 200500254)	00:30.28(+68)
3. Nurlaylah Kartosentiko (ZVVS, 200501256)	00:31.66(+69)
4. Lianne Beekman (ZVV, 200500124)	00:32.12(+70)
5. Jelsie van Ruijven (WVZ, 200500282)	00:32.26(+69)
6. Nienke Bakker (TriVia, 200501178)	00:32.63(+75)
7. Francesca Coppo (De Dolfijn, 200501242)	00:33.35(+70)
161. 50m vlinderslag - Dames	
<i>13 - 13 jaar (Junioren 3)</i>	
1. Sterre Hendriks (PSV, 200401288)	00:29.47(+77)
1. Anna van Droffelaar (RTC-ZVVS, 200400258)	00:29.47(+66)
3. Emma Hofstee (TriVia, 200401282)	00:30.65(+76)
4. Britt van den Boom (Zwemsport Parkstad (SG), 200401178)	00:30.83(+75)
5. Ismay Lichtendonk (Dedemsvaart-AC, 200400622)	00:30.84(+72)
6. Rinske Bouman (ZZ&PC De Devel, 200400578)	00:31.30(+82)
7. Veerle Nieborg (TriVia, 200400428)	00:31.49(+77)
8. Lize van Stigt (LinK, 200401510)	00:31.93(+63)
2132. 50m vlinderslag - Dames	
<i>11 - 15 jaar (Jeugd 2 en later)</i>	
1. Ilona Venema (ReVeLie Swim Team, 200200050) [S10]	00:31.39(+70)
2. Feija de Bruin (WVZ, 200400106) [S10]	00:37.86(+82)
3. Iris Onnink (De Vrije Slag, 200301836) [S10]	00:40.06(+82)
4. Diede Struijk (Nuenen, 200403824) [S12]	00:43.68(+83)
5. Milena Keurentjes (NDD, 200404434) [S10]	00:43.78(+69)
137. 50m vlinderslag - Heren	
<i>16 - 17 jaar (Jeugd 1 en 2)</i>	

1. Jylano Nahr (RTC-Zwemsport Parkstad (SG), 200102593)	00:24.46(+74)
2. Junior de Bruin (ZPC Hoogeveen, 200000839)	00:24.55(+68)
3. Kenzo Simons (De Dolfijn, 200105415)	00:24.69(+67)
4. Austin Namesnik (ZPC AMERSFOORT, 200101817)	00:25.51(+63)
5. Niels de Boer (Eurode KZC, 200001977)	00:25.98(+73)
6. Dennis Kamps (De Dinkel, 200000191)	00:26.39(+72)
7. Gerard Willighagen (Poseidon'56, 200103663)	00:26.66(+68)
8. Brent Günther (VZC, 200000447)	00:26.70(+64)
9. Wouter Schmit (PSV, 200004895)	00:26.83(+67)
10. Stijn Boertien (Dedemsvaart-AC, 200100719)	00:26.89(+73)
2138. 50m vlinderslag - Heren	
<i>12 - 17 jaar</i>	
1. Nathan Wees (ZPC AMERSFOORT, 200101427) [S10]	00:29.07(+64)
2. Bastian Renshoff (Octopus, 200001261) [S10]	00:29.20(+78)
3. Thomas van Wanrooij (NTC PARA-Poseidon '56, 200201473) [S13]	00:29.75(+79)
4. Yanu van Leeuwen (TZC-Vahalis, 200500509) [S9]	00:36.87(+74)
142. 200m wisselslag - Dames	
<i>14 - 15 jaar (Jeugd 1 en 2)</i>	
1. Niamh Hofland (PSV, 200205118)	02:17.57(+62)
50m 00:30.28 30,28 100m 01:05.37 35,09 150m 01:46.24 40,87	
2. Femke Spiering (RTC-VZC, 200204514)	02:19.18(+77)
50m 00:29.06 29,06 100m 01:04.43 35,37 150m 01:47.95 43,52	
3. Nienke Jonk (RTC-Hieronymus, 200203000)	02:19.75(+73)
50m 00:29.68 29,68 100m 01:05.44 35,76 150m 01:48.01 42,57	
4. Silke Huisman (Orca, 200301182)	02:20.33(+77)
50m 00:30.96 30,96 100m 01:06.79 35,83 150m 01:47.21 40,42	
5. Lotte Hosper (RTC-Racing Club, 200201414)	02:21.08(+84)
50m 00:29.97 29,97 100m 01:05.69 35,72 150m 01:47.99 42,30	
6. Imani de Jong (RTC-ZPCH, 200200464)	02:21.79(+67)
50m 00:30.19 30,19 100m 01:05.93 35,74 150m 01:49.19 43,26	
7. Elise Tanis (RTC-De Schoteijl, 200200120)	02:25.05(+68)
50m 00:29.98 29,98 100m 01:07.22 37,24 150m 01:50.83 43,61	
8. Lynn Joor (WS Twente, 200300550)	02:25.28(+68)
50m 00:30.31 30,31 100m 01:08.46 38,15 150m 01:48.81 40,35	
9. Christy Geurts (RTC-WVZ, 200203734)	02:28.12(+76)
50m 00:31.47 31,47 100m 01:10.34 38,87 150m 01:55.62 45,28	
10. Carlijn Hansté (WS Twente, 200201082)	02:29.70(+83)
50m 00:31.90 31,90 100m 01:08.01 36,11 150m 01:54.86 46,85	
2143. 200m wisselslag - Dames	
<i>11 - 15 jaar (Jeugd 2 en later)</i>	
1. Ilona Venema (ReVeLie Swim Team, 200200050) [S10]	02:38.26(+73)
50m 00:33.01 33,01 100m 01:11.67 38,66 150m 02:03.73 52,06	
2. Feija de Bruin (WVZ, 200400106) [S10]	03:00.11(+87)
50m 00:39.74 39,74 100m 01:26.17 46,43 150m 02:19.47 53,30	
3. Iris Onnink (De Vrije Slag, 200301836) [S10]	03:14.76(+79)
50m 00:43.43 43,43 100m 01:34.29 50,86 150m 02:29.92 55,63	

162. 200m wisselslag - Heren

12 - 12 jaar (Junioren 1)

1. Emiel van Oord (The Hague Swimming (SG), 200503707)	02:30.56(+69)
50m 00:32.04 32,04 100m 01:12.83 40,79 150m 01:55.36 42,53	
2. Sven Klink (ZV 44, 200500349)	02:31.85(+66)
50m 00:32.00 32,00 100m 01:11.77 39,77 150m 01:57.39 45,62	
3. Colin Bes (Zwemclub Polaris, 200500201)	02:32.63(+78)
50m 00:34.51 34,51 100m 01:12.32 37,81 150m 01:58.18 45,86	
4. Cas Verstegen (HZPC, 200500891)	02:32.68(+66)
50m 00:32.71 32,71 100m 01:12.51 39,80 150m 01:56.99 44,48	
5. Tijn van Kuijk (HZPC, 200501087)	02:33.55(+68)
50m 00:33.08 33,08 100m 01:12.71 39,63 150m 01:58.04 45,33	
6. Niels Jansen (Aqua-Novio'94, 200501019)	02:33.88(+69)
50m 00:34.36 34,36 100m 01:11.91 37,55 150m 02:00.66 48,75	
7. Gabriel Been (The Hague Swimming (SG), 200501467)	02:35.68(+77)
50m 00:32.97 32,97 100m 01:14.27 41,30 150m 02:01.11 46,84	
8. Steijn Louter (ZC Aquadream, 200500793)	02:36.31(+69)
50m 00:36.12 36,12 100m 01:16.22 40,10 150m 02:01.44 45,22	
9. Yanieck Frijstein (Deltasteur, 200500329)	02:36.38(+75)
50m 00:35.83 35,83 100m 01:15.20 39,37 150m 02:00.17 44,97	
10. Domingo Kuipers (Orca, 200501787)	02:37.15(+62)
50m 00:35.47 35,47 100m 01:15.56 40,09 150m 02:02.32 46,76	
11. Nick Buitendijk (Triton, 200500389)	02:37.42(+76)
50m 00:33.29 33,29 100m 01:13.14 39,85 150m 02:02.14 49,00	
12. Yardan Taya (Zwemlust-den Hommel, 200501343)	02:37.80(+72)
50m 00:34.72 34,72 100m 01:15.68 40,96 150m 02:02.06 46,38	
13. Miles Steenvoorden (De Dolfijn, 200501637)	02:38.67(+76)
50m 00:34.49 34,49 100m 01:16.96 42,47 150m 02:01.13 44,17	
14. Menno Wieringa (De Lansingh, 200500927)	02:39.13(+64)
50m 00:32.96 32,96 100m 01:12.04 39,08 150m 02:02.98 50,94	
15. Teye Chan (De Dommelbaarzen, 200501941)	02:39.74(+67)
50m 00:33.61 33,61 100m 01:15.87 42,26 150m 02:04.35 48,48	
16. Sigsten Jonkman (ZPC De Zeeuwse Kust, 200500523)	02:39.78(+69)
50m 00:35.94 35,94 100m 01:16.28 40,34 150m 02:04.67 48,39	
17. Rolf ter Keurs (De Veene, 200500137)	02:40.16(+93)
50m 00:35.35 35,35 100m 01:15.26 39,91 150m 02:03.09 47,83	
18. Sem Agterdenbos (MNC Dordrecht, 200500049)	02:40.40(+73)
50m 00:33.98 33,98 100m 01:15.83 41,85 150m 02:04.76 48,93	
19. Timo Kaanen (Hellas-Glana, 200500053)	02:40.73(+73)
50m 00:36.20 36,20 100m 01:16.62 40,42 150m 02:04.60 47,98	
20. Mats Meyer (Nova, 200500095)	02:40.93(+87)
50m 00:33.24 33,24 100m 01:14.46 41,22 150m 02:04.20 49,74	
21. Sven ten Hove (Hieronymus, 200500273)	02:42.34(+66)
50m 00:35.99 35,99 100m 01:17.16 41,17 150m 02:04.35 47,19	
22. Mika Bongers (ESCA Zwemmen, 200502683)	02:43.03(+66)
50m 00:36.25 36,25 100m 01:17.25 41,00 150m 02:05.08 47,83	
23. Björn Verkaik (The Hague Swimming (SG), 200500411)	02:44.17(+71)
50m 00:35.45 35,45 100m 01:16.52 41,07 150m 02:07.38 50,86	
24. Daan Hoogendoorn (ZPC Woerden, 200500113)	02:46.54(+65)

	50m 00:37.96	37,96	100m 01:22.28	44,32	150m 02:09.02	46,74	
25. River Streefland (The Hague Swimming (SG), 200502253)							02:47.75(+81)
	50m 00:38.93	38,93	100m 01:21.86	42,93	150m 02:08.31	46,45	
BM. Andrei Enache (The Hague Swimming (SG), 200503831)							BM
	50m 00:32.88	32,88	100m 01:09.99	37,11	150m 01:55.02	45,03	
163. 200m wisselslag - Heren							
13 - 13 jaar (Junioren 2)							
1. Stephan De Freitas Steverink (PSV, 200404481)							02:12.48(+70)
	50m 00:29.29	29,29	100m 01:04.13	34,84	150m 01:41.91	37,78	
2. Hendrik van der Leest (FZC'54-De Vikings (SG), 200404339)							02:19.51(+73)
	50m 00:29.56	29,56	100m 01:04.55	34,99	150m 01:47.31	42,76	
3. Simon Claasen (ZPC AMERSFOORT, 200400231)							02:19.69(+70)
	50m 00:29.71	29,71	100m 01:06.38	36,67	150m 01:49.24	42,86	
4. Merlin Belmon (De Dolfijn, 200403191)							02:20.92(+74)
	50m 00:30.21	30,21	100m 01:07.67	37,46	150m 01:48.98	41,31	
5. Luca Janssen (Mosa-Regio, 200403237)							02:21.85(+74)
	50m 00:30.69	30,69	100m 01:08.02	37,33	150m 01:47.37	39,35	
6. Ruben Claasen (ZPC AMERSFOORT, 200400229)							02:22.16(+66)
	50m 00:30.81	30,81	100m 01:09.12	38,31	150m 01:50.00	40,88	
7. Timo Kock (ZZ&PC De Devel, 200400387)							02:23.88(+67)
	50m 00:30.78	30,78	100m 01:08.45	37,67	150m 01:50.40	41,95	
8. David Groenewegen (PSV, 200400469)							02:24.76(+80)
	50m 00:31.21	31,21	100m 01:08.86	37,65	150m 01:52.74	43,88	
9. Luuk van Rooij (PSV, 200400581)							02:24.82(+84)
	50m 00:32.24	32,24	100m 01:09.03	36,79	150m 01:52.74	43,71	
10. Pieter Wisse (PSV, 200400779)							02:24.84(+78)
	50m 00:32.30	32,30	100m 01:10.86	38,56	150m 01:52.86	42,00	
11. Jort van der Vlag (WS Twente, 200400335)							02:25.93(+78)
	50m 00:32.08	32,08	100m 01:08.08	36,00	150m 01:54.39	46,31	
12. Kai Zwerver (FZC'54-De Vikings (SG), 200401175)							02:25.94(+77)
	50m 00:31.28	31,28	100m 01:08.49	37,21	150m 01:52.29	43,80	
13. Abel te Riele (WVZ, 200402317)							02:25.98(+82)
	50m 00:33.08	33,08	100m 01:10.20	37,12	150m 01:52.93	42,73	
14. Robin van den Berg (ZV 44, 200400699)							02:26.01(+73)
	50m 00:32.56	32,56	100m 01:10.45	37,89	150m 01:54.20	43,75	
15. Hessel Broekstra (FZC'54-De Vikings (SG), 200400253)							02:26.39(+86)
	50m 00:30.65	30,65	100m 01:08.19	37,54	150m 01:50.51	42,32	
16. Teun van der Schrier (Hieronymus, 200403627)							02:26.54(+72)
	50m 00:31.54	31,54	100m 01:09.98	38,44	150m 01:53.61	43,63	
17. Michael van der Wal (MSV-Zeemacht, 200403151)							02:27.34(+61)
	50m 00:32.10	32,10	100m 01:10.36	38,26	150m 01:54.36	44,00	
18. Pepijn van Egmond (WVZ, 200402309)							02:27.89(+79)
	50m 00:31.32	31,32	100m 01:08.47	37,15	150m 01:53.07	44,60	
19. Bram Verkuijlen (PSV, 200401381)							02:28.01(+73)
	50m 00:33.75	33,75	100m 01:10.33	36,58	150m 01:54.79	44,46	
20. Jason van den Berg (Rotterdam Swimming (SG), 200400009)							02:28.63(+73)
	50m 00:33.05	33,05	100m 01:11.35	38,30	150m 01:54.58	43,23	
21. Serge Knops (Hellas-Glana, 200403867)							02:29.38(+66)
	50m 00:32.28	32,28	100m 01:09.06	36,78	150m 01:53.52	44,46	

22. Mac Peeks (ZPC Hoogeveen, 200400153)	50m 00:34.59 34,59	100m 01:11.11 36,52	150m 01:55.66 44,55	02:30.30(+71)
23. Julien Tanis (De Schotejil, 200401045)	50m 00:32.14 32,14	100m 01:11.44 39,30	150m 01:55.77 44,33	02:30.40(+66)
24. Bart Pardon (WVZ, 200400639)	50m 00:34.80 34,80	100m 01:12.49 37,69	150m 01:55.98 43,49	02:30.58(+70)
25. Chris Verhoeven (PSV, 200400593)	50m 00:33.08 33,08	100m 01:12.35 39,27	150m 01:57.25 44,90	02:31.26(+77)
26. Erik Oldenkamp (De Lansingh, 200400597)	50m 00:32.29 32,29	100m 01:13.65 41,36	150m 01:57.95 44,30	02:33.38(+74)
27. Meindert Dekkinga (HZ&PC Heerenveen, 200400377)	50m 00:33.09 33,09	100m 01:11.03 37,94	150m 01:59.25 48,22	02:33.87(+83)
28. Wen-Ye Chen (Rotterdam Swimming (SG), 200402859)	50m 00:34.15 34,15	100m 01:15.21 41,06	150m 01:58.15 42,94	02:34.27(+66)
29. Collin Schouten (MSV-Zeemacht, 200400697)	50m 00:33.63 33,63	100m 01:12.55 38,92	150m 02:00.07 47,52	02:35.14(+75)
30. Danny Brown (ZV 44, 200401511)	50m 00:32.12 32,12	100m 01:12.07 39,95	150m 01:58.01 45,94	02:36.55(+79)
164. 200m wisselslag - Heren				
14 - 14 jaar (Junioren 3)				
1. Esper Schreurs (ZEPS, 200300433)	50m 00:29.24 29,24	100m 01:03.05 33,81	150m 01:41.70 38,65	02:14.59(+78)
2. Kylian Heederik (Deltasteur, 200300353)	50m 00:30.86 30,86	100m 01:06.63 35,77	150m 01:45.54 38,91	02:17.34(+82)
3. Rijk Heere (ZPC AMERSFOORT, 200300897)	50m 00:30.65 30,65	100m 01:07.39 36,74	150m 01:47.15 39,76	02:18.54(+76)
4. Wesley Zulver (ZVVS, 200301319)	50m 00:30.51 30,51	100m 01:07.26 36,75	150m 01:46.59 39,33	02:19.04(+69)
5. Yorick Visser (ZPC De Zeeuwse Kust, 200301957)	50m 00:28.92 28,92	100m 01:06.47 37,55	150m 01:48.17 41,70	02:19.19(+72)
6. Keanu Streefland (RTC-Racing Club, 200302445)	50m 00:29.73 29,73	100m 01:05.12 35,39	150m 01:47.29 42,17	02:19.61(+74)
7. Luuk Hulleman (ZVV, 200300189)	50m 00:29.47 29,47	100m 01:04.92 35,45	150m 01:48.27 43,35	02:20.51(+75)
8. Lucas Peters (PSV, 200301325)	50m 00:31.09 31,09	100m 01:08.45 37,36	150m 01:50.42 41,97	02:21.36(+68)
9. Perry Laarhoven (ZPC Numansdorp, 200301321)	50m 00:30.92 30,92	100m 01:07.28 36,36	150m 01:47.67 40,39	02:21.62(+80)
10. Thomas Tolsma (SBC2000, 200300613)	50m 00:31.34 31,34	100m 01:08.00 36,66	150m 01:49.83 41,83	02:21.67(+68)
11. Luuk Bos (VZ&PC, 200300151)	50m 00:28.32 28,32	100m 01:04.17 35,85	150m 01:47.32 43,15	02:21.87(+65)
12. Sjors Lemmers (Merlet, 200300555)	50m 00:30.02 30,02	100m 01:06.42 36,40	150m 01:47.72 41,30	02:22.47(+73)
13. Bjarne Buijs (The Hague Swimming (SG), 200301089)	50m 00:30.74 30,74	100m 01:06.75 36,01	150m 01:49.40 42,65	02:22.69(+70)
14. Tom Thijssen (NDD, 200301521)	50m 00:29.65 29,65	100m 01:06.86 37,21	150m 01:49.15 42,29	02:22.91(+77)
15. Evano Ticoalu (Aqua-Novio'94, 200304751)	50m 00:30.53 30,53	100m 01:07.95 37,42	150m 01:49.80 41,85	02:23.16(+70)

16. Lukas Binnekamp (De Dinkel, 200300107)		02:23.18(+74)
50m 00:30.57 30,57	100m 01:05.31 34,74	150m 01:49.48 44,17
17. Zev Bulk (WIDEX GZC DONK, 200304021)		02:24.74(+59)
50m 00:29.60 29,60	100m 01:06.74 37,14	150m 01:53.16 46,42
18. Thomas Swartjes (Aqua-Novio'94, 200302825)		02:25.18(+78)
50m 00:32.58 32,58	100m 01:10.36 37,78	150m 01:51.72 41,36
19. Jelle Bon (ZVVS, 200301077)		02:26.59(+71)
50m 00:30.42 30,42	100m 01:06.45 36,03	150m 01:51.44 44,99
DIS. Tim Korstanje (Aqua-Novio'94, 200300053)		00:00.00
165. 200m wisselslag - Heren		
<i>15 - 15 jaar (Junioren 4)</i>		
1. Jarno Koster (Aqua-Novio'94, 200200637)		02:08.87(+77)
50m 00:27.86 27,86	100m 01:01.32 33,46	150m 01:38.34 37,02
2. Bryan Agterdenbos (MNC Dordrecht, 200200003)		02:11.35(+67)
50m 00:28.03 28,03	100m 01:01.71 33,68	150m 01:41.30 39,59
3. Sean Niewold (WVZ, 200204699)		02:12.36(+79)
50m 00:28.00 28,00	100m 01:02.81 34,81	150m 01:41.83 39,02
4. Lars Verhalle (VZC, 200200019)		02:12.47(+80)
50m 00:27.54 27,54	100m 01:01.78 34,24	150m 01:41.26 39,48
5. Timo Spaans (PSV, 200201087)		02:13.23(+74)
50m 00:28.42 28,42	100m 01:03.93 35,51	150m 01:42.59 38,66
6. Jurre Hanstede (De Dinkel, 200201019)		02:13.29(+75)
50m 00:30.12 30,12	100m 01:04.91 34,79	150m 01:42.87 37,96
7. Kirill Hrabcuns (ZPC AMERSFOORT, 200201221)		02:13.38(+71)
50m 00:27.57 27,57	100m 01:01.22 33,65	150m 01:41.19 39,97
8. Joep Hoogerwerf (DWK, 200204527)		02:14.23(+76)
50m 00:28.89 28,89	100m 01:02.51 33,62	150m 01:43.29 40,78
9. Bram Zwetsloot (Nuenen, 200202117)		02:15.74(+68)
50m 00:29.59 29,59	100m 01:06.41 36,82	150m 01:44.10 37,69
10. Scott Jansen (WVZ, 200202455)		02:16.24(+76)
50m 00:29.89 29,89	100m 01:04.98 35,09	150m 01:44.55 39,57
11. Max Langerveld (Ed-Vo, 200203435)		02:17.11(+71)
50m 00:29.86 29,86	100m 01:03.97 34,11	150m 01:46.55 42,58
12. Brandon van den Berg (The Hague Swimming (SG), 200200669)		02:17.23(+72)
50m 00:29.21 29,21	100m 01:05.03 35,82	150m 01:45.80 40,77
13. Viktor Koets (De Columbiaan, 200201677)		02:17.32(+75)
50m 00:29.38 29,38	100m 01:04.91 35,53	150m 01:44.29 39,38
14. Milan Meurs (Nuenen, 200202079)		02:17.54(+76)
50m 00:28.79 28,79	100m 01:03.69 34,90	150m 01:44.69 41,00
15. Maurice Pater (TriVia, 200200909)		02:18.87(+83)
50m 00:28.87 28,87	100m 01:05.99 37,12	150m 01:47.45 41,46
16. Finn Vos (De Dolfijn, 200200665)		02:19.59(+69)
50m 00:29.63 29,63	100m 01:08.15 38,52	150m 01:46.80 38,65
17. Leon van den Hof (Dedemsvaart-AC, 200203269)		02:20.43(+71)
50m 00:29.79 29,79	100m 01:05.02 35,23	150m 01:47.73 42,71
144. 200m wisselslag - Heren		
<i>16 - 17 jaar (Jeugd 1 en 2)</i>		
1. Luc Kroon (RTC-Ed-Vo, 200100697)		02:00.92(+81)
50m 00:26.47 26,47	100m 00:56.80 30,33	150m 01:33.07 36,27

2. Jari Groenhart (RTC-TriVia, 200000271)	50m 00:27.21 27,21	100m 00:57.55 30,34	150m 01:33.71 36,16	02:02.30(+78)
3. Jelle Betten (RTC-DZ&PC, 200001535)	50m 00:27.29 27,29	100m 00:59.14 31,85	150m 01:35.36 36,22	02:04.32(+76)
4. Sten Postma (VZC, 200000011)	50m 00:27.62 27,62	100m 01:00.69 33,07	150m 01:36.74 36,05	02:06.01(+69)
5. Olivier Jans (The Hague Swimming (SG), 200001815)	50m 00:28.07 28,07	100m 01:00.94 32,87	150m 01:37.68 36,74	02:07.85(+72)
6. Emile Dost (Borger, 200100731)	50m 00:27.73 27,73	100m 01:00.65 32,92	150m 01:37.90 37,25	02:08.14(+73)
7. Austin Namesnik (ZPC AMERSFOORT, 200101817)	50m 00:26.64 26,64	100m 00:58.53 31,89	150m 01:37.55 39,02	02:09.33(+61)
8. Jelle Smid (Aqua-Novio'94, 200100627)	50m 00:28.36 28,36	100m 01:00.29 31,93	150m 01:39.16 38,87	02:09.74(+65)
9. Vincent Croijmans (RTC-VZC, 200100381)	50m 00:28.97 28,97	100m 01:01.64 32,67	150m 01:40.40 38,76	02:11.06(+76)
10. Thom Delno (VZC, 200000013)	50m 00:27.66 27,66	100m 01:01.33 33,67	150m 01:39.74 38,41	02:12.31(+71)
2145. 200m wisselslag - Heren				
<i>12 - 17 jaar</i>				
1. Sam Janmaat (ZPC AMERSFOORT, 200203017) [S10]	50m 00:30.13 30,13	100m 01:05.74 35,61	150m 01:46.84 41,10	02:19.58(+81)
2. Bastian Renshoff (Octopus, 200001261) [S10]	50m 00:30.56 30,56	100m 01:07.42 36,86	150m 01:50.02 42,60	02:23.99(+89)
3. Nathan Wees (ZPC AMERSFOORT, 200101427) [S10]	50m 00:31.42 31,42	100m 01:08.84 37,42	150m 01:53.62 44,78	02:27.53(+67)
4. Thomas van Wanrooij (NTC PARA-Poseidon '56, 200201473) [S13]	50m 00:31.10 31,10	100m 01:08.47 37,37	150m 01:52.19 43,72	02:25.12(+82)
5. Willem Poortinga (Wetterwille, 200105093) [S10]	50m 00:38.64 38,64	100m 01:23.24 44,60	150m 02:16.08 52,84	02:57.19(+73)
6. Yanu van Leeuwen (TZC-Vahalis, 200500509) [S9]	50m 00:41.07 41,07	100m 01:30.84 49,77	150m 02:26.69 55,85	03:10.78(+84)
7. Josh Renkema (De Otters Het Gooi, 200402537) [S7]	50m 01:01.20 61,20	100m 02:04.61 63,41	150m 03:18.76 74,15	04:15.34(+63)
146. 4x200m vrije slag dames				
147. 4x100m vrije slag heren				